

This is a repository copy of *Prediction of the mechanical response of canine humerus to three-point bending using subject-specific finite element modelling*.

White Rose Research Online URL for this paper: http://eprints.whiterose.ac.uk/99218/

Version: Accepted Version

Article:

Laurent, C, Bohme, B, Mengoni, M et al. (3 more authors) (2016) Prediction of the mechanical response of canine humerus to three-point bending using subject-specific finite element modelling. Proceedings of the Institution of Mechanical Engineers, Part H: Journal of Engineering in Medicine, 230 (7). pp. 639-649. ISSN 0954-4119

https://doi.org/10.1177/0954411916644269

Reuse

Unless indicated otherwise, fulltext items are protected by copyright with all rights reserved. The copyright exception in section 29 of the Copyright, Designs and Patents Act 1988 allows the making of a single copy solely for the purpose of non-commercial research or private study within the limits of fair dealing. The publisher or other rights-holder may allow further reproduction and re-use of this version - refer to the White Rose Research Online record for this item. Where records identify the publisher as the copyright holder, users can verify any specific terms of use on the publisher's website.

Takedown

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing eprints@whiterose.ac.uk including the URL of the record and the reason for the withdrawal request.



Prediction of the mechanical response of canine humerus to threepoint bending using subject-specific finite element modelling

Cédric P. Laurent^{1,2}, Béatrice Böhme³, Marlène Mengoni^{1,4}, Vinciane d'Otreppe¹, Marc Balligand³, Jean-Philippe Ponthot¹

1 University of Liege, Department of Aerospace and Mechanical Engineering, Belgium

2 CNRS, LEMTA, UMR 7563, Université de Lorraine, France

3 University of Liege, Department of Clinical Sciences, College of Veterinary Medicine, Belgium

4 Institute of Medical and Biological Engineering, School of Mechanical Engineering, University of Leeds, UK

Corresponding author:

Cédric P. Laurent, CNRS, LEMTA, UMR 7563, Université de Lorraine, 2 avenue de la forêt de Haye, F-54502 Vandoeuvre-lès-Nancy, France

Email: <u>Cedric.laurent@univ-lorraine.fr</u>

Submitted as an original article Word count: 3874 (max 5000)

Abstract

Subject-specific finite element (FE) models could improve decision making in canine long bone fracture repair. However, it preliminary requires that FE models predicting the mechanical response of canine long bone are proposed and validated. We present here a combined experimental-numerical approach to test the ability of subjectspecific FE models to predict the bending response of **seven** pairs of canine humeri directly from medical images. Our results show that bending stiffness and yield load are predicted with a mean absolute error of 10.1% (±5.2%) for the fourteen samples. This study constitutes a basis for the forthcoming optimization of canine long bone fracture repair.

Keywords

Finite element modelling Subject-specific Canine bone material properties Bending test Canine humerus

1 Introduction

2 Long bone fracture constitutes a common reason for medical consultation within veterinary orthopaedic services^{1,2}, as emphasized by the substantial recent literature 3 concerning the choice of adapted implants^{3–6}. Associated surgical interventions are 4 5 often complex given that each fracture has its own particularities. Canine bone fracture repair differs from the human case in the sense that (1) the physiological 6 characteristics and morphology of the injured bones in animals vary considerably 7 , (2) 7 8 the animal is not able to limit its activity during the post-operative period, which may 9 lead to premature overloading, and (3) the surgeon is often confronted to cost 10 limitations concerning orthopaedic material. As a result, the treatment of such 11 fractures (implant type, dimension, location ...) depends to some extent on the 12 surgeon's experience, who tries to find a trade-off between a minimum stiffness required for fracture stabilization and a sufficient flexibility essential for bone 13 remodelling. Although available handbooks guide the surgeon in the choice of a suited 14 15 treatment for each particular fracture, they are still based on empirical knowledge, and 16 there is a lack of studies assessing the effect of different treatment types on the 17 biomechanical properties of the reconstructed bone. This insufficient knowledge may partly explain the complications that are still frequent in the field of canine fracture 18 repair^{8,9}. 19

In order to improve the surgical procedure, ex-vivo experiments^{10,11} as well as 20 numerical biomechanical studies^{12–14} have been reported. Indeed, numerical 21 approaches, such as Finite Element (FE) modelling may enable to evaluate non-22 23 invasively the effect of various implants or their combination on the same bone 24 sample. However, these FE studies are often based on simplistic bone models (i.e. elastic, linear, homogeneous cortical and trabecular tissues, etc...). A milestone in 25 delivering relevant data in a subject-specific approach consists of including the bone 26 27 external geometry and heterogeneous material properties from the information 28 available in CT images. Such subject-specific FE approaches have been developed in 29 human long bone analysis and satisfyingly predicted the failure risk in proximal femur^{15–18}. However, available studies in human have often led to moderately accurate 30 31 results as far as the prediction of the global biomechanical response of long bones are 32 concerned, probably due to accumulating inherent approximations throughout the 33 model generation. Particularly, it is not clear if the consideration of density-dependent 34 material properties leads to better results than the modelling of long bone with two 35 materials (trabecular and cortical tissues) separated from a density criterion. The 36 interest of considering anisotropic material properties is also not clear. Moreover, if 37 one wants to extend these subject-specific FE models to canine bone, a supplementary 38 difficulty will come from the variability of bone material properties from one breed to another¹⁹, and from the absence of data concerning relationships between CT
information and bone material properties for dogs.

Such FE models are usually validated using *ex vivo* mechanical tests such as bending^{20,21}, torsion²² or compression^{17,23}. These combined experimental-numerical approaches require that a particular attention is paid to the application of similar Boundary Conditions (BC), such as load application and displacement restriction, in the experimental and computational setups²⁴.

In the present contribution, the hypothesis was that subject-specific FE models are able to predict the global mechanical response of canine long bones to three-point bending tests. The aims of the present work were therefore (1) to provide a direct subject-specific validation of canine long bone FE models including a novel densityelasticity law; and (2) to assess the requirements for the bone material model to replicate measured *ex vivo* behaviour.

52 Material and Methods

A combined experimental and computational approach was developed to validate the FE models with *ex vivo* three-point bending data, i.e. overall load/deflection behaviour and local fracture patterns. All dynamic FE analyses were performed using the in house non-linear implicit FE code MetaFor (metafor.ltas.ulg.ac.be).

57 Specimen preparation, imaging, and mechanical testing

58 Eight pairs of canine humeri were initially harvested from adult dogs euthanized for 59 reasons unrelated to this study. After harvesting, one dog (i.e. one pair of humeri) was excluded from this study due to the observation of severe knee arthrosis. Dog weights 60 finally ranged from 19 to 39kg. Soft tissues were carefully removed and samples were 61 62 wrapped in saline soaked sponges and stored at -20°C. Samples were prepared for 63 three-point bending mechanical tests at room temperature. In order to accurately 64 control the location of the bones within the custom bending stand and to restrict 65 rotations around the bone diaphysis axis during the bending tests, the epiphyses were embedded into 60×60×60mm³ moulds made of two-component polymeric resin 66 (Motip[®], Germany) (Figure 1). A particular attention was paid to define resin moulds 67 68 orientation with respect to the bone sample position in a reproducible way. Firstly, we 69 used the origin of the medial and lateral collateral ligaments as anatomical landmarks 70 to define a reference axis. Then, the distal resin mould was created in such a way that 71 this anatomical reference axis was parallel to two surfaces of the resin block (namely 72 its cranio-caudal and proximal-distal surfaces). The second mould was perfectly aligned 73 with the first one, using custom-made jig (Figure 1.a).

The samples were imaged using a CT-scanner (Siemens SOMATOM at 120 kVp) with a

slice thickness of 0.75mm and a spatial resolution of 0.1445mm. A phantom (Siemens

BMD calibration phantom²⁵) was used to calibrate the bone densities with respect to
the Hounsfield Units (HU) issued from the CT acquisition^{18,26}. Particular attention was
paid to keep the samples packed in saline-soaked wraps throughout the procedure in
order to avoid tissue dehydration. The following relation was obtained:

80

$\rho = 4.9332 \cdot 10^{-4} \,\mathrm{HU} + 0.9839 \,(1)$

Samples were placed on a custom adjustable bending stand (Figure 1.b) made of two 81 82 steel half-cylinders. The cylinders positions were adjusted so that they were in contact 83 with the middle of each resin mould in the axial direction of the bone. The bending 84 tool consisted in a cylindrical punch located longitudinally at half the distance between 85 the two resin moulds. The stand was mounted in a 100 kN servo-hydraulic testing 86 machine (Zwick/Roell, Ulm, Germany, load cell : XForce HP 5 kN). A medial-lateral displacement was applied to the bending tool at a speed of 0.2 mm.s⁻¹ after a preload 87 88 of 50 N. The samples were tested until complete fracture. Tool displacement 89 (hereafter called deflection) and vertical force (i.e. shear force) were recorded. Two 90 high speed cameras (Vision Research v7.3) recording 1000 frames/s were used in order 91 to visualize the fracture onset.

92 Finite Element modelling

Each tested sample was modelled with a subject-specific approach. The geometry of the bone were built from the 3D CT data using 3D-Slicer²⁷ (www.slicer.org) for segmentation and a dedicated in-house algorithm²⁸ for the generation of smooth multi-region surface meshes. The bone volume mesh was obtained using Tetgen (WIAS, Berlin, Germany), generating linear tetrahedra. Final mesh size was issued from a mesh dependency analysis reported hereafter.

99 The resin moulds were not meshed in the FE model but considered as single 100 deformable hexahedrons whose coordinates were automatically computed from the 101 boundaries of resin moulds in the surface mesh (Figure 1.b). Resin was considered 102 linear elastic, with an elastic modulus of 900 MPa characterized from preliminary 103 experiments. Elements were assigned a density issued from the calibration phantom, and equal to 1g.cm⁻³ for resin. The interaction between the bone and the resin moulds 104 was modelled using springs (arbitrary stiffness of 100 N mm⁻¹) linking the hexahedron 105 106 nodes with each of the bone surface nodes located within the resin moulds (Figure 1.b) 107 in order to constrain the relative displacement between bone and resin. This numerical 108 representation of the resin blocks is totally equivalent to a penalty formulation in 109 contact algorithms with bilateral restrictions to enforce the continuity of the displacement field at the interface between bone and resin. The proximal resin mouldwas restrained in the cranio-caudal direction.

The bending stand was modelled as two rigid half-cylinders located longitudinally at the middle of each resin moulds. The frictional contact condition between the resin moulds and the bending stand was modelled with a Coulomb's law, with static and dynamic friction coefficients set at 0.7, corresponding to a dry static contact between steel and steel²⁹. This value was chosen due to the lack of published value for resinsteel contact. Each half-cylinders of the bending stand were restrained in their 6 degrees of freedom.

119 The bending tool was modelled as a rigid half-cylinder located, as marked 120 experimentally, at half the distance between the two resin moulds. Displacement was 121 applied to the tool in the medial-lateral direction. Contact between the bending tool 122 and the bone surface was modelled as sticking contact.

123 A sensitivity analysis was performed analysing the effect of the resin properties, the

124 stiffness of the springs used to attach bone to resin blocks and the friction coefficient

125 between resin and stand on the predicted bone stiffness and yield load.Load-

deflection curves were obtained as the sum of the medial-lateral component of the

127 contact force and the tool displacement at each time step. The experimental preload128 was mimicked by excluding the initial forces below 50N from the simulation results.

For each sample, user interaction was only needed for the image segmentation step. To avoid user variation, all other steps of the model creation and analysis were automated, based on the size of the samples extracted from the segmented data. All FE analyses were performed using local HPC facilities (parallel computation on 144 cores).

134 Bone material models

Three different materials models were considered for the bone: a density-dependent
transversely isotropic model, a density-dependent isotropic model, and a two-material
isotropic model (one material model for cortical bone and one for trabecular bone).

For the density dependent models, material parameters were mapped against the HU values from the CT scans starting from equation (1). The following mapping procedure was applied: (1) for each mesh element, the smallest rectangular box that embraced the tetrahedron was defined, (2) for each voxel included within this box, material properties (see next section) were computed from the density computed from the HU field, and (3) material properties were averaged on this box and assigned to the mesh element. A particular attention was paid to reduce the partial volume artefacts: to this end, we firstly separated the mesh elements that had at least one point belonging to the bone surface (*outer cells*) from the other mesh elements (*inner cells*). Each outer cell was then associated to its closest inner cell, and was assigned the HU value of its associated inner cell when it was higher than its own HU value. This procedure significantly reduced the partial volume artefact, provided that the bone cortical wall was described by a sufficient number of mesh elements, i.e. that the mesh was sufficiently dense.



161
$$E_{\text{canine}}(\rho) = E_{\text{human}}(\rho) \times (0.3 \exp(-5/m) + 0.64)$$
(2)

162 by denoting *m* the dog mass. This relation is illustrated on Figure 2, and assumes that

163 bone properties depend only on dog mass and not on the breed.

164 This canine-to-human relation was used to weight existing density-elasticity 165 relationships validated for human data:

For the density-dependent transversely isotropic model, bone was considered as an elastoplastic material without distinction between cortical and trabecular tissues (except for density). The elastic part of the model was built from relation (2) and using an orthotropic elasticity-density relationship for human bone in tension³¹:

170

$$E_{l} = 2065\rho^{3.09} \qquad G_{lt} = 0.29E_{l}$$

 $E_{t} = 2314\rho^{1.57} \qquad G_{tt} = 0.2E_{l}$
(3)

by denoting E_l and E_t the elastic moduli (MPa) in the longitudinal and transverse directions, G_{lt} and G_{tt} the shear moduli (MPa), and ρ (g cm⁻³) the apparent density issued from CT calibration. These relations valid for human bone were weighted using relation (2) in order to model canine bone. Asymmetric elastic material properties were assumed by considering that the elastic modulus was 6% higher in compression than in tension³².

The global longitudinal direction was automatically computed for each sample, based
only on the central third of the bone (representing the diaphysis, see Figure 3). The

179 mesh nodes belonging to the bone surface and included in this part were selected, and

180 used to compute a least-square line defined as the longitudinal direction. The

transverse direction was defined perpendicularly to this direction, in a plane
containing the tool displacement vector.

183 The yield surface was defined through a Von Mises criterion with linear isotropic 184 hardening. The initial yield stress was obtained from the yield strain of 0.73% reported 185 for human cortical bone³³ and the mean elastic modulus (defined as the average of 186 longitudinal and transverse moduli) following the relation:

187
$$\sigma_y = 0.0073(E_1 + E_t)/2$$
 (4)

The role of the longitudinal stress was therefore considered predominant in the bone
yield. Post-yield hardening was set as 5% of the initial, density-dependent, mean
elastic moduli³⁴.

191 The same procedure was applied for the density-dependent isotropic model. The 192 unique Young modulus was defined as the mean of the computed longitudinal and 193 transverse modulus for a given bone density (relation (3)) weighted by the correction 194 coefficients given in relation (2). Yield was modelled identically to the previous model. For the two-material isotropic model, trabecular and cortical canine tissues were respectively modelled with Young's modulus of 750MPa and 15GPa and a Poisson's ratio of 0.3 ³⁵. Cortical and trabecular tissues were separated using a threshold in terms of HU values. Cortical tissue was assumed for HU values superior to either 600HU or 400HU in order to assess the sensitivity to this parameter. Yield was modelled identically to the previous models.

201 Statistical analysis

For each tested bone, bending stiffness (least-square linear regression of the linear part of force-deflection curve passing through the origin) and yield load (intersection between a parallel to this linear regression with a 0.1 mm offset and the forcedeflection curve) were extracted and compared between the experimental and computational data.

- 207 In order to emphasize the statistical significance of our model, we performed various
- 208 statistical analyses from our experimental results (14 samples from 7 dogs) and our
- 209 numerical results (56 models: 14 density-dependant transversely isotropic models, 14
- 210 density-dependant isotropic models, and 14 two-materials isotropic models with a
- 211 segmentation threshold of 400 HU or 600 HU). Analysis of variance (ANOVA) was used

212 as the common test to quantify the difference between two sets of data, with a default

- 213 p-value of 0.01 (when not detailed).
- 214 **Results**
- 215 Experimental results

216 Experimental results for the seven pairs of humeri are represented in Figure 4. A large 217 intra- and inter-variability was observed: as an example, a mean difference of 14.6% in 218 stiffness between the left and right humerus of the same dog. Left and right humerus 219 of the same dog were however not different (both in terms of stiffness and yield load) 220 in the sense of an ANOVA analysis. The coefficient of variation (ratio between standard 221 deviation and mean) of the stiffness is equal to 20.2%. The data showed a weak 222 correlation between dog mass and mean humerus stiffness (correlation coefficient of 223 0.65). While the failure was sudden for six samples, it was more progressive for the 224 others and no clear fracture pattern was therefore visible.

225 *Computational results*

The meshes resulting from the reconstruction of the segmented CT images together with the mapping procedure are represented in Figure 5 for all bone samples. Bone mesh made of approximately 300 000 tetrahedral linear elements (60 000 nodes) led to a relative difference of 2.5% on strain energy density (SED) and 1.4% on stiffness

230	compared to the values	obtained for 160 000 nodes.	The results of the sensitivity s	tudy
-----	------------------------	-----------------------------	----------------------------------	------

- 231 for one humerus are reported in Table 1. These data emphasize that the simulation
- 232 results are not sensitive to resin properties, indicating that the resin does not deform
- 233 substantially during the bending test. Moreover, the simulation results are very slightly
- 234 sensitive to the stiffness of springs used to attach bone to resin (2% of deviation for a
- 235 variation of five orders of magnitude). A stiffness of 100N/mm (i.e. of the same order
- 236 of magnitude than the bone bending stiffness) has been consequently selected for
- 237 every simulations. However, this sensitivity study emphasizes that the friction
- 238 coefficient does have an effect on predicted stiffness and yield load. A friction
- 239 coefficient of 0.7 has been chosen for the simulations due to the lack of existing data,
- as long as such data are difficult to measure experimentally.
- 241 For the density-dependent transversely isotropic model on the fourteen samples, the
- 242 bending stiffness was predicted with a maximum error of 21.7% (absolute value of the
- 243 mean error = 10.1% ±5.2%). The yield load was predicted with an absolute value of the
- 244 mean error 11% ±11.3%, but was unsatisfyingly predicted for one sample over the
- 245 fourteen samples (maximum error = 43.5%, see Figure 6). Correlation coefficients
- between predicted and measured values were 0.86 for stiffness and 0.74 for yield load.
- 247 A Bland-Altman representation of the simulation results obtained with this model has
- 248 also been provided (Figure 7) : it clearly illustrates the good prediction ability of this

- 249 model. However, this representation clearly emphasizes that the values of bending
 250 stiffness and yield load are badly predicted for one sample (#6 right).
- 251 Results of the different models were confronted to experimental results in the sense of
- 252 ANOVA statistical tests, and the *p*-values issued from these tests are gathered in Table
- 253 **2**, under the null hypothesis that experimental and simulations results have the same
- 254 mean (i.e. if the p-value is near to zero, experimental and simulation results are
- 255 significantly different). From this analysis, it is clear that the density-dependant
- 256 transversely isotropic model is the most predictive model among the four different
- 257 models tested, and especially compared to the density-dependant isotropic model, as
- 258 illustrated on Figure 8. Surprisingly, the computational results are better in the case of
- 259 the two-material isotropic models (no matter the segmentation threshold) than in the
- 260 case of density-dependant isotropic models.
- 261 Results of the FE simulations for the two-material isotropic model are represented in
- 262 Figure 9, with trabecular and cortical tissues being separated either from HU values of
- 263 400 or 600HU in order to quantify the sensitivity of the bending response to this
- 264 threshold. There is no statistical difference between the two threshold values used to
- 265 separate cortical from trabecular tissue in the case of two-material models.

266 **Discussion**

267 Model accuracy

A finite element mesh of 60 000 nodes showed to be a converged mesh for the bone 268 269 stiffness and strain energy density (SED). A satisfying prediction of bone stiffness was 270 obtained for every samples, whereas the yield load was satisfyingly predicted for 13 271 over 14 samples. The reported computational results were insensitive to the 272 properties assigned to the resin block holding the bone epiphysis; this indicates that 273 resin blocks do not deform much during the simulations. The computational 274 representation of those blocks is thus a good approximation of the blocks behaviour 275 and interaction with the bone.

Using the verified and validated non-linear FE software Metafor^{36–39} to analyse long bone three-point bending tests permits high automation of the model pre- and postprocessing steps. This reduces user-variability to the image segmentation step only. All other parameters, especially as far as the definition of model boundary conditions representative of the experimental conditions is concerned, are subject only to the experimental variability.

282 Density-elasticity relationships for canine long bone as a function of dog mass were

283 determined by weighting human relationships from published canine bone properties.

284	Using material	parameters from	literature only,	and not specifically	y calibrated on the
-----	----------------	-----------------	------------------	----------------------	---------------------

- 285 experimental results, the produced models were able to satisfyingly predict bending
- 286 stiffness and yield load. However, more detailed studies on microstructure or
- 287 composition of canine bone as a function of mass (or breed) would be required in
- 288 order to propose a more comprehensive relation.
- The predictive power of the models for stiffness values and yield loads is here reflected not only by a good correlation but also by a good concordance, which is less often the case in published models^{40,41}. This therefore suggested that the approach used in this work produces valid models to predict bone stiffness and yield loads in three-point bending of canine long bones.
- 294 Comparison between models
- The benefit of the non-linear density-dependent transversely isotropic model compared to the two other models is demonstrated in terms of its improved prediction capability. However, it is surprising that the two-material isotropic model leads to better predictions than the density-dependent isotropic model. This may be explained by the fact that, during a bending test, the bone is essentially subject to tension and compression, and therefore the longitudinal modulus of the bone plays a crucial role compared to transverse modulus. In the case of the density-dependent

302	isotropic model, the computed average Young modulus is therefore underestimated,
303	for a loading involving mainly the longitudinal direction. Predicted stiffness is thus
304	globally underestimated using the density-dependant isotropic model. On the
305	contrary, the two-material model may widely overestimate the Young modulus by
306	considering constant density for cortical bone, as it is clearly seen that it is not uniform
307	over the cortical bone (Figure 5). Therefore, , it may lead to higher errors in more
308	complex loading modes even without involving a huge overestimation of bone
309	properties in the case of bending loads. For instance, a HU value of 1500HU for cortical
310	bone corresponds to longitudinal and transverse moduli of 9.7GPa and 4.7GPa
311	respectively using the density-dependant transversely isotropic model, whereas it
312	corresponds to a Young modulus equal to 7.2GPa using the density-dependant
313	isotropic model, and equal to 15GPa in the case of the two-material models. One
314	other limitation of the two-material model is the sensitivity of the results to the
315	threshold value chosen to separate trabecular and cortical tissues, which may be user-
316	dependent. This limit obviously disappears when the density-dependent model is used.
317	As far as the ease of implementation is concerned, computation times were equivalent
318	for the three models. However, density-dependent models require to develop and
318 319	for the three models. However, density-dependent models require to develop and algorithm in order to link HU values to elastic properties, and also require a calibration.
318 319	for the three models. However, density-dependant models require to develop and algorithm in order to link HU values to elastic properties, and also require a calibration

- 321 of orthotropic axis, which has been approximated in our case for bending tests. More
- 322 complex algorithms would be required to assign local orthotropic axis for more
- 323 complex loadings. Except for these pre-processing steps, the calculation of the three
- 324 types of models is then straightforward.
- 325 Limitations and challenges
- 326 One of the limitation of bending tests lies in the fact that results depend on the friction
- 327 coefficient between sample and the bending tools, as illustrated by our sensitivity
- 328 analysis and by other authors ⁴². Bending stand–resin interaction was modelled with
- 329 friction coefficient of 0.7 due to the lack of existing values. Even if this friction
- 330 coefficient is realistic for such a soft resin, experiments could be performed in order to
- 331 confirm these results. However, such measurements are complex to perform, as long
- 332 as apparent friction coefficients may be affected by local deformation of the resin due
- 333 to the cylindrical shape of the bending stand and the high loads involved. These local
- 334 effects are not taken into account in the simulations, as long as resin blocks have been
- 335 modelled by a single element. This particular point may be subject to further analyses,
- 336 for instance using an inverse approach from similar bending tests on well-known
- 337 materials.

338 A simple elastoplastic law with isotropic linear hardening was used as proposed in the literature³³, and associated with a Von Mises yield criterion. Even though the use of 339 such a criterion has been questioned⁴³, no consensus has been clearly found and this 340 criterion is still widely used ^{34,38,40}. The simulated post-yield response did not 341 342 reproduce the plateau observed experimentally for some samples: it may be therefore 343 concluded that the linear hardening set as 5% of the initial mean modulus as proposed 344 in the literature was excessive and should be age and breed dependent, or that a 345 perfectly plastic behaviour might be more representative. Including progressive 346 damage in the model may lead to better results as the physical phenomenon leading to bone non-linear behaviour is most probably related to damage rather than 347 plasticity^{21,34,38,44}. 348

349 No distinction was made between cortical and trabecular tissues in the bone material 350 properties characterising the non-linear behaviour, although the microstructures of 351 these tissues are clearly different. It is likely that here the trabecular tissue do not 352 participate substantially to the bone bending response. The material axes were defined from the mid-line of the diaphysis, as commonly reported in the literature^{45,46}, 353 354 leading to a global definition of the longitudinal direction. As the segment of interest 355 involved in the bending test was restricted to the bone diaphysis in which the main 356 orthotropic direction does not substantially vary, it is unlikely that this simplification

357	has an effect on the reported results. These two limitations suggest that the validity of
358	the procedure proposed here is thus probably restricted to the bending mode of
359	deformation.

360 Acknowledgements

- 361 The authors would like to acknowledge the Research Council of the University of Liège
- 362 for having selected this research in their funding program.

363 **Conflicts of interest**

364 There is no conflict of interest in this study.

365 **References**

- 366 1. Kumar, K. et al. Occurrence and Pattern of Long Bone Fractures in Growing Dogs
- 367 with Normal and Osteopenic Bones. J. Vet. Med. Ser. A 54, 484–490 (2007).
- 368 2. Miller, C. W., Sumner-Smith, G., Sheridan, C. & Pennock, P. W. Using the Unger
- 369 system to classify 386 long bone fractures in dogs. J. Small Anim. Pract. 39, 390–
 370 393 (1998).
- 371 3. Voss, K., Kull, M. A., Hässig, M. & Montavon, P. M. Repair of long-bone fractures in
- 372 cats and small dogs with the Unilock mandible locking plate system. *Vet. Comp.*
- 373 *Orthop. Traumatol.* **5,** 398–405 (2009).

374	4.	Ayyappan, S., Shafiuzama, M., Ganesh, T. N., Das, B. C. & Kumar, R A clinical
375		study on external fixators for long bone fracture management in dogs. Indian J.
376		Vet. Surg. 30, 90–92 (2009).
377	5.	Rahal, C., Otoni, C., Pereira, O., Blum, A. & Vulcano, L. Synthesis Pengo System
378		plates for the treatment of long-bone diaphyseal fractures in dogs. Vet. Comp.

- 379 *Orthop. Traumatol. VCOT* **21,** 59–63 (2008).
- Dueland, R., Johnson, K., Roe, S., Engen, M. & Lesser, A. Interlocking nail treatment
 of diaphyseal long-bone fractures in dogs. *J. Am. Vet. Med. Assoc.* 214, 59–66
- 382 (1999).
- 7. Palierne, S., Asimus, E., Mathon, D., Meynaud-Collard, P. & Autefage, A. Geometric
 analysis of the proximal femur in a diverse sample of dogs. *Res. Vet. Sci.* 80, 243–
 252 (2006).
- 386 8. Dvořák, M., Nečas, A. & Zatloukal, J. Complications of Long Bone Fracture Healing
- in Dogs: Functional and Radiological Criteria for their Assessment. *Acta Vet. Brno*69, 107–114 (2000).
- 389 9. Jackson, L. C. & Pacchiana, P. D. Common complications of fracture repair. *Clin.*
- 390 Tech. Small Anim. Pract. **19**, 168–179 (2004).

- 391 10. Blake, C. A. et al. Single cycle to failure in bending of three standard and five
- 392 locking plates and plate constructs. *Vet. Comp. Orthop. Traumatol. VCOT* **24,** 408–
- 393 417 (2011).
- 394 11. Zahn, K. *et al.* Mechanical properties of 18 different AO bone plates and the clamp395 rod internal fixation system tested on a gap model construct. *Vet. Comp. Orthop.*396 *Traumatol.* 21, 185–194 (2008).
- 397 12. Nassiri, M., MacDonald, B. & O'Byrne, J. M. Locking compression plate breakage
- 398 and fracture non-union: a finite element study of three patient-specific cases. *Eur.*

399 J. Orthop. Surg. Traumatol. **22**, 275–281 (2012).

- 400 13. Oh, J.-K. *et al.* Effect of fracture gap on stability of compression plate fixation: A
 401 finite element study. *J. Orthop. Res.* 28, 462–467 (2010).
- 402 14. Vajgel, A. et al. Comparative Finite Element Analysis of the Biomechanical Stability
- 403 of 2.0 Fixation Plates in Atrophic Mandibular Fractures. J. Oral Maxillofac. Surg. **71**,
- 404 335–342 (2013).
- 405 15. Bessho, M. *et al.* Prediction of proximal femur strength using a CT-based nonlinear
- 406 finite element method: Differences in predicted fracture load and site with
- 407 changing load and boundary conditions. *Bone* **45**, 226–231 (2009).

- 408 16. Hambli, R., Bettamer, A. & Allaoui, S. Finite element prediction of proximal femur
- 409 fracture pattern based on orthotropic behaviour law coupled to quasi-brittle 410
- damage. Med. Eng. Phys. 34, 202–210 (2012).
- 411 17. Tsouknidas, A., Anagnostidis, K., Maliaris, G. & Michailidis, N. Fracture risk in the
- 412 femoral hip region: A finite element analysis supported experimental approach. J. 413 Biomech. 45, 1959–1964 (2012).
- 414 18. Hambli, R. & Allaoui, S. A Robust 3D Finite Element Simulation of Human Proximal
- 415 Femur Progressive Fracture Under Stance Load with Experimental Validation. Ann.
- 416 Biomed. Eng. 41, 2515–2527 (2013).
- 417 19. Autefage, A., Palierne, S., Charron, C. & Swider, P. Effective mechanical properties
- 418 of diaphyseal cortical bone in the canine femur. Vet. J. 194, 202–209 (2012).
- 419 20. Duprey, S., Bruyere, K. & Verriest, J.-P. Experimental and simulated flexion tests of
- 420 humerus. Int. J. Crashworthiness 12, 153–158 (2007).
- 421 21. Hambli, R. & Thurner, P. J. Finite element prediction with experimental validation
- 422 of damage distribution in single trabeculae during three-point bending tests. J.

423 Mech. Behav. Biomed. Mater. 27, 94–106 (2013).

- 424 22. Varghese, B., Short, D., Penmetsa, R., Goswami, T. & Hangartner, T. Computed-
- 425 tomography-based finite-element models of long bones can accurately capture
- 426 strain response to bending and torsion. J. Biomech. 44, 1374–1379 (2011).

- 427 23. Trabelsi, N., Yosibash, Z., Wutte, C., Augat, P. & Eberle, S. Patient-specific finite
- 428 element analysis of the human femur: a double-blinded biomechanical validation.
- 429 *J. Biomech.* **44,** 1666–1672 (2011).
- 430 24. Viceconti, M., Olsen, S., Nolte, L.-P. & Burton, K. Extracting clinically relevant data
 431 from finite element simulations. *Clin. Biomech. Bristol Avon* 20, 451–454 (2005).
- 432 25. Kalender, W. A. & Suess, C. A new calibration phantom for quantitative computed
- 433 tomography. *Med. Phys.* **14**, 863–866 (1987).
- 434 26. Austman, R. L., Milner, J. S., Holdsworth, D. W. & Dunning, C. E. The effect of the
 435 density–modulus relationship selected to apply material properties in a finite
- 436 element model of long bone. *J. Biomech.* **41,** 3171–3176 (2008).
- 437 27. Fedorov, A. *et al.* 3D Slicer as an image computing platform for the Quantitative
 438 Imaging Network. *Magn. Reson. Imaging* 30, 1323–1341 (2012).
- 439 28. d'Otreppe, V., Boman, R. & Ponthot, J.-P. Generating smooth surface meshes from
- 440 multi-region medical images. Int. J. Numer. Methods Biomed. Eng. 28, 642–660
- 441 (2012).
- 442 29. Sullivan, J. F. in *Technical Physics* (Wiley, 1988).
- 443 30. Reilly, D. T. & Burstein, A. H. The elastic and ultimate properties of compact bone
- 444 tissue. J. Biomech. **8**, 393–405 (1975).

- 31. Wirtz, D. C. *et al.* Critical evaluation of known bone material properties to realize
 anisotropic FE-simulation of the proximal femur. *J. Biomech.* 33, 1325–1330
 (2000).
- 448 32. Li, S., Demirci, E. & Silberschmidt, V. V. Variability and anisotropy of mechanical
 449 behavior of cortical bone in tension and compression. *J. Mech. Behav. Biomed.*450 *Mater.* 21, 109–120 (2013).
- 33. Bayraktar, H. H. *et al.* Comparison of the elastic and yield properties of human
 femoral trabecular and cortical bone tissue. *J. Biomech.* **37**, 27–35 (2004).
- 453 34. Verhulp, E., van Rietbergen, B. & Huiskes, R. Load distribution in the healthy and
 454 osteoporotic human proximal femur during a fall to the side. *Bone* 42, 30–35
 455 (2008).
- 456 35. Verim, O., Tasgetiren, S., Er, M. S., Ozdemir, V. & Yuran, A. F. Anatomical
 457 evaluation and stress distribution of intact canine femur. *Int. J. Med. Robot.* 9,
 458 103–108 (2013).
- 36. Boman, R. & Ponthot, J.-P. Efficient ALE mesh management for 3D quasi-Eulerian
 problems. *Int. J. Numer. Methods Eng.* 92, 857–890 (2012).
- 37. Jeunechamps, P.-P. & Ponthot, J.-P. An efficient 3D implicit approach for the
 thermomechanical simulation of elastic–viscoplastic materials submitted to
 high strain rate and damage. *Int. J. Numer. Methods Eng.* 94, 920–960 (2013).

- 38. Mengoni, M. & Ponthot, J. P. A generic anisotropic continuum damage model
 integration scheme adaptable to both ductile damage and biological damage-like
- 466 situations. *Int. J. Plast.* **66,** 46–70 (2015).
- 467 39. Mengoni, M. *et al.* A non-linear homogeneous model for bone-like materials under
 468 compressive load. *Int. J. Numer. Methods Biomed. Eng.* 28, 273–287 (2012).
- 469 40. Helgason, B. *et al.* A modified method for assigning material properties to FE
 470 models of bones. *Med. Eng. Phys.* **30**, 444–453 (2008).
- 471 41. Taddei, F., Schileo, E., Helgason, B., Cristofolini, L. & Viceconti, M. The material
- 472 mapping strategy influences the accuracy of CT-based finite element models of
 473 bones: an evaluation against experimental measurements. *Med. Eng. Phys.* 29,
- 474 973–979 (2007).
- 475 42. Zeng, X., Wen, S., Li, M. & Xie, G. Estimating Young's Modulus of Materials by a
- 476 New Three-Point Bending Method. *Adv. Mater. Sci. Eng.* **2014**, e189423 (2014).
- 477 43. Doblaré, M., García, J. M. & Gómez, M. J. Modelling bone tissue fracture and
- 478 healing: a review. *Eng. Fract. Mech.* **71**, 1809–1840 (2004).
- 479 44. Burkhart, T. A., Quenneville, C. E., Dunning, C. E. & Andrews, D. M. Development
- 480 and validation of a distal radius finite element model to simulate impact loading
- 481 indicative of a forward fall. *Proc. Inst. Mech. Eng.* [H] **228**, 258–271 (2014).

- 482 45. Peng, L., Bai, J., Zeng, X. & Zhou, Y. Comparison of isotropic and orthotropic
- 483 material property assignments on femoral finite element models under two
- 484 loading conditions. *Med. Eng. Phys.* **28**, 227–233 (2006).
- 485 46. Yang, H., Ma, X. & Guo, T. Some factors that affect the comparison between
- 486 isotropic and orthotropic inhomogeneous finite element material models of femur.
- 487 *Med. Eng. Phys.* **32,** 553–560 (2010).
- 488

490 Figure captions

491 Figure 1.Experimental and simulated bending test on canine humerus. (a) Preparation 492 of bone samples using a custom jig to align resin moulds (b) bone samples embedded 493 in resin moulds were mounted in a custom bending stand (c) the bending tests were 494 simulated by simplifying the resin moulds with single hexahedrons linked to the bone 495 surface (red dots) via artificial springs. A sticking contact condition was considered 496 between the bending tool and the bone surface (green dots), while contact-friction 497 interaction was considered between the resin moulds and the bending stand (blue 498 cylinders).

499 Figure 2. Determined relation between canine bone properties as a function of mass

500 based on existing data¹⁹ and human bone properties.

Figure 3. Calculation of orthotropic axes (longitudinal and transverse for a transversely isotropic model) from the central third of the bone. Longitudinal direction is defined as the computed least-square line of the mesh nodes included in the bone diaphysis surface.

505 Figure 4: Left: bending responses of the **fourteen** humeri. Right: bending stiffness of 506 the **seven** pairs of humeri, emphasizing the large inter- and intra-variability of 507 measured responses. 508 Figure 5. Bone meshes resulting from the reconstruction of segmented CT images 509 together with the mapping procedure. The colour code corresponds to the computed 510 densities (g/mm3) assigned to each mesh element from HU values.

Figure 6. Left: experimental vs. simulated stiffness and yield load for the **fourteen** bone samples and for the density-dependent transversely isotropic model. The dash line represents a perfect prediction (simulation=experiments), whereas the continuous line represents the linear fitting of the data. Right: Prediction error on stiffness and yield load for the **seven** pairs of humeri.

516 Figure 7: Bland-Altman representation of the results obtained for the density-517 dependant transversely isotropic model in terms of bending stiffness (left) and yield

518 load (right). Points are represented with the corresponding sample name (r=right,

519 <mark>l=left).</mark>

Figure 8. Left: experimental vs. simulated stiffness and yield load for the fourteen bone
samples and for both a density-dependent transversely isotropic model and a densitydependent isotropic model. Right: Prediction error on stiffness and yield load for these
two models.

524 Figure 9. Left: experimental vs. simulated stiffness and yield load for the **fourteen** bone 525 samples and for a two-material isotropic model. In this model, trabecular and cortical

- 526 tissues are considered homogeneous and are separated from density thresholds of
- 527 400HU or 600HU issued the CT-scan. Right: Prediction error on stiffness and yield load
- 528 for these two models.

530 **Table captions**

- 531 Table 1. Sensitivity analysis of the computational results : effect of resin properties,
- 532 spring stiffness and friction coefficient between bending stand and resin on predicted
- 533 bone stiffness and yield load. The star indicates a significant difference between a set
- 534 of parameters and the selected parameters in the presented simulations.
- 535 Table 2. Confrontation of the computational and experimental results in terms of
- 536 predicted yield load and bending stiffness. The p-value of ANOVA tests are given for
- 537 density-dependent transversely isotropic models (trans. iso), density-dependant
- 538 isotropic models (iso.) and two-materials isotropic models with segmentation
- 539 threshold of 400HU (400HU) and 600HU (600 HU). Low p-values indicate a significant
- 540 difference between experimental and simulation results.

	Resin modulus (MPa)	Predicted Stiffness (N/mm)	Predicted yield load (N)	Spring stiffness (N/mm)	Predictec Stiffness (N/mm)	l Prea yiela (I	licted Lload V)	riction Fficient N,	dicted ffness /mm)	Predicted yield load (N)	
	<u>100</u>	<mark>548.3</mark>	<mark>1500.2</mark>	1	<mark>532.3</mark>	<mark>1497</mark> .	.9 0.5	<mark>507</mark> .	. <mark>3</mark> .	1425.9	
	<mark>500</mark>	<mark>548.3</mark>	1500.2	<mark>10</mark>	<mark>544.2</mark>	1500	.1 0.6	<mark>527</mark> .	2	1 <mark>462.2</mark>	
	<mark>900</mark>	<mark>548.3</mark>	<mark>1500.2</mark>	<mark>100</mark>	<mark>548.8</mark>	<mark>1500</mark> .	.2 0.7	<mark>548</mark> .	<mark>.8</mark>	1500.2	
	<mark>1300</mark>	<mark>548.3</mark>	<mark>1500.2</mark>	<mark>1000</mark>	<mark>558.0</mark>	<mark>1489</mark> .	.4 0.8	<mark>572</mark> .	2	1539.7	
	<mark>1700</mark>	<mark>548.3</mark>	<mark>1500.2</mark>	<mark>10000</mark>	<mark>544.0</mark>	<mark>1508</mark> .	.8 0 <i>.9</i>	<mark>595</mark> .	1	1590.8	
542	Table 1 :	Sensitivity	analysis of the	e computa	ational resu	lts : effec	t of resin p	roperties, sp	ring stiffn	<mark>ess and</mark>	
543			friction coef	ficient on	predicted b	one stiff	ness and yi	<mark>eld load.</mark>			
544											
545											
546											
540		I				I					
		_	Sti	ffness (N	/mm)						
			rans. Iso.	<mark>ISO.</mark>	400HU (DOHU	Irans. Iso.	ISO.	<mark>400HU</mark>	600HU	
	p-value	e of the	0,67 2	.48 10 ⁻⁴	0 <mark>,43</mark>	<mark>0,17</mark>	<mark>0,74</mark>	4.13 10 ⁻⁵	<mark>0,18</mark>	<mark>0,08</mark>	
547	ANOV	Alest				ļ					
548 549 550 551 552	Table <mark>2</mark> and isotro models	: Confronta bending sti pic models with segm si	tion of the co ffness. The p-ı (trans. iso.), d entation thres gnificant diffe	mputation value of A ensity-dep hold of 40 rence bet	nal and expe NOVA tests pendant iso OHU (400H ween exper	erimenta are giver tropic mo IU) and 6 rimental	l results in n for densit odels (iso.) 00HU (600 and simula	terms of pred y-dependent and two-mat HU). Low <i>p-</i> v tion results.	dicted yiel transvers erials isot values ind	d load ely ropic cate a	
553											
554											





Figure 1: Experimental and simulated bending test on canine humerus. (a) Preparation of bone samples using a custom jig to align resin moulds (b) bone samples embedded in resin moulds were mounted in a custom bending stand (c) the bending tests were simulated by simplifying the resin moulds with single hexahedrons linked to the bone surface (red dots) via artificial springs. A sticking contact condition was considered between the bending tool and the bone surface (green dots), while contact-friction interaction was considered between the resin moulds and the bending stand (blue cylinders).



data¹⁹ and human bone properties.







Figure 3. Calculation of orthotropic axes (longitudinal and transverse for a transversely isotropic model) from the central third of the bone. Longitudinal direction is defined as the computed least-square line of the mesh nodes included in the bone diaphysis surface.



humeri, emphasizing the large inter- and intra-variability of measured responses.







593

both a density-dependent transversely isotropic model and a density-dependent isotropic model. The 595 red dash line represents a perfect prediction (simulation=experiments). Right: Prediction error on 596 stiffness and yield load for these two models.

