



No Research
About Us
Without Us

No Research About Us, Without Us.

Project timeline



Background



People with a learning disability experience **health inequalities**.



Health inequalities are the differences in health and care outcomes between different groups.



This means people with a learning disability die earlier on average than people without a learning disability.



Things are made worse because not many people with a learning disability are involved in health research.



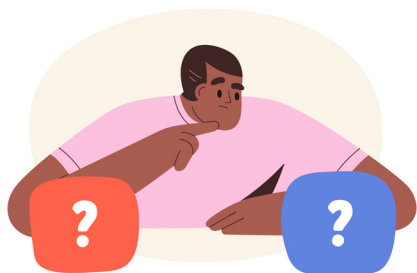
People with a learning disability are not usually participants in research or involved in research work.



There has not been much work done to make sure more people with learning disability get involved in research.



Lots of research still leaves out people with a learning disability.



This is because most researchers don't think people with a learning disability can make decisions about being involved in research.



Some people with a learning disability want to be involved in research.



People also want to be involved in research work such as making decisions about how research money is spent.



People also want to be involved in how research is done.



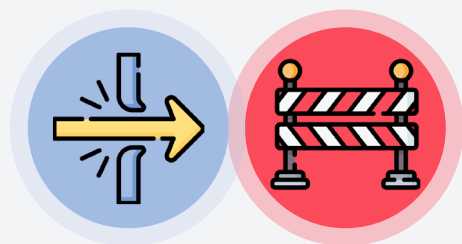
Our group wants to help with this.

We want to work differently.

Work as **equals**



Our group will work as equals to look at what stops people from engaging with research.



Our group wants to break down these barriers.



We want each member of the group to feel equal and we want to make decisions together.



We will use easy-read information to help make our meetings accessible.



We want to communicate clearly to help each member of the group to speak at meetings.

Aims and Objectives



We will work together as a group.

Our group will include:



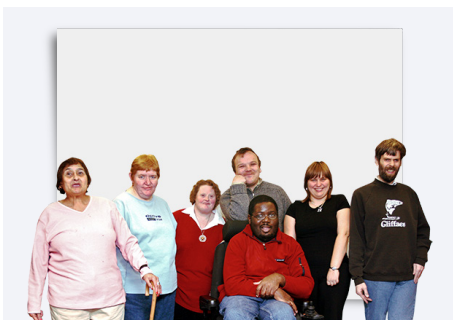
Academics



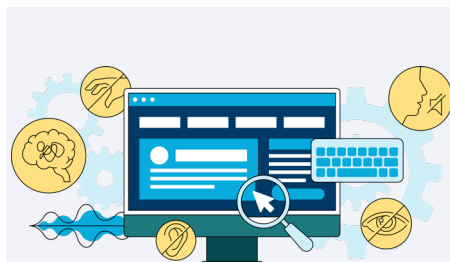
Self-advocates



Clinicians



**Learning disability
organisations**



**Information
experts**



Barriers

We will work together to find out the barriers to inclusion in research.

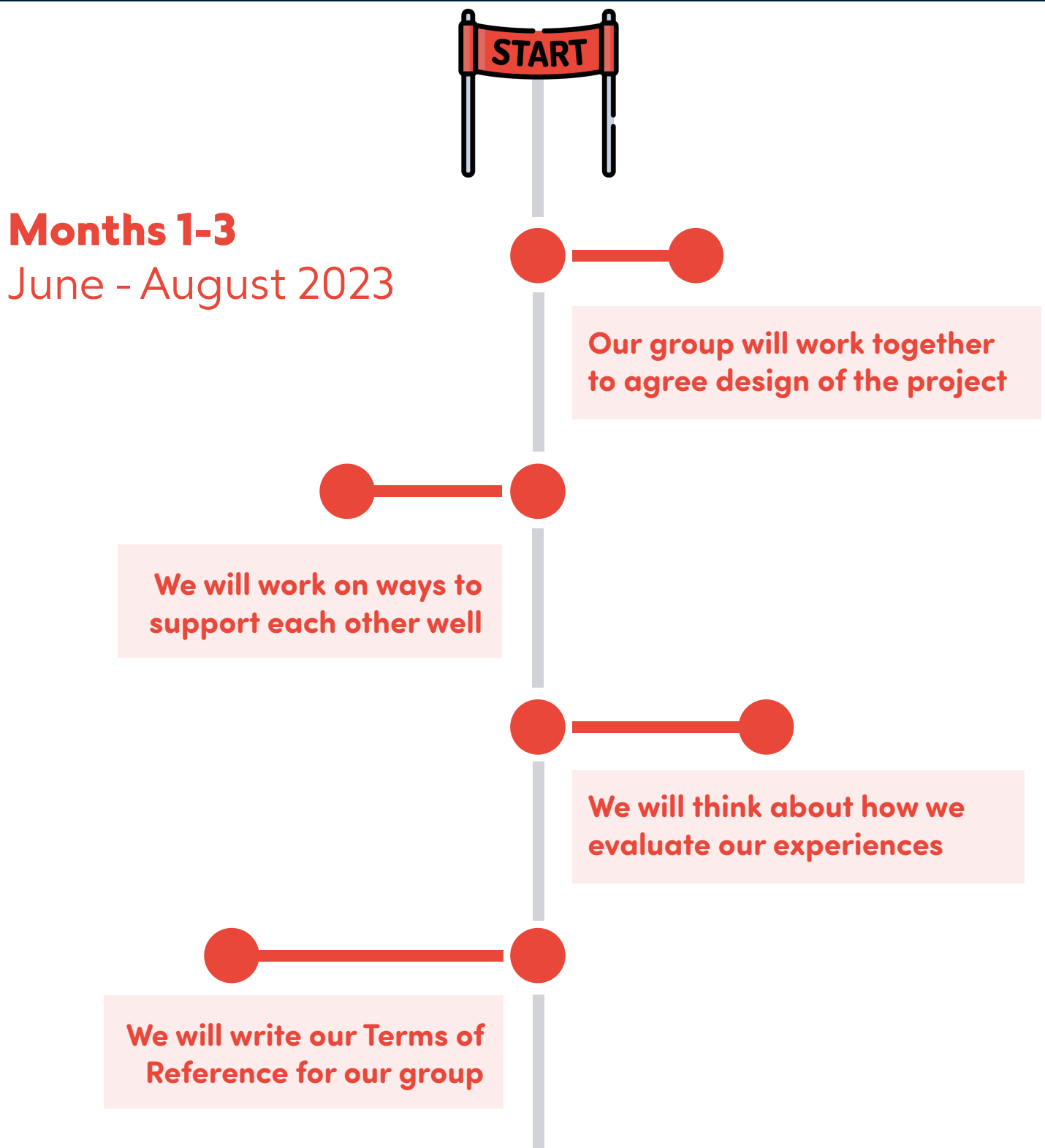


We will look at the ways to support people with a learning disability to be involved in research.



We will then think how well we have worked together as a group.

Plan and Timeline



Months 4-6

September -
November 2023



We will map out the
barriers to inclusion



We will identify the key
priority areas for each group

Months 7-11

December 2023
- April 2024



Workstreams to highlight
best practice



Write guidance for researchers
and for self-advocates

Months 12-14
May - July 2024



We will re-design a trial. This will add examples to the guidance for researchers

Months 15-16
August and
September 2024



We will review our project



We will do this through agreed methods which may involve arts-based approaches



Months 17-18

October and
November 2024



We will finalise our
outputs in easy-read

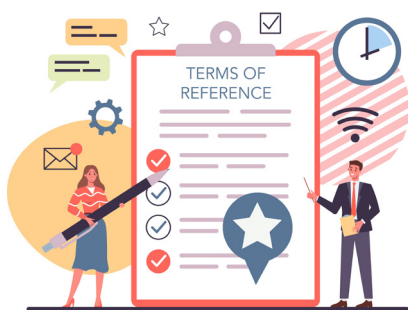
We will make an accessible
video about our project

Together, we will write an
article our about our project

We will host a workshop



By the end of this project...



We will co-produce a terms of reference for our group.

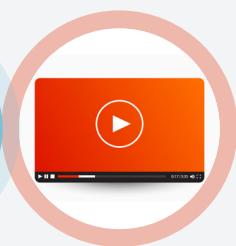
We will make an easy-read version.



We hope this will help other researchers to work with the people their research is about.



We will co-produce guidelines for researchers about how to make research that is inclusive.



We will make an easy-read and video for self-advocates and organisations to support their involvement in research.



We will write a research article which will be peer-reviewed.



Click here to watch a video that explains what a peer-review is.



What we found out

This article will include what we have found out in our group.



We hope it will help other groups looking to to do similar work.



Our findings will be sent to:



People who work in places like Universities



Research funders



We make it easy
to do research

**that people
can trust**

An organisation called **The Health
Research Authority**



Self-advocacy organisations



Learning disability charities



**We will share our findings to people with a
learning disability and their supporters.**

Workshop

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We will hold a workshop to share findings from our group.



We hope to give advice to other groups who are planning to work together in the future.

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To find out more visit our website:

www.learningdisabilityengland.org.uk/no-research-about-us-without-us

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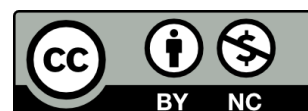
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