



Make your own...

Home in your pocket



UNIVERSITY
OF LEEDS

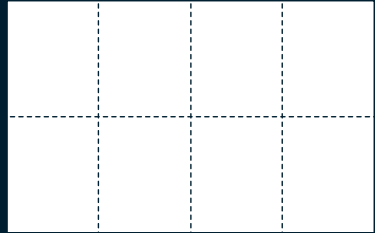
You will need:

- A4 paper
- Scissors
- Coloured pens or pencils

Instructions

1. Fold

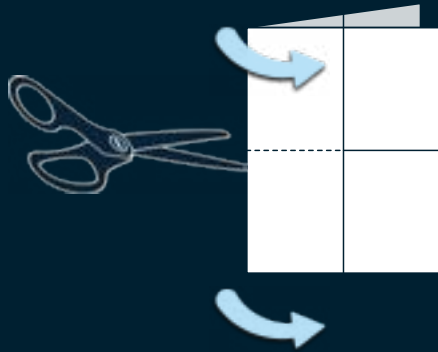
Fold your paper to make eight boxes. These will form your pages. Unfold your paper and lay it flat.



2. Cut

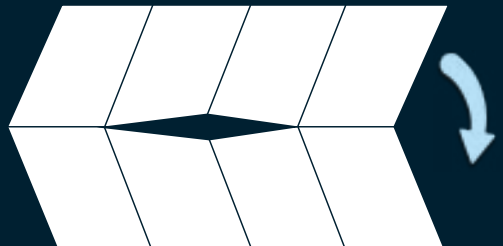
Change to Fold your paper in half so the short ends meet.

From the folded edge, cut horizontally along between the first two panels to make a slit.



3. Fold again

Unfold your paper. Now you need to fold it so the long ends meet.

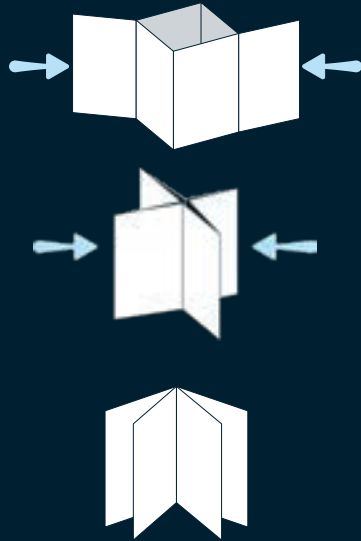


4. Make your book

Take your two end panels and gently push them together. The middle panels will push apart and form a diamond shape.

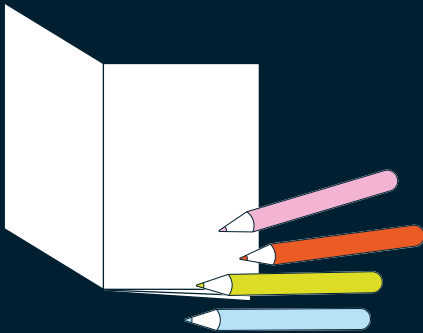
Keep pushing the panels together until it looks like a cross.

You will end up with a six page booklet.



5. What makes a home?

Write the titles **food**, **people**, **memories**, **books**, **things** and **games** at the top of each page.



Think about what “home” means to you. What things make you feel safe, cosy, or happy?

Draw or write your ideas under each heading. There’s no right answer – every book will be different, just like every home.

Now try this!

Ask a friend or family member what “home” means to them. What would they put in their book? How is it similar or different to yours?



Inspired by research

Have you every thought what “home” might mean to different people? Around the world, people move to new places, sometimes by choice and sometimes because they have to. When they do, their ideas of home can change and mix with new ones.

For some people, this can feel a bit confusing or lonely at first. It can take time to get used to new sights, sounds, and traditions. But meeting new people and sharing different ways of living can also bring new friendships.

The research behind this activity shows that home isn’t only a building or an address. It can be a person, a song, a favourite food, or something small that helps you feel safe and happy. By making your own pocket home, you can think about what makes you feel you belong and how everyone’s idea of home is special in its own way.

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