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1 **Effects of secukinumab on synovitis and enthesitis in patients with psoriatic arthritis: 52-**  
2 **week clinical and ultrasound results from the randomised, double-blind ULTIMATE trial**  
3 **with open label extension**

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37 **Keywords:** Psoriatic arthritis, Power Doppler ultrasonography, OMERACT, Synovitis,  
38 Enthesitis, Clinical response

39 **Statement of clinical significance**

40 **What was already known before the study was performed?**

41 Secukinumab, a human monoclonal antibody that directly inhibits interleukin 17A, has  
42 previously demonstrated sustained efficacy on signs and symptoms, inhibition of structural  
43 damage progression, and a favourable long-term safety profile in patients with psoriatic arthritis  
44 (PsA) over 5 years. However, little is known on its direct effect on synovitis and enthesitis and  
45 the dynamics of such response measured by power Doppler ultrasound (PDUS).

46 **What does this study add?**

47 In PsA patients followed over 52 weeks, secukinumab led to stable improvement of clinical  
48 synovitis and enthesitis. PDUS confirmed improvements in synovitis at tissue-level, and  
49 PDUS-detected enthesitis showed a numerical improvement.

50 **Abstract**

51 **Objectives:** In the ULTIMATE study with open label extension, we assessed the long-term  
52 effect of secukinumab at tissue level on synovitis and enthesitis, and across all psoriatic arthritis  
53 (PsA) manifestations, using both clinical and power Doppler ultrasonography (PDUS)  
54 evaluations.

55 **Methods:** This randomised, placebo-controlled, Phase 3 study (ULTIMATE) included biologic-  
56 naïve patients with PsA with active PDUS synovitis and clinical enthesitis, and inadequate  
57 response to conventional synthetic disease-modifying antirheumatic drugs. The study consisted  
58 of 3 treatment periods; in the first (baseline to week 12) patients were randomised to receive  
59 subcutaneous secukinumab (150 mg or 300 mg according to severity of skin psoriasis) or  
60 placebo every week until week 4 and once every 4 weeks up to week 12. In the second period  
61 (weeks 12–24) all patients received open-label secukinumab with placebo patients switching to  
62 secukinumab (150 mg or 300 mg). The third period (weeks 24–52) extended open-label  
63 treatment. The long-term responsiveness of the Global EULAR-OMERACT Synovitis Score  
64 (GLOESS), clinical enthesitis and global PDUS-detected enthesitis score (using two candidate  
65 definitions of activity) at patient level, together with clinical efficacy across key manifestations of  
66 PsA and safety were assessed.

67 **Results:** Of the 166 patients enrolled, 144 completed week 52. A significant reduction in  
68 GLOESS was demonstrated in the secukinumab group vs placebo at week 12, followed by a  
69 stable reduction of synovitis until week 52 in the secukinumab group while placebo switchers  
70 from week 12 reached a similar level of reduction at week 24 with stability afterwards. Likewise,  
71 a significant reduction in the Spondyloarthritis Research Consortium of Canada (SPARCC)  
72 enthesitis index was shown in the secukinumab group vs placebo at week 12 with sustained

73 improvement to week 52. Global OMERACT PDUS enthesitis scores were numerically lower in  
74 secukinumab vs placebo switchers in the first two treatment periods, with some stability in the  
75 third period in both groups. Improvements in clinical responses were also observed across all  
76 key domains of PsA up to week 52 in both treatment groups with no new or unexpected safety  
77 signals.

78 **Conclusions:** ULTIMATE showed consistent improvements in clinically and ultrasound-  
79 assessed synovitis and enthesitis and sustained clinical efficacy through week 52 in patients  
80 with PsA treated with secukinumab and placebo switched to secukinumab.

81 **Keywords:** Psoriatic arthritis, Power Doppler ultrasonography, OMERACT, Synovitis,  
82 Enthesitis, Clinical response

83 **Trial registration.** ClinicalTrials.gov, NCT02662985. Registered on 26 January 2016.

## 84 **Background**

85 Psoriatic arthritis (PsA) is a chronic inflammatory disease of the joints leading to progressive  
86 damage of articular and periarticular structures, which can result in disability [1]. Synovitis is an  
87 important feature of PsA that impacts peripheral joints and may lead to structural damage and  
88 impairment of physical function. Enthesitis, the inflammation of the insertion of tendons,  
89 ligaments, aponeurosis and capsules into the bone, is considered a pathological hallmark of  
90 PsA [2].

91 Power Doppler ultrasonography (PDUS), a combination of ultrasonography (US) in B-mode  
92 and power Doppler (PD), permits visualisation of different forms of synovial and extrasynovial  
93 inflammation in PsA, such as synovitis, enthesitis, dactylitis, bursitis, and tenosynovitis, as well  
94 as structural lesions, such as bone proliferation and erosions [3-6]. The introduction of PD in  
95 addition to B-mode has provided greater details of synovial blood cell movements and increased  
96 sensitivity to low-volume and low-velocity blood flow at the microvascular level [7]. The  
97 European Alliance of Associations for Rheumatology (EULAR) and Group for Research and  
98 Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) have released treatment and  
99 management recommendations for predominant peripheral arthritis and enthesal disease in  
100 PsA that include US evaluation as an accepted method for detecting synovitis and enthesitis.

101 EULAR and the Outcome Measures in Rheumatology (OMERACT) initiative have recently  
102 standardised the use of PDUS for detecting synovitis and have developed a composite scoring  
103 system at joint and patient level, the global EULAR-OMERACT synovitis score (GLOESS), and  
104 have demonstrated its reliability, validity and feasibility to detect and score synovitis in  
105 rheumatoid arthritis and PsA [3,8]. PDUS is also a sensitive method for detecting enthesitis  
106 because it depicts the structural modifications and the increased vascularity of the enthesis  
107 once inflamed [9]. Within OMERACT, the development of a PDUS enthesitis score started with  
108 a Delphi exercise to define enthesitis and its core components [11]. The definitions include

109 hypoechogenicity, thickening, and Doppler signal as signs of inflammation, as well as erosions,  
110 enthesophytes, calcifications, and cortical irregularities as signs of structural changes [12,13]. In  
111 addition, a PDUS scoring system for enthesitis for use in clinical studies has been developed  
112 [2].

113 Secukinumab, a fully human monoclonal antibody that inhibits interleukin (IL)-17A has  
114 demonstrated sustained efficacy and safety in patients with PsA up to 5 years [14] and  
115 sustained inhibition of structural damage progression in PsA up to 3 years [15,16]. ULTIMATE  
116 (NCT02662985) was the first, large, randomised, double-blind, placebo-controlled, 52-week  
117 Phase 3 study that assessed the responsiveness of PDUS parameters to PsA treatment using  
118 GLOESS as the primary endpoint. It demonstrated that secukinumab rapidly and significantly  
119 decreased synovitis in PsA. All key secondary endpoints were also achieved, including the  
120 effect on clinical enthesitis as measured by the Spondyloarthritis Research Consortium of  
121 Canada (SPARCC) index, and the superior American College of Rheumatology (ACR)  
122 responses versus placebo at 12 weeks [8,9]. We report here the 52-week results of PDUS-  
123 assessed synovitis, clinical enthesitis, and of two “novel candidate” OMERACT enthesitis PDUS  
124 scores, as well as long-term clinical response across key manifestations of PsA.

125

## 126 **Methods**

### 127 **Study design and patients**

128 ULTIMATE is a multicentre, randomised, double-blind, placebo-controlled, 52-week Phase 3  
129 study, conducted across 37 sites in 17 countries. Details of the study design have been  
130 published elsewhere [8]. The study consisted of 3 treatment periods (TPs) following a screening  
131 phase: Treatment period 1 (TP1 from baseline to week 12) which was a double-blind, placebo-  
132 controlled phase where patients were either randomly assigned to placebo or secukinumab 150  
133 or 300 mg according to the severity of skin psoriasis; treatment period 2 (TP2 from week 12 to

134 week 24) which was an open-label phase where patients receiving placebo were switched to  
135 secukinumab similarly to the initial secukinumab group who continued on the same dose, and;  
136 treatment period 3 (TP3 from week 24 to week 52) which was an optional open-label extension  
137 period.

138 Detailed inclusion and exclusion criteria previously published [8] are provided in the  
139 **Supplementary Appendix**. The main inclusion criteria were adult patients with active PsA  
140 defined by at least 3 clinical tender joints and 3 swollen joints, active PDUS-detected synovitis  
141 according to a pre-defined cut-off, and at least one clinical enthesitis site, as defined by the  
142 SPARCC index. Importantly, there was no requirement for the presence of an active PDUS  
143 enthesitis. Patients had an inadequate response to conventional synthetic disease-modifying  
144 anti-rheumatic drugs (csDMARDs) and were naïve to biologic (b)DMARDs.

145 Patients could receive a stable dose of background rheumatic therapy during the first 24  
146 weeks and adjustments of these treatments were allowed afterwards from weeks 24 to 52.

#### 147 **Clinical evaluations**

148 A detailed physical examination of joints and entheses was performed at each visit, blinded  
149 to the results of the other evaluations and of the responses to composite indexes. Clinical  
150 assessments across different manifestations of PsA were made on joints with ACR20/50/70  
151 responses, on clinical enthesitis with SPARCC assessment, on dactylitis based on the Leeds  
152 Dactylitis Index (LDI), and on skin with the Psoriasis Area and Severity Index (PASI) score in  
153 patients with a psoriasis body surface area (BSA) >3%. All evaluations were performed from  
154 baseline to week 12 and in the open-label period of the study from week 12 to week 52. In  
155 addition, more stringent composite indices, i.e. disease activity in PsA (DAPSA) remission, and  
156 DAPSA low disease activity (LDA), minimal disease activity (MDA), and very low disease  
157 activity (VLDA) were assessed at weeks 24 and 52.

158 Safety assessments for the occurrence of adverse events (AEs), serious AEs (SAEs), and  
159 serious or other significant events were conducted for the entire TP of up to 52 weeks.

160 Details on clinical evaluations and of randomisation and drug administration are provided in  
161 the **Supplementary Appendix**.

162 The study protocol and its amendments were reviewed and approved by the respective  
163 independent ethics committee or institutional review board of each participating centre. The  
164 study was conducted according to the International Council for Harmonisation (ICH) E6  
165 Guideline for Good Clinical Practice (GCP) that has its origin in the Declaration of Helsinki [17].  
166 Written informed consent was obtained from all enrolled patients. Data were collected in  
167 accordance with the GCP guidelines by the study investigators and analysed by the study  
168 sponsor.

#### 169 **Assessment of joints and enthesitis by ultrasound**

170 PDUS evaluation of synovitis and enthesitis was performed at screening, baseline and  
171 weeks 1, 2, 4, 8, 12, 16, 20, 24, 36, and 52. A total of 24 pairs of joints were evaluated  
172 bilaterally [8]. The presence of synovitis according to EULAR-OMERACT definition [8] was  
173 scored on a PDUS composite semi-quantitative scale (range 0–3) [3-6] at joint level and its core  
174 components: hypoechoic synovial hypertrophy (SH) and PD synovial signals at each visit. The  
175 GLOESS at patient level was calculated as the sum of each PDUS composite score for 24 pairs  
176 of joints examined, with a score range of 0–144. Further details on PDUS measures of synovitis  
177 and grading of severity are provided in **Supplementary Table 1** and was reported in the  
178 primary manuscript [8].

179 Simultaneously, a total of 6 targeted pairs of entheses were examined bilaterally: common  
180 extensor tendon at the lateral humeral epicondyle insertion, quadriceps tendon at its insertion at  
181 the superior pole of the patella, patellar tendon at its proximal insertion at the inferior pole of the

182 patella, patellar tendon at its distal insertion at the tibial tuberosity, Achilles tendon at its  
183 insertion at the calcaneus, and plantar aponeurosis at its insertion at the calcaneus.

184 Each affected enthesis out of the 6 bilateral sites was scored in terms of inflammatory and  
185 morphological components according to the OMERACT enthesitis composite semi-quantitative  
186 scale (range 0–3). Two definitions of activity at site level were used to derive two OMERACT  
187 (PDUS) enthesitis scores (at patient level) for the first time in this study and are reported in  
188 **Table 1**. Definition 1 combines the rating of inflammatory abnormalities with B-mode (range 0–  
189 1) and inflammation activity with PD signal (range 0–3); Definition 2 only uses the PD signal  
190 rating (range 0–3) [8,18]. The severity was graded with the help of an atlas, available in each  
191 centre that had examples of B-mode and PD grading for each examined enthesis site  
192 **(Supplementary Table 2)**.

193 The global OMERACT enthesitis score comprises the sum of each single abnormal site of  
194 the 6 bilateral targeted entheses, with a range of 0–48 using Definition 1 and a range of 0–36  
195 using Definition 2. The total time required for each PDUS assessment of joint inflammation and  
196 enthesitis in the study was recorded in the electronic case report form (eCRF) to evaluate the  
197 variability of time spent by ultrasonographers to assess multiple joints and enthesitis across the  
198 sites.

199 All PDUS evaluations were performed at each site by an independent expert with more than  
200 5 years of experience in musculoskeletal US and who was blinded to clinical evaluation. To  
201 ensure homogeneity of PDUS synovitis and enthesitis scoring, all US investigators were  
202 EULAR-certified and completed an extensive 2-day training session, including US examination  
203 of patients with PsA [8]. In addition, US settings were not changed during the study,  
204 standardised joint, enthesis, and probe positions were used, and software was not upgraded.  
205 Centres were advised to create a fixed study setting to be used at each evaluation. Moreover,

206 the quality and the Doppler capability of the ultrasound machines were verified prior to  
207 confirming site participation in the trial according to previous ultrasound studies [18].

208 All images for enthesitis and synovitis were also recorded, anonymised, and sent for central  
209 reading for the first patient enrolled at each centre to allow a verification of the consistent  
210 scoring across sites. Training session and central reading of images collected from the first  
211 patient enrolled in each site were considered adequate to ensure a homogeneous rating across  
212 sites. High-resolution PDUS machines (ESAOTE, Acuson, Logic Series 9, 7 and enext GE,  
213 Siemens or other, such as Toshiba Xario 200, Toshiba Aplio [300, 400], Aloka Arietta V70, and  
214 Samsung HS60) with high frequency transducers in the range of 12–18 MHz  
215 were used. B-mode and Doppler parameters were adjusted based on the device used (range of  
216 pulse repetition frequency 400–800 Hz; Doppler frequency 7–14.1 MHz). During follow-up, each  
217 patient was examined with the same PDUS machine.

## 218 **Statistical analysis**

219 The detailed primary analysis and key secondary analyses of the ULTIMATE study for the first  
220 12 weeks have been published previously [8]. All efficacy analyses were performed based on  
221 the full analysis set that comprised all randomised patients to whom study treatment had been  
222 assigned. All safety analyses were performed based on the safety set which included all  
223 patients who took at least one dose of study treatment during the TP.

224 Inferential efficacy comparisons between the secukinumab and placebo groups were limited  
225 to the first 12 weeks of treatment before any treatment switch. After week 12, only descriptive  
226 summaries were provided by treatment sequences, which represent the treatment combinations  
227 the subjects experienced over the course of the entire trial: secukinumab (150 mg and 300 mg  
228 groups combined) and placebo to secukinumab (150 mg and 300 mg groups combined). The  
229 between-treatment differences at week 12 were compared with a mixed-effect repeated  
230 measures model that included treatment regimen, centre, and analysis visit as factors and

231 baseline weight and baseline score as continuous covariates. Treatment by analysis visit was  
232 also included as an interaction term in the model.

233 All descriptive summaries of efficacy variables up to week 52 were presented as observed.  
234 Safety analyses included all patients who received at least one dose of study medication. AEs  
235 were reported as absolute frequencies during the placebo-controlled period. All statistical  
236 analyses were performed by Novartis with SAS version 9.3 or higher.

## 237 **Results**

### 238 ***Demographics and baseline disease characteristics***

239 Of the 166 patients randomised to secukinumab (N=83) or placebo (N=83), 144 patients  
240 completed 52 weeks (75 [90%] patients in the secukinumab group and 69 [83%] patients in the  
241 placebo to secukinumab [placebo switchers] group). Details on patient disposition across the 3  
242 treatment periods are provided on **Supplementary Figure 1**. Seven patients (2 patients [2.4%]  
243 in the secukinumab group and 5 patients [6.0%] in the placebo switcher group) discontinued the  
244 study during TP3, mainly due to AEs (n=2, one in each treatment group) and patient/guardian  
245 decisions (n=2, one in each treatment group). Discontinuation rates were higher during TP3  
246 than TP2 mainly due to the COVID-19 pandemic and not due to lack of treatment efficacy.

247 The proportion of patients with at least one protocol deviation was 41% in the secukinumab  
248 group and 39% in the placebo switcher group, with details presented in **Supplementary Table**  
249 **3**. Ten patients (6%) received prohibited concomitant medication, of which 3 received an  
250 unstable and transient dose of non-steroidal anti-inflammatory drugs (NSAIDs) from week 16 to  
251 20 (due to AE) and from week 20 to 24 (patient decision). Overall, 24 patients (14.5%) in the  
252 entire TP had  $\geq 1$  coronavirus disease 2019 (COVID-19) pandemic-related protocol deviation  
253 (secukinumab group: 11 patients [13.3%]; placebo switcher group: 13 patients [15.7%]), which  
254 was mainly due to lockdown/quarantine of patients due to the COVID-19 situation and drug  
255 supply issues.

256 Demographics and baseline clinical characteristics have been described previously [8] and  
257 were comparable between treatment groups (**Supplementary Table 4**). The mean tender joint  
258 count was 13 in the secukinumab group and 15 in the placebo group; the mean swollen joint  
259 count was 10 in the secukinumab group and 9 in the placebo group. Furthermore, the GLOESS  
260 scores were 24 in the secukinumab group and 27 in the placebo group (**Table 2**).

261 During the course of the trial, 59%, 42.8%, 22.3% and 13.3% of patients received NSAIDs,  
262 methotrexate, systemic corticosteroids and csDMARDs, respectively.

### 263 ***Efficacy on PDUS synovitis over time***

264 In TP1 the secukinumab group showed a significant decrease in PDUS synovitis versus placebo  
265 (GLOESS -9 [0.9] versus -6 [0.9], difference [95% CI]: -3 [-6; -1]; one-sided  $P=0.004$ ) as  
266 described previously [8]. In TP2 and TP3, PDUS synovitis remained stable up to week 52 in the  
267 secukinumab group, while it continued to gradually decrease in the placebo switcher group to  
268 reach levels similar to the secukinumab group from week 24 onwards (**Figure 1A–1C**,  
269 **Supplementary Table 6**). Among the two core components of GLOESS, PD signal showed  
270 smaller improvements than SH score throughout the trial. The distribution of synovitis by grade  
271 of severity at joint level showed that metatarsophalangeal joints, wrist, knee, and  
272 metacarpophalangeal 1 and 2 joints, which contributed to the severity at baseline, were the  
273 most responsive over time (**Figure 2**). Clinical synovitis as assessed by swollen joint counts  
274 also improved from baseline to week 52 (**Supplementary Table 7**).

### 275 ***Efficacy on clinical and PDUS enthesitis over time***

276 In TP1 the secukinumab group showed a significant decrease in clinical enthesitis versus  
277 placebo (SPARCC, -2.2 [0.3] versus -1.6 [0.3], difference [95% CI]: 0.7 [-1.37, 0.04]; one-  
278 sided  $P=0.03$ ). In TP2 enthesitis improved in both groups with the placebo switcher group  
279 catching up to reach levels similar improvement to secukinumab; these levels were sustained in

280 TP3 (**Figure 3**). Several Patients in both groups experienced sustained resolution of enthesitis  
281 at weeks 24 and 52 (**Supplementary Table 7**).

282 Compared to the mean number of tender entheses (4 in both groups) the mean global  
283 PDUS enthesitis scores (both Definition 1 and 2) were lower and imbalanced across the two  
284 treatment groups at baseline (**Table 2**), reflecting the lack of an ultrasound-detected enthesitis  
285 inclusion criterion. In addition, more patients with clinical enthesitis met PDUS enthesitis  
286 Definition 1 (B-mode and PD signal combined) than Definition 2 (PD signal only): 88%  
287 secukinumab vs 74% placebo; and 41% vs 24%, respectively. At baseline, PDUS enthesitis  
288 (Definition 1) was frequently found at the quadriceps tendon insertion, Achilles tendon and  
289 lateral epicondyle, consistent with clinical findings (medial epicondyle also clinically affected but  
290 not assessed by ultrasound) (**Figures 4 and 5**). The distribution of PDUS enthesitis as per  
291 Definition 2 was consistent with that of Definition 1 (**Figure 5**), but the prevalence was lower by  
292 this definition as some sites (especially the plantar fascia) were PD-negative.

293 In TP1 the secukinumab group showed a trend for more decrease in PDUS enthesitis  
294 versus placebo (see **Supplementary Table 5 and Figure 6A and 6B**). Decreases were more  
295 profound for Definition 1 than for Definition 2. In TP2 PDUS enthesitis improved in both groups  
296 with the placebo switcher group catching up to reach levels similar to secukinumab; these levels  
297 were sustained in TP3, with some variability at the study end in the placebo switcher group  
298 related to a lower number of patients (**Figure 6A and 6B, Supplementary Table 5**). This is also  
299 reflected in the mean number of PDUS-positive enthesial sites (score >0; **Supplementary**  
300 **Figure 2A and 2B**). The most responsive enthesitis sites by PDUS were the lateral epicondyle,  
301 followed by the quadriceps tendon and patellar ligament (**Figure 5**).

302 No meaningful correlation was observed between global OMERACT enthesitis score and  
303 corresponding clinical enthesitis from total SPARCC scores with regards to change from  
304 baseline to week 24 (**Supplementary Table 8**).

305 ***Other clinical efficacy assessments***

306 Sustained clinical improvements up to week 52 were observed in ACR responses  
307 (**Supplementary Figure 3**), dactylitis as assessed by LDI resolution and in the PASI 90  
308 response in both treatment groups up to week 52 (**Supplementary Table 7**). An increasing  
309 proportion of patients met LDA or remission according to MDA, DAPSA LDA+ remission or  
310 VLDA and DAPSA remission between weeks 24 and 52 in both the secukinumab and placebo  
311 switcher groups.

312 No correlation was observed at any time point between changes from baseline in GLOESS  
313 versus any ACR core components.

314 The safety profile of secukinumab in the current study was consistent with the known safety  
315 profile of secukinumab in previously published studies [14, 20], with no new or unexpected  
316 safety signals (**Supplementary Table 9**). The open label extension phase overlapped with the  
317 beginning of the COVID-19 pandemic and one patient died owing to COVID-19 while receiving  
318 secukinumab 150 mg. Two other patients had confirmed COVID-19 infection; the events were  
319 not considered related to the study drug, and both resolved.

320 **Discussion**

321 ULTIMATE study was the first international multicentre long-term study to document the  
322 responsiveness of PDUS on synovitis and on enthesitis in patients with PsA with inadequate  
323 response to csDMARDs starting treatment with secukinumab. It showed that the IL-17A  
324 inhibition led to a rapid reduction of PDUS-detected synovitis (primary endpoint) through  
325 week 12 followed by a plateau effect up to week 52. A similar pattern was seen for the clinical  
326 enthesitis response (key secondary endpoint). Two new scoring systems have been proposed  
327 for the evaluation of ultrasound detected enthesitis to explore enthesitis activity, which showed  
328 similar trends, but the low prevalence of PDUS-positive enthesitis at baseline precluded a full  
329 assessment of the value of these scores. These data complement earlier studies showing

330 beneficial effects of secukinumab on signs and symptoms of PsA and suggest that this  
331 treatment approach has the potential to control the inflammation of joints and entheses in PsA.  
332 So far, only short-term effects of secukinumab in controlling synovitis were reported [8].

333 With respect to the PDUS synovitis response, a small decrease of synovitis was also  
334 observed in the placebo group over the first 12 weeks followed by a rapid reduction of synovitis,  
335 once placebo patients were switched to secukinumab similar to that of secukinumab group up to  
336 week 52 and was consistent with the long term response on clinical synovitis observed in  
337 FUTURE 2 and FUTURE 5 studies [20,21]. The composite score incorporates both PD and SH  
338 measures of synovitis, evaluating changes in both activity and morphology of synovitis. Of  
339 interest, it was the SH score but not PD signal that contributed predominantly to responsiveness  
340 in this trial. This may be explained by the high number of large joints evaluated in the study,  
341 which usually show lower Doppler signal. The distribution of synovitis included selected small  
342 (feet and hands) and large joints (wrists and knees), which were mostly responsive to  
343 secukinumab over time, and which is consistent with observations from clinical practice. Since  
344 SH score and PD signal are expressions of the same imaging inflammatory process (i.e.,  
345 synovitis), it is worth remembering that the suppression of US synovitis inflammation by  
346 secukinumab in the PSARTROS study was associated with no radiographic progression of the  
347 joints in patients with PsA over 24 weeks [13].

348 The usefulness of PDUS evaluation of enthesitis has been reported in patients with PsA  
349 [22]. However, this is the first study using the validated OMERACT PDUS enthesitis score that  
350 combines B-mode morphologic inflammatory abnormalities and PD abnormal vascularisation at  
351 bony insertions at the enthesitis level [2,11]. In addition, two novel candidate OMERACT PDUS  
352 enthesitis scores were derived at the patient level, based on different standardized definitions of  
353 activity (the first combining B-mode and PD, and the second focusing on PD alone). They

354 demonstrated very good feasibility and numerical responsiveness, especially Definition 1, which  
355 covered a higher number of patients.

356 The clinical response on enthesitis in patients treated by secukinumab (150 mg and 300 mg)  
357 is consistent with the FUTURE 2 and FUTURE 5 studies, as well as the post hoc analysis of the  
358 EXCEED study, as assessed by Leeds Enthesitis Index and SPARCC [20,21,23]. Of note, the  
359 SPARCC clinical index and global OMERACT enthesitis scores are not correlated because they  
360 measure different aspects of enthesitis. The OMERACT PDUS enthesitis score measures  
361 inflammation based on morphological and functional tissue changes whereas the SPARCC  
362 index evaluates inflammation based on the clinical tenderness of the enthesitis. Their effect size  
363 cannot be compared because of differences in number of enthesitis sites and ratings used in the  
364 two scores. Finally, our data showed that placebo responses in enthesitis indices can be  
365 substantial. This study illustrates the current challenges in assessing longitudinal responses in  
366 ultrasound enthesitis in PsA. In part, placebo responses may result from natural fluctuations in  
367 enthesial inflammation, which may be more pronounced than with synovitis and the potential  
368 effect of background therapy. On the other hand, placebo responses during the blinded 12-week  
369 phase were much higher for clinical response than for US enthesitis indices, indicating that  
370 ultrasound may also allow more objective assessment of enthesitis.

371 The ULTIMATE trial showed a sustained clinical benefit of secukinumab treatment across  
372 multiple domains of the disease up to 52 weeks with numerically higher response rates than  
373 previously published long-term efficacy data of secukinumab in patients with PsA. This  
374 observation may be related to the more specific additional inclusion criteria such as PDUS  
375 active synovitis and the presence of at least one clinical enthesitis at baseline compared to the  
376 FUTURE 1 through FUTURE 5 trials, as well as by the tight clinical and US monitoring of these  
377 patients during the trial [14,16,21,24,25]. The safety profile of secukinumab was also consistent  
378 with previous studies on PsA [15,16] with no new or unexpected safety findings to 52 weeks.

379        Some limitations related to the study design should be acknowledged: pooling of the two  
380        secukinumab doses in the same treatment group, inferential efficacy comparisons between the  
381        secukinumab and placebo groups limited to the first 12 weeks (TP1), ultrasound and clinical  
382        efficacy outcomes assessed as exploratory endpoints beyond week 12, and increased drop-out  
383        rates in the open label extension period related to the COVID pandemic.

384        In conclusion, the ULTIMATE study showed that IL-17A inhibition with secukinumab  
385        provided stable improvement of synovitis at tissue level and sustained clinical improvement in  
386        enthesitis up to week 52 in patients with PsA. PDUS-assessed enthesitis scores tended to be  
387        numerically improved with secukinumab and remained stable up to week 52. These results  
388        reinforce the evidence of responsiveness of inflammatory changes in joints and entheses in PsA  
389        clinical trials.

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426 [synovitis-measured-by-power-doppler-ultrasonography-in-biologic-naive-patients-with-](https://acrabstracts.org/abstract/secukinumab-significantly-decreased-joint-synovitis-measured-by-power-doppler-ultrasonography-in-biologic-naive-patients-with-active-psoriatic-arthritis-primary-12-week-results-from-a-randomized-p/)  
427 [active-psoriatic-arthritis-primary-12-week-results-from-a-randomized-p/](https://acrabstracts.org/abstract/secukinumab-significantly-decreased-joint-synovitis-measured-by-power-doppler-ultrasonography-in-biologic-naive-patients-with-active-psoriatic-arthritis-primary-12-week-results-from-a-randomized-p/). Accessed July 21,  
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- 481

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484 **Ethical approval and consent to participate**

485 The study protocol was reviewed and approved by the Independent Ethics Committee or  
486 Institutional Review Board for each participating centre. The study was conducted according to  
487 the ICH E6 guideline for Good Clinical Practice that has its origin in the Declaration of Helsinki.  
488 Written informed consent was obtained from all enrolled patients.

489 **Data sharing statement**

490 The datasets generated during and/or analyzed during the current study are not publicly  
491 available. Novartis is committed to sharing with qualified external researchers access to patient-  
492 level data and supporting clinical documents from eligible studies. These requests are reviewed  
493 and approved the basis of scientific merit. All data provided are anonymized to respect the  
494 privacy of patients who have participated in the trial, in line with applicable laws and regulations.  
495 The data may be requested from the corresponding author.

496 **Authors' contributions**

497 Study conception and design: MA D'Agostino, M Boers, G Schett  
498 Acquisition of data: E Naredo, L Senolt, R Burgos-Vargas, M Backhaus, G Mouterde, P Hanova  
499 Analysis and interpretation of data: PG Conaghan, E Naredo, R Burgos-Vargas, M Backhaus  
500 All authors were involved in drafting the article or revising it critically for important intellectual  
501 content, and all authors approved the final version of the article to be submitted. All authors had  
502 full access to the data in this study and take responsibility for the integrity of the data and the  
503 accuracy of the data analysis.

504 **Competing interests**

505 MAD'A reports speaker or consultant fees from Sanofi, Novartis, BMS, Janssen, Celgene,  
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534

535 **Table 1. OMERACT Definitions for PDUS enthesitis: at enthesis level and at patient level**

536

	<b>Definition 1 (activity and structure)</b>	<b>Definition 2 (activity only)</b>
<b>OMERACT enthesitis score (at enthesis level)</b>	PD signal (range 0–3) + Grey Scale (B-mode, range 0–1)	PD signal only
<b>Score range</b>	0–4	0–3
<b>Global OMERACT enthesitis score (at patient level)</b>	Sum over 6 sites scored bilaterally	Sum over 6 sites scored bilaterally
<b>Score range</b>	0–48	0–36

537

538 At each visit the inflammatory and structural components of all affected enthesis sites were scored. The

539 sum of site scores comprises the global OMERACT enthesitis score at patient level.

540 OMERACT, Outcome Measures in Rheumatoid Arthritis Clinical Trials; PD, power Doppler; PDUS, power

541 Doppler ultrasonography

542 **Table 2. Baseline clinical and ultrasound synovitis and enthesitis**

Values, mean (SD)	Secukinumab (N=83)	Placebo (N=83)	Total (N=166)
<b>Enthesitis</b>			
<b>Clinical (SPARCC index)</b>	<b>n=83</b> 4 (3)	<b>n=81</b> 4 (3)	<b>n=164</b> 4 (3)
<b>PDUS Global OMERACT Definition 1</b>	<b>n=73</b> 6 (5)	<b>n=61</b> 5 (3)	<b>n=134</b> 6 (4)
<b>PDUS Global OMERACT Definition 2</b>	<b>n=34</b> 3 (3)	<b>n=20</b> 3 (2)	<b>n=54</b> 3 (3)
<b>Synovitis</b>			
<b>Tender joint count (out of 78)</b>	<b>n=83</b> 13 (8)	<b>n=83</b> 15 (12)	<b>n=166</b> 14 (10)
<b>Swollen joint count (out of 76)</b>	<b>n=83</b> 10 (8)	<b>n=83</b> 9 (9)	<b>n=166</b> 9 (8)
<b>GLOESS</b>	<b>n=83</b> 24 (16)	<b>n=83</b> 27 (17)	<b>n=166</b> 26 (16)
<b>Synovial hypertrophy (SH)</b>	<b>n=83</b> 24 (16)	<b>n=83</b> 27 (17)	<b>n=166</b> 25 (16)
<b>Power Doppler (PD)</b>	<b>n=83</b> 8 (8)	<b>n=83</b> 7 (7)	<b>n=166</b> 7 (7)

543  
544 EULAR, European Alliance of Associations for Rheumatology; GLOESS, OMERACT-EULAR global  
545 synovitis score; n, number of patients with complete assessment at BSL; OMERACT, Outcome Measures  
546 in Rheumatology; PDUS, power Doppler ultrasonography  
547

548 **Figure legends**

549 **Figure 1. Mean change from baseline in GLOESS ultrasound synovitis score by treatment**  
550 **up to week 52 (A), and its components synovial hypertrophy (B) and power Doppler (C)**  
551 **from baseline up to week 52**

552 Data presented as observed. Open-label period from week 12 to 52 (shaded area).

553 GLOESS=Global OMERACT-EULAR Synovitis Score using PDUS Composite score of 24  
554 paired joints. The range for the GLOESS score is 0–144.

555 EULAR, European Alliance of Associations for Rheumatology; OMERACT, Outcome Measures  
556 in Rheumatology; PDUS, power Doppler ultrasonography

557 **Figure 2. Distribution of PDUS-detected synovitis by grade of severity over time**

558 \*All placebo patients switched to active treatment at week 12. #Lower patient numbers due to  
559 delayed or missing efficacy assessments due to a confounding effect of the COVID-19  
560 pandemic.

561 For each joint, sum of left and right side OMERACT-EULAR PDUS composite score. Data for  
562 top nine pairs of joints with most frequently detected PDUS synovitis are presented here.

563 EULAR, European Alliance of Associations for Rheumatology; N, total number of patients;  
564 OMERACT, Outcome Measures in Rheumatology; MCP, metacarpophalangeal; MTP,  
565 metatarsophalangeal; PBO, placebo; PDUS, power Doppler ultrasonography; SEC,  
566 secukinumab

567 **Figure 3. Mean change from baseline in SPARCC index clinical enthesitis score to week**  
568 **52**

569 Data presented as observed. Open-label period from week 12 to 52 (shaded area). The total  
570 score for the index ranges from 0–16.

571 SPARCC, Spondyloarthritis Research Consortium of Canada enthesitis index.

572 **Figure 4. Baseline distribution of US enthesitis (Definition 1 [A] and Definition 2 [B]) and**  
573 **clinical enthesitis (C) in the secukinumab group**

574 The numbers indicate the overall prevalence of enthesitis on either side (bilateral occurrence  
575 counted once).

576 **Figure 5. Distribution of PDUS-detected enthesitis by grade of severity over time**

577 \*All placebo patients switched to active treatment at week 12. #Lower patient numbers due to  
578 delayed or missing efficacy assessments due to a confounding effect of the COVID-19  
579 pandemic.

580 For each joint, sum of left and right side of OMERACT-EULAR PDUS composite score. Data for  
581 6 bilateral sites are presented here.

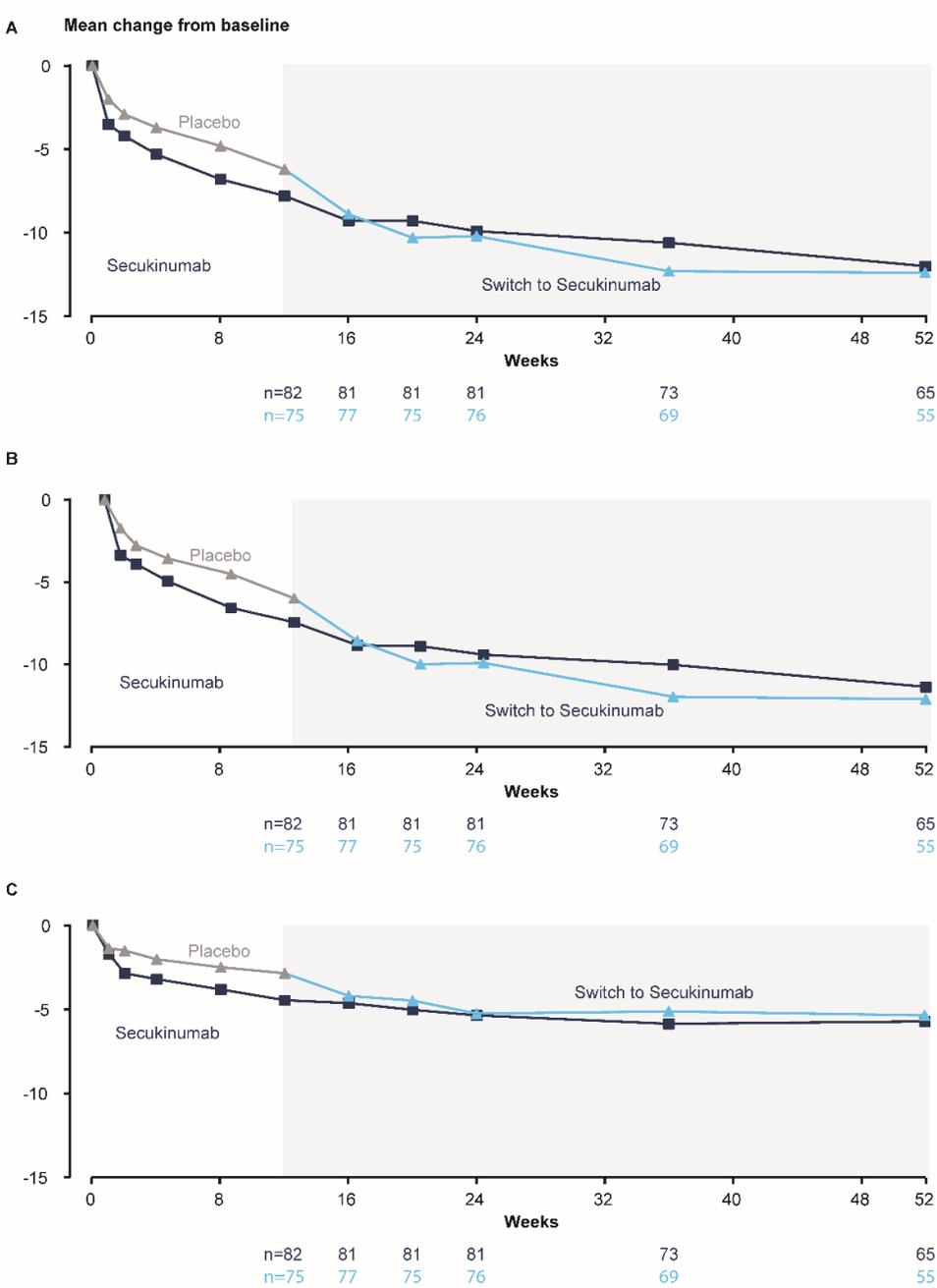
582 EULAR, European Alliance of Associations for Rheumatology; N, total number of patients;  
583 OMERACT, Outcome Measures in Rheumatology; PBO, placebo; PDUS, power Doppler  
584 ultrasonography; SEC, secukinumab

585 **Figure 6. Mean change from baseline global OMERACT enthesitis score at patient level**  
586 **(Definition 1) (A) and (Definition 2) (B) through week 52**

587 Data presented as observed. Open-label period from week 12 to 52 (shaded area). Global  
588 OMERACT (PDUS) enthesitis score (Definition 1) ranges from 0–48 and is the sum of the B-  
589 mode (0=absence, 1=presence) and PD signal (score range: 0–48) across 12 enthesitis sites.  
590 At each time point, only patients with a value at both baseline and that time point were included.  
591 Only patients with positive values (>0 at baseline) were included. Definition 2: sum of the PD  
592 signal (score range: 0–36) across all sites. Score ranges from 0–36.

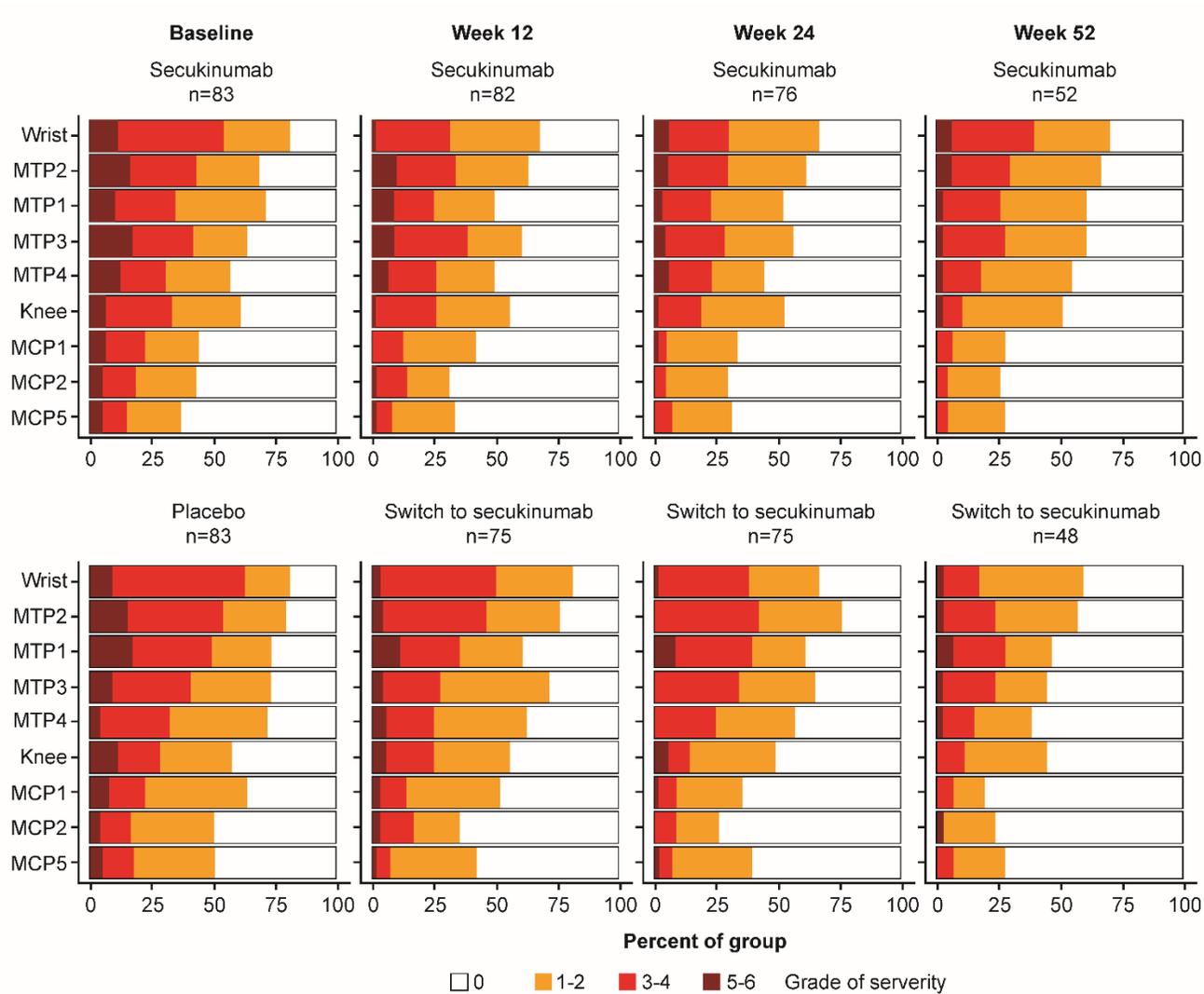
593 OMERACT, Outcome Measures in Rheumatology; PD, power Doppler; PDUS, power Doppler  
594 ultrasonography

595 **Figure 1. Mean change from baseline in GLOESS ultrasound synovitis score by treatment**  
 596 **up to week 52 (A), and its components synovial hypertrophy (B) and power Doppler (C)**  
 597 **from baseline up to week 52**

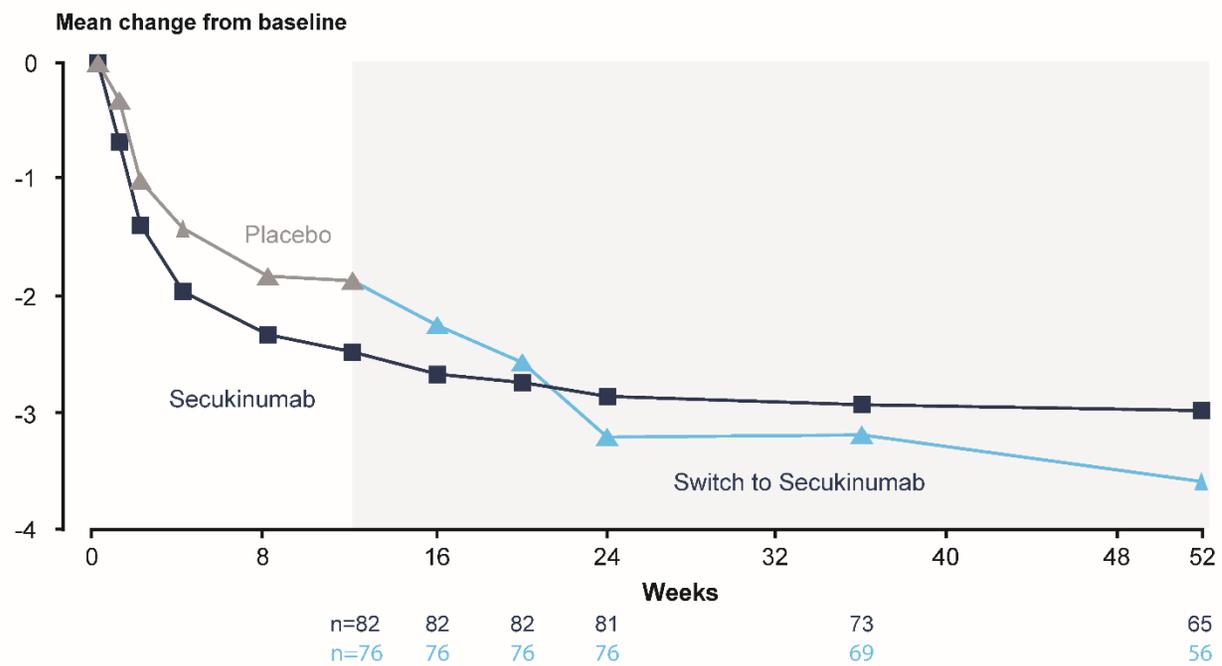


598

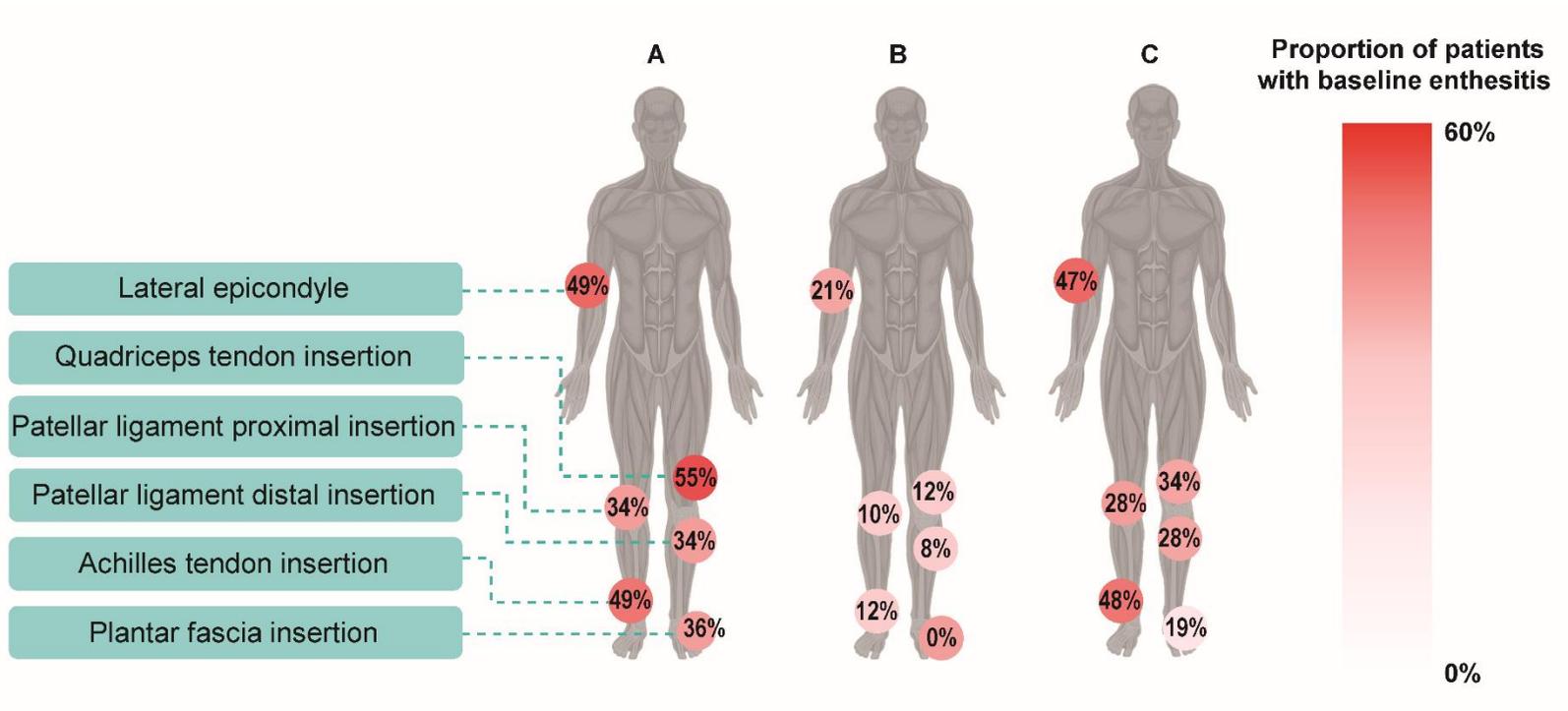
**Figure 2. Distribution of PDUS-detected synovitis by grade of severity over time**



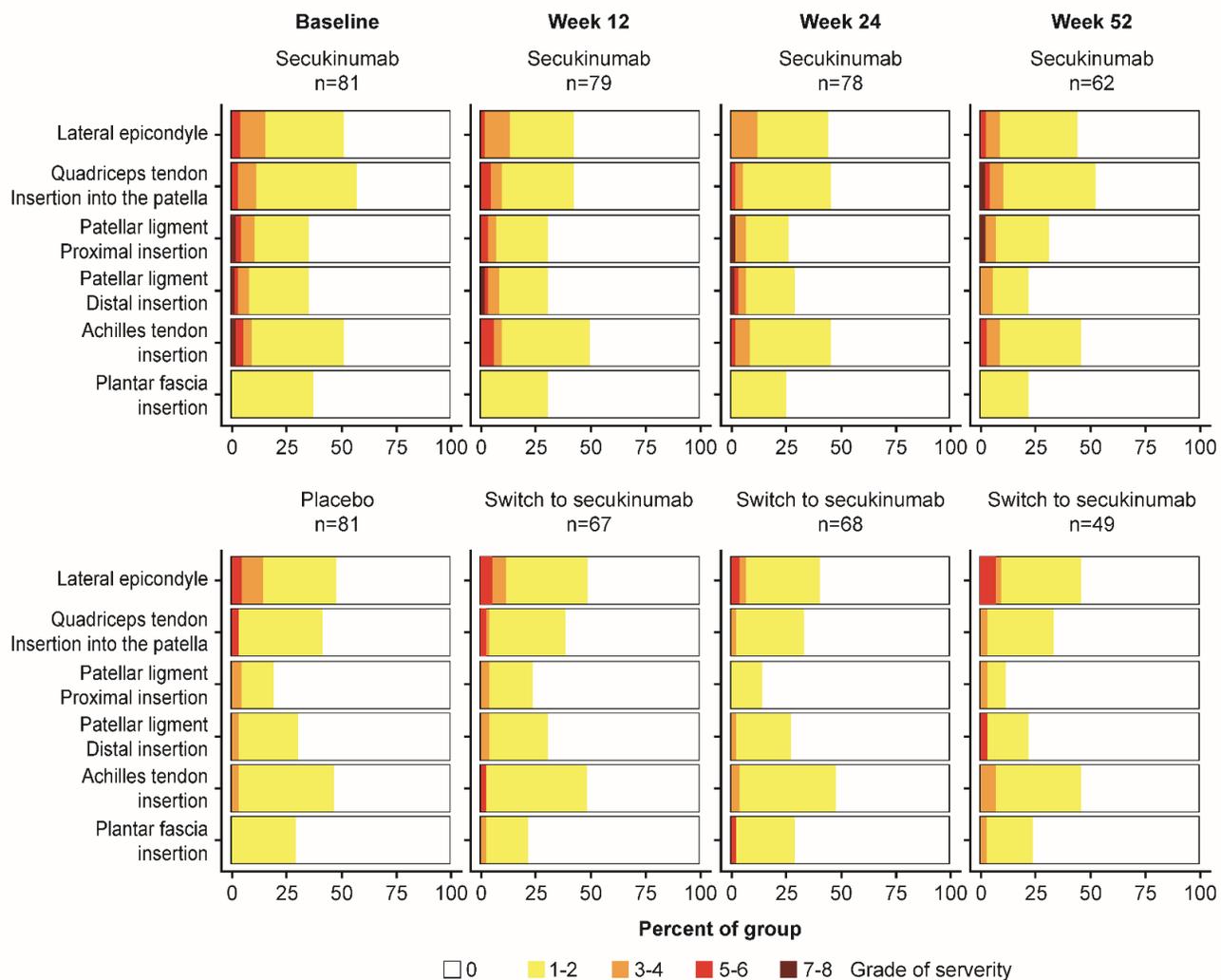
**Figure 3. Mean change from baseline in SPARCC index clinical enthesitis score to week 52**



**Figure 4. Baseline distribution of US enthesitis (Definition 1 [A] and Definition 2 [B]) and clinical enthesitis (C) in the secukinumab group**



**Figure 5. Distribution of PDUS-detected enthesitis by grade of severity over time**



**Figure 6. Mean change from baseline global OMERACT enthesitis score at patient level (Definition 1) (A) and (Definition 2) (B) through week 52**

