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Article:

Lucek, K. and Seehausen, O. (2015) Distinctive insular forms of threespine stickleback (*Gasterosteus aculeatus*) from western Mediterranean islands. *Conservation Genetics*, 16 (6). pp. 1319-1333. ISSN 1566-0621

<https://doi.org/10.1007/s10592-015-0742-0>

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1 **Distinctive insular forms of threespine stickleback (*Gasterosteus***
2 ***aculeatus*) from western Mediterranean islands**

3

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15

16 **Abstract**

17 Neutral and adaptive variation among populations within a species is a major
18 component of biological diversity and may be pronounced among insular
19 populations due to geographical isolation and island specific evolutionary forces
20 at work. Detecting and preserving potential evolutionary significant units below
21 the species rank has become a crucial task for conservation biology. Combining
22 genetic, phenotypic and ecological data, we investigated evolutionary patterns
23 among the enigmatic threespine stickleback populations from western
24 Mediterranean islands, all of which are threatened by habitat deterioration and
25 climate change. We find indications that these populations derive from different
26 genetic lineages, being genetically highly distinct from the stickleback of
27 mainland Europe and the northern Atlantic as well as from each other.
28 Mediterranean island stickleback populations are also phenotypically distinct
29 from mainland populations but interestingly stickleback from Iceland have
30 converged on a similar phenotype. This distinctive island stickleback phenotype
31 seems to be driven by distinct selective regimes on islands versus continents.
32 Overall, our results reveal the status of western Mediterranean island stickleback
33 as evolutionarily distinct units, important for conservation of biodiversity.

34

35 **Keywords:** Island rule, *Gasterosteus aculeatus*, glacial refugium, Mediterranean
36 biota

37

38

39

40 **Introduction**

41 Species and even entire ecosystems are currently threatened by an array of
42 anthropogenic changes to the environment, including global warming (Pereira et
43 al. 2010), eutrophication (Seehausen et al. 1997; Taylor et al. 2006; Vonlanthen
44 et al. 2012) or the introduction of nonnative species (Elton 1958; Lockwood et al.
45 2007). As a result, many endemic species and distinct populations with small
46 geographic ranges have either become extinct, experienced severe genetic
47 bottlenecks that threaten their ability to adapt to changing environments (Lande
48 1998), or become genetically homogenized with introduced populations of
49 related species (Olden et al. 2004). In particular, insular ecosystems, which in
50 many cases harbor the phenotypically and genetically most distinctive
51 populations within otherwise widely distributed species (Foster 1964; Case
52 1978; Whittaker and Fernández-Palacios 2007), are vulnerable to climatic and
53 human-induced perturbations (Ricketts et al. 2005; Courchamp et al. 2014).
54 Freshwater organisms on Mediterranean islands belong to the most threatened
55 species, but assessment of genetic and phenotypic distinctiveness is in most
56 cases still lacking (Kottelat and Freyhof 2007; Cuttelod et al. 2008; Geiger et al.
57 2014).

58

59 Islands may generally harbor genetically and phenotypically distinct populations
60 more often than mainland sites, following the “island rule” (Foster 1964; Case
61 1978; Lomolino 1985). The latter suggests that insular populations of small
62 vertebrates evolve an increased body size, whereas large vertebrates evolve
63 dwarf populations on islands, potentially due to partial release from competitors
64 and predators, often leading to further phenotypic adaptation (Case 1978;

65 Lomolino et al. 2012). Albeit the island rule has been validated in many
66 vertebrate taxa, examples from freshwater fish are relatively rare (Lomolino
67 2005, but see MacColl et al. 2013).

68

69 The threespine stickleback (*Gasterosteus aculeatus* species complex) is an
70 ancestrally marine species with a circumpolar distribution in the Northern
71 Hemisphere. Throughout its range, it has repeatedly colonized freshwater
72 systems, and most extant freshwater populations are young, having been formed
73 after the last glacial maximum about 12,000 years ago (McKinnon and Rundle
74 2002). In Europe, freshwater stickleback exist from Iceland down to southern
75 Italy and Greece, having been relatively widespread in freshwaters along the
76 Mediterranean coast (e.g. Crivelli and Britton 1987; Lobón-Cerviá et al. 1988;
77 Mäkinen et al. 2006; Mäkinen and Merilä 2008; Araguas et al. 2012) and
78 reaching as far south as Syria (Krupp 1985). The repeated evolution of
79 freshwater populations from marine ancestors was often facilitated by the
80 maintenance of freshwater-adapted alleles at low frequencies in the ancestral
81 marine gene pool due to some ongoing gene flow from freshwater adapted
82 populations to the ancestral marine populations (Schluter and Conte 2009; Jones
83 et al. 2012). Consequently marine populations harbor a large standing genetic
84 variation, upon which selection can rapidly act during the colonization of new
85 freshwater bodies. However, marine stickleback do not occur farther south in the
86 Atlantic ocean than the Bay of Biscay and are absent from the Mediterranean Sea
87 (Munzing 1963; Mäkinen et al. 2006). Freshwater stickleback populations from
88 southern Europe are thus geographically strongly isolated from marine
89 stickleback and cannot have exchanged genes for a significant length of time.

90 Despite their patchy but geographically wide distribution in the Mediterranean
91 bioregion, only three Mediterranean islands are known to harbor freshwater
92 stickleback, all in the western Mediterranean: Mallorca (Riera 1980; Lobón-
93 Cerviá et al. 1988), Corsica (Gauthier and Rose 1974) and Sardinia (Bertin 1925;
94 Munzing 1963; Bianco 1980; Kottelat and Freyhof 2007; Orru et al. 2010).

95

96 The absence of a contemporary marine stickleback population has rendered the
97 current biogeographic distribution of Mediterranean freshwater stickleback
98 somewhat of an enigma (Bertin 1925; Munzing 1963). Some have suggested that
99 the existing populations may represent glacial relicts, where marine fish from
100 the Atlantic Ocean had occurred in the Mediterranean Sea and colonized
101 Mediterranean freshwater sites from there during the last glacial maximum
102 when water temperatures and salinities were lower (Munzing 1963). Genetic
103 analyses of mainland populations imply that Mediterranean freshwater
104 stickleback may indeed be remnants of several glacial refugia (Mäkinen et al.
105 2006). The absence of potential gene flow through the Mediterranean Sea among
106 these freshwater mainland populations has moreover led to high genetic
107 differentiation amongst them, even between geographically close populations
108 (Cano et al. 2008; Mäkinen and Merilä 2008; Araguas et al. 2012; DeFaveri et al.
109 2012).

110

111 Albeit stickleback are listed as a species of least concern for conservation by the
112 IUCN, they are locally threatened, especially in the Mediterranean region
113 (Araguas et al. 2012, IUCN 2015). Recent conservation-related assessments of
114 mainland Mediterranean stickleback suggested that many of the contemporary

115 populations represent distinct evolutionary significant units, i.e. forming unique
116 adaptive groups due to their genetic and ecological distinctiveness (Ryder 1986;
117 Moritz 1994). They differ from other European populations genetically and
118 phenotypically (Mäkinen et al. 2006; Cano et al. 2008; Mäkinen and Merilä 2008;
119 DeFaveri et al. 2012) as well as on a few occasions in their life history (Crivelli
120 and Britton 1987; Clavero et al. 2009). Many of the populations have declined or
121 even become extinct since the beginning of the 20th century. The remaining
122 populations are currently threatened by an array of factors, including habitat
123 fragmentation, the release of non-native fish species or anthropogenic changes of
124 the flow regime due to the withdrawal of water for agricultural irrigation
125 (Clavero et al. 2009; Orru et al. 2010; Araguas et al. 2012). Moreover, the
126 Mediterranean climate itself with its alternate dry and wet periods and irregular
127 flash floods may negatively affect the remaining populations (Gasith and Resh
128 1999), with climate change likely to result in extended dry periods with often
129 very low residual water flow (Palmer and Räisänen 2002).

130

131 Much of the current knowledge on the genetic and phenotypic distinctiveness of
132 Mediterranean stickleback is based on mainland populations, whereas island
133 populations are understudied. Using microsatellite markers, we first infer the
134 genetic relationships between populations from the three Mediterranean islands
135 where stickleback were known to occur in relation to other mainly mainland
136 populations from across Europe. Based on mitochondrial DNA, we further assess
137 if the observed population genetic structure may be a result of different
138 colonization histories and/or glacial refugias. Subsequently, we test to which
139 degree these Mediterranean island populations may differ in their ecology and

140 phenotype from their mainland counterparts and moreover compare them to an
141 island population in northern Europe (Iceland).

142

143 **Materials & Methods**

144 Stickleback were collected from all Mediterranean islands where their presence
145 had previously been indicated, i.e. Corsica (Gauthier and Rose 1974), Mallorca
146 (Lobón-Cerviá et al. 1988) and Sardinia (Bianco 1980). To assess the degree of
147 genetic and phenotypic distinctiveness of these Mediterranean island stickleback
148 in relation to other European populations, ten populations from across Europe
149 were included (Figure 1, Table 1). Individuals were collected using minnow traps
150 and hand nets. In all cases, fish were sacrificed with an overdose of clove oil and
151 preserved in 70% ethanol. A fin clip was additionally taken for genetic analysis
152 and preserved in absolute ethanol. Our studied populations originate from
153 different freshwater habitats (i.e. lakes and streams) in order to cover much of
154 the ecological variation among European freshwater stickleback to which the
155 Mediterranean populations can be compared. In addition, one marine population
156 from Iceland, representing a putative ancestral state of all European freshwater
157 stickleback was included (Orti et al. 1994; Mäkinen et al. 2006). Populations
158 were further assigned to belong either to northern or southern Europe,
159 depending on whether the respective catchment was in reach of the
160 contemporary population of marine stickleback (populations A-F in Figure 1) or
161 not (populations G-M). Because only subadult individuals were caught in
162 Sardinia, which differ phenotypically from adults (Bell 1981), the respective
163 phenotypic data was collected from adult museum specimens that were collected
164 from a different site in the same catchment ~20 km away (natural history

165 museum in Vienna ID: NHW-83118). Due to formaldehyde preservation, none of
166 the museum specimens were available for DNA extraction.

167

168 *Morphology*

169 Sixteen linear morphological traits that are known to be linked or involved in
170 ecological diversification of stickleback (e.g. Kristjánsson et al. 2002; Mori and
171 Takamura 2004; Berner et al. 2008) were measured to the nearest 0.01 mm
172 using a digital caliper. These traits were either related to anti-predator defense
173 (length of the first and second dorsal spine, the pelvic spine and the pelvic girdle),
174 feeding ecology (head length, upper jaw length, snout length, eye diameter) or to
175 general body shape and swimming performance (standard length, width of the
176 pelvic girdle, body depth measured after the first and second dorsal spine, caudal
177 peduncle length, basal length of the anal and dorsal fin, total length of the pelvic
178 fin). Because all linear traits were significantly correlated with standard length
179 (results not shown), a size correction was applied by using the residuals of a
180 regression of each trait against standard length, pooling all individuals and
181 populations. In addition to the linear morphological measurement, the number
182 of lateral plates was counted for each individual on its left flank.

183

184 To estimate the overall phenotypic differentiation among individuals, a principal
185 component analysis (PCA) was conducted combining all size-corrected linear
186 measurements. A second PCA was performed using only size-corrected defense-
187 related linear measurements, as these traits commonly differ between
188 stickleback from northern and southern Europe (e.g. Gross 1978; Lobón-Cerviá
189 et al. 1988; Cano et al. 2008). To subsequently test if *geography* (northern or

190 southern Europe) or *insularity* (island or mainland) may account for the
191 observed phenotypic variation among freshwater populations along the two
192 leading PC axes of either analysis, a linear mixed model was employed using the
193 population identity as a random factor. The best fitting model was determined
194 using a backward elimination procedure starting with a model including both
195 factors. Given the low levels of statistical replication for each factor (Table S1),
196 no interaction was tested. Similarly, both the number of lateral plates and
197 standard length were tested for potential effects of *geography* or *insularity*
198 among freshwater populations. All statistical analyses were performed in R
199 2.15.1 (R Core Team, 2012).

200

201 *Feeding ecology*

202 To study potential trophic specialization among Mediterranean stickleback, the
203 stomachs of 214 adult individuals from eight populations (Corsica, Mallorca,
204 Galicia, France Stream 1, Geneva Lake and Stream, Constance Lake and Stream)
205 were extracted and all food items were counted using a dissection microscope.
206 Due to access restrictions, stomachs could not be extracted for the Sardinian
207 museum specimens. Food items were assigned to the following taxonomic
208 classes: *Amphipoda*, *Isopoda*, *Cladocera*, *Copepoda*, *Ostracoda*, *Decapoda*, *Diptera*
209 *imagos*, *Chironomidae*, *Ephemeroptera*, *Trichoptera*, *Odonata*, *Acaria*, *Lumbricidae*,
210 *Gastropoda*, parasites and stickleback fry and eggs. To test for feeding-related
211 divergence along the limnetic-benthic feeding axis, the percentage of planktonic
212 prey (%PPP) was then calculated as the fraction of *Cladocera* and *Copepoda* to
213 the total number of all food items present for each individual following Lucek et

214 al. (2012). Similarly the percentage of each prey category per population was
215 calculated to allow a qualitative comparison of feeding habits across populations.

216

217 *Genetic analysis*

218 DNA for all individuals was extracted using a 10% Chelex solution, following the
219 manufacturer's protocol (Biorad, California, USA). Seven species-specific
220 microsatellite markers (Gaest66, Stn26, Stn30, Stn96, Stn130, Stn173 and
221 Stn196) were amplified in one multiplex kit. Detailed information on the
222 multiplexing setup and the PCR protocol can be found in Lucek et al. (2014b).
223 Alleles were visualized on an ABI 3130XL and scored with GENEMAPPER 4.0
224 (Applied Biosystems, Zug, Switzerland).

225

226 Deviation from Hardy-Weinberg equilibrium was calculated using GENODIVE 2.0
227 using 10,000 bootstrap replicates (Meirmans and Van Tienderen 2004). To
228 estimate the genetic variation within a population, a number of genetic indices
229 were calculated in GENODIVE 2.0: the average number of observed alleles (A_N), the
230 effective number of alleles, i.e. the number of alleles weighted for their frequency
231 (A_R), the observed heterozygosity (H_O) and the expected heterozygosity within a
232 population (H_S). The inbreeding coefficient (F_{IS}) was estimated for each
233 population. All genetic indices were subsequently compared between
234 populations from northern and from southern Europe (Table S1) as well as
235 between insular populations from the south, south European mainland
236 populations and populations from northern Europe using Wilcoxon tests. In
237 addition, pairwise genetic differentiation (F_{ST}) among all populations was
238 estimated in GENODIVE using 10,000 bootstrap replicates to assess significance.

239 Pairwise F_{ST} were also compared between populations from northern and
240 southern Europe as well as between the marine population and the freshwater
241 populations using an ANOVA with a Tukey HSD *post hoc* test. Because F_{ST}
242 estimates can be biased towards lower values in cases where the level of
243 heterozygosity within populations is high (Meirmans and Hedrick 2011), the
244 analysis was repeated using F'_{ST} (Hedrick 2005). F'_{ST} was calculated in R with the
245 package DIVERSITY (Keenan et al. 2013), calculating its 95% confidence interval
246 using 10,000 bootstrap replicates. The genetic structuring was estimated using
247 an admixture model implemented in STRUCTURE 2.3.3 (Falush et al. 2007) with
248 30,000 burnin steps followed by 300,000 MCMC steps. The simulation was
249 performed assuming 1-13 genetic clusters (K) with 10 replicates for each
250 assumed K. The optimal number of clusters was determined based on the
251 estimated log likelihood of each run and its variation among runs for the same K,
252 following Evanno et al. (2005). To further infer the genetic relationship among
253 populations, a neighbour joining tree was established based on Cavalli-Sforza
254 distances among populations based on microsatellite allele frequencies.
255 Statistical support for each node of the inferred tree was obtained using a
256 bootstrap procedure with 1000 replicates in PHYLIP 3.69 (Felsenstein 2011).
257 Lastly, a PCA was conducted on population-based allele frequencies in GENODIVE.
258
259 To assess the phylogenetic relationships between the west Mediterranean island
260 populations and other European stickleback, and to estimate the divergence time
261 among different lineages, a fragment of the mitochondrial control region
262 spanning over 426 consecutive base pairs was amplified with primers and
263 protocols described in Mäkinen & Merilä (2008) using one individual from

264 Mallorca and Sardinia and including the previously identified haplotype from
265 Corsica (Lucek et al. 2010). The phylogenetic analyses were performed in BEAST
266 2.2.1 (Mäkinen and Merilä 2008; Bouckaert et al. 2014), adding all available
267 stickleback sequences from GenBank, including samples from Europe, Atlantic
268 North America (Mäkinen and Merilä 2008; Lucek et al. 2010) and Pacific North
269 America (California; Richmond et al. 2014). The best model of molecular
270 evolution was determined in JMODELTEST 2.1.7 (Darriba et al. 2012) using a
271 Bayesian Information Criterion (BIC). An uncorrelated lognormal relaxed clock
272 model was selected with a constant size coalescent tree prior. Substitution rate
273 was set to 0.028 substitutions/site/million years following (Aldenhoven et al.
274 2010). The analysis was run over 50 million generations, sampling every 5000
275 generations. TRACER 1.6.0 (Rambaut *et al.* 2014) was then used to examine
276 convergence and mixing based on effective sample sizes (ESS). Lastly,
277 TREEANNOTATOR 2.2.1 was used to generate a maximum clade credibility tree
278 using 50% of trees as burnin. In addition, a maximum likelihood tree was
279 estimated in MEGA 5 (Tamura et al. 2011) with 1000 bootstrap replicates.

280

281 **Results**

282 *Feeding ecology*

283 Out of the 214 extracted stomachs, 13 were empty (6.1%) and were
284 subsequently excluded from all analyses. The percentage of planktonic prey
285 (%PPP) was highest in the two lake populations from Lake Geneva and Lake
286 Constance, feeding predominantly on copepods in comparison to all stream
287 populations ($F_{1,199} = 52.8, p < 0.001$; Figure 2). Stream-dwelling individuals in
288 contrast fed predominantly on chironomid larvae. In both populations from

289 Galicia and the France Stream 1, several individuals had fish eggs or even
290 stickleback fry in their stomachs.
291
292 *Genetics*
293 Deviation from Hardy-Weinberg equilibrium occurred in three out of 91
294 estimates following a sequential Bonferroni correction (STN26: Iceland Lake;
295 STN96: Sardinia and Corsica). Genetic diversity was overall significantly reduced
296 in land-locked south European populations, showing a lower number of alleles
297 ($A_N: W = 6, p = 0.045$; $A_R: W = 0, p = 0.002$; Table 2) and decreased heterozygosity
298 ($H_0: W = 1, p = 0.007$; $H_S: W = 0, p = 0.004$). But there was no overall difference in
299 the degree of inbreeding between populations from northern and southern
300 Europe ($F_{IS}: W = 21, p = 0.943$). Comparing populations from northern Europe
301 with insular Mediterranean populations, the latter showed a significantly lower
302 effective number of alleles ($A_R: W = 0, p = 0.036$) but not observed alleles ($A_N: W$
303 $= 4, p = 0.365$) and decreased heterozygosity ($H_0: W = 0, p = 0.036$; $H_S: W = 0, p =$
304 0.036), where inbreeding coefficients did not differ ($F_{IS}: W = 10, p = 0.571$). None
305 of the genetic indices differed between insular Mediterranean populations and
306 the populations from the south European mainland (all $p > 0.100$).
307
308 Pairwise F_{ST} s (Table S1) and F'_{ST} s (Table S2) were highly correlated ($R^2 = 0.884$;
309 $F_{1,76} = 588.6, p < 0.001$), where F'_{ST} values were on average significantly higher
310 than F_{ST} (paired t -test: $t_{1,77} = 24.8, p < 0.001$). The pairwise comparisons differed
311 overall significantly among the geographic groups for both F_{ST} ($F_{4,73} = 18.1, p <$
312 0.001 ; Figure 3a) and F'_{ST} ($F_{4,73} = 5.6, p < 0.001$; Figure 3b). Comparisons
313 involving the marine population yielded significantly lower F_{ST} (average F_{ST}

314 marine vs. north European populations = 0.178 ± 0.016 SE; average F_{ST} marine vs.
315 south European populations = 0.309 ± 0.021 SE) than allopatric comparisons
316 between freshwater populations from north and south Europe (average F_{ST} =
317 0.483 ± 0.013 SE, *post hoc* $p < 0.001$). They were also lower than comparisons
318 among south European populations (average F_{ST} = 0.579 ± 0.032 SE, *post hoc* $p <$
319 0.001) but was not statistically different from comparisons among freshwater
320 populations from northern Europe only (average F_{ST} = 0.296 ± 0.060 SE, *post hoc*
321 $p = 0.960$). The pairwise genetic differentiation among south European
322 populations was furthermore significantly higher than all other comparisons (all
323 $p < 0.018$), but did not differ between insular populations and populations from
324 the south European mainland ($t_{1,11} = 1.87$, $p = 0.092$). The increased level of
325 heterozygosity in the marine population (Table 2) may bias the F_{ST} estimation
326 towards lower values (Hedrick 2005; Meirmans and Hedrick 2011). Using F'_{ST} to
327 correct this bias (Hedrick 2005), the level of genetic differentiation between the
328 marine population and populations from northern Europe (average F'_{ST} = 0.406
329 ± 0.038 SE) was still significantly lower than that among populations from
330 southern Europe (average F'_{ST} = 0.783 ± 0.047 SE, *post hoc* $p = 0.005$) and
331 between populations from northern and southern Europe (average F'_{ST} = $0.726 \pm$
332 0.026 SE, *post hoc* $p = 0.023$). Also the differentiation among south European
333 populations was higher than that among north European populations (average
334 F'_{ST} = 0.505 ± 0.100 SE, *post hoc* $p = 0.018$). Lastly, F'_{ST} did also not differ between
335 insular populations and populations from the south European mainland ($t_{1,11} =$
336 1.99 , $p = 0.074$).
337

338 Ten genetic clusters ($K=10$) was the best supported K in STRUCTURE based on the
339 observed variation of the estimated log likelihood values within a run and the
340 increase in the log likelihood for each K (Figure 4a; Figure S1). Consistent with
341 previous findings (Lucek et al. 2014a), both the Geneva lake and stream
342 populations as well as the France Stream 2 population were all assigned to a
343 single genetic cluster with evidence for some introgression from the Constance
344 cluster, comprising both the Constance lake and stream site. All other
345 populations formed their own distinct genetic cluster except for the Iceland lake
346 population showing some evidence for introgression from the marine population.

347

348 The two leading PC axes that were constructed using population-based
349 microsatellite allele frequencies accounted for 30.4% and 15.5% of the total
350 variance among populations respectively (Figure 4b). The first PC axis separated
351 the Mediterranean island populations from all other populations, where the
352 populations from Geneva and France Stream 2 are genetically most distinct from
353 the latter. The second PC axis separated the France Stream 1 population from all
354 other populations, whereas populations from Iceland, Constance, Poland and
355 Galicia were intermediate to the other populations along the two PC axes.
356 Interestingly the France Stream 1 population clusters closely with the population
357 from Mallorca in the population based neighbor-joining tree (Figure 4c), but is
358 otherwise consistent with the PC analysis, where Corsica, Sardinia and Galicia
359 form a distinct clade.

360

361 JMODELTEST selected the HKY+G+I model of molecular evolution as the best fitting
362 model for the partial mitochondrial control region. All ESS values for the BEAST

363 analysis were >200, suggesting an adequate sampling of the posterior. The BEAST
364 analysis shows a deep divergence between a clade that comprises all haplotypes
365 from the North American Pacific, North American Atlantic, the Black Sea, and the
366 Mediterranean Lake Skadar and a clade that includes all other haplotypes from
367 across Europe plus one North American Atlantic haplotype (Figure 5). However,
368 whereas this deeper split is not statistically supported, several clades within
369 these groups are well supported (see below). Mediterranean stickleback
370 populations occur widely scattered across both clades with several
371 Mediterranean specific clusters, including ancient splits as well as recent ones.
372 Two ancient populations from the Balkans (Ska, Ner) are strongly supported
373 monophyletic groups with deep divergence from other populations, confirming
374 previous studies (DeFaveri et al. 2012). In particular, the haplotypes of Lake
375 Skadar fall into a relatively old clade (divergence from other stickleback 0.0419-
376 0.3886 mya; diversification within the Skadar clade started 0.0069-0.1212 mya
377 as suggested by the 95% highest posterior density for this node height). Its
378 closest relatives are haplotypes from North America, which is consistent with an
379 ancient colonization of Europe that may be independent of that of the main clade
380 (Bell and Foster 1994).

381

382 The haplotypes found on the three Mediterranean islands are spread across the
383 European main clade: The haplotype from Mallorca (estimated age: 0.0070-
384 0.1160 mya) forms a clade together with haplotypes from the Font Dame springs
385 in southern France and the River Sorgue in the southern Rhone valley albeit with
386 only weak support (BPP = 0.65). This clade has an estimated age of 0.0426-
387 0.2360 mya. The Corsican haplotype with a divergence time of 0.0001-0.0724

388 mya, clustered closely with the EU43 haplotype, which has formerly been
389 reported from the Loire drainage in Central France that drains into the Atlantic
390 (Mäkinen and Merilä 2008). The Sardinian haplotype clustered closest to the
391 EU19 and EU20 haplotypes, which derive from the Baltic Sea and the Northern
392 Atlantic. However, the age of the Sardinian haplotype could not be reliably dated.

393

394 *Phenotypic differentiation*

395 The PC analysis comprising all size-corrected linear measurements accounted for
396 39.2% and 17.2% of the overall phenotypic variation on the first and second PC
397 axis respectively (Figure 6). Defense-related traits accounted for most of the
398 variation observed along the first PC axis, whereas the second PC axis was
399 mainly driven by differences in fin sizes and body depth (Table S3). The best
400 statistical model explaining the variation in PC scores along PC1 for freshwater
401 populations using all linear traits combined included only the factor *island*,
402 where island populations differed significantly from mainland populations ($F_{1,10}$
403 = 19.65, $p = 0.001$). The difference between island and mainland population was
404 also the best fitting model to explain variation on the second axis albeit being not
405 significant ($F_{1,10} = 4.57$, $p = 0.058$). Using only defense-related linear morphology,
406 the two leading PC axes accounted for 72.2% and 16.6% of the total phenotypic
407 variation respectively, where both axes were mainly driven by variation in pelvic
408 girdle and spine length (Table S3). The best fitting statistical model to explain the
409 variation among freshwater populations on the first PC axis also included only a
410 significant effect of *island* ($F_{1,10} = 22.17$, $p < 0.001$). Similarly to the analysis
411 comprising all traits, all the island populations are separated from all the
412 mainland populations and from the marine population, where mainland south

413 European populations seem to resemble the insular populations most (Figure 6).
414 None of the tested factors was significantly associated with the variation
415 observed along the second PC axis for defense-related traits (all $p > 0.1$, results
416 not shown).

417

418 The best statistical model for body size (standard length) retained only
419 *geography* as a factor, where south European individuals were significantly
420 smaller than individuals from the north ($F_{1,10} = 11.23$, $p = 0.007$; Figure 7). For
421 the number of lateral plates, the best fitting model showed significant effects of
422 both *geography* and *island*, where individuals from the south had significantly
423 fewer plates ($F_{1,9} = 44.31$, $p < 0.001$), which was equally true for individuals
424 originating from islands ($F_{1,9} = 15.08$, $p = 0.004$).

425

426 **Discussion**

427

428 Many insular ecosystems are currently threatened by climatic changes and other
429 human-induced perturbations (Ricketts et al. 2005; Courchamp et al. 2014).

430 Detecting and preserving insular endemics thus is pressing as, in many cases,
431 islands harbor populations of otherwise widely distributed species that are
432 phenotypically and genetically most distinct (Foster 1964; Case 1978; Lomolino
433 2005). Combining genetic, phenotypic and ecological data we aimed to
434 determine the status of the little known and biogeographically exceptional
435 populations of the threespine stickleback on Mediterranean islands. We find that
436 these populations are both phenotypically and genetically distinct from
437 mainland populations underlining their status as evolutionary significant units

438 for conservation (Ryder 1986; Moritz 1994). Convergence on a similar
439 phenotype was furthermore observed between these populations and an insular
440 population from Iceland, northern Europe, suggesting that similar evolutionary
441 forces may act during phenotypic adaptation to insular ecosystems.

442

443 *Genetic relationship and divergence of Mediterranean populations*

444 For many organisms, the Mediterranean region has acted as a glacial refugium
445 from which subsequent postglacial expansions have taken place (Hewitt 2000).
446 The contemporary distribution of freshwater-dwelling threespine stickleback in
447 the Mediterranean region is likewise thought to originate from a distinct glacial
448 refugium, but expansion to northern Europe is thought to not have occurred
449 from this refugium. In contrast, freshwater stickleback populations from
450 northern Europe are believed to derive from recolonization events from Atlantic
451 marine populations (Mäkinen et al. 2006). Analyses of mitochondrial haplotypes
452 further suggested that some Mediterranean populations may have survived the
453 last Pleistocene glaciation (Mäkinen and Merilä 2008; DeFaveri et al. 2012).
454 Whereas earlier phylogeographic work focused on populations from the Eastern
455 Mediterranean, we focused on island populations in the western Mediterranean.
456 Our phylogeographic estimate based on mitochondrial control region sequences
457 suggests that each western Mediterranean island population represents a
458 distinct genetic lineage (Figure 5). Interestingly, the haplotype found on Mallorca
459 clusters closely to haplotypes originating from a population in southern France,
460 and together may be remnants of one glacial freshwater refugium as indicated by
461 our Bayesian estimate of divergence. The haplotypes of Corsica and Sardinia, not
462 known from anywhere else, are most closely related to haplotypes found in

463 central or northern Europe. They may either originate from a more recent
464 colonization event of the Mediterranean region, or may represent lineages that
465 expanded northward again after the glacial maximum.
466
467 Threespined stickleback likely originated in the Pacific Ocean, with the most
468 divergent lineage being the Japanese Pacific clade (Watanabe et al. 2003; Jones et
469 al. 2012; Rezansoff et al.). We could not include this lineage in our tree because
470 sequences of the mitochondrial control region are not present in GenBank.
471 However, studies based on other mitochondrial genes have shown that this
472 lineage diverged from the clade that we studied about 2.5 mya (Rezansoff et al.).
473 Our tree is consistent with the hypothesis that stickleback of Europe derive from
474 several distinct colonization events (Bell and Foster 1994). Remnants of one
475 relatively ancient colonization event seem to persist in the Black Sea and in Lake
476 Skadar, being known otherwise from both sides of North America (Figure 5). The
477 other colonization event, similarly ancient, would have formed the Neretva River
478 clade from the Balkans and to the main European clade of freshwater stickleback.
479 The deep divergence between these two, and the lack of statistical support for
480 nodes deeper in the tree make it plausible that Europe was colonized more than
481 twice. Indeed, stickleback from the Black Sea, Lake Skadar, Neretva and the clade
482 comprising all other European haplotypes may derive from four colonization
483 events. Clearly much more sequencing effort is needed to resolve the
484 phylogeography of the genus *Gasterosteus* in Europe and beyond.
485
486 The potential for a Mediterranean-based refugium is further indicated by the
487 levels of pairwise genetic differentiation found with nuclear markers, where the

488 levels of genetic differentiation involving populations from southern Europe
489 tend to be higher than comparisons involving north European or the marine
490 population (Figure 3, Table S1 & S2). Also, the levels of pairwise genetic
491 differentiation between populations from southern Europe and the marine
492 population tend to be higher than the levels of genetic differentiation between
493 the marine population and populations from northern Europe. This may reflect
494 the absence of contemporary gene flow from the Atlantic marine population into
495 the Mediterranean region or could indicate that the overall split between the
496 Atlantic marine and the freshwater populations from southern Europe predates
497 the one between the marine and northern European freshwater populations. In
498 contrast, the pattern found in northern Europe is consistent with a recent
499 postglacial recolonization of freshwater bodies from the Atlantic, with a
500 significantly lower genetic differentiation between marine and freshwater (Jones
501 et al. 2012). Lastly, almost all populations from southern Europe cluster closely
502 together in the distance-based *tree* based on microsatellites (Figure 4). A second
503 genetic southern European cluster is formed by the three populations in the
504 upper Rhone drainage (i.e. France Stream 2, Geneva Lake and Stream). This is in
505 agreement with another study showing that the latter populations originate from
506 a very recent (less than 140 years) expansion event following the translocation
507 of stickleback within this region (Lucek et al. 2014a).

508

509 Despite clustering together in the distance-based tree, almost all populations
510 from southern Europe represent distinct genetic clusters in the individual based
511 assignment (Figure 4). Moreover, the same populations show the highest degree
512 of pairwise genetic differentiation, which in most cases even surpasses the level

513 of genetic differentiation between populations from southern and northern
514 Europe (Figure 3, Table S1 & S2). This is consistent with other studies on
515 Mediterranean stickleback, where genetic differentiation was found to be high
516 even between geographically proximate populations (Cano et al. 2008; Mäkinen
517 and Merilä 2008; Araguas et al. 2012; DeFaveri et al. 2012). This pattern,
518 combined with the significantly decreased genetic variation within south
519 European populations is consistent with a reduction of gene flow due to the
520 absence of a connecting marine population. The reduced genetic variation may
521 furthermore be explained by a decrease in their population size due to habitat
522 loss, fragmentation or the introduction of non-native species that compete with
523 stickleback (Clavero et al. 2009; Orru et al. 2010; Araguas et al. 2012).

524

525 *Evolution of phenotypically distinct island populations*

526 The island rule predicts the evolution of phenotypically distinct insular
527 populations (Foster 1964; Case 1978; Lomolino 1985), where on the one hand
528 insular populations of small vertebrate species evolve an increased body size as
529 a consequence of partial release from competitors and predators. On the other
530 hand, large vertebrate species may evolve dwarfism due to resource limitations.
531 These changes may in both cases trigger subsequent phenotypic adaptations
532 (Foster 1964; Case 1978; Lomolino 1985; Lomolino et al. 2012). In stickleback,
533 differences in anti-predator related phenotypes have been commonly attributed
534 to distinct selection pressures imposed by differences in the strength and
535 composition of the predation regimes (Reimchen 1994). Specifically, stickleback
536 may evolve long spines and an increased number of lateral plates in
537 environments with strong predation pressure dominated by piscivorous fishes

538 and birds, such as in the marine environment as opposed to freshwater
539 populations (Reimchen 1994). The evolution of low armour plate phenotypes
540 among freshwater stickleback can occur rapidly through selection on standing
541 genetic variation from the marine population (Colosimo et al. 2005). Indeed, the
542 best example so far for insular phenotypes in stickleback derives from Scotland,
543 where stickleback reduced their body size and defense-related traits, following
544 the island rule (MacColl et al. 2013). The evolution these insular phenotypes was
545 potentially mediated by a distinct water chemistry (i.e. a low pH and few
546 dissolved alkaline metals (Spence et al. 2013)) and the presence of small
547 predators (MacColl et al. 2013).

548

549 The phenotypic differentiation observed in our study is consistent with the
550 evolution of distinct insular phenotypes, where populations from islands,
551 including Iceland, differ phenotypically from populations on the European
552 continent. This pattern is largely driven by a reduction in defense-related traits
553 in insular populations (Figures 6 & 7, Table S3). Albeit the number of lateral
554 plates differs overall between northern and southern Europe, where populations
555 from the latter region have a much lower plate number (Figure 7b),
556 Mediterranean island populations show nevertheless more extreme phenotypes,
557 in comparison to populations from the southern European mainland (Figure 7).
558 Similarly reduced lateral plate numbers, below the common freshwater
559 phenotype with 5-7 lateral plates, are rare across Europe, where they occur
560 mainly in the south (Gross 1977; Gross 1978) or among insular populations in
561 Scotland (Spence et al. 2013). Thus, the reduction in anti-predator related traits
562 among our studied insular populations and insular populations from Scotland

563 (Spence et al. 2013), may reflect common features in terms of the reduced
564 predator and competitor communities on islands (Case 1978; Lomolino et al.
565 2012).

566

567 Body size itself differed overall mainly between freshwater populations from
568 northern and southern Europe, where populations from the latter were
569 significantly smaller (Figure 7a). The evolution of distinct body sizes among
570 freshwater stickleback has been associated previously with differences in water
571 chemistry (McGuigan et al. 2011) and foraging strategies (Nagel and Schluter
572 1998). Whereas we cannot exclude differences in water chemistry, we found no
573 support for feeding-related ecological differentiation among populations from
574 southern Europe (Figure 2). Remarkably, adult individuals from Mallorca
575 showed a more reduced body size, resembling subadult phenotypes from
576 northern Europe (i.e. Frommen et al. 2011; Lucek et al. 2012). Similar dwarfism
577 has otherwise only rarely been recorded in stickleback. The best examples are
578 the insular populations from Scotland that have reduced their body size
579 potentially as a response to water chemistry and the presence of small predators
580 (MacColl et al. 2013). The Mallorcan population is moreover exceptional as we
581 observed breeding individuals in November (Lucek *personal observation*),
582 suggesting either an extended (from spring to November) or shifted breeding
583 period. Analogous life-history adaptations in stickleback where stickleback shift
584 their breeding effort to periods with decreased water temperatures have only
585 been recorded in populations from Japan (Mori 1987) and the southern Rhone
586 valley in France (Crivelli and Britton 1987). The latter is in the range of the other

587 French populations that form a distinct cluster with the Mallorcan haplotype in
588 the phylogenetic analysis (Figure 5).

589

590 *Conclusions*

591 Taken together, our results suggest that endemic insular forms exist in
592 threespine stickleback, where the populations from the Mediterranean islands
593 are both phenotypically and genetically highly distinct from all mainland
594 populations including those from southern Europe, and from each other. The
595 genetic evidence suggests that they likely derive from glacial refugia in the
596 Mediterranean region. Thus given their genetic distinctiveness (Figure 3 & 4)
597 and phenotypic differentiation (Figure 6 & 7), Mediterranean island populations
598 should be considered as evolutionary significant units (Ryder 1986; Moritz
599 1994), each endemic to one island. The status as evolutionary significant unit is
600 particularly highlighted in the Mallorcan population, which shows specific life-
601 history adaptations that has otherwise only reported in a single population in
602 Southern France in the Mediterranean region (Crivelli and Britton 1987).

603 However, no such data was available for Sardinian and Corsican populations.

604

605 The low genetic variation observed within these populations, combined with
606 their restricted range, and ecological requirements (such as year round cool
607 water which is rare in the Mediterranean region), renders them especially
608 vulnerable to habitat loss, fragmentation and alteration (including deforestation)
609 (Araguas et al. 2012) or non-native fish species that outnumber native
610 stickleback ((Orri et al. 2010); *Gambusia holbrooki* in Mallorca (Lucek *personal*
611 *observation*)). For instance the Corsican population is historically only known

612 from two neighboring rivers in a small part of the island's coastal lowlands
613 (Gauthier and Rose 1974). Despite intensive search, we found it in only one of
614 them. This river is exceptional among Corsican coastal lowland rivers in having
615 relatively cold water coming from the nearby mountains, and is well shaded by a
616 thin strip of riparian forest. Further protective measures are thus needed that
617 allow the monitoring of these populations, the safe-guarding of their habitats,
618 and aim to decrease the threat made by non-native species.

619

620 **Acknowledgments**

621 This work was partially supported by EAWAG action field project AquaDiverse to
622 OS. KL was further supported by a Swiss National Science Foundation Early
623 Postdoc.Mobility grant P2BEP3_152103. We thank Miguel Hermida, Rafał Bernaś,
624 Flavio Orrù and David Marques for providing specimens and Helmut Wellendorf
625 from the Museum of Natural History in Vienna for his assistance in obtaining
626 phenotypic data for Sardinian specimens. Mélissa Lemoine, Joana Meier and
627 Víctor Soria-Carrasco provided valuable comments on an earlier version of the
628 manuscript.

629

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846

847

848 **Figure Captions**

849 Figure 1

850 Overview of the studied populations: a) Map of Europe (© Wikimedia) with the
851 populations included in this study highlighted. Populations from islands are
852 highlighted in color (orange – Iceland, red – Mediterranean). b) Representative
853 examples of each sex for the different stickleback populations: A – Iceland
854 Marine, B – Iceland Lake, C – Poland, D – Constance Lake, E – Constance stream, F
855 – Geneva Lake, G – Geneva stream, H – France Stream 2, I – France Stream 1, J –
856 Galicia, K – Mallorca, L – Corsica, M – Sardinia. Pictures for populations C, J and M
857 were taken from ethanol preserved specimens. Note that individuals are not
858 scaled by size. See Table 1 for details.

859

860 Figure 2

861 Stomach content analysis for eight populations. Top: percentage of planktonic
862 prey found within a population sample (see main text for details). Bottom:
863 percentage of each prey category found in each population. N indicates the
864 number of individuals that had at least one prey item in their stomachs.

865

866 Figure 3

867 Boxplots summarizing of the pairwise genetic differentiation among different
868 geographic groups based on a) F_{ST} and b) F'_{ST} . Genetic differentiation was
869 calculated between the marine and freshwater populations from either northern
870 or southern Europe, between freshwater populations from northern Europe,
871 between freshwater populations from northern and southern Europe and
872 between south European populations respectively (see Table S1 & S2 for the

873 actual F_{ST} and F'_{ST} values respectively). Asterisks indicate the level of statistical
874 significance of comparisons between geographic groups, indicated by horizontal
875 bars, based on *post hoc* ANOVA comparisons (* $p < 0.05$, ** $p < 0.01$, *** $p <$
876 0.001). The number of pairwise comparisons are indicated for each geographic
877 group (N).

878

879 Figure 4

880 Genetic relationship between populations based on seven microsatellites: a)
881 Individual genetic assignment using STRUCTURE. Shown is the best run, where
882 ten genetic clusters were inferred ($K=10$), which showed the highest posterior
883 likelihood. b) Principal component analysis, where the two leading axes capture
884 45.9% of the genetic variation among populations. c) Phylogram showing the
885 genetic relationship among populations based on Cavalli-Sforza distances.
886 Numbers indicate statistical support based on 1000 bootstrap replicates (only
887 values $>50\%$ are shown). Populations from islands are highlighted in color
888 (orange – Iceland, red – Mediterranean).

889

890 Figure 5

891 Bayesian maximum clade credibility tree based on a 426 base pair fragment of
892 the mitochondrial control region showing the genealogical relationships among
893 threespine stickleback. Node values represent Bayesian posterior probabilities \geq
894 0.50. Additional percentages reflect bootstrap support from an additional
895 maximum likelihood tree for the same node, based on 1000 bootstrap replicates
896 (only values $\geq 50\%$ are shown). Error bars depict 95 % highest posterior density
897 for node heights (see main text for details).

898

899 Figure 6

900 Phenotypic variation across populations: Principal component analyses using
901 either all size-corrected linear morphological traits (left) or only size-corrected
902 defense-related traits (right, see main text for details). Shown are the mean PC
903 scores for each population ± 1 SE. Populations from islands are highlighted in
904 color (orange – Iceland, red – Mediterranean).

905

906 Figure 7

907 Phenotypic differentiation among the sampled populations for a) size (standard
908 length) and b) the number of lateral plates. Populations from islands are
909 highlighted in color (orange – Iceland, red – Mediterranean).

910

911 Figure S1

912 Summary statistics for the individual based assignments using STRUCTURE: a)
913 estimated likelihood for each run ± 1 SD; b) estimation of Delta K following
914 Evanno et al. (2005).

Figure 1

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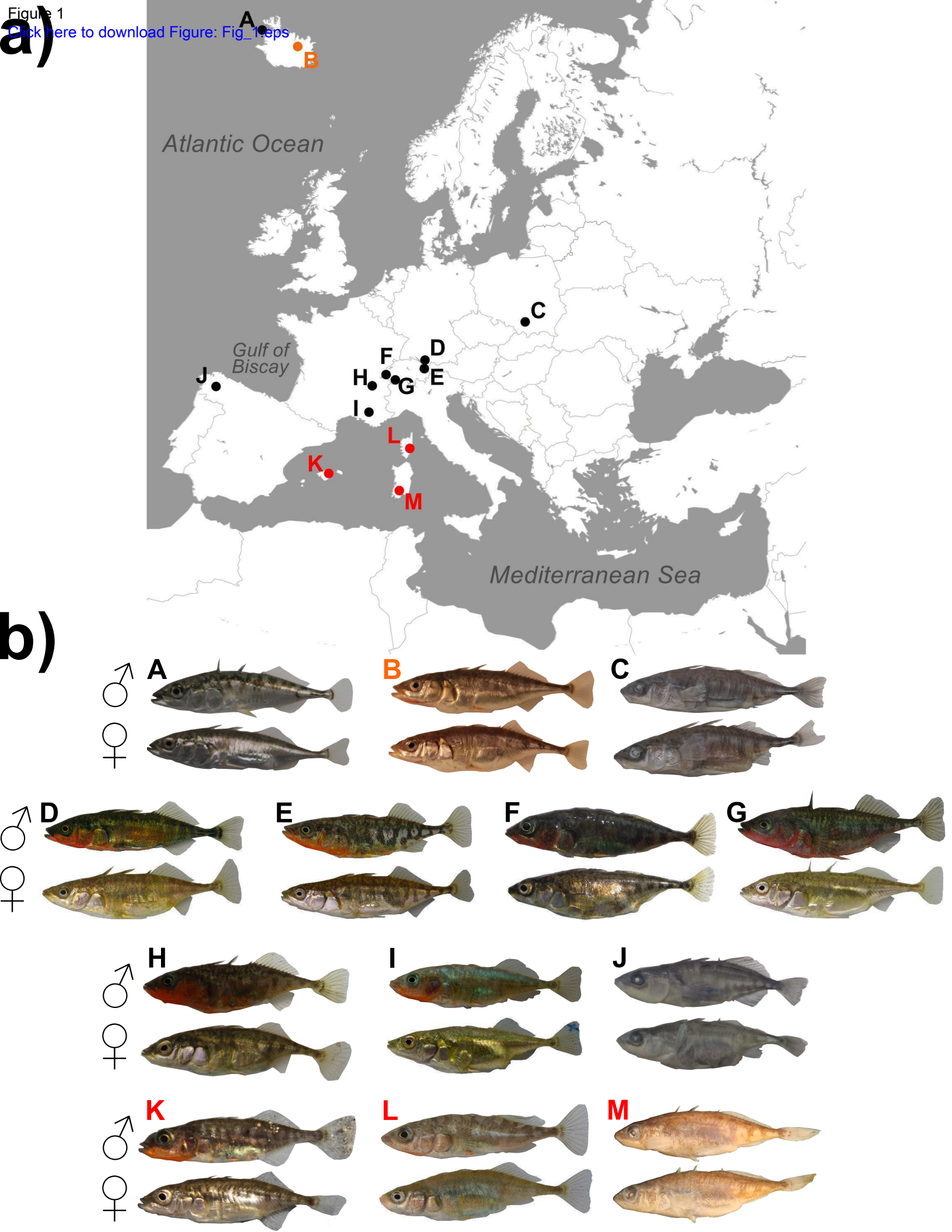
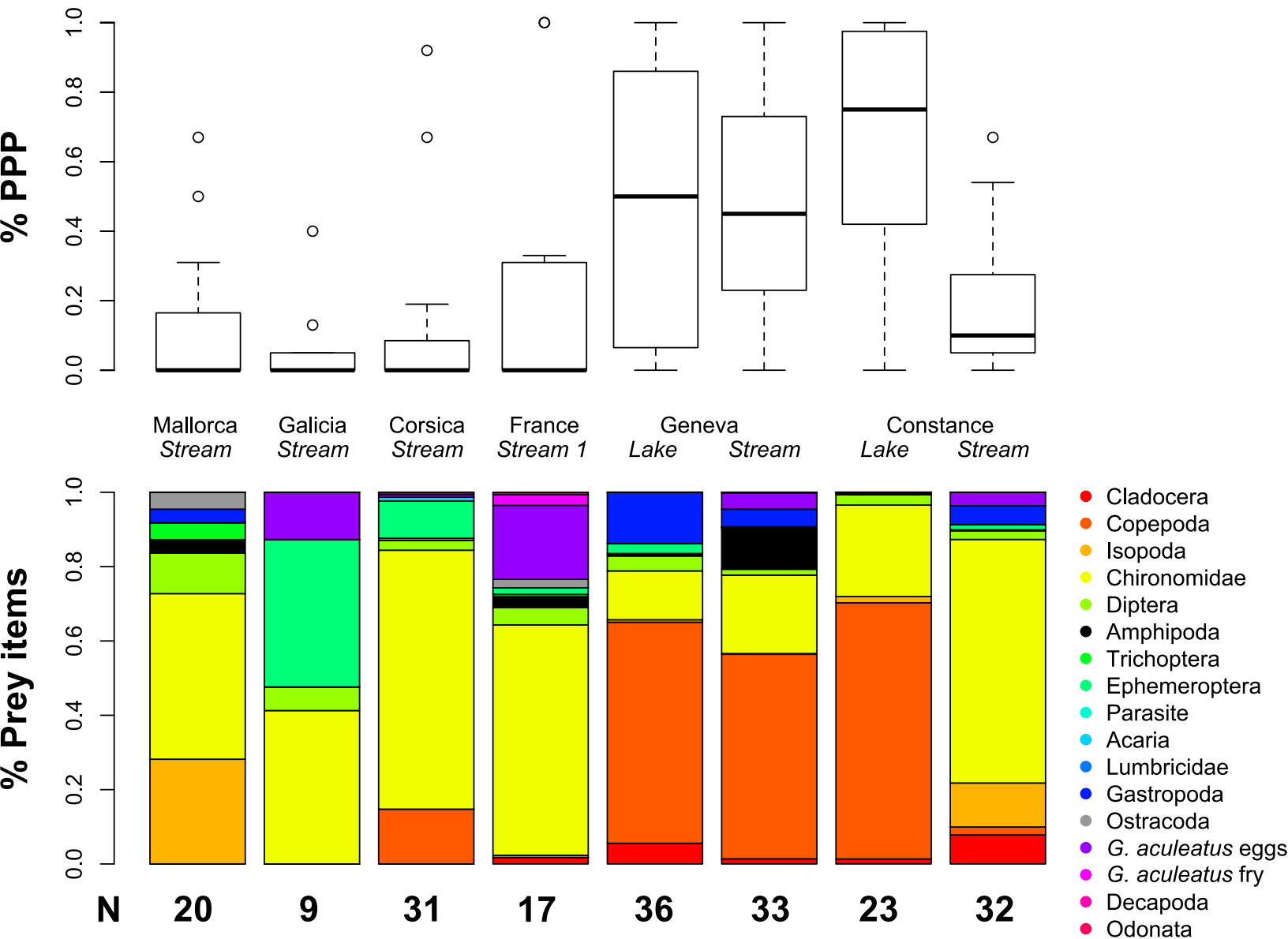
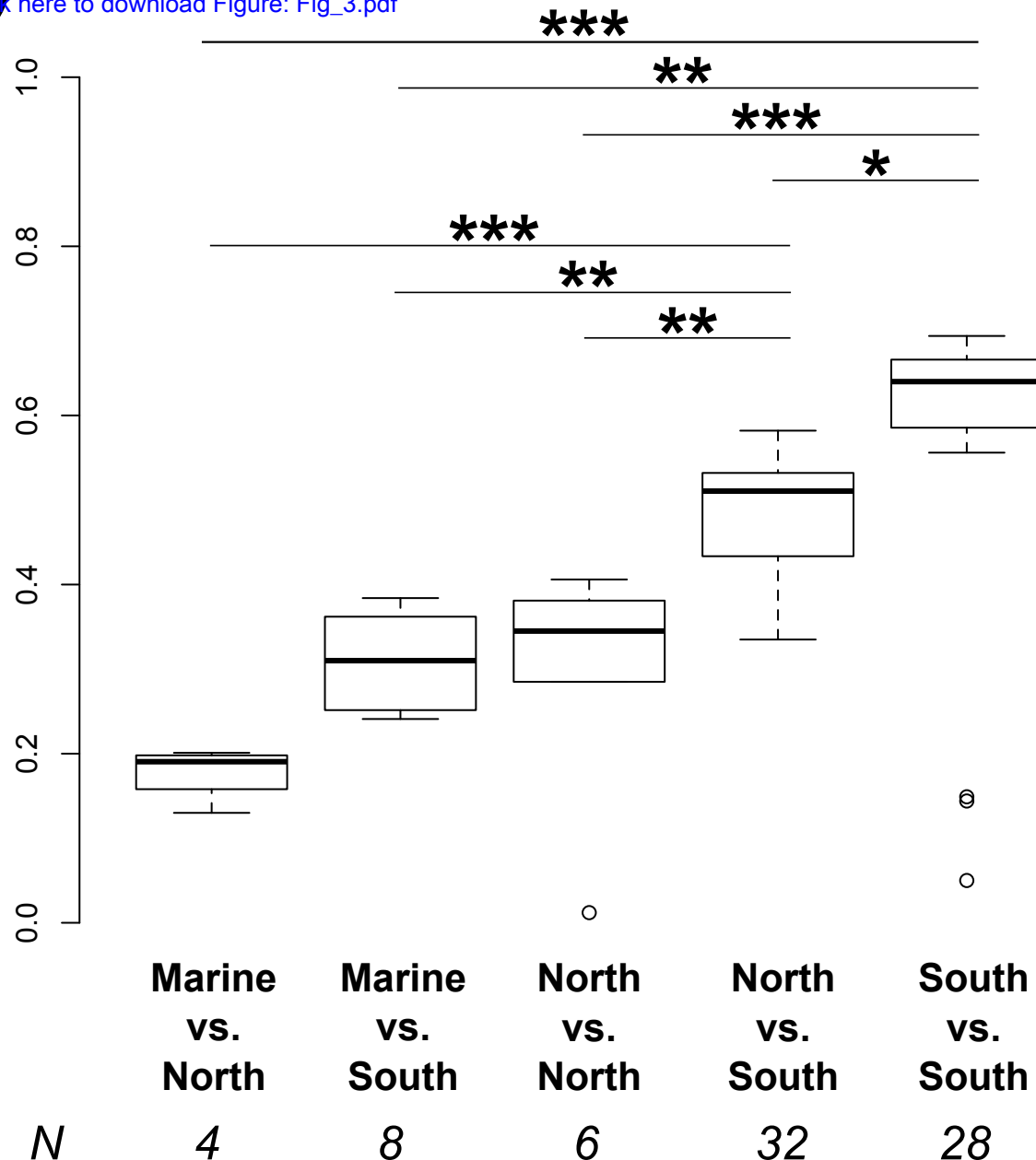


Figure 2
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a)



b)

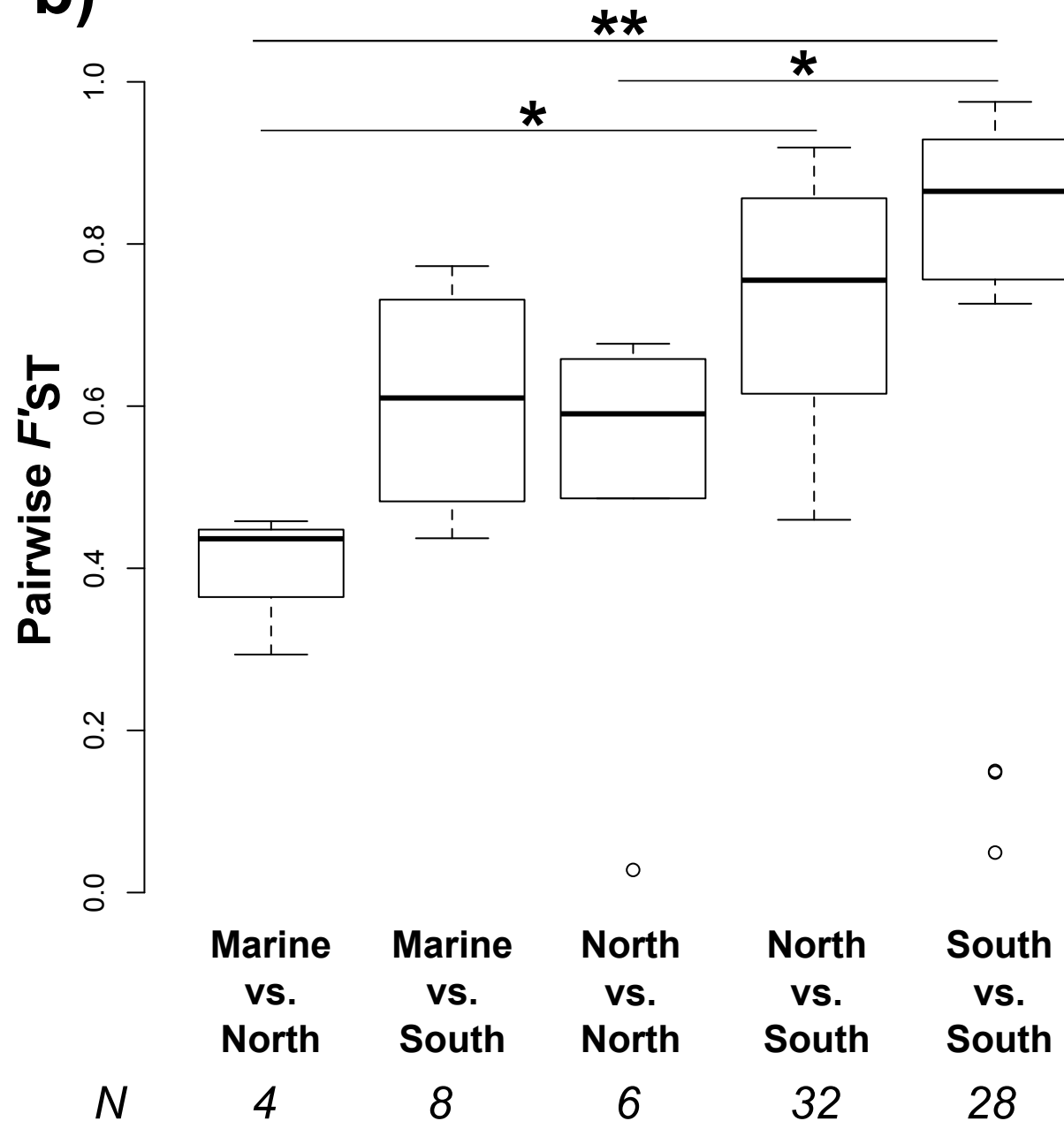


Figure 4
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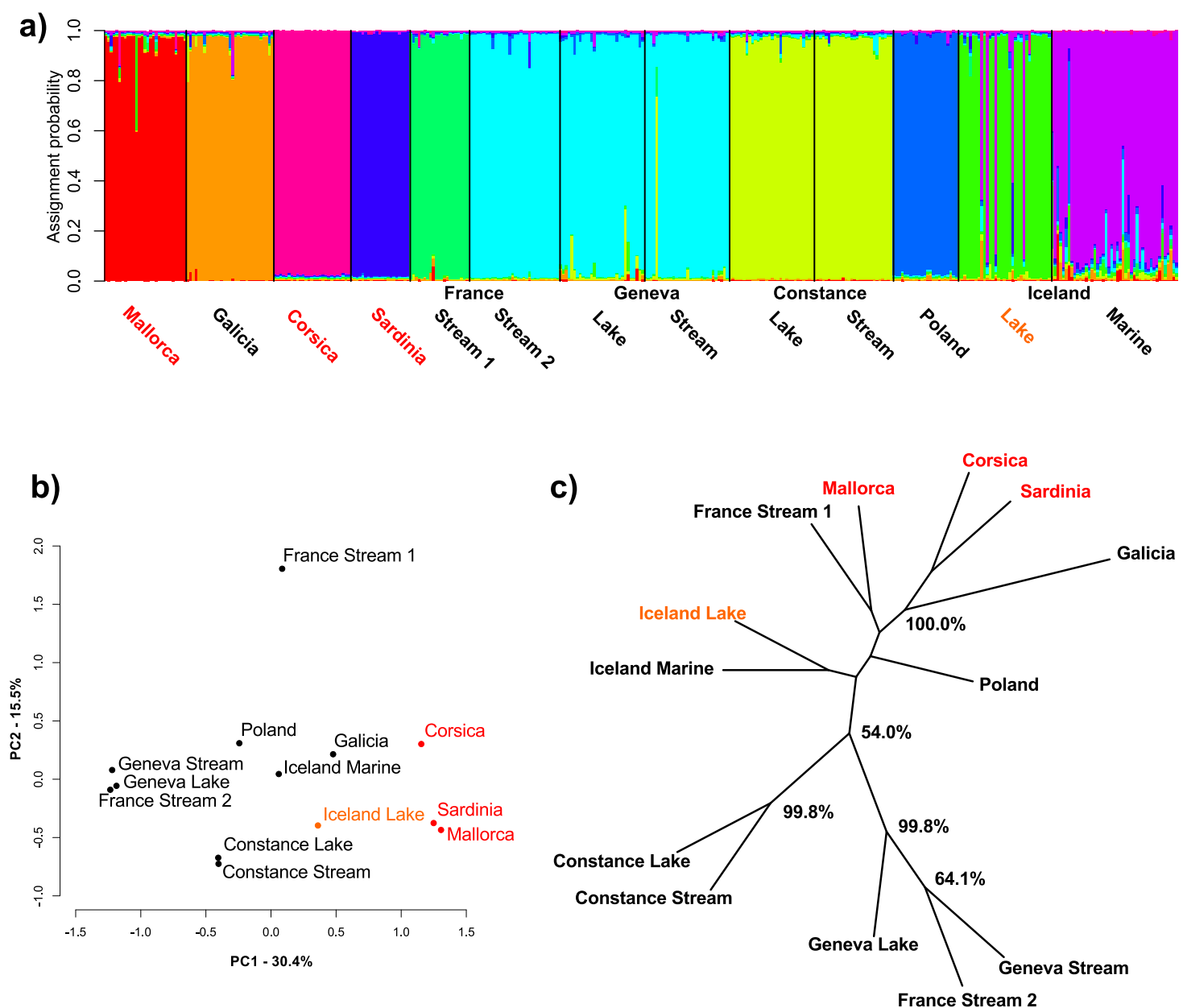
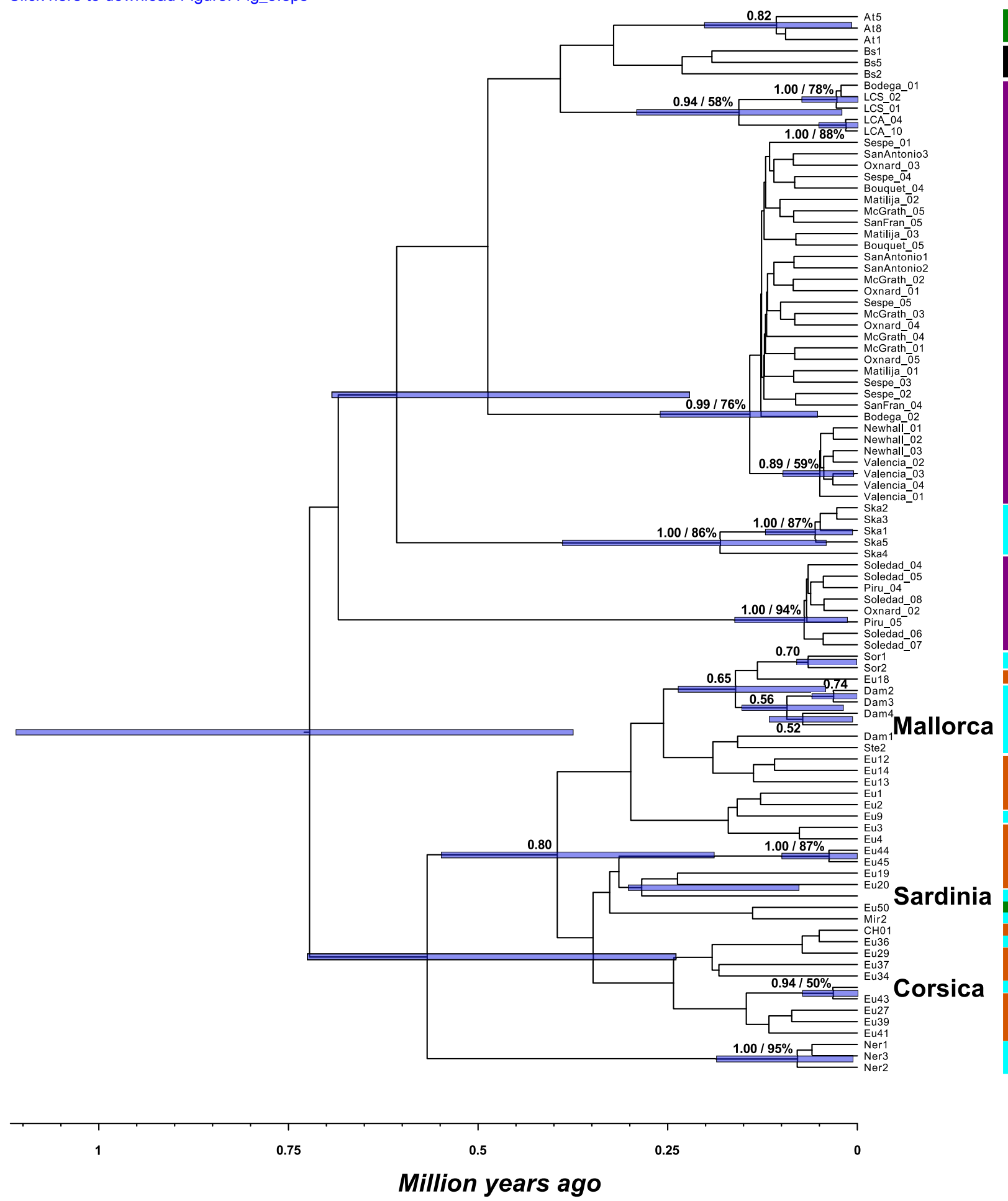


Figure 5

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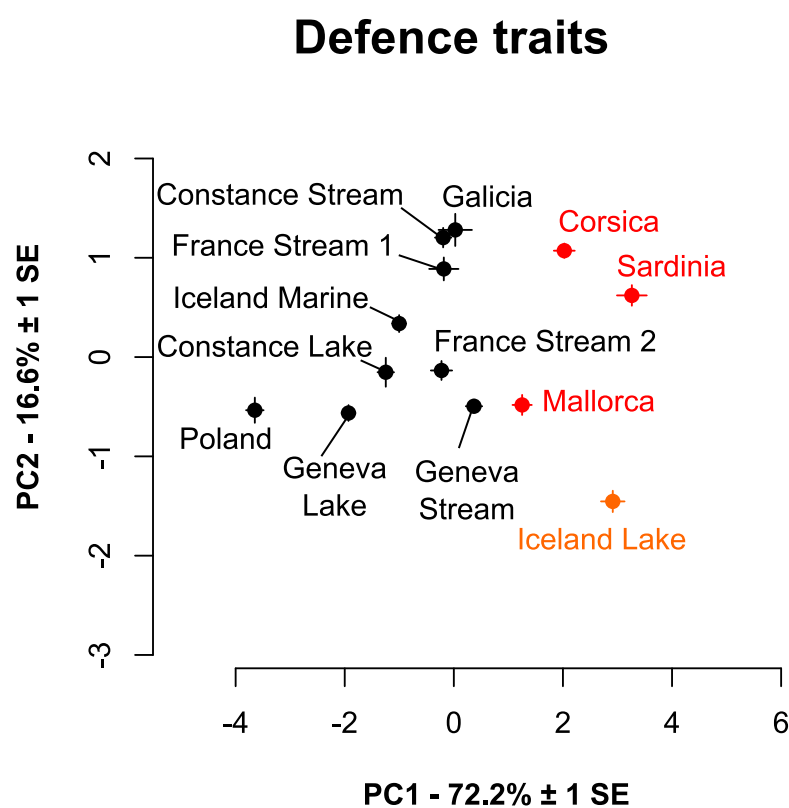
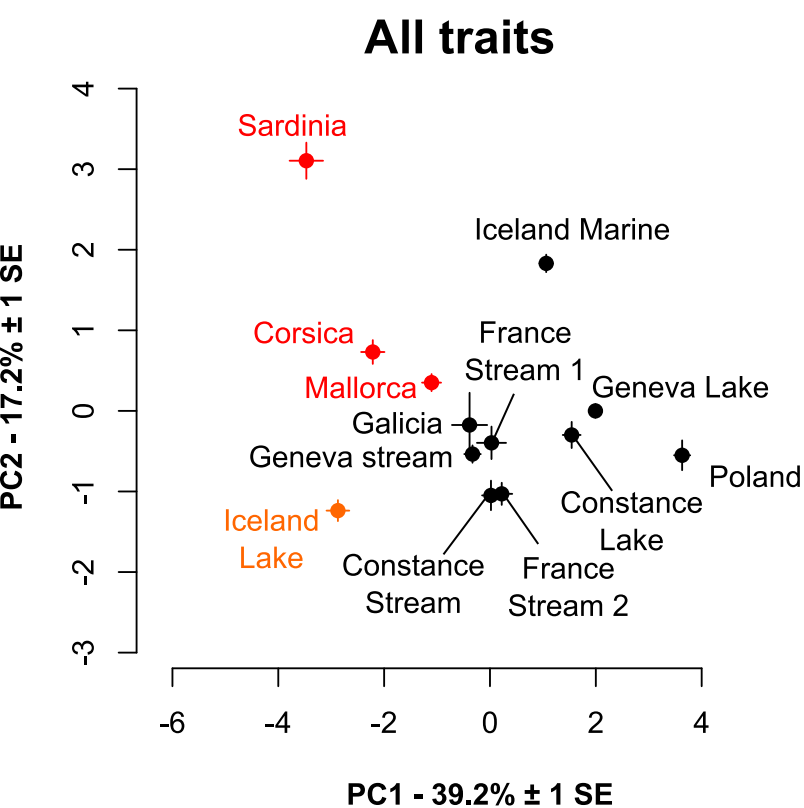
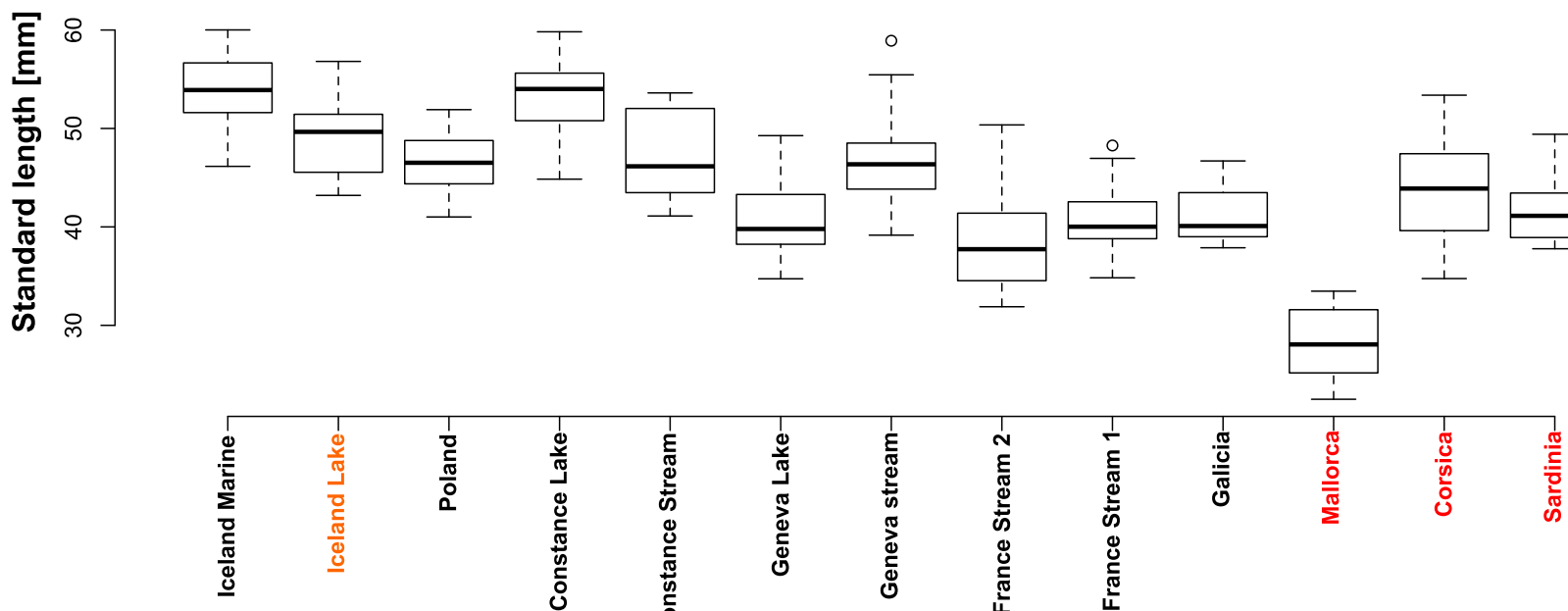
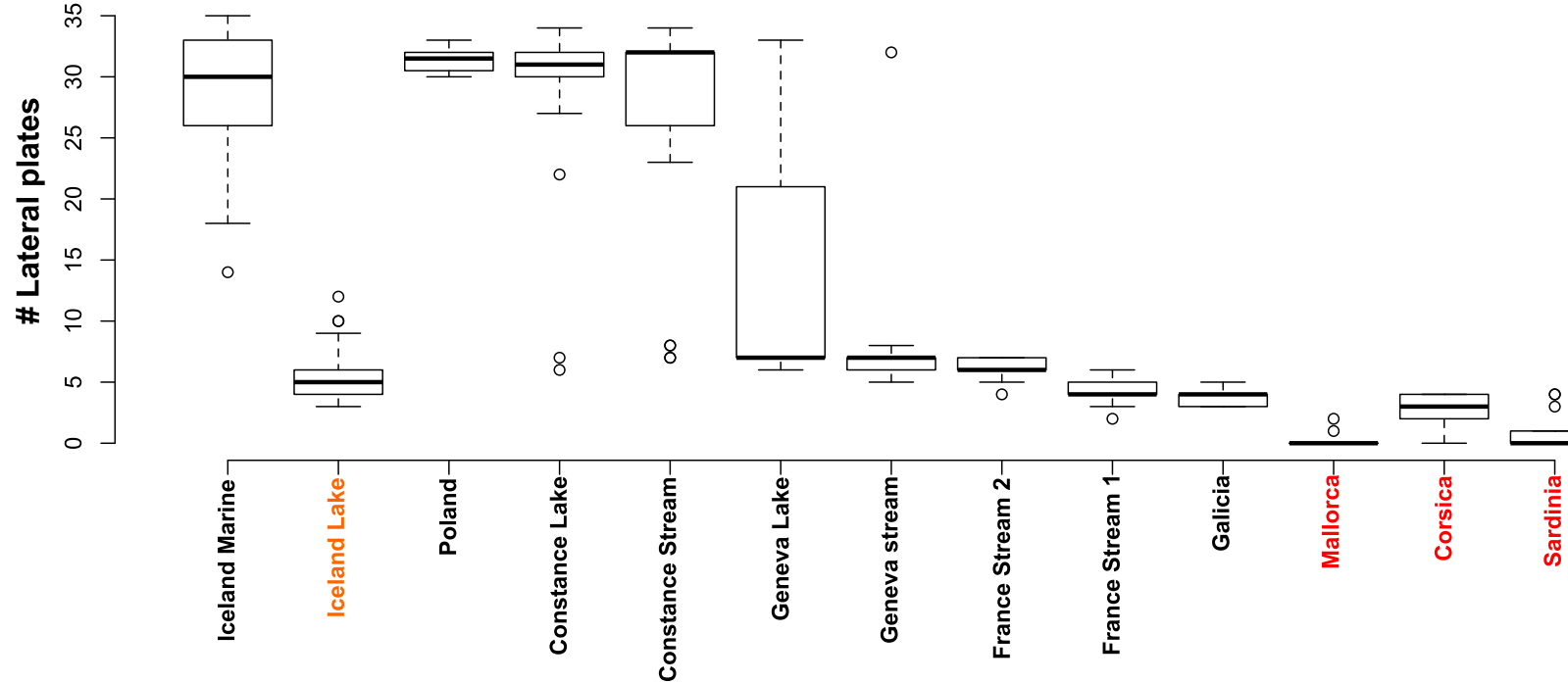


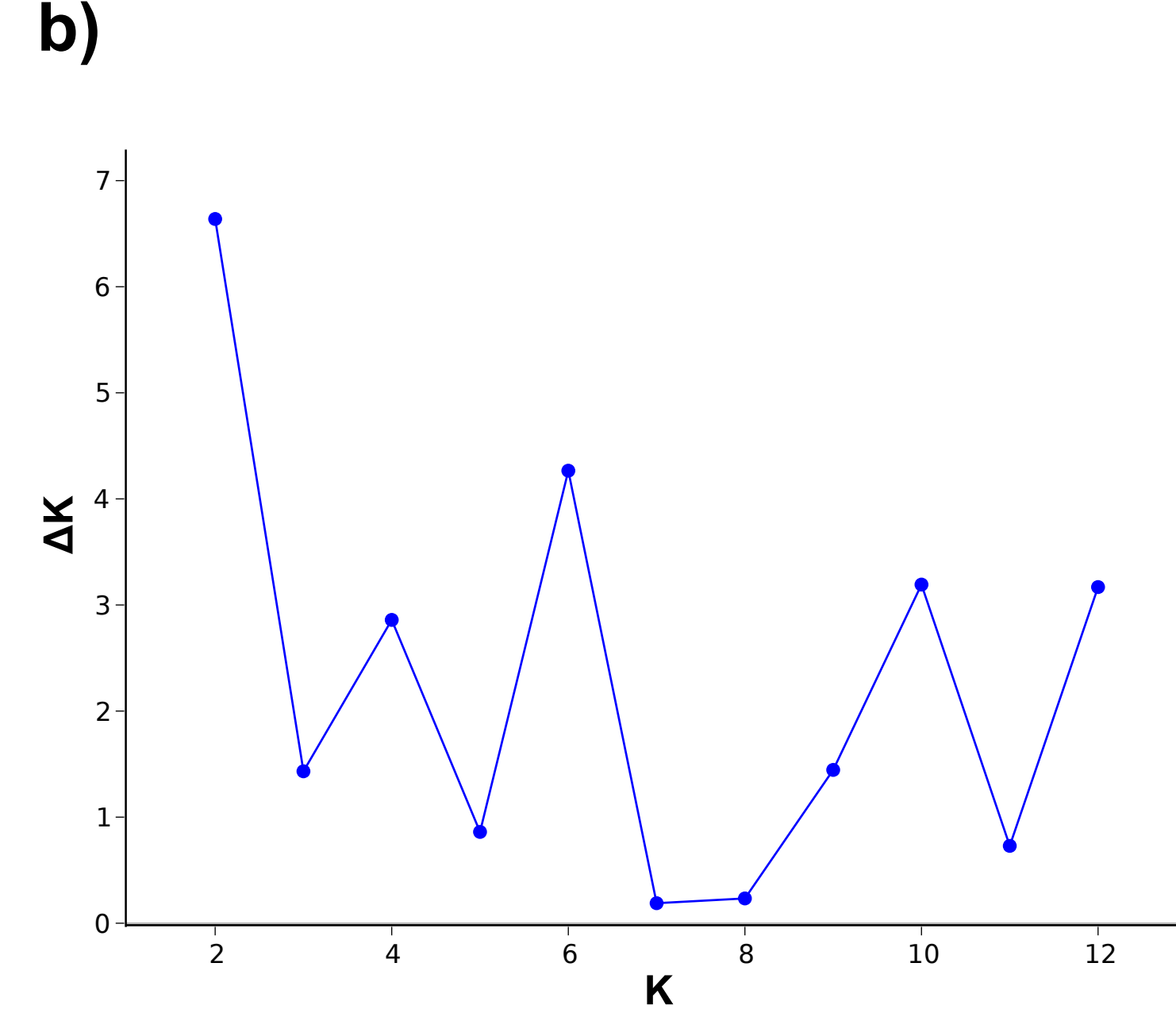
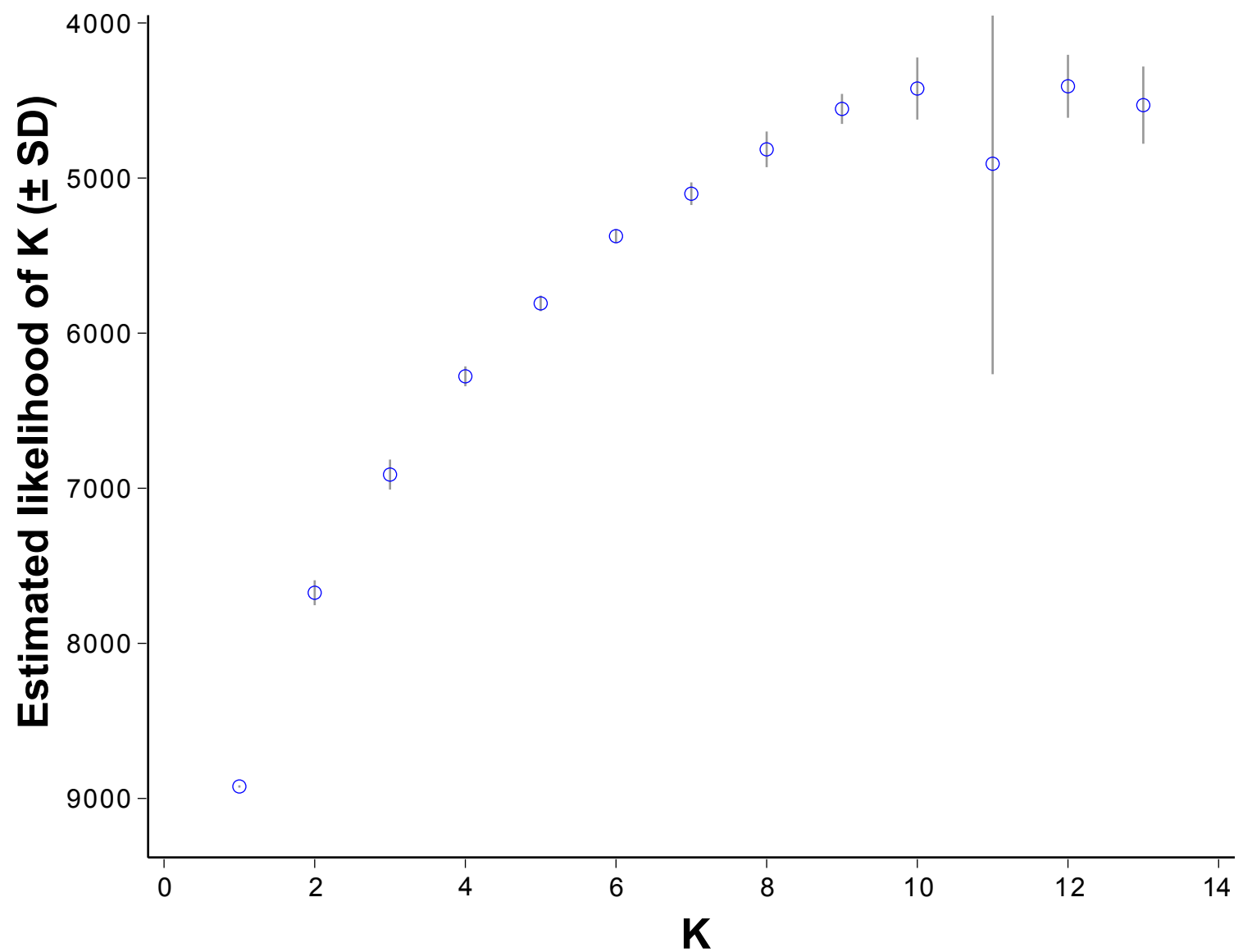
Figure 7
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a)



b)





Table

[Click here to download Table: Tables.docx](#)

Table 1

Summary of all populations used in this study with their coordinates and country of origin, their relative geographical origin within Europe and their connectivity as well as the habitat they were sampled in and the sample size for morphology, stomach content analysis and microsatellites respectively (see main text for details).

Population	Country	Geography	Connectivity	Habitat	Latitude (N)	Longitude		$N_{\text{Morphology}}$	N_{Stomachs}	$N_{\mu\text{sats}}$
Mallorca	Spain	South	Island	Stream	39°47'18.5"	3°04'39.1"	E	26	26	29
Galicia	Spain	South	Mainland	Stream	42°36'13.2"	7°43'16.1"	W	9	9	30
Corsica	France	South	Island	Stream	41°59'46.1"	9°22'41.5"	E	32	32	29
Sardinia	Italy	South	Island	Stream	39°26'06.2"	8°45'13.0"	E	-	-	21
Sardinia*	Italy	South	Island	Stream	39°16'9.32"	8°48'40.6"	E	14	-	-
France Stream 1	France	South	Mainland	Stream	43°54'33.6"	5°05'08.7"	E	20	20	21
France Stream 2	France	South	Mainland	Stream	45°58'03.6"	5°17'39.6"	E	32	-	26
Geneva Lake	Switzerland	South	Mainland	Lake	46°31'02.0"	6°34'40.7"	E	40	37	29
Geneva Stream	Switzerland	South	Mainland	Stream	46°12'47.7"	7°18'25.5"	E	51	33	30
Constance Lake	Switzerland	North	Mainland	Lake	47°29'08.4"	9°32'38.4"	E	30	25	27
Constance Stream	Switzerland	North	Mainland	Stream	47°19'36.8"	9°34'04.5"	E	30	32	23
Poland	Poland	North	Mainland	Stream	50°03'13.1"	19°14'46.4"	E	20	-	22
Iceland Lake	Iceland	North	Island	Lake	65°36'52.1"	17°03'30.1"	W	30	-	31
Iceland Marine	Iceland	North	Island	Marine	65°02'39.5"	22°27'28.6"	W	45	-	41

* Samples from the Natural History Museum Vienna (NHW-83118)

Table 2

Measures of genetic diversity: A_N – average number of observed alleles within a population, A_R – effective number of alleles (number of alleles weighted for their frequencies), H_O – observed heterozygosity, H_S – within population heterozygosity, G_{IS} inbreeding coefficient.

Population	A_N	A_R	H_O	H_S	G_{IS}
Mallorca	2.857	1.609	0.291	0.315	0.078
Galicia	2.714	1.669	0.261	0.282	0.076
Corsica	3.286	1.457	0.207	0.286	0.277
Sardinia	3.000	1.863	0.279	0.308	0.094
France Stream 1	2.571	1.557	0.291	0.286	-0.017
France Stream 2	2.571	1.504	0.211	0.270	0.219
Geneva Lake	2.857	1.683	0.324	0.327	0.011
Geneva Stream	3.000	1.851	0.290	0.314	0.075
Constance Lake	3.571	2.356	0.506	0.502	-0.009
Constance Stream	3.000	2.131	0.461	0.497	0.073
Poland	2.857	1.999	0.414	0.465	0.110
Iceland Lake	4.571	2.170	0.307	0.445	0.310
Iceland Marine	8.571	4.350	0.690	0.713	0.033

Table S1

Pairwise genetic relationship among populations based on F_{ST} (lower triangle) with their respective p value based on 10,000 bootstrap replicates (upper triangle).

	France Stream 1	Sardinia	Poland	Galicia	Mallorca	Geneva Stream	Geneva Lake	Constance Lake	Corsica	Constance Stream	Iceland Marine	Iceland Lake	France Stream 2
France Stream 1	-	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001
Sardinia	0.694	-	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001
Poland	0.487	0.520	-	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001
Galicia	0.654	0.587	0.401	-	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001
Mallorca	0.671	0.594	0.580	0.613	-	0.001	0.001	0.001	0.001	0.001	0.001	0.001	0.001
Geneva Stream	0.606	0.660	0.391	0.572	0.670	-	0.001	0.001	0.001	0.001	0.001	0.001	0.001
Geneva Lake	0.609	0.642	0.336	0.556	0.661	0.050	-	0.001	0.001	0.001	0.001	0.001	0.001
Constance Lake	0.552	0.529	0.285	0.503	0.527	0.384	0.335	-	0.001	0.098	0.001	0.001	0.001
Corsica	0.681	0.584	0.545	0.576	0.638	0.657	0.647	0.560	-	0.001	0.001	0.001	0.001
Constance Stream	0.560	0.526	0.313	0.521	0.531	0.383	0.344	0.012	0.568	-	0.001	0.001	0.001
Iceland Marine	0.349	0.334	0.130	0.241	0.375	0.262	0.241	0.186	0.384	0.195	-	0.001	0.001
Iceland Lake	0.582	0.520	0.406	0.462	0.492	0.483	0.459	0.381	0.533	0.377	0.201	-	0.001
France Stream 2	0.662	0.675	0.449	0.590	0.690	0.149	0.144	0.432	0.681	0.435	0.286	0.518	-

Table S2

Pairwise genetic relationship between populations based on Hedrick's F'_{ST} with their respective 95% confidence intervals based on 10,000 bootstrap replicates.

Pairwise relationship between		F'_{ST}	95%CI
France Stream 1	Constance Lake	0.887	0.865-0.908
France Stream 1	Constance Stream	0.893	0.869-0.917
France Stream 1	Corsica	0.917	0.876-0.949
France Stream 1	France Stream 2	0.881	0.853-0.903
France Stream 1	Galicia	0.859	0.818-0.893
France Stream 1	Geneva Lake	0.821	0.792-0.848
France Stream 1	Geneva Stream	0.801	0.766-0.832
France Stream 1	Iceland Lake	0.896	0.864-0.925
France Stream 1	Iceland Marine	0.694	0.654-0.734
France Stream 1	Mallorca	0.929	0.902-0.952
France Stream 1	Poland	0.698	0.651-0.747
France Stream 1	Sardinia	0.964	0.939-0.984
Sardinia	Constance Lake	0.873	0.849-0.898
Sardinia	Constance Stream	0.855	0.823-0.886
Sardinia	Corsica	0.760	0.721-0.799
Sardinia	France Stream 2	0.934	0.915-0.952
Sardinia	Galicia	0.760	0.737-0.784
Sardinia	Geneva Lake	0.916	0.894-0.936
Sardinia	Geneva Stream	0.938	0.918-0.957
Sardinia	Iceland Lake	0.792	0.745-0.832
Sardinia	Iceland Marine	0.700	0.648-0.748
Sardinia	Mallorca	0.806	0.781-0.832
Sardinia	Poland	0.802	0.762-0.842
Poland	Constance Lake	0.486	0.433-0.545
Poland	Constance Stream	0.546	0.493-0.605
Poland	Corsica	0.810	0.730-0.868
Poland	France Stream 2	0.621	0.583-0.660
Poland	Galicia	0.532	0.480-0.582
Poland	Geneva Lake	0.460	0.422-0.501
Poland	Geneva Stream	0.543	0.510-0.580
Poland	Iceland Lake	0.677	0.605-0.743
Poland	Iceland Marine	0.294	0.240-0.353
Poland	Mallorca	0.919	0.895-0.941
Galicia	Constance Lake	0.763	0.730-0.796
Galicia	Constance Stream	0.789	0.753-0.826
Galicia	Corsica	0.726	0.655-0.785
Galicia	France Stream 2	0.753	0.722-0.781
Galicia	Geneva Lake	0.727	0.695-0.757
Galicia	Geneva Stream	0.742	0.718-0.765
Galicia	Iceland Lake	0.644	0.586-0.699
Galicia	Iceland Marine	0.437	0.387-0.486

Galicia	Mallorca	0.816	0.787-0.844
Mallorca	Constance Lake	0.857	0.824-0.888
Mallorca	Constance Stream	0.856	0.823-0.886
Mallorca	Corsica	0.871	0.843-0.897
Mallorca	France Stream 2	0.975	0.963-0.986
Mallorca	Geneva Lake	0.964	0.947-0.978
Mallorca	Geneva Stream	0.968	0.952-0.981
Mallorca	Iceland Lake	0.730	0.677-0.777
Mallorca	Iceland Marine	0.773	0.729-0.813
Geneva Stream	Constance Lake	0.561	0.498-0.623
Geneva Stream	Constance Stream	0.544	0.469-0.618
Geneva Stream	Corsica	0.910	0.826-0.959
Geneva Stream	France Stream 2	0.148	0.089-0.213
Geneva Stream	Geneva Lake	0.049	0.016-0.090
Geneva Stream	Iceland Lake	0.706	0.639-0.768
Geneva Stream	Iceland Marine	0.499	0.447-0.551
Geneva Lake	Constance Lake	0.479	0.411-0.545
Geneva Lake	Constance Stream	0.484	0.413-0.556
Geneva Lake	Corsica	0.903	0.819-0.953
Geneva Lake	France Stream 2	0.150	0.090-0.219
Geneva Lake	Iceland Lake	0.674	0.599-0.743
Geneva Lake	Iceland Marine	0.466	0.415-0.518
Constance Lake	Constance Stream	0.028	-0.011-0.081
Constance Lake	Corsica	0.895	0.829-0.941
Constance Lake	France Stream 2	0.621	0.560-0.682
Constance Lake	Iceland Lake	0.658	0.598-0.716
Constance Lake	Iceland Marine	0.435	0.385-0.489
Corsica	Constance Stream	0.904	0.837-0.947
Corsica	France Stream 2	0.929	0.854-0.972
Corsica	Iceland Lake	0.786	0.717-0.839
Corsica	Iceland Marine	0.763	0.673-0.829
Constance Stream	France Stream 2	0.610	0.540-0.678
Constance Stream	Iceland Lake	0.635	0.576-0.692
Constance Stream	Iceland Marine	0.458	0.409-0.513
Iceland Marine	France Stream 2	0.526	0.471-0.578
Iceland Marine	Iceland Lake	0.437	0.362-0.515
Iceland Lake	France Stream 2	0.747	0.683-0.806

Table S3

Trait loadings based on principal component (CV) analyses that were conducted using either all available linear measurements or on defense related traits only.

Trait	Overall PCA		Defence traits	
	PC1	PC2	PC1	PC2
% Variance explained	39.2	17.2	72.2	16.6
Head length	0.069	-0.097		
Eye diameter	0.010	-0.077		
Body depth at first dorsal spine	-0.090	0.315		
Body depth at second dorsal spine	-0.141	0.401		
Caudal peduncle length	0.091	0.302		
First dorsal spine length	0.337	0.080	-0.341	-0.417
Second dorsal spine length	0.328	0.109	-0.333	-0.385
Pelvic spine length	0.520	0.063	-0.531	-0.418
Pelvic girdle width	-0.109	0.279	0.103	-0.003
Pelvic girdle length	0.646	-0.074	-0.693	0.710
Total length of pelvic fin	0.098	-0.368		
Basal length of anal fin	-0.055	-0.474		
Basal length of dorsal fin	-0.150	-0.405		
Snout length	0.035	-0.053		
Upper jaw length	0.025	-0.026		