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1 Intermolecular Packing in *B. mori* Silk Fibroin: Multinuclear NMR 2 Study of the Model Peptide (Ala-Gly)₁₅ Defines a Heterogeneous 3 Antiparallel Antipolar Mode of Assembly in the Silk II Form

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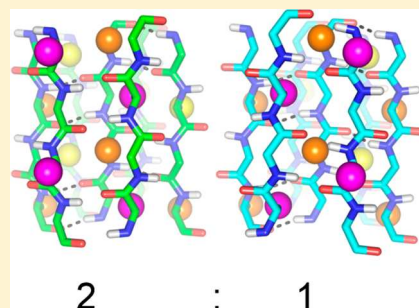
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14 Supporting Information

15 **ABSTRACT:** We have previously suggested that crystalline *Bombyx mori* silk in silk
16 II form (the silk structure after spinning) is not a simple antiparallel β -sheet but is
17 intrinsically heterogeneous. Using the peptide (AG)₁₅, we have obtained the first fully
18 assigned high resolution solid state ¹H NMR spectrum. Distinct heterogeneity was
19 observed, in both ¹H and ¹³C CP/MAS signals. Based on these results, a new model
20 is proposed that contains two different packing arrangements of antiparallel β -sheets.
21 The structures were energetically minimized by CASTEP calculation and used to
22 calculate the solid state ¹H, ¹³C, and ¹⁵N NMR chemical shifts using the GIPAW
23 method. This new model was supported by good agreement between the calculated
24 and observed ¹H, ¹³C, and ¹⁵N chemical shifts and relative ¹H–¹H proximities
25 obtained from 2D ¹H DQMAS experiments. We conclude that the intermolecular
26 packing of *B. mori* silk fibroin has been finally resolved.



27 INTRODUCTION

28 Because of the exceptional strength and toughness of the
29 *Bombyx mori* (silkworm) silk fiber, and in view of increasing
30 applications in the area of biomaterials, much attention has
31 been paid to the structure of silk fibroin.^{1–6} Two crystalline
32 forms, Silk I and Silk II, have been reported as dimorphs,
33 essentially representing the regular domains of fibroin before
34 and after spinning. By using several solid state NMR
35 techniques, the Silk I form (as stored in the *B. mori* silkworm
36 and dried under mild conditions) has been shown to possess a
37 repeated type II β -turn structure.^{7–9} On the other hand, the
38 precise intermolecular packing in the Silk II form (representing
39 the core of the spun silk fiber) has not yet been determined.
40 Using X-ray fiber diffraction of the crystalline region, the
41 structure of Silk II was first characterized by Marsh, Corey, and
42 Pauling¹⁰ as a regular array of antiparallel β -sheets: this
43 structure remains the classic image of β -sheet silk. We call this
44 model the “Marsh model”. Later, Fraser et al.,¹¹ Lotz and
45 Keith,¹² and Fossey et al.¹³ supported the general features of
46 this antiparallel β -sheet model, but some of them also noted an
47 irregular structure to be present in the silk fibers.^{11,12} Takahashi

et al.¹⁴ proposed that a crystal site is statistically occupied by
either of two antiparallel β -sheet chains with different relative
orientations, in a 2:1 ratio, based on X-ray diffraction analysis of
silk fibers. The latter analysis is more detailed and based on
better data than the “Marsh model”. We call the model by
Takahashi et al. the “Takahashi model”. There are no further
reports about *B. mori* silk fiber in Silk II form at atomic level
since Takahashi’s paper.

The Takahashi model is a better fit to the experimental data
than the Marsh model but is not consistent with the distances
of the intermolecular hydrogen bonds between the NH...OC
groups of Ala and Gly, as explained below. It is therefore high
time to come up with a new comprehensive model for the silk
fiber that can satisfy all of the currently contradictory analytical
data.

In the present work, a precise model for the crystalline
structure of *B. mori* silk fibroin in the Silk II form is presented

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65 using a small (Ala-Gly)₁₅ peptide as the model. The alternating
66 copolypeptide (Ala-Gly)_n has been generally accepted as a good
67 model of the crystalline region, NMR spectra of (AG)_n
68 correspond closely to those obtained using the crystalline
69 fraction of native silk II fibers,^{7–16} and the torsion angles of an
70 straight backbone chains correspond to the typical angles of an
71 antiparallel β -sheet.¹⁷ In previous ¹³C solid state NMR studies
72 of (AG)_n, the ¹³C β signal of the Ala residues has been reported
73 to consist of three peaks.^{15,16} The high-field peak was assigned
74 to a distorted β -turn/random coil, while the other two peaks
75 were assigned to antiparallel β -sheet structures with different
76 intermolecular arrangements.

77 ¹H NMR spectra are expected to be most sensitive and highly
78 informative about the interstrand packing interactions because
79 ¹H nuclei are located on the surface of macromolecules. Indeed,
80 two-dimensional ¹H DQMAS experiments have been applied to
81 a wide variety of solid systems to determine the relative ¹H–¹H
82 proximities between molecules.^{18,19} Recently, we have
83 developed a 1 mm microcoil MAS NMR probe head for
84 mass-limited solid samples.²⁰ By combining the use of this
85 microcoil probe head with ultrahigh field NMR at 920 MHz, we
86 were able to obtain solid state ¹H NMR spectra with excellent
87 resolution for the (AG)₁₅ model peptide in the Silk I form as
88 well as for several other related peptides.^{9,21,22} Based on these
89 advances, solid state ¹H NMR can now be used to study the
90 intermolecular arrangement of Silk II.

91 The key challenge lies in the ability to discern and resolve the
92 two kinds of antiparallel β -sheet chains with different
93 intermolecular packing arrangements, as detected here and in
94 the earlier ¹³C CP/MAS NMR study.^{15,16} We therefore carried
95 out a search of packing arrangements, guided by crystallo-
96 graphic and NMR data; refined the resulting structures; and
97 tested them against experimental data. The peptide (AG)_n
98 crystallizes in space group *P*2₁, a rectangular unit cell with the
99 parameters *a* = 9.38 Å, *b* = 9.49 Å, and *c* = 6.98 Å. The Marsh
100 model places the molecular axis along *b* but is otherwise very
101 similar: *a* = 9.40 Å, *b* = 6.97 Å, and *c* = 9.20 Å. In order to
102 generate two kinds of β -sheet models with different
103 intermolecular arrangements, we had the idea to calculate
104 atomic coordinates for the chains, setting either *c* or *b* along the
105 molecular axis. For each of these two models, energy
106 optimization was performed.⁹ ¹H, ¹³C, and ¹⁵N chemical shifts
107 were then predicted for the two antiparallel β -sheet structures
108 using the GIPAW method.²³ Such GIPAW calculations have
109 been widely applied to organic molecules, and their validity has
110 been demonstrated by experimental solid state NMR
111 analyses.^{19,24–34} The ¹³C and ¹⁵N chemical shifts of Silk II
112 are known from previous work and can thus be used to
113 compare and validate the two different structural models based
114 on their predicted chemical shift values.^{35,36} The solid state ¹H
115 NMR chemical shift is particularly sensitive to the intermo-
116 lecular packing arrangement of Silk II and could thus be used as
117 a reliable tool to judge the validity of any previously proposed
118 models and to propose a new intermolecular arrangement from
119 this study.

120 ■ EXPERIMENTAL SECTION

121 **Different Isotope-Labeled Peptides (AG)₁₅.** Isotope-labeled
122 amino acids ([2-d₁]Ala, [3-¹³C]Ala, [¹³C]Gly, [¹³C]Ala) were
123 purchased from Cambridge Isotope Laboratories Inc., Andover, MA.
124 The synthesis of (AG)₁₅ peptides was performed with standard solid-
125 phase Fmoc chemistry on an Apogee Automated Peptide Synthesizer
126 (AAPPTEC, Louisville, KY).⁷ An Fmoc-Gly-PEG-PS resin was used,

and the Fmoc amino acids were coupled with HATU. Peptides were
cleaved from the resin by treatment with 90% TFA for 2 h at room
temperature. The crude peptide was precipitated and washed
repeatedly with cold diethyl ether. The precipitate collected by
centrifugation was dried under vacuum and then treated with formic
acid to obtain the Silk II form. Confirmation of the Silk II form was
obtained from the Ala β peak pattern in the ¹³C CP/MAS spectrum
as reported previously.¹⁵ The peptides synthesized here are
summarized in Table 1. Samples (a) and (b) were used for ¹H
DQMAS experiments to study the intermolecular arrangement.
Samples (c–e) were used for spectral assignments by double CP
¹H–¹³C experiments.

Table 1. Overview of the Isotope-Labeled (AG)₁₅ Samples Prepared Here

(a)	(AG) ₁₅
(b)	([2-d ₁]AG) ₁₅
(c)	(AG) ₇ [3- ¹³ C]AG(AG) ₇
(d)	(AG) ₇ A[U- ¹³ C]G(AG) ₇
(e)	(AG) ₇ [U- ¹³ C]A[U- ¹³ C]G(AG) ₇

**Solid State DQMAS ¹H NMR and Double CP ¹H–¹³C
Correlation NMR.** DQMAS (double-quantum magic angle spinning)
¹H NMR and double CP (cross-polarization) ¹H–¹³C correlation
NMR experiments were performed at a ¹H resonance frequency of 920
MHz, using a JEOL JNM-ECA920 spectrometer equipped with a ¹H-X
double resonance and ultrahighspeed MAS probe at the Institute for
Molecular Science (IMS) in Okazaki, Japan.⁹ The sample spinning
speed was actively stabilized by a pneumatic solenoid valve such that
the spinning fluctuations were less than ± 10 Hz at a spinning rate of
70 kHz. The temperature of the samples increases due to friction
under fast MAS and was estimated to be around 333 K at 70 kHz MAS
according to Pb(NO₃)₂ temperature calibration. The ¹H rf field
strength for the excitation $\pi/2$ pulse (1.29 μ s) was 194 kHz. The ¹H
chemical shift was referenced to the peak of silicon rubber and set to
0.12 ppm from TMS. For the ¹H DQMAS measurement, a dipolar
homonuclear homogeneous Hamiltonian double-quantum/single-
quantum correlation experiment (DH₃DQ-SQ) was employed.³⁸
The 2 τ delay was optimized, giving 0.3 ms for maximum S/N. The
DQMAS spectra were obtained every 32 scans at each period in the
DQ domain, and the recycle delay was set to 2 s. For ¹H detection in
the double CP ¹H–¹³C correlation measurements, the pulse sequence
90^H_y-CP_x-t₁^C-90^C _{ϕ} - τ_d -90^C_y-CP_x-t₂^H was used.³⁹ Here, 90 is a $\pi/2$ pulse,
CP is a 4 ms cross-polarization period with a 10% (first) and –10%
(second) ramp of ¹³C, t₁ is the evolution period, τ_d is a 5 ms period for
dephasing of transverse ¹³C magnetization and ¹H magnetization
suppression, and t₂ is the detection period. Superscripts H and C
indicate ¹H and ¹³C, and subscripts *x*, *y*, and ϕ indicate rf phases, with
 $\phi = x$ and *y* for quadrature detection in t₁. The ¹H decoupling
amplitude during t₁^C was 27 kHz. The spectrum was obtained after 64
scans at each period in the *y* domain with 512 points.

DARR ¹³C NMR. The ¹³C DARR spectrum (dipolar assisted
rotational resonance) of (AG)₇[U-¹³C]A[U-¹³C]G(AG)₇ was obtained
after 32 scans at a ¹³C resonance frequency of 400 MHz, using a JEOL
ECX400 spectrometer at a spinning speed of 8 kHz with a 4 mm rotor.
The $\pi/2$ pulse was 3.8 μ s for ¹³C and 3.4 μ s for ¹H. TPPM ¹H
decoupling was performed with a contact time of 2 ms. The mixing
time was 500 ms, with a relaxation delay of 2 s. The indirect dimension
consisted of 256 data points.

**Construction of Two β -Sheet Models with Different
Intermolecular Packing Arrangements.** The characteristic angles
of (ϕ , φ) = (–140°, 140°) for an antiparallel β -sheet structure were
used for both Ala and Gly residues in straight (AG)_n chains.¹⁷ To
make model 1, starting from the molecular arrangement of the Marsh
model¹⁰ viewed along its crystallographic *b*-axis (shown in Figure 1),
we rotated strand b (see Figure 2) by 180° around its molecular axis
and shifted it along the strand by one residue to change from polar to
antipolar structure. Strands a' and b' were generated from a and b

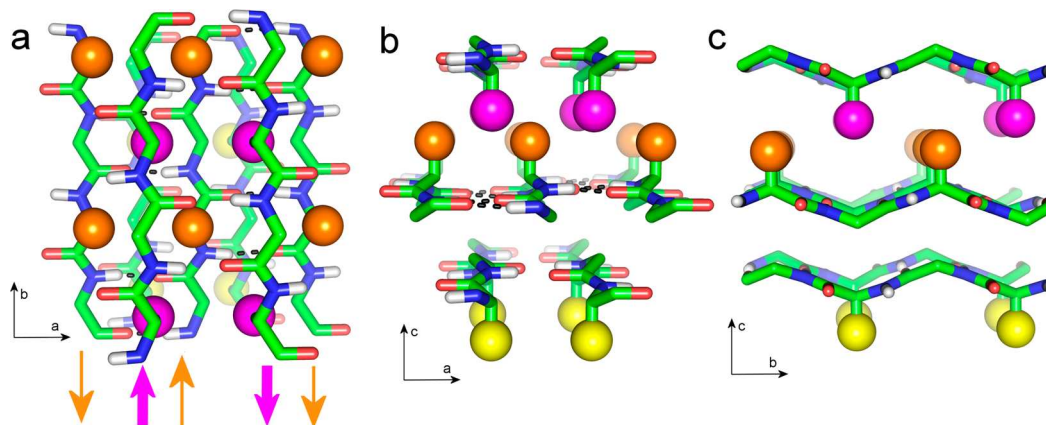


Figure 1. Marsh model of $(AG)_n$. The model is shown from three different orientations, with the relevant unit cell axes shown. Three β -sheet layers are shown. In the top layer, methyl groups are in magenta; in the middle layer they are in orange; and in the bottom layer they are in yellow. Interstrand hydrogen bonds are indicated for the central sheet. The directions of the strands are shown beneath panel (a), with the top strand in magenta and the central strand in orange. This structure corresponds to model (a) of Figure 2.

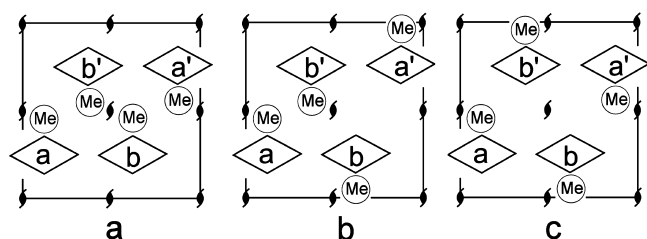


Figure 2. Possible arrangements for the four antiparallel β strands within the unit cell of a $P2_1$ space group, based on the Takahashi model.¹⁴ The strands are shown end-on. Strands a, b and a', b' form antiparallel sheets linked by interstrand hydrogen bonds. An alternating $(Ala-Gly)_n$ structure has all methyl groups on each strand in the same direction, indicated by Me. (a) A polar arrangement, in which all methyl groups in each sheet are pointing in the same direction. The Marsh model¹⁰ has this topology. (b, c) Two alternative antipolar arrangements. The Takahashi models¹⁴ have this arrangement. Form (b) corresponds to model 1 and form (c) to model 2.

186 using the $P2_1$ operation $(x, y, z \rightarrow -x, y + 1/2, -z)$. The strands are
187 aligned along the crystallographic c -axis. To make model 2, strands a
188 and b (Figure 2) were rotated by 90° around the a -axis. Then the b -
189 axis was redefined to be aligned along the molecular axis. The upper
190 two molecules were generated from the lower two using the $P2_1$
191 operation. In order to avoid steric clash between strands a, b and
192 strands a', b', strands a and b were shifted along their axis by half a
193 residue. Both models were then energy minimized using the pcff force
194 field of Discover (Accelrys Inc., San Diego, CA), using the cell
195 dimensions reported by Takahashi et al.:¹⁴ $a = 9.38 \text{ \AA}$, $b = 9.49 \text{ \AA}$, $c =$
196 6.98 \AA , and space group $P2_1$.

197 As a final step, geometry optimization was carried out under
198 periodic boundary conditions using the CASTEP program (Accelrys
199 Inc., San Diego, CA).¹⁹ We used the generalized gradient
200 approximation (GGA) for the exchange correlation energy based on
201 the Perdew, Bruke, and Ernzerhof (PBE) functional and ultrasoft
202 pseudopotentials with a plane-wave energy cutoff of 380 eV. A $5 \times 2 \times$
203 3 Monkhorst–Pack k -point grid was used for Brillouin zone sampling.
204 **^1H , ^{13}C , and ^{15}N NMR Chemical Shift Calculations.** The
205 chemical shifts of ^1H , ^{13}C , and ^{15}N in the two antiparallel β -sheet
206 structures with different intermolecular arrangements were calculated
207 using the GIPAW method.²³ The PBE approximation and “on the fly”
208 pseudopotentials were used. The energy cutoff of the plane wave was
209 set to 610 eV, and a $5 \times 2 \times 3$ Monkhorst–Pack k -point grid was used
210 as described above. The chemical shift reference of the calculated
211 chemical shifts was determined by minimizing the difference between
212 the observed and calculated chemical shifts without changing the

relative chemical shift differences between the peaks.¹⁹ The reference
213 values were 30.51, 171.31, and 197.22 ppm for the ^1H , ^{13}C , and ^{15}N
214 nuclei, respectively. All calculations were carried out using the NMR-
215 CASTEP program. 216

RESULTS AND DISCUSSION

DQMAS ^1H NMR Spectrum of $(AG)_{15}$ in the Silk II Form. By combining the use of a microcoil probe head with an 219

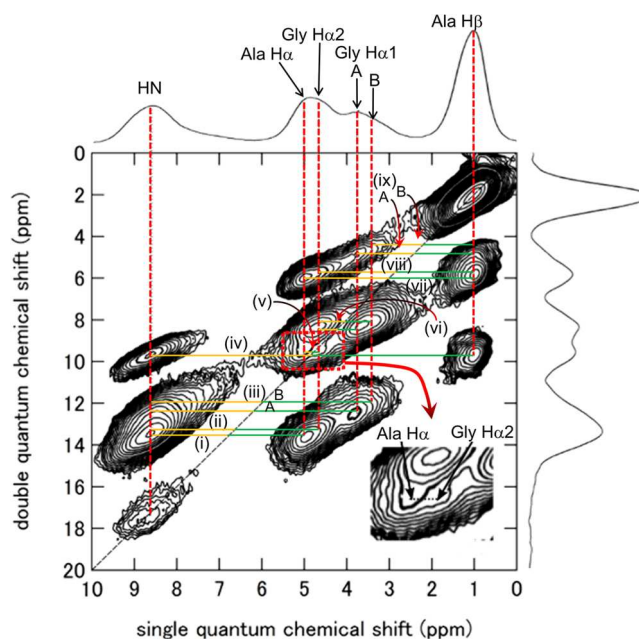


Figure 3. ^1H DQMAS spectrum of $(AG)_{15}$ in the Silk II form: (i) AlaH α -AlaHN, (ii) GlyH α 2-GlyHN, (iii) GlyH α 1-GlyHN, (iv) AlaH β -AlaHN, (v) AlaH α -GlyH α 2, (vi) GlyH α 2-GlyH α 1, (vii) AlaH α -AlaH β , (viii) GlyH α 2-AlaH β , and (ix) GlyH α 1-AlaH β .

ultrahigh-field NMR spectrometer at 920 MHz, we obtained a 220
well-resolved solid state ^1H NMR spectrum of $(AG)_{15}$ in the 221
Silk II form. The ^1H chemical shifts were assigned using a 222
DQMAS ^1H NMR experiment, as illustrated in Figure 3. From 223
high field to low field, the peaks are assigned as Ala H β , Gly 224
H α 1 (upfield), Gly H α 2 (downfield), Ala H α , and H N (both Ala 225
and Gly). Thus, for glycine the two H α protons are observed 226

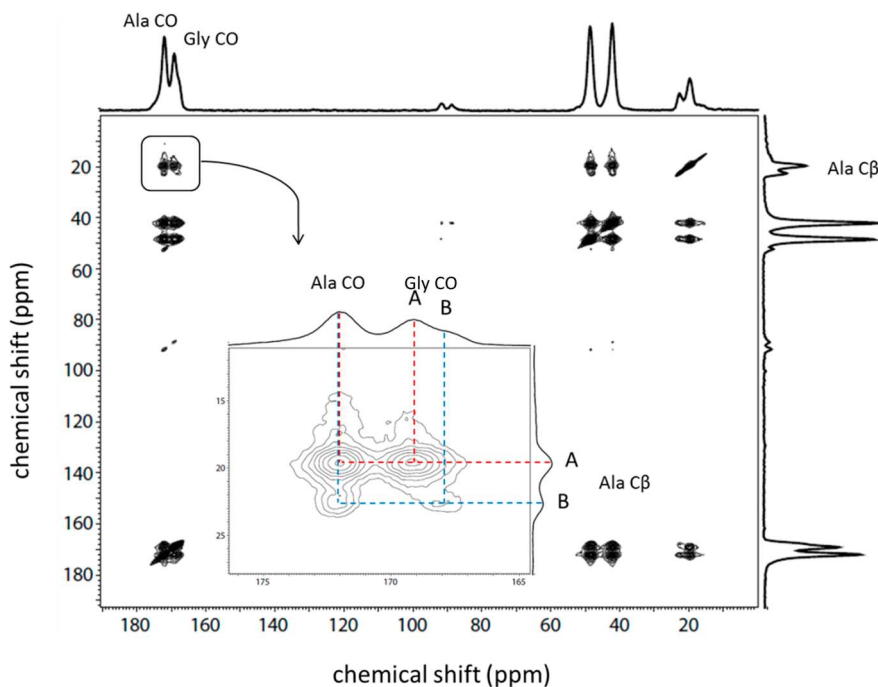


Figure 4. ^{13}C – ^{13}C DARR spectrum of $(\text{AG})_7[\text{U-}^{13}\text{C}]\text{A}[\text{U-}^{13}\text{C}]\text{G}(\text{AG})_7$ in the Silk II form. The inset shows the correlation between the CO and Ala $\text{C}\beta$ region.

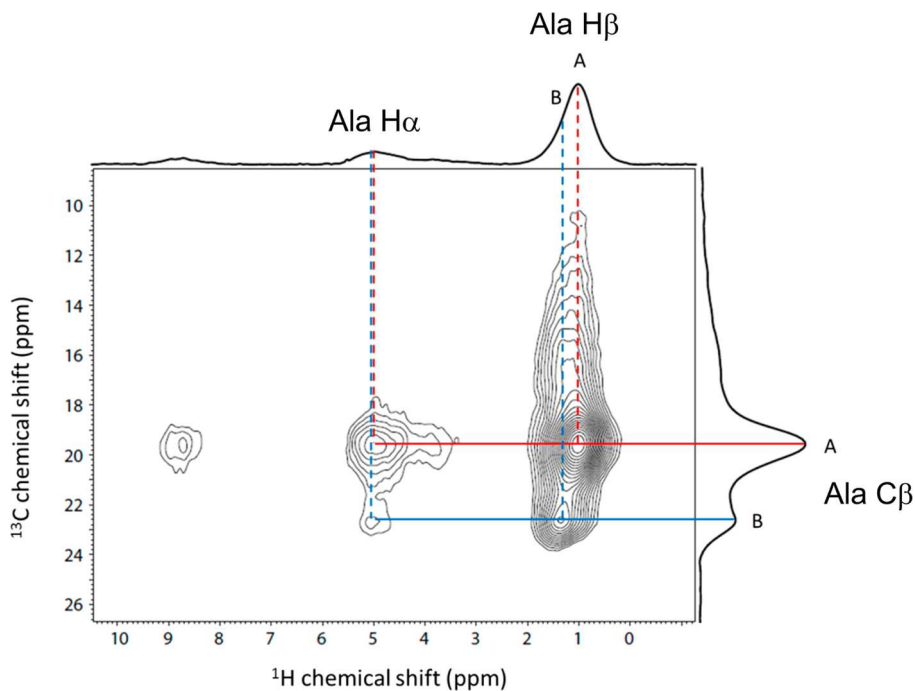


Figure 5. Double CP ^1H – ^{13}C spectrum of $(\text{AG})_7[3\text{-}^{13}\text{C}]\text{AG}(\text{AG})_7$ in the Silk II form, showing the correlations of Ala $\text{C}\beta$ with Ala $\text{H}\beta$ and $\text{H}\alpha$.

227 separately and with a large chemical shift difference. This
228 discrimination is generally feasible in the solid state, given the
229 lack of motions around the backbone chains in silk fibroin. A
230 more detailed assignment is performed below with the help of
231 specifically isotope-labeled peptides, and the relative ^1H – ^1H
232 distances are measured and discussed in the last section.

233 **Determination of the ^1H and ^{13}C Chemical Shifts in**
234 **the Heterogeneous Domains.** The ^{13}C – ^{13}C DARR
235 spectrum of $(\text{AG})_7[\text{U-}^{13}\text{C}]\text{A}[\text{U-}^{13}\text{C}]\text{G}(\text{AG})_7$ was obtained as
236 shown in Figure 4. In agreement with our previous results,^{15,16}

we see two well-resolved Ala $\text{C}\beta$ peaks in an intensity ratio of 237
approximately 2:1, which are named A and B, respectively, 238
representing the two packing arrangements. From the 239
correlations between these two Ala $\text{C}\beta$ peaks and the Gly 240
CO region, and based on the relative peak intensities, two 241
peaks within the Gly CO signal could also be assigned as the A 242
and B components. Within the Ala CO peak, on the other 243
hand, there were no chemical shift differences resolved. Further 244
assignment was obtained for the solid state NMR ^1H spectrum 245
of $(\text{AG})_{15}$. A ^1H – ^{13}C double CP spectrum³⁹ of $(\text{AG})_7[3\text{-}^{13}\text{C}]$ - 246 f5

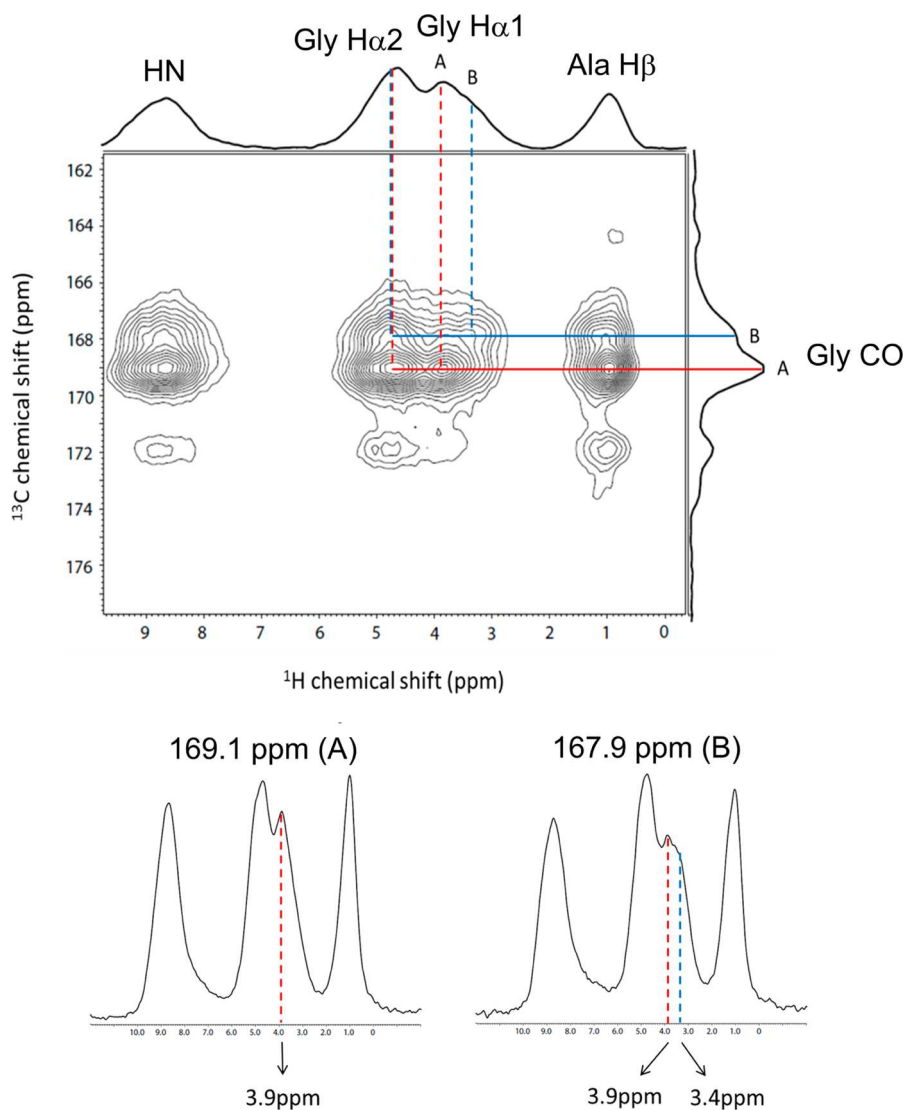


Figure 6. ^1H – ^{13}C double CP spectrum (upper) and of $(\text{AG})_7\text{A}[\text{U-}^{13}\text{C}]\text{G}(\text{AG})_7$ in the Silk II form. The 1D ^1H spectra (lower) show the relevant slices at 167.9 and 169.1 ppm corresponding to the two components A and B within the Gly CO region.

Table 2. ^1H , ^{13}C , and ^{15}N Chemical Shifts Calculated and Observed for $(\text{AG})_{15}$ in the Silk II Form^a

		Gly HN	Ala HN	Ala H α	Gly H α 2	Gly H α 1	Ala H β
A	calc	9.6	9.3	5.0	4.6	3.1	0.1
	obs	8.7	8.7	5.0	4.6	3.9	1.0
B	calc	9.2	9.3	5.6	4.8	2.6	0.6
	obs	8.7	8.7	5.0	4.6	3.4	1.3
		Ala CO	Gly CO	Ala C α	Gly C α	Ala C β	
A	obs	172.6	167.9	49.0	43.0	22.4	
	calc	175.6	171.4	48.8	41.1	16.3	
B	obs	172.6	169.1	49.2	43.0	19.6	
	calc	176.1	170.1	48.0	42.1	21.8	
			Ala N	Gly N			
A	calc		97.0	84.3			
	obs		98.0	86.0			
B	calc		104.9	80.9			
	obs		101.0	82.0			

^aCalculated shifts are tabulated assuming that model 1 corresponds to A and model 2 to B.

$\text{AG}(\text{AG})_7$ in the Silk II form was acquired as shown in Figure 5. The chemical shifts of the A and B components within the Ala H β and H α peaks were determined from their correlation with the two well-resolved Ala C β signals. A small chemical shift difference of 0.3 ppm was clearly discernible in the Ala H β peak. Within the Ala H α region, on the other hand, chemical shift differences were not resolved. Similarly, we used the ^1H – ^{13}C double CP spectrum of $(\text{AG})_7\text{A}[\text{U-}^{13}\text{C}]\text{G}(\text{AG})_7$ in Figure 6 to assign the two components A (3.9 ppm) and B (3.4 ppm) within the Gly H α 1 signal, while any chemical shift differences in the Gly H α 2 region could not be resolved. The observed chemical shift data are summarized in Table 2.

Construction of Two Antiparallel β -Sheet Structures with Different Intermolecular Packing Arrangements. It has been previously reported^{15,16} that the ^{13}C CP/MAS NMR spectra of both the model peptide $(\text{AG})_{15}$ as well as the natural Cp-fraction of *B. mori* silk fibroin in the Silk II form show a multicomponent Ala methyl peak. This Ala C β peak was resolved and assigned to three components, namely two different kinds of β -sheet structure (19.2 and 22.3 ppm), plus a distorted β -sheet and/or random coil conformation (16.1 ppm), the latter presumably originating from loops and turns at

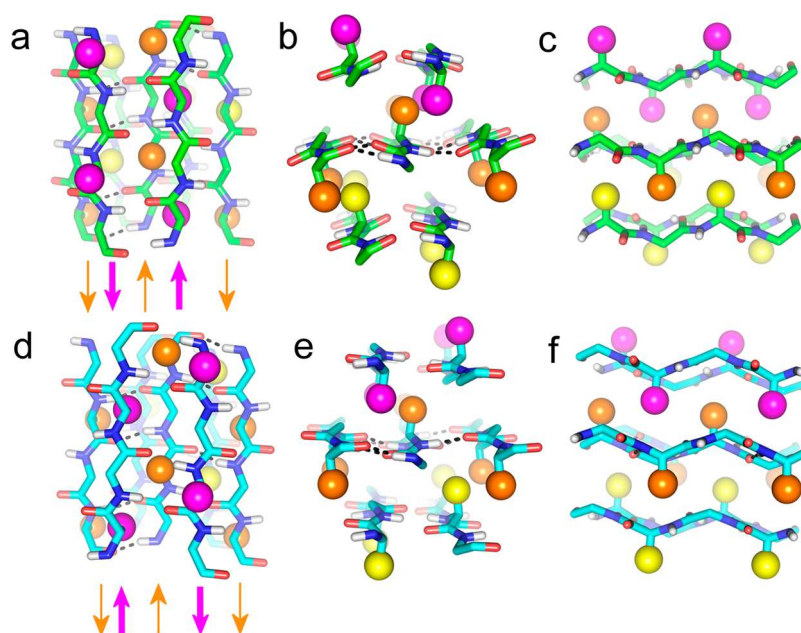


Figure 7. Model 1 (top row) and model 2 (bottom row), shown from three orthogonal orientations. The same color scheme is used as for Figure 1. Model 1 corresponds to structure (b) in Figure 2 and model 2 to structure (c). In model 1, the molecular axis is along the crystallographic axis *c*, and in model 2, the molecular axis is along the crystallographic axis *b*.

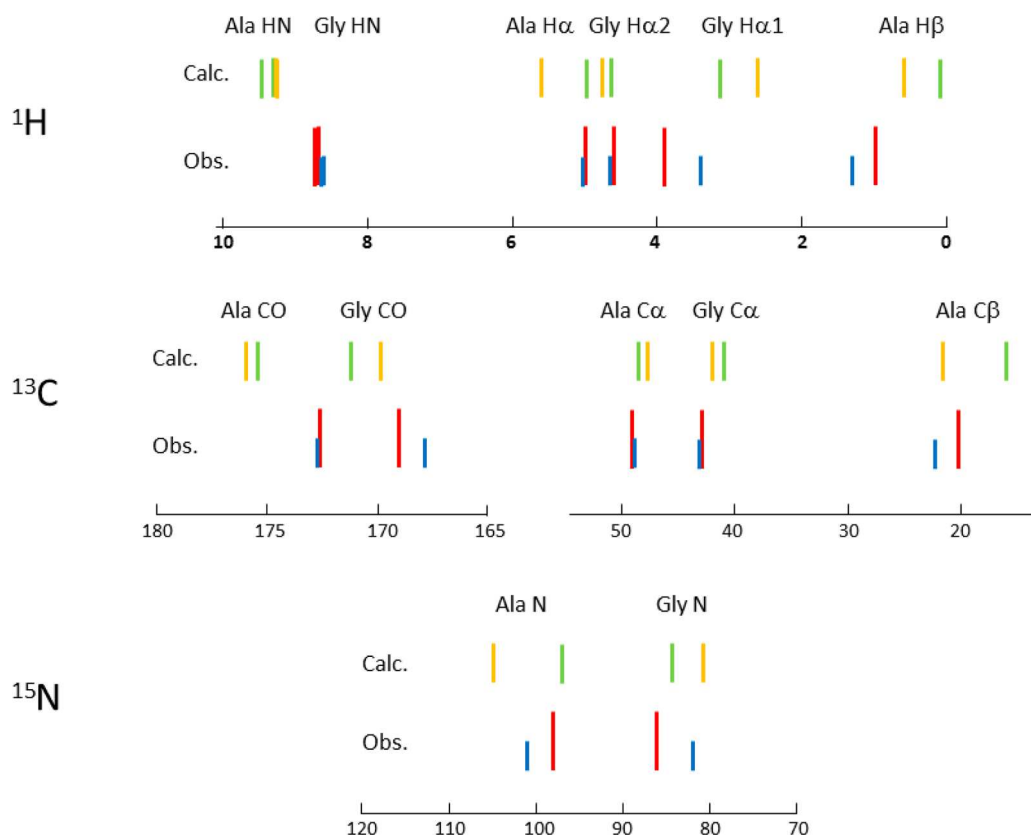


Figure 8. Stick spectra of the calculated and observed ^1H , ^{13}C , and ^{15}N chemical shifts (in ppm) for $(\text{AG})_{15}$ in the intrinsically heterogeneous Silk II form. The observed shifts are colored red and blue to correspond to the set of peaks A and B, respectively, which are in an intensity ratio of approximately 2:1. The calculated shifts are colored green and orange for models 1 and 2, respectively.

each end of the antiparallel crystalline regions. However, there has been no further discussion so far about the meaning of the first two peaks assigned to the two types of antiparallel β -sheet structures. The large chemical shift difference of about 3 ppm

within the Ala $C\beta$ peak cannot be interpreted in terms of different torsion angles for the Ala residue in the β -sheet region.⁴⁰ Therefore, the chemical shift difference must be attributed to differences in the intermolecular packing of the β -

Table 3. Closest ^1H – ^1H Distances of Protons Evaluated for the Two Different Models of the Silk II Structure^a

Marsh model	I		II		I		II		III	
	gly Ha2	gly Ha1	gly Ha2	gly Ha1	ala Ha	ala H β	ala Ha	ala H β	ala Ha	ala H β
Gly Ha2	1.99	3.43	4.30	3.75	5.90	5.65	4.12	3.62	4.52	4.60
Gly Ha1	3.43	4.38	3.75	4.05	5.31	6.59	4.16	4.50	4.37	5.19

model proposed here	I		II		I		II		III		
	Gly Ha2	Gly Ha1	Gly Ha2	Gly Ha1	Ala Ha	Ala H β	Ala Ha	Ala H β	Ala Ha	Ala H β	
1	Gly Ha2	5.67	5.02	4.61	4.05	2.43	3.71	4.86	3.36	4.49	4.59
	Gly Ha1	5.02	6.55	4.05	4.37	4.04	3.29	3.63	2.81	4.31	5.20
2	Gly Ha2	5.57	5.29	4.83	3.50	2.23	3.21	4.86	2.90	4.46	4.56
	Gly Ha1	5.29	6.84	3.50	4.57	3.73	3.76	3.10	3.00	4.45	5.30

^aI: two ^1H nuclei in different strands that are located within the same β -sheet plane. II: two ^1H nuclei in different strands that are located in neighboring β -sheet planes. III: two ^1H nuclei within the same strand. The italic numbers indicate distances of less than 4 Å.

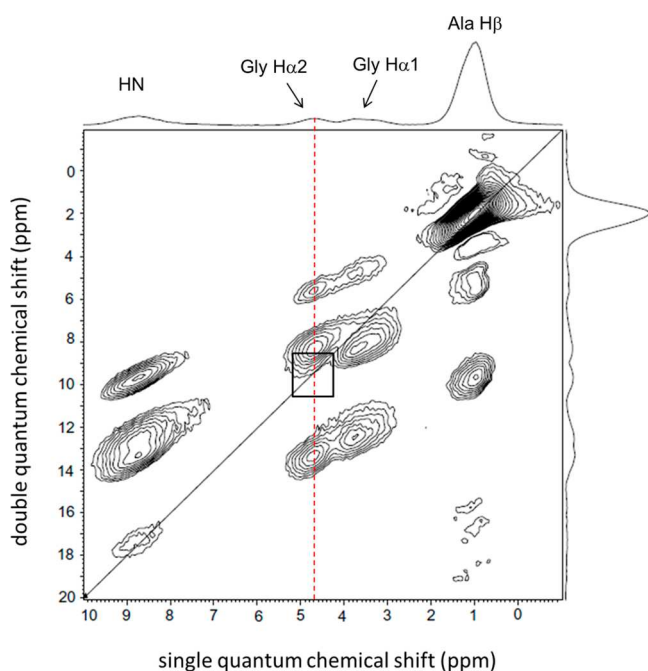


Figure 9. ^1H DQMAS spectrum of deuterium-labeled $([2\text{-}d_1]\text{AG})_{15}$ in the Silk II form to remove potential overlap in the $\text{H}\alpha$ region (cf. Figure 3). It is clear that there are no Gly $\text{H}\alpha$ –Gly $\text{H}\alpha$ peaks on the diagonal.

277 strands. In the Marsh model, all molecules are in identical
 278 environments. It is therefore not readily reconciled with the
 279 experimental data. We have previously tried to interpret these
 280 two peaks using the Takahashi model, which has two different
 281 packing arrangements within the crystal, occupied statistically
 282 in the ratio 2:1, and is therefore in much better agreement with
 283 the NMR data.^{15,16} However, the Takahashi model is clearly
 284 not correct in detail. In particular, the interstrand $\text{NH}\cdots\text{OC}$
 285 hydrogen bond lengths are 2.1 Å for Ala and 2.6 Å for Gly,
 286 whereas the experimentally observed Ala and Gly H_N chemical
 287 shifts are both 8.7 ppm,²¹ implying hydrogen bond lengths of
 288 around 1.8 Å for both Ala and Gly.⁴¹ We therefore explored
 289 alternative models based on the Takahashi model, but with
 290 better geometry.

291 Takahashi et al.¹⁴ note that an antiparallel β -sheet composed
 292 of alternating Gly and Ala can be constructed in two ways: a
 293 polar arrangement in which the backbone hydrogen bonds are
 294 Ala \cdots Ala and Gly \cdots Gly, and the methyl groups in one sheet are
 295 all pointing in the same direction; or an anti-polar arrangement

in which the backbone hydrogen bonds are Ala \cdots Gly, and the
 methyl groups in a sheet alternate, pointing up in one strand
 and down in the next (Figure 2). They concluded that the
 crystallographic data fit an antipolar model better. By contrast,
 the Marsh model (Figure 1) is polar, which forces sheets to be
 alternately close and distant. We therefore constructed models
 with antipolar sheets.

Previously,¹⁷ we determined the torsion angles in the *B. mori*
 silk fibroin fiber from solid state NMR orientational constraints
 to be $(-140^\circ, 142^\circ)$ for Ala and $(-139^\circ, 135^\circ)$ for Gly, within
 an experimental error of $\pm 5^\circ$. We thus used the typical β -sheet
 torsion angles of $(-140^\circ, 140^\circ)$ for both the Ala and Gly
 residues to generate model structures of $(\text{AG})_{15}$. We also used
 the unit cell dimensions of the *B. mori* silk fibroin fiber as
 reported by Takahashi et al.¹⁴ Given these constraints, the
 problem is limited to how one sheet packs on top of its
 neighbor. Any stereochemically viable model must have the
 strands in one sheet displaced by roughly half an interstrand
 spacing compared to its neighbor (Figure 2b,c).

On this basis, we constructed and refined two structural
 models with different intermolecular packing of the β -strands in
 the unit cell: model 1 and model 2 (Figure 7). Model 1 was
 consistently of slightly lower energy than model 2. Figure 7
 shows both models with the central sheet in the same
 orientation to emphasize the difference in packing of the top
 sheet against the middle one. A key difference is that the Ala
 methyls are positioned differently. Model 1 has the packing
 shown in Figure 2b. The methyls of the top sheet that point
 down to the central sheet point roughly toward the Gly $\text{H}\alpha$, in
 the spaces between the pairs of interstrand Gly \cdots Ala hydrogen
 bonds. By contrast, in model 2 (corresponding to Figure 2c),
 the methyls point to the center of the pair of interstrand Gly \cdots
 Ala hydrogen bonds and are thus shifted along the strand by
 one residue. We note that because both models were energy
 minimized against the crystal dimensions of Takahashi et al.,¹⁴
 they are both consistent with the crystallographic data.

**^1H , ^{13}C , and ^{15}N Chemical Shift Calculation of Model
 $(\text{AG})_{15}$ Structures.** ^1H , ^{13}C , and ^{15}N chemical shifts were
 calculated for models 1 and 2 using GIPAW and are
 summarized in Table 2. The output files after CASTEP
 calculations are listed in the Supporting Information: Tables 1S
 (model 1 = A) and 2S (model = B). Figure 8 shows the
 corresponding stick spectra for the calculated and observed
 chemical shifts, from which it can be seen that the calculated
 shifts for model 1 fit the positions of experimental peaks A well,
 and calculated model 2 shifts fit experimental peaks B well,
 while the alternative assignment (model 1 = B and model 2 = 342

343 A) fits poorly. In particular, the covariance⁴² for 1 = A and 2 =
344 B is 0.23 ppm², while for 1 = B and 2 = A it is 0.57 ppm², clearly
345 indicating that the correct assignment is 1 = A and 2 = B. This
346 pairing is in agreement with the calculated lower energy for
347 model 1. We therefore equate model 1 with peaks A and model
348 2 with peaks B. The agreement between calculated and
349 observed ¹H shifts is reasonable. The ¹H chemical shift
350 calculation of model 1 makes it possible now to assign the
351 two Gly H α peaks. Namely, the H α of the Gly residue observed
352 at lower field at 4.6 ppm can be assigned to the H α located in
353 the β -sheet plane. This feature is important when we come to
354 discuss the β -sheet assembly in the light of the DQMAS ¹H
355 NMR data, where the Ala methyl signal corresponding to
356 model 1 was obtained at higher field than for model 2.

357 For the ¹³C chemical shifts, the agreement between the
358 observed and calculated chemical shifts is excellent, given that
359 the entire chemical shift range from the highest field Ala C β to
360 the lowest field Ala CO peak could be well reproduced, and the
361 chemical shift differences between the different carbons also
362 agree very well. In addition, the peak of Ala C β was correctly
363 found to appear at a higher field in model 1 than in model 2.
364 The experimental finding that components A and B were not
365 resolved in the ¹³C signals of Gly C α , Ala C α , and Ala CO is
366 also in agreement with the small calculated chemical shift
367 differences between models 1 and 2.

368 Finally, the calculated and previously observed ¹⁵N chemical
369 shifts⁴³ are compared for the two models. In this case the two
370 peaks of Ala and Gly were well resolved, so their relative peak
371 positions as well as the chemical shift difference could be
372 compared. The agreement is also excellent, and the two peaks
373 corresponding to models 1 and 2 could be assigned for both
374 ¹⁵N nuclei. The goodness of fit for ¹³C and ¹H can be compared
375 to literature values. Using the assignment of model 1 = A and
376 model 2 = B, the root-mean-square difference between
377 calculated and observed shifts is 2.2 ppm for ¹³C and 0.6
378 ppm for ¹H (or 0.4 ppm omitting amide protons, for which
379 chemical shift calculations are particularly difficult because of
380 their great sensitivity to hydrogen bonding). This can be
381 compared to other comparisons between GIPAW calculations
382 and experimental solid-state shifts for small organic com-
383 pounds: 2.5 ppm for ¹³C and 0.3 ppm for ¹H (penicillin G);⁴⁴
384 3.4 ppm for ¹³C (testosterone);²⁵ an average of 3.1 ppm for ¹³C
385 and 0.3 ppm for ¹H (thymol).⁴⁵ Thus, the chemical shift
386 calculation overall reproduces the observed chemical shifts very
387 well for all three nuclei, giving us confidence in the accuracy of
388 the models. We therefore propose that *B. mori* (Ala-Gly)_n silk II
389 consists of antipolar antiparallel sheets arranged statistically in
390 the arrangements shown in models 1 and 2, with a preference
391 of about 2:1 for model 1 vs model 2.

392 **Validation of the New Heterogeneous Model from**
393 **DQMAS ¹H NMR.** A further test for the validity of the models
394 derived here comes from ¹H–¹H distances observed in
395 DQMAS ¹H NMR spectra, which typically must be within
396 about 4 Å to give rise to observable cross-peaks.¹⁹ A set of nine
397 ¹H–¹H correlation signals is indicated in Figure 3. We
398 examined the ¹H–¹H distances underlying these observed
399 ¹H–¹H correlations by inspecting the list of ¹H–¹H distances
400 calculated from our models, and comparing them to the Marsh
401 model. Particularly diagnostic are the ¹H–¹H distances in
402 which either Gly H α 1 or Gly H α 2 protons are involved, which
403 are listed in Table 3. All distances calculated to be less than 4 Å
404 in one or both models (underlined in Table 3) are present in

the spectrum, as expected. By contrast, several distances that
405 are very short in the Marsh model do not give rise to observable
406 peaks in the spectrum, providing strong evidence that the
407 Marsh model does not correspond with the experimental data: 408

A given contact for Gly H α 1–Gly H α 1 or Gly H α 2–Gly H α 2
409 indicates a distance between two ¹H nuclei that are located in
410 different strands. 411

(1) Cross-peak v is between Gly H α 2 and Ala H α . This
412 distance is very short in both models, but is longer than 4 Å in
413 the Marsh model. 414

(2) Cross-peaks viii and ix are from Ala H β to Gly H α 1 and
415 H α 2. Both these distances are short in models 1 and 2. 416
However, in the Marsh model these distances are both well
417 over 4 Å. 418

(3) In the Marsh model, the Gly H α 2 protons in adjacent β -
419 strands are very close to one another, so a diagonal peak for Gly
420 H α 2 should be detected. This feature, however, is difficult to
421 judge from Figure 1 because the Gly H α 2 and Ala H α peaks
422 overlap in the relevant spectral region. We therefore
423 synthesized deuterium-labeled ([2-d]AG)₁₅ and acquired
424 another DQMAS ¹H NMR spectrum. As seen in Figure 9,
425 there is clearly no Gly H α 2 peak on the diagonal, now that the
426 Ala H α signal at around 5.0 ppm has been removed. This
427 observation provides very strong evidence that polar models,
428 such as in the Marsh model, cannot be correct. 429

In summary, we have shown that *B. mori* (Ala-Gly)_n silk II
430 exists in two packing arrangements A and B in a ratio of
431 approximately 2:1. We have presented two models (1 and 2,
432 corresponding respectively to A and B), which fit all
433 experimental data, in particular crystallographic, chemical shifts
434 and ¹H–¹H dipolar contacts. We have demonstrated that silk II
435 must be an antipolar, not a polar, packing. We propose that
436 crystalline Silk II is a statistical mixture of these two packing
437 arrangements, in a ratio 2:1. (The coordinates of the new Silk II
438 model are listed in the Supporting Information: Table 1S
439 (model 1 = A) and 2S (model = B).) 440

■ ASSOCIATED CONTENT 441

Supporting Information 442

Coordinates of the new Silk II model are listed in Table 1S
443 (model 1 = A) and 2S (model = B). This material is available
444 free of charge via the Internet at <http://pubs.acs.org>. 445

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Notes 449

The authors declare no competing financial interest. 450

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