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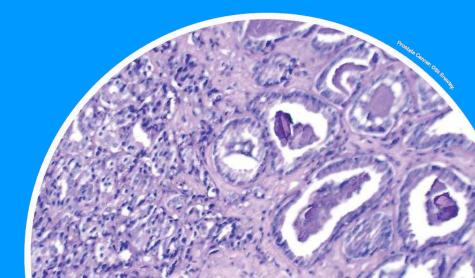


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# A cost-effectiveness model of prostate cancer screening

Matthew Mildred Jim Chilcott Silvia Hummel ScHARR





#### Contents

- Introduction to the project and topic
- Disease natural history model
- Data and model calibration
- Validation
- Results
- Conclusions



# The project

- Client: UK National Screening Committee
- Purpose: Help determine IF a national prostate cancer screening programme should occur AND which screening strategy is best.

#### Objectives:

Estimate costs, benefits and resource implications of alternative screening options.



#### Introduction to prostate cancer

The prostate is a small gland in men behind the bladder.

The most common cancer in men in UK (excluding non-melanoma skin cancer)

In 2008: Over 37,000 men diagnosed Over 10,000 men died from prostate cancer



#### Aim of screening:

Reduce cancer mortality, morbidity and treatment costs through early diagnosis and intervention.

#### Current evidence:

In 2009 two large RCTs reported apparently inconsistent results in terms of the death rate ratio:

ERSPC – significant reduction in PCa death rate

PLCO – no statistically significant reduction



# Challenges:

- Effectiveness of different screening programmes unknown.
- Scarce data around disease process due to its unobservable nature.
- Multiple unknown parameters in cancer screening model.



## Solution:

- Develop loosely parameterised cancer screening simulation model.
- Calibrate unobservable model parameters to observed data.
- Estimate impact of prostate cancer screening using calibrated model.



#### About the model:

- Disease natural history model (Simul8)
- Calibration module (Excel, Visual Basic)
- Simulation model of prostate cancer screening (Simul8)
- Resource impact model (Excel)



## Screening strategies investigated

No. Screens	Screening Age (years)	Screening Interval (years)		
Single	50			
	55			
	60	N/A		
	65			
	70			
Repeat	50-70	2, 4		
	50-74	1, 2, 4		
	55-70	2, 4		
	55-74	2, 4		



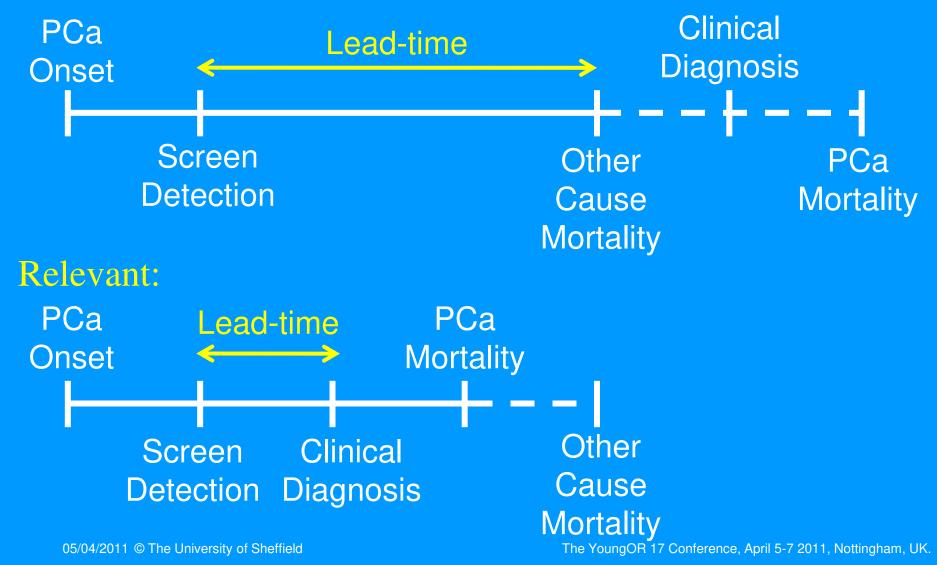
## **Outputs:**

- Age-specific incidence
- Age-specific mortality
- Prostate cancer stage distributions
- Over-detection rate
- Lead time
- Life years gained, QALYs gained
- Probability of developing prostate cancer
- Etc...



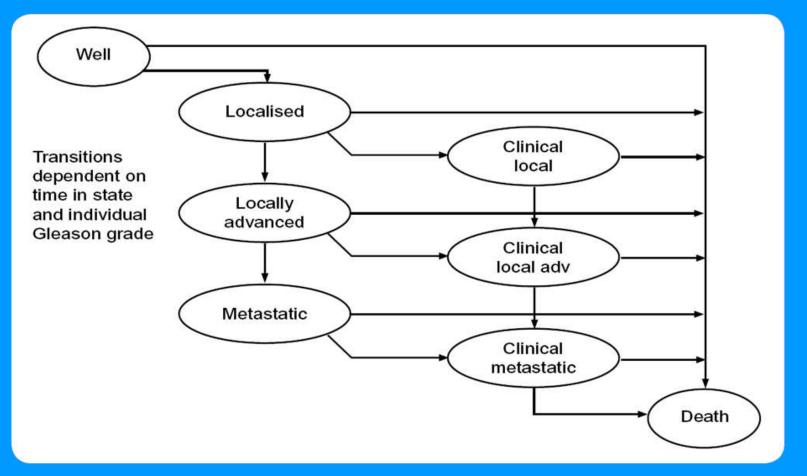
#### Definitions & terms used

#### **Over-detection:**





#### Disease natural history model



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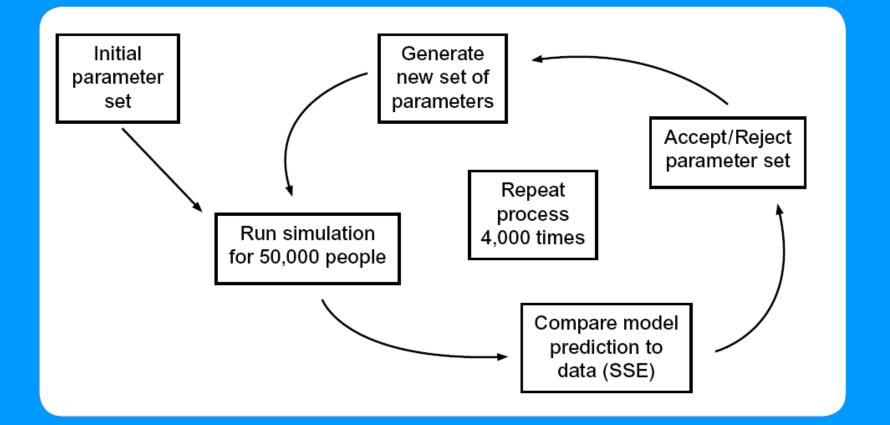


#### Data

Data	Source	
Age specific cancer incidence	Office of National Statistics	
Cancer stage distributions	ProtecT RCT UK Cancer Registry (ERIC)	
Gleason score distributions	ProtecT RCT UK Cancer Registry (ERIC)	
PSA/biopsy test characteristics	ERSPC RCT (Rotterdam section)	
Progression Free Survival	ERSPC RCT (Rotterdam section)	
Overall Survival	ERSPC RCT (Rotterdam section)	

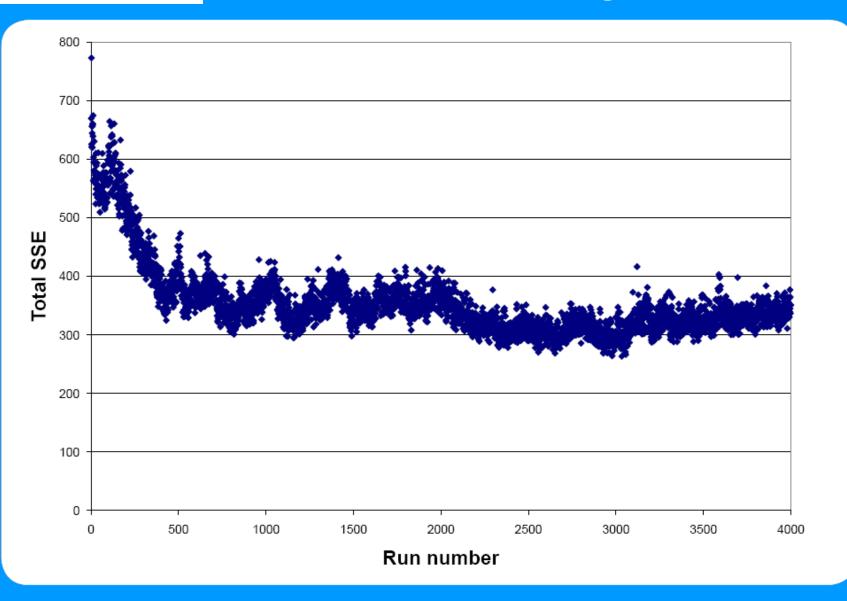


## Calibration process





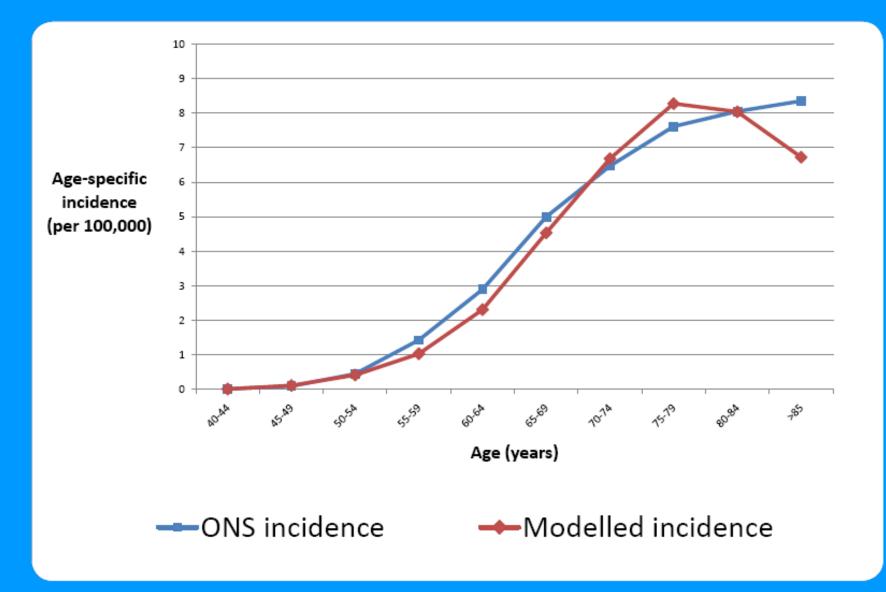
#### Total SSE during calibration



The YoungOR 17 Conference, April 5-7 2011, Nottingham, UK.

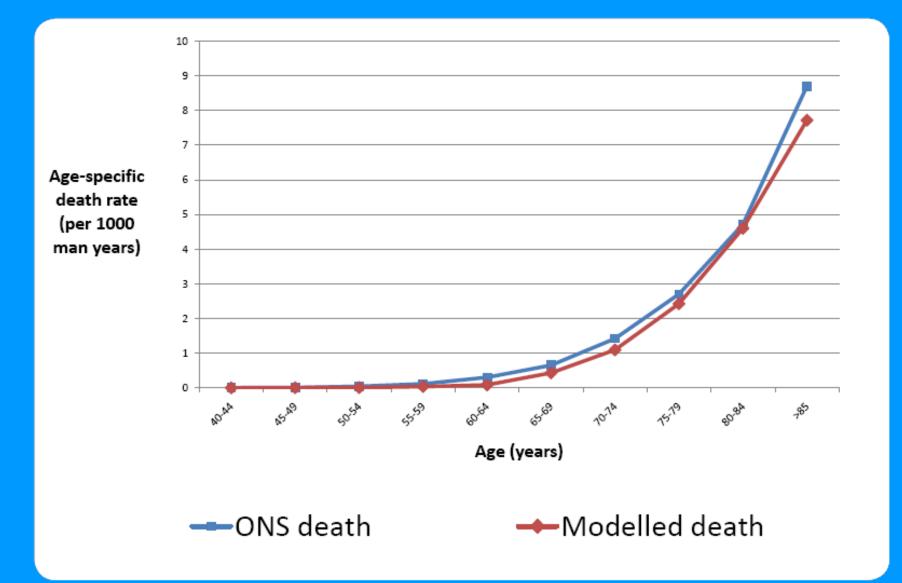


#### Validation: Incidence



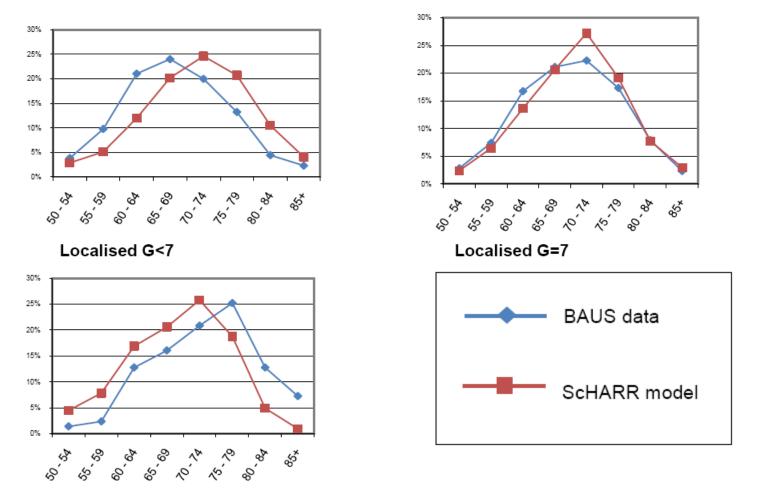


## Validation: PCa mortality





#### Validation: BAUS



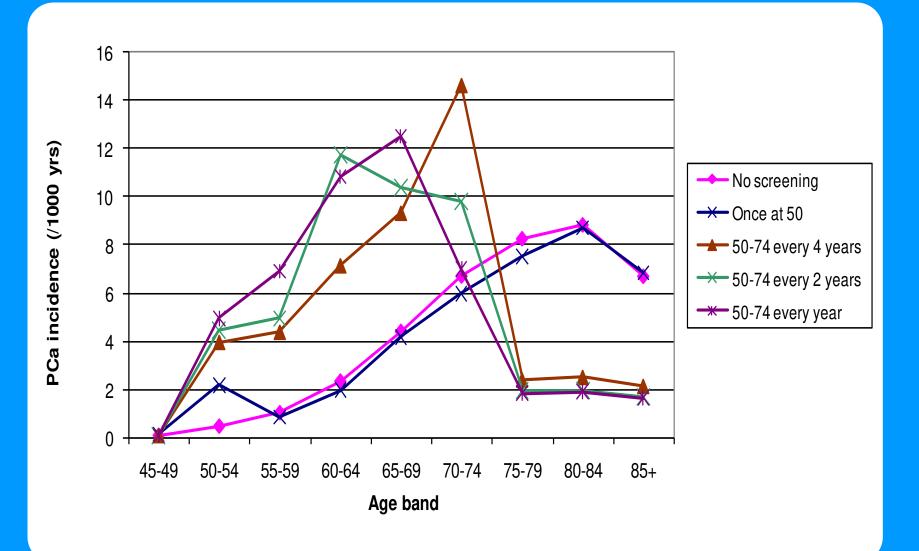
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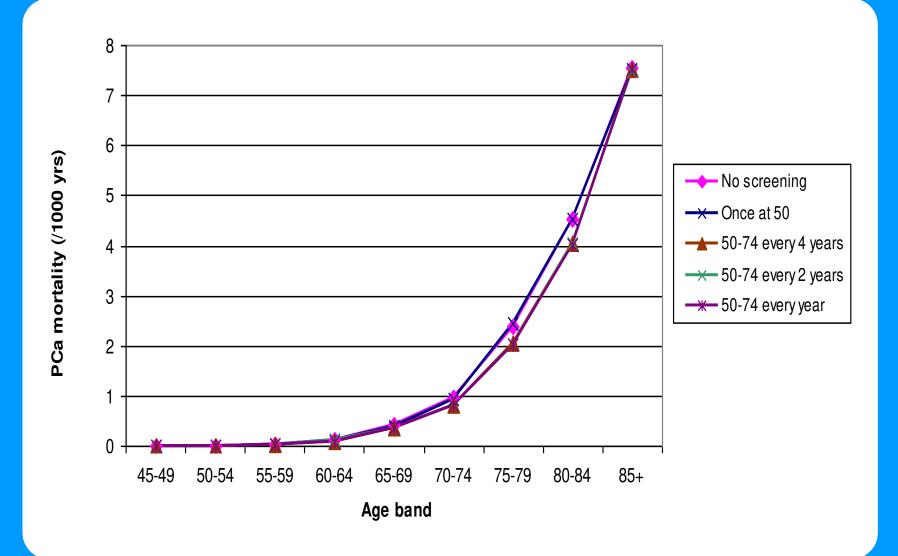


#### **Results: Incidence**





#### Results: Mortality





#### Over-detection & Lead time:

	Once at 50	50-74 every	50-74 every	50-74 every
		4 years	2 years	year
Over- detection rate	18%	44%	45%	46%
Lead time (for over- detected cases)	15.2 yrs	11.6 yrs	12.5 yrs	13.0 yrs



#### **Conclusions:**

A minimal life gain is offset by the high levels of disease management and over-diagnosis:

- One off screening: life gain of 0.004 years (1.2 days) with 36 years of additional disease management
- Repeat screening: life gain of 0.03 years (10-11 days) with 67-84 years of additional disease management



#### Have you heard our findings?



6 December 2010 Last updated at 16:39

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#### Experts scrap prostate screening proposal

UK experts have recommended against a screening programme for prostate cancer, saying its potential harms would outweigh any benefits.

The UK National Screening Committee says after weighing all the evidence, screening for this male cancer using a blood test called PSA is not advisable.

PSA screening has been contentious because of concerns about over-diagnosis.



Blood can be checked for PSA levels

BBC News 06/12/2010 http://www.bbc.co.uk/news/health-11930979 The YoungOR 17 Conference, April 5-7 2011, Nottingham, UK.



## Acknowledgements:

- Dr Anne Mackie and Prof Julietta Patnick at the UK National Screening Committee
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