



UNIVERSITY OF LEEDS

This is a repository copy of *A Statistical Damage Constitutive Model for Graded Gravels Incorporating the Degree of Compaction and the Damage-Softening Index*.

White Rose Research Online URL for this paper:

<https://eprints.whiterose.ac.uk/218608/>

Version: Accepted Version

---

**Article:**

Liu, G., Zhou, J., Connolly, D.P. [orcid.org/0000-0002-3950-8704](https://orcid.org/0000-0002-3950-8704) et al. (4 more authors) (2024) *A Statistical Damage Constitutive Model for Graded Gravels Incorporating the Degree of Compaction and the Damage-Softening Index*. *International Journal of Geomechanics*, 24 (4). 04024033. ISSN 1532-3641

<https://doi.org/10.1061/ijgnai.gmeng-9018>

---

This item is protected by copyright. This is an author produced version of an article published in the *International Journal of Geomechanics*. Uploaded in accordance with the publisher's self-archiving policy.

**Reuse**

Items deposited in White Rose Research Online are protected by copyright, with all rights reserved unless indicated otherwise. They may be downloaded and/or printed for private study, or other acts as permitted by national copyright laws. The publisher or other rights holders may allow further reproduction and re-use of the full text version. This is indicated by the licence information on the White Rose Research Online record for the item.

**Takedown**

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing [eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk) including the URL of the record and the reason for the withdrawal request.



[eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk)  
<https://eprints.whiterose.ac.uk/>

# **A Statistical Damage Constitutive Model for Graded Gravels Incorporating Degree of Compaction and Damage-Softening Index**

## **Gang Liu**

Associate Professor, School of Architecture and Civil Engineering, Xihua University,  
Chengdu, 610039, China. ORCID: <https://orcid.org/0000-0002-1346-9532>.  
E-mail: 0120130047@mail.xhu.edu.cn

## **Jianchuan Zhou**

Graduate student, School of Architecture and Civil Engineering, Xihua University, Chengdu,  
610039, China  
Email: zhoujianchuan@stu.xhu.edu.cn

## **David P. Connolly**

Professor, School of Civil Engineering, University of Leeds, Leeds LS2 9JT, UK  
Email: D.Connolly@leeds.ac.uk

## **Qiang Luo**

Professor, MOE Key Laboratory of High-speed Railway Engineering, Southwest Jiaotong  
University, Chengdu, 610031, China.  
E-mail: lqrock@swjtu.edu.cn

## **Tengfei Wang\***

Associate Professor, MOE Key Laboratory of High-speed Railway Engineering, Southwest  
Jiaotong University, Chengdu, 610031, China.  
E-mail: w@swjtu.edu.cn (\*Corresponding author)

## **Kaiwen Liu**

Associate Professor, MOE Key Laboratory of High-speed Railway Engineering, Southwest  
Jiaotong University, Chengdu, 610031, China.  
E-mail: kaiwenliu@swjtu.edu.cn

## **Mingzhi Zhao**

Associate Professor, School of Architecture and Civil Engineering, Xihua University,  
Chengdu, 610039, China. ORCID: <https://orcid.org/0000-0001-6048-0884>.  
E-mail: 1220180013@mail.xhu.edu.cn

1 **Abstract**

2 Strength characteristics of graded gravels are essential in the construction of roadway and railway  
3 substructures. Traditional constitutive models, primarily nonlinear elastic and plastic types, fall  
4 short in accurately capturing the strain-softening properties of such materials. To address this  
5 limitation, the current study introduces a statistical damage model designed to outline the stress-  
6 strain behavior of densely-compacted graded gravels in transport infrastructures. Utilizing medium-  
7 sized triaxial tests, the model examines variations in strength and deformation parameters in relation  
8 to compaction levels and incorporates a unique Damage-Softening Index (DSI) along with a  
9 threshold axial strain to improve accuracy. The study establishes that the DSI and threshold axial  
10 strain effectively regulate stress-strain relations in the post-peak segment, the model's statistical  
11 parameters and threshold axial strain can be precisely determined through the introduction of DSI,  
12 and the model closely aligns with experimental data across multiple compaction levels. These  
13 findings are especially relevant for engineering design in the context of roadway and railway  
14 construction and indicate potential for further refinement, such as the incorporation of loading rate  
15 considerations.

16 **Keywords:** Statistical damage-softening model; graded gravel; degree of compaction; damage  
17 variable; damage-softening index; stress-strain relation

## 18 **1. Introduction**

19 Graded gravels serve as a foundational material in the construction of pavement base and  
20 subbase layers, as well as in high-speed railway subgrades (Hicks et al. 1971; Rahman et al. 2015;  
21 NRAPRC 2014; Gobel and Lieberenz 2009; Luo et al. 2020; Luo et al. 2019; Wang et al. 2021a).  
22 These layers are essential for supporting transportation pathways. With rising transportation  
23 demands, these gravel layers face increasing stress from heavier traffic volumes. Consequently,  
24 controlling the degree of compaction (DoC) during construction becomes imperative. Engineering  
25 design often relies on static tests due to their relative simplicity and empirical relationships between  
26 static and dynamic strength (TB10001-2016). Also, the static strength or stiffness is usually adopted  
27 to predict dynamic behavior (Lentz and Baladi, 1981). As a pivotal parameter for graded gravels in  
28 geotechnical engineering, DoC can significantly impact the strength, stiffness, as well as dynamic  
29 responses. Thus, exploring the quantitative mechanisms by which DoC influences the static  
30 properties is essential.

31 Barksdale and Itani (1989) observed a significant increase in the elastic modulus of gravel  
32 samples under low-stress conditions when initial density was high; this effect diminished under high  
33 confining pressure. Chen and Zhang (2016) performed large-scale triaxial tests on gravel samples  
34 at varying relative densities under low confining pressures. Their findings showed that higher  
35 relative density led to increased volume dilatancy, shear strength, elastic modulus, and dilatancy  
36 angle. Similarly, Yang et al. (2022) suggested that greater relative density in granular materials  
37 enhances the interlocking effects between gravel particles. They found that peak shear strength  
38 correlates positively with the degree of compaction (DoC), whereas residual shear strength shows  
39 little sensitivity to DoC variations. Multiple tests indicate that densely compacted gravel exhibits  
40 strain-softening characteristics at low confining pressures. Given these findings, establishing the  
41 stress-strain relationship for graded gravels at different DoC levels is essential, particularly in  
42 understanding their softening behavior.

43 Constitutive models for soils and rocks are often macroscopic or phenomenological,  
44 establishing direct relationships between macroscopic variables like stress and strain. These models  
45 typically rely on elastoplastic theory, with nonlinear elastic and plastic models as key examples

46 (Duncan and Chang 1970; Saboya and Byrne 1993; Daouadji and Hicher 2010; Liu and Zou 2013;  
47 Liu and Gao 2017; Tennakoon et al. 2015). While the nonlinear elastic approach effectively portrays  
48 stress-strain relationships in soils, it falls short in capturing softening properties. Plastic models,  
49 evolving from strain hardening theories, also inadequately address soil structure damage and  
50 softening. To simulate strain softening in densely-compacted soils, the introduction of damage  
51 mechanics theory proves beneficial. This approach led to the development of the statistical damage  
52 model, initially employed for rock and concrete softening behaviors (Li et al. 2012; Cheng et al.  
53 2021; Hou et al. 2022). The model, adapted to Weibull distribution, effectively characterizes  
54 sandstone with varying porosity (Pan et al., 2020). It also captures macroscopic and mesoscopic  
55 flaws in rock masses (Liu et al., 2015). Further, the model's applicability extends to high-strength  
56 concrete, validated by test results for C60 and C70 concrete (Zhang et al., 2021). Beyond rock and  
57 concrete, the model proves effective for frozen soils and coarse-grained materials subjected to  
58 freeze-thaw cycles.

59       Lai et al. (2009) performed triaxial tests to show that frozen sandy soil exhibits cross-  
60 anisotropic damage. To capture this, researchers investigated cross-anisotropic damage variables  
61 and developed an elastoplastic damage constitutive model. This model simulates the softening that  
62 occurs in the post-peak segment of the stress-strain relationship. Similarly, Sun et al. (2020)  
63 introduced a damage variable and bond strength parameter into an elastoplastic damage constitutive  
64 model for frozen sandy soil. This inclusion accounts for the effects of micro-cracking on the soil,  
65 enabling predictions of stress-strain relations under negative temperatures (Li et al. 2019).

66       Further studies have extended the statistical damage model to examine the stress-strain  
67 behavior of coarse-grained soils under freeze-thaw cycles (Ling et al. 2020; Li et al. 2021).  
68 Researchers contend that defects in these soils result from both loading and freeze-thaw cycles. To  
69 quantify this, they employed the Weibull distribution to characterize the strength of mesoscopic  
70 elements, thereby determining the damage variable. Consequently, they developed a damage-based  
71 constitutive model that is applicable to coarse-grained soils subjected to freeze-thaw cycles.

72       Based on the foregoing discussion, statistical damage constitutive models have proven  
73 effective not only for rock and concrete but also for fine-grained and coarse-grained soils. Despite

74 this, limited research has addressed the applicability of such models to graded gravels. Traditional  
75 nonlinear and plastic models reveal considerable limitations, especially in capturing strain-softening  
76 properties and correlating these with soil structure damage. These shortcomings necessitate the  
77 development of a statistical damage constitutive model tailored for graded gravels with varying  
78 Degrees of Compaction (DoC).

79 To create this model, the present study conducts medium-sized triaxial tests on graded gravels  
80 featuring different DoC levels. Shearing velocity is maintained at a low rate of 0.01 mm/min to  
81 minimize the development of pore pressure, thus preventing its impact on the softening properties  
82 of the gravels. Subsequently, the deformation mechanisms occurring throughout the loading process  
83 of graded gravels are analyzed. This is accomplished by plotting the damage variable against axial  
84 strain.

85 The stress-strain relation in graded gravels is bifurcated into two stages: densification  
86 strengthening and shear damage. A statistical constitutive model is then developed to predict this  
87 relationship across different DoC levels. Model parameters are determined based on the Damage-  
88 Softening Index (DSI), which effectively captures the strain-softening characteristics of graded  
89 gravels. The newly developed model aims to accurately forecast the strength and deformation  
90 properties of graded gravels, thereby offering theoretical guidance for the construction of roadways  
91 and railways.

92

## 93 **2. Materials and Methods**

94 A series of triaxial tests were performed on the gravel samples with different DoC under varied  
95  $\sigma_3$ . The laboratory tests were intended to investigate the critical physical properties of gravels in  
96 terms of DoC and  $\sigma_3$ , which will provide evidence for the determination of the physical parameters  
97 in the damage-softening constitutive model.

### 98 **2.1 Graded Gravel**

99 Graded gravels were created by crushing boulders and pebbles and washing the resulting  
100 particles with water to remove fine particles. They were then oven-dried and divided into 8 groups  
101 based on their particle sizes, as shown in Fig. 1. The eight groups were mixed in appropriate

102 proportions to produce the graded gravel materials with the required gradation for constructing  
103 subgrades of high-speed railways. Their grain size distributions are depicted in Fig. 2.

## 104 **2.2 Sample Preparation**

105 The Modified Proctor compaction test (ASTM D1557-12) provided the maximum dry density  
106 and optimum water content (OWC) for the gravel materials. A series of triaxial tests examined the  
107 softening properties of these materials at different Degrees of Compaction (DoC). To enhance test  
108 precision, the diameter and height of triaxial samples were set at 150 mm and 300 mm, respectively.  
109 Gravel materials were oven-dried for 24 hours and weighed to prepare samples at DoCs of 0.9, 0.95,  
110 and 1.0. Subsequently, de-aired water mixed with the materials achieved the OWC state. Samples  
111 were then stored in a humidior for 24 hours to equalize moisture content.

112 For sample preparation, gravel materials at OWC were partitioned into five equal parts,  
113 ensuring uniform layer height and weight. Samples underwent compaction in a three-way split  
114 casing. During this process, each partition was compacted using a Proctor hammer, with consistent  
115 initial height set for each hammer drop. The top surface of each layer was scraped to a 2-mm depth  
116 to promote interlocking with adjacent layers (Cao et al. 2017; Cao et al. 2018). Although this method  
117 could potentially induce depth-wise nonuniformity in samples—due to varying compaction energy  
118 between lower and upper layers—the resulting error is considered negligible as it equally affects  
119 each sample. Following compaction, each sample was enclosed in a rubber membrane, and silicone  
120 grease was applied to the top and bottom surfaces to reduce friction against the apparatus caps.

## 121 **2.3 Testing Protocol**

122 The triaxial test apparatus (Fig. 3) was designed and manufactured by GDS Instruments, Ltd.  
123 Following the recommendations of AASHTO T307-99 and GB T 50123-2019, the triaxial gravel  
124 samples had a diameter of 150 mm and a height of 300 mm to ensure a sample-to-particle size ratio  
125 of at least 5 (AASHTO 2007; MHUDPRC 2019). Consequently, the confining pressure cell had to  
126 be large enough to accommodate such a triaxial sample. Additionally, an infinite volume controller  
127 was connected to two confining pressures so that sufficient de-aired water can be alternatively  
128 provided to maintain a constant confining pressure in the large pressure cell throughout the test  
129 process.

130 The consolidated-drained monotonic triaxial test was performed to obtain the stress-strain  
131 relations of the graded gravel samples. The shearing velocity was set as 0.01 mm/min to minimize  
132 the pore pressure in the loading stage. Such a low shearing velocity was selected to avoid the  
133 inhibiting effect of negative pore pressures on the softening properties of the graded gravel. The  
134 shearing process was stopped once  $\varepsilon_1$  of the gravel samples reached 10%. Since gravel is usually  
135 adopted to construct functional layers that are buried relatively shallow, the stress-strain relations of  
136 the granular materials were measured on the condition that  $\sigma_3$  was 20 kPa, 40 kPa and 60 kPa  
137 respectively.

### 138 **3. Experimental Results**

#### 139 **3.1 Stress-Strain Behavior**

140 The stress-strain relations for the graded gravel samples with different DoC and  $\sigma_3$  are  
141 presented in Figure 4. All samples exhibited strain softening and volume expansion.  $q$  reached a  
142 peak value before declining rapidly with increasing  $\varepsilon_1$ , indicating significant strain softening  
143 properties. Although the triaxial samples contracted mildly during the initial loading stage, they  
144 expanded gradually until reaching a residual state.

145 In Fig. 4(a), the stress-strain relations and volume change properties of the graded gravel  
146 samples with DoC of 0.90, 0.95, and 1.00 are shown under a  $\sigma_3$  of 20 kPa. Initially, an increase in  $q$   
147 is observed, indicating densification strengthening. However, as  $\varepsilon_1$  increases, the increase in  $q$  slows  
148 down, and a decreasing trend for  $q$  can be observed, indicating that the sample enters the shear  
149 damage stage.  $\varepsilon_1$  corresponding to  $q_p$  is relatively small, ranging from 0.9% to 1.6%. The subsequent  
150 shearing process exhibits clear strain-softening behavior for all samples.  $q_p$  of the graded gravel  
151 samples significantly increases from 215 kPa to 680 kPa as DoC increases from 0.90 to 1.00, and #  
152  $q_r$  also increases from 108 kPa to 156 kPa with an increase in DoC. Figure 4(a) also shows the  
153 relationship between  $\varepsilon_v$  and  $\varepsilon_1$ . For samples with different DoC, the transformation phase from  
154 contraction to expansion is obtained when  $\varepsilon_1$  approximately equals 1%. Gradual increases in both  
155 strain softening and volume expansion properties are also observed with an increase in DoC.

156 Figures 4(b) and 4(c) display the stress-strain relations and volume change properties of the  
157 gravel samples under  $\sigma_3$  of 40 kPa and 60 kPa, respectively. The samples demonstrate similar strain

158 softening and volume expansion properties under all three confining pressures.  $q_p$  and  $q_r$  of the  
 159 gravel samples with a given DoC increase significantly with  $\sigma_3$ . For instance, for gravel samples  
 160 with DoC=1.0,  $q_p$  rises from 680 kPa to 995 kPa as  $\sigma_3$  increases from 20 kPa to 60 kPa, and  $q_r$  also  
 161 increases from 156 kPa to 277 kPa. Additionally, the lower  $\sigma_3$  results in more noticeable strain  
 162 softening and volume expansion behaviors for the same DoC. The volume expansion of the gravel  
 163 samples is positively correlated with DoC but negatively correlated with  $\sigma_3$ , which may be due to  
 164 the tightening effect of confining pressure.

### 165 3.2 Secant Modulus of Elasticity

166 Earlier research (e.g. Byrne et al. 1987; Sawangsurriya et al. 2003) frequently utilized the initial  
 167 elastic modulus and reloading modulus to assess the deformation resistance of soils. In contrast, this  
 168 study employs the secant modulus of elasticity ( $E_e$ ) to examine the deformation resistance of gravel  
 169 samples and to formulate a predictive model for their softening properties.  $E_e$  for soils is commonly  
 170 assessed by the secant slope of the stress-strain curve within 1.0% of axial strain ( $\varepsilon_1$ ) (Tang et al.  
 171 2018; Li et al. 2015). For the graded gravel samples examined here, the axial strain at peak stress  
 172 ( $\varepsilon_{1,p}$ ) occurs around 1.0%, indicating that these samples transition to a plastic state before  $\varepsilon_1$  reaches  
 173 1.0%. Given that the linear elasticity portion of the stress-strain curve should be observed prior to  
 174 the peak shear stress,  $E_e$  for the gravel samples is depicted in Fig. 5 and defined by the subsequent  
 175 equation:

$$176 \quad E_e = \frac{\Delta q}{\Delta \varepsilon_1} = \frac{q_{0.5\varepsilon_{1,p}} - q_{int.}}{0.5\varepsilon_{1,p} - \varepsilon_{int.}} \quad (1)$$

177 In Fig. 6, the relationship between  $E_e$  of the graded gravels versus DoC and  $\sigma_3$  is presented.  
 178 The results indicate that  $E_e$  of the gravel samples increases with both DoC and  $\sigma_3$ . When  $\sigma_3$  is held  
 179 at 20 kPa, increasing the DoC from 0.9 to 1.0 results in an increase in  $E_e$  from 33.2 MPa to 71.6  
 180 MPa. Additionally, increasing  $\sigma_3$  from 20 kPa to 60 kPa results in a 35.5% increase in  $E_e$  for gravel  
 181 samples with a DoC of 0.9, from 33.2 MPa to 45.0 MPa. These findings highlight the positive  
 182 influence of increasing both DoC and  $\sigma_3$  on  $E_e$  of the graded gravels.

### 183 3.3 Shear Strength

184 Fig. 7 displays  $q_p$  and  $q_r$  of the graded gravel samples in response to varying DoC and  $\sigma_3$ . In  
 185 Fig. 7(a),  $q_p$  of the gravel samples under  $\sigma_3 = 20$  kPa increase with DoC, from 215 kPa to 680 kPa.

186 Similarly, when  $\sigma_3$  increases to 40 kPa and 60 kPa,  $q_p$  increases to 295 kPa, 605 kPa, 855 kPa, 395  
 187 kPa, 713 kPa, and 995 kPa, respectively. Compared to those under  $\sigma_3 = 20$  kPa,  $q_p$  increases by  
 188 37.2%, 57.6%, and 25.7%, respectively. Additionally, Fig. 7(b) presents the variation of  $q_r$  against  
 189 DoC and  $\sigma_3$ . The results demonstrate a significant increase in  $q_r$  with increasing DoC, with values  
 190 of 108.4 kPa, 116.4 kPa, and 144.0 kPa for DoC values of 0.9, 0.95, and 1.0, respectively, under  $\sigma_3$   
 191 = 20 kPa. When  $\sigma_3 = 60$  kPa,  $q_r$  rises to 226.8 kPa, 267.3 kPa, and 277 kPa, showing an increase of  
 192 109.2%, 129.6%, and 92.4%, respectively, compared to those under  $\sigma_3 = 20$  kPa. These findings  
 193 highlight the significant influence of both DoC and  $\sigma_3$  on  $q_p$  and  $q_r$  for the graded gravel samples.

194 In granular materials, strain softening refers to a reduction in resistance that occurs during  
 195 continuous shearing after reaching the peak resistance (Chu et al. 2012; Chu et al. 1997). To  
 196 investigate this behavior in the gravel samples, we used  $I_s$ , which can be expressed by the following  
 197 equation (Consoli et al. 1998; Wang et al. 2021b):

$$198 \quad I_s = \frac{q_p - q_r}{q_p} \quad (2)$$

199 Figure 8 displays how  $I_s$  changes with DoC and  $\sigma_3$ . The gravel sample with DoC=1.0 exhibits  
 200 the highest  $I_s$  value of 0.79 for  $\sigma_3 = 20$  kPa, indicating that the most densely compacted sample  
 201 exhibits the most significant strain-softening behavior at the lowest  $\sigma_3$ . In contrast, the sample with  
 202 DoC = 0.9 exhibits the lowest  $I_s$  value at a  $\sigma_3$  of 60 kPa. Notably,  $\sigma_3$  can suppress the softening  
 203 behavior of gravel samples.

#### 204 **4. Development of Statistical Damage Constitutive Model**

205 In this section, a statistical damage constitutive model is established for the gravels with  
 206 differing DoC in terms of evolution of damage. The method to determine model parameters are also  
 207 proposed with DSI taken into consideration.

##### 208 **4.1 General Concepts of Damage**

209 Kachanov's damage concept was originally proposed to study the creep properties of certain  
 210 metals under one-dimensional conditions (Kachanov 1967). Later, this theory was extended to many  
 211 other materials. It has been verified that the damage concepts can describe the strain-softening  
 212 behavior of materials such as rock and concrete (Li et al. 2012; Dragon and Mroz 1979; Lemaitre  
 213 1985; Frantziskonis and Desai 1987; Mazars and Pijaudier-Cabot 1989). Additionally, damage

214 concepts were applied to explain the stress-strain properties of coarse-grained material samples  
 215 subjected to freeze-thaw cycles (Ling et al. 2020). Therefore, this paper uses damage mechanics  
 216 concepts to investigate the damage-softening behaviors of gravel materials.

217 The concepts of  $D$  and  $\sigma_i^*$  ( $i = 1,2,3$ ) in damage theory are necessary to be illustrated in detail  
 218 to conveniently carry out the work in this paper. The initial cross-section of a material body is  
 219 assumed to be  $A$ . During the loading period, internal defects (e.g. cracks, voids and joints) emerge  
 220 gradually and develop. The area of cross-section with defects after occurrence of damage is denoted  
 221 as  $A''$ , which is unable to bear external load. Therefore the net area excluding the area with defects  
 222 is  $A'=A-A''$ . Then, the state of damage can be characterized by a measure of defects in a whole  
 223 cross-sectional area and expressed as  $D=A''/A$ , where  $D$  ranges from 0 to 1.  $D$  is determined by the  
 224 intact area and the damaged part of a material body. If  $D=0$ , it represents that the material body does  
 225 not have any damage, while  $D = 1.0$  indicates that the sample is completely damaged. Suppose that  
 226 the applied stress (or apparent stress) that acts on the surface of a material body is  $\sigma_i$  ( $i=1,2,3$ ), and  
 227 the net stress (or true stress) acting on the net area of the undamaged part is  $\sigma_i^*$ . Thus, the external  
 228 load that acts on the material body can be expressed as  $T=\sigma_i A$ . Since  $T$  can only be supported by the  
 229 net area of the undamaged portion, it can also be given as  $T=\sigma_i^* A'$ , yielding:

$$230 \quad \sigma_i A = \sigma_i^* A' \quad (3)$$

231 or

$$232 \quad \sigma_i A = \sigma_i^* (A - A'') \quad (4)$$

233 By dividing with  $A$  on both sides of Eq. (4), we obtain

$$234 \quad \sigma_i = \sigma_i^* (1 - D) (i = 1,2,3). \quad (5)$$

235 The subscript of the notation  $\sigma_i$  or  $\sigma_i^*$  taken as 1, 2, 3 represents the major, intermediate and  
 236 minor principal stress, which are signified as  $\sigma_1$ ,  $\sigma_2$  and  $\sigma_3$ . Eq. (5), as a widely recognized expression  
 237 of damage relationship, demonstrates the relationship between  $\sigma_i$  and  $\sigma_i^*$ . This implies that  $\sigma_i$  and  $\sigma_i^*$   
 238 can be transformed to each other through Eq. (5), which characterizes the damage evolution.

239 In a triaxial test, the apparent  $q$  can be expressed by  $\sigma_1 - \sigma_3$ . Similarly, the net  $q$  can be denoted  
 240 as  $\sigma_1^* - \sigma_3^*$ . Therefore, the relationship between apparent and true  $q$  can be expressed by:

$$241 \quad \sigma_1 - \sigma_3 = (\sigma_1^* - \sigma_3^*) (1 - D) \quad (6)$$

242 The initial closure of voids and cracks of gravel samples is not considered (Daouadji and  
 243 Hicher 2010). The relationship between  $q$  and  $\varepsilon_1$  of gravel samples is linear before yielding (as  
 244 shown in Fig. 4). From the definition of  $E_e$ , we can obtain:

$$245 \quad \sigma_1^* - \sigma_3^* = E_e \varepsilon_1^* \quad (7)$$

246 Substituting Eq. (7) into Eq. (6) yields

$$247 \quad \sigma_1 - \sigma_3 = E_e \varepsilon_1^* (1 - D) \quad (8)$$

248 Based on the hypothesis of strain equivalence, which states that  $\varepsilon_1$  of the material body induced  
 249 by the apparent stress equals  $\varepsilon_1^*$  of the undamaged part of the material body (Li et al. 2012; Lemaitre  
 250 1985; Lemaitre and Chaboche 1990), yields

$$251 \quad \varepsilon_1 = \varepsilon_1^* \quad (9)$$

252 Substituting Eq. (9) into Eq. (8) yields:

$$253 \quad \sigma_1 - \sigma_3 = E_e \varepsilon_1 (1 - D) \quad (10)$$

254 The residual state of the gravel samples cannot be reflected by Eq. (10) as  $D = 1$  leads to  $(\sigma_1 - \sigma_3)$   
 255  $= 0$ . However, there is an obvious residual stress demonstrated in the stress-strain relations of gravel  
 256 samples, as shown in Fig. 4. To depict the whole stress-strain relations more precisely, Eq. (10) is  
 257 modified to characterize the residual state of gravel samples, expressed by (Wang et al. 2018):

$$258 \quad \sigma_1 - \sigma_3 = E_e \varepsilon_1 (1 - D) + (\sigma_1 - \sigma_3)_r D \quad (11)$$

259 Replacing  $\sigma_1 - \sigma_3$  and  $(\sigma_1 - \sigma_3)_r$  into  $q$  and  $q_r$ , an expression that can demonstrate the stress-  
 260 strain relationship is:

$$261 \quad q = E_e \varepsilon_1 (1 - D) + q_r D \quad (12)$$

262 In Eq. (12),  $D = 0$  represents a gravel sample that does not have any damage, whereas  $D = 1.0$   
 263 indicates gravel sample that is completely damaged.  $D$  can describe the microstructural changes of  
 264 gravel samples induced by an external load.

## 265 4.2 Damage Evolution

266 The expression of  $D$ ,  $D = A''/A$  (or  $D = (A - A')/A$ ), illustrates the evolution of damage to some  
 267 extent. However, application of such an equation to determine  $D$  is troublesome due to the difficulty  
 268 in measuring  $A'$  and  $A''$  directly for a graded gravel sample. To establish an equation that can better

269 calculate  $D$ , a deep understanding for the evolution of  $D$  is essential. Eq. (12) can be transformed  
270 into the following form:

$$271 \quad D = \frac{q - E_e \varepsilon_1}{q_r - E_e \varepsilon_1} \quad (13)$$

272 With known  $q$  and  $q_r$ , the relationship between  $D$  and  $\varepsilon_1$  can be calculated and presented in Fig.  
273 9.

274 As shown in Fig. 9,  $D$  demonstrates significant irregularity as  $\varepsilon_1$  stays at a relatively small  
275 magnitude. It may sometimes decrease with an increase of  $\varepsilon_1$ . Moreover,  $D$  may even become  
276 negative in the initial loading stage. This is because damage doesn't occur in the gravel sample  
277 initially, and the sample remains in the densification strengthening stage. As  $\varepsilon_1$  goes beyond the  
278 critical value  $\varepsilon_{1,d}$ ,  $D$  increases with  $\varepsilon_1$ . It should be noting that  $D$  varies from 0 to 1 indicating that  
279 damage to the gravel sample initiates once  $\varepsilon_1$  reaches a certain extent. At the same time, the gravel  
280 sample enters into the shear damage stage.  $D$  increases continuously with applied load and  $\varepsilon_1$   
281 increases. As the sample collapses,  $D$  is close to unity. The critical strain  $\varepsilon_{1,d}$  is the so-called damage  
282 threshold mentioned in previous literature (Sidoroff 1981; Martin and Chandler 1994; Aubertin and  
283 Simon 1997). Theoretically,  $D$  equals to zero when  $\varepsilon_1 < \varepsilon_{1,d}$ . Damage to the gravel sample begins only  
284 in the case that the threshold  $\varepsilon_{1,d}$  is acquired.  $D$  will increase towards unity with  $\varepsilon_1$  as  $\varepsilon_1 \geq \varepsilon_{1,d}$ .

### 285 4.3 Constitutive Model Development

286 It is assumed that the gravel samples are composed of numerous mesoscopic elements that can  
287 be regarded as basic failure units. The internal defects induced by external loading on gravel samples  
288 is determined by the strength of it's mesoscopic elements. The defects in the gravel samples are  
289 randomly distributed, which implies that the damage or failure of individual mesoscopic element is  
290 also random. Therefore, a statistical method can be employed to illustrate the strength of mesoscopic  
291 elements existing in the sample. The probability distribution type to depict the strength levels of  
292 mesoscopic elements includes Weibull distribution, normal distribution and lognormal distribution  
293 (Wang et al. 2018). Considering the Weibull distribution has been widely adopted to feature the  
294 strength levels of mesoscopic elements for geomaterials (Li et al. 2012; Ling et al. 2020), it is also  
295 selected in the current study to investigate the strength properties of mesoscopic elements.

296 The strength of mesoscopic element for gravel materials is denoted as  $F$  and obeys Weibull  
 297 distribution. The probability density function  $P(F)$  can then be presented as:

$$298 \quad P(F) = \frac{m}{F_0} \left(\frac{F}{F_0}\right)^{m-1} \exp\left[-\left(\frac{F}{F_0}\right)^m\right] \quad (14)$$

299 This allows the damage evolution to be represented using a statistical expression for strength.  
 300 The damage process of a gravel sample originates from the accumulation of failed mesoscopic  
 301 elements. Based on  $N$  and  $N_f$ ,  $D$  can be then measured using:

$$302 \quad D = \frac{N_f}{N} \quad (15)$$

303  $N_f$  can be expressed on the basis of the Weibull distribution and in a differential form, the  
 304 number of failed elements is denoted  $NP(F) \cdot dF$ . As the strength levels of mesoscopic elements  
 305 range from 0 to  $F$ , the quantities of failed elements in a gravel sample can be demonstrated as:

$$306 \quad N_f = \int_0^F NP(y) dy = N \left\{ 1 - \exp\left[-\left(\frac{F}{F_0}\right)^m\right] \right\} \quad (16)$$

307 Substituting Eq. (16) into Eq. (15),  $D$  can be obtained in a statistical form:

$$308 \quad D = 1 - \exp\left[-\left(\frac{F}{F_0}\right)^m\right] \quad (17)$$

309 Further, Eq. (17) can be presented in a strain form as in previous studies (Ling et al. 2020):

$$310 \quad D = 1 - \exp\left[-\left(\frac{\varepsilon_1'}{\varepsilon_0}\right)^m\right] \quad (18)$$

311 Since  $D$  of the graded gravel samples suffers from irregularity in the densification  
 312 strengthening stage,  $D$  should be zero theoretically. As  $\varepsilon_1$  goes beyond  $\varepsilon_{1,d}$ ,  $D$  can be calculated from  
 313 Eq. (18). Therefore,  $\varepsilon_1'$  in Eq. (18) should be the net value in the shear damage stage with  $\varepsilon_{1,d}$   
 314 deducted from  $\varepsilon_1$ . Thereby  $D$  based on Weibull distribution is determined as:

$$315 \quad D = \begin{cases} 0, & 0 \leq \varepsilon_1 < \varepsilon_{1,d} \\ 1 - \exp\left[-\left(\frac{\varepsilon_1 - \varepsilon_{1,d}}{\varepsilon_0}\right)^m\right], & \varepsilon_1 \geq \varepsilon_{1,d} \end{cases} \quad (19)$$

316 Combining Eq. (19) with Eq. (12), a constitutive model of stress-strain relations of the graded gravel  
 317 samples can be determined:

$$318 \quad q = \begin{cases} E_e \varepsilon_1, & 0 \leq \varepsilon_1 < \varepsilon_{1,d} \\ E_e \varepsilon_1 \exp\left[-\left(\frac{\varepsilon_1 - \varepsilon_{1,d}}{\varepsilon_0}\right)^m\right] + q_r \left\{ 1 - \exp\left[-\left(\frac{\varepsilon_1 - \varepsilon_{1,d}}{\varepsilon_0}\right)^m\right] \right\}, & \varepsilon_1 \geq \varepsilon_{1,d} \end{cases} \quad (20)$$

319 **4.4 Parameter Determination**

320 Three kinds of parameters are involved in the proposed constitutive model. One kind describes  
 321 the statistical parameters,  $m$  and  $\varepsilon_0$ , of Weill distribution; the second is  $\varepsilon_{1,d}$ ; while the third kind is  
 322 the physical parameters of gravel samples, including  $E_e$  and  $q_r$ .  $\varepsilon_{1,d}$  is not included into the physical  
 323 parameters due to the fact that the dividing line between densification strengthening and shear  
 324 damage stages of gravel materials is usually ambiguous. Therefore, the determination of  $\varepsilon_{1,d}$  is  
 325 different from other physical parameters.

326 The statistical parameters  $m$  and  $\varepsilon_0$  can be formulated in relation to  $\varepsilon_{1,d}$  using the "Extremum  
 327 Method" at the peak point, as described by Wang et al. (2018) and Huang et al. (2018). In this  
 328 approach,  $q$  equates to  $q_p$  when  $\varepsilon_1 = \varepsilon_{1,p}$ . This relationship can be articulated as follows:

329 
$$q|_{\varepsilon_1 = \varepsilon_{1,p}} = q_p \quad (21)$$

330 Moreover, at the peak of the stress-strain curve, the derivative of  $q$  with respect to strain should  
 331 be equal to zero:

332 
$$\frac{\partial q}{\partial \varepsilon_1} |_{\varepsilon_1 = \varepsilon_{1,p}} = 0 \quad (22)$$

333 Combining Eq. (21) and Eq. (22) together,  $m$  and  $\varepsilon_0$  can be expressed using:

334 
$$m = \frac{E_e(\varepsilon_{1,p} - \varepsilon_{1,d})}{\left(\ln \frac{E_e \varepsilon_{1,p} - q_r}{q_p - q_r}\right)(E_e \varepsilon_{1,p} - q_r)} \quad (23)$$

335 
$$\varepsilon_0 = \frac{\varepsilon_{1,p} - \varepsilon_{1,d}}{\left(\ln \frac{E_e \varepsilon_{1,p} - q_r}{q_p - q_r}\right)(E_e \varepsilon_{1,p} - q_r) \left(\ln \frac{E_e \varepsilon_{1,p} - q_r}{q_p - q_r}\right) E_e(\varepsilon_{1,p} - \varepsilon_{1,d})} \quad (24)$$

336 In these equations, the physical parameters possess distinct meanings and can be ascertained  
 337 either through experimental testing or parametric analysis. However, pinpointing  $\varepsilon_{1,p}$  for graded  
 338 gravel materials proves challenging due to the unclear boundary between densification  
 339 strengthening and shear damage. To address this, the Damage-Softening Index (DSI) serves as an  
 340 indicator for the gravel sample's critical damage threshold. DSI represents the maximal slope of the  
 341 stress-strain curve following peak strength and correlates closely with both the subsequent peak  
 342 state and the transition to the residual state. To express DSI mathematically, one derives the slope  
 343 of the stress-strain curve as follows:

344 
$$-\frac{\partial q}{\partial \varepsilon_1} = e^{-\left(\frac{\varepsilon_1 - \varepsilon_{1,d}}{\varepsilon_0}\right)^m} \left[ \frac{m(E_e \varepsilon_1 - q_r)}{\varepsilon_0} \left(\frac{\varepsilon_1 - \varepsilon_{1,d}}{\varepsilon_0}\right)^{m-1} - E_e \right] \quad (25)$$

345 Since *DSI* is the maximum slope, let the second derivative of Eq. (20) equals to zero:

346 
$$\frac{\partial^2 q}{\partial \varepsilon_1^2} = 0 \quad (26)$$

347 The following equation is then acquired:

348 
$$\left(\frac{\varepsilon_{1,s} - \varepsilon_{1,d}}{\varepsilon_0}\right)^m = \frac{(E_e \varepsilon_{1,s} - q_r)(m-1) + 2E_e(\varepsilon_{1,s} - \varepsilon_{1,d})}{m(E_e \varepsilon_{1,s} - q_r)} \quad (27)$$

349 Combining Eq. (27) with Eq. (25), the relationship between  $m$ ,  $\varepsilon_0$  and  $\varepsilon_{1,d}$  can be established in  
350 accordance with *DSI* and  $\varepsilon_{1,s}$ :

351 
$$-\frac{\partial q}{\partial \varepsilon_1} \Big|_{\varepsilon_1 = \varepsilon_{1,s}} = e^{-\left(\frac{\varepsilon_{1,s} - \varepsilon_{1,d}}{\varepsilon_0}\right)^m} \left[ E_e + \frac{(E_e \varepsilon_{1,s} - q_r)(m-1)}{\varepsilon_{1,s} - \varepsilon_{1,d}} \right] = \text{DSI} \quad (28)$$

352 Equation (28) enables the calculation of  $m$ ,  $\varepsilon_0$  and  $\varepsilon_{1,d}$  when considering Equations (23) and  
353 (24). Consequently, these statistical parameters and  $\varepsilon_{1,d}$  are determinable through the integrated use  
354 of these equations. To assess the accuracy of these calculated values, Equation (13) provides a  
355 measured value of  $\varepsilon_{1,d}$  in terms of  $D$  for comparison. As previously highlighted, the damage process  
356 in graded gravel initiates when  $\varepsilon_{1,d}$  surpasses the threshold  $\varepsilon_{1,d}$ . Therefore,  $\varepsilon_{1,d}$  signifies the axial  
357 strain at which  $D$  begins its regular increase. This measured value aligns closely with data illustrated  
358 in Figure 9.

359 For further validation, the calculated  $\varepsilon_{1,d}$  is compared with both the measured value for gravel  
360 samples and values reported for other granular materials, such as aggregates and a specific type of  
361 granitic soil (Byun et al. 2020; Zhao et al. 2013). Figure 10 presents these comparisons. Be noted  
362 that these granular materials exhibit varying grain size distributions, identified as source gradation  
363 and engineering gradation ("SG" and "EG" respectively) in literature.

364 Fig. 10 indicates that both calculated and measured values of  $\varepsilon_{1,d}$  for the graded gravels in this  
365 study and granular materials reported previously align along the 1:1 line. This suggests that the  
366 proposed method can accurately determine  $\varepsilon_{1,d}$ , as well as  $m$  and  $\varepsilon_0$ .

367 Some physical parameters, including  $E_e$ ,  $q_r$ ,  $q_p$  and *DSI*, are necessary to be correlated with  
368 DoC and  $\sigma_3$ . However, it is challenging to evaluate the maximum slope of post-peak section of  
369 stress-strain curves, meaning it is also challenging to directly determine *DSI*. Nevertheless, it is

370 found that  $DSI$  of gravel samples is insensitive to the variation of  $\sigma_3$  for low confining pressure  
371 conditions. Therefore, the average values of  $DSI$  under different  $\sigma_3$  can be calculated for gravel  
372 samples with a given DoC. The gravel samples with different DoC of 0.9, 0.95 and 1.0 demonstrate  
373 quite different average values of  $DSI$ , indicating that  $DSI$  is an excellent indicator to describe strain-  
374 softening properties of gravel samples with different DoC. Besides, the average values of  $DSI$  under  
375 different  $\sigma_3$  is found to be positively correlated with  $q_p - q_r$ , as presented by Fig. 11. A regression  
376 analysis is conducted to give the following linear equation a correlation coefficient of 0.97:

$$377 \quad DSI = 0.05(q_p - q_r) - 2.68 \quad (29)$$

378 Using Eq. (29),  $DSI$  can be calculated when  $q_p - q_r$  is known. Since  $E_e$ ,  $q_r$ ,  $q_p$  and  $q_p - q_r$  is closely  
379 related with DoC and  $\sigma_3$ , they can be determined by parametric analysis in terms of DoC and  $\sigma_3$ .  
380 The detail process to determine the physical parameters is presented in Appendix A.

## 381 **5. Model Validation**

382 With the proposed model and determination method of model parameters, the predicted stress-  
383 strain relations of graded gravel samples can be obtained and compared with the experimental data  
384 to validate the proposed damage-softening model. These are shown, along with curves from an  
385 alternative approach (Ling et al., 2020) in Fig. 12.

386 Based on the proposed statistical damage-softening model, the predicted stress-strain relations  
387 of the gravel samples closely match the experimental data. In contrast, the predicted relations from  
388 Ling (2020) exhibit some divergence from the experimental data in the post-peak region. The  
389 comparisons show that the proposed method is capable of representing the damage-softening  
390 properties of graded gravels. Additionally, the statistical parameters (i.e.  $m$  and  $\varepsilon_0$ ) obtained from  
391 the  $DSI$  condition are more precise than those calculated by using a derivative function at the peak  
392 state. As a result, the proposed constitutive model and statistical parameter determination method  
393 exhibit advantages.

394 To demonstrate the applicability of the proposed constitutive model and the determination  
395 method of model parameters, triaxial test results from a previous study on a granite gravel were  
396 used (Chen and Zhang 2016). The gravel sample, which has a particle size ranging from 10 mm to  
397 40 mm, as commonly used to fill roadbed, has particles with varying shapes and high angularity.

398 The optimum moisture content and maximum dry density of the gravel samples were determined to  
399 be 8.3% and 2.11 g/cm<sup>3</sup>, respectively. Drained triaxial tests were performed on the gravel samples,  
400 and the resulting  $q$  against  $\varepsilon_1$  plotted in Fig. 13. Model parameters for the granite sample were  
401 calculated using the method proposed in Section 4.4 and Appendix A, and the resulting stress-strain  
402 relations for the granular materials were also obtained. The calculated stress-strain relations agree  
403 reasonably well with test results, indicating the damage-softening model and the method proposed  
404 in this study can effectively characterize the strain softening properties of gravel samples and can  
405 be applied to solve relevant problems.

## 406 **6. Conclusions**

407 In the present study, triaxial tests on graded gravels under varying conditions of compaction  
408 and confining pressures were executed. Damage evolution in these gravels was closely analyzed,  
409 leading to the introduction of a statistical damage-softening model augmented by a novel damage-  
410 softening index. Key findings are as follows:

411 1. Analysis of the damage variable against axial strain uncovers the gravel samples' damage  
412 evolution. The constitutive model should incorporate threshold axial strain, as damage only initiates  
413 when axial strain exceeds a specific value.

414 2. The newly proposed damage-softening index serves as a tool for determining model  
415 parameters that govern stress-strain relations in the post-peak region. This index aids in the precise  
416 calculation of threshold axial strain and other vital parameters.

417 3. Triaxial tests provided invaluable insights into the stress-strain behavior of graded gravels.  
418 Based on these insights, a statistical damage constitutive model was developed to address strain  
419 softening in gravels with different degrees of compaction.

420 4. Model predictions closely align with experimental data across varying degrees of  
421 compaction, validating the constitutive model's efficacy in accurately capturing stress-strain  
422 relations.

423 The proposed statistical damage-softening model effectively predicts graded gravel behavior  
424 under drained triaxial tests. In practical application, the stress-strain relationship of graded gravels  
425 can be predicted by using the proposed statistical damage constitutive model, with the statistical

426 parameters (i.e.,  $\varepsilon_0$ ,  $m$ ) and threshold axial strain  $\varepsilon_{1,d}$  determined by physical parameters. The  
 427 predicted stress-strain relationship and strength properties of graded gravels can provide guidance  
 428 in engineering design of functional layers in roadway and railway. In addition, the proposed model  
 429 can also be adopted in numerical simulation to highlight the strain softening features of graded  
 430 gravels.

431 It is worth noting that the model proposed is limited to conventional triaxial conditions. Despite  
 432 this, it provides a valuable method for predicting stress-strain relations for graded gravel with  
 433 differing DoC, for conventional triaxial tests are still widely employed in engineering practice due  
 434 to their simplicity and ease of operation. In addition, the model's accuracy hinges on precise physical  
 435 parameters such as  $E_e$ ,  $q_r$  and  $q_p$ , which can be affected by factors like loading rate. While particle  
 436 shape and fabric have minimal impact in transportation geotechnics, loading rate significantly  
 437 influences the regression coefficients. Thus, for improved model performance, additional data is  
 438 advised for function and coefficient refinement.

#### 439 **Data Availability Statement**

440 All of the data, models, or code that support the findings of this study are available from the  
 441 corresponding author upon reasonable request.

#### 442 **Acknowledgments**

443 This study was supported by the National Natural Science Foundation of China (grant numbers  
 444 51878560 and 52008341) and Natural Science Foundation of Sichuan Province (grant numbers  
 445 2022NSFSC0472, 2022NSFSC1165, and 2023NSFSC0391).

#### 446 **Appendix A**

447 The average values of  $E_e$ ,  $q_r$ ,  $q_p$  and  $q_p - q_r$  are firstly calculated for the samples with different  
 448 DoC under a given  $\sigma_3$ . Then, the average values can be linearly correlated with  $\sigma_3$ :

$$449 \quad E_{e,avg} = \frac{1}{n} \sum_{i=1}^n E_{e,i} = \alpha_1 \sigma_3 + \beta_1 \quad (\text{A1})$$

$$450 \quad q_{r,avg} = \frac{1}{n} \sum_{i=1}^n q_{r,i} = \alpha_2 \sigma_3 + \beta_2 \quad (\text{A2})$$

$$451 \quad q_{p,avg} = \frac{1}{n} \sum_{i=1}^n q_{p,i} = \alpha_3 \sigma_3 + \beta_3 \quad (\text{A3})$$

$$452 \quad (q_p - q_r)_{avg} = \frac{1}{n} \sum_{i=1}^n (q_p - q_r)_i = \alpha_4 \sigma_3 + \beta_4 \quad (\text{A4})$$

453 where  $n=3$ . Therefore,  $E_{e,avg}$  under the specified  $\sigma_3$  can be calculated using Eq. (A1). Similarly,  $q_{r,avg}$ ,  
 454  $q_{p,avg}$  and  $(q_p-q_r)_{avg}$  can be obtained using the same method.  $\alpha_1, \alpha_2, \alpha_3, \alpha_4, \beta_1, \beta_2, \beta_3$  and  $\beta_4$  are  
 455 coefficients that can be evaluated using regression analysis on the test data of the gravel samples in  
 456 this study, as presented in Fig. A1. The values of the coefficients are presented in Table A1.

457 Then,  $E_e, q_r, q_p$  and  $q_p-q_r$  can be normalized with the average values known. The normalized  
 458 parameters can be correlated with DoC by fitting the following equations:

$$459 \quad \frac{E_{e,i}}{E_{e,avg}} = A_1 \cdot (DoC) + B_1 \quad (A5)$$

$$460 \quad \frac{q_{r,i}}{q_{r,avg}} = A_2 \cdot (DoC) + B_2 \quad (A6)$$

$$461 \quad \frac{q_{p,i}}{q_{p,avg}} = A_3 \cdot (DoC) + B_3 \quad (A7)$$

$$462 \quad \frac{(q_p-q_r)_i}{(q_p-q_r)_{avg}} = A_4 \cdot (DoC) + B_4 \quad (A8)$$

463 where  $A_1, A_2, A_3, A_4, B_1, B_2, B_3$  and  $B_4$  are the coefficients with values presented in Table A1. The  
 464 regression analysis to determine the coefficients is performed and presented in Fig. A2. Since the  
 465 coefficients in Table A1 can be determined with DoC and  $\sigma_3$  known, the four physical parameters,  
 466  $E_e, q_r, q_p$  and  $q_p-q_r$  (*DSI*), can be determined.

## 467 **References**

- 468 AASHTO. 2007. *Standard method of test for determining the resilient modulus of soils and*  
 469 *aggregate material*. Washington, D.C.
- 470 Aubertin, M., and R. Simon. 1997. "A damage initiation criterion for low porosity rocks." *Int. J.*  
 471 *Rock. Mech. Min.* 34 (3-4): 17. [https://doi.org/10.1016/s1365-1609\(97\)00145-7](https://doi.org/10.1016/s1365-1609(97)00145-7).
- 472 Barksdale, R. D., and S. Y. Itani. 1989. "Influence of aggregate shape on base behaviour." *Transp.*  
 473 *Res. Rec.* 1227. Transportation Research Board, Washington, DC, 173–182.
- 474 Byrne, P. M., H. Cheung, and L. Yan. 1987. "Soil parameters for deformation analysis of sand  
 475 masses." *Can. Geotech. J.* 24 (3): 366-376. <https://doi.org/10.1139/t87-047>.
- 476 Byun, Y. H., B. Feng, I. Qamhia, and E. Tutumluer. 2020. "Aggregate properties affecting shear  
 477 strength and permanent deformation characteristics of unbound-base course materials." *J.*  
 478 *Mater. Civ. Eng.* 32 (1). [https://doi.org/10.1061/\(asce\)mt.1943-5533.0003000](https://doi.org/10.1061/(asce)mt.1943-5533.0003000).

479 Cao, Z. G., J. Y. Chen, Y. Q. Cai, C. Gu, and J. Wang. 2017. "Effects of moisture content on the  
480 cyclic behavior of crushed tuff aggregates by large-scale tri-axial test." *Soil. Dyn. Earthq. Eng.*  
481 95: 1-8. <https://doi.org/10.1016/j.soildyn.2017.01.027>.

482 Cao, Z. G., J. Y. Chen, Y. Q. Cai, L. Zhao, C. Gu, and J. Wang. 2018. "Long-term behavior of clay-  
483 fouled unbound granular materials subjected to cyclic loadings with different frequencies."  
484 *Eng. Geol.* 243: 118-127. <https://doi.org/10.1016/j.enggeo.2018.06>.

485 Chen, X. B., and J. S. Zhang. 2016. "Influence of relative density on dilatancy of clayey sand-fouled  
486 aggregates in large-scale triaxial tests." *J. Geotech. Geoenviron.* 142 (10). [https://doi.org/](https://doi.org/10.1061/(asce)gt.1943-5606.0001542)  
487 [10.1061/\(asce\)gt.1943-5606.0001542](https://doi.org/10.1061/(asce)gt.1943-5606.0001542).

488 Cheng, H., Y. C. Zhang, and X. P. Zhou. 2021. "Nonlinear Creep Model for Rocks Considering  
489 Damage Evolution Based on the Modified Nishihara Model." *Int. J. Geomech.* 21 (8).  
490 [https://doi.org/10.1061/\(ASCE\)GM.1943-5622.0002071](https://doi.org/10.1061/(ASCE)GM.1943-5622.0002071).

491 Chu, J., W. K. Leong, W. L. Loke, and D. Wanatowski. 2012. "Instability of loose sand under  
492 drained conditions." *J. Geotech. Geoenviron.* 138 (2): 207-216. [https://doi.org/10.1061/](https://doi.org/10.1061/(asce)gt.19435606.0000574)  
493 [\(asce\)gt.19435606.0000574](https://doi.org/10.1061/(asce)gt.19435606.0000574).

494 Chu, J., S. C. R. Lo, and I. K. Lee. 1997. "Strain softening and shear band formation of sand in  
495 multi-axial testing." *Geotechnique*. 46 (1): 63–82. <https://doi.org/10.1680/geot.1997.47.5.1073>.

496 Consoli, N. C., P. D. M. Prietto, and L. A. Ulbrich. 1998. "Influence of fiber and cement addition  
497 on behavior of sandy soils." *J. Geotech. Geoenviron.* 124 (12): 1211–1214. [https://doi.org/](https://doi.org/10.1061/(ASCE)1090-0241(1998)124:12(1211))  
498 [10.1061/\(ASCE\)1090-0241\(1998\)124:12\(1211\)](https://doi.org/10.1061/(ASCE)1090-0241(1998)124:12(1211)).

499 Daouadji, A., and P. Y. Hicher. 2010. "An enhanced constitutive model for crushable granular  
500 materials." *Int. J. Numer. Anal. Met.* 34 (6): 555-580. <https://doi.org/10.1002/nag.815>.

501 Dragon, A., and Z. Mroz. 1979. "A continuum model for plastic–brittle behaviour of rock and  
502 concrete." *Int. J. Eng. SCI.* 17 (2): 121–137. [https://doi.org/10.1016/0148-9062\(79\)90022-6](https://doi.org/10.1016/0148-9062(79)90022-6).

503 Duncan, J. M., and C. Y. Chang. 1970. "Nonlinear analysis of stress and strain in soils." *J. Soil.*  
504 *Mech. Found. Div.* 96 (5): 1629–1652. <https://doi.org/10.1061/JSFEAQ.0001458>.

505 Frantziskonis, G., and C. S. Desai. 1987. "Elastoplastic model with damage for strain softening  
506 geomaterials." *Acta. Mech.* 68 (3–4): 151–170. <https://doi.org/10.1007/bf01190880>.

507 Gobel, C., and K. Lieberenz. 2009. "Handbook for soil structure in railway engineering." China  
508 Railway Publishing House, Beijing. (in Chinese).

509 Hicks, R. G., and C. L. Monismith. 1971. "Factors influencing the resilient response of granular  
510 materials." *High Res. Rec.* 345: 15-31.

511 Hou, C., X. G. Jin, J. He, and H. L. Li. 2022. "Statistical Damage Constitutive Model for Anhydrite  
512 Rock under Freeze-Thaw Cycles Considering the Residual Strength and Postpeak Stress  
513 Dropping Rate." *Int. J. Geomech.* 22 (8). [https://doi.org/10.1061/\(ASCE\)GM.1943-5622.](https://doi.org/10.1061/(ASCE)GM.1943-5622.0002514)  
514 0002514.

515 Huang, S. B., Q. S. Liu, A. P. Cheng, and Y. Z. Liu. 2018. "A statistical damage constitutive model  
516 under freeze-thaw and loading for rock and its engineering application." *Cold. Reg. Sci.*  
517 *Technol.* 145: 142-150. [https://doi.org/10.1016/j.coldregions.2017.10.015.](https://doi.org/10.1016/j.coldregions.2017.10.015)

518 Kachanov, L. M. 1967. "The Theory of Creep." National Lending Library for Science and  
519 Technology, Boston Spa, Yorkshire, England.

520 Lai, Y. M., L. Jin, and X. X. Chang. 2009. "Yield criterion and elasto-plastic damage constitutive  
521 model for frozen sandy soil." *Int. J. Plasticity.* 25 (6): 1177-1205. [https://doi.org/10.1016/](https://doi.org/10.1016/j.ijplas.2008.06.010)  
522 [j.ijplas.2008.06.010.](https://doi.org/10.1016/j.ijplas.2008.06.010)

523 Lemaitre, J. 1985. "A continuous damage mechanics model for ductile materials." *J. Eng. Mater.*  
524 *Technol.* 107 (1): 83–89. [https://doi.org/10.1115/1.3225775.](https://doi.org/10.1115/1.3225775)

525 Lemaitre, J., and J. L. Chaboche. 1990. "Mechanics of Solid Materials." Cambridge (UK):  
526 Cambridge University Press.

527 Lentz, R. W., and Baladi, G. Y. 1981. "Constitutive equation for permanent strain of sand subjected  
528 to cyclic loading." *Transp. Res. Rec.*, 810, 50–54.

529 Li, L., W. Shao, Y. Li, and B. Cetin. 2015. "Effects of climatic factors on mechanical properties of  
530 cement and fiber reinforced clays." *Geotech. Geol. Eng.* 33 (3): 537-548. [https://doi.org/](https://doi.org/10.1007/s10706-014-9838-4)  
531 [10.1007/s10706-014-9838-4.](https://doi.org/10.1007/s10706-014-9838-4)

532 Li, S. Z., L. Tang, S. Tian, X. Z. Ling, Y. S. Ye, and D. G. Cai. 2021. "Mechanical modeling of  
533 frozen coarse-grained materials incorporating microscale investigation." *Adv. Mater. Sci. Eng.*  
534 [https://doi.org/10.1155/2021/6639428.](https://doi.org/10.1155/2021/6639428)

535 Li, X., W. G. Cao, and Y. H. Su. 2012. "A statistical damage constitutive model for softening  
536 behavior of rocks." *Eng. Geol.* 143: 1-17. <https://doi.org/10.1016/j.enggeo.2012.05.005>.

537 Li, Z., J. Chen, and C. Mao. 2019. "Experimental and theoretical investigations of the constitutive  
538 relations of artificial frozen silty clay." *Materials*. 12 (19): 3159, [https://doi.org/10.3390/  
539 ma12193159](https://doi.org/10.3390/ma12193159).

540 Ling, X. Z., S. Tian, L. Tang, and S. Z. Li. 2020. "A damage-softening and dilatancy prediction  
541 model of coarse-grained materials considering freeze-thaw effects." *Transp. Geotech.* 22.  
542 <https://doi.org/10.1016/j.trgeo.2019.100307>.

543 Liu, H. B., and D. G. Zou. 2013. "Associated generalized plasticity framework for modeling  
544 gravelly soils considering particle breakage." *J. Eng. Mech.* 139 (5): 606-615. [https://doi.org/  
545 10.1061/\(ASCE\)EM.1943-7889.0000513](https://doi.org/10.1061/(ASCE)EM.1943-7889.0000513).

546 Liu, H. Y., Lv, S. R., Zhang, L. M., & Yuan, X. P., 2015. "A dynamic damage constitutive model for  
547 a rock mass with persistent joints." *Int. J. Rock Mech. Min.*, 75, 132-139. [https://doi.org/  
548 10.1016/j.ijrmms.2015.01.013](https://doi.org/10.1016/j.ijrmms.2015.01.013).

549 Liu, M. C., and Y. F. Gao. 2017. "Constitutive Modeling of Coarse-Grained Materials Incorporating  
550 the Effect of Particle Breakage on Critical State Behavior in a Framework of Generalized  
551 Plasticity." *Int. J. Geomech.* 17 (5). [https://doi.org/10.1061/\(ASCE\)GM.1943-5622.0000759](https://doi.org/10.1061/(ASCE)GM.1943-5622.0000759).

552 Luo, Q., D. W. Liang, T. F. Wang, L. Zhang, and L. W. Jiang. 2020. "Application of high-  
553 vesicularity cinder gravels to railway earth structure in Ethiopia." *J. Mater. Civil. Eng.* 32 (11):  
554 0402047. [https://doi.org/10.1061/\(ASCE\)MT.1943-5533.0003432](https://doi.org/10.1061/(ASCE)MT.1943-5533.0003432).

555 Luo, Q., P. Wu, and T. Wang. 2019. "Evaluating frost heave susceptibility of well-graded gravel  
556 for HSR subgrade based on orthogonal array testing." *Transp. Geotech.* 21: 100283.  
557 <https://doi.org/10.1016/j.trgeo.2019.100283>.

558 Martin, C. D., and N. A. Chandler. 1994. "The progressive fracture of Lac du Bonnet granite." *Int.*  
559 *J. Rock. Mech. Min. & Geomechanics Abstracts.* 31 (6): 643-659. [https://doi.org/10.1016/  
560 0148-9062\(94\)90005-1](https://doi.org/10.1016/0148-9062(94)90005-1).

561 Mazars, J., and G. Pijaudier-Cabot. 1989. "Continuum damage theory-application to concrete." *J.*  
562 *Eng. Mech.* 115 (2): 345-365. [https://doi.org/10.1061/\(asce\)07339399\(1989\)115:2\(345\)](https://doi.org/10.1061/(asce)07339399(1989)115:2(345)).

563 Ministry of Housing and Urban-Rural Development of People's Republic of China. 2019. GB T  
564 50123-2019. *Standard for geotechnical testing method*. Chinese standard, Beijing. (in Chinese).

565 National Railway Administration of People's Republic of China. 2014. TB 10621-2014. *Code for*  
566 *design of high speed railway*, Beijing. (in Chinese).

567 National railway administration of People's Republic of China, 2016. TB10001-2016. *Code for*  
568 *design of earthworks and track bed for railway*, Beijing. (in Chinese).

569 Pan, Y., Zhao, Z., He, L., & Wu, G. 2020. "A nonlinear statistical damage constitutive model for  
570 porous rocks." *Adv. Civ. Eng.*, 2020, 1-12. <https://doi.org/10.1155/2020/8851914>.

571 Rahman, M. S., and S. Erlingsson. 2015. "Predicting permanent deformation behaviour of unbound  
572 granular materials." *Int. J. Pavement. Eng.* 16 (7): 587-601. [https://doi.org/10.1080/10298436.](https://doi.org/10.1080/10298436.2014.943209)  
573 2014. 943209.

574 Saboya, F.J., and P. M. Byrne. 1993. "Parameters for stress and deformation analysis of rockfill  
575 dams." *Can. Geotech. J.* 30 (4): 690–701. <https://doi.org/10.1139/t93-058>.

576 Sawangsuriya, A., T. B. Edil, and P. J. Bosscher. 2003. "Relationship between soil stiffness gauge  
577 modulus and other test moduli for granular soils." 82nd Annual Meeting of the Transportation-  
578 Research-Board. 3-10. <https://doi.org/10.3141/1849-01>.

579 Sidoroff, F. 1980. "Description of anisotropic damage to elasticity." *Physical Nonlinearities in*  
580 *Structural Analysis*, Senlis, France: Proceedings of the IUTAM Colloquium. 27–30.

581 Sun, K., L. Tang, A. Zhou, and X. Ling. 2020. "An elastoplastic damage constitutive model for  
582 frozen soil based on the super/subloading yield surfaces." *Comput. Geotech.* 128: 103842.  
583 <https://doi.org/10.1016/j.compgeo.2020.103842>.

584 Tang, L., S. Y. Cong, L. Geng, X. Z. Ling, and F. D. Gan. 2018. "The effect of freeze-thaw cycling  
585 on the mechanical properties of expansive soils." *Cold. Reg. Sci. Technol.* 145: 197-207.  
586 <https://doi.org/10.1016/j.coldregions.2017.10.004>.

587 Tennakoon, N., B. Indraratna, S. Nimbalkar, and S. W. Sloan. 2015. "Application of bounding  
588 surface plasticity concept for clay-fouled ballast under drained loading." *Comput. Geotech.* 70:  
589 96-105. <https://doi.org/10.1016/j.compgeo.2015.07.010>.

590 Wang, J., Z. Song, B. Zhao, X. Liu, J. Liu, and J. Lai. 2018. "A study on the mechanical behavior

591 and statistical damage constitutive model of sandstone.” *Arab. J. Sci. Eng.* 43 (10): 5179-5192.  
592 <https://doi.org/10.1007/s13369-017-3016-y>.

593 Wang, T. F., H. F. Ma, J. K. Liu, Q. Luo, Q. Z. Wang, and Y. Zhan. 2021a. “Assessing frost heave  
594 susceptibility of gravelly soils based on multivariate adaptive regression splines model.” *Cold.  
595 Reg. Sci. Technol.* 181: 103182. <https://doi.org/10.1016/j.coldregions.2020.103182>.

596 Wang, X., Y. X. Wu, Y. Lu, J. Cui, X. Z. Wang, and C. Q. Zhu. 2021b. “Strength and dilatancy of  
597 coral sand in the South China Sea.” *B. Eng. Geol. Environ.* 80 (10): 8279-8299. [https://doi.org/  
598 10.1007/s10064-021-02348-6](https://doi.org/10.1007/s10064-021-02348-6).

599 Yang, G., Z. Chen, Y. Sun, and Y. Jiang. 2022. “Effects of relative density and grading on the  
600 particle breakage and fractal dimension of granular materials.” *Fractal. Fract.* 6 (7): 347.  
601 <https://doi.org/10.3390/fractalfract6070347>.

602 Zhang, L., Cheng, H., Wang, X., Liu, J., & Guo, L., 2021. “Statistical damage constitutive model  
603 for high-strength concrete based on dissipation energy density.” *Crystals*, 11(7), 800.  
604 <https://doi.org/10.3390/cryst11070800>.

605 Zhao, H. F., L. M. Zhang, and D. S. Chang. 2013. “Behavior of coarse widely graded soils under  
606 low confining pressures.” *J. Geotech. Geoenviron.* 139 (1): 35-48. [https://doi.org/10.1061/  
607 \(asce\)gt.1943-5606.0000755](https://doi.org/10.1061/(asce)gt.1943-5606.0000755).

608

609 Table A1. Regression Coefficients of Model Parameters

Fitting equations	Regression coefficients	Values	$R^2$
$E_{e,avg} = \alpha_1\sigma_3 + \beta_1$	$\alpha_1$	0.34	0.96
	$\beta_1$	44.38	
$q_{r,avg} = \alpha_2\sigma_3 + \beta_2$	$\alpha_2$	3.35	0.99
	$\beta_2$	57.11	
$q_{p,avg} = \alpha_3\sigma_3 + \beta_3$	$\alpha_3$	6.57	0.97
	$\beta_3$	304.11	
$(q_p - q_r)_{avg} = \frac{1}{n} \sum_{i=1}^n (q_p - q_r)_i$ $= \alpha_4\sigma_3 + \beta_4$	$\alpha_4$	3.22	0.90
	$\beta_4$	248.00	
$\frac{E_{e,i}}{E_{e,avg}} = A_1 \cdot (DoC) + B_1$	$A_1$	6.79	0.97
	$B_1$	-5.45	
$\frac{q_{r,i}}{q_{r,avg}} = A_2 \cdot (DoC) + B_2$	$A_2$	2.40	0.89
	$B_2$	-1.28	
$\frac{q_{p,i}}{q_{p,avg}} = A_3 \cdot (DoC) + B_3$	$A_3$	9.91	0.98
	$B_3$	-8.41	
$\frac{(q_p - q_r)_i}{(q_p - q_r)_{avg}} = A_4 \cdot (DoC) + B_4$	$A_4$	13.66	0.99
	$B_4$	-11.98	

610

611 **Nomenclature**

$A$	Initial area of the cross-section	$q_p - q_r$	Difference of peak and residual strength
$A'$	Area of undamaged portion of the cross-section	$(q_p - q_r)_{\text{avg}}$	Average difference of peak and residual strength under different confining pressures
$A''$	Area of damaged portion of the cross-section	$q_r$	Residual strength
$D$	Damage variable	$q_{r,\text{avg}}$	Average residual strength under different confining pressures
DoC	Degree of compaction	$T$	External load acted on a material body
$DSI$	Damage softening index	$\varepsilon_0$	Scale parameter in strain form
$E_e$	Secant modulus of elasticity	$\varepsilon_1$	Axial strain
$E_{e,\text{avg}}$	Average secant modulus of elasticity under different confining pressures	$\varepsilon_1'$	Axial strain from the initiation of damage evolution
$F$	Strength level of the mesoscopic elements	$\varepsilon_1^*$	Net axial strain
$F_0$	Scale parameter in strength form	$\varepsilon_{1,d}$	Damage threshold value of axial strain
$I_s$	Softening coefficient	$\varepsilon_{1,\text{int}}$	Initial axial strain
$m$	Shape parameter	$\varepsilon_{1,p}$	Axial strain at the peak state
$N$	Quantities of mesoscopic elements	$\varepsilon_{1,s}$	Axial strain corresponding to the maximum slope of stress-strain curve
$N_f$	Quantities of failed mesoscopic elements	$\varepsilon_v$	Volumetric strain
$n$	Sample quantities with different DoC under the same confining pressure	$\sigma_1$	Major principal stress (Axial stress in triaxial test)
$q$	Deviatoric stress	$\sigma_3$	Minor principal stress (Confining pressure in triaxial test)
$q_{0.5\varepsilon_{1,p}}$	Deviatoric stress corresponding to half value of axial strain at the peak state	$\sigma_1^*$	Net major principal stress
$q_{\text{int}}$	Initial deviatoric stress	$\sigma_3^*$	Net minor principal stress
$q_p$	Peak strength	$\Delta q$	Increment of deviatoric stress
$q_{p,\text{avg}}$	Average peak strength under different confining pressures	$\Delta\varepsilon_1$	Increment of the axial strain

612