

This is a repository copy of Long-term retention rate, adverse event temporal patterns and rescue treatment strategies of mycophenolate mofetil in systemic sclerosis: insights from real-life.

White Rose Research Online URL for this paper: <a href="https://eprints.whiterose.ac.uk/218104/">https://eprints.whiterose.ac.uk/218104/</a>

Version: Accepted Version

## Article:

De Lorenzis, E., Natalello, G., Pellegrino, G. et al. (29 more authors) (2024) Long-term retention rate, adverse event temporal patterns and rescue treatment strategies of mycophenolate mofetil in systemic sclerosis: insights from real-life. Rheumatology. keae532. ISSN 1462-0324

https://doi.org/10.1093/rheumatology/keae532

This is an author produced version of a journal article published in Rheumatology, made available under the terms of the Creative Commons Attribution License (CC-BY), which permits unrestricted use, distribution and reproduction in any medium, provided the original work is properly cited.

## Reuse

This article is distributed under the terms of the Creative Commons Attribution (CC BY) licence. This licence allows you to distribute, remix, tweak, and build upon the work, even commercially, as long as you credit the authors for the original work. More information and the full terms of the licence here: https://creativecommons.org/licenses/

## Takedown

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing eprints@whiterose.ac.uk including the URL of the record and the reason for the withdrawal request.



# Long-term retention rate, adverse event temporal patterns and rescue treatment strategies of mychophenolate mofetile in systemic sclerosis: insights from real-life

## Statistical plan and sample size determination

Categorical variables were presented as numbers and percentages and compared using the Chi-square or Fisher's tests. Continue variables were presented either as mean with standard deviation (SD) or as median with interquartile range (IQR) and compared using the T-test or Mann-Whitney test, as appropriate.

Patients were longitudinally monitored for up to 5 years, starting from the index date of MMF introduction. The follow-up ended upon treatment discontinuation, death from any cause, or the conclusion of the available follow-up, whichever came first. Follow-up ended on December 31, 2023, for all patients. The occurrence of outcomes was quantified in terms of incidence rate and 5-year cumulative incidence with 95% confidence interval (CI).

The Kaplan-Meier method was employed to compute the cumulative incidence in the at-risk population. Given the potential recurrence of the outcome, the annual absolute risk for the infection of interest was also calculated, with the at-risk population comprising those patients who completed at least six months of follow-up in each of the five years of observation. The pattern of censoring was compared based on the observation of the cumulative incidence plots.

A competing risk analysis was performed to explore the clinical variables linked to MMF discontinuation due to AEs and the emergence of AEs of interest. This approach was selected over the cause-specific hazard model Cox regression since competing events could not be regarded as censored upon their occurrence. This choice was influenced by the expected high incidence of competing events and the possible associations between the clinical variables and both the outcomes and competing events<sup>1</sup>. MMF discontinuation for reasons other than AEs was considered the competing event to discontinue due to AEs. Similarly, MMF discontinuation for any reason was considered the competing event for occurrences such as gastrointestinal intolerance, severe or life-threatening infections, detection of laboratory abnormalities, and a new cancer diagnosis. The outcomes' sub-distribution hazard function was modeled using the Fine-Gray model. The association was expressed as a sub-Hazard Ratio (sHR) with 95% CI. For descriptive analysis, alluvial plots were utilized to illustrate treatment choice trajectories following MMF discontinuation based on the specific AE responsible.

All statistical analyses deemed a p-value of less than 0.05 as statistically significant, and all tests were two-tailed with Benjamini-Hochberg correction for multiple comparisons. The statistical analysis was conducted using RStudio, version 2023.06.1.

A sample size of at least 546 patients was estimated for the study for nominal type I error rate 0.05 and power 0.80, a minimum sHR of 1.5 for the association between outcome and prediction, and a 30% censoring rate.

<sup>1</sup> Austin PC, Fine JP. Practical recommendations for reporting Fine-Gray model analyses for competing risk data. Stat Med. 2017;36(27):4391-4400. doi:10.1002/sim.7501

Supplementary Figure 1: Association of baseline clinical characteristics and risk of MMF discontinuation due to gastrointestinal intolerance ACA (Anti-centromere Antibody), BMI (Body Mass Index), CKD (chronic kidney disease), COPD (chronic obstructive pulmonary disease), CYC (Cyclophosphamide), DLco (Diffusion Capacity of the Lung for Carbon Monoxide), FVC (Forced Vital Capacity) HRCT (High-Resolution Computed Tomography), ILD (Interstitial Lung Disease), MMF (Mycophenolate Mofetil), NTD (Nintedanib), mRSS (Modified Rodnan Skin Score), PH (Pulmonary Hypertension), RTX (Rituximab), sHR (sub Hazard Ratio). The formal threshold for statistical significance was set at a p-value of 0.003, following adjustment for multiple comparisons.

| Clinical variable                      | GI intolerance   | sHR               | p value |
|--|------------------|-------------------|---------|
| Age                                    | •                | 1.02              | 0.200   |
| Male gender                            | -                | 0.38              | 0.190   |
| BMI                                    | 4                | 0.92              | 0.170   |
| Current or former smoker               | <del> </del>     | 1.45              | 0.360   |
| Leroy Limited cutaneous variant        | +                | 0.95              | 0.900   |
| Disease duration                       | ÷                | 1.04              | 0.096   |
| ACA positive                           | <del>-</del>     | 1.17              | 0.760   |
| Anti-Scl70 positive                    | <del>-  </del>   | 0.47              | 0.066   |
| Late capillaroscopy pattern            | <del>  -</del>   | 2.09              | 0.072   |
| mRSS                                   | •                | 1.04              | 0.072   |
| Digital Ulcers                         | +                | 0.89              | 0.770   |
| Calcinosis                             | <del>  -</del>   | 1.87              | 0.130   |
| Synovitis                              | +                | 1.76              | 0.200   |
| Myositis                               | <del></del>      | ÷3.07             | 0.018   |
| ILD on HRCT                            | -                | 0.55              | 0.150   |
| FVC                                    | •                | 0.99              | 0.340   |
| DLco                                   | •                | 0.98              | 0.025   |
| Pulmonary Hypertension                 | -                | 2.43              | 0.035   |
| Severe gastro-esophagel involvement    | -                | 1.00              | 0.990   |
| Severe intestinal involvement          | -                | <b>→2.7</b> 6     | 0.011   |
| Low MMF starting dose                  | -                | 1.01              | 0.970   |
| Preliminary CYC treatment              | -                | 1.27              | 0.580   |
| Combination of immunosuppressants      | -                | 0.50              | 0.350   |
| Combination of MMF and RTX             | -                | 0.62              | 0.520   |
| Combination of MMF and corticosteroids | s <del>+</del>   | 0.89              | 0.780   |
| Combination of MMF and NTD             |                  | 1.39              | 0.650   |
| Diabetes mellitus                      | -                | 1.20              | 0.810   |
| COPD                                   | <del> </del> =   | <b>&gt;</b> 2.98  | 0.140   |
| CKD                                    | <del>- -</del>   | ÷1.31             | 0.790   |
| Chronic viral hepatitis                | -                | <del>*</del> 1.28 | 0.810   |
| Major cardiovascular event             | +=               | <b>&gt;2.00</b>   | 0.260   |
| Cancer at baseline                     | <del> </del> =   | 1.39              | 0.650   |
|  | 0 1 2 3 4 5      |                   |         |
|  |                  | —>                |         |
| Reduced                                | drisk Increasedr | ISK               |         |

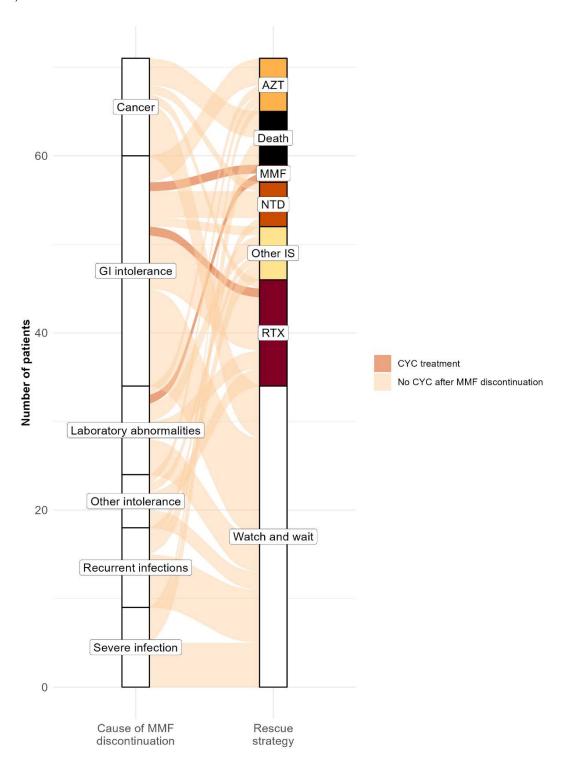
Supplementary Figure 2: Association of baseline clinical characteristics and risk of laboratory toxicity. ACA (Anti-centromere Antibody), BMI (Body Mass Index), CKD (chronic kidney disease), COPD (chronic obstructive pulmonary disease), CYC (Cyclophosphamide), DLco (Diffusion Capacity of the Lung for Carbon Monoxide), FVC (Forced Vital Capacity) HRCT (High-Resolution Computed Tomography), ILD (Interstitial Lung Disease), MMF (Mycophenolate Mofetil), NTD (Nintedanib), mRSS (Modified Rodnan Skin Score), PH (Pulmonary Hypertension), RTX (Rituximab), sHR (sub—Hazard Ratio). The formal threshold for statistical significance was set at a p-value of 0.003, following adjustment for multiple comparisons.

| Clinical variable                | Laboratory toxicity                               | sHR  | p value |
|----------------------------------|---|------|---------|
| Age                              | •   | 1.02 | 0.170   |
| Male gender                      |   | 0.69 | 0.430   |
| BMI                              | +   | 1.02 | 0.500   |
| Current or former smoker         |   | 0.70 | 0.370   |
| Leroy Limited cutaneous variant  | +   | 1.14 | 0.670   |
| Disease duration                 | <del>†</del>                                      | 1.00 | 0.890   |
| ACA positive                     | - <del></del>                                     | 0.72 | 0.480   |
| Anti-Scl70 positive              | <del>-  </del>                                    | 0.60 | 0.110   |
| Late capillaroscopy pattern      | +   | 1.09 | 0.810   |
| mRSS                             | 4   | 0.97 | 0.051   |
| Digital Ulcers                   | -   | 0.81 | 0.500   |
| Calcinosis                       | <del> </del>                                      | 1.24 | 0.560   |
| Synovitis                        |   | 0.51 | 0.200   |
| Myositis                         | -   | 0.25 | 0.160   |
| ILD on HRCT                      | <del>  •</del>                                    | 2.25 | 0.120   |
| FVC                              | +   | 0.99 | 0.430   |
| DLco                             | •   | 0.99 | 0.095   |
| Pulmonary Hypertension           | <del> -</del>                                     | 1.42 | 0.370   |
| Severe gastro-esophagel involvem | ient <del>-</del>                                 | 1.24 | 0.580   |
| Severe intestinal involvement    | -   | 2.04 | 0.042   |
| Low MMF starting dose            | <del>-  </del>                                    | 0.48 | 0.120   |
| Preliminary CYC treatment        | <del>- </del>                                     | 1.32 | 0.420   |
| Combination of immunosuppressa   | nts <del> -</del>                                 | 1.35 | 0.470   |
| Combination of MMF and RTX       | <del>+</del>                                      | 1.13 | 0.800   |
| Combination of MMF and corticost | eroids <del> </del>                               | 1.21 | 0.550   |
| Combination of MMF and NTD       | <del>- i</del>                                    | 0.46 | 0.450   |
| Diabetes mellitus                | <del>-</del>                                      | 1.65 | 0.320   |
| COPD                             | •   | 0.00 | 0.000   |
| CKD                              | •   | 0.00 | 0.000   |
| Chronic viral hepatitis          | <del>  •                                   </del> | 1.84 | 0.400   |
| Major cardiovascular event       | -   | 0.81 | 0.770   |
| Cancer at baseline               | <del>-   •</del>                                  | 1.37 | 0.600   |
|                                  | 0 1 2 3 4 5                                       |      |         |
| é                                |   |      |         |
| ŀ                                | Reduced risk Increased risk                       |      |         |

Supplementary Figure 3: Association of baseline clinical characteristics and risk of cancer. ACA (Anti-centromere Antibody), BMI (Body Mass Index), CKD (chronic kidney disease), COPD (chronic obstructive pulmonary disease), CYC (Cyclophosphamide), DLco (Diffusion Capacity of the Lung for Carbon Monoxide), FVC (Forced Vital Capacity) HRCT (High-Resolution Computed Tomography), ILD (Interstitial Lung Disease), MMF (Mycophenolate Mofetil), NTD (Nintedanib), mRSS (Modified Rodnan Skin Score), PH (Pulmonary Hypertension), RTX (Rituximab), sHR (sub—Hazard Ratio). The formal threshold for statistical significance was set at a p-value of 0.003, following adjustment for multiple comparisons.

| Clinical variable               | Cancer               | sHR               | p value |
|---------------------------------|----------------------|-------------------|---------|
| Age                             | •                    | 1.00              | 0.800   |
| Male gender                     | -                    | 0.62              | 0.520   |
| BMI                             | •                    | 0.87              | 0.022   |
| Current or former smoker        | <u> </u>             | 1.17              | 0.760   |
| Leroy Limited cutaneous variant | <u>+</u>             | 1.22              | 0.680   |
| Disease duration                | -ļ                   | 0.84              | 0.047   |
| ACA positive                    | <del>-  </del>       | 0.28              | 0.200   |
| Anti-Scl70 positive             | 4                    | 0.81              | 0.660   |
| Late capillaroscopy pattern     | <del> -</del>        | 1.57              | 0.400   |
| mRSS                            | <del>†</del>         | 1.02              | 0.460   |
| Digital Ulcers                  | <del> </del>         | 1.37              | 0.520   |
| Calcinosis                      |                      | 0.63              | 0.480   |
| Synovitis                       | +                    | 1.00              | 1.000   |
| Myositis                        | -=-                  | 0.59              | 0.610   |
| ILD on HRCT                     | +-                   | →1.77             | 0.450   |
| FVC                             | •                    | 0.99              | 0.580   |
| DLco                            | •                    | 0.99              | 0.370   |
| Pulmonary Hypertension          | <del> </del> -       | <b>2.09</b>       | 0.150   |
| Severe gastro-esophagel involve | ement 🕂              | 0.83              | 0.730   |
| Severe intestinal involvement   | <u> </u>             | →2.90             | 0.031   |
| Low MMF starting dose           | +                    | 1.09              | 0.880   |
| Preliminary CYC treatment       | =-                   | 0.50              | 0.280   |
| Combination of immunosuppress   | sants <del>-  </del> | 0.40              | 0.370   |
| Combination of MMF and RTX      | =                    | 0.46              | 0.450   |
| Combination of MMF and cortico  | steroids -           | 0.28              | 0.041   |
| Combination of MMF and NTD      | -                    | 0.00              | 0.000   |
| Diabetes mellitus               | -                    | →0.79             | 0.820   |
| COPD                            | •                    | 0.00              | 0.000   |
| CKD                             |                      | →8.22             | 0.001   |
| Chronic viral hepatitis         | •                    | 0.00              | 0.000   |
| Major cardiovascular event      | -                    | →0.84             | 0.870   |
| Cancer at baseline              | •                    | 0.00              | 0.000   |
|                                 | 01234                | <del>T</del><br>5 |         |
| ←<br>R                          | educed risk Increa   | sed risk          |         |

Supplementary Figure 4: Rescue treatments after MMF discontinuation due to AEs. AE (Adverse Event), AZT (Azathioprine), CYC (Cyclophosphamide), GI (Gastrointestinal), IS (Immunosuppressant), MMF (Mycophenolate Mofetil), NTD (Nintedanib), RTX (Rituximab).



## Supplementary Table 1: Local Ethical Committee approval information

| Site of patient enrolment  | City                      | Ethical Authority  |
|--|---------------------------|--|
| Unit of Rheumatology, Catholic University of the Sacred Heart, Fondazione Policlinico Universitario A. Gemelli IRCCS                                       | Rome<br>(Italy)           | Comitato Etico Policlinico A. Gemelli protocol code 0002461/23                         |
| Scleroderma Program, Leeds Institute of Rheumatic and<br>Musculoskeletal Diseases, University of Leeds   | Leeds<br>(United Kingdom) | English Health Research Ref. Authority protocol code 15/NE/0211                        |
| Rheumatology Unit, Department of Clinical Internal,<br>Anaesthesiologic and Cardiovascular Sciences, Policlinico<br>Umberto I, Sapienza University of Rome | Rome<br>(Italy)           | Comitato Etico Sapienza University of<br>Rome protocol code 2125 416/11                |
| Unit of Immunology, Rheumatology, Allergy and Rare Diseases, IRCCS San Raffaele Hospital   | Milan<br>(Italy)          | Comitato Etico IRCCS San Raffaele<br>Hospital protocol code IMMUNORADAR<br>DSAN 1178/9 |
| Rheumatology Unit, Department of Clinical and Experimental Medicine, University of Florence  | Florence<br>(Italy)       | Comitato etico Univerisità di Firence<br>37/2008                                       |
| Rheumatology Unit, Department of Emergency and Organs<br>Transplantation, University of Bari   | Bari<br>(Italy)           | Comitato Etico Poclinico di Bari, protocol code 5277                                   |
| Scleroderma Clinic, Dip. Reumatologia, ASST Gaetano Pini-<br>CTO, Università degli Studi di Milano   | Milan<br>(Italy)          | Comitato Etico ASST Gaetano Pini CTO protocol code 339/6549                            |
| Department of Rheumatology, University of Modena and Reggio Emilia   | Modena<br>(Italy)         | Comitato Etico Università di Modena e<br>Reggio Emilia Studio SCLERORER 3826           |
| Rheumatology and Clinical Immunology, IRCCS Humanitas<br>Research Hospital   | Rozzano<br>(Italy)        | Comitato Etico Humanitas Research<br>Hospital protocol code 0831                       |

Supplementary table 2: Definition of SSc-related organ involvement, comorbidities, and medication exposure adopted in the medical chart review process.

## SSc-related organ involvement

- Digital ulcers: SSc-related ulcers as reported in the patient's health record by the physicians during the clinical examination; any other documentation substantiating a loss of skin continuity involving at least the epidermis and basal membrane of any area of skin covering the digits, including those overlying calcinotic lesions and bony prominences.
- Skin calcinosis: SSc-related calcinosis as reported in the patient's health record by the physicians during the clinical examination; any other documentation substantiating subcutaneous calcium salt deposits including medical report following surgical curettage or X-ray.
- Myositis: confirmed evidence of raised CK values without alternative explanation to muscular inflammatory involvement with or without symptoms or imaging evidence of inflammatory involvement according to the corresponding medical record.
- Synovitis: swollen and tender joint or tendon reported in the patient's health record by the physicians during the clinical examination; ultrasound or magnetic resonance imaging evidence of synovitis according to the corresponding medical record.
- Interstitial lung disease: evidence of fibrotic parenchymal changes involving at least 10% of the lung volume on the HRCT.
- Pulmonary Hypertension: PASP ≥40 mmHg on ecocardiocolordoppler or mPAP ≥25 mmHg on right heart characterization. Precapillary and postcapillary pulmonary hypertension were grouped together.
- Severe SSc gastro-esophageal disease: symptoms of gastroesophageal diseases, including both dysphagia, reflux, dyspepsia without alternative cause; need for PPI and/or prokinetic to control symptoms of gastroesophageal disease; instrumental evidence (morphological or functional) of esophageal dilation, reduced peristalsis or lower esophageal sphincter dysfunction or gastric antral vascular ectasia.
- Severe SSc intestinal disease: clinical or laboratory evidence of malabsorption, chronic intestinal motility disorders including both diarrhea or constipation, or fecal incontinence.

#### MMF combination treatment

- Corticosteroids: Combination with MMF for at least 3 months with a median dose equivalent of at least 5 mg of prednisone.
- Rituximab: At least one cycle of treatment (according to the scheme adopted at the reference center) in combination with MMF.
- Tocilizumab: Combination with MMF for at least 3 months.
- Nintedanib: Combination with MMF for at least 3 months.

## Comorbidities

- Diabetes mellitus: fasting plasma glucose ≥126 mg/dL, plasma glucose ≥200 mg/dL during a 2-hour oral glucose tolerance test, random plasma glucose ≥200 mg/dL, hemoglobin A1c ≥6.5%, or currently on anti-diabetic medications.
- COPD: undergoing treatment for COPD or post-bronchodilator forced expiratory volume in the first second/forced vital capacity ratio <0.7.
- CKD: GFR less than 60 mL/min.
- Cancer: histologically confirmed malignant neoplasm, including either primary or metastatic sites
- Viral chronic hepatitis: serologically confirmed chronic hepatitis B or C infection. Hepatitis testing was performed in all patients treated with rituximab, in those with abnormal liver enzymes, or in those with at-risk behaviours, as per common clinical practice.
- Major cardiovascular event: previous myocardial infarction, stroke, or coronary artery bypass surgery or angioplasty

Abbreviations: COPD (Chronic Obstructive Pulmonary Disease), CKD (chronic kidney disease), GFR (glomerular filtration rate), MMF (Mycophenolate Mofetil), PPI (Proton Pump Inhibitor), MRI (Magnetic Resonance Imaging), mPAP (Mean Pulmonary Arterial Pressure), PASP (Pulmonary Artery Systolic Pressure), SSc (Systemic Sclerosis).

## Supplementary Table 3 - Severity classification of infections adopted in the medical chart review process.

| Etiology                     | Severe   | Life-threatening  |
|------------------------------|--|---|
| Bacterial                    | <ul> <li>Bacteriemia without sepsis or deep<br/>organ involvement</li> <li>Bacterial focus requiring inpatient<br/>management</li> </ul>   | Bacteriemia with sepsis or deep organ involvement   |
| Viral                        | <ul> <li>Symptomatic Citomegalovirus infection<br/>without lower respiratory tract or<br/>intestinal involvement</li> <li>Varicella Zooster Virus infection without<br/>coagulopathy or organ involvement</li> </ul> | <ul> <li>Citomegalovirus lower respiratory tract<br/>or intestinal Citomegalovirus</li> <li>Varicella Zooster Virus infection with<br/>coagulopathy or organ involvement</li> <li>Any viral encephalitis</li> </ul> |
| Fungal                       | <ul> <li>Candidemia without sepsis or deep organ involvement</li> <li>Deep organ candida infection without sepsis or candidemia</li> <li>Aspergillus sinusitis without bone involvement</li> </ul>                   | <ul> <li>Candidemia with sepsis or deep organ involvement</li> <li>Aspergillus sinusitis with bone involvement or aspergillus pneumonia</li> <li>Any <i>Pneumocistis jirovecii</i> pneumonia</li> </ul>             |
| Parasitic                    | Toxoplasma infection without organ involvement.  | Toxoplasma infection with organ involvement   |
| Microbiological undetermined | <ul> <li>Any lower respiratory tract infection not<br/>needing oxygen supplementation.</li> <li>Any infectious symptoms requiring<br/>inpatient management.</li> </ul>   | <ul> <li>Any lower respiratory tract infection<br/>needing oxygen supplementation.</li> <li>Any sepsis syndrome requiring intensive<br/>care unit admission.</li> </ul>   |

|   | ASST Gaetano<br>Pini-CTO<br>Institute,<br>Milan | Azienda<br>Ospedaliera<br>Universitaria<br>Careggi,<br>Florence | Azienda<br>Ospedaliera<br>Universitaria<br>di Modena | Fondazione<br>Policlinico<br>Gemelli IRCCS,<br>Rome | IRCCS<br>Humanitas<br>Research<br>Hospital,<br>Rozzano | Leeds Institute of rheumatic and musculoskelet al diseases | Policlinico di<br>Bari Giovanni<br>XXIII | Policlinico<br>Umberto I,<br>Rome | San Raffaele<br>Hospital<br>IRCCS, Milan | Missing<br>data |
|---|---|---|--|---|--|--|--|-----------------------------------|--|-----------------|
| N                                       | 44  | 69  | 37   | 93  | 30   | 77   | 51                                       | 74                                | 70                                       | -               |
| Age, years, mean±SD                     | 54.2±13.5                                       | 50.4±15.0   | 51.6±14.8  | 50.0±15.2   | 54.8±13.2  | 50.2±13.2  | 58.7±12.7                                | 55.4±12.8                         | 56.0±14.6                                | 0               |
| <b>Male</b> , n (%)                     | 4 (9.1%)  | 10 (14.5%)  | 5 (13.5%)  | 12 (12.9%)  | 4 (13.3%)  | 20 (26.0%)   | 9 (17.6%)                                | 16 (21.6%)                        | 17 (24.3%)                               | 0               |
| BMI, kg/m², mean±SD                     | 22.2±3.4  | 24.6±4.5  | 22.5±2.7   | 24.2±3.9  | 24.2±4.7   | 25.2±5.0   | 26.2±3.8                                 | 23.5±4.5                          | 23.2±5.3                                 | 36              |
| Current or former smoker, n (%)         | 7 (15.9%)                                       | 7 (10.1%)   | 13 (35.1%)   | 39 (41.9%)  | 6 (20.0%)  | 26 (34.2%)   | 6 (11.8%)                                | 30 (40.5%)                        | 21 (30.0%)                               | 1               |
| Disease duration, years, median         | 4.0 (2.0,                                       | 2.0 (1.0, 5.0)  | 3.0 (1.0, 8.0)                                       | 3.0 (0.0, 8.0)                                      | 1.0 (0.0, 5.0)   | 1.0 (0.0, 4.0)   | 10.0 (2.5,                               | 1.0 (0.0,                         | 2.0 (0.0, 6.0)                           | 0               |
| (IQR)                                   | 9.0)  |   |  |   |  |  | 16.0)                                    | 6.8)                              |  |                 |
| Le Roy Diffuse cutaneous variant, n (%) | 41 (93.2%)                                      | 32 (46.4%)  | 19 (51.4%)   | 58 (62.4%)  | 20 (66.7%)   | 47 (61.0%)   | 7 (13.7%)                                | 43 (58.1%)                        | 31 (44.3%)                               | 0               |
| ACA positive, n (%)                     | 0 (0.0%)  | 10 (14.5%)  | 11 (29.7%)   | 8 (8.6%)  | 4 (13.3%)  | 37 (48.1%)   | 2 (3.9%)                                 | 7 (9.5%)                          | 9 (12.9%)                                | 0               |
| Anti-Scl70 positive, n (%)              | 35 (79.5%)                                      | 39 (56.5%)  | 19 (51.4%)   | 47 (50.5%)  | 15 (50.0%)   | 15 (19.5%)   | 37 (72.5%)                               | 41 (55.4%)                        | 39 (55.7%)                               | 0               |
| Capillaroscopy pattern                  |   |   |  |   |  |  |  |                                   |  | 35              |
| Nonspecific, n (%)                      | 8 (18.2%)                                       | 11 (23.4%)  | 0 (0.0%)   | 15 (16.1%)  | 0 (0.0%)   | 13 (16.9%)   | 7 (13.7%)                                | 20 (27.0%)                        | 9 (15.8%)                                |                 |
| Early scleroderma, n (%)                | 15 (34.1%)                                      | 11 (23.4%)  | 11 (29.7%)   | 5 (5.4%)  | 7 (23.3%)  | 13 (16.9%)   | 2 (3.9%)                                 | 17 (23.0%)                        | 11 (19.3%)                               |                 |
| Active scleroderma, n (%)               | 17 (36.2%)                                      | 14 (37.8%)  | 24 (25.8%)   | 22 (73.3%)  | 27 (35.1%)   | 22 (43.1%)   | 19 (25.7%)                               | 25 (43.9%)                        |  |                 |
| Late scleroderma, n (%)                 | 2 (4.5%)  | 8 (17.0%)   | 12 (32.4%)   | 49 (52.7%)  | 1 (3.3%)   | 24 (31.2%)   | 20 (39.2%)                               | 18 (24.3%)                        | 12 (21.1%)                               |                 |
| mRSS, median (IQR)                      | 7.0 (5.0,                                       | 4.0 (0.0, 9.5)  | 9.0 (6.0, 18.0)                                      | 9.5 (4.0, 14.0)                                     | 10.5 (6.0,   | 4.0 (2.0, 9.0)   | 2.0 (1.0,                                | 6.5 (4.0,                         | 7.5 (2.0, 13.0)                          | 55              |
|   | 12.0)   |   |  |   | 15.5)  |  | 4.5)                                     | 16.0)                             |  |                 |
| Digital ulcers, n (%)                   | 18 (40.9%)                                      | 34 (49.3%)  | 19 (51.4%)   | 45 (48.4%)  | 7 (23.3%)  | 45 (58.4%)   | 29 (56.9%)                               | 34 (45.9%)                        | 22 (31.4%)                               | 0               |
| Skin calcinosis, n (%)                  | 4 (9.1%)  | 7 (10.1%)   | 19 (51.4%)   | 20 (21.5%)  | 3 (10.0%)  | 29 (37.7%)   | 7 (13.7%)                                | 11 (14.9%)                        | 7 (10.0%)                                | 0               |
| Synovitis, n (%)                        | 11 (25.0%)                                      | 7 (10.1%)   | 13 (35.1%)   | 22 (23.7%)  | 5 (16.7%)  | 10 (13.0%)   | 3 (5.9%)                                 | 8 (10.8%)                         | 19 (27.1%)                               | 0               |
| Myositis, n (%)                         | 2 (4.5%)  | 8 (11.6%)   | 5 (13.5%)  | 13 (14.0%)  | 4 (13.3%)  | 8 (10.4%)  | 0 (0.0%)                                 | 2 (2.7%)                          | 9 (12.9%)                                | 0               |
| ILD on HRCT, n (%)                      | 44 (100.0%)                                     | 50 (72.5%)  | 33 (89.2%)   | 78 (83.9%)  | 24 (80.0%)   | 51 (66.2%)   | 47 (92.2%)                               | 57 (77.0%)                        | 50 (71.4%)                               | 0               |
| FVC, % of predicted, mean±SD            | 90.8±17.9                                       | 94.8±19.9   | 94.5±23.1  | 84.4±22.3   | 91.9±19.4  | 87.9±20.3  | 93.7±21.3                                | 91.8±24.7                         | 92.2±20.3                                | 11              |
| DLco, % of predicted, mean±SD           | 58.4±15.5                                       | 72.0±22.1   | 65.6±15.2  | 56.7±24.8   | 65.5±20.4  | 54.2±12.1  | 60.9±22.2                                | 63.4±18.2                         | 64.2±21.6                                | 18              |
| <b>PH</b> , n (%)                       | 6 (13.6%)                                       | 3 (4.3%)  | 9 (24.3%)  | 22 (23.7%)  | 3 (10.0%)  | 13 (16.9%)   | 15 (29.4%)                               | 3 (4.1%)                          | 7 (10.0%)                                | 0               |
| Severe gastro-esophageal                | 30 (68.2%)                                      | 50 (72.5%)  | 32 (86.5%)   | 76 (81.7%)  | 14 (46.7%)   | 53 (68.8%)   | 45 (88.2%)                               | 39 (52.7%)                        | 49 (70.0%)                               | 0               |
| involvement, n (%)                      |   |   |  |   |  |  |  |                                   |  |                 |
| Severe intestinal involvement, n (%)    | 1 (2.3%)  | 7 (10.1%)   | 14 (37.8%)   | 27 (29.0%)  | 1 (3.3%)   | 14 (18.2%)   | 8 (15.7%)                                | 13 (17.6%)                        | 11 (15.7%)                               | 0               |
| MMF starting dose                       | - / /   | - (()   | - (()  | - ()  |  | - (()  | - (()                                    | - (()                             |  | 0               |
| Full dose (3.0 g/die), n (%)            | 2 (4.5%)  | 2 (2.9%)  | 0 (0.0%)   | 0 (0.0%)  | 10 (33.3%)   | 3 (3.9%)   | 0 (0.0%)                                 | 0 (0.0%)                          | 18 (25.7%)                               |                 |
| Low dose (0.5-1.5 g/die), n (%)         | 14 (31.8%)                                      | 10 (14.5%)  | 24 (64.9%)   | 2 (2.2%)  | 12 (40.0%)   | 10 (13.0%)   | 10 (19.6%)                               | 36 (48.6%)                        | 11 (15.7%)                               |                 |

|                                       | ASST Gaetano<br>Pini-CTO<br>Institute,<br>Milan | Azienda<br>Ospedaliera<br>Universitaria<br>Careggi,<br>Florence | Azienda<br>Ospedaliera<br>Universitaria<br>di Modena | Fondazione<br>Policlinico<br>Gemelli IRCCS,<br>Rome | IRCCS<br>Humanitas<br>Research<br>Hospital,<br>Rozzano | Leeds Institute of rheumatic and musculoskelet al diseases | Policlinico di<br>Bari Giovanni<br>XXIII | Policlinico<br>Umberto I,<br>Rome | San Raffaele<br>Hospital<br>IRCCS, Milan | Missing<br>data |
|---------------------------------------|---|---|--|---|--|--|--|-----------------------------------|--|-----------------|
| Standard dose (2.0-2.5 g/die) , n (%) | 28 (63.6%)                                      | 57 (82.6%)  | 13 (35.1%)   | 91 (97.8%)  | 8 (26.7%)  | 64 (83.1%)   | 41 (80.4%)                               | 38 (51.4%)                        | 41 (58.6%)                               |                 |
| Preliminary CYC treatment, n (%)      | 14 (31.8%)                                      | 19 (27.5%)  | 3 (8.1%)   | 34 (36.6%)  | 1 (3.3%)   | 34 (44.2%)   | 2 (3.9%)                                 | 10 (13.5%)                        | 5 (7.1%)                                 | 0               |
| Combination of                        | 10 (22.7%)                                      | 2 (2.9%)  | 10 (27.0%)   | 13 (14.0%)  | 6 (20.0%)  | 9 (11.7%)  | 10 (19.6%)                               | 2 (2.7%)                          | 18 (25.7%)                               | 0               |
| immunosuppressants, n (%)             |   |   |  |   |  |  |  |                                   |  |                 |
| Combination of MMF and RTX, n (%)     | 9 (20.5%)                                       | 2 (2.9%)  | 8 (21.6%)  | 9 (9.7%)  | 6 (20.0%)  | 8 (10.4%)  | 6 (11.8%)                                | 2 (2.7%)                          | 12 (17.1%)                               | 0               |
| Combination of MMF and                | 22 (50.0%)                                      | 20 (29.0%)  | 16 (43.2%)   | 23 (24.7%)  | 5 (16.7%)  | 28 (36.4%)   | 32 (62.7%)                               | 43 (58.1%)                        | 25 (35.7%)                               | 0               |
| corticosteroids, n (%)                |   |   |  |   |  |  |  |                                   |  |                 |
| Combination of MMF and NTD, n         | 7 (15.9%)                                       | 1 (1.4%)  | 0 (0.0%)   | 2 (2.2%)  | 2 (6.7%)   | 2 (2.6%)   | 0 (0.0%)                                 | 3 (4.1%)                          | 12 (17.1%)                               | 0               |
| (%)                                   |   |   |  |   |  |  |  |                                   |  |                 |
| Diabetes mellitus, n (%)              | 1 (2.3%)  | 2 (2.9%)  | 2 (5.4%)   | 6 (6.5%)  | 0 (0.0%)   | 2 (2.6%)   | 5 (9.8%)                                 | 9 (12.2%)                         | 5 (7.1%)                                 | 0               |
| COPD, n (%)                           | 0 (0.0%)  | 0 (0.0%)  | 1 (2.7%)   | 2 (2.2%)  | 0 (0.0%)   | 3 (3.9%)   | 4 (7.8%)                                 | 3 (4.1%)                          | 1 (1.4%)                                 | 0               |
| <b>CKD</b> , n (%)                    | 0 (0.0%)  | 0 (0.0%)  | 6 (16.2%)  | 2 (2.2%)  | 0 (0.0%)   | 1 (1.3%)   | 2 (3.9%)                                 | 6 (8.1%)                          | 1 (1.4%)                                 | 0               |
| Chronic viral hepatitis, n (%)        | 1 (2.3%)  | 4 (5.8%)  | 0 (0.0%)   | 5 (5.4%)  | 2 (6.7%)   | 1 (1.3%)   | 4 (7.8%)                                 | 0 (0.0%)                          | 1 (1.4%)                                 | 0               |
| Major cardiovascular events, n (%)    | 1 (2.3%)  | 0 (0.0%)  | 3 (8.1%)   | 4 (4.3%)  | 5 (16.7%)  | 7 (9.1%)   | 5 (9.8%)                                 | 0 (0.0%)                          | 8 (11.4%)                                | 0               |
| Cancer, n (%)                         | 3 (6.8%)  | 2 (2.9%)  | 4 (10.8%)  | 7 (7.5%)  | 3 (10.0%)  | 1 (1.3%)   | 8 (15.7%)                                | 3 (4.1%)                          | 4 (5.7%)                                 | 0               |

ACA (Anti-centromere Antibody), BMI (Body Mass Index), CKD (chronic kidney disease), COPD (Chronic obstructive pulmonary disease), CYC (Cyclophosphamide), DLco (Diffusion Capacity of the Lung for Carbon Monoxide), FVC (Forced Vital Capacity), HRCT (High-Resolution Computed Tomography), ILD (Interstitial Lung Disease), IQR (Interquartile Range), MMF (Mycophenolate Mofetil), NTD (Nintedanib), mRSS (Modified Rodnan Skin Score), PH (Pulmonary Hypertension), RTX (Rituximab), SD (Standard Deviation).

Supplementary Table 5: Comparison of clinical characteristics according to the clinical strategy after AEs-related MMF discontinuation.

|  | Wait and see     | Active rescue   |         |
|--|------------------|-----------------|---------|
|  | N = 33           | N = 32          | p-value |
| Age, years, mean±SD                        | 53.6±13.6        | 56.4±12.9       | 0.4     |
| Male gender                                | 5 (15.2%)        | 4 (12.5%)       | >0.9    |
| BMI, kg/m², mean±SD                        | 24.8±5.3         | 22.6±4.8        | 0.081   |
| Current or former smoker                   | 12 (36.4%)       | 11 (34.4%)      | 0.9     |
| Disease duration, years, median (IQR)      | 2.0 (0.0, 5.0)   | 6.0 (2.0, 13.3) | 0.004   |
| Le Roy Diffuse cutaneous variant           | 14 (42.4%)       | 17 (53.1%)      | 0.4     |
| ACA positive                               | 5 (15.2%)        | 6 (18.8%)       | 0.7     |
| Anti-Scl70 positive                        | 10 (30.3%)       | 16 (50.0%)      | 0.11    |
| Capillaroscopy pattern                     |                  |                 | >0.9    |
| Nonspecific                                | 3 (9.7%)         | 4 (13.8%)       |         |
| Early scleroderma                          | 12 (38.7%)       | 10 (33.4%)      |         |
| Active scleroderma                         | 5 (16.1%)        | 4 (13.8%)       |         |
| Late scleroderma                           | 11 (35.5%)       | 11 (37.9%)      |         |
| mRSS, median (IQR)                         | 10.0 (4.0, 13.5) | 5.0 (3.0, 12.0) | 0.5     |
| Digital ulcers                             | 15 (45.5%)       | 17 (53.1%)      | 0.5     |
| Skin calcinosis                            | 10 (30.3%)       | 10 (31.3%)      | >0.9    |
| Synovitis                                  | 5 (15.2%)        | 10 (31.3%)      | 0.12    |
| Myositis                                   | 5 (15.2%)        | 2 (6.3%)        | 0.4     |
| ILD on HRCT                                | 26 (78.8%)       | 28 (87.5%)      | 0.3     |
| FVC, % of predicted, mean±SD               | 93.5±17.5        | 82.5±21.0       | 0.025   |
| <b>DLco</b> , % of predicted, mean±SD      | 57.9±20.2        | 50.5±19.9       | 0.15    |
| Pulmonary Hypertension                     | 6 (18.2%)        | 9 (28.1%)       | 0.3     |
| Severe gastro-esophageal involvement       | 22 (66.7%)       | 25 (78.1%)      | 0.3     |
| Severe intestinal involvement              | 9 (27.3%)        | 12 (37.5%)      | 0.4     |
| MMF starting dose                          | , ,              | , ,             | 0.7     |
| Low dose (0.5-1.5 g/die)                   | 6 (18.2%)        | 9 (28.1%)       |         |
| Standard dose (2.0-2.5 g/die)              | 26 (78.8%)       | 22 (68.8%)      |         |
| Full dose (3.0 g/die)                      | 1 (3.0%)         | 1 (3.1%)        |         |
| Preliminary CYC treatment                  | 11 (33.3%)       | 7 (21.9%)       | 0.3     |
| Combination of immunosuppressants          | 1 (3.0%)         | 6 (18.8%)       | 0.054   |
| Combination of MMF and RTX                 | 0 (0.0%)         | 6 (18.8%)       | 0.011   |
| Combination of MMF and corticosteroids     | 8 (24.2%)        | 14 (43.8%)      | 0.10    |
| Combination of MMF and NTD                 | 0 (0.0%)         | 2 (6.3%)        | 0.2     |
| Diabetes mellitus                          | 3 (9.1%)         | 2 (6.3%)        | >0.9    |
| COPD                                       | 1 (3.0%)         | 2 (6.3%)        | 0.6     |
| CKD  | 0 (0.0%)         | 3 (9.4%)        | 0.11    |
| Chronic viral hepatitis                    | 1 (3.0%)         | 1 (3.1%)        | >0.9    |
| Chronic viral hepatitis                    | 1 (3.0%)         | 4 (12.5%)       | 0.2     |
| Major cardiovascular events                | 2 (6.1%)         | 1 (3.1%)        | >0.9    |
| Discontinuation due to GI intolerance      | 11 (33.3%)       | 15 (46.9%)      | 0.3     |
| Discontinuation due to laboratory toxicity | 4 (12.1%)        | 6 (18.8%)       | 0.5     |
| Discontinuation due to severe infection    | 5 (15.2%)        | 1 (3.1%)        | 0.2     |
| Discontinuation due to recurrent infection | 6 (18.2%)        | 3 (9.4%)        | 0.5     |
| Discontinuation due to cancer              | 5 (15.2%)        | 3 (9.4%)        | 0.7     |

ACA (Anti-centromere Antibody), AE (Adverse event), BMI (Body Mass Index), CKD (chronic kidney disease), COPD (chronic obstructive pulmonary disease), CYC (Cyclophosphamide), DLco (Diffusion Capacity of the Lung for Carbon Monoxide), FVC (Forced Vital Capacity), GI (Gastro-intestinal), HRCT (High-Resolution Computed Tomography), ILD (Interstitial Lung Disease), IQR (Interquartile Range), MMF (Mycophenolate Mofetil), NTD (Nintedanib), mRSS (Modified Rodnan Skin Score), PH (Pulmonary Hypertension), RTX (Rituximab), SD (Standard Deviation).