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Main Manuscript for:

**Subduction modulated the long-term oxygenation of Earth's
surface**

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36

37 **Classification:** PHYSICAL SCIENCES; Earth, Atmospheric, and Planetary Sciences.

38

39 **Keywords:** atmospheric pO_2 ; cold subduction; carbon-sulfur cycles; metamorphic thermobaric ratios;
40 biogeochemical modelling

41

42 **This PDF file includes:**

43 Main Text

44 Figures 1 to 3

45

46 **Abstract:**

47 On Earth, atmospheric oxygen is inferred to have risen over three major intervals before reaching
48 modern levels, with each interval having a profound impact on the evolution of the biosphere. However,
49 the principal driver behind these stepwise increases remains elusive. Here, we compile metamorphic
50 thermobaric ratios (T/P) through time and use them as a first-order, probabilistic proxy for the likelihood
51 of 'cold' subduction (i.e., with $T/P < 375^\circ\text{C GPa}^{-1}$) during secular cooling of Earth's mantle. Then, we
52 couple this tectonic forcing to biogeochemical modelling to test whether more efficient cold subduction
53 may have enhanced the net transfer of reduced organic carbon and pyrite to Earth's deep interior,
54 thereby diminishing oxygen sinks and allowing surface oxygen levels to increase at geological
55 timescales. Modelling results indicate that the progressive emergence of cold subduction could
56 plausibly have contributed to the long-term oxygenation trajectory and associated secular trends in
57 atmospheric carbon dioxide, seawater sulfate, sedimentary phosphorus, and marine redox conditions.
58 Although the absolute magnitudes remain uncertain, the predicted trajectory of surface oxygenation is
59 qualitatively consistent with the broad three-step pattern inferred from geochemical proxies. We
60 propose that the progressive evolution of subduction may have been a key driver of long-term surface
61 oxygenation, linking mantle cooling to the rise of conditions favorable for aerobic lifeforms.

62

63 **Significance Statement:**

64 How Earth acquired its oxygen-rich atmosphere remains a pivotal question in Earth science. By
65 analyzing secular changes in the thermal state of subduction zones inferred from metamorphic
66 thermobaric ratios (T/P), we evaluate whether the emergence of cold subduction could have
67 progressively enhanced the atmospheric oxygen level via the net transfer of oxygen sinks (i.e., organic
68 carbon and pyrite) into the mantle. Coupled biogeochemical modelling provides a quantitative
69 framework linking mantle cooling, subduction redox fluxes, and long-term surface oxygenation. Our
70 results offer a mechanistic hypothesis that helps place diverse geochemical records within a common
71 Earth-system context, and suggest that secular evolution of subduction may have led to the
72 development of conditions favorable for aerobic lifeforms.

73

74 **Main Text:**

75 Earth's atmosphere attained its present level of oxygen ($O_2 = 21$ vol.%) via three major steps (Fig. 1A)
76 that ultimately led to a planet habitable to lifeforms of immense diversity and complexity, including
77 humans (1, 2). The first major increase in atmospheric oxygen, the Great Oxygenation (or Oxidation)
78 Event (GOE), occurred in the Paleoproterozoic Era (3, 4) between c. 2.43 and 2.0 billion years ago (Ga).
79 The GOE includes the Lomagundi–Jatuli Event (c. 2.22–2.06 Ga), the largest positive carbonate carbon
80 isotope ($\delta^{13}C_{carb}$) excursion in Earth history (5, 6) (Fig. 1A, G), during which the partial pressure of
81 oxygen (pO_2) rose from $<10^{-6}$ of the present atmospheric level (PAL) to 10^{-2} PAL or higher (6–8). The
82 GOE enabled oxygenation of the surface ocean and increased mobilization (via oxidative weathering)
83 and accumulation of redox-sensitive trace elements in marine sediments (8–10) (Fig. 1B), ultimately
84 paving the way for the emergence of eukaryotic life (11) (Fig. 1C). Thereafter, pO_2 likely remained at
85 levels between $\sim 10^{-3}$ to 10^{-1} PAL for the next billion years or so (c. 1.8–0.8 Ga; commonly known as
86 the 'Boring Billion') (Fig. 1A), during which deep water masses were mostly anoxic and ferruginous (12)
87 (Fig. 1B).

88

89 The second proposed rise in atmospheric oxygen, commonly termed the Neoproterozoic Oxygenation
90 Event (NOE), occurred broadly from c. 0.8 to 0.52 Ga and was a potential trigger of the Ediacaran to
91 Cambrian biotic explosion of metazoans, although its timing, tempo, and even coherence as a single
92 'event' remain debated (13–15) (Fig. 1C). The NOE was likely characterized by a high degree of
93 instability in atmospheric and marine oxygen levels (Fig. 1A), as evidenced by extreme variability in the
94 concentration of redox-sensitive elements in marine sediments (8–10) (Fig. 1B) and isotope mass
95 balance modelling, which indicates that pO_2 likely fluctuated in the range of 0.1 to 0.6 PAL (16, 17). A
96 third increase to present-day O_2 levels, termed the Paleozoic Oxygenation Event (POE), occurred
97 during the mid to late Paleozoic (c. 0.45–0.25 Ga) (18) and is suggested to have driven an increase in
98 the body size of organisms and the emergence of more diverse and specialized predators in the
99 Devonian (19) (Fig. 1C).

100

101 Multiple explanations for the drivers of atmospheric oxygenation have been proposed. The evolution of
102 oxygenic photosynthesis (20) and the subsequent succession of dominant primary producers from
103 algae to vascular plants (21, 22) undoubtedly had a major impact on the production and accumulation

104 of O₂ through time via burial of organic carbon (Fig. 1C). A transition from more mafic to more felsic
105 continental crust at c. 2.7–2.5 Ga (23), an abrupt reduction in submarine volcanism after c. 2.45 Ga
106 (24), and oxidation of the upper mantle (25) have all been proposed as potential links to the GOE via a
107 decrease in sinks for O₂. Photochemistry (26), mineral–water interface reactions (27), hydrogen escape
108 (28), and an increase in the length of a day associated with Earth’s decreasing rotation rate (29) may
109 also have contributed to the accumulation of atmospheric O₂. However, it is unclear how these
110 processes could explain the long-term trajectory of Earth-surface oxygenation, including the potential
111 step changes represented by the GOE, NOE and POE, such that the first-order driver of the long-term
112 oxygenation of Earth’s surface remains elusive.

113
114 Here, we use the record of thermobaric ratios (*T/P*) from metamorphic rocks ($n = 876$) formed over the
115 past four billion years (30, 31) (Figs. 1D and SI Appendix, Fig. S1) to track the evolution of subduction
116 styles on Earth and evaluate their potential impact on secular changes in deep carbon (and sulfur)
117 cycling. When combined with biogeochemical modelling, this allows us to evaluate the effects of
118 changes in subduction style as a driver of long-term oxygenation of the Earth’s surface, and ultimately
119 the development of the modern habitable world. Because the metamorphic record is incomplete and
120 biased by preservation, we treat the *T/P* time series as a first-order probabilistic metric, and impose it
121 as the sole time-varying forcing in a minimalist sensitivity experiment to generate falsifiable, first-order
122 predictions.

123

124 **Subduction style and the deep carbon cycle**

125 Since the Archean, subduction of carbon has played a pivotal role in modulating Earth’s climate and
126 habitability, as well as the formation of deep (sub-lithospheric) diamonds (32) (Fig. 2A). On the modern
127 Earth, subduction of carbonate and reduced species, i.e., organic carbon (OC) and pyrite, is highly
128 variable and largely a function of geological happenstance (33). Carbon can be lost from the subducting
129 slab by metamorphic decarbonation and partial melting, processes that are mainly controlled by
130 pressure (*P*)–temperature (*T*) conditions and fluid availability and composition (33) (SI Appendix, Fig.
131 S1). Although individual *T/P* estimates have associated uncertainties related to *T* (~50 °C) and *P* (~0.1–
132 0.2 GPa), the global distribution of *T/P* through time has been argued to capture first-order shifts in
133 metamorphic thermal regimes (34). Therefore, we interpret secular changes statistically and use *T/P*

134 as a probabilistic proxy for the likelihood of subduction. Warmer subduction favors shallower
135 devolatilization and melting of the descending slab top as well as oxidation and dissolution of OC in
136 fluids, whereas cooler subduction allows deeper transport of carbonate and OC into the sub-arc mantle
137 (35) (Fig. 2A).

138
139 Subduction zones act as net sinks of carbon on timescales of a few tens of millions of years (Myr),
140 whereas at longer timescales (>50 Myr) subducted carbon is either recycled via volcanism and
141 weathering or is sequestered into the mantle (35). Carbonate mostly breaks down during the subduction
142 process, whereas OC (as graphite or diamond) and other reduced species can be transported through
143 the mantle transition zone into the deep mantle (32), resulting in a net addition of O₂ at the Earth's
144 surface. Subsequently, this deeply subducted OC may be entrained by mantle upwellings (including
145 plumes) then released back to the surface through ocean-island volcanism (36). This cycling of OC
146 from the surface to the deep mantle and back (the deep carbon cycle), which occurs on timescales
147 associated with mantle mixing (37), has likely exerted a first-order control on long-term atmospheric O₂
148 buildup (see *SI Appendix* for further details).

149

150 **Secular evolution of subduction style and surface oxygenation**

151 The formation of the supercontinent Nuna/Columbia during the Paleoproterozoic is widely recognized
152 as evidence that plate tectonics, driven mostly by subduction of oceanic lithosphere, has been Earth's
153 tectonic mode at least since the late Archean (38) (Fig. 1E). However, subduction can also occur without
154 being linked to plate tectonics, for example in sluggish lid or episodic tectonic modes that may have
155 operated during the Archean due to higher mantle temperatures (39). Thus, subduction may have
156 occurred prior to c. 2.5 Ga, but in a style that was episodic and short-lived (30, 40, 41). By contrast,
157 since the Archean, subduction has probably been operating continuously as a necessary complement
158 to seafloor spreading, allowing regional metamorphic terranes to be formed and preserved due to
159 subduction-to-collision orogenesis at convergent plate margins (42).

160

161 To evaluate Earth-surface oxygenation impacts due to changes in subduction style linked to secular
162 cooling, we constructed a time-series of metamorphic thermobaric ratios using *T*, *P* and age information
163 from globally distributed localities with metamorphic rocks younger than the Hadean (<4.03 Ga; Fig. 1D

164 and *SI Appendix, Fig. S1*; Materials and Methods). A direct proxy for the secular evolution of subduction
165 style is provided by the temporal distribution of low T/P metamorphic rocks (those with $T/P < 375^\circ\text{C}$
166 GPa^{-1}), as represented by most eclogites and blueschists (30, 31). Because individual T/P estimates
167 reflect complex P – T – t paths and can be influenced by exhumation rate and the balance between
168 advective and conductive heat transfer, we interpret the T/P record statistically — we do not treat any
169 single locality as uniquely diagnostic of tectonic mode. Since the Archean, the upper mantle has been
170 cooling at a rate of $\sim 100^\circ\text{C}/\text{Gyr}$ (43). This cooling is consistent with an increasing proportion of localities
171 characterized by low T/P , a decrease in average T/P ratios with time, the progressive development of
172 bimodality in T/P ratios characteristic of convergent-margin metamorphism (see the upper panel of *Fig.*
173 *1D*), and the appearance of orogenic eclogites in the Paleoproterozoic and ultrahigh pressure
174 metamorphic rocks and blueschists since the Cryogenian (44).

175
176 Low T/P values are observed during two major intervals (*Fig. 1D*): (1) in the Paleoproterozoic (c. 2.2–
177 1.8 Ga), and (2) from the mid-Neoproterozoic to the present day (<0.8 Ga), broadly coincident with the
178 purported GOE and the NOE–POE, respectively (*Fig. 1A*). The first period with low T/P values is
179 consistent with the emergence of cold subduction associated with formation of Nuna/Columbia by plate
180 convergence and collisional orogenesis (42) (*Fig. 1D–E*). Despite their scarcity, these localities are
181 widely distributed and we argue to reflect an overall decrease in thermobaric ratios related to stable
182 (continuous) rather than unstable (short-lived or episodic) subduction, which would have aided delivery
183 of OC (and pyrite) to the deeper mantle on a global scale. However, the tectonic cycle that led to the
184 formation of Nuna/Columbia and preservation of the earliest eclogites after c. 2.2 Ga may have begun
185 some time earlier with progressive continental breakup. Based on the average lifespan of 186 Myr for
186 passive margins initiated during the Neoproterozoic to Paleoproterozoic (>1.6 Ga) (45), we argue that this
187 cycle likely began at c. 2.4 Ga. Notably, there is a small concomitant increase in the frequency of
188 carbonatite and kimberlite magmatism during the mid-Paleoproterozoic (c. 2.1–1.7 Ga) (46) (*Fig. 1F*)
189 that is offset by c. 100 Myr toward younger ages relative to the T/P metamorphic minimum (*Fig. 1D*),
190 likely reflecting the time taken for slabs to sink through the mantle (47). In addition, eclogitic inclusions
191 in Proterozoic diamonds record low $\delta^{13}\text{C}$ values between -10‰ and -5‰ (48, 49), consistent with
192 subduction of isotopically-light surface carbon to the deep mantle (50) (*Fig. 1G*). Lastly, a peak in black
193 shale and graphite deposition associated with Paleoproterozoic orogens (51) would have further

194 contributed to OC burial and rising atmospheric oxygen levels, coincident with the Lomagundi–Jatuli
195 Event (52).

196

197 Following the Boring Billion, a period likely associated with a slowdown of mantle convection and
198 tectonic plate motion (45, 47), a second period characterized by low T/P values (c. 0.8 Ga to present)
199 corresponds to the appearance of blueschists and ultrahigh pressure metamorphic rocks in the
200 continental record, consistent with the emergence of modern-style plate tectonics (30, 35, 53) (Fig. 1D).
201 Notably, after the initial drop in T/P associated with the NOE at c. 0.8 Ga, there was a further drop from
202 c. 0.45 Ga to a nadir at c. 0.3–0.25 Ga, related to the POE. In both cases, a delay between the initiation
203 of ocean-basin closure by subduction and the preservation of metamorphic rocks with low T/P during
204 subsequent collision, is broadly consistent with the lifespan of the associated passive margins
205 (averages of 174 and 137 Myr, respectively) for the Neoproterozoic and Cambrian-to-Carboniferous
206 periods (45). Coeval with these changes were marked increases in carbonatite and kimberlite
207 magmatism (46) (Fig. 1F), consistent with increasingly efficient delivery of carbon to the deep mantle.

208

209 **Quantitative modelling**

210 To test the hypothesis that the emergence and progressive evolution of cold subduction since the
211 Archean contributed to the long-term oxygenation of Earth's surface, we integrated subduction style
212 and mantle degassing into the COPSE biogeochemical model (54), which tracks the global cycles of C,
213 S, O, N and P across a three-layered system comprising surface (atmosphere, ocean and biosphere),
214 crust and mantle reservoirs (SI Appendix, Fig. S3). We introduced a key parameter, f_{cold} , in the model
215 to estimate the development of cold subduction through time and its impact on the evolution of $p\text{O}_2$
216 (Figs. 2B and 3). This parameter represents the ratio between the number of low T/P localities and the
217 total number of localities in the metamorphic dataset for a particular time interval normalized to the
218 value for the last 100 Myr (0.63), taken as representative of modern-style plate tectonics (i.e., f_{cold} varies
219 between 0, meaning no cold subduction, and a value of 1.2, corresponding to a maximum in cold
220 subduction during the Carboniferous–Permian, see Fig. 3A). In this model, f_{cold} is treated as a first-order
221 probabilistic metric rather than a deterministic mapping from T/P to a unique tectonic mode. At lower
222 f_{cold} , inefficient subduction leads to greater recycling of subducted OC (and pyrite) through shallow
223 volcanism and metamorphism, and to enhanced consumption of O_2 by reducing C–S–Fe fluids released

224 from, for example, upwelling mantle plumes, maintaining low atmospheric pO_2 . By contrast, at higher
225 f_{cold} , efficient subduction enhances the transfer of OC (and pyrite) to the deep mantle, which in turn
226 allows atmospheric pO_2 to rise (see Materials and Methods, [SI Appendix, Table S1–S4](#) for further
227 details). In the modelling, we hold all other COPSE model parameters at their pre-defined present-day
228 steady-state values, imposing only the f_{cold} forcing derived from the metamorphic T/P record, to isolated
229 the effect of a single tectonic forcing (i.e., cold subduction) within the simplified Earth system. As a result,
230 we interpret the model outputs primarily in terms of broad secular trends rather than precise
231 reconstructions of absolute paleo- pO_2 levels.

232

233 To evaluate the effect of varying f_{cold} on atmospheric pO_2 , we ran our modified COPSE model backward
234 in time for f_{cold} values varying from 10^{-6} to 1.2, with all other model parameters remaining at present
235 steady-state values. For each value of f_{cold} , step-change experiments show that the modelled pO_2
236 relaxes toward a new, lower steady state value within c. 0.2–0.8 Gyr ([Fig. 2B](#)), basically consistent with
237 the long response time of the mantle C–S reservoirs ([55](#)). Notably, there is a linear relationship between
238 f_{cold} and the time-dependent response of new pO_2 steady states ([Fig. 2C](#)). For example, at $f_{\text{cold}} \sim 0$,
239 buried OC (and pyrite) is totally recycled, resulting in pO_2 being maintained at very low levels $<10^{-6}$ PAL,
240 consistent with estimates for the Archean ([8](#)). Similarly, levels of pO_2 corresponding to the GOE (ca.
241 10^{-3} – 10^{-1} PAL) occur when f_{cold} increases to values of 10^{-3} – 10^{-1} . At f_{cold} values of 0.4–0.7, the predicted
242 pO_2 levels correspond to the NOE–POE ([16–18](#)), before evolving to modern pO_2 levels at $f_{\text{cold}} = 1$ ([Fig.](#)
243 [2B–C](#)).

244

245 Next, we examined the potential of our model to simulate the oxygenation history of Earth’s surface
246 using a time-reversed evolution of f_{cold} ([Fig. 3A](#)) as defined by the metamorphic T/P data ([Fig. 1D](#)), again
247 with all other parameters at present-day levels. Using Monte Carlo uncertainty propagation, we explicitly
248 represent the uncertainty in the f_{cold} forcing, providing quantitative confidence bounds on trajectories
249 and sensitivities ([Fig. 3B–F](#)) (see Materials and Methods for a full description of f_{cold} and Monte Carlo
250 setup). Our model shows that, going backward from modern values, pO_2 decreases in two periods,
251 including a stepwise decrease in pO_2 from the present day to c. 1.0 Ga, variable pO_2 during the ‘Boring
252 Billion’, and then a ‘great oxidation’ of the atmosphere between c. 2.0 and 2.4 Ga, eventually predicting
253 an Archean state with only trace levels of oxygen ($<10^{-6}$ PAL) ([Fig. 3B](#)). Notably, the inset in [Figure 3B](#)

254 shows a decrease in modelled O₂ from ~19 to ~12 mol.% at c. 0.4–0.6 Ga, supporting a distinct POE.
255 Although by necessity qualitative, our modelled evolution of pO₂ through time shows broad agreement
256 with other proxies over much of the past four billion years (Fig. 3B).

257
258 To test the robustness of our model output, we compared our predicted atmospheric partial pressures
259 for carbon dioxide (pCO₂), concentrations of sulfate ([SO₄²⁻]_{sw}) in seawater and sedimentary phosphorus
260 abundance (Fig. 3C–F) with measured geochemical proxies and results from previous modelling
261 studies. Moving back through time, modelled pCO₂ increases to ~100 PAL at c. 1.0 Ga and then
262 progressively climbs to ~600 PAL by the late Archean (Fig. 3C), in broad agreement with previous
263 estimates (56). Superimposed on this trajectory are two notable declines at c. 0.3–0.4 Ga and c. 2.1–
264 2.4 Ga (Fig. 3C), which likely correspond to well-documented pCO₂ drawdowns during the
265 Carboniferous and GOE, respectively (54,56). Predicted [SO₄²⁻]_{sw} decreases in a stepwise fashion to
266 trace levels (<0.2 mM) (Fig. 3D), which broadly mimics reconstructions based on S-isotope and mass-
267 balance modelling (57, 58). Modelled burial fluxes of marine organic (mopb) and authigenic (capb)
268 phosphorus capture the broad secular records of phosphorus concentrations in marine shales and
269 phosphorite occurrences (59), notably including two peaks during the Neoproterozoic-to-Paleozoic and
270 Paleoproterozoic (Fig. 3E). The degree of ocean anoxia (ANOX) shows a monotonous increase from
271 ~0.0025 (fully oxidized) to ~1 (fully anoxic) at ~0.4–0.6 Ga, but a pulsed decrease to 0.3 at 2.0–2.4 Ga
272 (Fig. 3F), in line with documented trends for redox-sensitive elements in marine sediments (8–10) (Fig.
273 1B).

274
275 Notwithstanding the generally good fit of our calculations with existing proxies, with all other parameters
276 held at present-day levels, our models show clear mismatches with existing estimates of O₂ levels at c.
277 0.5–0.7 Ga (approximating the NOE) (13, 16) and 1.4–1.7 Ga (1, 17) (Fig. 3B). They also fail to produce
278 second-order fluctuations in surface environment, for example, the predicted [SO₄²⁻]_{sw} and capb values
279 are higher than existing estimates during the interval from c. 0.8 to 1.8 Ga (the ‘Boring Billion’). As the
280 *f*_{fold} forcings vary only on tectonic timescales (≥10⁸ years), these mismatches may reflect other short-
281 term or local geological forcings (12, 58). Accordingly, we interpret the COPSE experiments only at
282 tectonic timescales and do not aim to reproduce poorly-understood high-frequency changes within the
283 ‘Boring Billion’ and/or the NOE (8–10, 12).

284

285 **Discussion**

286 **Is the metamorphic record reliable?**

287 Before interpreting secular changes in T/P , we acknowledge that metamorphic thermobaric ratios are
288 an informative but imperfect constraint on past tectonic thermal regimes. Individual T/P estimates can
289 be influenced by, for example, the broader $P-T$ evolution of individual samples and their subsequent
290 metamorphic overprinting, along with inevitable preservation and sampling biases (60). In particular, for
291 low T/P eclogites and blueschists, prolonged residence at depth in the Precambrian increase the
292 likelihood of overprinting (61). Thus, the absence of low T/P in older terranes cannot necessarily be
293 interpreted solely as a lack of suitable protoliths or formation conditions. Consequently, our approach
294 relies on the statistical behavior of a large, global compilation, treating low T/P occurrences as
295 probabilistic indicators of the likelihood of cold subduction through time.

296

297 Previous numerical modelling has tested whether these rocks could have been produced in the past
298 and, if so, whether they were lost to the mantle rather than being exhumed (39,40). Modelling results
299 suggest that ultrahigh pressure eclogites were unlikely to have been produced and returned to crustal
300 levels before the Neoproterozoic (39,40), consistent with isotopic evidence for an upper continental
301 crustal component in the plume source only since the Precambrian (62). Secular change in protolith
302 composition has been speculated as the cause for the absence of blueschists before the late Tonian
303 (63). However, an alternative explanation is that suitable protoliths existed earlier, as the low-MgO
304 compositions required for glaucophane-bearing mineral assemblages (≤ 11.2 wt % MgO) comprise more
305 than half of the metabasalts analyzed from greenstone belts of post-Paleoarchean age (64). This
306 suggests that the absence of earlier blueschists may have been primarily due to warmer subduction
307 conditions rather than a lack of suitable protoliths (61,65). Furthermore, low-MgO metabasalts suitable
308 for glaucophane-bearing assemblages are present in the preserved record since at least the
309 Paleoarchean (62) and occur, for example, within block-in-matrix mélanges along an inferred arc-
310 passive continental margin suture formed at ca. 2.5 Ga in the North China Craton (66, 67).

311

312 The survival of some Paleoarchean crustal terrains (e.g., the East Pilbara Terrane of the Pilbara Craton
313 and the Barberton greenstone belt in the Kaapvaal Craton) (68) that escaped subsequent deep burial

314 and erosion, and which do not preserve low T/P rocks, provides circumstantial weight to the
315 interpretation that such rocks might not have been formed. It has also been suggested that eclogites
316 might have been overlooked in the Archean record because they were overprinted by retrogressive
317 mineral assemblages during exhumation (69,70). Notwithstanding, and regardless of age, retrogressed
318 eclogite is distinctive because of the presence of a fine-grained vermicular intergrowth of diopside and
319 sodic plagioclase replacing sodic pyroxene during exhumation (71). This microstructure is well
320 preserved in Paleoproterozoic eclogites in the Belomorian Province in Russia (72) and the Snowbird
321 tectonic zone in Canada (73), but has not been reported from Archean rocks. Thus, we argue that it is
322 doubtful that the absence of orogenic eclogites in the Archean record is related simply to erosion or
323 overprinting. Lastly, we note that the distribution of localities within the metamorphic dataset with $T/P <$
324 $375^{\circ}\text{C GPa}^{-1}$ does not follow an exponential abundance distribution, as would be expected from a
325 standard survivorship model (74).

326

327 The metamorphic dataset used in this study comprises 876 localities that cluster at times of
328 supercontinent (<0.85 Ga, 0.85–1.35 Ga, and 1.35–2.25 Ga) or supercraton formation (>2.25 Ga). Of
329 124 localities older than 2.25 Ga, none record $T/P < 375^{\circ}\text{C/GPa}$, whereas 12 of 165 localities (7.3%)
330 from 2.25 to 1.35 Ga, 1 of 72 localities (1.4%) from 1.35 to 0.85 Ga and 261 of 515 localities (40.7%)
331 younger than 0.85 Ga do. Thus, there are two apparent step increases in the proportion of low T/P
332 localities, the first during the early Paleoproterozoic and the second during the late Tonian. This
333 contrasts with the steady decline in the surface area of continental crust on average per era or eon from
334 11.4% per 100 Myr for the Cenozoic to Mesozoic eras to 0.7% per 100 Myr for the Archean Eon (75).
335 The two-step increase in the proportion of low T/P metamorphism since the Archean is consistent with
336 a change from unstable (short-lived) to stable (continuous) subduction in the early Paleoproterozoic
337 and to colder thermal gradients and deeper slab breakoff after the Tonian (76). Thus, while preservation
338 bias is a concern, we contend that the statistical trends in our dataset record first-order changes in the
339 evolution of mantle thermal structure and style and propensity of subduction.

340

341 **The history of oxygenation of Earth's surface**

342 Assuming that the record of metamorphism is broadly representative, we posit a series of linked events
343 that enabled the rise of $p\text{O}_2$ in the early Paleoproterozoic. Although parts of some cratons had emerged

344 above sea level during the Archean (77), their emergence globally was seemingly a late Archean
345 phenomenon (78). The resulting increase in nutrient supply to the oceans could have promoted a
346 dramatic expansion of the mass of marine cyanobacteria that led to the widespread occurrence of OC-
347 rich black shales and graphite deposits within Paleoproterozoic orogens (51,52) (SI Appendix, Fig. S2C).
348 An association of platform carbonates on passive margins with the breakup of the late Archean
349 continental landmass (45), alongside evidence for increased subduction of sediment since the Archean
350 (79), support a link between the growing importance of cold subduction (and rigid plate tectonics) and
351 the rise of pO_2 .

352

353 The decrease in the number of localities preserving low thermobaric ratios during the ‘Boring Billion’
354 (1.8–0.8 Ga) is argued to reflect a period of decreased mantle convection and plate tectonic activity
355 with a diminished particulate weathering flux, thus starving trenches of lubricating sediment (47). In
356 these circumstances, although it is likely that less OC was buried at convergent plate margins,
357 occurrences of low T/P metamorphism associated with the Grenville Orogeny between ~1.1 and 0.9
358 Ga indicate local subduction-driven orogenesis, which may have prevented pO_2 dropping to particularly
359 low levels (Fig. 3B). By contrast, the establishment of the modern-style plate tectonics involving global
360 cold, deep subduction during the Gondwana–Pangea assembly (80) may have created a tectonic
361 feedback that pushed Earth’s surface environment toward persistently more oxygen-rich conditions that
362 have been maintained to the present day, largely driven by organic matter (and pyrite) subduction
363 around the margins of the Pacific Ocean (81). In this context, the decrease in $\delta^{13}C$ values of kimberlites
364 and ultramafic lamprophyres since the Cambrian (Fig. 1G) can be interpreted to reflect an increase of
365 isotopically-light carbon transported from the surface to the deep mantle during the formation of Pangea
366 (49). Further support is provided by increases in the oxygen fugacity (ΔFMQ) (25) and whole rock
367 $Fe^{3+}/\Sigma Fe$ (82) of mantle at c. 2.1–1.8 Ga and c. 1.1–0.8 Ga (SI Appendix, Fig. S2A, B), which overlapped
368 with periods of lower thermobaric ratios (Fig. 1D). We note that the oxidation of the subarc mantle via
369 subduction of surficial sediments and altered oceanic crust would have increased the oxygen fugacity
370 of arc volcanic gases, decreasing their overall demand for O_2 (83,84), whereas our hypothesis concerns
371 the net long-term export of reduced carbon and sulfur to the deep mantle, which removes reducing
372 power from surface systems, processes that are complementary rather than contradictory.

373

374 Our results cannot incorporate the short-term effects of varied biological and tectonic processes related
375 to Earth's climate or redox state. For example, the break-up of the Rodinia supercontinent would have
376 increased the length of continental margins and the global area of nearshore environments and rifted
377 basins (85), all of which serve as potential traps for carbon and sulfur burial. The invasion of plants with
378 roots in the early Paleozoic undoubtedly enhanced continental weathering and erosion (22), thus
379 facilitating sediment transport to oceanic trenches through turbidity currents and deep-sea fans (86).
380 The expansion of pelagic calcifiers over the last 150 Myr are argued to have boosted deep seafloor
381 carbonate deposition, subduction and degassing (87). These processes all operated on top of the
382 baseline defined by the net flux of carbon (and sulfur) between Earth's interior and exterior, which we
383 argue was controlled by the evolving efficiency of cold subduction on a cooling Earth. Despite the
384 complexities, our study suggests that the progressive emergence of subduction exerted a first-order
385 influence on the long-term oxygenation of Earth's surface, which was essential to the emergence of all
386 complex life (1, 2).

387

388 **Materials and Methods**

389 **Metamorphic dataset.** In this study we use the 04-21-2025 update of the metamorphic T , P and age
390 dataset based on ref. 30 (SI Appendix). This dataset comprises 876 localities from the late Eoarchean
391 to the present. Here we provide age, T , P and T/P data for all localities in an online dataset (Dataset
392 S1: Metamorphic thermobaric ratios throughout Earth's history, with the data shown as plots of T , P and
393 T/P vs age in SI Appendix, Fig. S1). We note that peak P - T estimates carry method-dependent
394 uncertainties and may be affected by disequilibrium and retrogression/closure effects. As a
395 consequence, our analysis emphasizes the statistical distribution of T/P through time rather than
396 concentrate on individual datum.

397

398 **COPSE biogeochemical modelling.** We calculated how the relative efficiency of cold subduction (T/P
399 $< 375^\circ\text{C GPa}^{-1}$) could have affected the long-term oxygenation of the Earth surface using the COPSE
400 global biogeochemical model, which is solved in MATLAB using a variable-step variable-order implicit
401 scheme for stiff systems of ordinary differential equations. A key modification relative to previous
402 versions of the COPSE model is the introduction of a dynamic cold subduction flux to transfer C- and
403 S-bearing sediments to Earth's interior, and compensatory mantle degassing fluxes of C and S to

404 balance their subduction fluxes (*SI Appendix, Fig. S3*). Accordingly, we present these simulations as
405 sensitivity experiments (proof-of-concept) rather than calibrated reconstructions of absolute paleo-
406 levels. Here, we provide the key details of our modelling approach, while the full model description is
407 provided in the *SI Appendix, Table S1–S4*.

408

409 **Relative efficiency of cold subduction through time.** Quantification of the transport efficiency of
410 sediments from the Earth’s surface to its interior lies at the heart of this study. Here, we extrapolate the
411 relative efficiency of deep subduction of carbon and sulfur on the modern Earth to the past. We apply a
412 calibrated parameter, ‘ f_{cold} ’, to define the relative efficiency of cold subduction in the past relative to the
413 present, which represents the proportion of the total burial of carbon and sulfur that becomes deeply
414 subducted. In all experiments, f_{cold} is the only imposed time-varying tectonic forcing; all other COPSE
415 parameters are held at their published present-day steady-state values (except mantle degassing
416 scaling, which follows an independent thermal-history constraint). This design intentionally minimizes
417 tunability and helps reduce non-uniqueness. Variability in the f_{cold} parameter through time was
418 calculated from the normalized ratio of the frequency of low T/P (<375°C/GPa) to total T/P localities in
419 each time bin, as follows:

$$420 \quad f_{cold} = \frac{\varphi_{low}}{\varphi_{total}} \cdot \frac{\varphi_{total_0}}{\varphi_{low_0}} \quad [1]$$

421 where φ_{low} and φ_{total} are the numbers of low T/P to total T/P localities in a given time bin, respectively,
422 and φ_{low_0} and φ_{total_0} are the numbers of low T/P and total T/P localities in the last 100 Ma. In this study
423 we used a time bin of 100 Myr. As the highest proportion of low T/P localities occurs in the
424 Carboniferous–Permian, this parameter reaches a maximum of ~1.2 during that period (*Fig. 3A*).

425 The value of f_{cold} is defined by probabilistic logic concerning the relative proportions of subduction
426 zones representing different styles of subduction, potentially circumventing challenges when using T/P
427 data to drive the COPSE model. Clearly, there is an inherent preservation bias in early Earth rocks,
428 where plate tectonic activity progressively destroys evidence of its own past, potentially leading to a
429 decrease in the presence and/or abundance of particular rock or mineral associations related to
430 convergent margin settings as we look further back in time (30).

431 We assume that the subduction rate of C and S species are linearly dependent on the normalized
432 crustal reservoir sizes and on f_{cold} , following the existing method of flux determination in models like

433 COPSE. The subduction equations for organic carbon (G), carbonates (C), pyrite (PYR) and gypsum
 434 (GYP) are:

$$435 \quad G_{sub} = k_{ocsub} \cdot \frac{G_t}{G_0} \cdot f_{cold} \quad [2]$$

$$436 \quad C_{sub} = k_{ccsub} \cdot \frac{C_t}{C_0} \cdot f_{cold} \quad [3]$$

$$437 \quad PYR_{sub} = k_{pyrsub} \cdot \frac{PYR_t}{PYR_0} \cdot f_{cold} \quad [4]$$

$$438 \quad GYP_{sub} = k_{gypsub} \cdot \frac{GYP_t}{GYP_0} \cdot f_{cold} \quad [5]$$

439 Parameters k with subscripts represent today's rates of organic carbon, carbonate, pyrite and gypsum
 440 subduction, and $\frac{G_t}{G_0}$, $\frac{C_t}{C_0}$, $\frac{PYR_t}{PYR_0}$ and $\frac{GYP_t}{GYP_0}$ are the normalized crustal reservoirs of organic carbon,
 441 carbonate, pyrite and gypsum, respectively.

442 Following the formulation of other processes in COPSE, we assume that subduction fluxes are
 443 balanced by the rates of mantle degassing to maintain a steady state at the present day. If the mantle
 444 is modelled as a convecting layer with heat-dependent viscosity, the production of hydrothermal fluids
 445 (i. e., C-, S-, Fe-bearing fluids and melts) is likely to have decreased with secular mantle cooling. Here,
 446 we scaled the release of these mantle-derived species to mantle carbon and sulfur degassing rates
 447 (MCDEG and MSDEG) (Fig. S2D), which are imposed as dimensionless forcings and mirror the history
 448 of heat flow from the Earth's interior. The mantle degassing equations for organic carbon and pyrite also
 449 include an oxygen-dependent feedback ($\frac{O_t}{O_0}$, normalized atmospheric O₂ level) that prevents oxidation if
 450 atmospheric oxygen concentration is extremely low:

$$451 \quad C_{degm} = k_{ccdegm} \cdot MCDEG \quad [6]$$

$$452 \quad G_{degm} = k_{ocdegm} \cdot MCDEG \cdot \frac{O_t}{O_0} \quad [7]$$

453

460
$$PYR_{deg_m} = k_{pyrdeg_m} \cdot MSDEG \cdot \frac{O_t}{O_0} \quad [8]$$

461

462
$$GYP_{deg_m} = k_{gypdeg_m} \cdot f_{cold} \quad [9]$$

463 where MCDEG follows the estimates of ref. 55 and references therein. For the case in which continents
 464 grew episodically from 10% to 80% of the current volume between 3.2 and 2.5 Ga, high-temperature
 465 heat flow is calculated to decrease from nine times the current level at 3.8 Ga, to 4.9 times at 3.2 Ga
 466 and 2.3 times at 2.5 Ga, thereafter declining exponentially. MSDEG is approximated relative to today
 467 with a polynomial fit of the history of heat flow from the Earth interior (89) as follows,:

468
$$MSDEG = 1 + 0.1217t + 0.0942t^2 \quad [10]$$

469 where t is time before present in Ga. Note that GYP_{deg_m} does not depend on MSDEG, and is instead
 470 linearly dependent on f_{cold} . This is because the mantle sulfate reservoir was extremely limited on the
 471 early Earth and GYP_{deg_m} was therefore likely controlled directly by the subducted flux of gypsum.

472 We modified the crustal degassing flux by including a dynamic ‘rapid recycling’ module to allow the
 473 buried carbon and sulfur that has not been subducted deeply to rapidly return to the atmosphere-ocean
 474 system. The crustal degassing equations were altered to remove the implicit equations present in the
 475 original COPSE model, to be replaced with a budget between burial, weathering and subduction rate
 476 at each time step. The new crustal degassing equations are as follows:

477

478
$$G_{deg_c} = m_{ocb} + l_{ocb} - oxidw - G_{sub} \quad [11]$$

479

480
$$C_{deg_c} = m_{ccb} + s_{fw} - carbw - C_{sub} \quad [12]$$

481

482
$$PYR_{deg_c} = m_{psb} - pyr_{rw} - PYR_{sub} \quad [13]$$

483

484
$$GYP_{deg_c} = m_{gsb} - gyp_{pw} - GYP_{sub} \quad [14]$$

485

486 where s_{fw} is the seafloor weathering flux and $oxidw$, $carb_{w}$, pyr_{rw} and gyp_{pw} are the subaerial weathering
 487 rates already in COPSE. This modification modelled the scenario that an increase in the cold subduction
 488 flux would not necessarily enhance carbon and sulfur accumulation on continental shelves, whereas it

489 would lead to a corresponding increase in carbon and sulfur sequestrations within the mantle reservoir.

490

491 **Modern steady-state computations.** Our modified COPSE model was run backwards in time to
492 examine Earth-surface dynamics over the 4-billion-year interval from the present day to the beginning
493 of the Eoarchean. We first ran this model to a modern-like steady state, with $pO_2 = 1.0$ PAL, $pCO_2 = 1.0$
494 PAL, $[SO_4^{2-}]_{sw} = 1.0$ POL (present oceanic level), and $f_{cold} = 1.0$, maintaining it for 200 million years as
495 the baseline, and we then imposed a dynamic decrease in f_{cold} yielded from the actual time-series
496 record of T/P ratios lasting for 4.0 Gyr. All other dimensionless parameters (e.g., land area, river runoff,
497 uplift, life evolution) were maintained at the present level during model runs but were perturbed in the
498 sensitivity tests. All the reservoir sizes are in moles, and fluxes are in moles per Myr. Numerical
499 integration used a stiff solver, and we verified stability over the explored forcing ranges: no singularities
500 or unphysical states (e.g., negative reservoir sizes) occurred, and solutions evolve smoothly to new
501 steady states under both step and time-varying forcings.

502

503 **Monte-Carlo setup.** To capture parametric uncertainty, we performed a Monte-Carlo analysis with
504 1,000 COPSE model runs, in which the key parameter f_{cold} was randomly sampled from an uncertainty
505 range using a uniform distribution between minimum and maximum estimates (Fig. 3B–F). We chose a
506 flat distribution because it better reflects the full range of uncertainty compared to a normal distribution.
507 The uncertainty window for f_{cold} was scaled to reflect data availability: for the Phanerozoic, f_{cold} was
508 varied linearly between 0.9 and 1.1 times the actual value, whereas for the Precambrian, it was varied
509 between 0.5 and 2.0 times, reflecting larger uncertainty due to sparser data. To explore potential non-
510 uniqueness in this nonlinear multiparameter system, we also tested the response to varying initial
511 conditions. Six experiments were run with initial pO_2 values of 10^0 , 10^{-1} , 10^{-2} , 10^{-3} , 10^{-4} and 10^{-5} PAL.
512 All simulations converged to the same outcome of 10^{-6} PAL (i.e., the Archean level), indicating a single
513 attractor in the model solution (Fig. S4).

514

515 **Gaussian mixing model.** The bimodal mixed-Gaussian distributions in Fig. 1D follow the method in
516 ref. 44, and were calculated using the *fitgmdist* function and curve-fitting toolbox of MATLAB R2018a.
517 The linear regressions and corresponding 95% confidence envelopes were calculated by Monte Carlo
518 resampling ($n = 10,000$). For each regression, values of T/P and age were selected at random from

519 each modelled Gaussian distribution, and the age ranges were used to bin the data for the mixed-
520 Gaussian fitting. Global metamorphism at >2.2 Ga can be fitted by a unimodal Gaussian distribution
521 (95% confidence interval, $n = 124$, $p < 0.01$); metamorphism at ≤ 2.2 Ga is non-Gaussian (95%
522 confidence intervals; 2.2-1.8 Ga, $n = 124$, $p < 0.0001$; 1.8-0.8 Ga, $n = 117$, $p < 0.001$; 0.8-0.2 Ga, $n =$
523 336, $p < 0.0001$; 0.2-0 Ga, $n = 175$, $p < 0.0001$) but is well described by bimodal mixed-Gaussian
524 distributions.

525

526 **Data, Materials, and Software Availability.** All study data are included in the article and/or supporting
527 information (as [SI Appendix](#) and [Dataset S1](#)). Model code can be downloaded online at GitHub
528 (<https://github.com/bjwmills>).

529

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537

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714

715 **Figures and Captions**

716

717 **Figure 1.** Co-evolution of Earth-surface environments and deep-Earth processes over the past 4.0 Ga.

718 (A) Earth's history of atmospheric oxygenation (1). (B) Marine redox evolution inferred from redox-
719 sensitive element enrichments in marine sediments (8–10). (C) Timeline for biological evolution, with
720 the number of species. (D) Metamorphic thermobaric ratios (T/P) (30) and histograms of age-binned
721 T/P data with fits of bimodal Gaussian mixing models. (E) Supercontinent cycles indicated by zircon
722 abundance and the emplacement of large igneous provinces (LIPs). (F) Age-frequency distribution of
723 carbonatites and kimberlites (46). (G) Carbon isotopic compositions ($\delta^{13}\text{C}$) of marine carbonate (88)
724 and kimberlite and ultramafic lamprophyres (49).

725

726

727 **Figure 2.** The carbon cycle in cold subduction zones and its impact on steady-state pO_2 . (A) Illustration
728 showing carbon transformations between Earth's exosphere (atmosphere, ocean and biosphere) and
729 interior (lithosphere, mantle and core), regulated by subduction zones. F_{sub} and F_{deg} are fluxes of buried
730 carbon-sulfur that being subducted and degassed, respectively. This omits the sulfur cycle, since pyrite
731 and gypsum have similar circular pathways to organic carbon and carbonate, respectively. (B) Steady-
732 state response of pO_2 in our modified COPSE model to variable cold subduction intensity (f_{cold}) through
733 time. The modelled pO_2 drops gradually from the present steady state to a new steady state after
734 hundreds of million years. (C) Linear response of pO_2 to the decrease in f_{cold} in our modified COPSE
735 model.

736

737 **Figure 3.** Comparison of COPSE modelling results with the geological records, for a forced time-
738 reversal in cold subduction intensity (f_{cold}). (A) Normalized f_{cold} derived from the metamorphic T/P
739 dataset used in this study (for further details see [SI Appendix](#)). (B) Modelled relative atmosphere O_2
740 level (dark-blue lines and shading), with pO_2 estimated from geochemical proxies (light-blue lines and
741 shading) (1) and models (17, 57). The inset shows the results on linear coordinate. (C) Modelled relative
742 atmosphere CO_2 level (dark-pink lines and shading), with pCO_2 estimated from geochemical proxies
743 (light-pink shading and bars) (56). (D) Modelled seawater sulfate concentration ($[SO_4^{2-}]_{sw}$; dark-purple
744 lines and shading with reconstructions from geochemical models (17, 57) and sedimentary records
745 (light-purple shading and bars) (58). (E) Modelled burial fluxes of marine organic ($mopb$; light-green
746 lines and shading) and authigenic ($capb$; dark-green lines and shading) phosphorus (left Y axis)
747 compared to the geological record of P contents in marine shales (right Y axis; light-green squares) and
748 the occurrence of phosphogenic events (middle Y axis; dark-green bars) (59). (F) Modelled degree of
749 ocean anoxia (thick-brown lines and shading), with marine redox records (I/Ca in carbonate, Mo and U
750 in shales; brown symbols) (8–10). A value of 1 on the Y-axis reflects fully anoxia, while ~ 0.0025 reflects
751 a fully oxidized global ocean.