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**Article:**

Daividsen, PK, Turan, N, Egginton, S et al. (1 more author) (2016) Multi-level functional genomics data integration as a tool for understanding physiology: A network biology perspective. *Journal of Applied Physiology*, 120 (3). pp. 297-309. ISSN 8750-7587

<https://doi.org/10.1152/jappphysiol.01110.2014>

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1 Multi-level functional genomics data integration as  
2 a tool for understanding physiology: A network  
3 biology perspective

4  
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25 **Running Head:** Multi-level network integration to understand physiology.

26 ABSTRACT

27 The overall aim of physiological research is to understand how living systems  
28 function in an integrative manner. Consequently, the discipline of physiology has  
29 since its infancy attempted to link multiple levels of biological organization.  
30 Increasingly this has involved mathematical and computational approaches, typically  
31 to model a small number of components spanning several levels of biological  
32 organization. With the advent of omics technologies, which can characterise the  
33 molecular state of a cell or tissue (intended as the level of expression and/or activity  
34 of its molecular components), the number of molecular components we can quantify  
35 has increased exponentially. Paradoxically, the unprecedented amount of  
36 experimental data has made it more difficult to derive conceptual models underlying  
37 essential mechanisms regulating mammalian physiology.

38 We present an overview of state-of-the-art methods currently used to  
39 identifying biological networks underlying genome-wide responses. These are based  
40 on a data-driven approach that relies on advanced computational methods designed to  
41 ‘learn’ biology from observational data. In this review, we illustrate an application of  
42 these computational methodologies using a case study integrating an in vivo model  
43 representing the transcriptional state of hypoxic skeletal muscle with a clinical study  
44 representing muscle wasting in COPD patients. The broader application of these  
45 approaches to modelling multiple levels of biological data in the context of modern  
46 physiology is discussed.

47

48

49 INTRODUCTION

50 **Modelling in physiological sciences**

51 Physiology has evolved as a series of sub-disciplines attempting to understand  
52 organismal function as a combination of interacting components and systems. The last  
53 decade or so has witnessed the development of Systems Biology as an investigative  
54 approach, and its application in different areas of biology, ranging from  
55 engineering/synthetic biology (e.g. design of bacterial strains with improved  
56 properties) to health sciences (e.g. disease biomarker identification). Despite the lack  
57 of a concise definition acceptable to the majority of the community (30, 32), Systems  
58 Biology is frequently understood to be the study of complex regulatory interactions in  
59 biological systems using a holistic approach. This is often achieved by integrating  
60 different experimental approaches within the conceptual framework of a  
61 computational model (i.e. a mathematical representation of a system that allows  
62 simulation of its behaviour). Physiology is probably one of the few research areas in  
63 biological sciences that have traditionally adopted such an approach. It has long  
64 sought to understand the behaviour of complex biological processes and cellular  
65 systems using an integrative approach, and has extensively adopted mathematical  
66 modelling in its tool set. Classical examples include August Krogh's tissue cylinder  
67 model of oxygen transport to skeletal muscle (33), and Huxley's two-state cross-  
68 bridge model of muscle contraction (26), which are still used by investigators today.  
69 Indeed, this shows that using modelling to study a system as a whole has been a key  
70 component of physiology from its early days.

71 As often happens when a distinct discipline branches out of another, there developed  
72 over time a separation of ideas based in part on confusion arising from use of esoteric  
73 terminology – similar concepts masked by unfamiliar language. There is therefore a  
74 need for an overview of this relatively new discipline, to both emphasise the essential  
75 links with basic physiological principles and de-mystify the approach such that the

76 available tools may become more widely adopted in physiological research. The  
77 overall aim of this opinion-based review is to describe, using concepts that will be  
78 intuitive to physiology researchers, different key methodologies available from the  
79 Systems Biology community. In addition, we provide a practical step-by-step guide  
80 for integrating multi-level data within an analysis pipeline based around inferred  
81 interactions of variables, modelled as a network based on statistical correlations, using  
82 a worked example in the field of physiological sciences.

83

#### 84 **The advent of Functional Genomics: a challenge for physiological modelling**

85 It is now clear that much of the complex mammalian physiology or pathophysiology  
86 cannot be understood in sufficient detail through a reductionist approach alone.  
87 Although this approach has proved valuable in explaining broad phenomena and  
88 individual mechanisms, linking multiple mechanisms and effects has proved  
89 challenging. For example, a disease phenotype is rarely caused by a single  
90 dysfunctional gene or protein. Instead, genetic variability, epigenetic modifications,  
91 post-transcriptional regulation mechanisms etc. all act in concert to determine a  
92 specific high-level phenotypic response (43). The potential for such complex  
93 interaction makes data interpretation much more complicated than originally  
94 envisioned, highlighting the need to move away from the widespread ‘candidate  
95 gene’ approach (39).

96       Triggered by the advent of genome sequencing, inspired by the Human  
97 Genome Project, dramatic technological advances within the last decade or so have  
98 led to increased throughput in genome-wide molecular analyses (i.e. genomics,  
99 epigenomics, transcriptomics, proteomics, metabolomics). The comprehensive data  
100 acquisition tools developed to cope with large datasets have allowed investigators to

101 determine the molecular state of cells, tissues or even entire organs in a single  
102 experiment. Such cost-effective omics approaches are now becoming prevalent in  
103 biological and medical research, and consequently have been responsible for the  
104 generation of an incredibly large amount of multivariate molecular data. A large  
105 proportion of this data is available in the public domain via different online databases  
106 (e.g. NCBI Gene Expression Omnibus (5), EBI ArrayExpress (7), and PRIDE (29)).

107 For example, mRNA microarray technology and more recently mRNA  
108 sequencing, has provided insight into the transcriptional response of skeletal muscle  
109 to prolonged endurance exercise training, highlighting a pronounced inter-individual  
110 variation at the molecular level that is consistent with the heterogeneous response  
111 observed in a population of individuals at the physiology level (31, 59). Statistical  
112 models built to explain such variation as a function of gene expression data can be  
113 exploited to identify underlying mechanisms controlling tissue homeostasis. The  
114 transcriptional signatures identified in such studies likely explain, at least in part, why  
115 some people show great improvements in aerobic capacity ( $VO_{2max}$ ) whereas others  
116 only experience smaller benefits, despite completing the same supervised exercise  
117 training program. Another example of applying omics technology to better understand  
118 human physiology concerns the quantification of individual levels of different  
119 proteins in health and disease; by use of proteomics methodology, Holloway et al.  
120 (24) were the first to investigate adaptations in human muscle protein content to long-  
121 term exercise training on a large scale.

122 While such omics-based studies hint at the potential of a data-driven approach,  
123 they also illustrate the difficulty in deriving conceptual models underlying the  
124 essential mechanisms regulating physiology, as most are restricted to only one aspect  
125 of regulation. Perhaps surprisingly, the exponential growth in publicly available omics

126 data (34, 37) has not resulted in a paradigm shift in our understanding of biology. The  
127 main reason is the continuing challenge of integrating multivariate datasets spanning  
128 multiple organization levels in a way that allows the identification of discrete, small  
129 biomolecular networks that are truly important in the context of a specific biological  
130 response (47). Such a task cannot be achieved simply using unaided human  
131 interpretation. Rather, complex computational techniques are needed that are able to  
132 integrate and automatically ‘learn’ the structure of a biological system. Such a  
133 modelling framework is very different from what physiological sciences have  
134 traditionally employed.

135

### 136 **Towards data-driven predictive biology**

137 Although the modelling approach traditionally used by physiologists has been  
138 extremely successful, it suffers from severe limitations when challenged with  
139 extensive omics data. For example, physiological modelling relies to various degrees  
140 on a mechanistic understanding of the biological system of interest (16), which  
141 automatically limits the number of components that can be included due to gaps in our  
142 current knowledge (19, 47). Moreover, estimation of model parameters, which is  
143 usually a challenging task because of experimental limitations (e.g. due to limited  
144 amount and quality of data), makes the approach difficult to scale up to a larger  
145 number of components and their interactions. Perhaps the most comprehensive  
146 example to date is modelling the cardiac cycle based on ion channel kinetics (44).

147         With such large multivariate datasets, and little knowledge about the way  
148 biomolecules are connected with each other and to key phenotypic switches, the  
149 fundamental question is whether or not we can ‘learn’ the structure of biological  
150 interaction networks from high-throughput data. Clearly, there is a need for

151 sophisticated computational tools that are able to i) integrate genome-wide  
152 measurements spanning multiple levels of biological organization (ranging from  
153 subcellular to organ level), ii) identify key biomolecular components of the system,  
154 and finally iii) statistically infer the way that these biomolecules interact in a pairwise  
155 manner to generate an observed biological response.

156 Central to these approaches is the concept of interaction networks, a  
157 mathematical representation of a system of biomolecules. Networks are commonly  
158 used to describe biological systems at different levels of complexity (e.g. metabolic  
159 and signal transduction networks). They can be descriptive models built using a wide  
160 spectrum of qualitative data (e.g. biological knowledge of protein-protein interactions,  
161 transcription factor binding, etc.) or they can be inferred from quantitative  
162 measurements using complex computational models. In this case they can be used to  
163 predict the behaviour of the system when perturbed.

164 In the following section, we summarise specific methodologies that can be  
165 applied to achieve such tasks.

166

## 167 COMPUTATIONAL APPROACHES FOR THE ANALYSIS OF COMPLEX 168 DATASETS

169 The process of modelling a biological system from complex multi-level datasets can,  
170 for the sake of convenience, be divided into four conceptually distinct yet  
171 interconnected approaches (**Figure 1**).

172

173 [Figure 1 to be inserted here]

174



175           The first approach is biomarker discovery (**Figure 1A**), which perhaps is most  
176 widely used in the analysis of functional genomics datasets. Here the objective is to  
177 identify measurable variables that are predictive of a given outcome (e.g. the response  
178 to physical training in a population of individuals). Such measurements can be  
179 molecular (e.g. gene expression, protein levels, metabolite concentrations, genetic  
180 mutations) and/or more traditional physiological endpoints (e.g. endurance,  $VO_{2max}$ ).  
181 The identification of predictive biomarkers can be achieved by use of univariate and  
182 multivariate variable selection strategies that aim to identify the most relevant  
183 explanatory measurement(s), while developing a computational model that can  
184 accurately predict an outcome (60). Univariate methods will test every variable (e.g.  
185 expression of a given gene) on its own, whereas multivariate methods test  
186 combinations of variables for their ability to explain a given outcome. Clearly,  
187 multivariate approaches better resemble the complex nature of biological networks,  
188 and therefore are more likely to provide insights into the mechanisms underlying a  
189 complex phenotypic trait. Consistent with this notion, multi-gene biomarkers are often  
190 required for robust predictions in independent datasets.

191           The second approach (**Figure 1B**) consists of ‘reverse engineering’  
192 biomolecular networks from observational data (i.e. infer regulatory interactions  
193 between quantified biomolecules based on mathematical principles). Here the overall  
194 aim is to reconstruct the underlying structure of interactions between biological  
195 molecules profiled using omics tools (ideally from multiple data sources) and rigorous  
196 statistics. Such a network inference framework can be achieved by applying a  
197 multitude of approaches with varying underlying data assumptions and modelling  
198 principles, including ordinary differential-equation (ODE)-based methods (3),  
199 probabilistic modelling techniques (e.g. Bayesian theory models) (42, 64), state-space

200 representation models (23), and correlation-based methods. Note, while the first three  
201 approaches are able to infer directed networks, their capability is currently limited to  
202 inferring smaller networks with few variables due to increased computational  
203 complexity than possible with correlation approaches.

204         Importantly, this network inference part may potentially benefit from a  
205 biomarker discovery phase, since it has been shown that identified predictive  
206 variables are more likely to be directly controlling important physiological processes,  
207 and therefore are good candidates to include in a network (47). Similarly, whole  
208 networks can be used as an input for biomarker discovery procedures. It has been  
209 shown that often the overall ‘activity’ of a biological network (e.g. a specific  
210 signalling pathway) is a better predictor than a few key individual genes, proteins  
211 and/or metabolites. This implies that in the coming years predictive biomarkers are  
212 more likely to consist of a relatively large panel of measurements, possibly spanning  
213 multiple levels of complexity within a pathway. Current omics platforms are  
214 experiencing a rapid development as well as drop in costs, making routine collection  
215 of large datasets a feasible option. Once a robust biological network has been inferred  
216 this may serve as a good basis for developing a more conventional modelling  
217 approach to provide explanations for observed phenomena that requires a mechanistic  
218 understanding of the system (**Figure 1C**).

219 Finally, multiple computational models that initially were developed independently  
220 can be integrated into a larger and more complex models, which allow responses to  
221 physiological/pathological challenges to be simulated, thus integrating effects across  
222 multiple organs and/or pathways. These complex models are often referred to as  
223 decision support systems because of their potential to provide information about the  
224 expected outcome of a therapeutic intervention (**Figure 1D**).

225           Several large international projects aiming at the development of such  
226 technology into Systems Medicine integrated frameworks have been established so  
227 far, e.g. the Virtual Physiological Human (VPH) project funded by the European  
228 Commission 7<sup>th</sup> Framework Programme, which aims to aid clinically relevant  
229 research by establishing a framework for handling and integrating various mechanistic  
230 models spanning different levels of organizational complexity (ranging from  
231 molecular components to organ function). By unifying the modelling languages  
232 employed across the different mathematical models included, parameters of a  
233 particular model in the hierarchy can be processed by other appropriate models at a  
234 lower hierarchical level. These global initiatives should be considered long-term  
235 goals, aiming at understanding human physiology quantitatively as a dynamic system.  
236 Developing a comprehensive model of a biological system requires integrating  
237 mechanistic and probabilistic inferences. The mathematics for performing such a task  
238 is in its infancy, and more development is needed. However, a successful example is  
239 illustrated by the anatomically based model of human heart ventricles (44). In the  
240 following sections we aim to provide an overview of some of the methodologies that  
241 can be used to infer biomolecular networks, as well as introduce one particular  
242 approach we have found useful in our research.

243

#### 244 **Inference of biological networks from observational data**

245 Reverse engineering is an evolving field within network-based Systems Biology. The  
246 rapid accumulation of omics data in the post-genomic era has made it possible to infer  
247 (aka ‘reverse engineer’) models of cellular systems with the overall aim of deducing  
248 the regulatory structure at a sub-cellular level. Most of the network-based approaches  
249 that have been developed are in fact general and can be applied to any type of

250 experimental data. However, because the mRNA expression profiling technology is  
251 the most mature omics discipline, most applications have been developed to  
252 reconstruct transcriptional networks (i.e. decode the mechanisms of transcriptional  
253 control). However, recently it has become apparent that, irrespective of the  
254 methodology used to generate data, in order to be able to recapitulate the complex  
255 behaviour of a biological system it is essential to integrate multiple types and scales of  
256 experimental data (e.g. transcriptomic, proteomic, metabolomic).

257

### 258 **Static vs. dynamic networks**

259 Biological networks can be reconstructed from two different types of experimental  
260 studies: either cross-sectional, e.g. representing a population of individuals at a given  
261 time (i.e. steady-state measurements following an experimental perturbation), or  
262 prospective, where the experimental data is available across a defined time-course. In  
263 reverse engineering, statistical inference of biological causality is an important goal  
264 (56). A simple example of causality could, for example, be a transcription factor  
265 regulating the expression of several target genes. Since determining cause and effects  
266 implies a direction (i.e. the cause precedes the effect), inference of causality from  
267 cross-sectional studies presents a challenge due to their static nature, one that is less  
268 difficult when a time-course is available. However, it must be stressed that both  
269 approaches are often used in combination to, for example, integrate clinical cross-  
270 sectional studies (thereby providing the researcher with a static network  
271 representation) and experimental intervention studies that can provide dynamic  
272 (prospective) models of the process being studied. At present, most of the developed  
273 techniques infer regulatory networks without any causality information (likely due to  
274 the scarcity of time-course datasets due to their higher costs). However, a small

275 number of causality detection techniques have been proposed in the literature such as  
276 dynamic Bayesian networks (48) and Granger causality (46). It is also important to  
277 point out that true time-course datasets can only be developed when the sequence of  
278 events is measured within the same cells/tissues. This is for example achieved with  
279 imaging techniques that require complex molecular probes, and can typically be only  
280 applied to measure a relatively small number of system components (14). Omics  
281 technologies unfortunately are disruptive, so time course data derived using these  
282 approaches are in fact a sequence of independent snapshots, which clearly limits the  
283 potential use of dynamical modelling tools.

284

#### 285 **A primer for network inference methods**

286 The simplest method for inferring statistical relationships between experimental  
287 variables is computing the pairwise correlation coefficient across a large collection of  
288 heterogeneous samples (8). Usually such an approach is not able to identify complex  
289 non-linear dependencies, and does not discriminate between direct and indirect  
290 connections. More complex methods, such as the mutual information (MI) based  
291 Algorithm for the Reconstruction of Accurate Cellular Networks (ARACNE) (38),  
292 also aim at establishing a statistical relationship between pairs of variables but have a  
293 stronger theoretical foundation. Because of the added mathematical complexity they  
294 can capture a broader range of biologically relevant dependencies between variables  
295 including non-linear, non-monotonic relationships; importantly, they can distinguish  
296 between direct and indirect relationships. ARACNE is a free tool for which a Java-  
297 based graphical user interface exists; hence investigators do not need any  
298 programming skills in order to use the software.

299 ARACNE relies on estimating the probability that a variable (e.g. the  
300 expression of a gene or a protein) assumes a certain 'state' (i.e. abundance) given the  
301 state of another biomolecule (conditional probability). A number of alternative MI-  
302 based implementations have been proposed during the last decade (e.g. Context  
303 Likelihood Relatedness (CLR) (13), Minimum Redundancy/Maximum Relevance  
304 Networks (MRNET) (41)), which mainly differ by the way inferred indirect  
305 relationships (so-called 'edges') are removed once the dependencies between all pairs  
306 of variables have been mathematically formulated. In such analyses, unwanted  
307 indirect interactions occur by default if there is strong correlation between  
308 biomolecule 1 and biomolecule 2, and between biomolecule 1 and biomolecule 3 in a  
309 three-node clique (i.e. a triplet of connected variables).

310 An MI value of zero means that there is no dependency (i.e. no information  
311 flow) between two variables, whereas an MI value of 1 indicates a perfect association  
312 between them, and therefore, a likely strong regulatory interaction between them. For  
313 each inferred dependency, a P-value is calculated based on the distribution of MI  
314 values between random permutations of the original dataset, thereby allowing the  
315 elimination of all non-statistically relevant dependencies by thresholding using an  
316 appropriate (user-defined) cut-off level. Importantly, the quality of the inferred  
317 interaction network depends on the arbitrarily selected probability cut-off. A small  
318 threshold (e.g.  $P=0.05$ ) gives a high recall (i.e. fraction of true dependencies that  
319 could be inferred) but low precision, whereas a higher threshold (e.g.  $P=10^{-6}$ ) yields  
320 better precision (i.e. fraction of inferred dependencies that really are in the network)  
321 while suffering from a low recall. A further advantage of MI as an information-  
322 theoretical measure of dependency between variables concerns its relatively low  
323 computational requirements for building an interaction network. Hence, MI is able to

324 handle very large data matrices with thousands of experimental variables, whereas  
325 most of the other more advanced techniques mentioned (e.g. Bayesian methods) can  
326 only deal with much smaller numbers of variables (<100) because of the high  
327 computational complexity. However, in order to infer robust statistical associations  
328 based on MI a fairly large sample size is required (> 50-100 biological replicates), due  
329 to the required estimation of the (joint) frequency distribution of the connectivity.  
330 Interaction networks derived from such reverse engineering methodologies can be  
331 visualized and further analysed using various freeware software tools such as  
332 Cytoscape (55), Pajak (6), and BioLayout (18). A comprehensive list of visualization  
333 tools focused on interaction networks and their web-links has recently been reviewed  
334 (17).

335         Up to now, these information-theoretic approaches have usually been  
336 employed on gene expression data only, due to the wealth of such data available.  
337 However, as physiologists have known for many decades, biological systems are  
338 usually more complex and multi-layered. Indeed, despite some popularist science  
339 writing to the contrary, genes on their own are merely permissive elements within  
340 biological systems (43). Further, it has been shown that when multiple types of data  
341 (e.g. copy number variants, protein or microRNA expression levels) are incorporated  
342 in the network inference pipeline, the accuracy of the learned network topology  
343 increases (49). Hence, at present there is a call for methodologies that can embed  
344 multiple data sources in a single computational framework. Our recent work has  
345 focused on methods that are able to handle large-scale, multi-dimensional genomic  
346 datasets (9, 21).

347

348 **Topological analysis of inferred biological networks provides useful biological**  
349 **insight**

350 Up to now we have described some of the most widely used methodologies for  
351 inferring regulatory networks. However, an immediate challenge arises in interpreting  
352 these often large, complex networks that visually present as a ‘hairball’ (i.e. too dense  
353 a collection of connections to comprehend as a whole) (40). A simple solution,  
354 although not very objective, is to focus the analysis around a favourite gene(s). In this  
355 scenario, the investigator typically examines the manually selected sub-network in  
356 order to identify unknown or unexpected biological relationships, which in turn may  
357 be used to formulate new hypotheses. Such ‘discovery-led’ science may be useful  
358 when there is insufficient information to generate hypothesis.

359         Alternatively, the topological properties of the network can be used to identify  
360 interesting genes and sub-networks that can be interpreted. We and others have  
361 demonstrated the existence of a higher-level, modular organization in biological  
362 networks (47, 52, 54), i.e. components of biological systems that act in collaboration  
363 to carry out specific biological processes. Consequently, several modularization  
364 approaches have now been developed to help group subsets of cellular components  
365 based on a given property, such as topological structure or functional role. Such  
366 decomposition of a large complex network into relatively independent sub-networks  
367 (or ‘modules’) has been shown to be an effective way to deduce the underlying  
368 structure of the fully connected network containing many hundred variables (so-called  
369 ‘nodes’), as each module can then be analysed independently. In addition, studies  
370 have demonstrated that such identified network modules can serve as better predictors  
371 of a physiological response than the classic biomarker discovery approach (see  
372 Figure 1).



373           In biomolecular interaction networks, as well as sub-networks, nodes have  
374 different levels of connectivity (i.e. number of interactions with other nodes). It has  
375 been shown that such interaction networks have so-called ‘scale-free’ structure  
376 properties, as their node connectivity distribution fits a power law (4). Such a power  
377 law degree distribution implies that most of the connections between biomolecules is  
378 linked to a small number of highly connected nodes, such that a large proportion of  
379 the molecular state of a cell can be explained by a small subset of biomolecules (so-  
380 called ‘hub’ nodes; e.g. a transcription factor that regulates many more genes than  
381 average). Hence, in biological networks a hub is often assumed to be a key component  
382 of a regulatory networks, hence important for the function of a cell/tissue under  
383 investigation. This assumption is supported by the fact that random node disruption  
384 does not significantly affect the network architecture, whereas deletion of hub nodes  
385 leads to a complete breakdown of the network structure (1). Hence, adjusting the  
386 spatial position of each node according to its interconnectivity has been shown to be a  
387 simple, yet effective way of visualizing large complex interaction networks (57).

388           More advanced methods to extract information from complex networks exist  
389 that aim to identify functional modules (i.e. sub-networks of biomolecules that are  
390 linked to the same biological function), e.g. by integrating both physical interactions  
391 (i.e. experimentally validated protein-protein interactions) and mRNA expression data  
392 (27). In this context, an identified functional module represents a putative multi-  
393 protein complex that is transcriptionally regulated in a specific experimental condition  
394 (e.g. treatment vs. control). Hence, by considering additional data on a different level  
395 of organization, one can potentially infer a clearer composite picture of the underlying  
396 biological function.

397 Finally, in order to generate objective hypotheses about biological processes  
398 controlled by a specific hub node or sub-network, functional enrichment analysis can  
399 be performed on all its direct neighbours (i.e. all the adjacent nodes that are directly  
400 connected to the hub) (25). Such enrichment analysis aims at reducing complexity by  
401 defining groups of molecules (represented by gene sets) that share similar biological  
402 functions (e.g. a class of adhesion molecules). To accommodate latest advances in  
403 knowledge, the different annotation databases used for this purpose (e.g. Gene  
404 Ontology (2) and KEGG (45)) are frequently updated by curators. Using software  
405 tools like the web-based application DAVID (11) or applications such as BiNGO (36)  
406 developed specifically for use with software visualization tools like Cytoscape, one  
407 can quickly determine whether any gene sets are statistically over-represented, thus  
408 generating hypotheses on the biological processes controlled by those factors outlined  
409 above.

410

## 411 CASE STUDY: INFERENCE OF OXYGEN-DEPENDENT 412 PATHWAYS IN SKELETAL MUSCLE

413 The main purpose of this case study is to illustrate in a step-by-step manner the  
414 application of reverse engineering to integrate supra-cellular physiological measures  
415 and genome-wide expression profiling. From a more biological perspective we aim to  
416 identify a clinically relevant signature of hypoxia in skeletal muscles.

417 This analysis uses two different datasets. The first is a publicly available dataset  
418 (GSE27536) representing a cohort of COPD patients and healthy controls matched for  
419 age and smoking history (10) (see **Table S1** for subject characteristics), which  
420 includes gene expression profiling in vastus lateralis muscle and whole-body  
421 physiological variables (e.g.  $VO_{2max}$ , minute ventilation,  $PaO_2$ ) (50)(61). The second

422 dataset represents an unpublished, genome-wide transcriptional response of mouse  
423 soleus muscle to a gradual decline in atmospheric oxygen concentration (GSE64076).  
424 Using the first dataset, representing the transcriptional state of skeletal muscles in a  
425 COPD cohort (**Figure 2A**), we first show how to infer connections between oxygen  
426 availability (e.g.  $VO_{2max}$ ), oxidative stress (protein carbonylation) and gene  
427 expression signatures (**Figure 2A-C**).

428 Having defined an oxygen-related signature in the disease setting we then transpose  
429 these findings in a mouse model of gradual hypoxia (second dataset, **Figure 2D-E**).  
430 Here we use a different computational approach to develop a hierarchical dynamical  
431 model explaining the transcriptional response of oxidative leg muscles to a prolonged  
432 gradual reduction in blood oxygenation (hypoxaemia) (**Figure 2F-G**). The model we  
433 describe below validates the notion that the signature identified using the clinical  
434 study may be truly triggered by changes in oxygen availability. Moreover, the model  
435 contributes to the understanding of the transient events following oxygen depletion  
436 that cannot be observed using a cross-sectional clinical study.

437

438

### 439 **Step 1. Linking physiological measurements and gene expression data in the** 440 **COPD cohort**

441 In order to reconstruct an interaction network spanning multiple levels of  
442 organization, we have utilised the following strategy that was developed earlier (61).

#### 443 1. Combining measurements from different data sources

444 In order to combine gene expression data with whole-body physiological readouts, all  
445 variables need to have the same units of measurement (as the range of e.g. VEGF  
446 mRNA expression values is very different from that of  $VO_{2max}$ ). All such raw scale

447 units can be unified by simply ‘transforming’ each experimental variable to have the  
448 same dynamic range, e.g. this can be achieved by standardising measurements across  
449 samples to have a mean of 0 with a standard deviation of 1. Such an established  
450 approach, called z scoring, enables us to treat the physiological indicators as  
451 individual ‘nodes’ in the inferred interaction network with states (just as each gene on  
452 the array is treated).

#### 453 Definition of a biological framework for data-driven network inference

454 The outcome of data-driven reverse engineering of biological networks, in the  
455 absence of any biological assumption(s), often provides results that are difficult to  
456 interpret due to the large number of inferred significant interactions. Thus, to reduce  
457 complexity of the problem, we decided to focus the analysis on the set of  
458 physiological parameters and genes encoding for enzymes in the central bioenergetic  
459 pathways (i.e. TCA cycle, oxidative phosphorylation, glycolysis) (see **Table S2** for  
460 the full list of variables). The latter choice is reasonable considering the paramount  
461 importance of these molecular pathways in skeletal muscle adaptation. The overall  
462 strategy is therefore to identify biomolecules that are highly correlated (based on MI)  
463 with biologically important experimental variables. Such a focused analysis will  
464 generate multiple network modules of interacting biomolecules, each with a  
465 bioenergetic hub gene or physiological measurement at its centre. Two modules will  
466 be linked together if a specific gene is statistically linked to both hubs.

467

#### 468 2. Reverse engineering.

469 In order to infer robust regulatory relationships between variables in the integrated  
470 multi-level dataset, we used the ARACNE algorithm. This choice was based on the  
471 large number of measured variables to be considered by the mathematical framework.

472 By combining all genes expressed in human skeletal muscle (>10,000 mRNAs) with  
473 the list of physiological variables we far exceed the number of variables that can be  
474 handled by more advanced network inference methods (e.g. Bayesian methods).  
475 Hence, we infer a static network without any obvious hierarchical organization. The  
476 result of an ARACNE run is an ‘adjacency matrix’ containing MI values for all  
477 pairwise interactions above the specified MI threshold, which can be visualized  
478 automatically in Cytoscape.

479 After calculating MI-based dependencies between all the different variables in  
480 our multi-level data matrix, all those inferred regulatory interactions with an MI value  
481 below 0.22 (corresponding to a P-value cut-off of  $10^{-6}$ ) were removed. Such filtering  
482 of weaker statistical dependencies is an important step in the generation of a more  
483 sparse interaction network, which can more easily be interpreted by the investigator.  
484 The stringent P-value cut-off means that the remaining associations have been  
485 inferred with high precision at the cost of a lower recall rate.

486

### 487 3. Network visualization

488 Data visualized as a network are often easier to interpret than long lists of  
489 biomolecules and their associated statistical dependencies. Hence, the numeric output  
490 of ARACNE, which contains MI values for all pairwise associations, was imported  
491 into Cytoscape for visualization, a conventional way of analysing interaction  
492 networks. Briefly, we reconstruct the network neighbourhood of each of the  
493 bioenergetic ‘seed’ genes listed in **Table S2** (i.e. all variables directly connected to  
494 them). The neighbouring variables can either be genes expressed in muscle and/or  
495 physiological variables. **Figure 3** summaries key regulatory associations (based on  
496 MI) between this seed set of genes and their immediate neighbours.

497

#### 498 4. Functional analysis of the network hubs

499 We further explored whether the direct interacting neighbours of each central  
500 metabolism pathway mapped to functional categories (i.e. GO terms) as well as  
501 KEGG pathways. Notably, a marked enrichment of the different bioenergetic  
502 compartments was observed (**Figure 3**, boxes A-C) that clearly highlights the  
503 interconnected nature of the bioenergetic machinery, i.e. functionally related genes  
504 appear to be co-expressed.

505

506 [Figure 3 to be inserted here]

507

#### 508 5. Biological interpretation

509 The most important finding of the current analysis is that among the direct neighbours  
510 to each bioenergetic pathway, particularly the two oxidative ones, we noted a  
511 statistical over-representation of genes encoding histone deacetylase enzymes (i.e.  
512 HDAC and SIRT mRNAs). This observation is consistent with previous studies that  
513 have highlighted the importance of sirtuins in regulating metabolism (15, 22, 28).  
514 Further, the protein deacetylase SIRT3 that primarily is localized in the mitochondrial  
515 matrix was also significantly positively correlated to both arterial oxygen tension  
516 ( $\text{PaO}_2$ ) and oxygen uptake ( $\text{VO}_{2\text{max}}$ ). In support of deacetylation being an important  
517 control point, it was recently shown that Sirt3 knockout mice exhibit decreased  
518 oxygen consumption, thus affecting cellular respiration (28). Hence, besides the  
519 obvious oxygen-driven effect on aerobic pathways (as indirect measures of oxygen  
520 availability such as  $\text{VO}_{2\text{max}}$  are linked to key genes in oxidative phosphorylation), the  
521 present network-based Systems Biology approach points to tissue hypoxia as being a

522 potential important player in modifying expression of deacetylase modifying enzymes  
523 in severe COPD patients with a muscle wasting phenotype. Our Systems Biology  
524 approach also negatively links protein carbonylation (an established proxy measure  
525 for oxidative stress; (58)) to Complex 1 and 3 in the electron transport chain (**Figure**  
526 **3**, bottom left part). The validity of such an association is further strengthened via  
527 functional enrichment analysis using DAVID, as a significant fraction of direct  
528 neighbouring genes to protein carbonylation is statistically associated to gene  
529 ontology (GO) terms representing cellular respiration.

530         If we then focus on the genes in the glycolytic pathway (**Figure 3**, top right  
531 part), a high proportion of pro-inflammatory mediators/receptors (e.g. IL1B, IL1R1  
532 and TNFRSF21) are among the direct neighbours, as indicated by the enrichment of  
533 the ‘inflammatory response’ GO term (**Figure 3**, box A). Hence, hypoxia is pro-  
534 inflammatory, as seen by more traditional observation methods (20).

535         Multi-scale network inference approaches, similar to that illustrated in Figure  
536 3, have proven very effective in generating robust hypotheses (e.g. 45). However,  
537 statistical associations may not represent causality, particularly when the inferred  
538 associations stem from steady-state measures. Thus, in order to validate our  
539 hypothesis that varying oxygen levels (represented by  $VO_{2max}$  and  $PaO_2$ ) control the  
540 expression of epigenetic modifiers, we used a more sophisticated network inference  
541 algorithm that can learn the structure of networks from time-course data. We applied  
542 this dynamic inference approach to a murine model of hypoxia (Step 2).

543

## 544 **Step 2. Gene expression dynamics in response to tissue hypoxia**

545 Animal models are commonly used for studying the in vivo effects of hypoxia, for  
546 ethical reasons, where severe or prolonged hypoxaemia is induced and invasive

547 samples are required to explore mechanisms. Importantly, hindlimb skeletal muscles  
548 have been reported to alter metabolic phenotype and reduce fibre size in response to  
549 prolonged hypoxic stress in mice (53, 63), highlighting their potential relevance as a  
550 pre-clinical model of muscle wasting in COPD patients. In order to experimentally  
551 test the hypothesis derived from the clinical COPD network presented in **Figure 3**, we  
552 therefore exposed adult male C57/Bl6 mice to chronic systemic hypoxia for up to 2  
553 weeks, in order to simulate levels of hypoxaemia reported in COPD patients with  
554 advanced respiratory insufficiency. To capture the temporal effect of reduced oxygen  
555 tension on gene regulation, we sampled and gene profiled the soleus muscle (n=4) at 3  
556 different time-points (day 3, 7 and 14) following initiation of the gradual hypoxic  
557 insult (i.e. the O<sub>2</sub> level was gradually lowered to 10% over the first week and kept  
558 stable during the second week) (**Figure 2**, bottom part).

559 First, a high-level representation of the temporal transcriptional changes was  
560 performed using a variable reduction technique called principal component analysis  
561 (PCA) (**Figure 4B**). When plotting replicates of two variables against each other, it is  
562 relatively easy to see which is a better discriminating factor; visual inspection  
563 becomes increasingly difficult as the number of variables increase, hence the need for  
564 PCA. In essence, this method aims at ‘tilting’ the axes through the multidimensional  
565 data space, such that the first principal component accounts for as much of the  
566 variation in the original dataset as possible (the assumption is that the most important  
567 dynamics in the dataset are the ones with the largest variation). Our PCA revealed that  
568 the early dynamics of hypoxia is captured by the first principal component whereas  
569 the 2<sup>nd</sup> most important principal component (in terms of variance captured) separated  
570 the later time-points. Further, functional enrichment analysis of the differentially  
571 expressed genes (ANOVA, P<0.05) using DAVID (**Figure 4A**), highlighted several



572 important pathways/ontologies. Most striking was the enrichment of protein catabolic  
573 process and ubiquitin-mediated proteolysis among genes up-regulated at day 7 and 14,  
574 clearly suggestive of a transcriptionally regulated muscle wasting phenotype driven  
575 by the experimentally induced hypoxaemic state.

576 State space models (SSMs) are a class of probabilistic graphical models  
577 (Koller and Friedman, 2009). SSM provides a general framework for analyzing  
578 deterministic and stochastic dynamical systems that can be measured/observed  
579 through a stochastic process. The SSM framework has been successfully used for the  
580 analysis of gene expression data (23, 51). In its simpler application the model  
581 formalises the effect of hidden, unmeasurable factors in specifying observed gene  
582 expression changes over time. The inclusion of these hidden factors is important since  
583 we cannot hope to measure all possible factors contributing to genetic regulatory  
584 interactions (e.g. levels of regulatory proteins as well as effects of mRNA and protein  
585 degradation).

586 The next step was to apply state-space modelling to reverse engineer transcriptional  
587 network modules (i.e. representing discrete temporal dimensions) from our replicated  
588 murine time-course dataset. Such module-based reduction in complexity allows  
589 analysis of hundreds or even thousands of genes, as those with a similar temporal  
590 expression profile are aggregated into a transcriptional module. To allow construction  
591 of a near genome-level model, we took advantage of a newer approach that  
592 incorporates this concept of modularization (23).

593 A state space model can reconstruct the topology of a network representing the  
594 systems dynamics, despite a relatively small number of time-points, by using  
595 biological replicates for each time-point (23). In order to reduce complexity, variables  
596 that do not change significantly are excluded from the modelling process. In this case

597 study, genes deemed to be significant by ANOVA at a 1% significance level, as well  
598 as all hub genes listed in Table S3, were included (931 variables in total). The hub  
599 genes were chosen to represent the different components in our interpretative model  
600 derived from the clinical COPD dataset (**Figure 3**). Finally, the experimentally set  
601 oxygen level was used as an independent variable.

602

603 [Figure 5 to be inserted here]

604

605 Based on unsupervised clustering using HOPACH within the software  
606 programming environment R (35), we identified 8 distinct gene clusters with similar  
607 expression profiles. Hence, to model the effect of hypoxaemia on the skeletal muscle  
608 transcriptome the hidden state dimension was set to 4, as each inferred module  
609 contains both a positive (+) and a negative (-) component.

610 The hierarchical dynamic model in 4 temporal dimensions shows that modules  
611 1 and 2, which sit on the highest level of hierarchy (i.e. precede others in time), were  
612 enriched in GO terms related to muscle contraction, bioenergetic pathways, and  
613 inflammation among others (**Figure 5**). Interestingly, the experimental oxygen  
614 concentration was represented in module 1(-) whereas two deacetylases SIRT3 and  
615 SIRT5 were found in module 2(-). A negative influence is observed of module 1 on  
616 module 3, which is located further down the temporal hierarchy. Module 3(+) is  
617 highly enriched in inflammatory processes whereas its negative counterpart mainly  
618 represents two key signalling pathways (mTOR and insulin). At the lowest temporal  
619 level we find module 4, which is enriched in GO terms related to muscle  
620 differentiation, tissue remodelling and blood vessel development. Interestingly, three  
621 HDACs are represented in module 4(+) (**Figure 5**). **Figure 6** represents a more

622 focused version of **Figure 5**, highlighting the most significant interactions between  
623 components in the four inferred modules from Figure 5.

624

625 [Figure 6 to be inserted here]

626

627 We therefore conclude that the inferred dynamic model using a state space  
628 modelling approach appropriately recapitulates the interpretative model advanced in  
629 **Figure 3**. In addition, it identifies oxygen at the highest level of hierarchy, whereas  
630 key effector functions controlled by oxygen such as inflammation and muscle  
631 differentiation are downstream in the temporal hierarchy.

632

### 633 CONCLUSIONS

634 The aim of this brief review is to provide an intuitive overview on data-driven  
635 ‘learning’ of biological pathways, linking molecular and physiological readouts. We  
636 used a case study to make it easier for experimental biologists to see the potential of  
637 computational biology to provide interpretative models of complex patterns, and  
638 stress that the identification of general properties of a system from a genome wide  
639 analysis of a molecular state of a system is a very powerful approach.

640 The ability to generate omics data with relatively accessible technologies offer an  
641 unprecedented opportunity to study how genetic information is used to control  
642 complex biological processes and their interaction. Until now we have only been able  
643 to understand a fraction of that complexity. The computational methods described in  
644 this review are designed to support this effort in the measure that they help isolate  
645 from these large datasets molecular signatures that correlate to phenotypic outcome.

646 With the help of computational biology, we are therefore able to develop hypothesis,

647 which can be experimentally validated. In this context data-driven biology is not in  
648 contraposition with hypothesis-driven research. Instead it is a tool that support  
649 hypothesis generation in the event that the data is too complex to be interpreted solely  
650 using common sense. This approach is well developed in other areas of science, such  
651 as cancer biology where there is a vast literature showing that important hypothesis  
652 can be generated from modelling of these large datasets (12, 62).

653 In this manuscript, we demonstrate the development of an integrative workflow that  
654 incorporates measurements from different levels of cellular and molecular  
655 organization using a case study representing muscle wasting in COPD. The outline  
656 provides an exemplar where individual steps can be modified according to the type of  
657 data at hand and addition data types added. For example, in contrast to established  
658 gene expression microarrays, techniques for proteomics and especially metabolomics  
659 are still under development. Once it is possible to measure the whole proteome and  
660 metabolome of a sample, systems identification pipelines will clearly benefit from  
661 these omics techniques.

662 The specific findings in the case study relate to the definition of an oxygen dependent  
663 signature in COPD. Such signature (exemplified in **Figure 3**) is static and entirely  
664 based on statistical inference. The model is therefore based only on correlation  
665 between a series of patient biopsy snapshots, and therefore does not allow any  
666 inference of causality. The use of a mouse model of gradual hypoxia allowed us to  
667 demonstrate that a signature inferred from the clinical cohort is indeed modulated by  
668 experimental reduction in oxygen levels. Moreover, the development of a  
669 mathematical model identifies oxygen as the most upstream event as an emergent  
670 property. This may appear an obvious finding but, from a methodological perspective,  
671 validates the analytical approach.

672 The data we have used in this case study is gene expression profiling, and as such is  
673 representative of available datasets. This has several limitations. The first is that  
674 models including multiple levels in the expression of genetics information (e.g.  
675 epigenetics, microRNA, proteomics, metabolomics, etc.) may better represent  
676 biological complexity. However, current computational methods are inadequate to  
677 represent properly the interaction between these levels. Moreover, time course data  
678 that rely on disruptive sampling strategies are not true time course experiments. As  
679 the new functional genomics technologies develop further, as well as novel  
680 approaches to model the interaction between different layer of biological organisation,  
681 we expect that the efficacy of data-driven approaches will increase further.  
682

683 **Figure legends**

684 **Figure 1:** Schematic representation of the process involved in modelling a biological  
685 system by integrating knowledge from various sources, and complex multi-level  
686 datasets. The process can be conceptually subdivided into four distinct yet  
687 interconnected approaches (A-D). The experimental data used can either be novel  
688 multivariate data generated in your own (wet) laboratory or taken from a public  
689 repository. These may then be used to identify predictive biomarkers, i.e. variables  
690 that are predictive of a defined outcome (e.g. response to exercise training), and also  
691 to inform development of important networks that infer such outcomes; experimental  
692 data and other source of biological knowledge may also be useful in refining these  
693 representation of complex interactions. Such networks may in turn aid biomarker  
694 discovery, but are an essential precursor to computational models that are able to  
695 explore underlying molecular mechanisms; again, knowledge of specific biological  
696 issues may help in their refinement. Finally, incorporation of these models into larger  
697 scale analyses offer the potential for in silico experimentation, whereby e.g. the effect  
698 of different therapeutic interventions on disease outcome may be tested.

699

700 **Figure 2:** Schematic representation of the analysis strategy used in the case study,  
701 highlighting how the inferred static multi-scale network from the clinical COPD  
702 cohort (Fig 2A-C) can be bridged to the inference of a dynamical network  
703 representing the temporal progression of events following an experimental challenge  
704 (hypoxic exposure) in a murine animal model (Fig 2D-G). Having identified a clinical  
705 condition with known outcome (exercise intolerance in patients with respiratory  
706 disease), we could target unknown mechanisms by focussing on one likely source of  
707 functional limitation (skeletal muscle dysfunction  $\pm$  central limitation on O<sub>2</sub> supply),

708 and generate data characterising the phenotype. Both genomic and physiological  
709 readouts were used to construct a network of inferred interactions, which was then  
710 interrogated to identify statistically robust linkages among broad biological functions.  
711 While very useful in providing a list of useful biomarkers, there remains a potential  
712 limitation with single point associations. The dynamic nature of relationships is  
713 captured by repeated measures across a suitable time scale (which will vary for  
714 different molecular, physiological and structural responses) using an animal model of  
715 respiratory distress, where the transcriptome-based model demonstrated the central  
716 importance of oxygen in the response.

717

718 **Figure 3:** Graphical representation highlighting putative regulatory associations  
719 (significant correlation between two factors is shown as a dotted line) that likely  
720 represent robust interactions, based on high mutual information values. The focus is  
721 on central metabolism pathways (i.e. glycolysis, TCA and OXPHOS, respectively)  
722 and their immediate neighbours. The grey boxes define functional enrichment of the  
723 different bioenergetic compartments based on direct neighbours. Individual genes of  
724 relevance are grouped into modules with others of related function, as are  
725 physiological readouts that may be treated in a similar manner for statistical analysis.  
726 C1-5: the different complexes in the electron transport chain. The value of such an  
727 approach is in providing a detailed overview of a complex interaction network,  
728 reducing the huge number of potential factors into groups of defined function, and  
729 offering a limited number of candidates whose utility as biomarkers or therapeutic  
730 targets may be experimentally verified.

731

732 **Figure 4:** High-level representation of temporal transcriptional changes in the murine  
733 model of hypoxia. A) Graphical representation of the pre-clinical experimental design.  
734 The oxygen level was gradually decreased from 21% to 10% during the first week and  
735 mice were housed for another week at this oxygen concentration. B) Principal  
736 component plot highlighting the transcriptional dynamics caused by the hypoxic  
737 challenge. C) Hierarchical clustering using mRNA expression levels of genes  
738 modulated by hypoxia ( $P < 0.05$ ). Each row represents a transcript and each column  
739 represents a sample. Red and green colours indicate expression levels above and  
740 below the median value of the distribution of signal, respectively. Using solid yellow  
741 lines we have subdivided genes into overall trends in order to help the reader.  
742 Enriched functional terms within these are listed next to the heatmap.

743

744 **Figure 5:** The hierarchical dynamic state-space model identified 4 modules (x-axes  
745 define length of hypoxic exposure), each characterised by two separate transcriptional  
746 profiles: plus and minus, representing up- and down-regulation, respectively. The  
747 hierarchical position of the modules represents the estimated temporal structure of the  
748 network. Functionally enriched GO terms (regular text) as well as key genes (*italics*)  
749 are identified next to the relevant module. Blue arrows represent temporal repression  
750 whereas red arrows represent temporal induction. The numeric value next to each  
751 arrow represents the estimated coefficient.

752

753 **Figure 6:** A higher resolution representation of Figure 5, highlighting the most  
754 significant gene interactions between components in the four inferred modules. Lines  
755 represent factor interactions based on mutual information (blue represents temporal  
756 repression, red represents temporal induction). Genes are colour coded for broad



757 functional categories (red=cytokines; blue=epigenetic modifiers; green=aerobic  
758 metabolism; purple=muscle differentiation; yellow=cell-interaction).  
759  
760

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