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1	Widening gap in life expectancy between patients with heart failure living in
2	most and least deprived areas: a longitudinal cohort study.
3	
4	Brown OI ¹ , Drozd M ¹ , MacGowan H ¹ , McGinlay M ² , Burgess R ² , Straw S ¹ , Simms
5	AD ² , Gatenby VK ² , Sengupta A ² , Walker AMN ² , Saunderson C ² , Paton MF ¹ , Bridge
6	KI ¹ , Gierula J ¹ , Witte KK ¹ , Cubbon RM ¹ , Kearney MT ¹
7	
8	¹ Leeds Institute of Cardiovascular and Metabolic Medicine, University of Leeds, UK
9	² Department of Cardiology, Leeds Teaching Hospitals NHS Trust, Leeds, UK
10	
11	Corresponding author:
12	
13	Professor Mark T Kearney
14	LIGHT Laboratories 7.04, University of Leeds, Clarendon Way, Leeds, LS2 9JT,
15	United Kingdom

16 Email: <u>m.t.kearney@leeds.ac.uk</u>

1 Abstract

2

3 Background

4

Socioeconomic deprivation is associated with adverse clinical outcomes in patients with heart failure (HF). However, in the context of improved medical and device therapy for HF, it is unknown whether the influence of socioeconomic deprivation on HF outcomes is changing over time, especially in relation to evolving life expectancy patterns in the general population. Therefore, we aimed to describe temporal trends in the association of socioeconomic deprivation with loss of actuarially predicted life expectancy amongst ambulatory patients with HF.

12

13 Methods

14

15 Between 2006 and 2014, 1802 patients (73.2% male, mean age 69.6 years) with HF and left ventricular ejection fraction ≤45% were consecutively recruited across four 16 17 hospitals in the United Kingdom (UK). Patients were stratified into socioeconomic deprivation tertiles defined by the UK Index of Multiple Deprivation (IMD) score with 18 19 IMD tertile 1 denoting the least deprived, and IMD tertile 3 the most deprived. The 20 primary outcome was all-cause mortality, and relative survival predictions - in 21 relation to age- and sex-matched background mortality rates - were calculated using 22 UK National Life Tables. Relative survival was illustrated in terms of excess mortality 23 risk and years of life expectancy lost. Recruitment period was split into three-year intervals (2006-2008; 2009-2011 and 2012-2014). 24

25

- 1 Results

2	
3	During a median follow-up of 5.0 years, 1,302 participants (72.3%) died. Unadjusted
4	mortality rate was highest in tertile 2. However, adjusted to the age-sex matched UK
5	population, a stepwise increase in excess mortality risk was observed across tertiles,
6	with tertile 1 experiencing an excess mortality risk of 11.1% (95% CI: 6.1%-16.1%)
7	and tertile 3 24.2% (95% CI: 19.4%-28.0%). This corresponded to a loss of life
8	expectancy of 1.76 years (95% CI: 1.50-2.03) for tertile 1 and 2.30 years (95% CI:
9	2.03-2.57) for tertile 3 over a ten-year period. We observed disparity in actuarial
10	survival between tertiles over time, with participants in tertile 1 losing less life
11	expectancy at ten years compared to those in tertiles 2 and 3. However this was only
12	statistically significant for those recruited between 2012-2014 (p<0.05).
13	
14	Conclusions
15	
16	The impact of socioeconomic deprivation on HF outcomes in an unselected diverse
17	UK population appears to have worsened over time.
18	
19	Keywords
20	
21	Heart failure – Socioeconomic deprivation – Actuarial survival – Health inequality
22	
23	
24	

1 Background

2

3 Chronic heart failure (HF) is a clinical syndrome defined by dyspnoea, venous 4 congestion and elevated natriuretic peptides, leading to increased hospitalisation 5 and premature mortality. [1] While the standardised incidence of HF is declining, the 6 prevalence and burden of HF in the United Kingdom (UK), both to individuals and 7 society continues to grow. This is driven by an aging population and improved 8 survival following the widespread adoption of comprehensive medical and device 9 therapy for heart failure with reduced ejection fraction (HFrEF). [2,3] Despite this, 10 there remain inequalities in access to services and therapies for people with HF 11 within the UK. [4]

12

13 Socioeconomic deprivation is associated with higher mortality and increased rates of 14 hospital admissions in HF patients. Moreover, patients facing socioeconomic 15 deprivation often encounter multilevel barriers to healthcare contributing to 16 healthcare inequalities. [5-7] At the systems level, healthcare facilities serving low-17 income populations frequently lack adequate resources, particularly regarding access to primary care and specialty services in underserved areas. This may delay 18 19 diagnosis and treatment initiation, leading to more advanced disease progression at 20 the time of presentation. [8,9]. Whilst at a provider level, healthcare worker implicit 21 biases, stereotyping, and communication barriers can influence how patients are 22 perceived and treated, potentially resulting in unequal care. [10] 23

Socioeconomic deprivation is linked to higher rates of comorbidities, such as 24 25 diabetes, hypertension, and obesity, which complicate the management of HF and

1 contribute to poorer outcomes. [2,11] Furthermore, patients in lower socioeconomic 2 groups may face barriers to adhering to prescribed therapies, such as medication 3 costs or limited health literacy, reducing the effectiveness of evidence-based 4 treatments. [12] Psychosocial stress, poor nutrition, and limited social support 5 networks further exacerbate the burden of HF in deprived populations, contributing to 6 the observed disparities in outcomes. [12] 7 8 However, the effect of socioeconomic deprivation on HF mortality over time remains 9 unknown and challenging to assess given changing rates in comorbidities and an 10 aging population. Moreover, previous studies have demonstrated marked 11 discrepancy between patient-predicted survival and survival estimates from 12 prognostic models, highlighting the importance of improving communication around 13 this critical and sensitive issue. [13] 14 15 Given this, we aimed to compare the observed survival of individuals with HF to that 16 of an age- and sex- matched actuarial control population, and to assess the 17 association of socioeconomic deprivation with this over time. 18 19 Methods 20 21 The design of the United Kingdom Heart Failure Evaluation and Assessment of Risk 22 Trial (UK-HEART-2), a prospective cohort study of ambulatory heart failure patients

- 23 within the United Kingdom has been previously published. [14,15] The overarching
- 24 aim of UK-HEART-2 was to identify prognostic markers in patients with HF and

reduced left ventricular ejection fraction (LVEF), receiving contemporary evidence based therapy.

3

4 Between July 2006 and December 2014, consecutive patients with stable symptoms 5 and/or signs of HF for at least 3 months and an LVEF ≤45% under the care of four 6 specialist heart failure outpatient clinics within West Yorkshire in the United Kingdom 7 were enrolled. The secondary care hospital where patients were reviewed was 8 determined by their residential postcode, which was also used to calculate their 9 Index of Multiple Deprivation (IMD) score. All patients provided informed written 10 consent and the study was conducted in accordance with the principles outlined in 11 the Declaration of Helsinki. Ethical approval of the study was granted by the Leeds 12 West Research Ethics Committee prior to study commencement.

13

14 All patients underwent transthoracic echocardiography, resting 12-lead ECGs, and 15 blood testing for measurement of full blood count, electrolytes and serum creatinine. 16 Functional status was assessed using the New York Heart Association (NYHA) 17 classification. Total daily doses of angiotensin converting enzymes inhibitors, angiotensin receptor blockers, beta-blockers and loop diuretic were collected at 18 19 recruitment; these were normalised to maximum licensed HF dose as previously 20 described. [16] Receipt of cardiac resynchronisation therapy or implantable 21 cardioverter defibrillator was assessed during the 6-month period after recruitment. 22

For our secondary analysis looking at the association of socioeconomic deprivation
with mortality over time, we split recruitment period into three yearly intervals (2006
to 2008; 2009 to 2011 and 2012 to 2014).

2 Socioeconomic status

3

4 Socioeconomic status was determined using individual patient postal codes, which 5 were mapped to one of 32,482 geographical regions, each representing 6 approximately 1,500 people. These regions were defined according to the IMD which 7 measures local socioeconomic deprivation. Since our cohort recruitment spanned 8 three official IMD updates (2007, 2010, and 2015), we assigned the IMD rank/score 9 based on the update closest to each patient's recruitment date. IMD provides a 10 current index of socioeconomic deprivation, compiled from data collected by various 11 UK government and non-government agencies, and is recognized as a valid 12 indicator of overall deprivation at the geographical level. It generates a composite 13 deprivation score for each region, weighted by domains such as income (22.5%), 14 employment (22.5%), health and disability (13.5%), education, skills, and training 15 (13.5%), barriers to housing and services (9.3%), crime (9.3%), and living 16 environment (9.3%). In our analysis, participants were divided into tertiles with tertile 17 1 denoting the least deprived, and tertile 3 the most deprived. 18

19 Outcome assessment

20

The primary outcome measure was all-cause mortality at ten years. Vital status data were collected using linked national electronic records from the Office of National Statistics. Final censorship occurred on the 23rd of October 2024. For our sensitivity analysis looking at the associations with deprivation by period of

enrolment, duration of follow up was limited to 10 years to ensure equal follow up
 durations.

3

Actuarial survival predictions were derived from the UK National Life Tables (UKNLT), an official survival estimation measure produced by the Human Mortality
database.[17] The UK-NLT provide annual death rates by sex and age for any given
year. This provides the baseline survival for members of the public with this age and
sex, which we used as a reference control population.

9

10 Statistical analysis

11

12 Statistical analysis was performed using RStudio version 4.1.1. Analysis used the R

13 suite 'tidyverse', while plots were compiled using the embedded 'ggplot2' package.

14 Relative survival analysis was performed using the 'Survival' and "Relsurv'

15 packages. (https://www.jstatsoft.org/article/view/v087i08)

16

17 Patient characteristics are reported using the mean and standard deviation for 18 continuous variables, with categorical variables summarised using the count of each 19 class and the percentage of the dataset it represents. Unadjusted cumulative 20 mortality rates describing the observed cohort survival were calculated and stratified 21 by deprivation tertile. Relative survival data were illustrated with excess mortality rate 22 (defined as the observed mortality rate minus the expected age-sex matched 23 mortality rate in the general population defined by the UK-NLT) and by calculating excess loss of life expectancy stratified by deprivation tertile, and according to period 24 25 of recruitment. Recruitment period was split into periods of three consecutive

calendar years. Wald confidence intervals (CIs) are used for mortality rate, while 500
bootstrap samples are used to produce CIs for years of life lost, with ANOVA used to
compare the mean years of life lost between periods of recruitment. Missing data
were not imputed.

5

6 Results

7

8 We recruited 1802 patients who had a mean age of 69.6 years (SD 12.5) and 1319 9 (73.2%) were male. Descriptive data comparing demographics, comorbidities, 10 symptom severity and HF management by socioeconomic deprivation tertiles are 11 shown in Table 1. Patients from areas of higher socioeconomic deprivation were more likely to be younger, male, have greater body mass index (BMI) be of black, 12 13 Asian or minority ethnicity and have chronic obstructive pulmonary disease. 14 Moreover, they had greater symptom burden and were less likely to receive cardiac 15 implantable electronic device therapy. 16 17 Across differing recruitment periods from earliest to latest, patients were broadly older at presentation, less likely to have HF due to an ischaemic aetiology, had 18 19 greater beta-blocker use at higher doses and had a lower burden of symptoms 20 irrespective of socioeconomic status (Additional file 1: table S1-S3). Use of cardiac 21 resynchronisation therapy (CRT) and implantable cardiac defibrillators (ICD) 22 decreased over time in all groups. Mineralocorticoid receptor antagonist use 23 significantly decreased over time only in patients from areas with higher socioeconomic deprivation (Additional file 1: table S3). 24

	Total Population (n=1802)	Tertile 1 (n=600)	Tertile 2 (n=601)	Tertile 3 (n=601)	P value
Age, <i>years</i>	69.6 (12.5)	71.3 (11.5)	70.5 (12.2)	67.0 (13.3)	0.002
Male, <i>y/n</i>	1319 (73.2)	468 (78.0)	437 (72.7)	414 (68.9)	0.005
IMD score	26.6 (18.6)	8.8 (3.1)	21.4 (5.7)	49.6 (10.9)	<0.001
BMI, <i>kg/m</i> ²	28.1 (6.0)	27.2 (4.9)	28.5 (5.4)	28.6 (7.6)	<0.001
BAME, y/n	71 (3.9)	22 (3.7)	16 (2.7)	33 (5.4)	0.037
Ischaemic aetiology, <i>y/n</i>	1067 (59.2)	366 (61.0)	356 (59.2)	345 (57.4)	0.547
Diabetes, <i>y/n</i>	504 (28.0)	151 (25.2)	166 (27.6)	187 (31.1)	0.070
COPD, y/n	284 (15.8)	72 (12.0)	99 (16.4)	113 (18.8)	0.003
CKD 4 or above, <i>y/n</i>	141 (7.8)	44 (7.3)	43 (7.2)	54 (9.0)	0.422
NYHA Class 3/4, y/n	555 (30.8)	161 (26.6)	183 (30.7)	211 (35.2)	0.005
LVEF, %	32 (9)	31 (9)	32 (10)	32 (10)	0.468
QRS, <i>ms</i>	123 (31)	127 (31)	125 (31)	118 (29)	0.090
SBP, <i>mmHg</i>	122 (22)	121 (21)	123 (21)	123 (23)	0.261
DBP, mmHg	71 (11)	71 (11)	71 (11)	72 (12)	0.186
HR, bpm	75 (16)	74 (15)	75 (16)	76 (16)	0.748
Betablocker, <i>y/n</i>	1523 (84.7)	529 (87.4)	488 (82.2)	506 (84.5)	0.039
Bisoprolol equivalent dose, mg	3.9 (3.4)	4.1 (3.4)	3.7 (3.2)	3.8 (3.4)	0.260
ACEi/ARB y/n	1626 (90.4)	558 (92.2)	524 (88.2)	544 (90.8)	0.057
Ramipril equivalent dose, <i>mg</i>	4.9 (3.5)	5.1 (3.5)	4.8 (3.6)	4.9 (3.5)	0.910
Loop diuretic y/n	1340 (74.6)	459 (75.9)	444 (74.4)	442 (74)	0.669
Furosemide equivalent dose, <i>mg</i>	51 (50)	52 (50)	49 (46)	52 (51)	0.644
MRA y/n	689 (38.3)	235 (38.8)	219 (36.9)	235 (39.2)	0.667
CRT y/n	455 (25.3)	181 (29.9)́	154 (25.8)	120 (20)	<0.001
ICD y/n	210 (11.7)́	95 (15.7) [´]	65 (10.9) [´]	50 (8 .3)	<0.001

 Table 1 – Baseline characteristics by socioeconomic deprivation tertile. Continuous data is presented as mean and standard deviation (SD). Categorical data is n (%). P value for continuous variables from ANOVA and categorical variables from Chi² testing respectively. Abbreviations: angiotensin converting enzyme inhibitor (ACEi), angiotensin receptor blocker (ARB), Black, Asian, and Minority Ethnic (BAME), beats per minute (BPM), body mass index (BMI), cardiac resynchronisation therapy (CRT), chronic kidney disease (CKD), chronic obstructive pulmonary disease (COPD), diastolic blood pressure (DBP), heart rate (HR), implantable cardiac defibrillator (ICD), index of Multiple Deprivation (IMD), left ventricular ejection fraction (LVEF), mineralocorticoid receptor antagonist (MRA), milligram (mg), New York Heart failure Association (NYHA), systolic blood pressure (SBP).

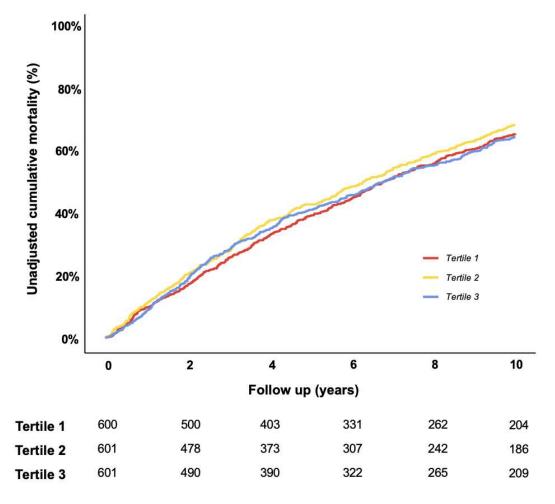
2 Association with outcome

3

During a median follow-up of 5.0 years (25th to 75th centile: 2.7-7.5), a total of 1,302 4 5 participants (72.3%) died. The unadjusted cumulative mortality rates were similar 6 across tertiles of socioeconomic deprivation; however, by ten years of follow-up, 7 mortality was nominally highest in tertile 2 (Figure 1). To quantify differences in 8 excess mortality risk by socioeconomic deprivation, we constructed relative survival 9 models. We observed a stepwise increase in excess mortality risk across the 10 socioeconomic deprivation tertiles, with participants in tertile 3 (representing the 11 most socioeconomic deprivation) having the greatest excess mortality risk (Figure 2 12 and Table 2). After 10 years, the excess mortality risk for participants in IMD tertile 3 13 relative to the general population was 24.2% (95% CI: 19.4%-28.9%), compared to 14 11.1% (95% CI: 6.1%-16.1%) for IMD tertile 1 (Table 2).

15

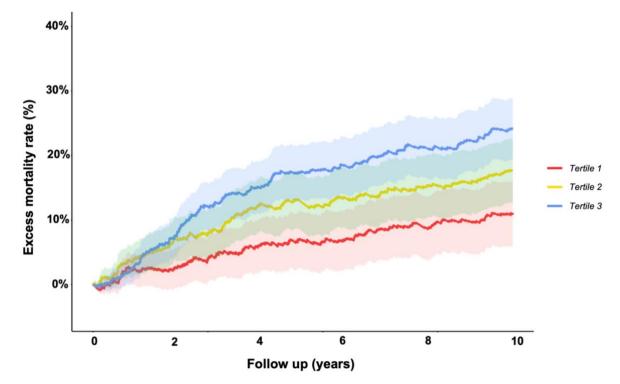
16 In terms of years of life lost, participants in tertile 1 (lowest deprivation) experienced 17 a cumulative loss of 1.76 years (95% CI: 1.50-2.03), while those in IMD tertile 3 experienced the highest cumulative loss, with 2.30 years (95% CI: 2.03-2.57), a 18 19 difference of 6.5 months over a 10-year period (Figure 3, Table 2). Moreover, whilst 20 there was no statistically significant difference in life lost over a 10-year period by 21 IMD tertile in the first and second recruitment periods, during final recruitment period 22 participants in IMD tertile 1 lost significantly less life at ten years compared to those 23 in IMD tertiles 2 and 3 (Figure 4).



Numbers at risk

Figure 1 - Unadjusted cumulative mortality of study cohort by socio-economic deprivation

tertile.



2 Figure 2 – Excess mortality rate of study cohort by socio-economic deprivation tertile.

	Three years	Five years	Ten years
Tertile 1	4.9% (95 % CI: 1.3 – 8.7)	6.9% (95% CI: 2.4 – 11.3)	11.1% (95% CI: 6.1-16.1)
Tertile 2	8.1% (95% CI: 4.3 – 11.9)	12.6% (95% CI: 8.1 – 17.1)	17.6% (95% CI: 12.7-22.6)
Tertile 3	12.6% (95% CI: 8.8 - 16.3)	17.5% (95% CI: 13.1 - 21.7)	24.2% (95% CI: 19.4-28.9)
	· · ·		
	Years of I	ife lost during specified period, y	vears (95% CI)
	Years of I Three years	ife lost during specified period, y Five years	vears (95% CI) Ten years
Tertile 1			
Tertile 1 Tertile 2	Three years	Five years	Ten years

Table 2 – Relative survival by socioeconomic deprivation tertile. Relative survival is expressed as % excess mortality risk and years of life

15 expectancy lost relative to age and sex matched UK population with 95% confidence intervals (CI).

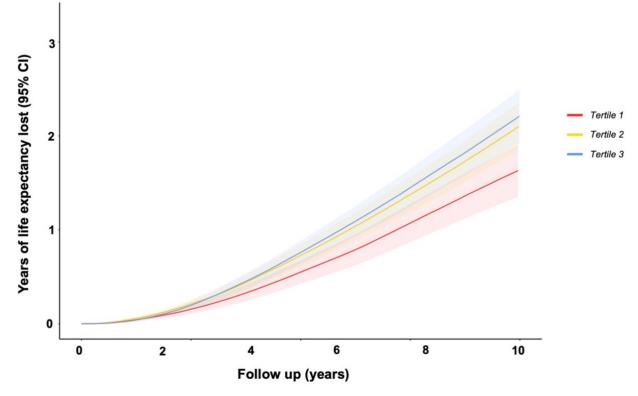


Figure 3 – Years of life expectancy lost of study cohort by socioeconomic deprivation tertile.

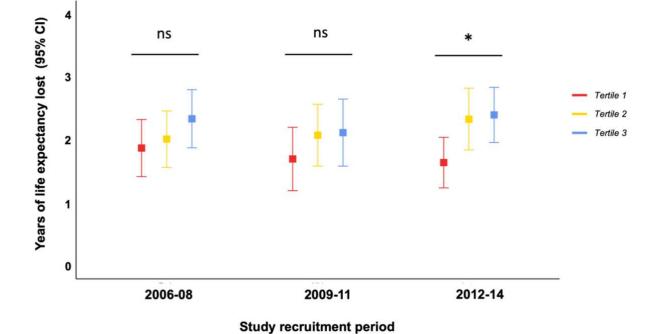


Figure 4 – Years of life expectancy lost by socioeconomic deprivation tertile by study recruitment period at ten years follow up duration. Statistical significance was assessed using ANOVA across study recruitment periods. Abbreviations: not significant (ns), * p<0.05

2 **Discussion**

3

4 We present a comprehensive analysis of the effects of socioeconomic deprivation on 5 survival in relation to actuarial predictions in a large, unselected cohort of patients 6 with HF. By considering actuarial estimates of survival, we have shown a direct 7 relation between socio-economic deprivation and all-cause mortality, with patients 8 from areas of high socio-economic deprivation losing 2.30 years of life compared to 9 the age and sex matched general population over a ten-year period. Moreover, there 10 appears to be a widening disparity in the effects of socio-economic deprivation on 11 survival in relation to actuarial predictions over time, with patients with HF from the least deprived areas losing significantly less life over the recruitment period 12 13 compared to those from areas with higher socioeconomic deprivation.

14

We have previously shown that patients with HF have a 2.4-fold excess loss of life compared to an age and sex matched general population. [14] Moreover, prior studies have demonstrated an inverse relation between socioeconomic deprivation and disease-free survival in patients with HF; [18–20] a phenomenon driven by increased risk of non-cardiovascular mortality and hospitalisation. [5] No study has quantified the effects of socioeconomic deprivation on survival in relation to actuarial predictions amongst patients with HF.

1 Multimorbidity amongst patients with HF is common and more prevalent in patients 2 from areas of higher socioeconomic deprivation, [21,22] and may account for part of 3 the adverse association between socioeconomic deprivation and mortality. [23] Co-4 morbidity adds complexity to the management of HF, as it can make diagnosis more 5 difficult, prescribing guideline-directed medical therapy more challenging and augurs 6 a worse prognosis. [24] Co-morbidities more frequently accrue at a younger age in 7 patients with HF from areas of higher socioeconomic deprivation [2], which we also 8 observed in our study with patients in the most deprived group were younger and 9 had the greatest prevalence of chronic obstructive pulmonary disease and diabetes. 10 Younger patients have the largest potential number of years of life expectancy to 11 lose, and the greatest potential for life expectancy gained with effective medical 12 therapy, [25] and this may explain the differences in survival seen in our cohort. In 13 addition, patients from the most deprived areas in our study were least likely to 14 receive device therapy and were the only group to see a significant reduction in the 15 use of mineralocorticoid receptor antagonists over the study period; both findings are 16 in keeping with observational data from the USA. [26,27]

17

18 We observed an apparent worsening of disparity in actuarial survival by 19 socioeconomic status over time, with only patients from areas with lower 20 socioeconomic deprivation seeing a reduction in loss of years of life expectancy 21 across recruitment period. In the only other study reporting the temporal effects of 22 socioeconomic status on heart failure mortality, Taylor et al demonstrated in a cohort 23 of 55 959 primary care patients with a new diagnosis of HF, that whilst there was little difference between one and five-year survival in the most deprived and least 24 25 deprived groups over the study period, ten-year survival was significantly lower in the

most deprived group. [3] However, this study did not formally classify HF based on
systolic function and the HF diagnosis was derived from GP coding. In addition, it
only included patients in primary care who may have a different prognosis to those
being managed in the hospital setting.

5

6 The reasons behind this widening disparity are not clear. The present study was 7 conducted during a period where there was significant change within UK health care 8 policy, amongst a wider context of economic austerity. [28] Between 2009 and 2011, 9 public expenditure within the UK was cut by 2.2%. [29] Although expenditure on 10 overall healthcare was protected, social care, local government and income support 11 were not protected and cuts to these areas have direct and indirect effects on health, 12 including increasing unemployment, poverty, and homelessness. [29,30] These 13 policies disproportionately impact people of lower socioeconomic status, [31] and 14 during this period of austerity, all-cause mortality rates increased across the UK, 15 particularly amongst those in the UK from areas of higher socioeconomic 16 deprivation. [32] Our results reflect this pattern and austerity may in part be 17 responsible for this widening disparity.

18

Tackling the impact of socioeconomic deprivation on health is complex and requires a multi-level approach. [7] At the system level, increasing funding and resource allocation to facilities serving socioeconomically deprived populations is critical to address disparities in access to care. [33] Additionally, educating healthcare providers on the social determinants of health can help them better understand the context of their patients' lives. [34] Encouraging shared decision-making practices

enables patients, regardless of their health literacy levels, to actively participate in
 their care, fostering greater equity in outcomes.[35]

3

4 Patients from areas of higher-socioeconomic deprivation are historically 5 underrepresented in HF randomised controlled trials and analyses by socioeconomic 6 status is not routinely reported. [36] Although there is no biological reason to believe 7 the effect of HF therapies varies across socioeconomic strata, other factors such as 8 medical compliance and healthcare access are influenced by socioeconomic status 9 and could potentially interact with treatment efficacy. [36] To address this, initiatives 10 should be established to widen and promote trial recruitment of people from areas of 11 lower socioeconomic status and reporting of treatment effects according to 12 socioeconomic status should be mandatory.

13

14 Effective communication with patients and relatives regarding disease prognosis is 15 reliant on the application and understanding of survival statistics. [37] More widely 16 used measures of survival including hazard ratio, relative and absolute risk do not 17 account for the expected rate of death of the general population without disease, nor reflect the reality that life is finite. In addition, patients with HF frequently 18 19 overestimate their life expectancy compared to model-based predictions, particularly those patients with more severe disease, [38] whilst repeated and prolonged hospital 20 21 admission is common amongst patients with HF towards the last year of life. [39] 22 Therefore, the ability to provide more nuanced and understandable illustrations of 23 disease prognosis to patients with HF using relative survival measures, may help 24 facilitate advanced care planning discussions and ensure patients have realistic 25 expectations of their disease prognosis. [12]

2 Strengths and limitations

3

4 First, IMD is a measure of area-based deprivation and does not reflect the deprivation 5 of an individual, so some patients' personal socioeconomic deprivation may have been 6 over or underestimated. Second, participants were recruited before the widespread 7 use of other disease modifying therapies for HF including angiotensin 8 receptor/neprilysin inhibitors and sodium glucose co-transporter inhibitors which may 9 improve cardiovascular outcomes. Therefore, our survival estimates may be lower 10 than contemporary estimates. [40,41] In addition, our estimates do not reflect or 11 account for quality of life, merely the number of years of life expectancy lost. Our 12 analysis stratifies participants and inherently accounts for two strong predictors of 13 mortality, age and biological sex, using population life tables. But we did not adjust for 14 other covariates such as medication use, ethnicity, comorbidities, or physical 15 characteristics. However, these features are key components of socioeconomic status 16 and reflect important mechanisms through which socioeconomic status affects health 17 outcomes. Adjusting for these factors could obscure their contribution to the disparities observed between socioeconomic strata, as they are intrinsic to the effects of 18 19 deprivation. Finally, our study used expected survival data from the UK and our 20 estimates may not be generalisable to the rest of the world.

- 21
- 22 Conclusions

23

We have shown that rising socioeconomic deprivation is associated with incremental loss of life expectancy amongst patients with HF. In addition, there is evidence of

widening disparity in the amount of life expectancy lost between socio-economic groups. Our data provides understandable and quantifiable estimates of loss of life expectancy for patients with HF and may help facilitate more nuanced conversations regarding advanced care planning. Future research should explore whether targeted interventions in health, social, and economic policy can reduce the socioeconomic disparities in survival observed among patients with HF.

1 Abbreviations

- 2
- 3 ACEI Angiotensin converting enzyme inhibitor
- 4 ARB Angiotensin receptor blocker
- 5 BAME Black, Asian and Minority Ethnic
- 6 BMI Body Mass index
- 7 BPM Beats per minute
- 8 CI Confidence interval
- 9 CKD Chronic kidney disease
- 10 COPD Chronic obstructive pulmonary disease
- 11 CRT Cardiac resynchronisation therapy
- 12 DBP Diastolic blood pressure
- 13 HF Heart failure
- 14 HFrEF Heart failure with reduced ejection fraction
- 15 HR Heart rate
- 16 ICD Implantable cardiac defibrillator
- 17 IMD Index of multiple deprivation
- 18 LVEF Left ventricular ejection fraction
- 19 MRA Mineralocorticoid receptor antagonist
- 20 NYHA New York Heart Association
- 21 SBP Systolic blood pressure
- 22 SD Standard deviation
- 23 UK United Kingdom
- 24 UKH2 United Kingdom Heart Failure Evaluation and Assessment of Risk Trial

1	UK-NLT2 - UK National Life Tables
2	
3	Declarations
4	
5	Ethics approval and consent to participate: Ethical approval of the study was granted
6	by the Leeds West Research Ethics Committee prior to study commencement
7	(07/Q1205/17). All participants signed informed consent in accordance with the
8	Declaration of Helsinki.
9	
10	'Authors' Twitter handles
11	@ollybrown, @drmikedrozd, @drsamstraw, @maria_paton, @RicCubbon
12	
13	Consent for publication: Not applicable
14	
15	Data availability: The datasets generated and/or analysed during the current study are
16	not publicly available due to the inclusion of potentially identifiable information but are
17	available from the corresponding author upon reasonable request.
18	
19	Competing interests: SS has received speaker's fees, honoraria and non-financial
20	support from Astra Zeneca. MFP has received consultancy fees from Astra Zeneca.
21	RC has received speaker's fees from Janssen Oncology. OIB has received speaker's
22	fees and honoraria from Novartis.
23	
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25	

Authors' Contributions: OIB and MTK conceived the study. SS, MM, RB, ADS, VKG, AS, AMNW, CS, KKW, RMC and MTK collected the data. OIB, MD and RMC undertook statistical analysis. OIB, MD and MTK produced the first version of the manuscript. HM, MFP, KIB, JG and RMC provided critical oversight of the manuscript. All authors read and approved the final version of the manuscript. Additional Files: Additional File 1: Tables S1-S3 contains tables demonstrating clinical characteristics of socioeconomic deprivation tertiles over study period. Table S1- Characteristics of socioeconomic deprivation tertile 1 over study period. Table S2 – Characteristics of socioeconomic deprivation tertile 2 over study period. Table S3 – Characteristics of socioeconomic deprivation tertile 3 over study period.

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