

Developments in reproductive biology and medicine

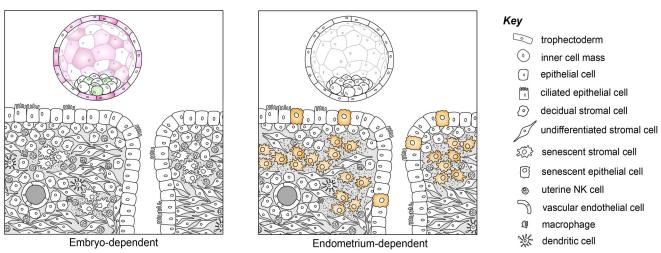
New models of implantation: towards a whole better than the sum of parts

T.M. Rawlings¹, S.A. Guttridge (D², and E.S. Lucas (D²,*

ABSTRACT

Recent advances in the development of stem-cell-based embryo models and endometrial assembloids have fuelled understanding of their respective biology. However, a faithful combined approach is required to truly advance our understanding of implantation processes. This mini-review considers the most recent developments in producing reliable in vitro models of the human endometrium and human embryo, and the next steps required to combine their respective potential. While the fundamental biology of implantation is the primary driver of in vitro model development, the combined effort of embryo and endometrial models to generate new models of implantation provides the opportunity to manipulate either compartment to further understand the aetiologies of reproductive dysfunction. Through combining both systems, their efforts are symbiotic, each extending the relevance and utility of their counterpart to generate a whole greater than the sum of its parts.

GRAPHICAL ABSTRACT



Modelling reproductive dysfunction with in vitro models of implantation

Combining blastoid and endometrial models to generate new models of implantation will provide insight into fundamental implantation processes and mechanisms of reproductive dysfunction, such as embryo mosaicism (left panel) and endometrial dysfunction (right panel).

Keywords: human endometrium / embryo / stem-cell-based embryo model / blastoid / implantation / early pregnancy / in vitro models

¹Loke Centre for Trophoblast Research, Department of Physiology, Development and Neuroscience, University of Cambridge, Cambridge, UK ²Division of Clinical Medicine, School of Medicine and Population Health, University of Sheffield, Sheffield, UK

^{*}Correspondence address. Division of Clinical Medicine, School of Medicine and Population Health, Beech Hill Road, University of Sheffield, Sheffield S10 2RX, UK. E-mail: e.s.lucas@sheffield.ac.uk (6) https://orcid.org/0000-0002-8571-8921

Introduction

Recent developments in in vitro models of both the human embryo and endometrium have advanced our ability to understand these systems. In both cases, the availability of faithful in vitro models offers the opportunity to further our understanding of the fundamental biology of processes that are largely inaccessible in the human body, not to mention intractable.

The challenge ahead is to enhance the physiological relevance and reproducibility of both models and bring together their respective capabilities to construct an optimal combined system for understanding implantation and early pregnancy processes. Deeper biological insight is one key goal of these emerging models, but the potential for development of diagnostic and therapeutic approaches to treat reproductive dysfunction is certainly also on the horizon. Infertility and early pregnancy loss each affect between 10 and 18% of people of reproductive age (Quenby et al., 2021; WHO, 2023); in approximately one third to one half of cases, the underlying causes are unexplained (Regan et al., 2023; Romualdi et al., 2023). Therefore, patient-specific models will also be extremely important. In this mini-review, we will discuss the most recent advances in both embryo and endometrial in vitro models and the next steps required to combine their respective potential.

Stem-cell-based embryo models

Access to human embryos is a major limitation in improving our understanding of the earliest steps in human development. Historical images provide some insight into fixed points in time during early implantation (Hertig et al., 1956). Time-lapse data from IVF clinics (embryoscope) have afforded some insight into early preimplantation development. Donated embryos provide some scope for research. However, such embryos are generally provided after treatment cycles are complete and thus represent the lower quality unselected embryos from patients who have often encountered difficulties conceiving or sustaining a pregnancy. Availability is also geographically restricted by assisted reproduction practices and regulations. Embryos from animal models are more readily available; however, differences in early development and implantation limit their utility (Gerri et al., 2020). Therefore, the development of models of the human embryo has been pursued with increasing effort in recent years.

Stem-cell-based models of the blastocyst-stage embryo (blastoids) are self-organized structures resembling the preimplantation blastocyst, which are derived from naïve pluripotent cells (Rivron et al., 2018). Blastoid formation can be induced according to a range of approaches but each include a defined cocktail of growth factors and inhibitors (Fan et al., 2021; Yanagida et al., 2021; Yu et al., 2021; Kagawa et al., 2022). Blastoids can develop into structures resembling the gastrulating embryo—forming embryonic and extra-embryonic germ layers (De Santis et al., 2024) including the appearance of a presumptive primitive streak along with trophoblast and amnion lineages, and are therefore presumed to be a good alternative to human or mouse embryos, although no amniotic or yolk sac cavitation is apparent.

The excitement created by the initial descriptions of blastoids (Rivron et al., 2018; Li et al., 2019; Sozen et al., 2021) has resulted in a rapid output of studies describing continued development of the models, with considerable improvements in efficiency enabling higher throughput production of blastoids (Yu et al., 2023; Martinez Arias et al., 2024). Single cell RNA sequencing and

signalling pathway comparisons demonstrate close alignment of lineage allocations and molecular features between blastoids and human blastocysts, although differences are apparent, confirming that these models are still not a perfect replica of the embryo (Yu et al., 2023). However, a perfect model is not necessarily needed for the blastoids to be considered useful, with the key features of 'scalability, accessibility, modularity and amenability' already representing significant progress (Martinez Arias et al., 2024). There remains scope to improve these models, but their very availability permits continued optimization and development experiments to be undertaken and research questions to be refined before potentially testing on true embryos (Yu et al., 2023). Indeed, by reducing genetic heterogeneity between samples, the blastoid models have permitted a more reliable exploration of the mechanisms of early development (Yu et al., 2023), including the identification of key molecules governing pluripotency regulation and cell fate decisions (Wong et al., 2024; An et al., 2025) as well as the interrogation of conserved pathways, such as the revelation that human blastoids can enter diapause (a state of developmental stasis seen in other mammalian species) through manipulation of the mTOR pathway (Iyer et al., 2024). This consistency also advances the potential for these models to contribute to the development of novel strategies for drug screening (Niethammer et al., 2022).

Achieving a consensus on hallmark features for standardization of the models is essential to underpin their relevance to the study of early development as well as to support their continued advancement (Martinez Arias et al., 2024; Onfray et al., 2024). This will enable benchmarking not only the cell types present within the structures but also the localization and interactions between cell types and molecules (Martinez Arias et al., 2024). Combined with agreed standards on reporting, this will prevent overreliance on sub-optimal models which may lead to misleading or erroneous interpretations (Martinez Arias et al., 2024) and permit direct comparisons between reports.

Despite the promise of the blastoid models, there are limitations to consider. The high efficiency of development does not accurately represent in vivo human development, where a high proportion of embryos are lost during the early peri-implantation period (Macklon et al., 2002; Jarvis, 2016). Blastoid models showing formation and implantation efficiencies approaching 90%, while useful for experimental throughput, do not accurately represent normal developmental attrition and its underpinning processes, although the genetically identical nature of a cohort of blastoids from one stem cell line necessarily dictates the reproducibility in formation. Conversely, it could be argued that developing a high efficiency system offers the opportunity to control 'failure' and therefore more opportunity to understand the points of weakness in early human development. However, we should be cautious not to overinterpret findings from an excessively robust in vitro system.

Although some extended blastoid cultures have demonstrated milestones of post-implantation development in the absence of attachment or endometrial substrates (Weatherbee et al., 2023), others have shown that in vitro attachment is required for and/or enhances the development of blastoids into post-implantation lineages. For example, De Santis et al. (2024) reported the ability of blastoids to recapitulate features of the gastrulating human embryo, but that identification of an appropriate substrate to support development of both embryonic and extraembryonic lineages is required (De Santis et al., 2024). It is likely that the embryo needs the mechanical signals of attachment for continued and appropriate development but that simple adherence to 2D plastic surfaces or simple substrates are not sufficient to truly recapitulate human embryonic development in vitro (Fig. 1).

Blastoid models also clearly lack the earlier stages of embryo development from fertilization to cleavage, during which critical cell fate decisions arise. Importantly, therefore, they also forgo

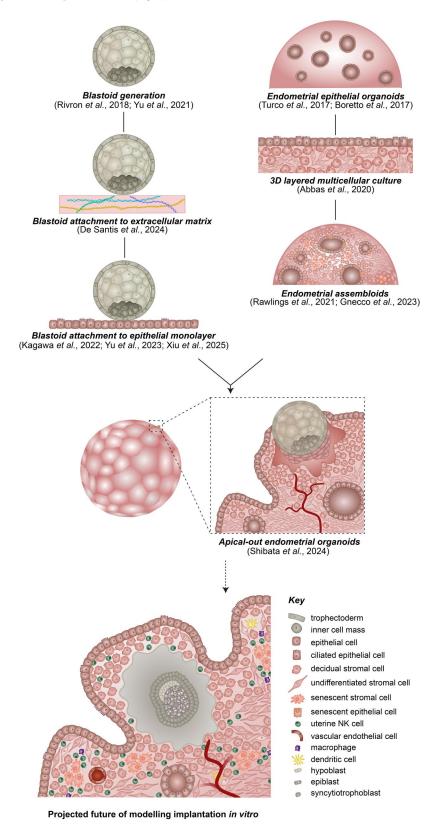


Figure 1. A schematic outlining recent progress towards an optimal model of implantation. From the initial development of blastoids through to simple attachment studies (left-hand side), and the description of endometrial organoids and increasing complexity first through improved layered models using organoid-derived epithelial cells, and then stromal-epithelial assembloids (right-hand side) to a combined model demonstrating syncytial formation. Future goals will be to enhance endometrial complexity and support ongoing embryonic development through post-implantation stages (bottom panel).

exposure to the environmental milieu of the fallopian tube and uterine lumen. While studies of *in vitro* fertilized embryos have demonstrated the ability of the laboratory environment to support successful development, questions still remain over the long-term impacts of the peri-implantation environment on lineage decisions and phenotypic changes (reviewed by Pinborg *et al.*, 2023). Consideration of the appropriate media and culture conditions to best mimic *in vivo* development is also required. Therefore, while the 'perfect' model may not be achievable on a short-term horizon, advancing the models to include the endometrial environment will support continued improvement and enhanced physiological resemblance (Yu *et al.*, 2023).

Endometrial models

The advent of organoid and, more recently, assembloid systems has supported increased complexity in *in vitro* endometrial modelling (Fig. 1), permitting the development of systems that closely mimic both the structural and functional characteristics of the native tissue (Boretto *et al.*, 2017; Turco *et al.*, 2017; Rawlings *et al.*, 2021a; Shibata *et al.*, 2024). However, these systems are still limited by their relative simplicity in terms of cellular composition and by both the requirements for complex and expensive culture media and the absence of optimal extracellular matrix (ECM) support. The availability of endometrial tissue also presents a barrier to widespread development and adoption of models, which will be key to continued progress. Here, we address recent steps towards tackling these obstacles and propose the essential actions to focus on for continued progress.

Advancing the cellular composition and structural features

The addition of an epithelial layer representing the luminal epithelium has been a particular challenge in modelling the endometrium. Early endometrial organoids were limited by the enclosure of the apical surface within the organoid lumen (Boretto et al., 2017; Turco et al., 2017). Recent adaptations have resulted in the formation of 'apical-out' endometrial epithelial systems. Tian et al. (2023) were able to promote the formation of a polarized luminal epithelium with functional cilia by using an air-liquid interface (ALI) culture. Ahmad et al. (2024) used suspension cultures to generate polarity-reversed endometrial epithelial organoids which better reflect the implantation environment than the original apical-in models, demonstrating successful attachment of mouse blastocysts. These approaches offer new insights into how hormonal and other cues impact on epithelial architecture, ECM components, and growth factor expression to influence endometrial function and embryo implantation and could be used to understand the mechanisms and develop treatments for disorders such as endometrial cancer, infection, and infertility (Tian et al., 2023; Ahmad et al., 2024; Zhang et al., 2025).

Endometrial modelling has also been hindered by the absence of well-vascularized models, essential to further our understanding of early vascular remodelling during implantation which might impact on placental efficiency and the risk of obstetric complications, including pre-eclampsia. The incorporation of human umbilical vein endothelial cells (HUVECs) into an endometrium-on-a-chip model permitted the examination of in vitro trophoblast invasion into a multi-layered structure (Ahn et al., 2021). Similarly, Shibata et al. (2024) introduced HUVECs to endometrial assembloids, established using apical-out epithelium and stromal cells, to develop an endothelial network; the model was then used to simulate the human embryo-

endometrial interface, identifying key signalling pathways and ECM dynamics that mediate the process of embryo attachment and trophoblast invasion (Shibata et al., 2024).

Future directions involve refining the system to integrate endometrial immune and vascular cell types for an even more comprehensive endometrial model (Fig. 1), with early work showing potential for incorporation of these cells (Tryfonos et al., 2023; Van de Velde et al., 2023).

Extracellular matrix support

Identifying the optimal matrix support and media conditions will be essential for continued development of 3D in vitro endometrial models. To date, most advanced 3D models of the endometrium have relied on hydrogel-based ECM formulations for structural support, which also promote essential cellular functions including cell-matrix adhesion, survival, migration, proliferation, and differentiation through endometrial cell interactions via integrins and other cell surface receptors (reviewed by Rawlings et al., 2021b).

Endometrial epithelial organoids were first established in Matrigel, a murine sarcoma-derived basement membrane extract comprising a mixture of ECM proteins, growth factors, and other proteins (Boretto et al., 2017; Turco et al., 2017). The composition of this gel permits reliable polarization of epithelial cells within the organoids but does not represent the native stromal ECM well. The addition of a collagen-based gel seems to provide better support for endometrial organoid differentiation, including the increased expression of glycodelin (encoded by PAEP) upon hormone stimulation (Shibata et al., 2024). Endometrial assembloid models also use a simple collagen-based hydrogel, which provides a more appropriate mimic but is still a relatively crude attempt to replicate the protein rich architecture of the endometrial stromal ECM (Aplin et al., 1988; Aplin and Jones, 1989; Rawlings et al., 2021b; Shibata et al., 2024).

Jamaluddin et al. (2022) approached this problem by developing hydrogels based specifically on the endometrial ECM, using decellularized tissue to extract proteins for incorporation into gels. The resulting epithelial organoids exhibited improved similarity to native endometrium than those cultured in Matrigel. However, this approach is not likely to support large-scale studies but rather inform the requirements for developing customized approaches, including the proteomic analysis of the decellularized ECM (Jamaluddin et al., 2022). Taking this one step further, a hybrid approach combining the rigidity of a synthetic hydrogel with the natural scaffold components and interactions of a decellularized endometrial ECM hydrogel has been shown not only to support organoid culture but also to enhance differentiation efficiency in comparison to Matrigel due to improved biochemical similarity with the native tissue (Gomez-Alvarez et al., 2024). Improved duration of these gels in culture represents a further advantage over commercial alternatives (Gomez-Alvarez et al., 2024).

Synthetic and semi-synthetic hydrogels offer the potential for bespoke matrix development: the mechanical properties of the system can be altered to suit different cell types or match tissue properties, along with functionalization of the gels to incorporate essential signals or specific molecules (Salisbury et al., 2024). For example, gelatine methacryloyl (GelMA) hydrogels have been shown to support the growth and differentiation of human endometrial stromal cells and epithelial gland organoids (Salisbury et al., 2024), while polyethylene glycol (PEG)-based hydrogel functionalized with a collagen-derived adhesion peptide (GFOGER) and a fibronectin-derived peptide (PHSRN-K-RGD) was sufficient to elicit characteristic morphological and molecular responses

from both stromal and epithelial cells in assembloid culture in response to hormone exposure (Gnecco et al., 2023). Combining these approaches with a more developed understanding of the endometrial tissue ECM and physical properties of the endometrium to create a bespoke endometrial support certainly appears to be a very logical route to follow (Abbas et al., 2019).

A further alternative is to remove the need for a scaffold completely, relying on endometrial stromal cells to synthesize sufficient ECM to support epithelial cell growth and organoid formation (Wiwatpanit et al., 2020). Co-cultures of endometrial epithelial and stromal cells generated scaffold-free hormoneresponsive endometrial organoids suitable for studying androgen-mediated changes in cellular differentiation, proliferation, and inflammatory signalling in PCOS endometrial samples. The scaffold-free system offers significant advantages, such as reduced interference from artificial matrices, making it particularly suitable for studying intrinsic cellular processes.

Media composition

Organoid culture requires a defined medium containing a combination of growth factors and inhibitors that mimics the tissuespecific in vivo local environment. Endometrial gland organoids rely on a chemically defined medium supplemented with several key components: nicotinamide, a PARP-1 inhibitor; R-spondin-1, which activates the WNT/β-catenin signalling pathway; A8301, a TGF-β signalling pathway inhibitor; the antioxidant N-acetyl-Lcysteine (NAC); and growth factors fibroblast growth factor 10 (FGF10), epidermal growth factor (EGF), and hepatocyte growth factor (HGF) (Boretto et al., 2017; Turco et al., 2017). A major challenge in organoid culture is the high cost, with R-spondin-1 being a significant contributor to the expenses in organoid research. Rspondin-1 is essential for organoid formation, with withdrawal coinciding with reduced formation efficiency and passaging (Boretto et al., 2017). Activation of the Wnt/β-catenin signalling pathway is crucial for endometrial epithelial stem cells to maintain their stemness (Lien and Fuchs, 2014). The glycogen synthase kinase 3 (GSK-3 α/β) inhibitor CHIR99021 is inexpensive and provides a similar efficiency to R-spondin-1 (Haider et al., 2019). Furthermore, in the case of the endometrial assembloid, reliance on exogenous growth factors and pathway modulators for differentiation is reduced because of the presence of stromal cells within the culture. A minimal differentiation medium supplemented only with NAC, E2, 8-bromo-cAMP, and medroxyprogesterone acetate is sufficient for the efficient differentiation of endometrial assembloids (Rawlings et al., 2021a).

Tissue availability

A major hurdle to establishing human organoid models in the lab is access to primary tissue. Only a handful of specialized clinics offer routine endometrial biopsy collection, hindering accessibility to researchers in the field. Despite being an outpatient procedure or adjunct to another procedure (e.g. laparoscopy or hysterectomy), endometrial biopsy is invasive and can be painful (Nastri et al., 2013). Therefore, this procedure is usually restricted to patients experiencing gynaecological or fertility issues, potentially introducing bias into the resulting data. Recent demonstrations that endometrial epithelial organoids can be derived using cells isolated from menstrual flow present a novel alternative to combat this barrier (Cindrova-Davies et al., 2021; Hewitt et al., 2023). Similarly to other endometrial organoid models, these cultures exhibit key characteristics of the endometrial epithelium including hormone responsiveness and the morphological and transcriptomic changes reflective of in vivo menstrual cycle phases. Stromal cell cultures derived from menstrual fluid also

exhibit the capacity for decidualization, mimicking critical processes during implantation (Hewitt et al., 2023). The ability to isolate both epithelial and stromal cells highlights the potential for a non-invasive approach to establishing subject-matched assembloid cultures, and to recreate epithelial-stromal crosstalk, a critical process during embryo implantation.

A notable advantage of menstrual fluid samples is the accessibility and ease of sample collection. Not only would this provide the possibility for longitudinal studies in the same individuals but also permits scalability to enable high-throughput drug testing and disease modelling (Hewitt et al., 2023). The potential for personalized medicine applications, particularly in diagnosing and treating conditions such as endometriosis and recurrent implantation failure, is clear (reviewed by Tindal et al., 2024). Additionally, the method provides insights into the mechanisms of endometrial regeneration, given that cells in menstrual flow appear to include progenitor populations (Masuda et al., 2021; Wyatt et al., 2021). These studies emphasize the potential of menstrual fluid as an abundant, ethical, and non-invasive resource for advancing research in endometrial biology and gynaecological disorders. These approaches open avenues for studying endometrial regeneration, disease modeling, and personalized therapeutics. However, despite the potential of this cell source, the origin of the sample as being shed tissue necessitates caution with regards to the differing immune cell populations in the late secretory and menstrual phases, versus earlier in the cycle, and by association the excessive inflammatory and senescent status of the tissue and constituent cells characteristic of menstrual breakdown (Lucas et al., 2020; Schwalie et al., 2024; Tindal et al., 2024).

Reproducibility

As mentioned above, reliance of endometrial models on patient biopsies results in potential bias towards an understanding of tissue dysfunction, rather than modelling normal endometrium. Although cell lines might confer the opportunity to standardize these models, available cell lines of the endometrium are unlikely to provide the optimal alternative: endometrial cell lines can adequately reflect undifferentiated and decidualized states of primary cells in some studies (Li et al., 2022). However, the unwanted phenotypes introduced by transformation or cancerous origins mean these lines do not truly represent the biology of the normal cycling endometrium (Wenger et al., 2004; Bloomfield and Duesberg, 2015; Li et al., 2022).

Recent approaches to develop endometrial models overcome several issues that had been highlighted previously (reviewed by Rawlings et al., 2021b). As yet, consensus on the best approach to endometrial modelling has not been achieved. The protocols remain expensive, technically/logistically complicated and lack consensus. As with the blastoids, standardization will be essential, including consideration not only of the matrix support but also media components and markers of differentiation and implantation responses (reviewed by Rawlings et al., 2021b; Murphy et al., 2022).

Modelling implantation

To realize the full potential of both embryo and endometrial models, not only in revealing the mechanisms underpinning development of either system but also in studying the maternalfoetal interface during implantation, progression to an optimal and robust combined model is clearly required.

Plating blastoids onto immortalized endometrial stromal cell monolayers revealed similar attachment dynamics and outgrowth capability between blastocysts and blastoids (Yu et al., 2023); indeed, co-culture with stromal monolayers facilitates blastoid outgrowth (Xie et al., 2025). Furthermore, stromal monolayers appeared to prevent apoptotic activity that was seen when plating embryos or blastoids onto fibronectin coated surfaces (Yu et al., 2023). Direct interaction with endometrial cells was superior to culture with conditioned media alone, promoting proliferation, inner cell mass expansion, and syncytialization (Yu et al., 2023). These studies confirm that cell-cell interactions at the maternal-foetal interface are required for true replication of periimplantation development and indeed that endometrial stromal cells have an essential role in the promotion of trophoblast invasion, migration, and ECM remodelling (Yu et al., 2023; Xie et al., 2025) consistent with previous reports using embryos (reviewed by Rawlings et al., 2021b).

Moving to 3D systems, co-cultures comprising blastoids attached to an apical-out endometrial organoid model also confirmed the necessary contribution of the endometrial stromal cells to the promotion of trophoblast outgrowth and invasion (Shibata et al., 2024), but also supports a role for the luminal epithelium as a barrier to implantation in a human model. Interestingly, in the absence of the epithelial layer, the orientation of the blastoids was disrupted and adhesion from the mural side was also observed, suggesting a role for the luminal epithelium in directing embryo placement for implantation (Shibata et al., 2024). This model also revealed the formation of syncytial trophoblast incorporating the endometrial stromal cells, observed initially in the blastoid co-cultures and recapitulated with human embryos, confirming cell fusion as a mechanism for the implanting embryo to encroach into endometrial tissue (Shibata et al., 2024). The application of blastoids in such a system permits a scale of analysis not possible (or responsible) with human embryos, but allows the optimization of the culture before validation studies on a limited number of embryos (Shibata et al., 2024).

Although epigenetic profiles are remodelled to a certain extent during the establishment of embryonic stem cell and induced pluripotent stem cell lines, blastoid formation lacks the dynamic preimplantation epigenetic remodelling and reestablishment processes taking place in the embryo, including the re-establishment of allele-specific imprinting. This omission means that gene expression profiles and the associated cellular behaviours within the blastoid embryonic and trophoblast lineages lack the nuanced control required to truly model early differentiation events, especially if patient-specific characteristics might be lost (Lea et al., 2025; Xie et al., 2025). Recently, Xie et al. have demonstrated that the method of blastoid induction used influences the DNA methylome, with 4-CL (four chemicals plus leukaemia inhibitory factor (LIF))-derived blastoids appearing more similar to human blastocysts than either 5-iLA- (five kinase inhibitors, LIF and Activin A; Fischer et al., 2022) or PXGL-(PD0325901, XAV939, Gö6983, and LIF; Bredenkamp et al., 2019) derived blastoids, including at imprinted loci (Xie et al., 2025).

Thus, moving toward blastoid co-culture studies with endometrial cells has improved the growth, differentiation, invasion, and longevity of the models than blastoid culture alone. Together, the whole is greater than the sum of its parts.

Future perspectives

Recent advances in the generation of models of the human embryo and endometrium offer the potential to transform our understanding of inaccessible processes taking place during the earliest stages of pregnancy. We propose that the essential focus

of future work should be to bring these models together, to the benefit of both. However, technical barriers need to be overcome. Defining what constitutes a 'successful' implantation model remains an open question: which markers and timepoints should be prioritized, and are there specific extra-embryonic cell types, structural features, or endometrial fate divergences that will serve as hallmarks of an optimal model? Moreover, without direct in vivo comparators, how should benchmarks for implantation-like processes be established?

The goal is a physiologically relevant, tractable model of human implantation that provides otherwise unobtainable insights into early pregnancy. By systematically manipulating either the blastoid or the endometrium while constraining the other, future work could begin to parse the relative contributions of embryoand endometrium-driven mechanisms within different reproductive disorders. For example, combining aneuploid or mosaic blastoids with healthy endometrial cells will help define embryodependent implantation failures or placentation defects; while the combination of euploid blastoids with dysfunctional endometrial cultures will delineate endometrial contributions. From an endometrial perspective, better representation of the tissue complexity is a necessity, moving from simple stromal-epithelial cultures to inclusion of functional vessels and the spectrum of immune cells, with a parallel focus on scale. In either case, the models address the unmet need for mechanistic discovery and pre-clinical studies in this critical window of development.

Looking ahead, addressing these questions will require not only overcoming technical barriers but also navigating broader challenges: weighing the unique benefits of integrated models against less ethically complex alternatives (e.g. cells, organoids, separate co-cultures), developing appropriate regulatory frameworks (Boiani and group, 2024; Martinez Arias et al., 2024; Sturmey, 2024), and ensuring transparent, constructive engagement with the public (Sugarman et al., 2023).

Data availability

No original data were generated in the production of this mini-review.

Authors' roles

E.S.L.: conceptualization, visualization, writing—original draft, writing-review and editing. T.M.R.: conceptualization, writingoriginal draft, writing—review and editing. S.A.G.: visualization, writing-review and editing.

Funding

T.M.R. holds a Next-Generation Fellowship at the Loke Centre for Trophoblast Research, University of Cambridge. E.S.L. is the recipient of Academy of Medical Sciences Springboard Award SBF0010\1091.

Conflict of interest

The authors have no conflicts to declare.

References

Abbas Y, Carnicer-Lombarte A, Gardner L, Thomas J, Brosens JJ, Moffett A, Sharkey AM, Franze K, Burton GJ, Oyen ML. Tissue

- stiffness at the human maternal-fetal interface. Hum Reprod 2019;34:1999-2008.
- Ahmad V, Yeddula SGR, Telugu B, Spencer TE, Kelleher AM. Development of polarity-reversed endometrial epithelial organoids. Reproduction 2024;167:e230478.
- Ahn J, Yoon MJ, Hong SH, Cha H, Lee D, Koo HS, Ko JE, Lee J, Oh S, Jeon NL et al. Three-dimensional microengineered vascularised endometrium-on-a-chip. Hum Reprod 2021;36:2720-2731.
- An S, Hou S, Xu F, Yan H, Zhang W, Xiang J, Chen H, Zhang H, Dong L, Sun X et al. WDR36 regulates trophectoderm differentiation during human preimplantation embryonic development through glycolytic metabolism. Adv Sci (Weinh) 2025;12:e2412222.
- Aplin JD, Charlton AK, Ayad S. An immunohistochemical study of human endometrial extracellular matrix during the menstrual cycle and first trimester of pregnancy. Cell Tissue Res 1988; **253**:231-240.
- Aplin JD, Jones CJP. Extracellular matrix in endometrium and decidua. In: Genbačev O, Klopper A and Beaconsfield R (eds). Placenta as a Model and a Source. Boston, MA: Springer US, 1989, 115-128.
- Bloomfield M, Duesberg P. Karyotype alteration generates the neoplastic phenotypes of SV40-infected human and rodent cells. Mol Cytogenet 2015;8:79.
- Boiani M, Group M-I; MHR-ISSCR Guidelines Working Group. The future of embryoids from a reproductive science perspective. Mol Hum Reprod 2024;30:gaae009.
- Boretto M, Cox B, Noben M, Hendriks N, Fassbender A, Roose H, Amant F, Timmerman D, Tomassetti C, Vanhie A et al. Development of organoids from mouse and human endometrium showing endometrial epithelium physiology and longterm expandability. Development 2017;144:1775-1786.
- Bredenkamp N, Yang J, Clarke J, Stirparo GG, Von Meyenn F, Dietmann S, Baker D, Drummond R, Ren Y, Li D et al. Wnt inhibition facilitates RNA-mediated reprogramming of human somatic cells to naive pluripotency. Stem Cell Reports 2019;13:1083-1098.
- Cindrova-Davies T, Zhao X, Elder K, Jones CJP, Moffett A, Burton GJ, Turco MY. Menstrual flow as a non-invasive source of endometrial organoids. Commun Biol 2021;4:651.
- De Santis R, Rice E, Croft G, Yang M, Rosado-Olivieri EA, Brivanlou AH. The emergence of human gastrulation upon in vitro attachment. Stem Cell Reports 2024;19:41-53.
- Fan Y, Min Z, Alsolami S, Ma Z, Zhang E, Chen W, Zhong K, Pei W, Kang X, Zhang P et al. Generation of human blastocyst-like structures from pluripotent stem cells. Cell Discov 2021;7:81.
- Fischer LA, Khan SA, Theunissen TW. Induction of human naive pluripotency using 5i/L/A medium. Methods Mol Biol 2022; **2416**:13-28.
- Gerri C, Menchero S, Mahadevaiah SK, Turner JMA, Niakan KK. Human embryogenesis: a comparative perspective. Annu Rev Cell Dev Biol 2020;36:411-440.
- Gnecco JS, Brown A, Buttrey K, Ives C, Goods BA, Baugh L, Hernandez-Gordillo V, Loring M, Isaacson KB, Griffith LG. Organoid co-culture model of the human endometrium in a fully synthetic extracellular matrix enables the study of epithelialstromal crosstalk. Med 2023;4:554-579.e9.
- Gomez-Alvarez M, Bueno-Fernandez C, Rodriguez-Eguren A, Frances-Herrero E, Agustina-Hernandez M, Faus A, Gisbert Roca F, Martinez-Ramos C, Galan A, Pellicer A et al. Hybrid endometrial-derived hydrogels: human organoid culture models and in vivo perspectives. Adv Healthc Mater 2024;13:e2303838.
- Haider S, Gamperl M, Burkard TR, Kunihs V, Kaindl U, Junttila S, Fiala C, Schmidt K, Mendjan S, Knofler M et al. Estrogen signaling drives ciliogenesis in human endometrial organoids. Endocrinology 2019;160:2282-2297.

- Hertig AT, Rock J, Adams EC. A description of 34 human ova within the first 17 days of development. Am J Anat 1956;98:435-493.
- Hewitt SC, Dickson MJ, Edwards N, Hampton K, Garantziotis S, Demayo FJ. From cup to dish: how to make and use endometrial organoid and stromal cultures derived from menstrual fluid. Front Endocrinol (Lausanne) 2023;14:1220622.
- Iyer DP, Khoei HH, Van Der Weijden VA, Kagawa H, Pradhan SJ, Novatchkova M, Mccarthy A, Rayon T, Simon CS, Dunkel I et al. mTOR activity paces human blastocyst stage developmental progression. Cell 2024;187:6566-6583.e22.
- Jamaluddin MFB, Ghosh A, Ingle A, Mohammed R, Ali A, Bahrami M, Kaiko G, Gibb Z, Filipe EC, Cox TR et al. Bovine and human endometrium-derived hydrogels support organoid culture from healthy and cancerous tissues. Proc Natl Acad Sci United States of America 2022;119:e2208040119.
- Jarvis GE. Early embryo mortality in natural human reproduction: what the data say. F1000Res 2016;5:2765.
- Kagawa H, Javali A, Khoei HH, Sommer TM, Sestini G, Novatchkova M, Scholte Op Reimer Y, Castel G, Bruneau A, Maenhoudt N et al. Human blastoids model blastocyst development and implantation. Nature 2022;601:600-605.
- Lea G, Doria-Borrell P, Ferrero-Mico A, Varma A, Simon C, Anderson H, Biggins L, De Clercq K, Andrews S, Niakan KK et al. Ectopic expression of DNMT3L in human trophoblast stem cells restores features of the placental methylome. Cell Stem Cell 2025;32:
- Li R, Wang TY, Shelp-Peck E, Wu SP, Demayo FJ. The single-cell atlas of cultured human endometrial stromal cells. F S Sci 2022; **3**:349-366
- Li R, Zhong C, Yu Y, Liu H, Sakurai M, Yu L, Min Z, Shi L, Wei Y, Takahashi Y et al. Generation of blastocyst-like structures from mouse embryonic and adult cell cultures. Cell 2019;179: 687-702.e18.
- Lien WH, Fuchs E. Wnt some lose some: transcriptional governance of stem cells by Wnt/beta-catenin signaling. Genes Dev 2014; **28**:1517-1532.
- Lucas ES, Vrljicak P, Muter J, Diniz-Da-Costa MM, Brighton PJ, Kong CS, Lipecki J, Fishwick KJ, Odendaal J, Ewington LJ et al. Recurrent pregnancy loss is associated with a pro-senescent decidual response during the peri-implantation window. Commun Biol 2020; **3**:37.
- Macklon NS, Geraedts JP, Fauser BC. Conception to ongoing pregnancy: the 'black box' of early pregnancy loss. Hum Reprod Update 2002;8:333-343.
- Martinez Arias A, Rivron N, Moris N, Tam P, Alev C, Fu J, Hadjantonakis AK, Hanna JH, Minchiotti G, Pourquie O et al. Criteria for the standardization of stem-cell-based embryo models. Nat Cell Biol 2024;26:1625-1628.
- Masuda H, Schwab KE, Filby CE, Tan CSC, Tsaltas J, Weston GC, Gargett CE. Endometrial stem/progenitor cells in menstrual blood and peritoneal fluid of women with and without endometriosis. Reprod Biomed Online 2021;43:3-13.
- Murphy AR, Campo H, Kim JJ. Strategies for modelling endometrial diseases. Nat Rev Endocrinol 2022;18:727-743.
- Nastri CO, Ferriani RA, Raine-Fenning N, Martins WP. Endometrial scratching performed in the non-transfer cycle and outcome of assisted reproduction: a randomized controlled trial. Ultrasound Obstet Gynecol 2013;42:375-382.
- Niethammer M, Burgdorf T, Wistorf E, Schonfelder G, Kleinsorge M. In vitro models of human development and their potential application in developmental toxicity testing. Development 2022; 149:dev200933.
- Onfray C, Chevolleau S, Moinard E, Girard O, Mahadik K, Allsop R, Georgolopoulos G, Lavigne R, Renoult O, Aksoy I et al. Unraveling

- hallmark suitability for staging pre- and post-implantation stem cell models. Cell Rep 2024;43:114232.
- Pinborg A, Wennerholm UB, Bergh C. Long-term outcomes for children conceived by assisted reproductive technology. Fertil Steril 2023;120:449-456.
- Quenby S, Gallos ID, Dhillon-Smith RK, Podesek M, Stephenson MD, Fisher J, Brosens JJ, Brewin J, Ramhorst R, Lucas ES et al. Miscarriage matters: the epidemiological, physical, psychological, and economic costs of early pregnancy loss. Lancet 2021; **397**:1658-1667.
- Rawlings TM, Makwana K, Taylor DM, Mole MA, Fishwick KJ, Tryfonos M, Odendaal J, Hawkes A, Zernicka-Goetz M, Hartshorne GM et al. Modelling the impact of decidual senescence on embryo implantation in human endometrial assembloids. Elife 2021a;10:e69603.
- Rawlings TM, Makwana K, Tryfonos M, Lucas ES. Organoids to model the endometrium: implantation and beyond. Reprod Fertil 2021b; 2:R85-R101.
- Regan L, Rai R, Saravelos S, Li TC; Royal College of Obstertricians and Gynaecologists. Recurrent MiscarriageGreen-top Guideline No. 17. BJOG 2023;130:e9-e39.
- Rivron NC, Frias-Aldeguer J, Vrij EJ, Boisset JC, Korving J, Vivie J, Truckenmuller RK, Van Oudenaarden A, Van Blitterswijk CA, Geijsen N. Blastocyst-like structures generated solely from stem cells. Nature 2018;557:106-111.
- Romualdi D, Ata B, Bhattacharya S, Bosch E, Costello M, Gersak K, Homburg R, Mincheva M, Norman RJ, Piltonen T et al. Evidencebased guideline: unexplained infertility. Hum Reprod 2023; **38**:1881–1890.
- Salisbury E, Rawlings TM, Efstathiou S, Tryfonos M, Makwana K, Fitzgerald HC, Gargett CE, Cameron NR, Haddleton DM, Brosens JJ et al. Photo-cross-linked gelatin methacryloyl hydrogels enable the growth of primary human endometrial stromal cells and epithelial gland organoids. ACS Appl Mater Interfaces 2024; **16**:39140-39152.
- Schwalie PC, Bafligil C, Russeil J, Zachara M, Biocanin M, Alpern D, Aasna E, Deplancke B, Canny G, Goncalves A. Single-cell characterization of menstrual fluid at homeostasis and in endometriosis. Elife 2024;13:RP99558.
- Shibata S, Endo S, Nagai LAE, H Kobayashi E, Oike A, Kobayashi N, Kitamura A, Hori T, Nashimoto Y, Nakato R et al. Modeling embryo-endometrial interface recapitulating human embryo implantation. Sci Adv 2024;10:eadi4819.
- Sozen B, Jorgensen V, Weatherbee B, Chen S, Zhu M, Zernicka-Goetz M. Reconstructing aspects of human embryogenesis with pluripotent stem cells. Nat Commun 2021;12:5550.
- Sturmey R. Guidelines on lab-grown embryo models are strong enough to meet ethical standards—and will build trust in science. Nature 2024;632:9.
- Sugarman J, Clark A, Fishkin J, Kato K, Mccormack K, Munsie M, Peluso MJ, Rene N, Solomon SL. Critical considerations for public engagement in stem cell-related research. Stem Cell Reports 2023;
- Tian J, Yang J, Chen T, Yin Y, Li N, Li Y, Luo X, Dong E, Tan H, Ma Y et al. Generation of human endometrial assembloids with a luminal epithelium using air-liquid interface culture methods. Adv Sci (Weinh) 2023;10:e2301868.

- Tindal K, Cousins FL, Ellery SJ, Palmer KR, Gordon A, Filby CE, Gargett CE, Vollenhoven B, Davies-Tuck ML. Investigating menstruation and adverse pregnancy outcomes: oxymoron or new frontier? A narrative review. J Clin Med 2024;13:4430.
- Tryfonos M, Rawlings T, Kong CS, Lucas E, Brosens J. P-349 Modelling the impact of acute and chronic decidual senescence on endometrial stemness in 3D assembloids. Hum Reprod 2023;38:dead093.707.
- Turco MY, Gardner L, Hughes J, Cindrova-Davies T, Gomez MJ, Farrell L, Hollinshead M, Marsh SGE, Brosens JJ, Critchley HO et al. Long-term, hormone-responsive organoid cultures of human endometrium in a chemically defined medium. Nat Cell Biol 2017;**19**:568-577.
- Van De Velde H, Tryfonos M, Rawlings T, Wafaa E, De Munck N, De Brucker M, Tournaye H, Brosens J. P-539 Modelling embryo implantation in vitro using 3D 'instant' assembloids and human blastocysts. Hum Reprod 2023;38:dead093.880.
- Weatherbee B, Gantner CW, Iwamoto-Stohl LK, Daza RM, Hamazaki N, Shendure J, Zernicka-Goetz M. Pluripotent stem cell-derived model of the post-implantation human embryo. Nature 2023; **622**:584-593.
- Wenger SL, Senft JR, Sargent LM, Bamezai R, Bairwa N, Grant SG. Comparison of established cell lines at different passages by karyotype and comparative genomic hybridization. Biosci Rep 2004; **24**:631-639.
- WHO. Infertility Prevalence Estimates, 1990-2021. Geneva: WHO, 2023.
- Wiwatpanit T, Murphy AR, Lu Z, Urbanek M, Burdette JE, Woodruff TK, Kim JJ. Scaffold-free endometrial organoids respond to excess androgens associated with polycystic ovarian syndrome. J Clin Endocrinol Metab 2020;105:769-780.
- Wong KW, Zeng Y, Tay E, Teo JHJ, Cipta NO, Hamashima K, Yi Y, Liu H, Warrier T, Le MTN et al. Nuclear receptor-SINE B1 network modulates expanded pluripotency in blastoids and blastocysts. Nat Commun 2024;**15**:10011.
- Wyatt KA, Filby CE, Davies-Tuck ML, Suke SG, Evans J, Gargett CE. Menstrual fluid endometrial stem/progenitor cell and supernatant protein content: cyclical variation and indicative range. Hum Reprod 2021;36:2215-2229.
- Xie H, An C, Bai B, Luo J, Sun N, Ci B, Jin L, Mo P, Lu Y, Zhong K et al. Modeling early gastrulation in human blastoids with DNA methylation patterns of natural blastocysts. Cell Stem Cell 2025;32: 409-425.e8.
- Yanagida A, Spindlow D, Nichols J, Dattani A, Smith A, Guo G. Naive stem cell blastocyst model captures human embryo lineage segregation. Cell Stem Cell 2021;28:1016-1022.e1014.
- Yu L, Logsdon D, Pinzon-Arteaga CA, Duan J, Ezashi T, Wei Y, Ribeiro Orsi AE, Oura S, Liu L, Wang L et al. Large-scale production of human blastoids amenable to modeling blastocyst development and maternal-fetal cross talk. Cell Stem Cell 2023;30: 1246-1261.e1249.
- Yu L, Wei Y, Duan J, Schmitz DA, Sakurai M, Wang L, Wang K, Zhao S, Hon GC, Wu J. Blastocyst-like structures generated from human pluripotent stem cells. Nature 2021;591:620-626.
- Zhang X, Fan L, Zhang L, Liu Z. Comparative analysis of organoid, air-liquid interface, and direct infection models for studying pathogen-host interactions in endometrial tissue. Sci Rep 2025; **15**:8531.

© The Author(s) 2025. Published by Oxford University Press on behalf of European Society of Human Reproduction and Embryology.

This is an Open Access article distributed under the terms of the Creative Commons Attribution-NonCommercial License (https://creativecommons.org/licenses/by-nc/4.0/), which permits non-commercial re-use, distribution, and reproduction in any medium, provided the original work is properly cited. For commercial re-use, please contact reprints@oup.com for reprints and translation rights for reprints. All other permissions can be obtained through our RightsLink service via the Permissions link on the article page on our site—for further information please contact journals. permissions@oup.com.

Human Reproduction, 2025, 00, 1–8

Human Reproduction, 2025, 00, 1–8 https://doi.org/10.1093/humrep/deaf223 Mini-review