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# No Research About Us Without Us

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## 1 Who we are



### Who we are

We are academics, people with learning disabilities, accessible information experts, and self-advocacy organisations.



### Where we are from

We're from all over the UK. We have team members from...



## 2 What we are doing



Finding the best ways to include people with learning disabilities in research design & leadership



Mapping barriers to inclusion: Finding out what stops people being included



Showing how research could be done better

## 3 How we are doing it



Meeting as a group regularly



Creating accessible slides and materials



Making meetings equitable through:



Pre-meetings to prepare our thoughts



Ensuring that people with learning disabilities are well supported

## 4 What we have done?



Agreed how to work equitably



Co-produced a terms of reference to represent our agreement



Evaluated how we are working together with an artistic facilitator



Created some questions to evaluate how things are going

## 5 Our learning so far



Preparation for meetings takes time, more time than we thought



People's time has a cost and needs to be budgeted for



We need to avoid using jargon as a group in all forms of communication



We should have included more people with a learning disability



We need to invest more time in helping colleagues understand research & our project at the start



Smaller team meetings focused on project specific tasks would have been beneficial

## 6 What's next?



Working groups in our priority areas



A clear list of what stops people being included in research as participants and as leaders



Practical examples of how to make research more inclusive



Guidance on how to share power and leadership in research with people with a learning disability

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[learningdisabilityengland.org.uk/no-research-about-us-without-us](https://learningdisabilityengland.org.uk/no-research-about-us-without-us)  
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Please scan the QR code to watch a video about our project.

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