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Supporting unpaid carers around hospital leave

KNOW	Be knowledgeable about leave and what it means for carers
IDENTIFY	Identify carers and check what support they need
SUPPORT AND REFER	Support carers, give them information about other support, and refer for support as needed
INFORM	Tell carers about 'life on the ward'
INFORM	Talk to carers about leave and give them written information from the start of the admission
INVOLVE	Involve carers in planning any leave that is happening with them
INVOLVE	Discuss any changes to leave with carers as far in advance as possible
CO-WORK	Handover care to carers for leave as you would for staff
CO-WORK	Get feedback from carers within 24 hours of leave
SUPPORT AND REFER	Support carers when leave is challenging, and refer them for support as needed

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