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Appendix

Under each heading, please tick the ONE box that best describes your health TODAY

MOBILITY

- I have no problems in walking about
- I have some problems in walking about
- I am confined to bed

SELF-CARE

- I have no problems with self-care
- I have some problems washing or dressing myself
- I am unable to wash or dress myself

USUAL ACTIVITIES (*e.g. work, study, housework, family or leisure activities*)

- I have no problems with performing my usual activities
- I have some problems with performing my usual activities
- I am unable to perform my usual activities

PAIN / DISCOMFORT

- I have no pain or discomfort
- I have some pain or discomfort
- I have extreme pain or discomfort

ANXIETY / DEPRESSION

- I am not anxious or depressed
- I am moderately anxious or depressed
- I am extremely anxious or depressed

Table A.1: EQ-5D-3L classification system

Have you recently?

1. Been able to concentrate on what you're doing?	Better than usual	<input type="checkbox"/>	Same as usual	<input type="checkbox"/>	Less than usual	<input type="checkbox"/>	Much less than usual	<input type="checkbox"/>
2. Lost much sleep over worry?	Not at all	<input type="checkbox"/>	No more than usual	<input type="checkbox"/>	Rather more than usual	<input type="checkbox"/>	Much more than usual	<input type="checkbox"/>
3. Felt you were playing a useful part in things?	More so than usual	<input type="checkbox"/>	Same as usual	<input type="checkbox"/>	Less useful than usual	<input type="checkbox"/>	Much less useful	<input type="checkbox"/>
4. Felt capable of making decisions about things?	More so than usual	<input type="checkbox"/>	Same as usual	<input type="checkbox"/>	Less useful than usual	<input type="checkbox"/>	Much less capable	<input type="checkbox"/>
5. Felt constantly under strain?	Not at all	<input type="checkbox"/>	No more than usual	<input type="checkbox"/>	Rather more than usual	<input type="checkbox"/>	Much more than usual	<input type="checkbox"/>
6. Felt you couldn't overcome your difficulties?	Not at all	<input type="checkbox"/>	No more than usual	<input type="checkbox"/>	Rather more than usual	<input type="checkbox"/>	Much more than usual	<input type="checkbox"/>
7. Been able to enjoy your normal day-to-day activities?	More so than usual	<input type="checkbox"/>	same as usual	<input type="checkbox"/>	Less so than usual	<input type="checkbox"/>	Much less than usual	<input type="checkbox"/>
8. Been able to face up to your problems?	More so than usual	<input type="checkbox"/>	same as usual	<input type="checkbox"/>	Less so than usual	<input type="checkbox"/>	Much less able	<input type="checkbox"/>
9. Been feeling unhappy and depressed?	Not at all	<input type="checkbox"/>	No more than usual	<input type="checkbox"/>	Rather more than usual	<input type="checkbox"/>	Much more than usual	<input type="checkbox"/>
10. Been losing confidence in yourself?	Not at all	<input type="checkbox"/>	No more than usual	<input type="checkbox"/>	Rather more than usual	<input type="checkbox"/>	Much more than usual	<input type="checkbox"/>
11. Been thinking of yourself as a worthless person?	Not at all	<input type="checkbox"/>	No more than usual	<input type="checkbox"/>	Rather more than usual	<input type="checkbox"/>	Much more than usual	<input type="checkbox"/>
12. Been feeling reasonably happy, all things considered	More so than usual	<input type="checkbox"/>	About same as usual	<input type="checkbox"/>	Less so than usual	<input type="checkbox"/>	Much less than usual	<input type="checkbox"/>

Table A.2: General Health Questionnaire-12

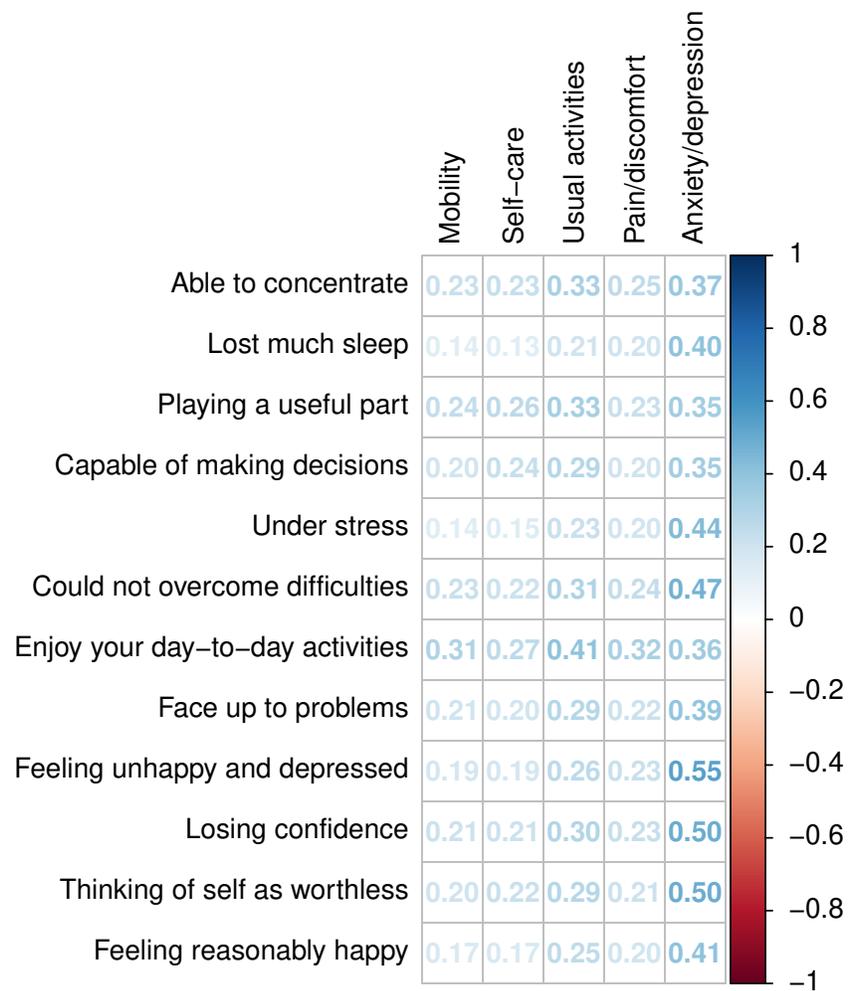


Figure A.1: Correlations between EQ-5D-3L dimensions and General Health Questionnaire-12 items in analysis sample. $N=6,924$

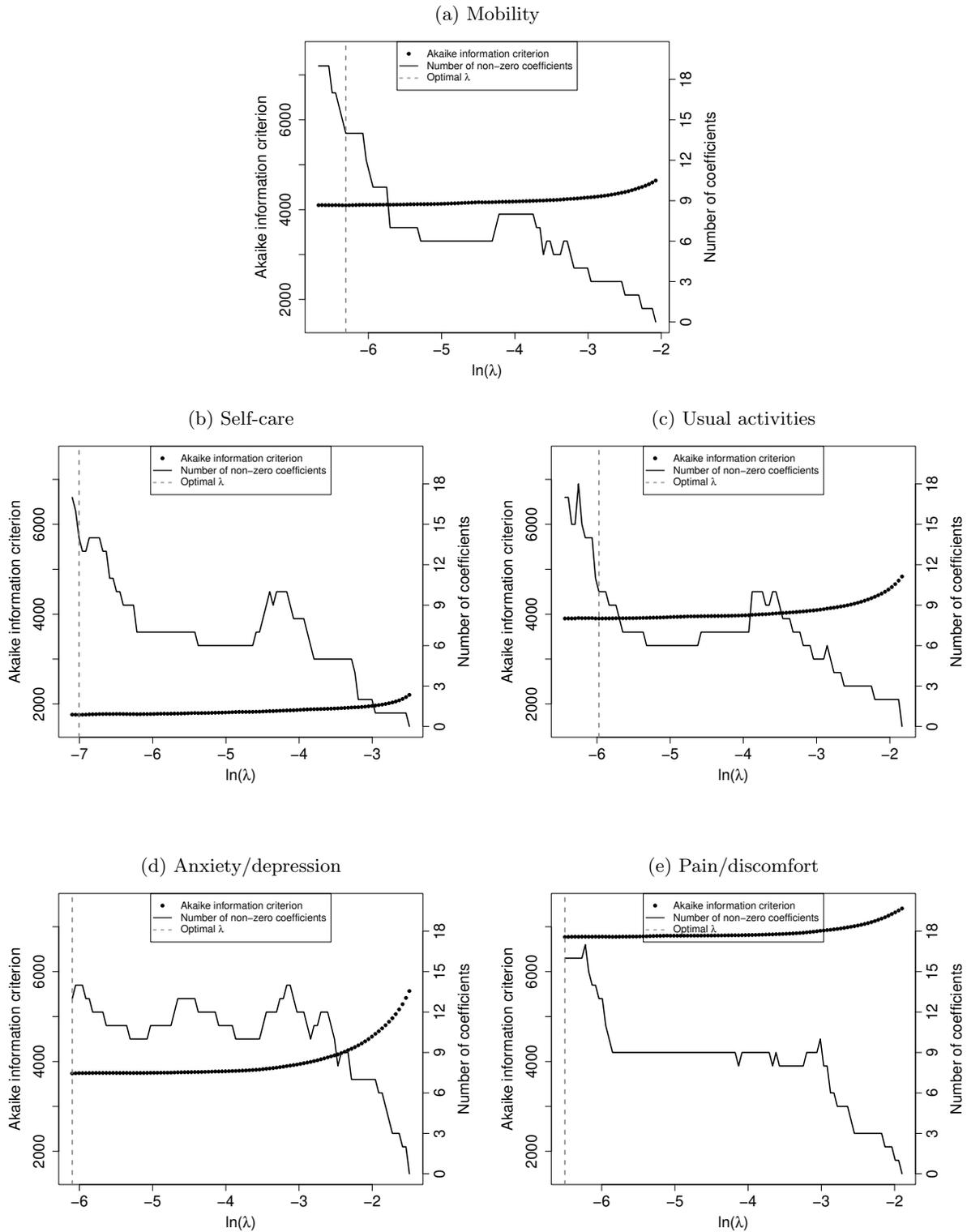


Figure A.2: Convergence of least absolute shrinkage and selection operator models