



No Research

About Us

Without Us



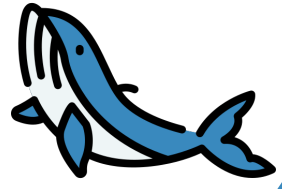
Activities

Working Groups



1 2 3 4 We have 4 project Working Groups.

 **These are colour-coded to make it clear which is which.**



Working Group 1:
Create a guide on what works well for inclusion



Working Group 2:
Report on barriers to inclusion

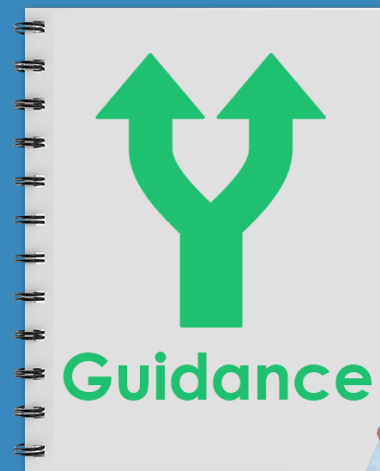


Working Group 3:
Re-write two research projects



Working Group 4:
Evaluating co-working and this project

Project activities:



We will create guidance for researchers and for self-advocacy organisations about how best to include people with a learning disability.



Hints on how to do this:

- **Use the inclusive research column in our padlet**
- **E-mail the 17 projects from the Olivia Hewitt paper**
- **Ask contacts and self-advocacy groups what works for them**

Project activities:



We need to think about how best to do this.



Is it a:

Top tips guide? A blog? A report?

Project activities:



Summarise barriers for people with learning disabilities as people who take part in research.



Summarise barriers for people with learning disabilities as people who give advice on the research (like an advisory group).

Project activities:



Summarise barriers for people with learning disabilities as researchers.



Summarise barriers for people with learning disabilities as research leaders.

Project activities:



Use what we learnt to help the rewriting research group.

Project activities: Working Group 3





The Use Of Peptides And Growth Factors to Promote Skin Regeneration And Repair

Nelly Dean¹, Catherine Earnshaw², William Jones¹

¹ Introduction

² Methodology

³ Results

⁴ Discussion

⁵ Research

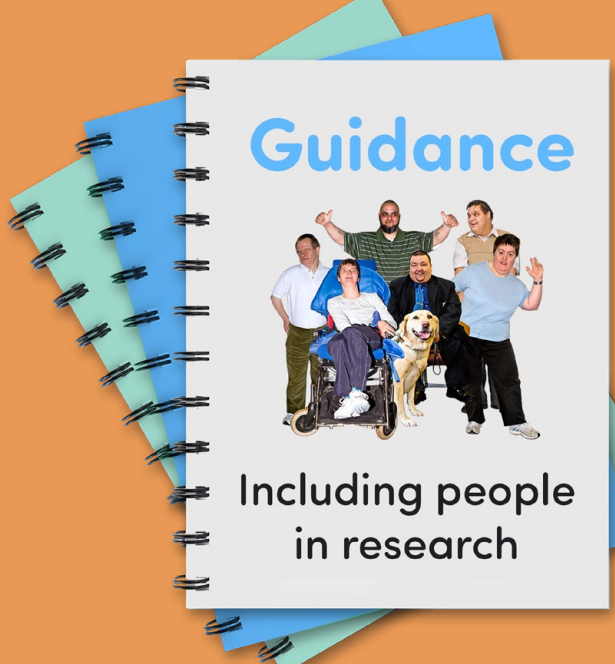
⁶ Conclusion

⁷ References

⁸ Contact



Re-design a study which has excluded people with learning disabilities to make it more inclusive and accessible.



Guidance

Including people in research

Write some guidance for other projects that want to make research more inclusive to people with learning disabilities.

Project activities: Working Group 3



We agreed we would choose research written by our colleagues.



To show how people with a learning disability could have:

- **taken part**
- **given advice on the research** (like an advisory group)
- **been researchers and research leaders**

Project activities: Working Group 4



Work together to look at how it was to work together.



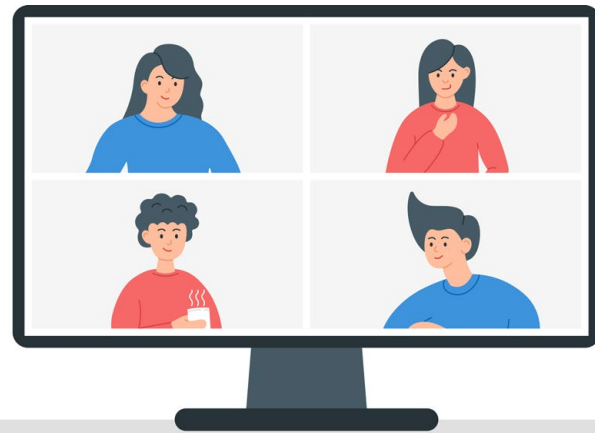
We will decide what worked well and what we would change.

We will write what we agree into a report.

What we will do today



Breakout group



We will take 15 minutes to go into breakout groups.



We will have a look through the working groups and say who is going to go in which ones.

What we will do today



Please put your name down for any group you prefer to be in.



We want as many people putting their names down for as many groups as possible.

What we will do today



15 MINUTES



We will now discuss in break-out rooms for 15 minutes.

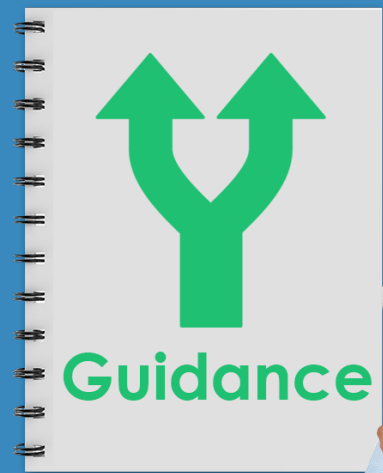


We will feed back to the main group about what we have decided.



Outcomes

Activities and their outcomes



Activity:
We will create guidance for researchers and for self-advocacy organisations about how best to include people with a learning disability.



Outcome:
What we want to see happening as a result of our activity?

Activities and their outcomes



Remember, the outcome needs to be realistic!

Activities and their outcomes



Activity:



Summarise barriers for people with learning disabilities as people who take part in research.



Summarise barriers for people with learning disabilities as people who give advice on the research (like an advisory group).

Activities and their outcomes



Summarise barriers for people with learning disabilities as researchers.



Summarise barriers for people with learning disabilities as research leaders.

Activities and their outcomes



Outcome:

What we want to see happening as a result of our activity?



Remember, the outcome needs to be realistic!

Activities and their outcomes





The Use Of Peptides And Growth Factors to Promote Skin Regeneration And Repair

Nelly Dean¹, Catherine Earnshaw², William Jones¹

¹ Introduction

² Methodology

³ Results

⁴ Discussion

⁵ Research

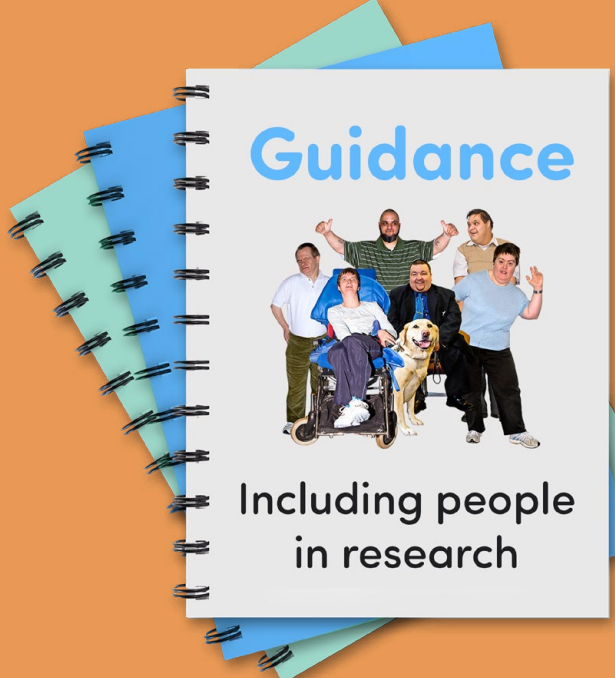
⁶ Conclusion

⁷ References

⁸ Contact



Re-design a study which has excluded people with learning disabilities to make it more inclusive and accessible.



Guidance

Including people in research

Write some guidance for other projects that want to make research more inclusive to people with learning disabilities.

Activities and their outcomes



Outcome:

What we want to see happening as a result of our activity?



Remember, the outcome needs to be realistic!

Activities and their outcomes



Work together to look at how it was to work together.



We will decide what worked well and what we would change.

We will write what we agree into a report.

Activities and their outcomes



Outcome:

What we want to see happening as a result of our activity?



Remember, the outcome needs to be realistic!



This slide set was created by the 'No Research About Us, Without Us' project team to support our working. They are shared to support other teams to work together with people with a learning disability as equal team members.

To cite this work:

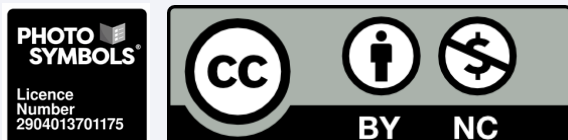
Amy M. Russell, Gary Bourlet, Deborah Cairns, Maximilian Clark, Rachel Royston, Anna Marriott, Samantha Clark, Vaso Totsika, Jodie Bradley, Victoria Farnsworth, Geoff Doncaster, Hannah Stansfield, Aristotelis Mazarot, Katharine Fowler, Jyothika Kumar, Angela Henderson, Victoria Shepherd, Paul Charlton, Susan Buell (2025):

'Accessible project planning; No Research About, Us Without Us' White Rose Libraries.

<https://doi.org/10.48785/100/400>

This project is funded by the NIHR Programme Development Grant 'Developing Innovative, Inclusive and Diverse Public Partnerships' (NIHR PGfAR – NIHR205211). The views expressed are those of the author(s) and not necessarily those of the NIHR or the Department of Health and Social Care.

No Research About Us, Accessible Project Planning © 2025 by Max Clark is licensed under [CC BY-NC 4.0](https://creativecommons.org/licenses/by-nc/4.0/)



Made by
Thinklusive



Online:
thinklusive.org



e-mail:
hello@thinklusive.org



LinkedIn