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Does Tumour:Stroma Ratio Have Prognostic Significance In Endometrial Adenocarcinoma?

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Introduction

Tumour-associated stroma is thought to have an important role in malignant progression. High stromal content of tumour mass has been found to predict poor outcome in a variety of epithelial tumours. This study aimed to establish if the tumour: stroma ratio (TSR) is a prognostic indicator in endometrial adenocarcinoma and to investigate its relationship with other clinicopathological factors.

Methods

A series of 400 endometrial adenocarcinoma cases were analysed using systematic spot-counting software on digitized hysterectomy specimens and TSR measured. Inter-observer agreement for the systematic scores was determined using Cohen's Kappa statistic. Prognostic significance of TSR on overall survival (OS) and disease-free survival (DFS) was determined using Cox Proportional Hazards analysis and Kaplan-Meier curves generated. Associations of TSR with established prognostic factors was established by non-parametric analyses and corrected with the Holm-Bonferroni method. The systematic scoring system was assessed for inter-observer variation using Kappa scores.

Results

Kappa scores of 0.94 indicated an extremely high level of inter-observer agreement using the systematic scoring method. As a continuous variable, TSR predicted worse OS (P = 0.034) in univariable analysis. TSR high (stroma-low) tumours, using the optimal cut-off of 1.3, were associated with significantly worse OS (HR 2.507; 95%CI 1.22-5.14; P = 0.012) and DFS (HR 2.18; 95%CI 1.15-4.160; P = 0.017) in univariable analysis. However in multivariable analysis TSR did not have independent prognostic significance. TSR was found to have a highly significant positive association with tumour grade (P<0.001) and lymphovascular space invasion (LVSI) (P<0.001), both of which were confirmed to be of independent prognostic value in our study population.

Conclusion

This study suggests that TSR has limited value as an independent prognostic indicator in endometrial adenocarcinoma. However the association of TSR high (stroma-low) ratios with high tumour grade and the presence of LVSI indicates that the adverse prognostic influence of high stromal content is not universal in epithelial tumours.