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Terahertz frequency electronics and photonics: materials and devices

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The terahertz frequency region of the electromagnetic spectrum sits at the interface of electronics and optics, lying between the microwave and infrared (IR) spectral regions. Although there are significant challenges to access, understand and exploit this distinctive region of the spectrum, there are immense benefits in its exploration for both discovery- and challenge-led research, from fundamental studies of laser operation through to the development of new spectroscopy instrumentation. The last 25 years has witnessed remarkable efforts to advance the field of terahertz science and engineering, and this is the subject of this article. Advances in the growth of precisely layered semiconductor materials have enabled a number of new terahertz device technologies, including high-performance quantum cascade lasers (QCLs) and quantum well photodetectors. Recent advances have included the use of thin magnetic films for efficient terahertz generation. We also review the increasing interest in contemporary two-dimensional (2D) materials for terahertz optoelectronic devices. New materials including graphene, topological insulators, transition metal dichalcogenides and novel semi-metals have shown promise as highly efficient terahertz radiation detectors and modulators. Finally, we summarize the challenges which still exist in the field of terahertz electronics and photonics, and how new materials and new device technologies might meet these challenges.

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1. Introduction

The terahertz frequency region of the electromagnetic spectrum (conventionally 0.3-10 THz = 10-333 cm⁻¹ = 1-0.03 mm) lies between the microwave and infrared (IR) spectral regions and, as such, has the intriguing property of sitting at the interface between electronics and optics. Its unique position in the spectrum poses challenges, however, to the development of convenient coherent sources and detectors of terahertz radiation, and hence the ability to study and exploit its properties for fundamental research and for the development of new technologies. In the microwave region, lying to lower frequencies, the power available from electronic devices reduces rapidly at fundamental frequencies substantially above a few hundred gigahertz. This is partly a result of the need for very short carrier transit times, but is also a consequence of the low powers produced by electronic devices with the small active areas necessary to minimize their capacitance. At higher frequencies, the generation of light through the radiative recombination of conduction band electrons with valence band holes across a semiconductor direct bandgap has long been exploited in diode lasers operating at visible and near-IR frequencies. However, Auger recombination of electrons and holes means that this technique cannot be extended to produce mid-IR or terahertz radiation [1].

Notwithstanding, terahertz source technology based on acceleration of electrons such as free-electron lasers, gyrotrons and backward wave oscillators, or through discreet transitions in gases (such as in methanol lasers), have long been available, but their large size, power requirement and experimental flexibility, limits their use to specialist situations. Similarly, detectors of terahertz radiation including thermal bolometers and those based on the pyroelectric effect are long established and are still some of the most effective and sensitive detectors available. For an introduction to terahertz technology, see [2], for example.

The relative inaccessibility of the terahertz region of the spectrum has been known colloquially as the 'terahertz gap' for several years. However, this terahertz gap, separating the electronics and optics worlds was recognized a very long time before this. In their 1897 paper 'Heat rays of great wave length' [3], for example, Rubens & Nichols wrote, 'Since we have become accustomed to think of waves of electrical energy and light waves as forming component parts of a common spectrum, the attempt has often been made to extend our knowledge over the wide region which has separated the two phenomena, and to bring them closer together, either by cutting down the wave length of electrical oscillations ... or by the discovery and measurement of longer heat waves'. The work of Rubens and others in measuring the temperature dependence of blackbody radiation of 'great wave lengths', including at wavelengths in what we would now call the terahertz frequency region, was instrumental in providing Max Planck with the crucial data in 1900 to confirm his hypothesis of what became known as Planck's radiation law, which heralded the dawn of quantum mechanics [4].

Owing to the difficulties in fabricating compact solid-state sources and detectors of terahertz radiation, researchers focused attention on all-optical techniques, employing near-IR femtosecond pulsed lasers to generate pulses of terahertz radiation through electro-optic rectification in nonlinear crystals or from a device known as a photoconductive switch [5]. The latter comprises a chip of biased semiconductor where the absorption of the femtosecond pulse allows a transient current to flow. A popular material for this is GaAs, which can be carefully engineered and grown below the usual growth temperature to provide the rather counter-intuitive properties of having simultaneously short electron and hole recombination lifetimes, high electron and hole mobilities and a high resistivity [6]. This material, known as low-temperature-grown (LT-) GaAs, was developed in the mid-1980s [7], and the subsequent development of coherent broadband terahertz spectroscopy and imaging systems led to the surge of international activity in this field and arguably started the modern era of terahertz science and technology.

Developments in terahertz technology have also been driven by the wide range of materials that can be explored in the terahertz range, including organic and inorganic crystalline materials and gases, which exhibit sharp characteristic (ro-)vibrational features in the THz frequency range, see [8], for example. The terahertz spectra are also sensitive to both intraand inter-vibrational molecular modes, making terahertz spectroscopy highly sensitive to small changes in crystalline structure. In many solid-state materials, carrier scattering and dephasing events occur on timescales of tens to hundreds of femtoseconds, making terahertz frequency techniques ideal for studying carrier dynamics, allowing a range of fundamental phenomena to be investigated.

In our previous Perspectives article in 2000 [9], we discussed how commercially driven technological developments in semiconductor materials and electronic devices occurred alongside advances in fundamental physics obtained from investigation of the same semiconductor devices. Perhaps unsurprisingly, a similar narrative (and one that we will explore in this paper) can be told about the modern development of terahertz science and technology. In this article, we will first review the remarkable progress in the growth of sophisticated multi-layered semiconductor materials to create the first compact solid-state lasers operating in the mid-IR [10] and then, in 2002, in the terahertz region of the spectrum [11]. We also discuss detectors, using the same type of heterostructures, but also making use of traditional transistor architectures. We then move on to describe advances in materials for laser-driven terahertz devices, with a focus on recently developed spintronic emitters. In the final section of this article, we switch attention to two-dimensional (2D) and topological materials to examine their applications to, and potential impact on, terahertz science and technology.

2. Semiconductor heterostructures

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The impact of layered semiconductor heterostructures on science and technology over the last few decades has been enormous. These devices comprise a stack of semiconductor layers, each often just a few nanometres thick, grown on top of each other. The optical and electronic properties of the constituent materials are controllably modified, and quantum mechanical phenomena give rise to new structures with new properties. Our previous Perspectives article highlighted the GaAs-AlGaAs single heterojunction (a heterostructure of just two semiconductor materials, GaAs and AlGaAs), where electrons accumulate at the material interface to form a 2D electron system (2DES). The electrons are trapped in a potential energy well of width similar to their quantum mechanical wavelength with the consequence that the electron energy perpendicular to the interface becomes quantized, as in the textbook 'particle in a box' situation. Measurements of these electronic systems can reveal fascinating quantum mechanical phenomena including the Nobel Prize winning integer and fractional quantum Hall effects (QHE) [12,13] (the former first observed in the 2DES formed in silicon metal-oxide semiconductor field-effect transistors (MOSFETs)). Further reduction in dimensionality through lateral pattering of the 2DES to confine the electrons into one-dimensional (1D) channels, rings, dots and other geometries led to the observation of many exciting phenomena and forms the basis of the field of mesoscopic physics [14].

Heterostructured semiconductors also find an important role in optoelectronic devices. They can greatly improve the efficiency of diode lasers and LEDs by confining carriers to the active regions, and reduce unwanted photon reabsorption, enabling their widespread adoption. Here, the charge carriers are driven 'vertically' through the semiconductor layer stack, rather than primarily within the layer as is the case in transistors or in the study of the quantum Hall effect, for example. In the visible and near-IR spectral regions, direct bandgap semiconductor diode lasers make excellent emitters. However, as the wavelength increases and the required semiconductor bandgap decreases, the non-radiative Auger recombination between electrons and holes reduces the efficiency [1], and alternative emission (and detection) schemes must be found. A solution is to move from interband transitions in bipolar devices, where conduction band electrons recombine with valence band holes to emit photons, to intersubband transitions in unipolar devices, where electrons transition between energy levels entirely within the conduction band. The first intersubband laser, known as the quantum cascade laser (QCL), was demonstrated in 1994 by Faist *et al.* [10]. Emitting in the mid-IR, around 4 μ m, it was based on a multilayered Ga_{0.47}In_{0.53}As–Al_{0.48}In_{0.52}As heterostructure, lattice matched to InP. The electron subbands result from the particle-in-the-box-type quantum confinement created by the nanometre-thick semiconductor layers, with the subband separation, and hence the wavelength of the emitted photons, tuned by the heterostructure design. In 2002, Köhler *et al.* reported [11] the operation of a QCL emitting at 68 μ m in the terahertz region, composed of GaAs wells and Al_{0.15}Ga_{0.85}As barriers on a GaAs substrate; the active-region heterostructure is shown in figure 1.

(a) Quantum cascade lasers

Crucial to the development of semiconductor heterostructures has been the advancement of sophisticated semiconductor materials growth technologies, with molecular beam epitaxy (MBE) perhaps the best known. MBE is a form of high vacuum evaporation, where pure elements evaporated in ultra-high vacuum impinge on a substrate, allowing the fabrication of near-perfect crystals with the crystal lattice maintained throughout (known as epitaxial growth), and enabling extremely abrupt changes in composition and doping. By careful selection of the substrate to minimize strain, high-quality multi-layer crystalline films can be grown epitaxially. While there are alternative epitaxial techniques such as metalorganic chemical vapour deposition (MOCVD) that are more economical and can be used for many structures such as diode lasers, quantum dots and mid-IR QCLs, MBE is still the preferred choice for terahertz devices such as QCLs and quantum well IR photodetectors (QWIPs), owing to the unrivaled control over layer thicknesses and doping levels [15].

The choice of materials for the wells and barriers of the heterostructure is also very important. For a stable crystal the lattice constant of the two materials must match closely; the closer they match, the thicker the crystal that can be grown. For terahertz QCLs, where thick heterostructures are desirable to increase the laser gain, the AlGaAs/GaAs material system is preferred because of the near-perfect lattice match between these materials that results in very high-quality crystals with few lattice defects. This enables very thick structures with 1000s of monolayers to be grown, with total thicknesses to 24 μ m [16]. Furthermore, there is a clear link between the level of background doping and impurities in the growth chambers and the resulting laser performance [17,18].

The maturity of the crystal growth and the demonstration of the QCL scheme at terahertz frequencies gave researchers a high degree of flexibility to choose the thicknesses and alloy compositions of the wells and barriers in the heterostructure active region in the search for improved designs and performance. The first design, shown in figure 1 [11], was based on a chirped superlattice, where the electron states form 'minibands' and the laser transition is from the bottom of one miniband to the top of the next, downstream miniband. However, this only lased up to a maximum temperature of 50 K. Since then, there has been an intense research effort across a number of research groups to improve this operating temperature. 'Bound-to-continuum' designs soon followed in 2003, where the upper miniband of electronic states in the chirped superlattice design is replaced by a single 'bound' state, but the lower miniband is retained, immediately below the lower laser level, providing a larger number of states for the electrons to scatter into. The first realization of this design, by Scalari *et al.*, increased the operating temperature to 90 K [19]. An alternative scheme, proposed by researchers from MIT [20], and known as the 'resonant phonon' design, aimed to use the efficient scattering when the separation between electron states is resonant with the longitudinal optical phonon energy

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Figure 1. (a) Conduction bandstructure of the first terahertz frequency QCL, presented in reference [11]. The vertical axis shows the electron energy as a function of distance into the device on the horizontal axis. The GaAs layers create a series of potential wells separated by $AI_{0.15}Ga_{0.85}As$ potential barriers. The widths of the GaAs layers range from 9.9 to 18.8 nm, and it is a consequence of the quantum confinement caused by the narrow wells that the electron energy is split into a series of minibands that are represented in the figure by their corresponding wavefunctions (moduli squared). The bandstructure is shown under electrical bias, and electrons traverse through the minibands from left to right with the terahertz lasing transition occurring between the red states, labelled 2 and 1. The figure shows just two periods of the overall device; 104 periods were grown in the original study. (b) Photograph of a QCL device, here the active area is 250 µm x 3 mm, together with a transmission electron microscopy image of the GaAs/AlGaAs layers that form the wells and barriers in the active region.

(36 meV in GaAs) to depopulate the lower lasing level and improve the population inversion. Because the phonon population increases with temperature, these designs are more robust against increasing temperature, immediately improving the operating temperature to 137 K. Over the last decade refinements to these designs have resulted in the maximum operating temperature of terahertz QCLs increasing to 261 K [21], within the range of compact solid-state Peltier coolers. A drawback of this type of design, however, is the large driving currents typically needed, requiring the QCL to be electrically pulsed and hence leading to a pulsed emission. For many applications, 'continuous wave' mode (DC-powered) is preferred. Here, hybrid designs, making use of both minibands and resonant phonon extraction [22,23], offer a good compromise, allowing efficient continuous wave operation at temperatures within the range of compact cryocoolers. The emission frequencies of terahertz QCLs currently span 1.3–5.4 THz [24] with peak output powers reaching 2.4 W in pulsed operation [16]. In addition to controlling the thickness of the well and barrier layers in QCL heterostructures, MBE growth also enables controlled placement of dopant atoms, which is important for laser performance [25].

Clearly, the operating temperature of terahertz QCLs is a barrier to widespread application, and while the low photon energy makes operation close to room temperature challenging, operation is not restricted to a fundamental limit such as Boltzmann's k_BT owing to the non-equilibrium laser dynamics.

While the GaAs/AlGaAs materials system remains by far the most common choice for QCLs in the terahertz region, and has achieved the highest performance to date, other material systems may provide potential advantages such as lower effective electron masses and higher phonon energies. These could lead to higher operating temperatures. This has stimulated research into other material systems, with QCLs realized in InGaAs/InAlAs/InP [26] and InGaAs/GaAsSb/InP [27], while there has also been electroluminescence observed from GaN/AlGaN [28] and ZnO/ZnMgO [29] devices. However, to-date none has surpassed the performance of the AlGaAs/GaAs material system [24].

Semiconductor heterostructures have also been used to improve the speed of electronic devices, enabling them to extend their emission frequency up into the terahertz range. A



Figure 2. Schematic diagram of a QWIP bandstructure. Each quantum well has one bound state in the well (wavefunction moduli squared in red) and a quasi-bound state close to the electron continuum (blue). Electrons in the ground (bound) state move to the quasi-bound state after absorbing photons with the corresponding energy (green vertical arrows). These then tunnel or scatter into the continuum and can be detected as a photocurrent, black arrow.

device closely related to, but pre-dating, the QCL is the resonant tunnelling diode [30]. These devices also make use of vertical transport in a semiconductor superlattice, relying on resonant tunnelling between confined electron states, as their name suggests. This strong resonance appears in the I-V characteristic of the device as a region of negative differential resistance. By embedding the device in an electronic resonator and biasing the device in the negative differential resistance region, oscillators with frequencies from 0.1 to 2 THz can be realized. While the power in the 1–2 THz range is typically no more than a few μ W, room-temperature operation and low operating power requirements make these devices attractive for applications such as wireless communications. There has also been improvement in the operation frequency of silicon-based semiconductor devices in recent years [31]. Improvements in fabrication techniques have allowed a reduction in device dimensions in well-established material technologies such as complementary metal-oxide semiconductor (CMOS), bipolar CMOS and SiGe heterojunction bipolar transistors. These reduced dimensions, driven by the search for increased efficiency in computer chips, have enabled increased bandwidths to be extracted from these materials, for example, 0.7 THz emitters fabricated from a 65 nm CMOS process [32]. Nevertheless, it seems unlikely that silicon-based materials will prove to be efficient emitters above 1 THz.

(b) Intersubband detectors

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Intersubband transitions in semiconductor heterostructures can also be used to detect long wavelength photons. These detectors are typically known as QWIPs, and have been studied since the 1980s for mid-IR detection [33,34], pre-dating QCLs. This detection scheme has also been extended to the terahertz region, where GaAs/AlGaAs heterostructures are the most commonly used. However, to operate on the same principle as mid-IR QWIPs, where the first excited state is close to the top of the barrier (figure 2), a very low aluminum mole fraction is required in the $Al_xGa_{(1 - x)}As$, around x = 0.01-0.05 compared to around x = 0.15 for QCLs; these low barriers mean operation is restricted to very low temperatures [35,36]. More sophisticated active-region designs that present the excited electrons with a number of bound states to scatter into as they progress to the next period, known as quantum cascade detectors (figure 3) [37], have also been developed and reduce the dark current compared to single well QWIPs.

Beyond GaAs/AlGaAs, other materials have been explored, for example, the GaAs/InGaAs material system used in the mid-IR has shown detection down to 15 μ m [38], but the barrier height makes extension to terahertz frequencies challenging. Quantum cascade detectors have been realized in GaN/AlGaN at 5.7 THz [39]; however, the efficiency and operating temperatures achieved have not improved significantly on GaAs/AlGaAs devices

An alternative approach to improve performance is to increase the confinement of the carriers, moving from quantum wells to 1D channels (nanowires) and ultimately to full three-dimensional (3D) confinement (quantum dots). Rather than the lateral etching or electrostatic patterning that is used to achieve this in the 2DES mesoscopic systems mentioned earlier, here, advanced growth techniques are typically used to realize a 'wire' or 'dot' of one semiconductor, encapsulated within another. The reduction in the carrier degree of freedom increases its lifetime [40], which should lead to higher efficiency detectors. While quantum dots have been studied for a number of years in the near- and mid-IR, the extension to intersub-band transitions in the terahertz region requires challenging growth because of the larger dot dimensions required. Nevertheless, operation of terahertz quantum dot detectors has been reported [41] and shows higher operating temperatures (up to 150 K), but controllable growth remains a challenge. There are other quantum confined detectors, including 'quantum rods' [42] and 'quantum ratchet' [43] designs, that all make use of semiconductor heterostructures.

An advantage of the intersubband tunnelling and scattering in QWIPs and related intersubband detectors, is the rapid electronic transport enabled, leading to high-speed operation, with up to 6.2 GHz at 4.2 THz reported [44]. However, the intrinsic speed is expected to be in excess of 20 GHz. In the mid-IR, this has led to the demonstration of all intersubband communications systems, comprising a QCL, intersubband modulators and QWIPs [45]. While the same principles could be applied to realize a terahertz frequency communications system, the low temperatures currently required for the modulators and QWIPs would be prohibitive for most applications.

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Competing technologies for high-speed terahertz detection include hot-electron bolometers (HEBs), capable of detection bandwidths of a few GHz in the terahertz range. For example, superconducting NbN HEBs have been demonstrated at 4.7 THz [46]. They operate in a similar way to conventional pn-junction diodes with a similar rectifying electrical characteristic, but operate at lower forward voltages and have very fast transit times. However, the requirement for superconducting behaviour means that their operating temperature is fundamentally limited. An alternate high-speed detector, but operating at room temperature, is the Schottky diode. These are typically fabricated from GaAs, owning to the very high electron mobility and high-quality growth, and provide detection to over 5 THz, with bandwidths greater than 10 GHz, at room temperature. High noise levels, however, require the use of powerful sources and local oscillators [47,48]. While terahertz Schottky diodes are commercially available [49,50], their use is mostly restricted to frequencies below 2 THz as the noise levels increase (and the conversion efficiency decreases) quickly above this, and fabrication becomes very challenging.

Beyond the choice of the material systems, recent advances in QWIPs have been made by combining these detectors with subwavelength engineering, inspired by metamaterial concepts. Metamaterials typically exploit the subwavelength patterning and structuring of materials and devices to change the properties of the bulk material. This technique is well suited to the relatively large-wavelength terahertz region, where subwavelength engineering at the micrometre is well developed. Metamaterial devices also provide the benefit of typically being very thin, reducing otherwise bulky optics. When coupled with QWIPs, these techniques have been used to increase the effective detector absorption area while reducing the electrical area to minimize dark current [51–53], allowing operation up to 60 K, compared to approximately 20 K for traditional geometries. These principles can also be applied to terahertz modulators to control and concentrate radiation into active areas, thereby increasing efficiency [54].



Figure 3. Quantum cascade detector. Each period has four wells and corresponding barriers. The photon is absorbed (green vertical arrow) between the ground (red) state and excited (blue) state. Once in the excited state, electrons can tunnel or scatter via intermediate states (grey) to the next period, contributing to the photocurrent.

(c) FET-based detectors

Interactions of terahertz photons with confined electrons is not the only way to detect radiation. There is a long history of sensing terahertz radiation by using the temperature change it induces in a material. Many physical effects have been harnessed to measure this change, from the expansion of a gas (Golay cells), change in electrical resistance (bolometers), or more direct methods such as using the pyroelectric effect or via thermopiles [55]. While some of these detectors offer the highest sensitivity commercially available (most notably, cryogenically cooled bolometers), all are intrinsically 'slow' due to the thermal detection mechanism.

More recently, the search for sensitive room terahertz detectors has explored the interaction of terahertz radiation with the collective motion of electrons, known as plasmons, with particular focus on using the 2DES in semiconductor field-effect transistors (FETs), the same type of device that was central to the development of mesoscopic electronics and the discovery of the integer and fractional QHE decades earlier. The detection mechanism was first proposed theoretically by Dyakonov & Shur [56], with the first experimental demonstrations reported in 2002 [57,58]. The 2DES in the source-drain channel of the FET supports plasma waves that are modified by the incoming terahertz radiation, typically coupled to the channel by an antenna-shaped gate electrode. These so-called 'TeraFETs' have now been fabricated from a number of semiconductors including GaAs/AlGaAs [59], InAlGa/InGaAs [60], AlGaN/GaN [61– 65] and silicon CMOS [66–70]. More sophisticated theoretical models have also been developed that take the change of the impedance of the channel by plasmonic effects into account [71].

Some of the most advanced FET detectors are those based on silicon CMOS, typically fabricated in commercial semiconductor foundries. Here, the research is accelerated by the existing technology platform, benefiting from a sophisticated process technology, integrated read-out circuitry and the potential to fabricate detector arrays for imaging [72,73]. State-of-the-art detectors show noise-equivalent powers (a measure of detector sensitivity) of 20 pW Hz^{-1/2} below 1 THz [74] and can detect frequencies up to 30 THz [75]. While the response times reported to date have been relatively long, corresponding to bandwidths in the kHz range, this is limited by the readout electronics, and the devices should be intrinsically fast enough to reach sub-nanosecond response times.



Figure 4. Schematic diagram showing operation of a photoconductive emitter. A femtosecond pulse (red, left) is focused on to a semiconductor surface, generating electron-hole pairs. The applied bias accelerates the charges (shown as spheres, blue), resulting in a terahertz pulse (green, right).

3. Materials for laser-driven terahertz frequency generation

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As mentioned in §1, the use of near-IR femtosecond pulsed lasers to generate broadband terahertz pulses is an enabling technology and the most widely used system for spectroscopy studies in this region of the electromagnetic spectrum. There has been continuing work on photoconductive terahertz sources (figure 4) over the last three decades with research focusing on a number of areas, including the search for new semiconductor materials with improved electrical characteristics. LT-GaAs is still widely used because of its short carrier lifetimes and a bandgap matched with the 800 nm pulses produced by ultrafast titanium-sapphire lasers. However, the increasing availability, reduced cost, convenience and high power of Yb- and Er-doped fibre lasers operating at approximately 1 and 1.55 µm wavelength, respectively, has motivated intensive research into materials with compatible bandgaps and suitable electrical characteristics. InGaAs has a well-matched bandgap of 1.55 µm, but suffers from low dark resistance, although this can be overcome by doping compensation [76] or through use of heterostructured devices [77]. Another key driver for the development of photoconductive emitters is the desire to generate high-field terahertz pulses for studies of nonlinear spectroscopy exploiting high pulse energy amplified laser systems, which have traditionally used nonlinear optical crystals as the emitter. The active area of the photoconductive devices can be increased to avoid saturation by using interdigitated arrays of biasing electrodes, while keeping the applied biases relatively modest. These designs also offer the ability to control polarization of the generated THz pulse by structuring the electrodes [78].

More recently, a new pulsed laser-driven terahertz source has emerged. In a similar way to the photoconductive emitters described above, a terahertz pulse is generated from a transient current; however, the mechanism to generate this current is very different. Typically known as 'spintronic emitters', the devices are composed of two or more thin metallic layers, a ferromagnetic (FM) layer and a non-magnetic (NM) layer (figure 5). Although this effect was first observed in 2004 by Beaurepaire *et al.* [80], it was work by Kampfrath *et al.* in 2013 [81] and others [82] that showed that these devices are viable emitters. The emission is initiated by a femtosecond laser pulse, visible or near-IR, that is directed on to the sample and creates a non-equilibrium population of spin-up and spin-down carriers in the FM layer. These diffuse, causing a spin-polarized current to enter the NM layer, which is converted to a charge current



Figure 5. Diagram of spintronic terahertz emitter, from reference [79]. A femtosecond pulse (red, left) is focused on to a FM film with aligned spins. A spin current (j_s) diffuses into the NM layer, generating a terahertz pulse (green, right).

in a process dominated by the inverse spin Hall effect. The resulting charge current is perpendicular to both the spin current and the coercive magnetic field. Typical devices have layers that are just a few nanometres thick, which coupled with the ultrafast spin dynamics, leads to terahertz pulses with very large bandwidths, over 30 THz [83], and ideal for spectroscopy applications. Spintronic emitters have been realised in a wide range of FM and NM materials, with the field and bandwidth of the terahertz emission dependent on the choice of the two materials. For the FM layer, Fe, Co, Ni and related alloys all show emission, with some of the most efficient generation from the CoFeB alloy. For example, Sasaki et al. [84] found that for Ta/ $(Co_xFe_{1-x})_{80}B_{20}$ layers, x = 0.1-0.3 was the optimum for terahertz generation, and also showed a maximum in the saturation magnetization. The NM material has also been investigated; here a large spin-orbit interaction appears to be beneficial, with terahertz emission correlated with the spin Hall conductivity. Most work has found Pt to be the most efficient NM material. Currently, the most efficient spintronic emitters make use of a tri-layer material structure: W/Co₂₀Fe₆₀B₂₀/Pt with each layer only approximately 2 nm thick. With this layer structure, together with a thermally conductive silicon substrate and large area generation, peak fields of up to 1.5 MV cm⁻¹ have been reported [85].

4. 2D materials

The discovery of graphene in 2004 [86] generated a surge of interest in this and other 2D materials. These materials, so called because they are only a single atom or a few atoms thick, confine electrons to a 2D environment, not dissimilar to the 2DESs formed in the GaAs–AlGaAs single heterojunction or the silicon MOSFET discussed above. However, in graphene the bandstructure is quite different, distinct from the well-known bandstructures present in metals and conventional semiconductors. This results in a range of exotic electrical, optical and mechanical properties, which enabled, for example, observation of the quantum Hall effect at room temperature by Novoselov *et al.* in 2007 [87]. Here, we focus on the most important 2D materials and their applications to terahertz technology and refer the reader to dedicated reviews for further details [88–90].

(a) Graphene

Graphene, the most widely studied 2D material, has a simple crystal structure consisting of carbon atoms arranged on a 2D hexagonal lattice. This results in an electronic bandstructure

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of a zero-gap semiconductor, but with linear dispersion near the 'Dirac point' where the bands meet, resulting in massless electrons dominating the electrical properties (figure 6). Perhaps more important for terahertz applications are the ability to control the Fermi level by an electrostatic gate, the rapid carrier dynamics, and an exceptionally high absorption dominated by free-carrier absorption in the terahertz range and independent of frequency (2.3% per monolayer) at higher frequencies. The frequency at which this transition occurs is dictated by the carrier density [92]. These features make graphene, and other related 2D materials, well suited to applications in terahertz detectors and modulators [93,94].

When used as a detector, there are three main effects to consider in graphene: the photobolometric effect, the photo-thermoelectric effect, and plasma wave rectification. The high terahertz absorption, exceptionally low specific heat, and ultra-fast carrier thermodynamics lead to the generation of large thermal gradients and make graphene well suited to bolometric detection. The only drawback is the relatively slow variation in conductivity with temperature. One successful strategy to overcome this, demonstrated by Lee *et al.* [95], was to integrate Josephson junctions and measure the low-temperature switching currents. While this particular type of graphene bolometer is intrinsically limited to superconducting temperatures, the ultra-low noise levels (30 zW Hz^{-1/2}) [96] mean these detectors could find applications in tests of quantum electrodynamics or in quantum computers for qubit readout [97]. An alternative approach, explored by Duan *et al.*, is to make use of the large Seebeck effect that is present in high-quality graphene [98] to convert a thermal gradient directly into a voltage via the photo-thermoelectric effect. Here, to sustain the thermal gradient, asymmetric contacts, antenna structures or gratings can be introduced [99].

Graphene has also been widely used in FET geometries for detectors [100–103] (figure 7). While these detectors appear to operate in a similar way to the conventional semiconductor FETs described above, recent work by Ludwig *et al.* [104] has shown that the terahertz response has two components: a resistive self-mixing from carrier density oscillations and a second component caused by carrier heating and the photothermoelectric effect. At higher frequencies, greater than 2 THz, the latter is the dominant rectification mechanism.

Besides applications as a detector, the properties of graphene are also well suited to use in electrically controlled modulators, making use of a conductivity that is widely tunable by gate bias. While modulation can be achieved using relatively simple geometries [105], the modulation speed tends to be limited by the capacitance of the large active area. These limitations can be overcome by carefully engineering the device area and incorporating resonators to enhance the effects, resulting in modulation speeds greater than 3 GHz [106].

The unusual carrier thermodynamics in graphene also gives rise to some extreme nonlinear effects. These include saturable absorption where the absorption of a material reduces with increasing power density. Most materials that exhibit this only do so in a narrow frequency range. However, in graphene, this phenomenon is observed over a very wide range, extending from the optical [107] to the terahertz region [108]. High harmonic generation is another application of graphene that is developing in the terahertz frequency range, first reported by Hafez *et al.* [109] (see also discussion on harmonic generation in topological insulators below). It can be explained by a thermodynamic model [110], relying on the fast electron momentum scattering time in graphene which is on the order of 10–100 fs, one order-of-magnitude faster than the terahertz wave period. More recently, the same effect has been used to observe third harmonic generation from 3.2 to 9.6 THz using a THz QCL pump source [111].

(b) Transition metal dichalcogenides

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Looking beyond graphene, there is a range of other 2D materials which have generated a lot of interest in recent years, most notably transition metal dichalcogenides (TMDs) [112]. These are 2D layered semiconductors with the chemical formula MX₂, where M is a transition metal atom (e.g. Mo, Pt or W) and X is a chalcogen (e.g. S, Se or Te). Their electronic properties are widely



Figure 6. (Left) The hexagonal crystal structure and (right) electronic dispersion in a single layer of graphene showing the six gapless 'K' points. The magnified region shows the linear dispersion, characteristic of massless carriers that lies close to the K points. Figure reproduced from [91].



Figure 7. Image of an asymmetric antenna-coupled G-FET detector, including (right) a magnified image of the central region. 'S' denotes source, 'D' denotes drain and 'TG' denotes top gate. The colour-shaded overlay on the scanning electron microscopy image represents the simulated terahertz electric field distribution at 400 GHz calculated with the Maxwell solver CST Studio Suite. The single-layer graphene sheet (not visible) sits below the electrodes. Reprinted with permission from [104]. Copyright 2024 American Chemical Society.

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tunable by varying the constituent elements or the number of layers; MoS₂ is the most widely studied of these materials, but its application in the terahertz region is more limited because of its large bandgap and lower mobility (compared to graphene).

A TMD that has received more interest for terahertz applications is PtSe₂ because of its higher carrier mobility, adjustable band gap of 0–1.2 eV and fast response times [113,114] (figure 8). This has been used to realize high-efficiency terahertz modulators in PtSe₂ films [115]. Terahertz photodetectors have also been realized in simple PtTe₂ planar geometries for direct detection of terahertz photons, resulting in high responsivities of 1.6 AW⁻¹ and noise-equivalent powers less than 10 pW Hz^{-1/2} [116]. The related material, PdSe₂, has also been used to make FET detectors for the terahertz frequency range [117], while NbSe₂ has been integrated into HEB detectors [118] and used for terahertz photoelectric detection at room temperature, with a quoted noise-equivalent power reaching 5.4 fW Hz^{-1/2} at 0.173 THz [119] (figure 9). However, care must be taken when comparing responsivities and noise-equivalent powers in the literature; for example, [116] uses the device area (4800 µm²), whereas [119] uses only the area of the active material (32 µm²) when calculating these values.

The remarkable properties of these materials, combined with an explosion of research driving improvements in material quality, has also led to exploration of how these materials can improve already established devices. For example, combining TMDs with optically driven silicon modulators greatly increases the terahertz modulation efficiency [120], and by replacing

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Figure 8. Layers of the transition metal dichalcogenide PtX₂, where X is S, Se or Te. The number of layers in the stack controls the size of the bandgap. Reprinted from [113] under Creative Commons CC BY license.



Figure 9. Terahertz detector based on NbSe₂. The terahertz radiation is coupled via an antenna into the NbSe₂ material, where it is detected via the photoelectric effect. Reprinted with permission from [119]. Copyright 2022 American Chemical Society.

the NM layer (e.g. Pt) in spintronic emitters with PtTe₂ increases the emission efficiency by making use of the larger spin Hall conductivity in this TMD [121].

(c) Black phosphorus

Another 2D layered material, which exhibits properties intermediate between graphene and TMDs, is black phosphorus (bP). Similar to graphene, its structure is a 2D honeycomb, with van der Waals bonds between layers, but unlike graphene, the layers are 'puckered' or corrugated, inducing a large anisotropy [122]. It has a thickness-tunable direct band gap, ranging from 0.3 eV in bulk material to 2 eV for a single layer [123], which is intermediate to the zero bandgap of graphene and the large bandgaps of most TMDs. It also exhibits high room-temperature mobility, greater than 1000 cm² V⁻¹ s⁻¹ for bulk material, much higher than most TMDs, although not approaching that of graphene. These properties have driven interest in bP for terahertz detectors, with reports of direct detection [124] and exploiting the FET geometry [125]. Gate-tunable anisotropic plasmon polaritons have been measured by terahertz microscopy [126], highlighting the potential of bP for sensing and quantum technology. Despite this potential, serious challenges remain in the fabrication and stability of bP. Oxidation of bP causes a rapid

deterioration in its dielectric properties and for this reason, hexagonal boron nitride is regularly used to encapsulate bP. The wafer-scale fabrication of bP lags behind graphene and some TMDs, such as MoS₂, despite recent progress in pulsed laser disposition of bP [127] and in other growth techniques [128].

(d) Topological insulators

Much of the physics of topological insulators (TIs) has origins in the study of the integer quantum Hall effect (QHE) [12], discussed in our previous Perspectives article [9]; the QHE in a 2DES can be interpreted using the concept of topology using TKNN theory [129,130]. More recently, in 2005, 3D topological insulators were proposed by Kane & Mele [131,132], which are characterized by an insulating bulk and conductive topological surface states (TSSs), which follow a linear dispersion and behave as 2D Weyl (also known as 'Dirac') fermions (figure 10). This special surface state arises from the very large spin–orbit interaction in these solids that inverts the bulk bandstructure, moving the valence-band-like states above the conduction band. These then 'unwind' at the interface with any conventional insulator. The TSSs exhibit spin–momentum locking, where the direction of spin is locked to their momentum, which is not unlike the chiral edge-state conduction that underpins the robustness of the QHE in 2DESs. This gives protection against dissipative back-scattering, leading to the observed TSS high mobilities [135]. The most widely investigated materials are Bi₂Se₃, Bi₂Te₃ and alloys in the (BiSb)₂(SeTe)₃ material system.

As is the case for many new materials, terahertz spectroscopy was initially used to study the material, with reports of a large Kerr effect [136], a polarization dependent photo-galvanic effect [137], and topological magnetoelectric effects [138], as well as being used to study the crystal structure and prominent phonons [139]. There have also been reports of these materials being used as detectors of terahertz radiation [140], but the performance is typically not as high as graphene or some of the other 2D materials mentioned above.

The generation of terahertz radiation in these materials by an incident pulsed near-IR laser has also been investigated, and although the electric fields generated are too small to compete with photoconductive or spintronic emitters, the sensitivity of the generated terahertz to the polarization of the optical excitation and to the crystal orientation has provided an additional tool to study TI materials. Early works, e.g. by Hamh *et al.* attributed the observed circular anisotropy in the terahertz radiation distribution in Bi₂Se₃ to the circular photon drag effect [141]. Other mechanisms have been discussed [142,143], and the variation with chemical composition investigated [144]. More recently, Fang *et al.* [145] found that nonlinear surface currents dominate the terahertz emission from Bi₂Te₃ under pulsed laser excitation.

Perhaps more relevant for use in applications of terahertz radiation, harmonic generation has also been reported from the surfaces of TIs (figure 11). The first report, in 2012 [137], was of second harmonic generation (SHG), although the theoretical mechanism for this was initially not clear. More recent work on SHG at optical frequencies indicates the need for symmetry breaking to observe SHG in this material [147]. Third harmonic generation in Bi₂Se₃ was experimentally studied [148] and found to exhibit estimated efficiencies as high as 1% for an incident field of 300 kV cm⁻¹ [149] and powers into the mW range [146] (figure 11). This efficient generation is thought to be mediated by ultrafast Dirac fermion relaxation in a similar mechanism to graphene [149].

A key motivation for the study of topological insulators is the spin-momentum locking, leading to a spin-textured surface, and proposals for applications in quantum information and spintronics [150]. Given the already strong interest from researchers [151], it is likely that extra degrees of freedom in spin and polarization will also be harnessed for terahertz technology. Combining TIs with the techniques and devices developed for spintronic emitters appears fruitful [152].

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Figure 10. (Left) Schematic diagram showing the bandstructure of a topological insulator. The conduction and valence bands are associated with the bulk of the material, while the cone, with linear dispersion, describes the surface states. The arrows indicate the carrier spin. (Middle) A real space representation of a topological insulator, showing spin—momentum locked surface states, inspired by [133]. (Right) Angle-resolved photoemission spectroscopy measurements of a BiSe₂ surface after cleaving. These measurements reveal the bandstructure, including the Dirac cone and Dirac point, taken from [134].



Figure 11. Harmonic generation on the surface of the topological insulator Bi₂Se₃. (a,b) Diagrams of the experimental geometry indicating the incident fundamental frequency and the generated 3rd harmonic. (c) The power generated from both graphene and Bi₂Se₃ materials. (d) The spectrum of the measured 3rd harmonic signals. Reprinted from [146] under CC-BY licence.

(e) Topological semi-metals

More generally, materials such as graphene, some TMDs and TIs can be classified as topological semi-metals. The key feature of these materials is a gapless crossing in the electronic bands [153] and can appear in either 3D [154] or 2D [155] materials. These materials offer great potential for applications in the terahertz region owing to a strong light–matter interaction and often high carrier mobility, making them ideal for detectors and modulators [156,157], as described above. However, less well-known members of this family have also been investigated, such as

Currently, with the theoretical understanding and material growth and quality still under active development, there appears to be considerable potential for these materials to play a role as detectors and modulators in the terahertz region in the future.

5. Conclusions and perspectives

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In this article, we have described some of the most important developments in materials for terahertz science and technology over the past two decades. In this time, access to terahertz frequency spectroscopy has greatly increased, driven mainly by the availability of pulsed laser-driven time-domain spectroscopy using relatively inexpensive semiconductorbased photoconductive emitters and detectors. These spectroscopy systems have also found industrial applications in process and quality control, in the automotive and pharmaceutical sectors, for example [161]. The specialized sources and detectors for these systems are also still improving, by controlling lifetimes and resistivities in GaAs and InGaAs initially, and more recently through the invention of spintronic emitters.

There has also been great progress on compact sources and detectors of terahertz radiation. While there has been progress on electronic and laser-driven sources in the 0.5–2 THz range, the realization of QCLs has provided powerful narrowband terahertz lasers, covering the 2–5 THz range for the first time. The detection of terahertz radiation has benefitted from the same type of semiconductor heterostructures, namely QWIPs, which are capable of very fast rise times, albeit at very low temperatures. Since then, FET-based detectors have been developed in conventional semiconductors, such as silicon, which benefit from mature fabrication technology. Key advantages of these detectors include their room-temperature operation and low noise. More recently, graphene, some TMDs and bP have shown great promise for room-temperature terahertz detectors and modulators.

For the 2D materials described here, fabrication maturity is still a long way from that of conventional semiconductors, and especially for terahertz applications which require large material areas. While this is improving rapidly, particularly for graphene and TMDs such as MoS₂ where chemical vapour deposition (CVD) and MOCVD techniques are now able to provide these materials at wafer-scale [88,89], challenges remain. The primary challenges are ensuring consistent thickness over large areas and the successful transfer of these layers from the growth substrate on to suitable substrates for further fabrication (e.g. lithography). For example, the growth of graphene by CVD can produce large areas of mostly single layer graphene on copper substrates, and while this is impressive, most applications require single layer control over the graphene thickness and in many cases control over the orientation. Mapping approaches have been devised to assess the properties of the transferred film [162], but clearly more uniform growth is the preferred solution.

Looking to the future, the range of new topological semimetals which have been proposed or recently discovered offer yet more potential for terahertz technology. However, there is still demand for better technology in this part of the spectrum, most notably in the sources. While QCLs have markedly improved the range of laser sources available, they are still hampered by lower operating temperatures and a corresponding pulsed operation, despite the lack of a fundamental limit on the operating temperature. Modern compact Sterling and Peltier coolers will enable the use of terahertz QCLs in many applications, but for wider adoption, new materials may be required for laser operation at terahertz frequencies.

Data accessibility. This article has no additional data.

Declaration of Al use. We have not used AI-assisted technologies in creating this article.

Authors' contributions. J.F.: writing—original draft, writing—review and editing; E.L.: writing—original draft, writing—review and editing; A.G.D.: writing—original draft, writing—review and editing.

All authors gave final approval for publication and agreed to be held accountable for the work performed therein.

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