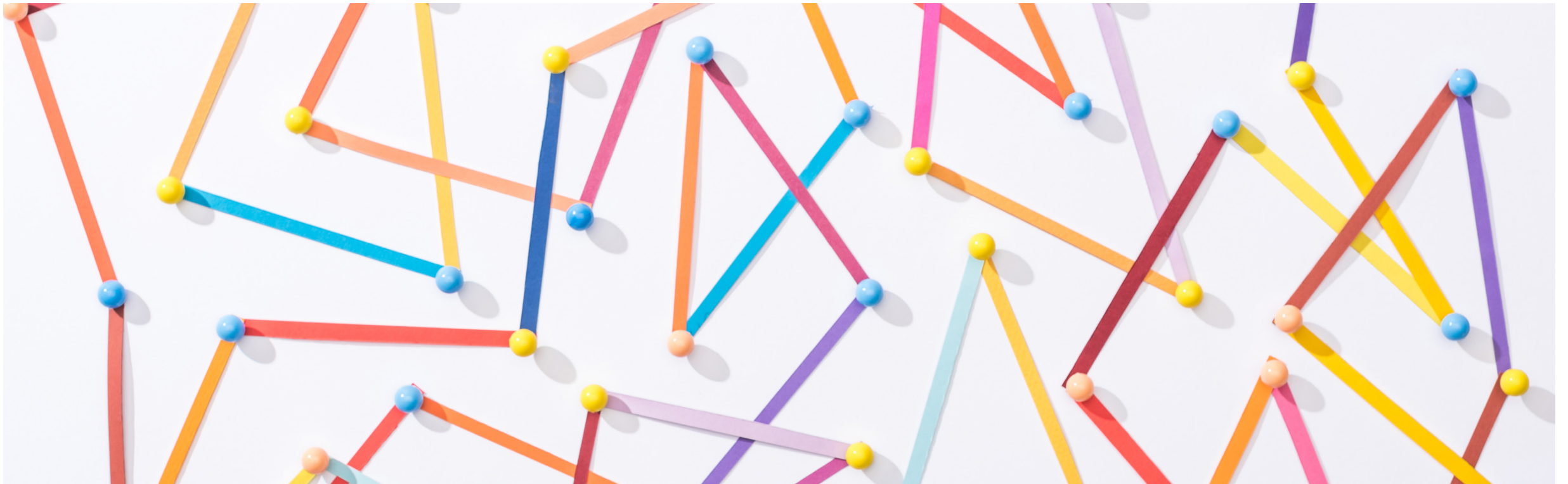




An output from the No Research About Us, Without Us research project

Matrix of Support



No Research About Us, Without Us

Matrix of Support



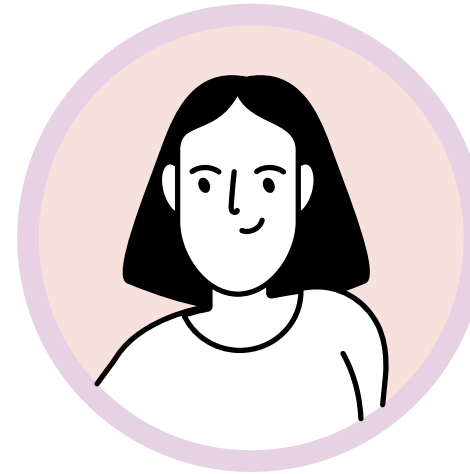
Amy
Co-Lead



Gary
Co-Lead



Anna
Gary's PA



Vicky
Self-
Advocate



Jodie
Self-
Advocate

Matrix of Support



The monthly meetings between Amy, Gary and Anna to set the agenda

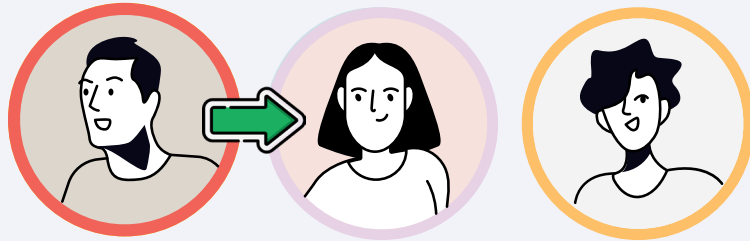


Amy makes the agenda as a visual slideshow



Amy sends it to Anna, Anna makes it accessible

Matrix of Support



Gary takes this to Jodie and Vicky

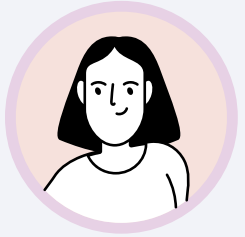


They respond, adapt and comment

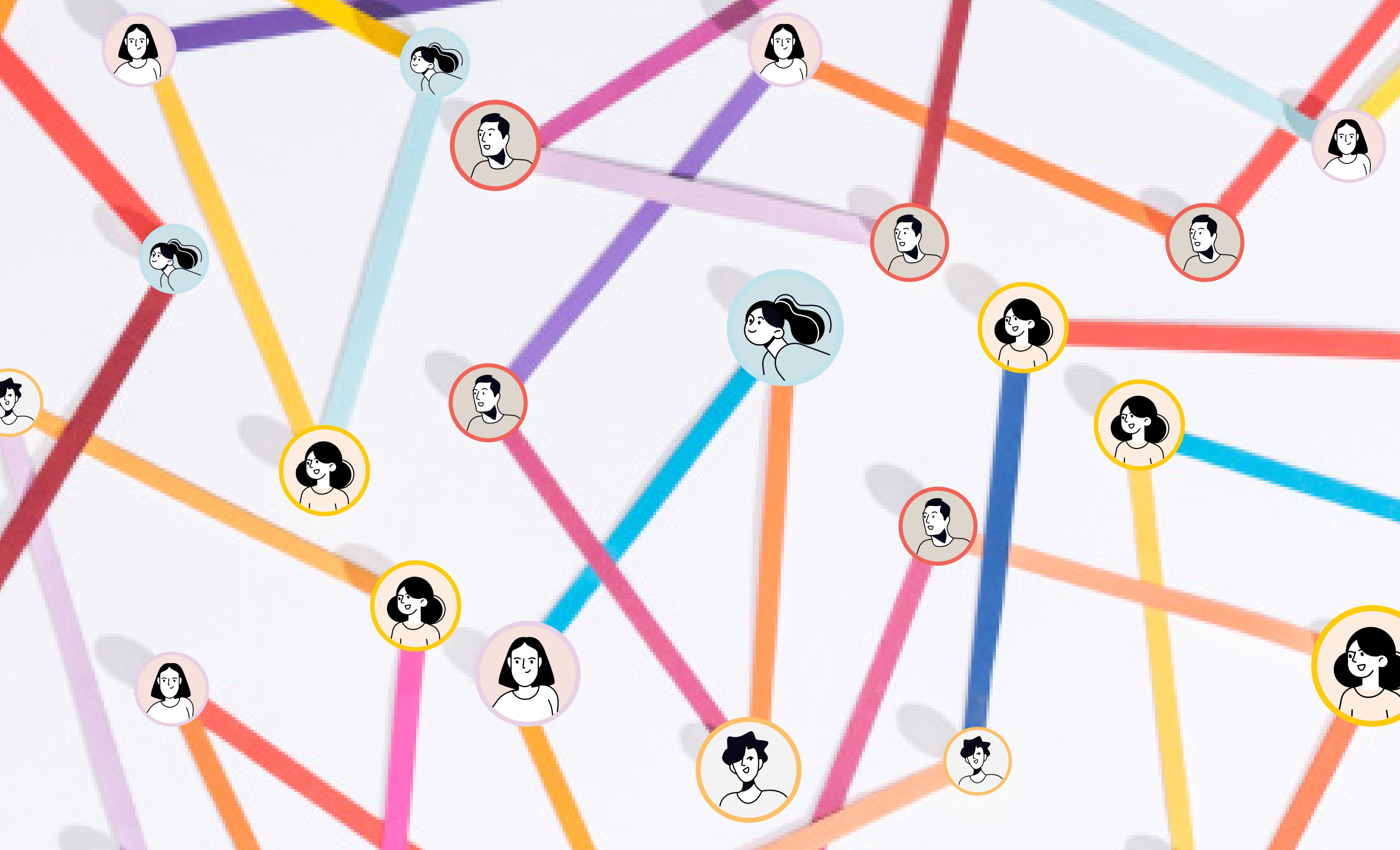


We share it with everyone and meet as a big team

Matrix of Support

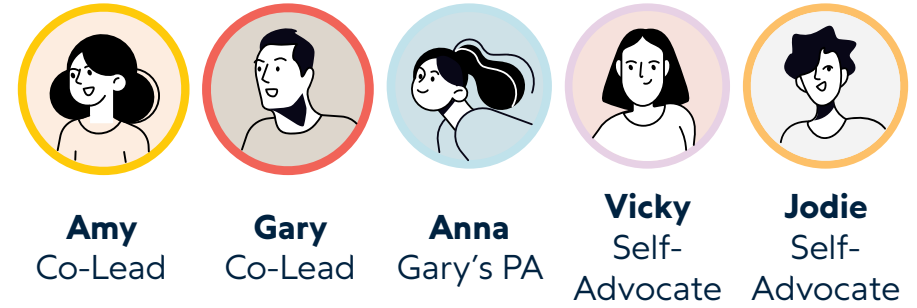


**Self-advocates have a debrief
with a key supporter.**



No Research About Us, Without Us

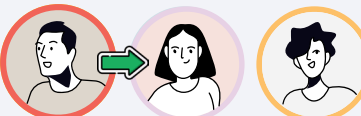
Matrix of Support

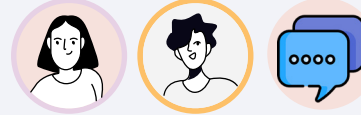


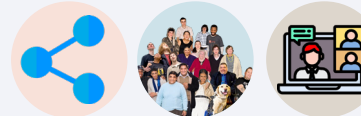
1  **The monthly meetings between Amy, Gary & Anna to set the agenda**

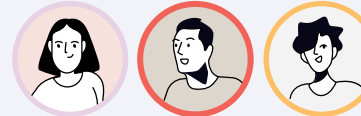
2  **Amy makes the agenda as a visual slideshow**

3  **Amy sends it to Anna, Anna makes it accessible**

4  **Gary takes this to Jodie and Vicky**

5  **They respond, adapt and comment**

6  **We share it with everyone and meet as a big team**

7  **Self-advocates have a debrief with a key supporter.**

No Research About Us, Without Us

Matrix of Support

Amy M. Russell, Gary Bourlet, Maximilian Clark, Deborah Cairns, Rachel Royston, Anna Marriott, Samantha Clark, Vaso Totsika, Jodie Bradley, Victoria Farnsworth, Geoff Doncaster, Hannah Stansfield, Aristotelis Mazarot, Katharine Fowler, Jyothika Kumar, Angela Henderson, Paul Charlton, Susan Buell, Victoria Shepherd.

(2025): The Matrix of Support:

How to Build a Structure of Support for Meaningful Participation and Leadership in a Research Project

White Rose Libraries. <https://doi.org/10.48785/100/393>