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Using attitudinal information to explore preferences toward compulsory public health programmes: a willingness to pay study

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Abstract

Contingent valuation studies continue to be controversial due to easily identifiable biases and applied work failing simple tests of validity. One avenue of work that has shown some promising results, however, is the examination of attitudes within contingent valuation. Whilst a few studies have investigated the role and impact of respondent attitudes on willingness to pay responses, these have not been brought together within a single framework, nor applied to health-related goods. In this study, a framework is developed that generates attitude statements from qualitative research and then applies them to a contingent valuation study. The attitude statements are used to generate factors that are then used in explanatory analyses of respondents' support for one of four public health schemes and their associated willingness pay (WTP). Collecting attitude data before preference elicitation increases protests and decision uncertainty. The factors, including 'warm glow', have an explanatory effect on respondent WTP although some scale insensitivity remains. A different pattern of factor involvement is observed between the policy vote for or against the programme compared to that for WTP. These differences are consistent with a view of bounded rationality that suggests that the WTP responses are based on reasoning, as opposed to being affective or intuitive.

1. Introduction

The contingent valuation (or willingness to pay) methodology is a survey-based approach for deriving the monetary value for goods, whereby respondents are asked questions with the intention of deriving a maximum willingness to pay for a good. The willingness to pay technique has its roots in welfare economics, and is one of the main approaches used in the valuation of non-market goods as part of cost-benefit analysis.

Contingent valuation methods (CVM) have been heavily criticised for being prone to several sources of bias (Baron, 1997). Despite these problems, the need for valuations has spurred researchers to continue developing and testing new methods. One area where this has been apparent is the use of attitudinal data to produce improved estimates of respondent values. The use of such data is not new – the recommendations of the National Oceanic and Atmospheric Administration (NOAA) panel included the collection of data on attitudes to help explain differences in WTP between respondents (Arrow et al., 1993). Such explanatory analyses can then be used as a test, albeit a weak one, of validity.

Several studies have explored the role of attitudes within the context of CVM. Most prominent among these are the attempts to apply attitude-behaviour frameworks to either to test the validity of responses or generate more valid responses. Ajzen and Driver (1992), for instance, examined the extent to which the theory of planned behaviour could be used to explain WTP responses relating to leisure activities and identified strong correlations between attitudes and WTP. Interestingly, however, the size and statistical significance of the relationship substantially diminished when moral satisfaction was included within the regression specifications.

In a less theory driven exploration of the role of attitudes on WTP responses, Pouta (2004) assessed the extent to which gathering attitudes and beliefs can impact on the self-assessed quality of WTP responses of survey participants. This work is related to previous criticisms of CVM which claim that the WTP values do not reflect robust preferences, but affective responses to an unfamiliar task (Gregory et al., 1993; Shiell and Gold, 2003). One way to achieve deliberation and reflection would be to collect attitudinal information prior to the elicitation of WTP values. This information could direct the respondent to

consider the individual attributes of the good under investigation and their importance. Pouta (2004) found that the collection of attitude and belief data prior to a closed-ended WTP task increased mean WTP, but reduced self-assessed decision quality. However, the question of whether this approach produced more valid WTP estimates was not addressed.

Nunes and Schokkaert (2003) used attitudinal information differently, by using factor analysis to identify latent constructs that had an explanatory role in WTP responses. Further to this weak test of validity, the authors also identified a factor that was considered to reflect 'warm glow' and once this was used to adjust the results, the WTP response passed the adding up test (Diamond et al., 1993) which is considered to be a much stricter test of validity.

Whilst these applications have examined very precise questions, it may be possible to develop from their work an approach that is more generalisable. Consequently, this paper combines the essential features of Pouta (2004) and Nunes (2002) into a single study design that allows the examination of the role of attitudes in generating and interpreting WTP values. This approach is then tested by applying it to the valuation of four separate public goods relating to health.

This paper assesses what effect this process has on responses in several ways. Firstly, it examines whether the collection of attitude data prior to preference elicitation has an impact on responses and quality of response. Secondly, it assesses the validity of the WTP data that have been collected, and assesses whether the degree to which validity has been affected by the collection of attitude data. Thirdly, it examines whether respondent attitudes have any explanatory power with respect to preferences as measured by WTP and policy vote responses.

2. Method

2.1 Interventions

Four public health interventions were valued in the survey. They were; fluoridation of water, fortification of flour with folic acid, 20 miles per hour urban speed limits and banning smoking in public places.¹ The four policy descriptions were based on reviews of evidence in order to identify the most plausible estimates of impact. The descriptions were developed in order to capture the salient features of the interventions, including their processes, outcomes and potential adverse effects. Each description was assessed for readability and shown to have Flesch Kincaid Grade Level scores of less than 10, which indicates that they are comprehensible by 14-16 year olds (Kincaid, 1975). The descriptions are shown in Appendix A.

2.2 Sampling

The survey was administered by professional interviewers. A target of two hundred members of the general public was set for each intervention. Four electoral wards from a large city in England were selected purposively to include a range of socio-demographic features, and streets within them were selected at random. Interviewers then approached houses within the selected streets, and if there was no reply, they moved on to the next house.

For each intervention, there were four versions of the survey instrument, and these were administered at random to respondents. Consequently, it was expected that each version would be administered to around 50 people. The four versions were:

- Attitude scales *prior to* preference elicitation, and *central* estimate of effectiveness.
- Attitude scales *after* preference elicitation, and *central* estimate of effectiveness.
- Attitude scales *prior to* preference elicitation, and *low* estimate of effectiveness.
- Attitude scales *after* preference elicitation, and *low* estimate of effectiveness.

2.3 WTP questions

The WTP sections of the instrument were based around that used in two pilot studies (Dixon and Shackley, 2003; Shackley and Dixon, 2000), which in turn were based on those of the EuroWill project (Donaldson, 1999). Firstly, a description of the policy was read, with a copy given to the respondent. Respondents were then asked whether they would be in favour of the policy or not, whether they were indifferent or didn't know; this is

¹ This survey was undertaken before the current UK policy of banning smoking in public was agreed upon.

subsequently referred to as the ‘policy vote’. If they were in favour, they were asked if they would be willing to pay for the policy to go ahead, and if willing, how much was the maximum they would be willing to pay. Reasons why they would, or would not be willing to pay were collected in open text format. If they were opposed to the policy they were asked if they were willing to pay, their willingness to pay, and reasons for response.

For those opposed to the scheme, the rationale for being willing to pay varied between fluoridation and the other policies. For fluoridation, the payment was needed to install and maintain de-fluoridation equipment in the person’s home. For the other policies, the payment was to “ensure that the policy does not go ahead”. Very few respondents that were opposed to the scheme were willing to pay, and so these responses are not reported here in order to simplify the analysis and its interpretation.

The payment vehicle was taxation with annual payments and was the same for all programmes. The elicitation method was a payment card, which has been shown to avoid some of the problems associated with dichotomous choice questions (Ryan et al., 2004). On the payment scale, participants were asked to mark all the values that they definitely were, or were not, willing to pay which could mean leaving several values unattributed. The payment range indicated by the unattributed values could then be used as a measure of uncertainty relating to their valuation.

2.4 Attitudes

A set of attitude scales were derived from a series of six focus groups with members of the general public. Their derivation and content are described elsewhere (Dixon, 2010), but are summarised here for convenience. The scales were developed from a qualitative analysis of the focus group transcripts and facilitator notes using the framework approach (Richie and Lewis, 2003). The scales were generated to match the theme and sub-themes from the qualitative analysis and also written to give a mixture of positive and negative scales. After piloting, the final list of attitude scales consisted of 43 statements that were answered on a five point scale; strongly agree, agree, neither, disagree, strongly disagree. To this was added five statements that were classified as relating to warm glow in the work of Nunes (2002), although minor amendments were made to the original wording.

An examination of the statements revealed that for the purposes of the WTP survey, three separate groups were identifiable. Statements that convey general issues relating to public health (e.g. 'Individual responsibility is the key to good health'). Statements that convey issues relating to a specific public health policy (e.g. 'This policy would be easy to introduce'). Statements that had the potential to bias responses by evoking thoughts not related to the consequences of the scheme. For example, 'The financial cost of this policy will be very high' may encourage the use of a heuristic based around cost, whilst 'It is difficult for me to refuse to help people who beg for charity' may encourage social desirability bias and warm glow. These three groups are referred to as general, specific and cost, charity and taxation attitude statements, respectively.

It is important to differentiate between these different types of questions as they affect the position of the questions within the interview schedule. Statements without a specific policy focus can come before the policy description, whereas those related to a specific policy must come after the policy description. Statements that may encourage a bias must come after the WTP questions in all versions of the survey. The full set of statements and how they fit into this categorisation are given in Appendix B.

2.5 Decision quality

In line with Pouta (2004) decision quality was assessed using a set of four self-completed items relating to perceived difficulty in the decision problem, perceived information load, confidence with decision and satisfaction with decision. However, within this study, two pieces of preference information are gathered from separate questions; direction of preference is elicited from the policy vote question, whilst magnitude of preference is elicited from the WTP question. Consequently, decision quality was assessed after both preference questions.

2.6 Interview schedule

The interview schedule consisted of the following elements:

- Introduction
- Policy description
- Policy vote question
- Decision quality statements

- WTP question
- Decision quality statements
- Attitude statements relating to general issues
- Attitude statements having a specific policy focus
- Attitude statements relating to cost, charities and taxation
- Demographics and interviewer perceptions of respondents interest/seriousness in the survey

The ordering of these differed between those who received the attitude statements before the WTP questions, and those who received them after the WTP questions. The ordering above relates to those respondents described as receiving the attitude statements 'after' the WTP responses. For those receiving the statements 'before' the WTP question, the general statements were given before the policy description, the specific statements were then given after the policy description followed by the WTP questions. The cost, charities and taxation statements were given after the WTP questions.

3. Analysis

Respondent characteristics were compared with those of the UK population. Open text responses for not being willing to pay and reasons for being willing to pay, were coded according to a simple thematic analysis based on the responses themselves. Prior to the analysis of WTP estimates, it was necessary to categorise the open text response relating to the reasons why people were not willing to pay. Of particular importance is the need to identify 'protests' from 'true zeros', as protest responses are necessarily excluded from the analysis.

Initially, descriptive analyses were undertaken to report summary statistics and make comparisons across schemes. Univariate analyses were then undertaken to assess differences between respondents the 'before' and 'after' sub-samples. Comparisons of proportions were undertaken using chi-squared and Kruskal-Wallis tests. Comparison of continuous data used analysis of variance and Mann-Whitney tests.

Explanatory analysis was based around multivariate regressions of WTP. Interval regressions were used within STATA following on from previous work by Donaldson and

colleagues (1998) that identified this as the most appropriate approach for payment card data. Mis-specification was tested for using the RESET command within STATA which uses second, third and fourth powers within the auxiliary regression. An additional multivariate analysis was undertaken on the policy vote using logistic regression. The same explanatory variables as used in the WTP regressions were entered into these regressions.

Within the regressions, attitudes were measured using four factor scores derived from the responses to the attitude statements. The process of deriving these factors is described in a previous paper (Dixon, 2010). In summary, an orthogonal rotation was undertaken and a four factor solution adopted based on examination of its associated scree plot. The first factor was interpreted as reflecting a respondent's view that the named scheme is clearly good or bad across several defining characteristics. It encapsulates notions of the scheme saving money, having no uncertainties, not affecting freedom of choice, being the best way to tackle the problem, etc. The statement with the highest loading on this factor - "This policy is common sense" - is used to generate its label; 'common sense'. The second factor appears defined by general attitudes and beliefs which were not directed toward the specific scheme under consideration. The most highly loaded statements relate to the role of government; this is labelled henceforth as 'government'. The third factor mirrors Nunes' warm glow factor, so consequently, this is labelled 'warm glow'. The fourth factor appears to relate to the notion of rights and responsibilities; information for individuals, liberty and freedom from side-effects. The most highly loaded statements reflect general attitudes and beliefs without reference to a specific scheme. This factor is labelled henceforth as 'rights and responsibilities'.

After the survey was completed, examination of responses showed very high levels of missing data relating to income (43%). As this variable is central to the test of validity, income band was imputed for those respondents refusing to provide this, by using multinomial regression and associated sociodemographic variables that were not used in the subsequent multivariate analyses. Validity of WTP responses was to be assessed by signs on independent variables within the regressions matching expectations and providing weak ($0.05 \leq p < 0.1$) or strong ($p < 0.05$) evidence of a statistical relationship (Bland, 2000).

Central to this is size of the health benefit associated with the scheme, as this equates to a scope test.

4. Results

4.1 Survey sample

Eight hundred and sixty four people were interviewed, with the sample showing marked differences from the general adult population in England and Wales as described by the 2001 census (Table 1). The survey sample has a higher proportion of females, people over the age of 65, people holding degrees or equivalent qualifications, and a lower proportion of single people. Interviews were undertaken in 2007.

4.2 Descriptive and univariate analysis

Marked differences were seen between the four schemes in terms of their direction of preference (i.e. the response to the policy vote question), with $p < 0.001$ using a Chi-squared test. Higher levels of support were seen for speed limits and banning smoking in public places, with the lowest level of support seen for folic acid (Table 2). The mean willingness to pay, and the distribution of values, for those in favour of the scheme differ across the four schemes (Table 3), $p < 0.001$ analysis of variance and $p = 0.013$ Kruskal-Wallis test.

When the individual schemes are considered, there is weak evidence that positioning attitude questions before the policy vote changed responses for the folic acid policy ($p = 0.06$), but not for any other scheme (Table 2). Looking across all schemes in combination, the impact of the attitude questions on policy vote response was statistically significant ($p = 0.02$), with the proportion of respondents supporting the scheme reduced by around three percentage points when the attitude questions precede the policy vote. The impact of the attitude questions on WTP responses is not statistically significant for individual schemes, or all schemes in aggregate (Tables 3).

The timing of the attitude questions has a clear impact on the quality of the policy vote for fluoridation and smoking, with questions preceding the vote reducing the mean quality score for those in favour of the scheme (Table 2). Looking across all schemes, pre-vote attitude questions appear to reduce the mean quality score of the policy vote for those in

favour of the scheme ($p < 0.01$), although only by 0.21 points on a seven point scale (Table 2). There is weak evidence that positioning attitude questions before the WTP question impacts on the perceived quality of the response for those in favour of fluoridation (Table 3), with the quality score reducing by around 0.4 points ($p = 0.05$ Mann-Whitney test). For all other schemes, and all schemes in aggregate, no evidence of a significant impact is seen.

The rate of protests across the four policies (combining before and after questionnaires) ranges from 17.6% for folic acid to 39.7% for banning smoking in public places. There is no clear evidence that the timing of attitude questions impacts on rates of protest for individual schemes (Table 4). However, when assessing its impact across all schemes there is a statistically significant difference from 31.9% to 40.2% ($p = 0.04$, Table 3).

4.3 Multivariate analysis

The variables used within the regressions are listed in Table 4. Within the interval regressions, few of the sociodemographics variables are statistically significant and only in the case of smoking is respondent income associated with willingness to pay (Table 5). The size of each programme's effect is statistically significant in only one case and statistically significant when modelled as an interaction with the timing of the attitude questions (which indicates a higher WTP when the health effect is bigger and attitudes are assessed prior to elicitation of WTP). This indicates that the pre-WTP questions increase the sensitivity to scope for this scheme.

The attitudes of respondents do, however, have an impact on WTP for three of the four programmes, with each factor playing a role in at least one of the schemes. Warm glow is positively related to WTP for the folic acid and speed limit programmes.

There is also evidence that the interviewer influences WTP responses for all of the schemes. The coefficients relating to the eight interviewers are not shown in the Tables in order to simplify the results, however, they represent the largest impact on reported WTP for three out of the four schemes, and greater than the scope effect in all schemes.

When the multivariate analysis of the policy vote question is considered, three findings are of note (Table 6). Firstly, the impact of size of the scheme on support is not statistically

significant for any policy which suggests the lack of scope effects for the policy vote (although the very large coefficient for the smoking scheme would suggest an important effect). Secondly, the statistically significant interviewer effects that are seen in the WTP regressions have disappeared. Thirdly, there is a consistent pattern of influence from the factors, with strong evidence of ‘common sense’ being associated with direction of preference.

5. Discussion

The univariate results show that statistically significant differences are evident between schemes both in their level of support and the willingness to pay for those in favour of the scheme. The collection of attitude and belief information before the policy vote and WTP questions also appears to have an impact. Whilst this impact is not clearly discernible for individual schemes, across all schemes it appears that the collection of attitude and belief information reduces support for schemes and the quality of the policy vote. Introducing attitude scales prior to the WTP question also appears to increase protests, which effectively removes further people with a clear direction of preference from the analysis; this increases the susceptibility of the aggregate results to bias.

The attitudes of respondents have an explanatory effect on direction of preference and intensity of preference. The role that these effects have is reasonably consistent when considering the direction of preference, with the ‘common sense’ factor dominating the explanatory effect. However, a different pattern of influence is apparent when the WTP data are examined with the other three factors having greater prominence.

However, the validity of the WTP responses, as a measure of intensity of preference, is called into question by the tests of validity which show a lack of statistically significant associations with income and size of the health benefit across all schemes. Furthermore, the estimated effect sizes associated with income and ‘scope’ are less than that seen by the impact of the interviewer on reported WTP. Notably, interviewer effects are not apparent with the policy vote responses, nor too, is a scope effect for the majority of the schemes. Beyond these headline results, several issues are worthy of further consideration.

5.1 Survey instrument

The high rates of protests - 25.7% to 44.0% when the attitude statements are given before elicitation - call into question the validity of the mean and aggregate WTP values for the schemes. These compare unfavourably with the protest rates of around 12% seen in the EuroWill study (Shackley and Donaldson, 2002). The reason for the difference between the protest rates reported in this study and EuroWill could lie in possible differences in the survey instruments, the sample and/or the good being valued.

Given the similarity in the EuroWill instrument and the designs used in this study, it does not appear that this has contributed to the differential protest rates. Differences in sample may explain some of the difference as the level of protests can be partly explained by the respondent characteristics. However, given the widely different protest rates between the schemes in this study, it appears that the main cause of the high protest rates lies in the nature of the good being valued. It is possible that the schemes relate to protected values that individuals do not wish to put a price on (Baron and Spranca, 1997).

5.2 Survey responses

When examining WTP for those in favour of the policy, differences can be identified. Mean WTP is lowest for fluoridation, then 72% higher for speed limits, 87% higher for folic acid, and 108% higher for banning smoking in public places. In comparison, the United Kingdom EuroWill results showed smaller differences in mean response between schemes; additional cancer services were valued 33% and 29% higher than community care services using the standard and marginal questionnaires, respectively (Shackley and Donaldson, 2002).

5.3 Reasons for being willing to pay

The open text comments to the questions asking about reasons why people would be willing to pay are a rich source of information; over 6,000 words were recorded across the sample explaining their reasons why they would be willing to pay in order to support or oppose the scheme. A simple thematic analysis of these identifies the importance of health benefits, 'equity' (e.g. relating the benefits to specific vulnerable population groups), 'altruism' (e.g. relating the benefits to groups other than their own) and savings generated

by the scheme. Many responses also provide some insight into the processes that respondents used to generate their WTP response, for example, the use of mental accounting, the search for a fair price and the use of cost-based heuristics. As such, these data support the findings of Shiell and Gold (2002).

5.4 Impact of attitude questions

Placing attitude questions before the policy vote and willingness to pay question appears to reduce support across the four schemes and increase the proportion of respondents protesting. This may be due to the attitude questions raising important issues, such as, rights, responsibilities and side-effects, which are otherwise ignored by respondents who are faced with a policy issue without time to reflect on its true nature. Alternatively, it could be seen as the effect of a bias induced by the questions themselves. Raising various non-health issues could trivialise or obscure the benefits of the schemes, such that the more emotive issues have undue influence on a respondent's answers.

Whilst the latter explanation is possible, the attitude statements were derived in ways that reflected those issues that were raised by members of the public, as opposed to deliberately emotive issues. They were also framed in a mix of positive and negative formats, and included statements giving attention to the benefits of the scheme. Consequently, I feel that the use of attitude statements did not produce a bias in the sense that they provided a false emphasis to negative aspects of the schemes.

Understanding the reasons why protests increased is important. If it is due to 'illegitimate reasons', such as obscuring the health benefits of the scheme or overemphasising negative aspects of the schemes, then it is clear that the questions need to be removed. However, if it is due to legitimate reasons, such as helping respondents develop/interpret their own preferences more fully, then we have a dilemma; better informed values are achieved at the expense of greater protests (and lower decision quality).

Whilst the results indicate that mean WTP is unaffected by the timing of the attitude scales, this may be an artefact of the higher rates of protest associated with collecting attitudinal data prior to the WTP question. For example, protesting may be associated with very strong preferences. If this were the case, the higher rates of protest seen when gathering

attitudinal data before the WTP data may have the effect of excluding people that have extreme WTP values from the analysis.

5.5 Interviewers

The most important influence on reported WTP, as indicated by the size of the regression coefficients, were the interviewers. This could be due to a lack of training for the interviews such that they applied their own set of prompts to help respondents through the tasks. All interviewers went through a 1-hour training session, piloted the questionnaire and then reported back their experiences to allow a more consistent set of instructions to be circulated to the team. This could be made more rigorous in future studies.

However, a multitude of different possible causes of interviewer effects have been identified in the social sciences, including, gender effects, race effects, age effects and interviewer intonation effects (Gong and Aadland, 2011). The assessment of the impact of different interviewers has not received much attention within the WTP literature. Two American studies that examined this found interviewer effects relating to gender, age and race (Gong and Aadland, 2011; Loureiro and Lotade, 2005), whilst in the United Kingdom, Bateman and Mawby (2004) found that interviewer appearance had an impact on WTP.

This is an important finding in the context of the CVM debate as one of the least contentious issues has been the superiority of interview-based studies over telephone or postal methods. Whilst this study does not provide information on the relative merits of the alternative methods, it does highlight that interviewers can heavily influence WTP responses in a way not present with simpler question formats (as shown by the lack of impact on the policy vote). Future studies should include a statistical test of interviewer effects.

5.6 The value of using attitude questions and factor analysis

The use of the attitude questions, in combination with the factor analysis produced several interesting results. Firstly, they seem to indicate that whilst the factors do play a role in explaining WTP, this is not consistent across schemes. This highlights the complex nature of people's attitudes, and the role they play in forming preferences (as proxied by WTP). Importantly, the explanatory power of the factors in the regressions on WTP suggest that

the value of a health programme is not determined solely by health. Whilst the ability for WTP to value 'more than health' is an oft-cited reason for the use of WTP in health (Olsen and Smith, 2001), few studies have been constructed to allow respondents to include non-health characteristics in their valuations. The incorporation of attitude questions allows us to go one step further and identify attitudes toward non-health characteristics of the goods that explain WTP. It should, however, be noted that these explanatory effects do not correspond to the direct valuation of the non-health characteristics that correspond to the factors. Attitudes toward these characteristics describe a propensity to value the characteristics (e.g. warm glow), rather than measure the amount of warm glow generated and valued.

Secondly, they show that different schemes resonate with respondents through different sets of attitudes. However, this is not to say that health is not the overriding issue considered by respondents when answering the WTP question; this question was not assessed and could not be answered by the data collected within this study. It is tempting to take these findings relating to the explanatory effect of attitudes as evidence that the WTP values are produced via a rational process, and are therefore in some way 'valid'. Whilst encouraging, these findings need to be contrasted with the lack of any consistent relationship with income or size of the programme.

Finally, a more complex issue is raised by the finding that attitudes have an explanatory effect on both direction of preference and WTP, but the nature of the effect is quite different. This is encouraging as it seems to indicate that the questions are treated in different ways, with different attitudes being drawn upon to answer the different questions. This is consistent with the notion that different cognitive processes are employed for the policy vote and WTP questions. In previous work, Ajzen and Driver (1992) suggested that WTP questions triggered an affective response based on peripheral cognitive processes, and as such, were unlikely to produce valid valuations.

Dual processing models of cognition lie at the heart of Kahneman's view of bounded rationality (Kahneman, 2003). Whilst the core and peripheral processes referred to by Ajzen have different names and slightly different interpretations in the different models developed by psychologists, Kahneman (2003) helpfully looked beyond these nuances by

describing the two processes as intuition (peripheral) and reasoning (core). In this work, Kahneman identifies 'natural assessments' as particular tasks that trigger intuitive responses, and within these, assessment of 'good' and 'bad' as particularly important natural assessments. This is consistent with the dominant role of the 'common sense' factor with regard to the policy vote. Conversely, this would suggest that it is the 'unnatural assessment' of WTP that may have provoked greater consideration of the task in this study. Whether the WTP responses in this study were based on reasoning, is open to debate; it could be argued that they are just as likely to be adjusted or corrected intuitive judgements (using Kahneman's classification of decision making (2003, p717)).

5.7 Informed preferences

The fact that the WTP responses are partly explained by attitude information illustrates their potential importance to the elicitation process (if not the validity of the responses). The use of attitude scales by Pouta is based upon an attitude behaviour framework that postulates a link between attitudes, intention and behaviour (Ajzen and Driver, 1992). Related to this is the notion of attitude accessibility, which describes the ability for an individual to retrieve an attitude from memory (Fazio et al., 1982). Taken together, these two concepts suggest that intended (i.e. stated) WTP should be closer to actual WTP if respondents have more accessible attitudes toward the good in question (Barro et al., 1996; Whynes et al., 2005). One way of making attitudes more accessible is to encourage the respondents to consider them in the form of a series of scales relating to the issue under consideration. Using this framework, it seems plausible to conclude that asking about attitudes prior to the elicitation of preferences may help produce better informed preferences.

However, the results show that the use of attitude questions also reduced the self-assessed quality of the response to the policy, increased opposition to the schemes and increased protests to WTP questions. Pouta (2004) also found that quality of response was reduced, and additionally that sensitivity to bid value was reduced. Whilst Pouta highlighted that this procedural invariance related is a problem, we do not know which format (and hence which set of elicited values) are more 'correct'. Is it better to have pre-elicitation attitude questions? The reduced decision quality may be a good thing – people may be less certain

if they fully understand all the implications of a scheme. The reduced sensitivity to bids, as seen in the Pouta study, may produce more accurate estimates of true values.

In order to understand this better we need to understand how respondents produce their valuations as part of the WTP survey. For example, qualitative work could be used to assess what respondents are considering when they answer WTP questions with and without pre-WTP attitude questions. This would help identify the role that these information have within the valuation process.

5.8 Insensitivity

The results show that in general, the WTP responses were not sensitive to the scale of the scheme, however several issues are worth considering. Firstly, WTP responses were related to the size of the scheme for the folic acid and speed limit scheme (although with the former this was only in the case where attitude questions were given before the WTP answer). Whilst these were restricted to analyses with some imputed covariate data, these findings are more encouraging than those produced by the EuroWill study (Olsen et al., 2004).

Secondly, there was insensitivity to the size of the scheme for the policy vote as well. This may indicate that the insensitivity relates to the good under consideration rather than the elicitation procedure. The idea that the schemes relate to a set of protected values may explain this. In other words, people were acting ‘on principle’ without due regard for the details of the scheme such as size of effect. Baron and Spranca (1997) suggested that one consequence of respondents holding protected values was ‘quantity insensitivity’.

It is possible to argue that protected values were not only present, but were captured to some extent by the factors relating to respondent attitudes. For example, one could interpret the factors relating to ‘government role’ and ‘rights and responsibilities’ as relating to protected values and that their explanatory power is direct evidence of these being important to respondents. In other words, government interference, freedom of choice and individual responsibility may be considered to be protected values by many people. Consequently, it is respondents’ attitudes towards these process issues that dominate their WTP rather than the details relating to the outcomes of the scheme.

5.9 Conclusions and further research

The policy vote and WTP questions show clear differences between the schemes. However, doubt must be cast on the validity of the WTP results due to the high levels of protest and lack of any consistent evidence of construct validity across the schemes. Furthermore, whilst there is variability between schemes, the collection of attitude data before the vote appears to reduce the level of support, whilst simultaneously increasing protest rates and reducing the decision quality.

However, the measurement of attitudes did produce valuable results by demonstrating an explanatory effect on the policy vote and WTP responses. This suggests that different cognitive processes were being used for the two questions, with a more considered approach being adopted for the WTP question.

Bringing together these successes, and despite the failure of the results to consistently meet the scope test, I feel that the use of attitude questions and factor analysis should be considered for future WTP studies. However, it would be worth testing the approach in areas where people are less likely to respond emotively to the principles that are embodied within the scheme. These protected values make the valuation task all the more problematic.

This future work should not only seek to assess whether the factors have an explanatory effect, but it should consider further the role that pre-WTP attitude questions have on the valuation process of individuals. Knowing how this information is used and whether respondents consider it helpful would allow us to assess if the process produces better informed preferences or not.

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Table 1: Summary of survey sample and comparison with national and local figures

		Survey sample	England and Wales ^a	Sheffield ^a
Gender	Male	39%	48%	48%
Age	16-24	4%	14%	17%
	25-64	56%	66%	63%
	65 and over	40%	20%	20%
Highest educational level	Degree or equivalent	40%	20%	19%
	'O'/'A' level or equivalent	44%	44%	42%
	None or other	16%	36%	39%
Marital status	Married	66%	51%	48%
	Widowed	11%	8%	9%
	Divorce or separated	5%	11%	10%
	Single or living with partner	18%	30%	34%
Main economic activity	Employed	40%	61%	56%
	Unemployed	1%	3%	4%
	Retired	48%	14%	14%
	Other	11%	22%	27%

a Taken from the 2001 Census.

Table 2: Direction of preference for the four schemes

	Sample	In favour of the scheme?				Chi-squared p-value*	Mean quality score (SD)	Mann-Whitney test p-value*
		Yes (%)	No (%)	Indifferent (%)	Don't know (%)			
Fluoridation	All	143 (72.2)	29 (14.6)	12 (6.1)	14 (7.1)	0.20	5.59 (1.04)	0.01
	Before	67 (69.1)	19 (19.6)	4 (4.1)	7 (7.2)			
	After	76 (75.2)	10 (9.9)	8 (7.9)	7 (6.9)			
Folic acid	All	102 (45.3)	91 (40.4)	9 (4.0)	23 (10.2)	0.06	5.44 (0.90)	0.49
	Before	44 (40.0)	49 (44.5)	2 (1.8)	15 (13.6)			
	After	58 (50.4)	42 (36.5)	7 (6.1)	8 (7.0)			
Speed limits	All	163 (81.1)	29 (14.4)	6 (3.0)	3 (1.5)	0.39	5.82 (0.86)	0.28
	Before	82 (82.0)	15 (15.0)	1 (1.0)	2 (2.0)			
	After	81 (80.2)	14 (13.9)	5 (5.0)	1 (1.0)			
Ban smoking in public places	All	179 (86.5)	20 (9.7)	5 (2.4)	3 (1.4)	0.84	5.92 (0.78)	<0.01
	Before	95 (87.2)	11 (10.1)	2 (1.8)	1 (0.9)			
	After	84 (85.7)	9 (9.2)	3 (3.1)	2 (2.0)			
All	All	587 (70.6)	169 (20.3)	32 (3.9)	43 (5.2)	0.02	5.74 (0.90)	<0.01
	Before	288 (69.2)	94 (22.6)	9 (2.2)	25 (6.0)			
	After	299 (72.0)	75 (18.1)	23 (5.5)	18 (4.3)			

* Relates to the the hypothesis that before minus after equals zero.

Table 3: Impact of attitude questions on protests to giving a willingness to pay for those in favour of the scheme

	Position of attitude questions	n	Valuation given ^a (%)	Protest (%)	Chi-squared p-value	Mean WTP (SD)	t-test p-value	Mean quality score (SD)	Mann-Whitney test
Fluoridation	Before	63	36 (57.1)	27 (42.9)	0.55	14.4 (15.7)	0.49	5.53 (1.21)	0.05
	After	74	46 (62.2)	28 (37.8)		16.8 (16.1)		5.90 (0.88)	
Folic acid	Before	35	26 (74.3)	9 (25.7)	0.30	35.6 (36.1)	0.20	5.21 (1.13)	0.18
	After	54	45 (83.3)	9 (16.7)		26.1 (25.7)		5.41 (1.29)	
Speed limits	Before	77	46 ^b (59.7)	31 (40.3)	0.16	29.1 (26.8)	0.50	5.64 (1.00)	0.97
	After	75	53 ^b (70.7)	22 (29.3)		25.5 (26.1)		5.63 (1.02)	
Smoking	Before	91	51 (56.0)	40 (44.0)	0.53	34.5 (36.0)	0.62	5.77 (1.04)	0.97
	After	79	48 (60.8)	31 (39.2)		31.0 (32.3)		5.73 (1.18)	
All	Before	266	159 (59.8)	107 (40.2)	0.04	28.6 (30.7)	0.24	5.59 (1.10)	0.17
	After	282	192 (68.1)	90 (31.9)		25.0 (26.1)		5.68 (1.13)	

a Includes those classified as 'true zeros' despite no value given on the payment card. Excludes 'don't knows'.

b One missing value.

Table 4: Variable descriptions

Variable name	Description	Coding
AGE	Age	Continuous
GENDUM	Gender	1=Female, 0=Male
INCOME	Income	Continuous ^a
ACTIVITY ^b	Main activity	
STATUS ^b	Marital status	
AGAINST	Respondent was opposed to the scheme	1=Opposed, 0=In favour
INTEREST	Degree of interest shown by the respondent as rated by interviewer	1=Not at all, 5=Extremely
YEARSSED	Years in formal education	Continuous
ATTB4	Attitude questions given before the WTP question	1=Given before, 0=Given after
EFFECT	Size of main health effects in the policy	1=Larger effects, 0 small health effects
ATTEFF	Attitude x effect interaction	1=Attitude questions given before and larger main health effects
BELIEVE	Believability of the description as rated by the respondent	1=Not very, 7=Very
INTERVIEWER	Series of dummy variables describing the eight interviewers	

a Income was assumed to lie in the mid-point of bands, or at £5,000 if a respondent indicated “less the £10,000” or £50,000 if a respondent indicated “more than £40,000”.

b Main activity and marital status are not typically linked with any specific hypotheses that are not covered by other covariates, e.g. “retired” is associated with “age”. To simplify the results, a full model was specified and then the dummy variables related to main activity and marital status were tested to see if their coefficients were significantly different from zero. In all instances, the null hypothesis was accepted, and so these two variables were dropped from the subsequent analyses.

Table 5: Interval regressions of identified factors on banded WTP for respondents in each scheme

	Fluoridation	Folic acid	Speed limits	Smoking
Independent variable	Coefficients			
AGE	0.030	0.311*	-0.157	-0.146
GENDUM	2.815	-12.224	3.118	3.102
INCOME	0.169	0.449	-0.064	0.963**
INTEREST	1.477	9.458*	2.808	7.642
YEARSSED	-1.042	-0.737	0.451	-1.447
ATTB4	-1.952	-8.656	8.445	-3.363
EFFECT	-5.065	0.559	18.708***	4.532
ATTEFF	-8.524	25.876**	-15.441	12.469
BELIEVE	4.645**	4.109	-1.157	2.197
INTERVIEWER ^a	***	***	***	**
Common sense	-1.189	10.646**	5.801	9.597
Government role	2.484	0.818	8.913***	14.261***
Warm glow	-0.484	10.316***	10.105***	5.311
Rights and responsibilities	0.972	-9.223***	1.875	0.462
CONSTANT	-11.617	-2.409	-7.554	-14.046
n	76	67	94	93
Test statistics	p-values			
LR χ^2 (all)	0.041**	<0.001***	<0.001***	0.001***
Ramsey RESET	0.696	0.217	0.183	0.434

* p<0.1, ** p<0.05, ***p<0.01

^a Coefficients for individual interviewers not shown. P-value refers to that of a block test that all interviewer dummies are zero.

Table 6: Logistic regressions of identified factors on support for the scheme taken from the policy vote question

	Fluoridation	Folic acid	Speed limits	Smoking
Independent variable	Coefficients (Odds ratios)			
AGE	0.967	0.997	0.955	1.049
GENDUM	1.359	2.907*	10.451*	0.765
INTEREST	0.309	1.183	0.378	0.115*
YEARSSED	1.009	0.980	1.097	1.701*
ATTB4	0.201	0.234**	0.031**	0.691
EFFECT	0.196	0.720	0.176	1418.798
ATTEFF	0.734	2.957	507.744**	0.003
BELIEVE	1.577*	1.219	1.162	0.430*
INTERVIEWER ^a	-	-	-	-
Common sense	16.038***	15.533***	139.115***	253.588***
Government role	1.644	1.693*	2.462**	1.231
Warm glow	1.038	1.010	2.634*	0.575
Rights and responsibilities	0.677	0.596	1.983	1.069
n	165	184	177	187
Pseudo R-squared	0.599	0.572	0.688	0.717
Test statistics	p-values			
LR χ^2 (all)	<0.001***	<0.001***	<0.001***	<0.001***

* p<0.1, ** p<0.05, ***p<0.01

a Coefficients for individual interviewers not shown. P-value refers to that of a block test that all interviewer dummies are zero.

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Appendix A

Box 1: Description for fluoridation of water (central estimate of effectiveness)

Fluoride is a naturally occurring substance which is already present in very small quantities in water supplies. Fluoride has been shown to be beneficial in reducing tooth decay and is included in many toothpastes. Another way in which fluoride can reduce tooth decay is to add it to drinking water. Where this happens, fluoride is added to the water before it reaches residential areas. This means all households would receive water containing additional fluoride. Adding fluoride to water does not affect its taste. Fluoride also has no effect on household equipment such as kettles and washing machines.

In Britain, children typically have 2 or 3 teeth which are decayed, missing or filled. For adults, the number of decayed, missing or filled teeth is around 17.

Adding fluoride to drinking water would halve the number of decayed, missing or filled teeth for children and adults in the future. These improvements will be greater in the poorer areas of Britain.

There is a very small chance that, for a few people, adding fluoride to water could cause small white patches to appear on some teeth. Anyone taking fluoride supplements, such as tablets or drops, should stop taking them. If they do not, they will be at greater risk of developing discoloured teeth.

Note: the word reduced represents the central estimate of the main health effect as identified in the literature. This was changed to reflect a lower estimate of effectiveness for a sub-sample of respondents. The lower estimate was to reduce the number of decayed, missing or filled teeth by one quarter. This word was not underlined in the survey instrument.

Box 2: Description for fortification of food with folic acid (central estimate of effectiveness)

Every year around 180 babies in the UK are born with neural tube defects. These defects cause some babies to die within a few days of birth. Those that survive have a range of disabilities; from mild disability to those which are severely disabled. These abnormalities also cause many miscarriages. Also, many other pregnancies will be terminated following ultrasound scans diagnosing neural tube defects.

Adding folic acid to the diet of women prior to pregnancy and for the first few weeks of pregnancy can reduce the risk of neural tube defects. All women should be advised to take folic acid tables prior to pregnancy. However, not all women are given this advice or follow it.

Another approach is to add folic acid to food. If folic acid is added to food, it has been estimated that the number of babies being born with neural tube defects can be reduced by around 74 every year. The number of miscarriages and terminations would also be expected to fall.

If this goes ahead, the diagnosis of another disease seen the elderly - vitamin B12 deficiency – will be made more difficult. This is because the higher levels of folic acid in the blood mask the disease. This could lead to people with the disease experiencing some loss of sensation in the arms and legs. Many doctors feel that this is avoidable.

If this goes ahead, the folic acid will be added to flour. Only products which contain flour will contain the additional folic acid. Some flour supplies will not be fortified, and products which contain non-fortified flour will be clearly marked. The taste and look of food will not be altered in any way by the addition of folic acid.

Note: the number underlined represents the central estimate of the main health effect as identified in the literature. This was changed to reflect a lower estimate of effectiveness for a sub-sample of respondents. The lower estimate was a reduction of 37 babies being born with neural tube defects. This number was not underlined in the survey instrument.

Box 3: Description for 20 miles an hour urban speed limits (central estimate of effectiveness)

The chance of a pedestrian being seriously injured or killed if struck by a car is 45% if the car is travelling at 30 miles per hour (mph). This is reduced to 5% if the car is travelling at 20 mph.

Imposing 20 mph speed limits in residential areas has been shown to reduce the number of traffic accidents by 60%. The number of child pedestrian and child cyclist accidents is reduced by 67%.

In terms of England, this would mean saving the lives of around 70 children. It would also prevent around 2,000 injuries to children that lead to hospitalisation. The reduction in adult deaths and injuries is more difficult to estimate.

Note: the numbers underlined represents the central estimates of the main health effect as identified in the literature. These were changed to reflect lower estimates of effectiveness for a sub-sample of respondents. The lower estimates were 35 children's lives saved and 1,000 injuries prevented. These numbers were not underlined in the survey instrument.

Box 4: Description for banning smoking in public places (central estimate of effectiveness)

In adults, passive smoking increases the risk of lung cancer by around 25 per cent and the risk of heart disease by 30 per cent. In children, passive smoking increases the risk of chest illnesses, asthma and cot death.

Around ten thousand people are estimated to die each year in the UK as the result of exposure to other people's tobacco smoke.

For most people, public places are the main source of exposure to second-hand smoke. Banning smoking in public places, such as pubs, bars, shopping centres, will reduce all of these problems. A ban is also expected to reduce the rate of smoking in the population as a whole from 27 per cent to 23 per cent.

Note: the numbers underlined represents the central estimates of the main health effect as identified in the literature. These were changed to reflect lower estimates of effectiveness for a sub-sample of respondents. The lower estimates were five thousand deaths and a reduction in the rate of smoking to 25 percent. These words and numbers were not underlined in the survey instrument.

Appendix B

Table B1: Statements conveying general issues relating to public health*

<p>The main issue with any health policy is how many people will benefit</p> <p>Saving lives or relieving suffering are the main considerations when assessing any health policy</p> <p>When treating the whole population, there should be no potential side-effects what-so-ever</p> <p>All health interventions require us to balance advantages and disadvantages</p> <p>When treating the population, side-effects are okay as long as the positive effects outweigh them</p> <p>Poor health is caused by many factors</p> <p>When tackling a health problem, a single approach or policy is not especially useful</p> <p>The best approach to tackling large scale health problems is the provision of more information to promote healthy behaviour</p> <p>The best way the government can improve health is to help people to help themselves</p> <p>Individuals can not be trusted to change, so government intervention is worth considering</p> <p>Legislation can be a good way to change people's behaviour</p> <p>The government can be trusted with its health policies</p> <p>It's not the government's job to tell people what to do</p> <p>The government should stop people harming themselves</p> <p>The government should stop people harming others</p> <p>We need to be absolutely certain about all potential side-effects before implementing any health policy</p> <p>Scientific studies of health problems and possible treatments are generally trustworthy</p> <p>A big problem with treating the whole population are the unintended consequences of the schemes</p> <p>Treating the whole population can be a good idea even if it infringes people's freedom of choice</p> <p>I have the right to choose whether I participate in any health programme</p> <p>My actions should not harm others in any way</p> <p>Individual responsibility is the key to good health</p> <p>Nobody is 100% responsible for their own health</p>
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* Statements are grouped by (focus group) theme within this Table. In the interview schedule, statements were mixed up within each of the three statement groups.

Table B2: Final list of statements conveying issues relating to a specific public health policy *

This policy will improve the health

Overall, the advantages of this policy outweigh the disadvantages

This health problem is part of a much larger problem which needs to be tackled

This tackles a very important problem

Providing more information to people on this health problem would be a better way forward

This health problem is a good thing for the government to be getting involved with

I think that there are a lot of uncertainties with this policy

I have a lot of faith in the figures presented, and the science behind them

More research is needed on this before it's implemented

This policy would be easy to introduce

This policy is common sense

This policy doesn't fit in with other things that are done

This policy will have very little impact on my freedom of choice

* Statements are grouped by (focus group) theme within this Table. In the interview schedule, statements were mixed up within each of the three statement groups.

Table B3: Final list of cost, charity and tax statements*

<p>The financial cost of this intervention will be very high</p> <p>The intervention will generate a lot of savings due to improved health</p> <p>This tackles a very important problem</p> <p>There are some charity campaigns to which I feel very close and do not hesitate in making contributions</p> <p>I'm more than happy to contribute to good causes</p> <p>I admire people who are active members of charities</p> <p>I take pride in helping others with even the most trivial things</p> <p>It is difficult for me to refuse to help people who beg for charity</p> <p>Additional taxes are needed if we are to provide more health programmes</p> <p>Tax is the fairest way of funding public services</p> <p>The NHS needs taxes to survive</p> <p>I don't mind paying taxes if the money is well spent</p>
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* Statements are grouped by (focus group) theme within this Table. In the interview schedule, statements were mixed up within each of the three statement groups.