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# 7 ABSTRACT

8 A thiolated pH-responsive DNA conjugated gold nanorod (GNR) was developed as a multifunctional 9 nanocarrier for targeted, pH-and near infrared (NIR) radiation dual-stimuli triggered drug delivery. It was further passivated by a thiolated poly(ethylene glycol)-biotin to improve its cancer targeting ability by specific 10 binding to cancer cell over-expressed biotin receptors. Doxorubicin (DOX), a widely used clinical anticancer 11 drug, was conveniently loaded into nanocarrier by intercalating inside the double-stranded pH-responsive 12 DNAs on the GNR surface to complete the construction of the multifunctional nanomedicine. The 13 14 nanomedicine can rapidly and effectively release its DOX payload triggered by an acidic pH environment (pH 15 ~5) and/or applying an 808 nm NIR laser radiation. Compared to free DOX, the biotin-modified nanomedicine 16 displayed greatly increased cell uptake and significantly reduced drug efflux by model multidrug resistant 17 (MDR) breast cancer cellines (MCF-7/ADR). The application of NIR radiation further increased the DOX release and facilitated its nuclear accumulation. As a result, this new DNA-GNR based multifunctional 18 nanomedicine exerted greatly increased potency (~67 fold) against the MDR cancer cells over free DOX. 19

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Keywords: I-motif DNA, Gold nanorod, Dual-responsive drug delivery, Near infrared radiation, Multidrug
 resistance, Cancer

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# 24 **1. Introduction**

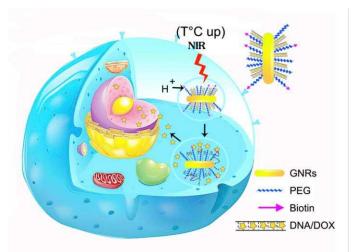
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Breast cancer is the most common cancer in women, with more than 1.38 million new cases diagnosed 26 27 resulting in approximately 458,400 deaths every year [1]. Although current treatments such as surgical intervention, radio therapy, and chemotherapy can provide significant benefits, they also cause collateral and 28 29 adverse side-effects to patients [2]. These are mostly caused by the inherent invasive nature of surgical treatment and/or lacking of specific targeting ability of small-molecule based therapeutic treatments, leading to 30 31 cytotoxic drugs randomly distributed inside the body, causing side-effects and toxicity to patients. This limits the dose regime, allowing tumor to gain resistance, and more severely, multidrug resistance (MDR) [3,4]. 32 33 MDR is a leading cause of cancer chemotherapy failure [5,6], mainly caused by cancer cell surface overexpressed efflux transporters which can effectively efflux out therapeutic drugs, preventing drug accumulation 34 35 and compromising therapeutic efficacy [7-12]. These problems can potentially be overcomed by nanoscale drugs (nanomedicines) which have completely different cell uptake mechanisms and intracellular pathways 36 from free drugs: endocytosis versus non-specific diffusion. Nanomedicine can deliver the therapeutic drugs 37 38 deeply into the target cell interiors, making cell surface efflux transporters much less effective, and hence bypassing a major MDR mechanism [13-16]. Moreover, it can also exploit the unique pathological characteristics of cancer tumors, such as the enhanced permeation and retention (EPR) effect and overexpressed specific receptors to achieve passive [17,18] and active [19-22] targeted drug delivery and therapy, thereby increasing therapeutic efficacy and reducing side-effects. A number of different targeting ligands, such as antibodies [23-25], aptamers [26,27], folate [28] and RGD peptides [29,30] which can recognize specific cancer cell surface over-expressed receptors have been employed for successful cancer targeting.

45 Over the past 10 years, functional inorganic nanomaterials have been demonstrated as powerful probes in 46 broad biodiagnostic and therapeutic applications. In this regard, gold nanorods (GNRs) have shown great 47 promises in cancer imaging, drug/gene delivery and photothermal therapy, due to excellent biocompatibility, 48 low-/non-cytotoxicity, and unique size- and shaped- dependent physical/chemical properties [31]. Particularly, 49 GNRs display two distinct absorption bands, a weaker band at shorter wavelengths and a stronger band at longer wavelengths, corresponding to transverse and longitudinal surface plasmon resonance (LSPR) 50 absorption bands, respectively. Moreover, the LSPR band absorption can be tuned to cover from visible to 51 52 near-infrared (NIR) and to even infrared regions of spectrum by changing aspect ratio [32,33]. As a result, the 53 strong GNR LSPR absorption band can be tuned to overlap with the NIR transmission window of biological 54 tissues, where NIR radiations which have deep tissue penetration can be effectively absorbed by GNRs and 55 converted into localized heat for effective photothermal therapy [34-40].

56 An effective anticancer nanomedicine should not only display high cell uptake, but also be able to exploit 57 specific environmental stimuli to achieve effective release of drug payload at target sites. In this regard, pH is 58 an attractive environmental stimulus for cancer targeting because the tumor center (ca. pH 6.5-6.8) as well as the intracellular endosomes/lysosomes (ca. pH 4.3-6.8) are known to be more acidic than healthy tissues 59 [41,42]. We have previously shown that a single-stranded DNA containing 4-stratches of cytosine rich 60 61 sequences can be reversibly switched between a C-quadruplex (also known as i-motif) [43-45] and single-62 stranded (or double-stranded upon hybridization to a complementary strand) structure by cycling the 63 environmental pH between 5 and 7.4 [46,47]. The critical pH for i-motif structure formation is ~pH 6.4, making it well-suited for cancer targeting via the acidic local environment [48-53]. By conjugating multiple i-motif DNA 64 strands onto a gold nanoparticle (GNP) via gold-thiol self-assembly, we have successfully developed an i-65 66 motif DNA-GNP based drug nanocarrier that can exploit the intracellular endo-/lyso-somal acidic environment 67 to achieve efficient, pH-triggered release of intercalated doxorubicin (DOX) inside cancer cells, leading to high 68 cytotoxicity [54]. Moreover, we have further improved the stability and resistance of the DNA-GNP conjugate against nuclease degradation via a new PEGylation strategy [55]. The PEGylated DNA-GNP still retained 69 70 attractive properties such as high cell uptake, low/non-toxicity, high stability in biological buffers and excellent resistance to nuclease degradation, making it an attractive universal nanocarrier for intracellular delivery of 71 72 DNA binding agents. However, just as other DNA-GNP system, the universally high cell uptake property made 73 it challenging to be able to target specific cancer cells.

Herein, we report the development of a targeted, dual-stimuli-responsive nanomedicine built upon a biotin-PEG passivated i-motif DNA-GNR conjugate, Biotin-PEG-GNR-DNA/DOX (BPGDD) (Fig. 1). The clinical anticancer drug, doxorubicin (DOX), is stably intercalated within a double-stranded i-motif DNA structure 77 (abbreviated as dsM1/MC2, where M1 is the thiolated i-motif strand and MC2 is the complementary strand 78 with 2 purposely introduced mismatches to tune the duplex stability) under normal physiological pH [54,55]. Upon exposure to weak acidic environment, the M1 strand forms a stable i-motif structure, dehybridizing the 79 MC2 strand and triggering the release of intercalated DOX. Moreover, unlike previous DNA-GNP designs 80 81 where GNP mostly acts as a stable nanoscale scaffold, the GNR here also efficiently absorbs and converts 82 NIR-radiation into localized photothermal heating to facilitate NIR-light triggered drug release, presumably via heat induced dsM1/MC1 dehybridization. The nanocarrier was further passivated by a thiolated poly(ethylene 83 glycol) biotin (PEG-biotin) to increase stability, prolong blood half-life and reduce toxicity and immunogenicity. 84 85 The incorporation of biotin also allows the carrier to bind specifically to cancer cell over-expressed biotin 86 receptors for specific cancer cell targeting. BPGDD complexes are characterized and their pH- and NIR 87 radiation dependent DOX release properties are evaluated. Their cell uptake and efflux properties as well as cytotoxicities are evaluated using both drug-sensitive and MDR human breast adenocarcinoma cell lines 88 (MCF-7 and MCF-7/ADR). We show this GNR based multifunctional BPGDD nanomedicine can provide 89 90 effective, targeted treatment of MDR MCF-7/ADR cancer cells.



#### 92

91

**Fig. 1.** BPGDD is effectively taken up by cancer cell via binding to its over-expressed biotin receptors and entry into intracellular endosomes. The gradual acidification of the intracellular compartments following the natural endosomal maturation/trafficking pathways lead to i-motif formation and trigger DOX release. Alternatively, DOX release can also be triggered by application of a NIR radiation to locally heats up the GNR carrier.

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#### 99 2. Materials and methods

- 100
- 101 2.1. Materials
- 102

103 Mercaptoethylamine, dimethyl sulfoxide (DMSO), cetyltrimethylammonium bromide (CTAB), 7-Bromo-3-104 hydroxy-2-naphthoic acid (7-BrHNA), sodium borohydride (NaBH4), silver nitrate (AgNO3), L-ascorbic acid (L- 105 AA), 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), bisBenzimide H 33342 trihydrochloride (Hochest 33342) and trypan blue were purchased from Sigma Co., Ltd. (USA). mPEG (Mw = 106 ~2000 Da), 3-mercaptopropionic acid (MPA), 1-ethyl-3-(3-dimethylaminopropyl)-carbodiimide hydrochloride 107 108 (EDC·HCI), 1-hydroxy benzotriazole (HOBT), 4-dimethylamino pyridine (DMAP), 2-(N-Morpholino) 109 ethanesulfonic acid (MES), Tris (2-carboxyethyl) phosphine hydrochloride (TCEP·HCI), 1-dodecanethiol 110 (DDT) and 11-mercaptoundecanoic acid (MUDA) were purchased from Aladdin Industrial Co., Ltd. (China). LysoTracker Green was purchased from Invitrogen Molecular Probes (USA). Chloroauric acid (HAuCl<sub>4</sub>·3H<sub>2</sub>O), 111 112 hydrochloric acid, nitric acid and toluene were purchased from Sinopharm Chemical Reagent Co., Ltd. 113 (China). Methanol, acetone, isopropyl alcohol and sodium chloride were purchased from Shanghai Ling Feng 114 Chemical Reagent Co., Ltd. (China). Biotin-PEG-NHS (Mw = ~2000 Da) was purchased from Jenkem 115 Technology Co., Ltd. (China). M1, MC2 (see Table 1 for sequences) were purchased from SBS Genetech Co., Ltd. (China). Doxorubicin (DOX) was purchased from Beijing Huafeng Lianbo Technology Co., Ltd. 116

117 The human breast cancer cell lines (MCF-7 and MCF-7/ADR) were obtained from School of Pharmacy, 118 Shanghai Jiao Tong University. The Roswell Park Memorial Institute 1640 (RPMI-1640), penicillin– 119 streptomycin, fetal bovine serum (FBS), 0.25%(w/v) trypsin–0.03% (w/v) EDTA solution and phosphate buffer 120 solution (PBS) were purchased from Gibco BRL (USA). Water was purified by distillation, deionization, and 121 reverse osmosis (Milli-Q plus). All chemicals were analytical grade and were used as received without further 122 purification.

123

#### 124 2.2. Synthesis of GNRs

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126 GNRs with a peak absorption wavelength of 808 nm were synthesized using a seed-mediated growth 127 method [56,57]. Briefly, a seed solution for GNRs was prepared by mixing 5 mL of 0.5 mM HAuCl<sub>4</sub> with 5 mL 128 of 0.2 M CTAB solution, and 0.6 mL of 0.01 mM NaBH<sub>4</sub> (fresh ice-cold) was added. After 2 min of stirring 129 (1200 rpm), the seed solution was aged at 30°C for 2 h before use. The growth solution was prepared by dissolving 1.0800 g of CTAB and 0.0612 g of 7-BrNHA [58] in 30 mL of warm water (30 ℃) in a 100-mL flask. 130 Afterwards, 0.96 mL of 4 mM AgNO<sub>3</sub> solution was added and kept standing for 15 min, followed by the 131 132 addition of 30 mL of 1 mM HAuCl<sub>4</sub> solution and 100 µL HCl under slow stirring (400 rpm) for 15 min. 133 Subsequently, 300 µL of freshly prepared L-ascorbic acid (0.064 M) was added to the growth solution. After a 134 vigorous stirring for 60 s, the seed solution was injected into the growth solution. The resulting mixture was stirred for 30 s and left standing overnight for GNRs growth. The reaction products were isolated by 135 centrifugation at 10000 rpm for 20 min followed by removal of the supernatant. The precipitates were re-136 dispersed in 1 mL of water. 137

138

## 139 2.3. Synthesis of 11-mercaptoundecanoic acid (MUDA) capped GNRs

140

141 The CTAB surfactants on the GNR surface were replaced through the round-trip phase transfer ligand 142 exchange reported by Wijaya et al [59]. Specifically, 1 mL of 20-50 nM GNRs-CTAB in water was put into 143 contact with 1 mL of dodecanethiol (DDT). Then 3 mL of acetone was added and the solution was swirled for 144 a few seconds to extract GNRs into DDT, upon which the aqueous phase became clear. Next, GNR-DDT were diluted in 5 mL of toluene to remove excess DDT, centrifuged at 8000 rpm for 15 min, and then re-145 146 suspended in 1 mL of toluene by sonication. The GNR-DDT in toluene were then added to 9 mL of 0.01 M 147 mercaptoundecanoic acid (MUDA) in toluene at 70 °C and vigorously stirred. Refluxing and stirring continued 148 until visible aggregation was observed (in 15 min), and then the solution was allowed to settle and cool to 149 room temperature. The aggregates were washed twice with 1 mL of toluene via decantation and then once 150 with 1 mL of isopropanol to deprotonate the carboxylic acid. The aggregates spontaneously re-dispersed in 1x 151 tris-borate-EDTA (TBE) buffer.

#### 153 2.4. Synthesis of HS-PEG

#### 154

152

155 To synthesize HS-PEG (Fig. 3A.), 3-mercaptopropionic acid (MPA) was first activated with EDC to enhance 156 the conjugation efficiency, through reaction with EDC, HOBT and DMAP at the molar ratio MPA: EDC: HOBT: 157 DMAP of 1: 2: 2: 0.2 in 5 mL of DMSO under a N<sub>2</sub> atmosphere for 4 h at room temperature. The activated 158 MPA was then added to 2 mL of 1 mM mPEG2000 in DMSO and the mixture was stirred under N<sub>2</sub> atmosphere for 48 h. Then, the products were dialyzed for 2 days using a dialysis tube (molecular weight cut-off = 1000 159 160 Da) to remove unreacted materials. The resulting HS-PEG was obtained after freeze drying and its chemical 161 structure was confirmed by the <sup>1</sup>H-NMR spectra recorded on a Varian Mercury Plus-400 NMR spectrometer 162 (Varian, USA).

163

## 164 2.5. Synthesis of HS-PEG-Biotin

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The synthesis route of HS-PEG-Biotin was shown in Fig. 3A. Briefly, 200 mg Biotin-PEG2000-NHS and 129.6 mg mercaptoethylamine (at the molar ratio of 1:20) were dissolved in 2 mL of DMSO and stirred under N<sub>2</sub> atmosphere at room temperature. After 48 h, products were dialyzed for 2 days using a dialysis tube (molecular weight cut-off = 1000 Da) to remove unreacted materials. The resulting HS-PEG-Biotin was obtained after freeze drying and its chemical structure was confirmed by <sup>1</sup>H-NMR.

171

#### 172 2.6. Preparation of HS-DNA/DOX

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To synthesize HS-DNA/DOX, M1 was mixed with MC2 at the molar ratio of 1:1 in 500 µL of MES buffer (50 mM MES, 150 mM NaCl, pH 7.4) and hybridized for 4 h at 37 °C to form dsDNA, which were then titrated into DOX in MES buffer [53]. Different molar ratios of DNA base pair to DOX were used to determine the optimized DOX loading condition. The change of DOX fluorescence intensity was monitored using a F-7000 fluorescence spectrophotometer (Hitachi, Japan) to evaluate DOX-dsDNA binding.

179

180 2.7. Synthesis of Biotin-PEG-GNR-DNA/DOX (BPGDD) nanocarrier

GNR-MUDA and HS-PEG were mixed at the molar ratio of 1:50,000 and stirred for 48 h under N2 182 atmosphere. The resulting GNR-PEG was centrifuged at 10,000 rpm for 20 min and then washed twice with 183 184 water to remove any residual reactants. The GNR-PEG precipitates were re-dispersed in 1 mL of water. Then, 185 HS-DNA/DOX and HS-PEG-Biotin (at a molar ratio of 10:1) were dissolved in 4 mL of water, followed by 186 addition of 1 mL of GNR-PEG and stirring for 48 h under a N<sub>2</sub> atmosphere. The resulting Biotin-PEG-GNR-DNA was purified by centrifugation, washed and re-dispersed in 1 mL of water. Finally, Biotin-PEG-GNR-DNA 187 and DOX were incubated for 4 h at the molar ratio of 1:40,000. The resulting Biotin-PEG-GNR-DNA/DOX 188 189 (BPGDD) nanocarrier was obtained after centrifugation and re-dispersed in 1 mL of water.

Absorbance of the GNRs was measured using a U-2910 UV–Vis–NIR spectrophotometer (Hitachi, Japan).
 Zeta potential was measured using a Zetasizer NanoZS/ZEN3600 (Malvern Instruments, Herrenberg,
 Germany). Morphology and size were measured using a JEOL JEM-2100F transmission electron microscope
 (TEM) (Japan).

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195 2.8. Dual-stimuli triggered DOX release

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197 2.8.1.pH-responsive DOX release

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200 µL of BPGDD complexes was diluted with a PBS buffer at specific pH ranging from 5.0 to 7.4 to a final
 DOX concentration at 2 µM in a 96-well plate. At various time intervals, the concentrations of DOX released
 from BPGDD complexes were measured using a F-7000 fluorescence spectrophotometer (Hitachi, Japan).

202

203 2.8.2. NIR-triggered DOX release

204

205 200 μL of BPGDD complexes in PBS buffer (pH 5.0) was added to each well of a 96-well plate and 206 irradiated with the NIR laser light (LE-LS-808-2000 T-FCA, LEO Photonics, China) at 808 nm with a 5 mm 207 diameter spot-size at a power density of 1.0, 2.5, 5, 7.5, 10 w/cm<sup>2</sup> for different periods of time (up to 30 min). 208 The solution temperatures were detected with a HH508 digital thermometer (Omega, Switzerland), and 209 concentrations of DOX released were detected with a fluorescence spectrophotometer as mentioned above.

- 210
- 211 2.9. Cell culture
- 212

The human breast adenocarcinoma cell line MCF-7 and the ADR-resistant breast cell line MCF-7/ADR were cultured in RPMI-1640 medium supplemented with 10% fetal bovine serum (FBS) and 1% penicillin/streptomycin. The cells were trypsinized using trypsin-EDTA and maintained in a humidified atmosphere supplemented with 5% CO<sub>2</sub> at 37 °C.

217

218 2.10. Cellular uptake

181

MCF-7 and MCF-7/ADR cells were seeded into 24-well plates at a density of 1.5x10<sup>5</sup> cells per well and cultured for 24 h at 37 °C. The cells were then treated with free DOX, GNR-DNA/DOX (GDD) and BPGDD at 0.25 µM DOX concentration for various durations of time. Untreated cells served as a negative control. Then cells were washed three times with cold PBS and fixed with 4% paraformaldehyde solution. The cellular uptake was quantitatively determined by a BD LSRFortessa flow cytometry (Becton Dickinson, USA). The mean fluorescence signal for 10,000 cells was recorded and all experiments were repeated three times.

226

## 227 2.11. Efflux studies

#### 228

MCF-7/ADR cells were seeded into 24-well plates and cultured for 24 h. The spent medium was removed and the cells were incubated with free DOX, GDD and BPGDD at 2 µM DOX concentration. After for 4h, the cells were washed twice by PBS and then replenished with a fresh complete medium. After incubation for a specific duration of time ranging from 0.5 to 8 h, the cells were washed three times with cold PBS and fixed with 4% paraformaldehyde solution. The cellular efflux was quantitatively determined by flow cytometry.

234

#### 235 2.12 Cellular accumulation under NIR irradiation

236

The photothermal effect was evaluated by following previously established procedures. MCF-7/ADR cells were incubated with BPGDD at 2  $\mu$ M DOX concentration for 4 h, washed three times with cold PBS, and then replenished with a fresh complete medium. Half of cells were irradiated at 808 nm with a 5 mm diameter spotsize at 5 W/cm<sup>2</sup> for 10 or 30 min and the other half did not undergo laser irradiation. After incubation for an additional 1 or 4 h, the spent medium was removed and cellular apoptosis was quantitated by flow cytometry.

242

#### 243 2.13. Co-localization visualized by confocal laser scanning microscope (CLSM)

244

To observe the intracellular distribution of the nanocarrier, MCF-7/ADR cells were seeded into 12-well glass-245 246 bottom plates at a density of 1 x 10<sup>5</sup> cells/well and cultured for 24 h. The cells were then treated with free 247 DOX, GDD and BPGDD at 2 µM DOX concentration. After 2 or 4 h of incubation, the spent medium was 248 aspirated and cells were washed twice with PBS and replenished with a fresh complete medium. Half of cells 249 treated with BPGDDX complexes were irradiated at 808 nm with a 5 mm diameter spot-size at 5 W/cm<sup>2</sup> for 30 min. Afterwards, cells were treated with Hoechst 33342 (6 µg/mL) for 20 min, washed with PBS twice, and 250 fixed with 500 µL of 4% paraformaldehyde for 30 min. The fixed cells were sealed with slides and observed 251 252 using a confocal laser scanning microscope (TCS SP5, Leica, Germany).

253

254 2.14. Evaluation of cytotoxicity

255

256 Cytotoxicity of nanocarriers toward cells was assessed using the MTT assay. Firstly, MCF-7 and MCF-

257 7/ADR cells were seeded into 96-well plates at a density of  $4\times10^3$  and incubated for 24 h. The cells were then 258 treated with free DOX, GDD and BPGDD at different DOX concentrations. After 48 h of incubation, 200 µL of 259 0.5 mg/mL MTT in RPMI-1640 was added to each well. After 4 h of incubation, the spent MTT solution was 260 discarded and 200 µl of DMSO was added to dissolve the formazan crystals. The absorbance at 570 nm with 261 a reference wavelength of 630 nm was recorded using a microplate reader (Bio-Rad 680, USA). The inhibition 262 rate of cells = (A570<sub>control</sub>-A570<sub>sample</sub>) / A570<sub>control</sub> × 100%.

The photothermal effect on cell cytotoxicity was also evaluated, MCF-7/ADR cells were incubated with BPGDD at 2  $\mu$ M DOX concentration for 4 h, washed twice with PBS and then replenished with the fresh complete medium. The cells were irradiated with an 808nm NIR laser light at 2.5, 5 and 7.5 W/cm<sup>2</sup> for a period of time up to 30 min. After 48 h of incubation, the inhibition rate of cells was evaluated by MTT assay.

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268 2.15. Apoptosis assay

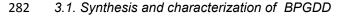
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270 MCF-7/ADR cells were seeded into 12-well plates at a density of 3x10<sup>5</sup> and cultured for 24 h. The cells were then incubated with DOX, GDD and BPGDD at 2 µM DOX concentration for 4 h, washed three times 271 272 with PBS, and then replenished by fresh complete medium. Half of the cells treated with BPGDD were then 273 irradiated by an 808 nm laser beam with a 5 mm diameter spot-size at a power density of 5 W/cm<sup>2</sup> for 30 min. 274 After 48 h of incubation, cellular apoptosis was quantitatively determined using Annexin V/PI double staining. 275 The samples were analyzed by the BD LSRFortessa flow cytometry (Becton Dickinson, USA) using the Cell 276 Quest software (Becton Dickinson). The MCF-7/ADR cells without any treatment were used as the negative control for apoptosis. The mean fluorescence signal for 10,000 cells was recorded. BD LSRFortessa flow 277 cytometry (Becton Dickinson, USA) 278

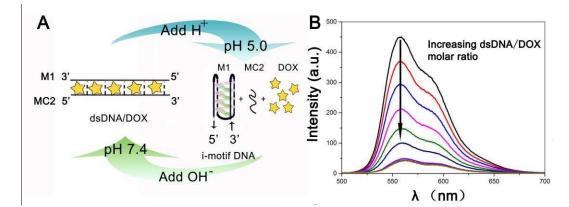
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#### 280 3. Results and Discussion

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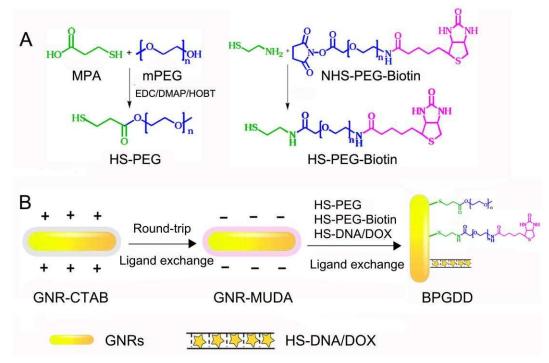
Fig.2. (A) Principle of pH-triggered drug delivery: DOX is intercalated stably within the M1/MC2 duplex at normal physiological pH 7.4, and when pH decreases to ~5.0, M1 forms a four-stranded i-motif structure and the duplex of dsDNA dissociates and DOX is released. (B) Fluorescence spectra of DOX (20µM) with
 increasing the dsDNA:DOX molar ratio at pH 7.4.

- 289
- 290 Table 1
- 291 DNA sequence of M1,MC2

DNA code	Sequece(5' 3')
<b>M</b> <sub>1</sub>	HS-TTT TTT TTT TCC CTA ACC CTA ACC CTA ACC C
MC <sub>2</sub>	GT GTT AGG TTT AGG GTT AGG G

The pH-dependent DOX binding properties of double-stranded (ds) M1/MC2 (see Fig.2A for the principle of pH-triggered drug delivery and Table 1 for the sequences) structure was investigated. As shown in Fig. 2B, a sharp decrease of DOX fluorescence intensity was observed with increasing amounts of dsM1/MC2 being added to free DOX solution at pH 7.4, indicating that DOX was intercalated efficiently to the DNA duplex. Fig. S3 shows the DOX fluorescence quenching saturate at dsM1/MC2:DOX molar ratio of ~0.12, suggesting each dsM1/MC2 can bind up to 8 DOX molecules.

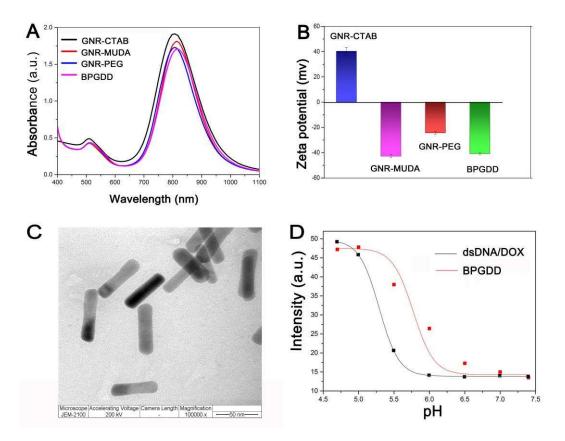
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Fig. 3. Schematic route to preparation of (A) HS-PEG and HS-PEG-Biotin, (B) BPGDD multi-functional
 nanomedicine.

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Fig. 4. Characterization of GNR-based systems. (A) UV–Vis–NIR absorption spectra and (B) Zeta potential of
 of GNR-CTAB, GNR-MUDA, GNR-PEG and BPGDD. (C) A typical TEM image of BPGDD complexes. (D)
 Dependence of DOX fluorescence intensity as a function of pH for the dsDNA/DOX and BPGDD systems
 respectively.

Figure 3 show the schematics of our approach to prepare GNR based nanocarriers. Briefly, GNR with an 310 311 aspect ratio of ~3.5 was prepared by a seed-mediated growth method using cetyltrimethyl ammonium bromide (CTAB) surfactants as reported previously [58]. It was then treated with excess 11-mercapto-undecanoic acid 312 (MUDA) to completely display surface CTAB surfactants to yield GNR-MUDA. This was supported by a 313 complete reversal of zeta potential from +40.2 mV to -42.8 mV (Fig.4B), suggesting the positively-charged 314 315 CTAB surfactants were completely displaced by the negatively-charged MUDA. GNR-MUDA was then treated 316 with a thiolated-PEG/PEG-biotin (The <sup>1</sup>H-NMR spectra are presented in Fig.S1, Fig. S2. The peak at 2.04 ppm is from the proton of SH), displacing some of GNR surface MUDA ligands to form GNR-PEG. This was 317 evidenced by a reduction of negative zeta potential to -24.3 mV because PEG ligand was neutral. The 318 thiolated dsDNA/DOX (DOX loaded dsM1/MC2 structure) was then loaded onto the GNR-PEG-biotin by a 319 320 simple incubation, leading to the formation of BPGDD multifunctional nanomedicine. The success of the 321 construction was supported by an increase of negative zeta potential to -40.7mv, because the overall DNA-DOX loaded here is negatively charged. The changes of zeta potential in each GNR surface functionalization 322 323 step matched well to what was expected, indicating these process were successful.

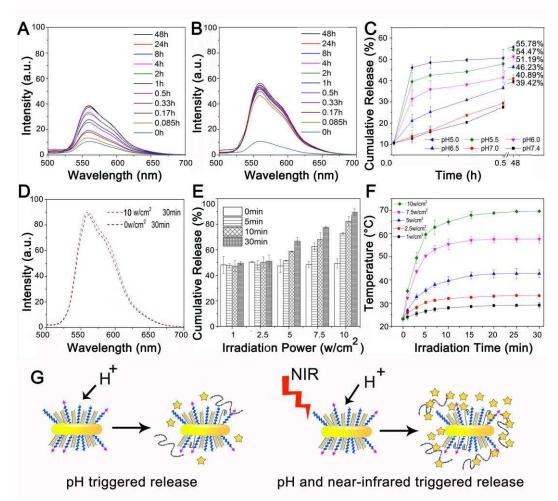
Fig. 4A compares UV-Vis-NIR absorption spectra of different GNR systems: GNR-CTAB, GNR-MUDA,

GNR-PEG and BPGDD. GNR-CTAB showed a TSPR peak at 512 nm and an LSPR peak at 806 nm, suggesting it was an excellent absorption agent for 808 nm NIR radiation. Compared to native GNR, there were negligible changes in UV-Vis-NIR absorption spectra of GNR-MUDA, GNR-PEG and BPGDD, indicating that the surface modifications did not significantly change the unique optical properties of GNRs [60,61]. The TEM image of BPGDD (Fig. 4C) showed typical rod shaped GNRs with an average length of 50 ± 5 nm and diameter of 14 ± 3 nm, giving an aspect ratio of ~3.5.

Fig. 4D shows the pH-dependent release properties of DOX from dsM1/MC2/DOX and BPGDD systems. The dsDNA/DOX started to release DOX at pH <6.0 with a half-release pH of ~5.4, in good agreement with the literature result [54]. The DOX release from dsM1/MC2/DOX happed very rapidly, saturated DOX release was completed in 30 seconds after pH change. Interestingly, BPGDD system displayed a shifted pHdependent DOX release character: the onset of DOX release happed at pH ~6.5 with the half-release pH of ~5.8, suggesting it is well-suited for early endosomal release (typical pH 6.0-6.8).

337

# 338 3.2. In vitro pH and NIR laser triggered DOX release



339

**Fig. 5.** In vitro DOX release profiles from BPGDD nano-complexes. (A) Fluorescence spectra of the timedependent release of DOX at pH 7.4. (B) Fluorescence spectra of the time-dependent release of DOX at pH 5.0. (C) Time-dependent accumulative release of DOX at different pH values. (D) Fluorescence spectra of free

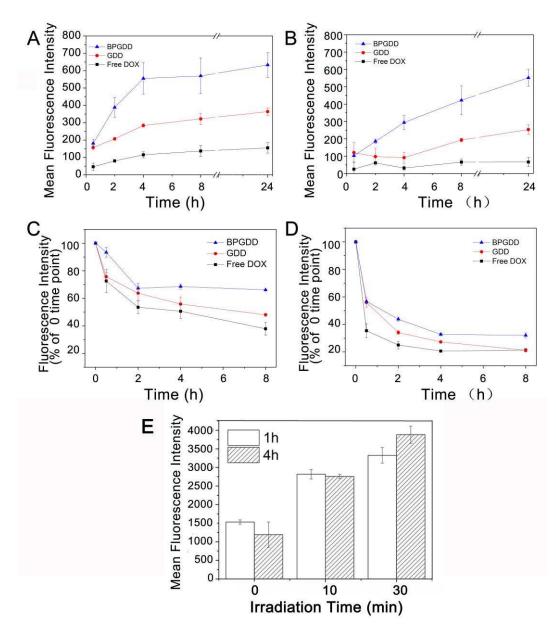
343 DOX before and after NIR irradiation. (E) Time-dependent cumulative DOX release at different NIR radiation 344 power densities (808 nm, 1, 2.5, 5, 7.5 and 10 W/cm<sup>2</sup>) at pH 5.0. (F) Time-dependent change of the 345 temperature of BPGDD solution in response to NIR irradiation at different power densities (containing 2  $\mu$ M 346 DOX and 5.8  $\mu$ g/mL of GNR). (G) Schematic showing that pH-triggered release alone is less effective than 347 pH- and NIR-light dual-stimuli-triggered DOX release. Data are presented as mean ± SD (n = 3).

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349 To assess pH-dependent release of DOX from BPGDD complexes, the complexes were incubated in PBS 350 buffer at normal physiological pH 7.4 or typical late endosomal pH 5.0. As shown in Fig. 5A, DOX release was 351 low at pH 7.4, where 30 min incubation led to <30% of drug release. Prolonging the incubation time to 48 h led 352 to a modest increase of DOX release to 39.4%, suggesting that DOX was stably intercalated within the 353 dsM1/MC2 DNA structures. Acidification of the buffer to pH 5.0 caused a much higher and faster release, where DOX release was almost complete within 5 min. After 48 h, the cumulative release of DOX at pH 5.0, 354 5.5, 6.0, 6.5 and 7.0 were found to be 55.8%, 54.5%, 51.2%, 46.2% and 40.9%, respectively. The 355 356 fluorescence spectra of free DOX before and after exposure to 30 min high power NIR radiation (10 W/cm<sup>2</sup>) were almost identical (Fig. 5D), suggesting that NIR irradiation did not affect DOX fluorescence. Fig. 5F 357 revealed that solution temperature was raised rapidly with an increasing NIR radiation power density [62-64], 358 confirming that GNR complexes could convert NIR light energy into heat efficiently and quickly. The increased 359 360 temperature could dehybridize dsM1/MC2, facilitating DOX release, e.g. NIR-radiation could act as a second 361 stimulus to trigger DOX release. This was found to be true, where the combination of NIR radiation and low environmental pH (5.0) achieved accumulative DOX release of 49.6%, 52.3%, 66.8%, 77.5% and 89.5% with 362 a laser power density of 1, 2.5, 5, 7.5 and 10 w/cm<sup>2</sup> over 30 min, respectively (Fig. 5E). These values were 363 significantly higher than that achieved by using pH 5.0 alone (see Fig.5C), confirming that DOX release inside 364 365 cells can be improved by combined effect of pH decrease and NIR radiation.

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367 3.3. Cellular uptake and efflux



**Fig. 6.** Time-dependent cellular uptake of DOX by MCF-7 (A) and MCF-7/ADR (B) cells after incubation with free DOX, GNR-DNA/DOX(GDD) and BPGDD (contain 0.25  $\mu$ M DOX), respectively. Time-dependent efflux of DOX from MCF-7 (C) and MCF-7/ADR (D) cells during the further incubation period (contain 2  $\mu$ M DOX). (E) Mean DOX fluorescence intensity of MCF-7/ADR cells after incubation with BPGDD (contain 2  $\mu$ M DOX and GNR 5.82 $\mu$ g/mL) followed by 0, 10 and 30 min of NIR irritation (808 nm, 5 w/cm<sup>2</sup>) and 1-4 h further incubation. Data are presented as mean ± SD (n = 3).

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The cellular uptake of free DOX, GNR-DNA/DOX (GDD, only dsDNA/DOX loaded GNR) and BPGDD by MCF-7 (Fig. 6A) and MCF-7/ADR cells (Fig. 6B) was examined by flow cytometry. As shown in Fig. 6A, the lowest level of cellular uptake of free DOX by MCF-7 cells was observed and it increased gradually with incubation time. When the cells were treated with GDD, intracellular DOX level was found to be 3.4- or 2.4fold that of the free DOX treated cells after 0.5 or 24 h incubation, respectively. BPGDD treated cells exhibited 381 the highest intracellular DOX accumulation, which was 3.9-fold or 4.1-fold that of free DOX treated cells with 382 0.5 h or 24 h. These results revealed that biotin-modified BPGDD significantly increased DOX accumulation 383 inside cancer cells. Fig.6B revealed that mean DOX fluorescence intensity of free DOX treated MDR MCF-7/ADR cell (66.5 after 24 incubation) was substantially lower than that in the drug sensitive MCF-7 cells (155). 384 385 Moreover, it did not changed significantly throughout the 24 h treatment period, confirming that the MCF-386 7/ADR cells can effectively limit the intracellular accumulation of free DOX, possibly due to strong efflux abilities of surface over-expressed efflux transporters (e.g. P-glycoprotein, P-gp). Encouragingly, MCF-7/ADR 387 cells treated with GDD showed a significant increase in intracellular DOX accumulation, being 4.8- and 3.8 388 389 fold that of the free DOX controls with 0.5 h or 24 h incubation. More importantly, BPGDD treated cells 390 exhibited the highest level of intracellular DOX fluorescence, being 4.1- and 8.3 fold that of the free DOX 391 control with 0.5 h or 24 h incubation. These results demonstrated that BPGDD could significantly increase the intracellular DOX accumulation in MDR MCF-7/ADR cells, an important factor for high treatment efficacy. 392

A key cell MDR mechanism is efficient drug efflux by its surface over-expressed efflux pumps (e.g. g-393 394 glycoproteins), preventing intracellular drug accumulation and compromising treatment efficacy. Here the drug 395 efflux properties were measured by monitoring the retained cellular DOX fluorescence after 4 h treatment with free DOX, GDD or BPGDD during further incubation with fresh medium (Fig.6C and 6D). The normalized the 396 intracellular DOX fluorescence intensities in MCF-7 cells were decreased continuously during the further 397 398 incubation period, but the downward trends were slower for cells treated by GNR-based nanomedicines than 399 by free DOX. For MDR MCF-7/ADR cells, the intracellular DOX fluorescence decreased much faster than that 400 in MCF-7 cells. This was especially evident for free DOX treatment where only ~38% of original DOX fluorescence was retained after 0.5 h further incubation (versus ~ 72% for MCF-7 cells). These results 401 402 suggested that the over-expressed efflux transporters on MCF-7/ADR cell surface were efficient at pumpingout intracellular DOX molecules, preventing their built up. The slower DOX efflux rates observed for the GNR-403 404 based treatments were presumably due to deeper drug delivery afforded by nanocarriers, making cell-surface 405 efflux transporter less effective.

Moreover, MCF-7/ADR cells after incubation with BPGDD for 4 h followed by NIR radiation at 5 W/cm<sup>2</sup> for 0 (control), 10 and 30 min and further incubated in fresh media at 37 °C for another 1 or 4 h were also investigated. Interestingly, cells after treatment with NIR radiation displayed significantly higher intracellular DOX fluorescence intensity (increasing from 1191 to 2757 and 3880 (a.u.) with 10 and 30 min irradiation, respectively), suggesting a substantially increased DOX concentration at the cell interior, presumably due to combined effects of more effective DOX release (as observed in Fig. 5) and significantly compromised DOX efflux ability after NIR laser treatment.

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414 3.4. Confocal imaging BPGDD intracellular delivery to breast cancer

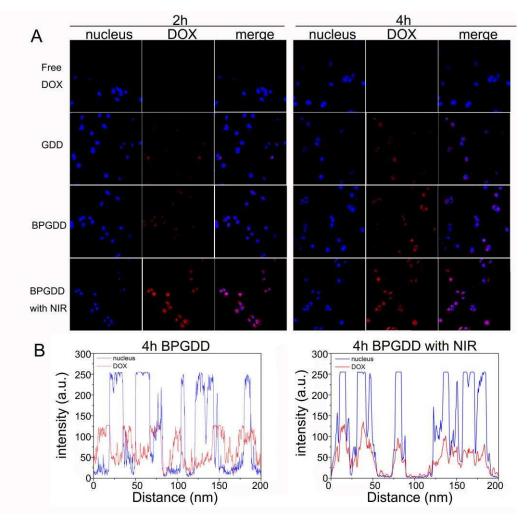
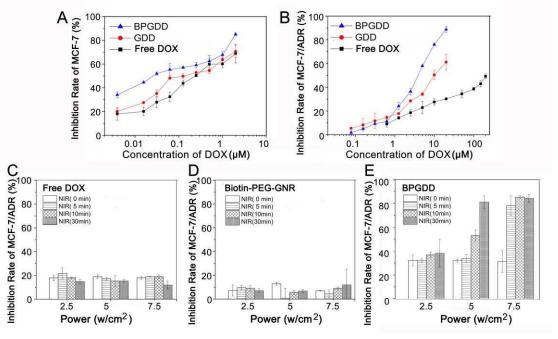


Fig. 7. (A) Confocal fluorescence images showed the intracellular distribution of DOX in MCF-7/ADR cells
after treatment with free DOX, GDD, and BPGDD (contain 2 μM DOX and GNR 5.82μg/mL) respectively for 2
or 4 h. (B)The histogram of the nuclei blue-stained with Hoechst 33342 and red-stained with DOX in the MCF7/ADR cells treated with the BPGDD for 4 h, irradiated with NIR for 30 min or not..

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GNR-mediated intracellular DOX distribution was investigated in MCF-7/ADR cells by confocal laser 421 422 scanning microscopy (CLSM). Fig. 7A showed that when MCF-7/ADR cells were incubated with free DOX (2 423 µM), only very weak DOX fluorescence was found inside the cells. However, a significantly enhanced 424 intracellular DOX fluorescence was observed for cells treated with GDD and BPGDD, respectively. Moreover, 425 cells treated with BPGDD displayed stronger intracellular DOX fluorescence than those treated by GDD, 426 suggesting biotin-modification on BPGDD significantly increased their uptake by MDR breast cancer cellline. What's more, the DOX fluorescence also increased with the increasing incubation time, presumably due to a 427 gradual uptake and release of DOX payload following a gradually acidified intracellular endo-/lyso-somal 428 429 environments. Importantly, when cells were treated with NIR irradiation after 4 h uptake of BPGDD, almost all 430 DOX fluorescence was localized in the nucleus, producing almost perfectly overlapped purple-fluorescent spots in merged images. The cross sectional analysis of the above fluorescence image (Fig.7B) further 431 432 confirmed the perfect red (DOX) and blue (nuclei) fluorescence overlap, suggesting NIR radiation facilitated

- the trafficking of DOX into the cell nucleus. This observation may be due to the increased DOX release andenhanced cell membrane permeability induced by GNR based photothermal heating [65].
- 435
- 436 3.5. Cytotoxictiy evaluation



**Fig. 8.** The inhibition rate of MCF-7 (A) and MCF-7/ADR (B) cells after incubation with free DOX, GDD and BPGDD for 48 h at 37°C as measured by MTT assay. And the inhibition rate of MCF-7/ADR cells after 4 h incubation with free DOX (C), Biotin-PEG-GNR (D), BPGDD (E) (containing 2  $\mu$ M DOX and GNR 5.82 $\mu$ g/mL), followed by different NIR laser radiation conditions and further 48 h incubation with fresh media. Data are presented as mean ± SD (n = 3).

437

444 In vitro cytotoxicity of various GNR-based nanomedicines towards MCF-7 and MCF-7/ADR cells was investigated by MTT assay (see Fig.8) and the IC50 value (the concentration that inhibited cell growth by 50%) 445 was calculated (Table 2). MCF-7/ADR cells displayed a very high IC50 value (251 µM) of free DOX treatment, 446 447 which was 1192-fold higher than the parent MCF-7 cells (IC50=0.21 µM), consistent to the low DOX 448 accumulation and high efflux ability as observed previously due to over-expressed efflux transporters. Table 2 449 reveled that GDD and BPGDD showed similar IC50 values (0.17 and 0.06 µM respectively) to free DOX 450 towards MCF-7 cells. However, the corresponding IC50 values toward MCF-7/ADR cells (9.5 and 3.4 µM for 451 GDD and BPGDD, respectively) were 26- and 67-fold lower than that for free DOX, suggesting the GNR based nanomedicine formulation greatly improved cytotoxicity of DOX toward MDR cells. The greatly 452 increased cytotoxicity here was fully consistent with the significantly increased cellular uptake and reduced 453 454 drug efflux of the BPGDD as observed in Fig.6.

455

**Table 2**. The IC50 and resistance reversion index (RRI) of Free DOX, GDD and BPGDD against MCF MCF7/ADR cells.

Treatment	<b>ΙC50</b> (μΜ)		RRI
	MCF-7	MCF-7/ADR	
Free DOX	0.21	251	_
GDD	0.17	9.5	26
BPGDD	0.06	3.7	67

458 Resistance reversion index (RRI), ratio of IC50 of free DOX solution to nanomedicincs,

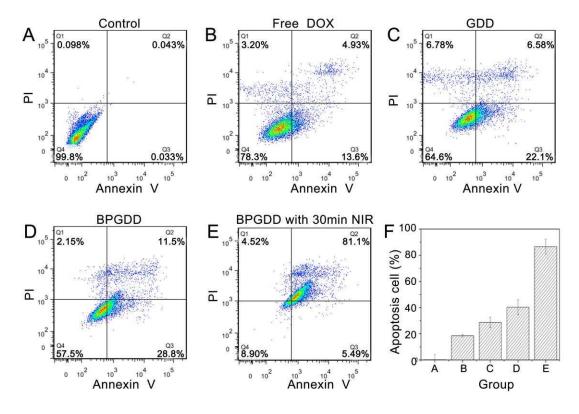
459 RRI=IC50(free DOX)/IC50(GDD or BPGDD)

460

461 The cytotoxicity of free DOX, Biotin-PEG-GNR and BPGDD (contain 2 µM DOX) towards MCF-7/ADR cells induced by photothermal heating was assessed by MTT assay. Fig. 8C showed that NIR irradiation of free 462 DOX treated MCF-7/ADR cells showed negligible effect on cell viability. Similarly, NIR irradiation of Biotin-463 464 PEG-GNR treated cells did not produce any significant increase of inhibition rate either, suggesting that the 465 photothermal heating alone generated by the NIR radiation here was below cell killing threshold. Fig. 8E compared the inhibition rates of BPGDD treated MCF-7/ADR cells with different NIR radiation conditions. 466 Applying 2.5 w/cm<sup>2</sup> NIR irradiation for up to 30 min produced negligible changes of the BPGDD cytotoxicity. 467 468 Increasing the power density to 5 w/cm<sup>2</sup> produced a radiation-time dependent significantly increased inhibition rate towards MCF-7/ADR cells, where 81% inhibition rate was obtained with 30 min radiation, which is more 469 470 than twice that without NIR irradiation. Further increasing the laser power density to 7.5 w/cm<sup>2</sup> produced a more rapid result, where a 5 min radiation led to 78% cell inhibition rate. This observation was well 471 472 corresponded with the findings from the experiment of temperature increase of BPGDD solution in response 473 to NIR irradiation at different power densities. 5 min radiation at 7.5 w/cm<sup>2</sup> was able to produce a greater temperature increase than that at 5.0 w/cm<sup>2</sup> for 30 min (see Fig. 5F). The impressive cell inhibition rate with 474 475 NIR laser radiation was mainly due to NIR radiation triggered efficient DOX release and trafficking into the cell 476 nucleus, leading to the greatly enhanced cell-killing activity [65].

477

478 *3.6. Apoptosis studies* 





**Fig. 9.** Measurement of apoptosis of MCF-7/ADR cells alone (A) and the cells treated with free DOX (B), GDD (C), BPGDD (D), and BPGDD with NIR irradiation (5 w/cm<sup>2</sup>) for 30 min (E). The cells were treated with free DOX (2  $\mu$ M) or different GNR-based nanomedicines (containing 2  $\mu$ M DOX and GNR 5.82 $\mu$ g/mL) for 4 h at 37°C, irradiated for 30 min at 5 W/cm<sup>2</sup> (only for E), and further incubated in fresh media for 48 h. (F) Histogram showing the percentages of apoptotic cells in (A-E). Data are presented as mean ± SD (n=3).

486 Annexin-V/propidium iodide (PI) double staining was performed to determine cell apoptosis. As shown in 487 Fig.9, the percentage of apoptotic cells (sum of late apoptosis percentage (Q2) and early apoptosis percentage (Q3)) was 18.5% (Q2 and Q3, 4.93% and 13.6%) when MCF-7/ADR cells were treated with free 488 DOX. It was increased to 28.7% (Q2 and Q3, 6.58% and 22.1%) and 40.3% (Q2 and Q3, 11.5% and 28.8%) 489 490 when cells were treated with GDD and BPGDD, respectively, consistent to the enhanced drug delivery and 491 controlled release of DOX into the cell interior by the GNR-DNA carriers as observed in cell uptake studies. 492 Upon treatment with the BPGDD for 4 h and then exposure to NIR irradiation at 5 W/cm<sup>2</sup> for 30 min, the percentage of apoptotic cells reached 86.6%, further confirming the previous results that the NIR irradiation 493 significantly increased cell apoptosis rate [66,67]. 494

495

## 496 4. Conclusions

497

In conclusion, we have developed a pH-responsive DNA-GNR based nanomedicine that offers convenient loading of a model clinical chemotherapeutic drug (DOX) in native format via intercalation while allows for pHand NIR-light dual-stimuli-trigged efficient drug release. Biotin-PEG functional of the GNR nanomedicine has 501 greatly increased its cell uptake and reduced the drug efflux ability by multidrug resistance MCF-7/ADR cells. 502 Moreover, NIR-laser radiation has found to not only increase the DOX release, but also facilitate the drug's 503 nucleus accumulation. As a result, this multifunctional nanomedicine substantially enhanced the cytotoxicity 504 (by 67 fold) of free DOX towards multidrug resistance MCF-7/ADR cells. Combining abilities of targeted 505 delivery, controlled dual-stimuli-responsive release and photothermal therapy, this DNA-GNR based 506 multifunctional nanomedicine appears to be a highly promising, effective anticancer nanomedicine for 507 treatment of multidrug resistant cancer at cellular or even in vivo levels.

508

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510

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513

#### 514 Appendix A. Supplementary data

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516 Supplementary data to this article can be found online at XXX.

517

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# 679 Figure captions:

**Fig. 1.** BPGDD is effectively taken up by cancer cell via binding to its over-expressed biotin receptors and entry into intracellular endosomes. The gradual acidification of the intracellular compartments following the natural endosomal maturation/trafficking pathways lead to i-motif formation and trigger DOX release. Alternatively, DOX release can also be triggered by application of a NIR radiation to locally heats up the GNR carrier.

- **Fig.2.** (A) Principle of pH-triggered drug delivery: DOX is intercalated stably within the M1/MC2 duplex at normal physiological pH 7.4, and when pH decreases to ~5.0, M1 forms a four-stranded i-motif structure and the duplex of dsDNA dissociates and DOX is released. (B) Fluorescence spectra of DOX (20μM) with increasing the dsDNA:DOX molar ratio at pH 7.4.
- Fig.3. Schematic route to preparation of (A) HS-PEG and HS-PEG-Biotin, (B) BPGDD multi-functionalnanomedicine.

Fig. 4. Characterization of GNR-based systems. (A) UV–Vis–NIR absorption spectra and (B) Zeta potential of
 of GNR-CTAB, GNR-MUDA, GNR-PEG and BPGDD. (C) A typical TEM image of BPGDD complexes.(D)
 Dependence of DOX fluorescence intensity as a function of pH for the dsDNA/DOX and BPGDD systems
 respectively.

695 Fig. 5. In vitro DOX release profiles from BPGDD nano-complexes. (A) Fluorescence spectra of the time-696 dependent release of DOX at pH 7.4. (B) Fluorescence spectra of the time-dependent release of DOX at pH 5.0. (C) Time-dependent cumulative release of DOX at different pH values. (D) Fluorescence spectra of free 697 698 DOX before and after NIR irradiation. (E) Time-dependent cumulative DOX release at different NIR radiation 699 power densities (808 nm, 1, 2.5, 5, 7.5 and 10 W/cm<sup>2</sup>) at pH 5.0. (F) Time-dependent change of the 700 temperature of BPGDD solution in response to NIR irradiation at different power densities. (contain 2 µM DOX 701 and GNR 5.82µg/mL). (G)Schematic showing that pH-triggered release alone is less effective than pH- and 702 NIR-light dual-stimuli-triggered DOX release. Data are presented as mean ± SD (n = 3).

**Fig. 6.** Time-dependent cellular uptake of DOX by MCF-7 (A) and MCF-7/ADR (B) cells after incubation with free DOX, GNR-DNA/DOX(GDD) and BPGDD (contain 0.25  $\mu$ M DOX), respectively. Time-dependent efflux of DOX from MCF-7 (C) and MCF-7/ADR (D) cells during the further incubation period (contain 2  $\mu$ M DOX). (E) Mean DOX fluorescence intensity of MCF-7/ADR cells after incubation with BPGDD (contain 2  $\mu$ M DOX and GNR 5.82 $\mu$ g/mL) followed by 0, 10 and 30 min of NIR irritation (808 nm, 5 w/cm<sup>2</sup>) and 1-4 h further incubation. Data are presented as mean ± SD (n = 3).

Fig. 7. (A) Confocal fluorescence images showed the intracellular distribution of DOX in MCF-7/ADR cells
after treatment with free DOX, GDD, and BPGDD (contain 2 μM DOX and GNR 5.82μg/mL) respectively for 2
or 4 h. (B)The histogram of the nuclei blue-stained with Hoechst 33342 and red-stained with DOX in the MCF7/ADR cells treated with the BPGDD for 4 h, irradiated with NIR for 30 min or not..

**Fig. 8.** The inhibition rate of MCF-7 (A) and MCF-7/ADR (B) cells after incubation with free DOX, GDD and BPGDD for 48 h at 37°C as measured by MTT assay. And the inhibition rate of MCF-7/ADR cells after 4 h incubation with free DOX (C), Biotin-PEG-GNR (D), BPGDD (E) (containing 2  $\mu$ M DOX and GNR 5.82 $\mu$ g/mL), followed by different NIR laser radiation conditions and further 48 h incubation with fresh media. Data are presented as mean ± SD (n = 3).

**Fig. 9.** Measurement of apoptosis of MCF-7/ADR cells alone (A) and the cells treated with free DOX (B), GDD (C), BPGDD (D), and BPGDD with NIR irradiation (5 w/cm<sup>2</sup>) for 30 min (E). The cells were treated with free DOX (2  $\mu$ M) or different GNR-based nanomedicines (containing 2  $\mu$ M DOX and GNR 5.82 $\mu$ g/mL) for 4 h at 37°C, irradiated for 30 min at 5 W/cm<sup>2</sup> (only for E), and further incubated in fresh media for 48 h. (F)

Histogram showing the percentages of apoptotic cells in (A-E). Data are presented as mean ± SD (n=3).