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# Safe and Adaptive 3D Locomotion via Constrained Task-Space Imitation Learning

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**Abstract**—Bipedal locomotion has been widely studied in recent years, where passive safety (i.e., a biped rapidly brakes without falling) is deemed to be a pivotal problem. To realize safe 3D walking, existing works resort to nonlinear optimization techniques based on simplified dynamics models, requiring hand-tuned reference trajectories. In this paper, we propose to integrate safety constraints into constrained task-space imitation learning, endowing a humanoid robot with adaptive walking capability. Specifically, unlike previous work using nonlinear and coupled capturability dynamics, we first linearize the 3D capture conditions using appropriate extreme values and then seamlessly incorporate them into constrained imitation learning. Furthermore, we propose novel heuristic rules to define control points, enabling adaptive locomotion learning. The resulting framework allows robots to learn locomotion skills from a few demonstrations efficiently and apply the learned skills to unseen 3D scenarios while satisfying the constraints for passive safety. Unlike deep enforcement learning, our framework avoids the need of a large number of iterations or sim-to-real transfer. By virtue of the task-space adaptability, the proposed imitation learning framework can reuse collected demonstrations in a new robot platform. We validate our method by hardware experiments on Walker2 robot and simulations on COMAN robot.

**Index Terms**—Bipedal locomotion, constrained imitation learning, passive safety, 3D walking, humanoid robot.

## I. INTRODUCTION

SAFE walking has been studied from different perspectives, e.g., collision avoidance [1]–[3] and balance maintenance [4]–[6]. Recently, the concept of *passive safety* which was first exploited in mobile robots navigation [7] has attracted much attention [8]–[10]. In addition to preserving balance, passive safety also requires a robot to come to a stop after a finite number of steps or even zero step [9], which can be ensured by obeying  $N$ - or zero-step capturability constraints [11].

In many previous works, the assumption of a constant height is made to attain the  $N$ -step or zero-step capturability [11], whereas this requirement will become stringent for 3D

walking tasks (e.g., climbing stairs or walking across non-coplanar terrains) where the height variance is inevitable. There are some extensions of the  $N$ /zero-step capturability to 3D cases in terms of divergent component of motion (DCM) analysis, e.g., [9], [12], [13]. Nevertheless, these works often involve nonlinear or implicit constraints, and most of them require extra simplification on the center of mass (CoM) or center of pressure (CoP) motion. For example, sum-of-squares programming was used in [12] to calculate the inner and outer approximations of  $N$ -step capture region, requiring Taylor approximation of the CoM motion. In [9], 3D zero-step capturability was attained by linearly constraining the CoM motion, where a specific expression of CoM trajectory is needed.

Usually, the aforementioned techniques, e.g., model predictive control (MPC) [4], [9] and nonlinear programming [12], require a hand-tuned reference trajectory in advance, which may become infeasible or even unstable for a real humanoid robot. To overcome these issues, one can adopt human-inspired locomotion policies, e.g., [14]–[16]. As an emerging topic, *learning from demonstrations* (also known as imitation learning) provides an efficient solution for mimicking expertise motions. By adopting imitation learning schemes, skillful gait representations can be obtained [17]–[19]. For instance, dynamic movement primitives (DMP) were employed to generate robust walking patterns against external disturbances in [18] and [19]. However, [17]–[19] focus on imitation learning without considering safety constraints.

In order to achieve adaptive 3D bipedal locomotion with a guarantee of passive safety, this paper first derives linear and decoupled conditions for safe walking, without needing extra assumptions on the CoM motion. Then, we integrate these constraints with imitation learning [20] and provide a framework capable of imitating external demonstrations while satisfying the safety constraints. In this framework, the robot learns motions over two-step cycles from demonstrations simultaneously, with the one-step and zero-step capturability applied at the first and second steps, respectively. By virtue of the linear inverted pendulum (LIP) model, desired points in task space are defined to accomplish the adaptive walking.

The contributions are three-fold. First, we propose a novel simplification of 3D capturability (Section IV-A and Section IV-B), which yields linear and decoupled constraints for safe 3D locomotion with the brake capability. Second, we integrate linearized capture conditions, together with linear feasibility constraints (Section IV-C), into a constrained imitation learning framework (Section V), achieving safe locomotion by

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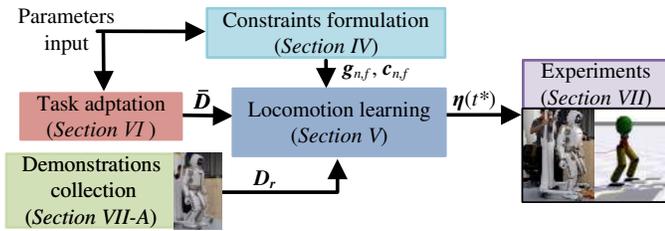


Fig. 1. A flowchart of the proposed approach.

learning from few demonstrates. Third, we design LIP-aided heuristic rules to choose control points, endowing the learning framework with task adaptability (Section VI). In Section VII, we verify our solution by simulations and hardware experiments, showing that our approach needs fewer parameters, requires a smaller time cost and provides a smoother DCM convergence than existing MPC strategies.

An overview of the paper's structure is shown in Fig. 1.

## II. RELATED WORK

### A. Capturability in LIP-based Locomotion

The LIP model [21], has been used widely in locomotion control. In [22], based on the LIP model, stable locomotion was realized by tracking a predefined center of pressure (CoP) trajectory (equivalent to zero moment point (ZMP) [23] in 2D cases). Differing from [22] where a CoP trajectory was defined in advance, in [24]–[26], MPC was used to find the optimal CoM trajectory by restricting the CoP trajectory within the support region. In essence, the aforementioned works [22]–[26] control both the convergent and divergent parts of the LIP dynamics simultaneously. In contrast, only the DCM was controlled in [27]. Note that capture point (CP) [28] is equivalent to DCM in 2D cases.

Built on the concept of DCM/CP, *capturability* is developed to measure the ability of a robot to stop after a certain number of steps. In this line, *the  $N$ -step ( $N$  could be zero or  $\infty$ ) capture region is defined as an admissible physical region which includes all states from which the robot can come to a stop after taking no more than  $N$  steps* [11]. In [11], an analytic solution for computing boundaries of  $N$ -step capture region was provided, where the LIP model was used under the assumption of a constant height<sup>1</sup>. However, it is non-trivial to extend 2D capturability to 3D cases with varying heights.

### B. Capturability in 3D Walking

To accomplish 3D walking, [29] proposed to manipulate the 3D DCM by tracking the virtual repellent point. In [30], given ZMP and vertical CoM trajectories, the time-varying natural frequency of the variable-height inverted pendulum (VHIP) was computed and a linear quadratic regulator (LQR) was formulated to compute the DCM trajectory. However, [29] and [30] fail to derive the capture conditions explicitly.

Some works aim to provide analytic or approximated boundaries of the capture region. In [12], using a quadratic Taylor approximation of height trajectory, the inner and outer

approximations of the 3D capture region were computed via the sum of squares. In [13], assuming that the CoM trajectory only moves along a straight line, the zero-step conditions in multi-contact scenarios were derived. A linear approximation was proposed in [9] for walking with passive safety, which however requires a specific form (i.e., exponential expressions) of the CoM curve. [31] derived a boundedness condition for the VHIP model to guarantee capturability, yielding a non-convex optimization problem. Besides, [31] presumed a linear CoP trajectory for achieving the zero-step capturability and a piecewise constant CoP trajectory for the one-step capturability, restricting the motion space of the bipedal robot. More recently, [32] extended instantaneous capture point (ICP) [11] to instantaneous capture input and provided an analytical solution for the capture region. However, this work took ZMP as the control input, prohibiting its applications in scenarios with non-coplanar contacts.

Unlike the existing work, we propose to linearize the nonlinear part of the 3D capture region and obtain linear and decoupled boundaries of  $N$ -step, especially zero-step and one-step, capturability, where extra assumptions on the CoM motion and CoP motion are avoided.

### C. Locomotion by Imitation Learning

For gait control, the MPC schemes, e.g., [24]–[26], require a hand-tuned reference trajectory beforehand for each robot and a tedious re-tuning after switching to a new platform. In contrast, imitation learning provides an efficient tool for obtaining natural and adaptive motion skills through mimicking an expert, such as DMP [33] and kernelized movement primitives (KMP) [34]. DMP was used as a pattern generator to generalize gaits by adjusting the frequency of periodic movements [17]. In [18] and [19], DMP was employed to attain robust gaits against external pushes, with the help of reinforcement learning (RL). [35] integrated KMP with a step adjustment strategy to synthesize adaptive gaits for real-world scenarios. Nevertheless, these works [17]–[19], [35] neglect safety constraints, which are crucial for bipedal locomotion. Recent progress in RL (e.g., [36]–[38]) show potential applications on safe walking, but they require a large number of training iterations and sim-to-real transfer.

To address the above issues, we exploit a constrained imitation learning approach, linearly constrained KMP (LC-KMP) [20], to account for safety constraints in 3D walking tasks. Specifically, we propose to learn task-space actions [38] in order to satisfy high-level task requirements while encouraging demonstrations reuse in a different platform.

## III. PRELIMINARIES

In 2D cases without height variation, a constant natural frequency ( $\omega_0$ ) of the LIP model is defined as

$$\omega_0 = \sqrt{g/z_c} \quad (1)$$

with  $z_c$  being the constant LIP height and  $g$  denoting the gravitational acceleration.

<sup>1</sup>Strictly speaking, the LIP allows for vertical motion but requires zero vertical acceleration (i.e., a constant natural frequency).

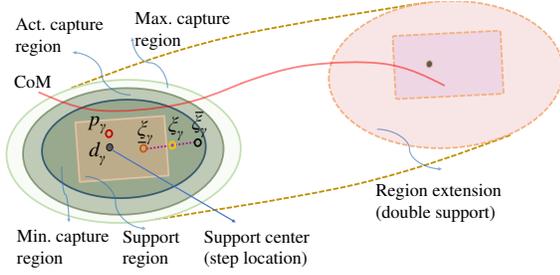


Fig. 2. Admissible physical region for safe walking. ‘Act. capture region’ denotes the actual capture region calculated using the varying natural frequency. The possible maximal (Max.) and minimal (Min.) capture regions are determined by the boundary natural frequency.

Given a constant  $\omega_0$ , the 2D DCM (also called CP [28] or ICP [11]) is defined as

$$\xi_\gamma = c_\gamma + \dot{c}_\gamma/\omega_0, \quad (2)$$

where  $\xi_\gamma$ ,  $c_\gamma$  and  $\dot{c}_\gamma$  ( $\gamma \in \{x, y\}$ ) denote the  $\gamma$ -component of DCM position, CoM position and CoM velocity, respectively.

1) *2D Zero-Step Capture Conditions*: To achieve zero-step capturability, the DCM  $\xi_\gamma$  should be confined within the support region (i.e., zero-step capture region  $\mathbb{C}_0$ ) [11]. Namely,

$$\xi_\gamma \in \mathbb{C}_0. \quad (3)$$

Given a rectangular foot size, we expand (3) as

$$\underline{r}_\gamma \leq \xi_\gamma - d_\gamma \leq \bar{r}_\gamma. \quad (4)$$

where  $d_\gamma$  denotes the  $\gamma$ -component of horizontal step location.  $\underline{r}_\gamma$  and  $\bar{r}_\gamma$  separately denote the minimal and maximal bounds of the support region formed by the support foot.

2) *2D One-Step Capture Conditions*: To achieve one-step capturability, the DCM movement should be restricted into the one-step capture region [11]. That is,

$$\xi_\gamma \in \mathbb{C}_1(\omega_0), \quad (5)$$

where  $\mathbb{C}_1(\omega_0)$  denotes the one-step capture region.

Assuming a rectangular foot, we can explain (5) as

$$\underline{l}_\gamma e^{-\omega_0 T} + \underline{r}_\gamma \leq \xi_\gamma - d_\gamma \leq \bar{l}_\gamma e^{-\omega_0 T} + \bar{r}_\gamma, \quad (6)$$

where  $\underline{l}_\gamma$  and  $\bar{l}_\gamma$  represent the minimal and maximal bounds of the step size (i.e., step length ( $l_x$ ) and step width ( $l_y$ )), respectively.  $T$  is the step duration.

#### IV. LINEARIZED CONDITIONS FOR SAFE 3D WALKING

Herein, we first derive linear and decoupled capture conditions for 3D walking, based on the VHIP. Then, we provide feasible constraints for robust walking with passive safety.

##### A. 3D Dynamics with Variable Height

The VHIP model is used to model 3D walking with varying height. The CoP ( $p_\gamma$ ) of VHIP is

$$p_\gamma = c_\gamma - \ddot{c}_\gamma/\omega^2, \quad (7)$$

where  $\omega$ , representing the varying frequency, is defined as

$$\omega = \sqrt{(g + \ddot{c}_z)/(c_z - d_z)}. \quad (8)$$

Here,  $\ddot{c}_z$  represents the vertical CoM acceleration,  $c_z$  denotes the CoM height and  $d_z$  denotes the step height.

Following (8), the 3D DCM becomes

$$\xi_\gamma = c_\gamma + \dot{c}_\gamma/\omega. \quad (9)$$

##### B. 3D Capturability Conditions

Let us assume that  $\omega$  in (7) is bounded by

$$0 < \underline{\omega} \leq \omega \leq \bar{\omega}, \quad (10)$$

where  $\underline{\omega}$  and  $\bar{\omega}$  denote the lower and upper bounds, respectively. As  $\xi_\gamma$  in (9) is a monotonic function of  $\omega$ , we have

$$\underline{\xi}_\gamma \leq \xi_\gamma \leq \bar{\xi}_\gamma, \quad (11)$$

where  $\underline{\xi}_\gamma = \min\{c_\gamma + \dot{c}_\gamma/\bar{\omega}, c_\gamma + \dot{c}_\gamma/\underline{\omega}\}$ ,  $\bar{\xi}_\gamma = \max\{c_\gamma + \dot{c}_\gamma/\bar{\omega}, c_\gamma + \dot{c}_\gamma/\underline{\omega}\}$  denote the lower and upper bounds of DCM, respectively. An illustration is given in Fig. 2.

1) *Linear Zero-Step Capture Conditions*: Since the support region is merely determined by the foot size, we can achieve 3D zero-step capture conditions by limiting  $\underline{\xi}_\gamma$  and  $\bar{\xi}_\gamma$  as

$$\underline{r}_\gamma \leq \underline{\xi}_\gamma - d_\gamma \leq \bar{\xi}_\gamma - d_\gamma \leq \bar{r}_\gamma. \quad (12)$$

2) *Linear One-Step Capture Conditions*: Note that in (6) the one-step capture region only depends on  $\omega$ . Thus, we can determine the minimal and maximal capture regions (see Min. and Max. capture regions in Fig. 2) under varying height, i.e.,

$$\underline{\mathbb{C}}_1 = \mathbb{C}_1(\underline{\omega}) \cap \mathbb{C}_1(\bar{\omega}), \quad \bar{\mathbb{C}}_1 = \mathbb{C}_1(\underline{\omega}) \cup \mathbb{C}_1(\bar{\omega}), \quad (13)$$

where  $\underline{\mathbb{C}}_1$  and  $\bar{\mathbb{C}}_1$  respectively denote the minimal and maximal one-step capture regions when the height is varying.

We define the one-step capturability condition by restricting  $\xi_\gamma$  within the minimal capture region<sup>2</sup>, i.e.,

$$\xi_\gamma \in \underline{\mathbb{C}}_1 \subset \bar{\mathbb{C}}_1. \quad (14)$$

Since  $\xi_\gamma$  is bounded by  $\underline{\xi}_\gamma$  and  $\bar{\xi}_\gamma$  in (11), the constraint (14) can be ensured by

$$\underline{\xi}_\gamma \in \underline{\mathbb{C}}_1, \quad \bar{\xi}_\gamma \in \underline{\mathbb{C}}_1. \quad (15)$$

Furthermore, with the definition in (6), we have the one-step capturability conditions

$$\underline{s}_\gamma + \underline{r}_\gamma \leq \underline{\xi}_\gamma - d_\gamma \leq \bar{\xi}_\gamma - d_\gamma \leq \bar{s}_\gamma + \bar{r}_\gamma, \quad (16)$$

where  $\underline{s}_\gamma$  and  $\bar{s}_\gamma$  are determined by

$$\underline{s}_\gamma = \max\{\underline{l}_\gamma e^{-\underline{\omega}T}, \underline{l}_\gamma e^{-\bar{\omega}T}\}, \quad \bar{s}_\gamma = \min\{\bar{l}_\gamma e^{-\underline{\omega}T}, \bar{l}_\gamma e^{-\bar{\omega}T}\}. \quad (17)$$

**Remark 1**: Compared with previous works, such as [9], [12], [13], [31], our linearization does not require extra assumptions/limits on the CoM/CoP movement when deriving 3D capture conditions. Particularly, unlike [12] and [31], our linear zero/one-step capture conditions facilitate fast deployment. Moreover, the  $N$ -step capture conditions can be directly obtained by replacing  $\underline{s}_\gamma$  and  $\bar{s}_\gamma$  with  $N$ -step capture regions (explicitly derived in [11]), which however would be a hard task for [12] and [31].

<sup>2</sup>The extension of capture region caused by the height variation [12] is ignored here, which provides an inner approximation (subset) of the physically admissible region and yields a conservative but reasonable solution.

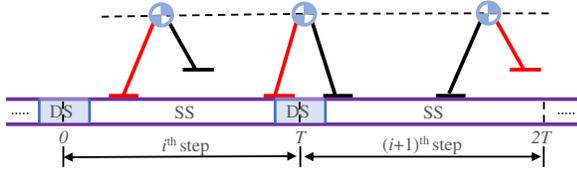


Fig. 3. Bipedal walking with support switch. The DS phase at the ending of the next  $((i+1)^{\text{th}}$  step is ignored.

### C. Feasibility Constraints for Safe Walking

To guarantee the safety without losing robustness, we plan the CoM motion over the current step and the next step (i.e.,  $0 \leq t \leq 2T$ ) at the beginning of each step cycle. In particular, at the current step the one-step capture conditions (16) and (17) are applied to enhance the robustness, while at the next step the zero-step capture constraints (12) are used to obtain the passive safety. Besides, the vertical motion limitation and slip avoidance are considered to guarantee the feasibility.

1) *Capturability Constraints Considering Double Support Phase*: Generally, one step cycle can be divided into a single support (SS) phase and a double support (DS) phase. In contrast to many previous works which ignore the DS phase, we formulate it explicitly for gait synthesis since the DS phase extends the capture region (see Fig. 2). Specifically, we assume that one step cycle starts from the middle of the current DS phase and ends at the middle of the next DS phase, as shown in Fig. 3. Consequently, two steps are divided into

$$\begin{cases} 1^{\text{st}} \text{ DS} & (0 \leq t \leq T_d/2), \\ 1^{\text{st}} \text{ SS} & (T_d/2 < t < T - T_d/2), \\ 2^{\text{nd}} \text{ DS} & (T - T_d/2 \leq t \leq T + T_d/2), \\ 2^{\text{nd}} \text{ SS} & (T + T_d/2 < t \leq 2T), \end{cases} \quad (18)$$

where  $T_d$  denotes the time period of one DS phase<sup>3</sup>.

• *DCM constraints during the 1<sup>st</sup> DS*: During the 1<sup>st</sup> DS, the capture region extends. To gain the one-step capturability, the capture region is set to be the sum of the zero-step capture region relative to the last step location and the one-step capture region relative to current step location. Following (16) and (12), we have

$$\underline{r}_\gamma + \min\{d_\gamma^{i-1}, \underline{s}_\gamma + d_\gamma^i\} \leq \underline{\xi}_\gamma \leq \bar{\xi}_\gamma \leq \bar{r}_\gamma + \max\{d_\gamma^{i-1}, \bar{s}_\gamma + d_\gamma^i\}, \quad (19)$$

where  $d_\gamma^{i-1}$  and  $d_\gamma^i$  denote the previous and current step locations, respectively.

• *DCM constraints during the 1<sup>st</sup> SS*: The physically admissible region for DCM movement within the 1<sup>st</sup> SS coincides with the one-step capture region. By substituting the current step location  $d_\gamma^i$  into (16), the DCM movement is limited by

$$\underline{s}_\gamma + \underline{r}_\gamma + d_\gamma^i \leq \underline{\xi}_\gamma \leq \bar{\xi}_\gamma \leq \bar{s}_\gamma + \bar{r}_\gamma + d_\gamma^i. \quad (20)$$

• *DCM constraints during the 2<sup>nd</sup> DS*: At this stage, capture region also extends, which is determined by the one-step capture region relative to the current step location and the zero-step capture region relative to the next step location. Namely,

$$\underline{r}_\gamma + \min\{\underline{s}_\gamma + d_\gamma^i, d_\gamma^{i+1}\} \leq \underline{\xi}_\gamma \leq \bar{\xi}_\gamma \leq \bar{r}_\gamma + \max\{\bar{s}_\gamma + d_\gamma^i, d_\gamma^{i+1}\}, \quad (21)$$

<sup>3</sup>Considering that the robot may rest on one leg in an emergency case, we ignore the DS at the end of the next step, leading to a more safe solution.

where  $d_\gamma^{i+1}$  denotes the next step location.

• *DCM constraints during the 2<sup>nd</sup> SS*: To guarantee the passive safety, the DCM movement relative to the next step location should lie into the zero-step capture region, i.e.,

$$\underline{r}_\gamma + d_\gamma^{i+1} \leq \underline{\xi}_\gamma \leq \bar{\xi}_\gamma \leq \bar{r}_\gamma + d_\gamma^{i+1}. \quad (22)$$

2) *Constraints on the Vertical Motion*: A constraint on  $c_z$  and  $d_z$  is imposed to address the physical limitations, i.e.,

$$0 < \underline{z} \leq c_z - d_z \leq \bar{z} \quad (23)$$

where  $\underline{z}$  and  $\bar{z}$  are the lower and upper bounds of the vertical height. Here,  $\underline{z}$  and  $\bar{z}$  are chosen to satisfy the joint limits.

Furthermore, as in (8)  $\omega$  relies on  $g + \ddot{c}_z$ , we introduce an additional constraint to ensure the viability of (10), i.e.,

$$(c_z - d_z)(\underline{\omega})^2 \leq (g + \ddot{c}_z) \leq (c_z - d_z)(\bar{\omega})^2. \quad (24)$$

3) *Friction Cone Constraints*: Using the single-mass VHIP model, the following constraints are added to prevent slippage:

$$-u \leq \ddot{c}_\gamma / (g + \ddot{c}_z) \leq u, \quad (25)$$

where  $u$  is the friction coefficient.

So far, we have obtained linear constraints for feasible 3D walking, complying with passive safety requirements.

## V. CONSTRAINED GAIT IMITATION LEARNING

Now, we exploit the constrained imitation learning framework LC-KMP [20] to learn gaits, where the acceleration profile is also incorporated in this work. We first explain how the linear constraints for gait learning are formulated (Section V-A), and subsequently, we show how these constraints are integrated into the framework of LC-KMP (Section V-B).

### A. Linear Constraints for Gait Learning

For the sake of brevity, we formulate the linear constraints by taking the DCM constraints during the 2<sup>nd</sup> SS as an example, while the other constraints in Section IV-C can be tackled in a similar way. Following (9) and (11), the sufficient and necessary conditions for (22) are

$$\begin{aligned} \underline{r}_\gamma + d_\gamma^{i+1} &\leq c_\gamma + \dot{c}_\gamma / \underline{\omega} \leq \bar{r}_\gamma + d_\gamma^{i+1}, \\ \underline{r}_\gamma + d_\gamma^{i+1} &\leq c_\gamma + \dot{c}_\gamma / \bar{\omega} \leq \bar{r}_\gamma + d_\gamma^{i+1}. \end{aligned} \quad (26)$$

Let us denote  $\boldsymbol{\eta} = [c_x, c_y, c_z, \dot{c}_x, \dot{c}_y, \dot{c}_z, \ddot{c}_x, \ddot{c}_y, \ddot{c}_z]^\top$ . At the time  $t_n$ , the constraints in (26) can be rewritten as (taking the first arrow for example)

$$\mathbf{g}_{n,1}^\top \boldsymbol{\eta}(t_n) \geq c_{n,1}, \quad \mathbf{g}_{n,2}^\top \boldsymbol{\eta}(t_n) \geq c_{n,2}, \quad (27)$$

with

$$\begin{aligned} \mathbf{g}_{n,1} &= [1, 0, 0, 1/\underline{\omega}, 0, 0, 0, 0, 0], & c_{n,1} &= \underline{r}_\gamma + d_\gamma^{i+1}, \\ \mathbf{g}_{n,2} &= [-1, 0, 0, -1/\bar{\omega}, 0, 0, 0, 0, 0], & c_{n,2} &= -(\bar{r}_\gamma + d_\gamma^{i+1}), \end{aligned} \quad (28)$$

### B. LC-KMP with Acceleration Learning

Assuming that we have access to  $H$  demonstrations<sup>4</sup>  $\mathbf{D} = \{\{t_{n,h}, \boldsymbol{\eta}_{n,h}\}_{n=1}^N\}_{h=1}^H$ , where  $N$  denotes the length of trajectory and  $\boldsymbol{\eta}_{n,h} \in \mathbb{R}^9$  corresponds to the Cartesian trajectory point at the  $n^{\text{th}}$  time step from the  $h^{\text{th}}$  demonstration. We use

<sup>4</sup> $3 \sim 5$  demonstrations under the same mode are sufficient in our evaluations. Data collection is explained in Section VII-A

Gaussian mixture model (GMM) to model the joint probability distribution  $\mathcal{P}(t, \boldsymbol{\eta})$  [34], [39], [40], yielding

$$\mathcal{P}(t, \boldsymbol{\eta}) = \sum_{m=1}^M \pi_m \mathcal{N}(\boldsymbol{\mu}_m, \boldsymbol{\Sigma}_m), \quad (29)$$

where  $\pi_m$ ,  $\boldsymbol{\mu}_m = \begin{bmatrix} \boldsymbol{\mu}_{t,m} \\ \boldsymbol{\mu}_{\eta,m} \end{bmatrix}$  and  $\boldsymbol{\Sigma}_m = \begin{bmatrix} \boldsymbol{\Sigma}_{tt,m} & \boldsymbol{\Sigma}_{t\eta,m} \\ \boldsymbol{\Sigma}_{\eta t,m} & \boldsymbol{\Sigma}_{\eta\eta,m} \end{bmatrix}$  respectively correspond to the prior probability, mean and covariance of the  $m^{\text{th}}$  Gaussian component in GMM. Subsequently, Gaussian mixture regression (GMR) [34], [39] is used to retrieve a probabilistic reference trajectory  $\mathbf{D}_r = \{t_n, \hat{\boldsymbol{\mu}}_n, \hat{\boldsymbol{\Sigma}}_n\}_{n=1}^N$ , which encapsulates the distribution of demonstrations.

Let us write  $\boldsymbol{\eta}(t)$  in a parametric form (see [20]), i.e.,

$$\boldsymbol{\eta}(t) = \boldsymbol{\Theta}(t)^\top \mathbf{w}, \quad (30)$$

where  $\boldsymbol{\Theta}$  represents a matrix consisting of basis function vectors and  $\mathbf{w}$  denotes an unknown parameter vector. The constrained imitation learning can be addressed by solving

$$\arg \max_{\mathbf{w}} \sum_{n=1}^N \mathcal{P}(\boldsymbol{\eta}(t_n) | \hat{\boldsymbol{\mu}}_n, \hat{\boldsymbol{\Sigma}}_n),$$

$$s.t. \quad \mathbf{g}_{n,f}^\top \boldsymbol{\eta}(t_n) \geq c_{n,f}, n \in \{1, 2, \dots, N\}, f \in \{1, 2, \dots, F\} \quad (31)$$

with  $\mathbf{g}_{n,f} \in \mathbb{R}^9$  and  $c_{n,f} \in \mathbb{R}$  denoting the  $f^{\text{th}}$  linear constraint acting on  $\boldsymbol{\eta}(t_n)$  (see Section V-A).

With the definition of multivariate Gaussian distribution, we can rewrite (31) as

$$\arg \min_{\mathbf{w}} \sum_{n=1}^N \frac{1}{2} (\boldsymbol{\Theta}(t_n)^\top \mathbf{w} - \hat{\boldsymbol{\mu}}_n)^\top \hat{\boldsymbol{\Sigma}}_n^{-1} (\boldsymbol{\Theta}(t_n)^\top \mathbf{w} - \hat{\boldsymbol{\mu}}_n) + \frac{\lambda}{2} \mathbf{w}^\top \mathbf{w} \\ s.t. \quad \mathbf{g}_{n,f}^\top \boldsymbol{\eta}(t_n) \geq c_{n,f}, n \in \{1, 2, \dots, N\}, f \in \{1, 2, \dots, F\}. \quad (32)$$

Here,  $\frac{\lambda}{2} \mathbf{w}^\top \mathbf{w}$  with  $\lambda > 0$  acts as a regularization term.

By introducing Lagrange multipliers  $\boldsymbol{\alpha}$  and the kernel trick, the constrained problem (32) can be solved. Specifically, given a query time  $t^*$ , LC-KMP predicts the corresponding trajectory point as

$$\boldsymbol{\eta}(t^*) = \mathbf{k}^* (\mathbf{K} + \lambda \boldsymbol{\Sigma})^{-1} (\boldsymbol{\mu} + \boldsymbol{\Sigma} \tilde{\mathbf{G}} \boldsymbol{\alpha}^*) \quad (33)$$

where

$$\mathbf{k}^* = [\mathbf{k}(t^*, t_1) \quad \mathbf{k}(t^*, t_2) \quad \dots \quad \mathbf{k}(t^*, t_N)], \\ \mathbf{K} = \begin{bmatrix} \mathbf{k}(t_1, t_1) & \mathbf{k}(t_1, t_2) & \dots & \mathbf{k}(t_1, t_N) \\ \mathbf{k}(t_2, t_1) & \mathbf{k}(t_2, t_2) & \dots & \mathbf{k}(t_2, t_N) \\ \vdots & \vdots & \ddots & \vdots \\ \mathbf{k}(t_N, t_1) & \mathbf{k}(t_N, t_2) & \dots & \mathbf{k}(t_N, t_N) \end{bmatrix}, \quad (34) \\ \boldsymbol{\Sigma} = \text{blockdiag}(\hat{\boldsymbol{\Sigma}}_1, \hat{\boldsymbol{\Sigma}}_2, \dots, \hat{\boldsymbol{\Sigma}}_N), \\ \boldsymbol{\mu} = [\hat{\boldsymbol{\mu}}_1, \hat{\boldsymbol{\mu}}_2, \dots, \hat{\boldsymbol{\mu}}_N], \\ \mathbf{G}_n = [\mathbf{g}_{n,1}, \mathbf{g}_{n,2}, \dots, \mathbf{g}_{n,N_f}], \forall n \in \{1, 2, \dots, N\}, \\ \tilde{\mathbf{G}} = \text{blockdiag}(\mathbf{G}_1, \mathbf{G}_2, \dots, \mathbf{G}_N).$$

Note that  $\mathbf{k}(t_i, t_j) \in \mathbb{R}^{9 \times 9}$  in (34) are defined using a kernel function  $k(\cdot, \cdot)$ .  $\boldsymbol{\alpha}^*$  is the optimal Lagrange multiplier. Please refer to [41] for more details on the kernelization process. Therefore, we can generate safe 3D locomotion by incorporating all linear constraints defined in Section IV-C into demonstration learning.

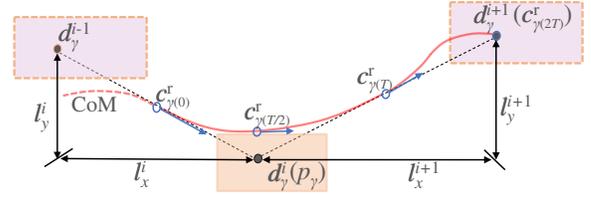


Fig. 4. Horizontal movement assuming zero CoP movement, i.e.,  $p_\gamma$  coincides with the support center  $d_\gamma^i$  at each step.

## VI. HEURISTICS FOR TASK-SPACE ADAPTATION

In real-world environments, the robot often needs to adapt the learned skills to new scenarios, i.e., meeting task variation requirements. Here, we address the gait adaptation problem by defining proper desired points in terms of the CoM states, enabling the learning framework with locomotion adaptability. Particularly, we focus on the task space movements.

We define four desired points for every two steps (at the time  $\{0, T/2, T, 2T\}$ ), where the first and fourth points are used to determine the start and end states while the second and third points account for the task variation. To comply with the constraints in Section IV-C, the CoM position, velocity and acceleration at each desired point are defined. For the horizontal motion, the LIP model is used to choose the desired status. For the height variation, heuristic rules are adopted.

### A. Desired Points for Horizontal Movement Adaptation

1) *Boundary CoM Positions for the Current Step*: The main goal for the current step is to accomplish the desired walking task. We define the first (at  $t = 0$ ) and the third (at  $t = T$ ) desired points (relative to the current support center  $d_\gamma^i$ ) as

$$c_{\gamma(0)}^r = (d_{\gamma}^{i-1} - d_{\gamma}^i)/2, \quad c_{\gamma(T)}^r = (d_{\gamma}^{i+1} - d_{\gamma}^i)/2. \quad (35)$$

where  $c_{\gamma(0)}^r$  locates at the middle of the last and the current step locations while  $c_{\gamma(T)}^r$  locates at the middle of the current and the next step locations. An illustration is given in Fig. 4.

2) *Boundary CoM Positions for the Next Step*: To obtain the passive safety, we expect the robot to stop at the next ( $(i+1)^{\text{th}}$ ) step. To achieve the highest stability, we set the fourth (at  $t = 2T$ ) desired position (relative to  $d_{\gamma}^{i+1}$ ) as

$$c_{\gamma(2T)}^r = 0. \quad (36)$$

3) *CoM Position at  $t = T/2$* : Assuming zero CoP movement at each step cycle (see Fig. 4), the horizontal CoM trajectory of a LIP is determined by

$$\ddot{c}_\gamma - \omega_0^2 c_\gamma = 0. \quad (37)$$

The CoM trajectory governed by (37) is fully determined by two boundary conditions, e.g., the CoM positions at the time 0 and  $T$ . An analytical solution for (37) is [42]

$$c_{\gamma(t_e)} = \left[ \cosh(\omega_0 t_e) \quad \frac{\sinh(\omega_0 t_e)}{\omega_0} \right] \begin{bmatrix} c_{\gamma(0)} \\ \dot{c}_{\gamma(0)} \end{bmatrix}, \quad (38)$$

where  $\sinh(\cdot)$  and  $\cosh(\cdot)$  denote the hyperbolic sine and cosine functions, respectively.  $t_e$  is the elapsed time within the current step.  $[c_{\gamma(0)} \quad \dot{c}_{\gamma(0)}]^\top$  comprises the initial CoM position and velocity determined by solving (38) under the constraints

$$c_{\gamma(t_e=0)} = c_{\gamma(0)}, \quad c_{\gamma(t_e=T)} = c_{\gamma(T)}. \quad (39)$$

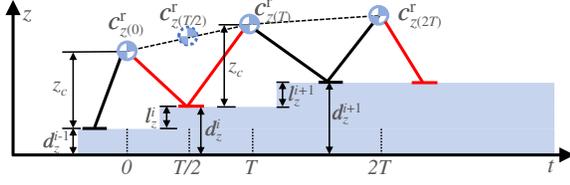


Fig. 5. A heuristic vertical trajectory for walking with varying height.

As a result, the CoM position at the time  $T/2$  is computed by (38) using  $t_e = T/2$ .

4) *CoM Velocities and Accelerations*: Once the desired CoM positions and  $[c_{\gamma(0)} \ \dot{c}_{\gamma(0)}]^T$  are determined, we can resort to the LIP model again to compute the velocity and acceleration for each desired point, i.e.,

$$\begin{bmatrix} \dot{c}_{\gamma(t_e)} \\ \ddot{c}_{\gamma(t_e)} \end{bmatrix} = \begin{bmatrix} \omega_0 \sinh(\omega_0 t_e) & \cosh(\omega_0 t_e) \\ \omega_0^2 \cosh(\omega_0 t_e) & \omega_0 \sinh(\omega_0 t_e) \end{bmatrix} \begin{bmatrix} c_{\gamma(0)} \\ \dot{c}_{\gamma(0)} \end{bmatrix}. \quad (40)$$

Note that the robot is always expected to stop at the end of the next step, so we set

$$\ddot{c}_{\gamma(2T)} = \dot{c}_{\gamma(2T)} = 0. \quad (41)$$

### B. Desired Points for Vertical Movement Adaptation

To accommodate height variation requirements, Specifically, we assume a piecewise linear height trajectory as the reference and calculate the vertical height using the nominal LIP height  $z_c$  and the vertical step location  $d_z$ , see Fig. 5.

1) *Vertical Movement for the Current Step*: At the current step, the vertical CoM position of each desired point is

$$c_{z(0)}^f = d_z^{i-1} + z_c, \quad c_{z(T/2)}^f = (d_z^{i-1} + d_z^i)/2 + z_c, \quad c_{z(T)}^f = d_z^i + z_c, \quad (42)$$

where  $c_{z(0)}^f$ ,  $c_{z(T/2)}^f$  and  $c_{z(T)}^f$  separately denote the desired vertical positions at the time  $\{0, T/2, T\}$ .  $d_z^{i-1}$  and  $d_z^i$  separately denote the previous and current vertical step locations.

The vertical velocity and acceleration are then computed by

$$\begin{aligned} \dot{c}_{z(0)}^f &= \dot{c}_{z(T/2)}^f = (d_z^i - d_z^{i-1})/T, & \dot{c}_{z(T)}^f &= (d_z^{i+1} - d_z^i)/(2T), \\ \ddot{c}_{z(0)}^f &= \ddot{c}_{z(T/2)}^f = \ddot{c}_{z(T)}^f = 0, \end{aligned} \quad (43)$$

where  $\{\dot{c}_{z(0)}^f, \dot{c}_{z(T/2)}^f, \dot{c}_{z(T)}^f\}$  and  $\{\ddot{c}_{z(0)}^f, \ddot{c}_{z(T/2)}^f, \ddot{c}_{z(T)}^f\}$  separately comprise the reference vertical velocity and acceleration at the time  $\{0, T/2, T\}$ .

2) *Vertical Movement for the Next Step*: To stop at the next step, we set the fourth desired point as

$$c_{z(2T)}^f = d_z^{i+1} + z_c, \quad \dot{c}_{z(2T)}^f = \ddot{c}_{z(2T)}^f = 0, \quad (44)$$

where  $d_z^{i+1}$  is the next vertical step location.  $\{c_{z(2T)}^f, \dot{c}_{z(2T)}^f, \ddot{c}_{z(2T)}^f\}$  is the desired status when  $t = 2T$ .

**Remark 2**: It should be highlighted that the ending state defined in (36) and (41) ensures that the robot can stop with a single support foot, yielding safe locomotion in the scenario with a limited stepping zone. The designed CoM status at the four discrete points meet the feasible constraints defined in Section IV-C. However, with these desired points the CoM trajectory (see Fig. 4 and Fig. 5) does not necessarily comply with the VHIP dynamics in (7) strictly.

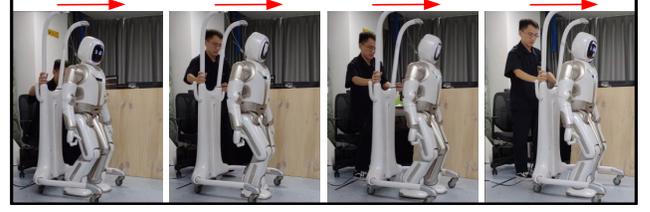


Fig. 6. Walker2 robot walks on a flat ground for data collection.

TABLE I  
PARAMETERS SETUP FOR THE WALK2 ROBOT

$\bar{l}_x$ [m]	-0.15	$\bar{l}_x$ [m]	0.35	$ \bar{l}_y $ [m]	0.18	$ \bar{l}_y $ [m]	0.3
$\bar{r}_x$ [m]	-0.11	$\bar{r}_x$ [m]	0.15	$\bar{r}_y$ [m]	-0.08	$\bar{r}_y$ [m]	0.08
$\bar{\omega}$ [m]	3.4	$\bar{\omega}$ [m]	5.1	$\bar{z}$ [m]	0.51	$\bar{z}$ [m]	0.71

### C. Task Adaptation Using LC-KMP

Let us denote all desired points defined in Section VI-A and VI-B as  $\bar{D} = \{\bar{t}_i, \bar{\mu}_i, \bar{\Sigma}_i\}_{i=1}^4$ , where  $\bar{\mu}_i \in \mathfrak{R}^9$  comprises the desired CoM position, velocity and acceleration at the time  $\bar{t}_i$  and  $\bar{\Sigma}_i \in \mathfrak{R}^{9 \times 9}$  is the covariance at each time that is used to control the adaptation precision associated with  $\bar{\mu}_i$ , i.e., how precisely the adapted CoM trajectory can pass through the desired point  $\bar{\mu}_i$  at the time  $\bar{t}_i$ .

Then we can simply concatenate  $\bar{D}$  with  $D_r$ , resulting in an extended reference trajectory  $\bar{D} = \bar{D} \cup D_r$ . By learning  $\bar{D}$  instead of  $D_r$ , an adapted trajectory that passes through all four desired points while satisfying the linear constraints can be obtained.

**Remark 3**: We can reuse the collected demonstrations in a different robot platform. All we need to do is to scale the demonstrative motions following the kinematic relationship and then define the corresponding desired points.

In summary, by using the LIP-aided heuristic rules, the constrained imitation learning is able to plan safe 3D locomotion while accounting for the task variation demand.

## VII. EVALUATIONS

This section verifies the advantages of our method. We first introduce the experimental setup (Section VII-A). Then, we conduct simulations on a VHIP (Section VII-B) and compare our method with MPC-based approaches in [9], [43] and [44] (Section VII-C). Afterwards, we conduct hardware experiments on Walker2 [45] (Section VII-D). Finally, we extend our framework to the COMAN robot [46] (Section VII-E).

### A. Setup

We collect four demonstrations for LC-KMP by using the Walker2 robot [45] and apply these motions in the following evaluations. Regarding data collection, the robot repeatedly executes a periodic walking task on a flat ground ( $l_z = 0\text{m}$ ,  $l_x = 0.1\text{m}$ ,  $|l_y| = 0.2\text{m}$ ,  $T = 0.7\text{s}$  and  $z_c = 0.61\text{m}$ ), where the estimated CoM trajectory (i.e., pelvis center) is recorded as the demonstration. One demonstration is showcased in Fig. 6.

The Gaussian kernel  $k(t_i, t_j) = \exp(-h(t_i - t_j)^2)$  with  $h = 14$  and the regularized coefficient  $\lambda = 20$  are used for LC-KMP. The other physical parameters are summarized in Table I.

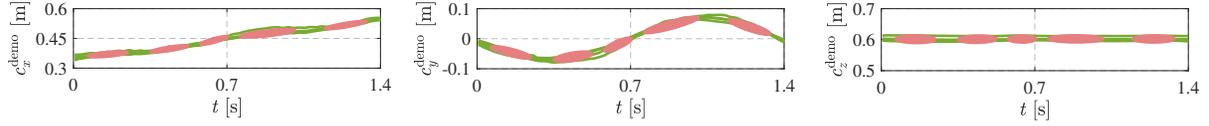


Fig. 7. Demonstrations (green curves) and the modelling of demonstrations using GMM. The red ellipses depict Gaussian components.

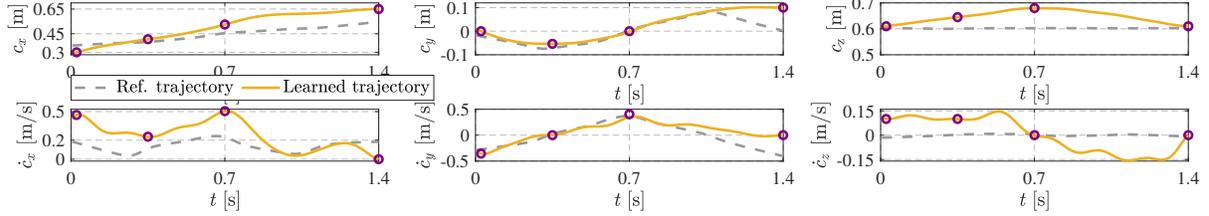


Fig. 8. Adapted CoM trajectories with 3D capturability. The Ref. trajectories are retrieved from demonstrations via GMR. Circles plot desired points for task adaptation.

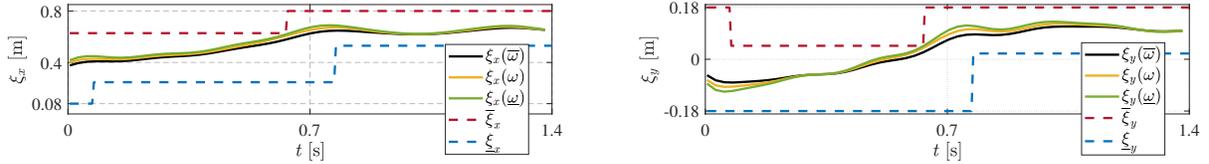


Fig. 9. DCM profiles generated using LC-KMP.

TABLE II  
TRACKING ERRORS OF CoM POSITIONS

Error[m]	Time[s]	0	0.35	0.7	1.4
$c_x$		$-1.7e-5$	$2.2e-5$	$-1.3e-4$	$-9.2e-5$
$c_y$		$2.4e-5$	$4.3e-4$	$-2.8e-3$	$-5.8e-5$
$c_z$		$2.6e-4$	$-1.3e-4$	$-5.6e-4$	$2.3e-4$

### B. Safe Gait Learning with Task Adaptation for VHIP

In this test, the desired step lengths for the current and the next steps are separately set to be 0.25m and 0.2m, and the first and second step heights are separately set to be 0.07m and  $-0.07$ m. Note that the step lengths and heights are different from the ones in demonstrations.

The adapted CoM trajectories are illustrated in Fig. 8, showing that the proposed method can generate a 3D trajectory that passes through the desired points, albeit that 2D periodic gaits are used as demonstrations. Note that these 2D demonstrations have negligible height variation, see  $c_z^{\text{demo}}$  in Fig. 7. Although a piecewise linear height trajectory is assumed in Section VI-B, continuous vertical motion meeting the task adaptation requirement is obtained, see the smooth  $c_z$  and  $\dot{c}_z$  in Fig. 8. Numerical analysis in Table II indicates that position tracking errors at these desired points are below  $3 \times 10^{-3}$ m, which is acceptable for a locomotion task. Thus, with only four desired points, the adaptive trajectory are generated.

The DCM trajectories corresponding to the adapted CoM trajectories are plotted in Fig. 9, where the DS accounts for 20% of the whole period. Note that in Fig. 9 the DCM boundaries are unchanged after 0.77s, since the DS phase at the end of the next step is ignored. The actual DCM profiles (plotted by yellow curves) computed using the varying  $\omega$  fall into the capture region. Therefore, we can conclude that the one-step capturability constraints are satisfied at the current step and zero-step capturability constraints are respected at the next step. Also, the passive safety is attained as the CoM state ends with zero velocities (i.e.,  $\dot{c}_x = \dot{c}_y = \dot{c}_z = 0$  m/s) at  $t = 1.4$ s.

### C. Comparison with MPC-based Approaches

In order to evidence the advantages of our solution, we compare it with vanilla linear MPC (LMPC) [43], linear MPC (LMPC) [9] and nonlinear MPC (NMPC) [44].

In [43], the 3D CoM trajectory was generated by a vanilla LMPC approach under the assumption of a bounded natural frequency (see (10)). The CoP stability was preserved in [43], where however the passive safety was overlooked. As an extension of [43], the passive safety was studied in [9], where the CoP movement over the whole prediction horizon was constrained and the zero-step capturability constraint was imposed at the end of the prediction horizon.

In [44], an NMPC was designed to generate 3D gaits where nonlinear CoP constraints induced by height variation were considered. However, the safety requirements were missing there. To make a fair comparison, we consider an improved version of [44] as a baseline, i.e., the constraints defined in (36), (41) and (44) are imposed at the end of the prediction horizon. Subsequently, NMPC [44] is used to generate safe 3D gaits via sequential quadratic programming (SQP).

We consider two tasks: one is a 2D task (Task 1) with a constant CoM height (0.61m) and a constant step length (0.15m), and the other (Task 2) is the 3D task discussed in Section VII-B. For all MPC approaches, the prediction horizon is 1.4s and time interval is 0.025s. The CoM trajectories generated by different approaches are plotted in Fig. 10 and the corresponding DCM trajectories at the second step are depicted in Fig. 11.

1) *Safety Performance*: In Fig. 11, only the vanilla LMPC [43] violates the zero-step capturability constraints considering the generated  $\xi_y$  goes beyond the support region in Fig. 11. While LMPC [9], NMPC [44] and our approach all obey the safety constraints, we compare their DCM trajectories against the desired DCM values (assuming the robot stops at the second step), which are plotted by the dotted black lines in Fig. 11. Table III and Table IV summarise the maximal and

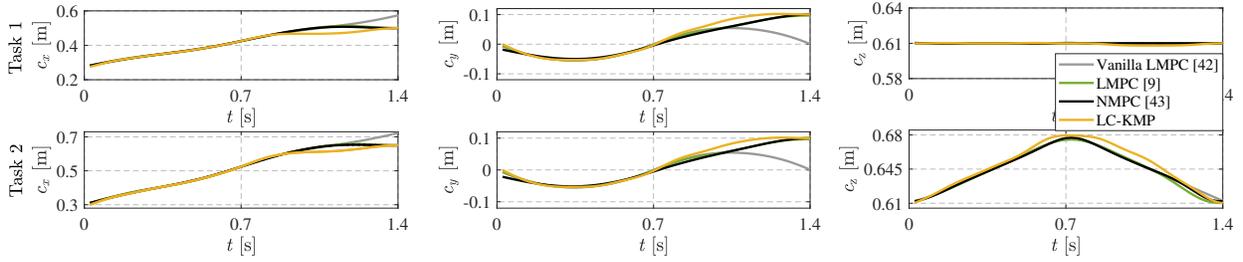


Fig. 10. CoM trajectories generated by different approaches.

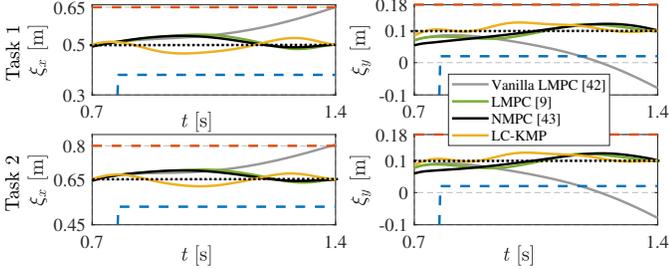


Fig. 11. DCM trajectories generated by different approaches. Red and blue dashed curves separately depict the upper and lower bounds of the support region. The dotted black lines represent the desired DCM values.

TABLE III  
MAXIMAL DCM (ABSOLUTE) ERRORS AT THE SECOND STEP

Method	Task 1		Task 2	
	$\xi_x$	$\xi_y$	$\xi_x$	$\xi_y$
LMPC [9]	0.0405	0.0257	0.0446	0.0242
NMPC [44]	0.0373	0.0412	0.0454	0.0403
Ours	0.0180	0.0170	0.0219	0.0167

average errors at the second step, showing that our approach has the smallest DCM errors in both tasks and thus a smoother DCM convergence towards the passive safety is achieved.

2) *Computing Efficiency*: The computational costs needed by different approaches<sup>5</sup> are reported in Table V. Compared with the vanilla LMPC [43] which ignored the safety constraints, LMPC with safety concerns [9] needs a larger time cost (around seven times of the vanilla LMPC in both tasks). Specifically, in LMPC, the extreme  $\omega$ s in linear constraints (see  $\underline{\omega}$  and  $\bar{\omega}$  in (10) and (11)) impose very strict restrictions to the optimizer and increase the number of constraints (two linear DCM constraints in [9] against one nonlinear DCM constraint in [44]), thus it has a larger computing cost than NMPC [44]. Although NMPC [44] does not tackle the extreme cases, it relies on multiple QP optimization within each iteration loop, leading to an extra time cost. As a result, the computational cost of NMPC is more expensive than our solution which only requires solving a single QP. Therefore, we can conclude that our work is most efficient for gait planning when safety constraints are included.

#### D. Hardware Experiments on Walker2 Robot

We here verify our approach on a real Walker2 robot, where rich locomotion tasks are tested, including stone stepping, stair climbing, leg stretching and brake motion.

<sup>5</sup>All optimization problems are solved using the ‘quadprog’ function provided in Matlab optimization toolbox.

TABLE IV  
AVERAGE DCM (ABSOLUTE) ERRORS AT THE SECOND STEP

Method	Task 1		Task 2	
	$\xi_x$	$\xi_y$	$\xi_x$	$\xi_y$
LMPC [9]	0.0210	0.0153	0.0245	0.0140
NMPC [44]	0.0180	0.0170	0.0219	0.0167
Ours	0.0179	0.0099	0.0169	0.0095

TABLE V  
TIME COSTS NEEDED BY DIFFERENT GENERATORS

Solver	vanilla LMPC [43]	LMPC [9]	NMPC [44]	Ours
	QP	QP	SQP	QP
Safety	✗	✓	✓	✓
Task 1 time[s]	0.34±0.04	2.40±1.32	0.96 ± 0.73	0.38±0.03
Task 2 time[s]	0.36±0.04	2.67±1.53	1.08 ± 0.76	0.43±0.03

1) *Safe 3D Walking on Uneven Terrains*: In this setting, the robot first climbs a stone and then walks on a non-coplanar surface (the first row in Fig. 12). The corresponding trajectories are plotted in Fig. 13. From Fig. 12 (i)(b)–(i)(d) and the forward motion (i.e.,  $x$  component) during 4.2s~5.6s in Fig. 13, we can see that the robot makes a larger step (i.e.,  $l_x=0.2$ m) than the demonstrated step in order to climb the stone (5cm in height). Then, the robot walks straight on the non-coplanar surface, see Fig. 12(i)(d)–(i)(f). Finally, the robot comes to a stop on the stepping stone, as evidenced by the lateral ( $y$  component) CoM trajectory after 10s in Fig. 13.

The case of climbing a stair (stair height 10cm,  $T=0.7$ s) is shown in the second row of Fig. 12. The supplementary video shows another evaluation, where the robot climbs the stair with a lower step frequency ( $T=1$ s) by using a simple time scaling. Note that in this climbing task, the tuning of the KMP parameters ( $h$  and  $\lambda$ ) is not needed. However, when using the traditional MPC framework, e.g., [9], [44], the prediction horizon needs to be altered and the control parameters (usually more than ten parameters) should also be tuned.

2) *Adaptive Walking with Leg Stretching*: In this case, the robot walks with stretched knees. The sagittal CoM and DCM trajectories are plotted in Fig. 14. Observing the actual CoM profile (magenta curve) in Fig. 14 ( $z$  component), the robot increases the vertical height (5cm) by stretching knee joints after 4s so that it walks with almost a straight leg, which can be found in the third row of Fig. 12. After 5s, the robot walks forward with  $l_x=0.1$ m and then walks backward with  $l_x=-0.05$ m (see  $x$  component during 9.8s~13.3s in Fig. 14).

Thus, we can conclude that the adaptive and safe locomotion in 3D challenging scenarios can be accomplished by merely learning 2D periodic motions. We also test several other tasks, including sudden brake when walking on uneven terrains, please see the supplementary video.

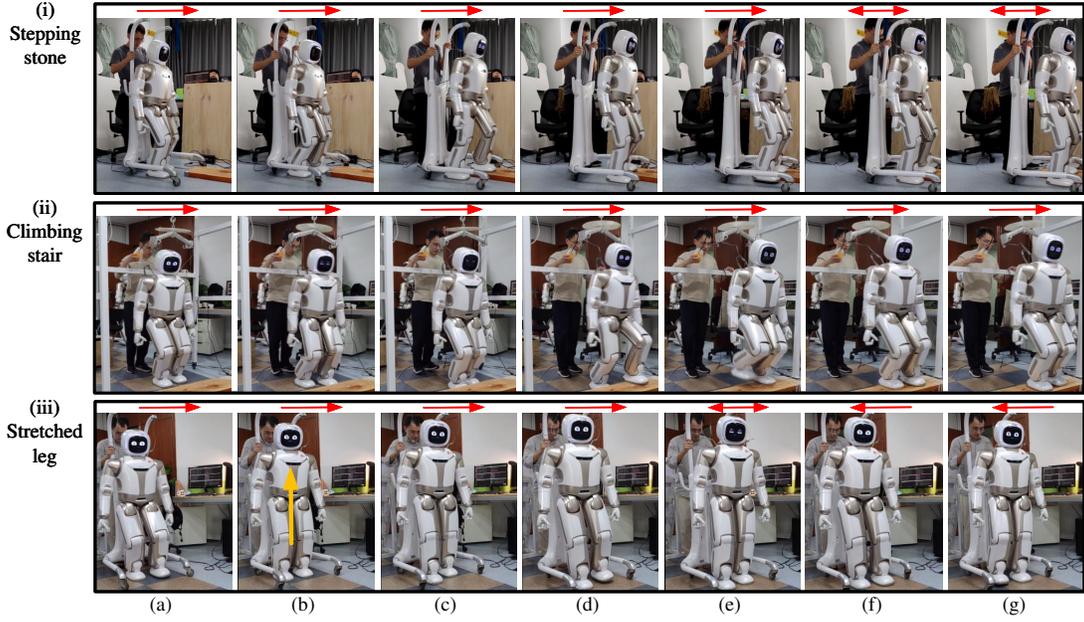


Fig. 12. Walker2 walks safely in real-world scenarios. The *first*, *second* and *third* rows showcase the applications to stone stepping, stair climbing and aperiodic walking with stretched legs. The red arrows above each row indicate walking directions and the orange arrow in (iv)(b) indicates leg stretching.

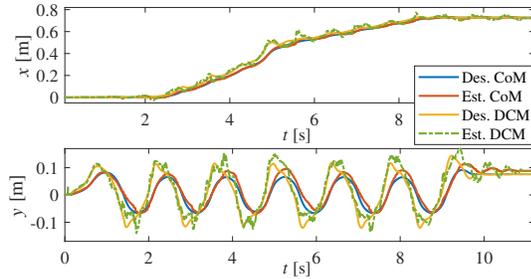


Fig. 13. Walker2's motion in a stone-stepping task. 'Des.' and 'Est.' trajectories separately denote the reference and actual trajectories.

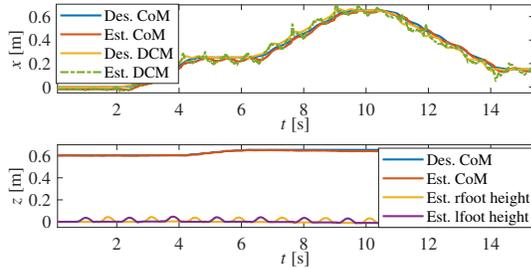


Fig. 14. Walker2's aperiodic walking with stretched knees.

### E. Transfer Demonstrations to A Different Robot Platform

We now generalize the learned skills to the COMAN robot, with nominal  $z_c = 0.457\text{m}$ ,  $l_x = 0.1\text{m}$  and  $|l_y| = 0.145\text{m}$ . Following the kinematic relationship, we scale the original demonstrations collected on the Walker2 robot through linear transformation. To comply with the actuation capability, the desired step duration is set as 0.8s.

#### 1) 3D Walking with Varying Height and Step Length:

Figure 15 shows that the COMAN robot first walks across stairs (the stair height is 4cm, step length  $l_z = 0.15\text{m}$ ) and then crouches across a low passage (reducing the CoM height by 4cm). Note that the safe gait is generated by learning from Walker2's motion, where the time-consuming iterative search

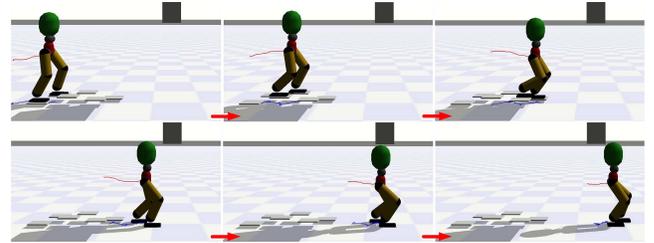


Fig. 15. COMAN robot walks safely in a 3D scenario by learning from the Walker2's demonstrations. The *first* row shows the motions for stair climbing and the *second* row shows the snapshots when crouching across a passage.

or fine tuning is avoided, bringing advantages compared with the DRL framework [36]–[38] and MPC strategy [9], [44].

2) *Comparison Studies on Safe 3D Locomotion:* In order to further illustrate the advantages of our solution, we compare our framework with two typical approaches for 3D locomotion planning, including the DCM-based gait planner [30] and the NMPC approach [47]. In [30], given a height trajectory, the time-varying natural frequency  $\omega$  was first calculated. Then, LQR was employed to generate 3D DCM trajectories. Finally, the CoM profiles were computed by (8). By doing so, the zero-step capturability was obeyed in [30], whereas the ending CoM status was not confined into the support center of one single support foot. In [47], the safety constraints were ignored.

We consider two brake motions after climbing stairs: one is an emergency brake (Brake Task) after making a large step (with  $l_x = 0.2\text{m}$ ), the other is a robust brake against an external push force (Robust Task). In both tasks, we generated the CoM trajectories by LQR [30], NMPC [47] and our method separately, and mapped the CoM position to the pelvis center.

The actual CoM trajectories are plotted in Fig. 16. From Fig. 16, we can see that all methods accomplish the stair climbing task successfully, see the height ( $c_z$ ) variation during 4s~6s. Nevertheless, when using NMPC [47] and LQR [30],

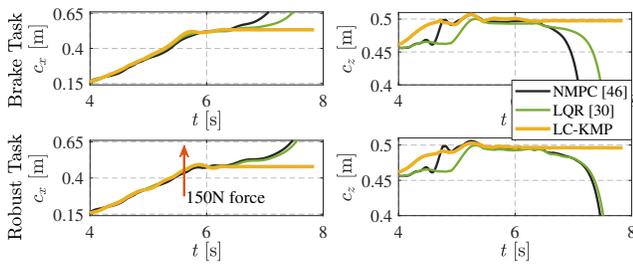


Fig. 16. Real CoM trajectories of the COMAN robot.

the robot falls down in both tasks when it attempts to stop (see the rapid increase in  $c_x$  and the rapid decrease in  $c_z$  after 6s). In contrast, using our solution, the robot stops safely in both tasks (see the constant  $c_x$  and  $c_z$  in yellow lines after 6s). More details can be found in the supplementary video.

## VIII. CONCLUSIONS

In this paper, we have developed a task-space imitation learning framework for bipedal locomotion, where linear safety constraints are derived and integrated into a constrained learning approach. Throughout the extensive experiments, we have shown that our method can learn from a few 2D demonstrations and generalize the learned skills to unseen 3D scenarios while strictly obeying the safety constraints. Due to the task-space adaptation property, we can reuse the demonstrations in a different platform.

Taking imitation learning as the core, our method holds two key advantages over MPC approaches: 1) the empirical reference trajectory is not needed, reducing the dependence on the simplified models; 2) our method generates safe and adaptive 3D gaits efficiently while providing a smoother convergence. Our method has a key advantage over the DRL-based framework [36]–[38], i.e., the need of a large number of iterations is avoided. Since we learn the task-space policy, high-level locomotion requirements can be met easily. In the future, it would be of interest to extend our framework to highly dynamic motions, e.g., jumping and running.

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