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1 Affimer Tagged Cubosomes: Targeting of
2 Carcinoembryonic Antigen Expressing Colorectal
3 Cancer Cells using *In Vitro* and *In Vivo* Models

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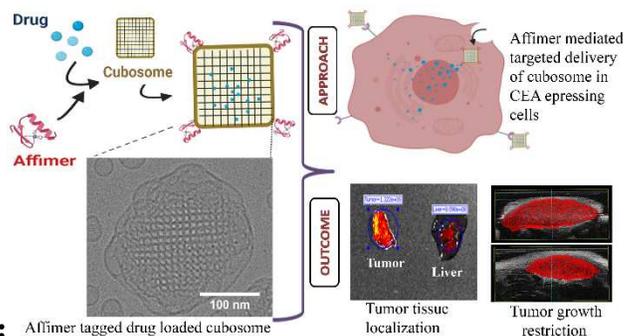
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21 **KEYWORDS:** Affimers, Cubosomes, Lipids, Lyotropic liquid crystalline nanoparticles, Cancer,
22 Active targeting

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24



26 **ABSTRACT**

27 Nanomedicines, while having been approved for cancer therapy, present many challenges such as
28 low stability, rapid clearance and non-specificity leading to off-target toxicity. Cubosomes are
29 porous lyotropic liquid crystalline nanoparticles that have shown great promise as drug delivery
30 vehicles, however their behavior *in vivo* is largely underexplored, hindering clinical translation.
31 Here, we have engineered cubosomes based on space group Im3m, that are loaded with copper
32 acetylacetonate as a model drug and their surface functionalized for the first time with Affimer
33 proteins via copper-free click chemistry to actively target overexpressed carcinoembryonic
34 antigens on LS174T colorectal cancer cells. Unlike non-targeted cubosomes, Affimer tagged
35 cubosomes showed preferential accumulation in cancer cells compared to normal cells not only *in*
36 *vitro* (2D monolayer cell culture and 3D spheroid models) but also *in vivo* in colorectal cancer
37 mouse xenografts, whilst exhibiting low non-specific absorption and toxicity in other vital organs.
38 Cancerous spheroids had maximum cell death compared to non-cancerous cells upon targeted

39 delivery. Xenografts subjected to targeted drug-loaded cubosomes showed a 5-7 fold higher drug
40 accumulation in the tumor tissue compared to the liver, kidneys and other vital organs, significant
41 decrease in tumor growth and an increased survival rate compared to the non-targeted group. This
42 work encompasses the first thorough pre-clinical investigation of Affimer targeted cubosomes as
43 a cancer therapeutic.

44

45 INTRODUCTION

46 Nanomedicine is an emerging field that has shown great potential in providing state of the art
47 diagnosis and treatment of many diseases and a plethora of nanoparticle formulations have been
48 developed based on proteins, polymers, lipids, metals or inorganic elements.¹ An emerging class
49 of lipid-based nanoparticles are dispersions of inverse lyotropic liquid crystalline phases. These
50 have internal nanostructures that possess two- or three-dimensional periodicity, such as hexagonal
51 or cubic symmetries, and are usually stabilized by a polymer corona. These lyotropic liquid
52 crystalline lipid nanoparticles (LCNPs) offer several advantages such as structural versatility,
53 porosity, improved stability, high encapsulation efficiency due to their high internal surface area,
54 as well as biocompatibility due to mostly being made up of food-grade material.²⁻³ Cubosomes, a
55 type of LCNPs, have attracted interest as delivery vectors for theranostic applications. They have
56 an internal structure based on either the diamond, primitive or gyroid bicontinuous cubic phases
57 belonging to space groups $Pn3m$, $Im3m$ and $Ia3d$ respectively, and consist of two non-
58 communicating water channels divided by a single continuous lipid bilayer (**Figure 1**).²⁻³
59 Cubosomes have potential to offer controlled release of encapsulated actives⁴⁻⁶ that can also be

60 achieved via phase transitions in response to a stimulus such as pH⁷⁻⁸ as well as facilitated cellular
61 uptake.⁹⁻¹⁰ Due to their amphiphilic nature, they can encapsulate hydrophilic and hydrophilic cargo²
62 including drugs, imaging agents,¹¹ and biomolecular payloads such as proteins¹², DNA¹³ or small
63 interfering RNA.¹⁴ LCNPs have been reported to have superior performance and efficacy of the
64 loaded cargo in a variety of disease sites and models.³ For example, cubosomes outperformed
65 liposomes in siRNA delivery and transfection.¹⁴

66 Whilst many anti-cancer drugs have been encapsulated into cubosomes and tested for efficacy
67 in a number of different cell lines to mimic various disease models with promising results¹⁵⁻¹⁷, these
68 have mostly been based on passive targeting of nanoparticles, which often requires high drug
69 loading that can lead to off-target toxicity. Cubosomes made entirely of polymers have also been
70 recently synthesized,¹⁸⁻¹⁹ although to the best of our knowledge there have been no studies on the
71 encapsulation of actives within them or their use in biomedical applications. While polymer
72 nanoparticles offer advantages such as increased stability compared to their lipid counterparts, they
73 also suffer from disadvantages such as low biocompatibility and increased cytotoxicity compared
74 to their lipidic counterparts. A small number of studies have functionalized the outer corona of
75 lipid-based cubosomes with molecules such as biotin²⁰, folate²¹ and epidermal growth factor
76 receptor antibody fragments²², which showed high affinity and specificity to their target. Alcaraz
77 *et al.* developed cubosomes that could undergo copper-free click chemistry that have the potential
78 to target cell surfaces by metabolic labelling.²³ Moreover, investigation of cubosome-cell
79 interactions has been limited to 2D monolayer cultures. Recently *Zhai et al.* explored the
80 interaction of paclitaxel-loaded cubosomes with 3D spheroid models of skin cancer cells, which
81 provides a much more relevant *in vitro* model to mimic *in vivo* conditions, and found that cancer
82 cells in the spheroids were more resistant to treatment compared to 2D models.⁹

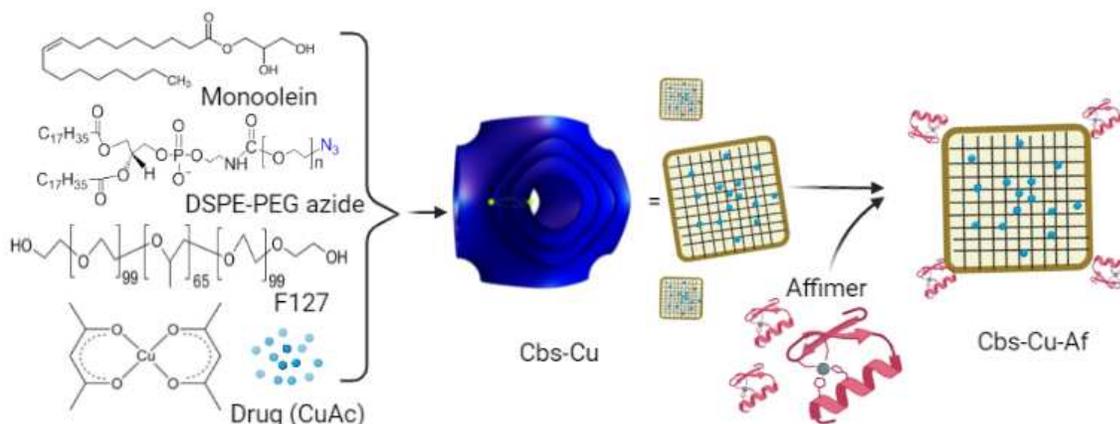
83 Very few studies have focused on the cytotoxicity and, in particular, the biodistribution of
84 cubosomes *in vivo*^{3,9,11,22,24} and as all these studies have had different theranostic applications,
85 used different administration routes and varied compositions of lipids and stabilizer, it is difficult
86 to draw conclusions on the biological fate of cubosomes. For example, Biffi *et al.*, showed that
87 fluorescent monoolein cubosomes administered intravenously to the tail vein of healthy mice
88 preferentially accumulated in the liver as monitored over time and up to 48 hours post injection.²⁵
89 On the contrary, intraperitoneal injection of paclitaxel-loaded monoolein cubosomes to A431 skin
90 cancer mouse xenografts showed preferential accumulation at tumor sites, monitored up to 24
91 hours post injection.⁹

92 In this work, we aim to develop active cancer-targeted cubosomes to colorectal cancer cells
93 loaded with a model anticancer drug and investigate their efficacy both *in vivo* and *in vitro*, and
94 their efficacy and biodistribution *in vivo* – the first study to perform such a thorough pre-clinical
95 investigation. The heterogeneity between individual colorectal cancers (CRC) and the lack of
96 consistently overexpressed receptors that can be used as biomarkers limit targeted drug delivery.²⁶
97 We have previously shown that the most suitable surface biomarker in CRC, both in terms of
98 degree and frequency of overexpression, is a carcinoembryonic antigen (CEA).²⁷ CEA has been
99 used as a biomarker to image CRC *in vivo*, using fluorescent silica nanoparticles tagged with
100 monoclonal antibodies (mAb).²⁸ Bottlenecks associated with mAb based drug conjugates however
101 include high cost of production, stability, and batch-to-batch variation, which limit their clinical
102 development.²⁹⁻³⁰ Affimers are small proteins that are engineered to have similar binding and
103 specificity as mAbs but offer advantages such as increased stability over a range of conditions
104 (temperature, pH) and ease of production/scale up thereby ensuring consistency over batch-to-
105 batch productions, while maintaining specific target recognition.³¹⁻³⁴ Affimers, identified from a

106 phage display library, that have specificity towards CEA antigens have been developed ³⁵ and
107 exhibit ease of surface functionalization on molecules of interest. ³⁶

108 Here we have developed monoolein (MO) based cubosomes (Figure 1) that encapsulated with 5
109 weight % (with respect to MO) of the model organometallic cancer drug copper acetylacetonate
110 (CuAc). We were specifically interested in relatively simple copper compounds as anti-cancer
111 agents as they have potential to provide novel and low-cost drugs that could be affordable in a
112 global context.³⁷ We have previously shown that CuAc has potent anticancer activity however due
113 to its poor solubility and cytotoxicity an encapsulation strategy is necessary.³⁸⁻³⁹ The CuAc loaded
114 cubosomes were targeted to CRC cells using Affimers, attached on the cubosome's surface via
115 copper-free click chemistry. Cubosomes were characterized using Small Angle X-ray Scattering
116 (SAXS), cryogenic Transmission Electron Microscopy (cryo-TEM) and dynamic light scattering
117 (DLS). The therapeutic efficacy of the nanoformulation was studied both *in vitro* in CRC 2D
118 monolayer cultures and 3D spheroids as well as tumor xenograft bearing mice, and showed
119 selectivity towards CEA expressing cells. Cancerous spheroids showed maximum cell death
120 compared to non-cancerous cells upon targeted delivery and CRC xenografts showed a large
121 decrease in tumor volume, no off-target toxicity and increased survival rates. The localization of
122 the cubosomes both *in vitro* and *in vivo* was also studied using fluorescence tags and show
123 preferential uptake of the targeted cubosomes by cancerous CEA expressing cells.

124



125
 126 **Figure 1:** Monoolein based dispersions of the primitive inverse bicontinuous cubic phase
 127 (cubosomes, shown in blue), which is based on space group Im3m, were engineered to encapsulate
 128 the model organometallic drug copper acetylacetonate (CuAc). The nanoparticles were stabilized
 129 by Pluronic F127 and DSPE-PEG2000-azide. DSPE-PEG2000-azide in the outer corona allowed
 130 conjugation of Affimer proteins, engineered to have a DCBO functional group, to the cubosome
 131 via copper free click chemistry in order to target overexpressed carcinoembryonic antigens on
 132 colorectal cancer cells.

133
 134 **RESULTS AND DISCUSSION**

135 **Characterization of clickable cubosomes tagged with Affimer protein**

136 We formulated and characterized monoolein (MO) based cubosomes stabilized by Pluronic F127,
 137 and DSPE-PEG2000-azide and loaded with a model hydrophobic drug. DSPE-PEG2000-azide,
 138 apart from acting as a stabilizer, has the additional role of allowing surface functionalization of the
 139 cubosomes with any ligand with dibenzocyclooctyne (DBCO) groups via copper free click
 140 chemistry. Appreciating that size might be an important consideration when designing
 141 nanocarriers,⁴⁰⁻⁴² as larger particles (>200nm) may potentially limit their ability to reach the tumor
 142 tissue whereas smaller particles (<20 nm) have low retention in the tumor and fast clearance *in*
 143 *vivo*⁴³, we explored different MO:F127:DSPE-PEG ratios and their effect on particle size (**Table**
 144 **S1**).Preliminary exploration of dispersion conditions found that dispersing the particles in an ice

145 bath gave smaller particles sizes on average compared to dispersing at room temperature. Out of
146 the compositions tested, MO: DPA: F127 88.79: 4.67: 6.54(w/w) yielded the smallest Z-average
147 diameter of 106 nm as well as the lowest polydispersity index (PDI) of 0.18, and hence this
148 concentration of MO: DPA: F127 was taken forward for all subsequent experiments. It should be
149 noted that the hydrodynamic diameter of the cubosomes as measured by Dynamic Light Scattering
150 (DLS) is not the same as their physical size. The mean size of the nanoparticles obtained from
151 various techniques weighs the size distribution differently so for example, DLS data will
152 emphasize larger particles whereas cryo-TEM often excludes larger particles from the thin ice and
153 hence highlights smaller particles in these polydisperse samples (see comparisons later).
154 Complexes of platinum, ruthenium, titanium and gallium have successfully entered clinical trials,
155 leaving potential for other complexes to be researched as cancer therapeutics⁴⁴. We have used one
156 such metal–organic complex of copper, copper acetylacetonate (CuAc), as a model hydrophobic
157 drug in this study. This complex has been extensively studied in various cancer cells in our
158 previous reports³⁸⁻³⁹. In this study, we found that encapsulating 5% (w/w with respect to MO) of
159 CuAc in cubosomes (Cbs) to be optimum, ensuring stable dispersions for up to 21 days (**Table S2**
160 and hence this loading was used in subsequent studies. The encapsulation of CuAc in the cubosome
161 was confirmed by energy-dispersive X-ray spectroscopy (EDAX). As shown **Figure S1A** and
162 **S1B**, a distinct peak for Cu was noted as expected at 8 KeV, which was not present in the analysis
163 of cubosomes without CuAc. Inductively coupled plasma optical emission spectrometry (ICP-
164 OES) using Cu as a reference material could further evaluate the encapsulation efficiency of CuAc
165 in the cubosome (**Table S2**). Similar to Bazylińska *et al.*⁴⁵, where a high encapsulation efficiency
166 was noted for a photosensitizer (Ce6) loaded cubosome, the encapsulation efficiency of 5 wt%
167 CuAc (with respect to MO) in our study was found to be 82% ± 4.0 (**Table S2**). DBCO labeled

168 Affimers were conjugated to the Cbs-Cu (CuAc loaded cubosome) via copper free click chemistry.
169 As shown by the FT-IR spectra (**Figure S1C**), a peak at 2127 cm^{-1} is observed for Cbs-Cu, which
170 signifies the presence of an azide group. The peak disappears for Affimer tagged Cbs-Cu (Cbs-
171 Cu-Af) due to the covalent bonding of the DBCO labelled Affimer to the azide group of DSPE-
172 PEG in the cubosome. Affimer conjugation is further confirmed using EDAX data (**Figure S1B**)
173 which show the characteristic Sulphur $K\alpha$ and $K\beta$ peaks ($2.3 - 2.5\text{ eV}$) arising from the tagged
174 cubosomes that is due to cysteine present in the Affimer. These peaks are absent in the bare
175 cubosomes (**Figure S1A**). The Cbs-Cu-Af cubosomes showed a prolonged and sustained release
176 of CuAc from the nanoparticles which was up to 60% of its total encapsulation even after 48h
177 (**Figure S1D**).

178 The internal nanostructure of the bare (Cbs), drug loaded (Cbs-Cu) and drug and Affimer tagged
179 (Cbs-Cu-Af) cubosomes was studied by small-angle X-ray scattering (SAXS) at 25°C and 37°C
180 (**Figure 2A** and **2B**). The choice of 25°C justified storage at room temperature and long term
181 stability, whereas 37°C justified its stability at a physiological relevant temperature. All SAXS
182 patterns show Bragg peaks in the ratio of $\sqrt{2}:\sqrt{4}:\sqrt{6}$ (which correspond to Miller indices (hkl) 110,
183 200, 211) which index as a primitive bicontinuous cubic space belonging to space group $\text{Im}\bar{3}\text{m}$.
184 The lattice parameters of Cbs, Cbs-Cu and Cbs-Cu-Af cubosomes at 25°C were 144.9 \AA , 149.3 \AA
185 and 153.8 \AA , and 133.3 \AA , 135.1 \AA and 138.9 \AA at 37°C respectively. MO is known to form a
186 bicontinuous cubic phase of space group $\text{Pn}\bar{3}\text{m}$ in excess water at the temperature range explored
187 in this study,⁴⁶⁻⁴⁷ however when Pluronic F127 is used to stabilize dispersions of MO, the system
188 transforms to an $\text{Im}\bar{3}\text{m}$ phase⁴⁸. Our results, as well as the lattice parameters obtained here are
189 consistent with previous studies on bare cubosomes^{9,23}. Encapsulated 5 wt% CuAc does not cause
190 a phase transition but slightly increases the lattice parameter as the bulky metal complex decreases

191 the magnitude of the monolayer spontaneous inverse curvature. Similarly, addition of DPA causes
192 a further increase in the lattice parameter as it decreases the hydrocarbon chain splay resulting in
193 less curved structures as was previously shown in phytantriol-based cubosomes²³. The Z-average
194 sizes of Cbs, Cbs-Cu and Cbs-Cu-Af cubosomes at 25°C were 106, 121 and 141 nm and had a
195 polydispersity index of 0.155, 0.159 and 0.086 respectively (**Figure 2C and S2**). It should be noted
196 that although DLS data on phytantriol: DPA cubosomes showed a bimodal distribution and a
197 significantly larger average size and PDI²³, this was not the case for our MO-based cubosomes.
198 The mean size of Cbs-Cu-Af cubosomes was also calculated by nanoparticle size analysis from
199 cryo-TEM data and gave a mean size of 130nm (**Figure S3A**). This is comparable to the value of
200 141 nm obtained by DLS. TEM nanoparticle size analysis of Cbs-Cu-Af gave a mean size of 66
201 nm (**Figure S3B**) although care should be taken when interpreting this number as TEM
202 measurements of soft materials can lead to deformation and mass loss of the sample.

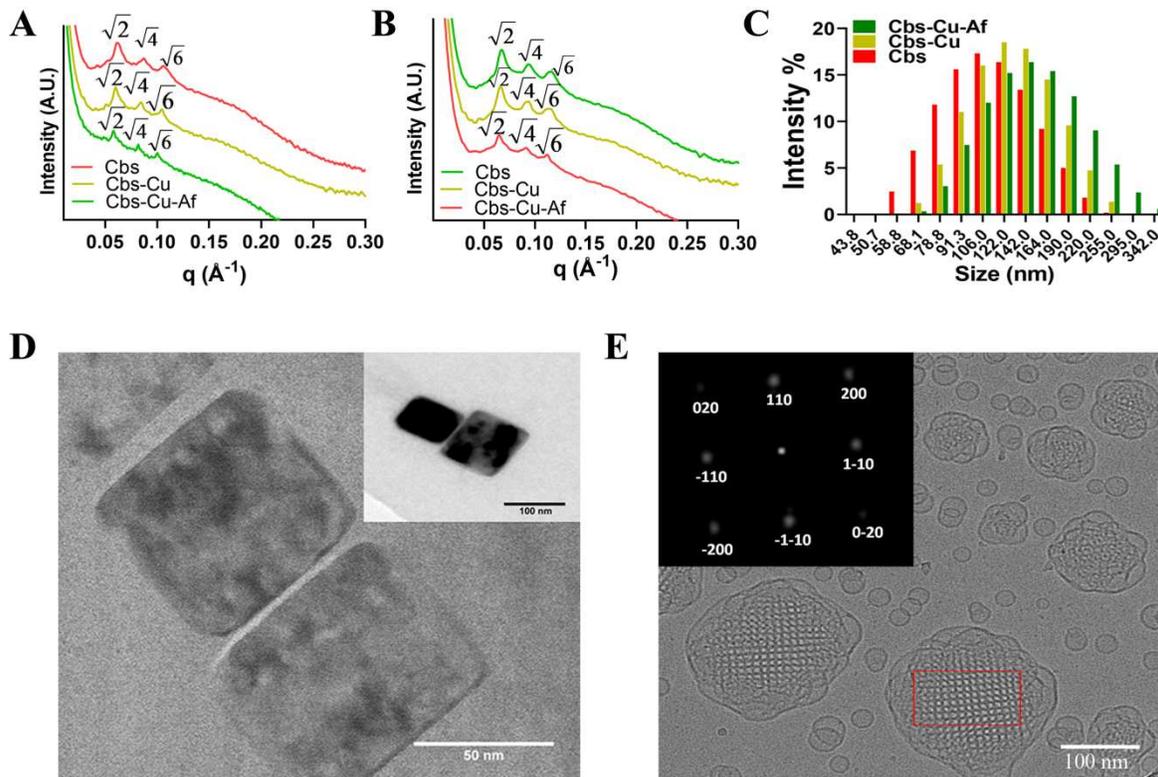
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204 The shape and morphology of Cbs-Cu-Af cubosomes was visualized by transmission electron
205 microscopy (TEM) (**Figure 2D**), which showed a neat cubical structure. Their internal
206 nanostructure was further visualized by cryo-TEM (**Figure 2E**). Cryo-TEM images show ordered
207 internal nanostructures which index to space group Im3m (**Figure 2E inset**). Cryo-TEM images
208 show Im3m cubosomes with a small number of vesicular structures which is known and caused
209 due to a surplus of F127⁴⁹.

210

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213

214

215 **Figure 2:** Cubosome characterization. SAXS patterns of Cbs, Cbs-Cu and Cbs-Cu-Af at (A) 25
 216 °C and (B) 37°C. All SAXS patterns index to a primitive bicontinuous cubic phase belonging to
 217 space group Im3m. (C) DLS data showing the hydrodynamic diameter of Cbs, Cbs-Cu and Cbs-
 218 Cu-Af with a z-average size of 106, 121 and 141nm respectively. (D) TEM image Cbs-Cu-Af and
 219 (E) Representative cryo-TEM image of Cbs-Cu-Af. The corresponding intensity of the fast Fourier
 220 transform (FFT) applied to the cubosome (red box) is shown in the inset along with the assigned
 221 Miller indices which index to space group Im3m.

222

223 Carcinoembryonic antigen is a suitable marker for colorectal cancers

224 Carcinoembryonic antigen (CEA) has been reported as a marker on the surface of cancer cells
 225 including lung, breast and pancreatic, yet predominantly its expression has been noted in colon
 226 and rectum cancers, as found from clinical samples⁵⁰⁻⁵². We have previously reported LoVo CRC
 227 cell lines having a relatively high expression of CEA³⁵. In this study, we show LS174T CRC cell
 228 lines exhibiting high CEA expression compared to non-cancerous HEK-293 cells, using CEA mAb

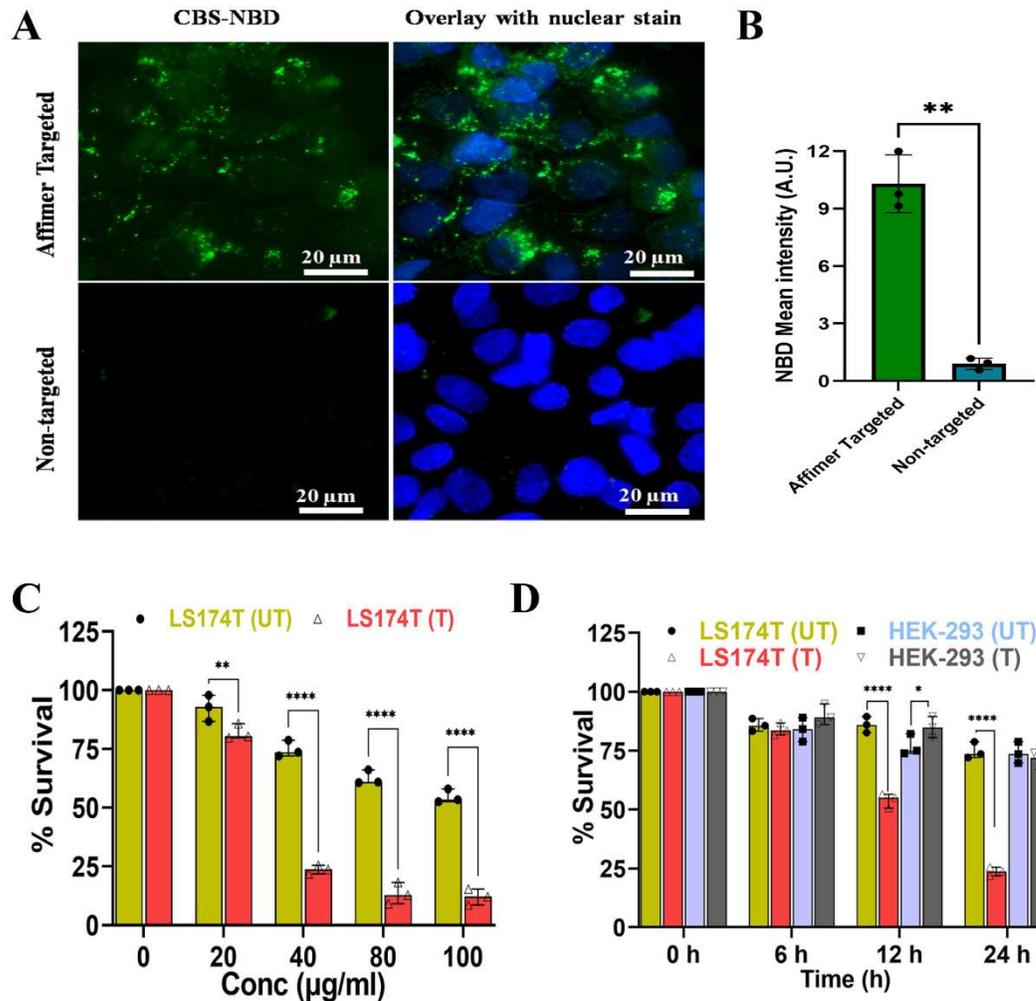
229 tagged with Alexa Fluor 488 secondary antibody (**Figure S5A**). This was further validated using
230 a western blot from both LS174T and HEK-293 cell lysates (**Figure S5B**), where the expression
231 of CEA was found to be 9 fold higher in the case of LS174T cells compared to HEK-293.

232

233 **CEA-Affimers successfully target cubosomes to CEA expressing colorectal cancer cells**

234 Affimer tagged cubosomes labelled with the green fluorescent lipid NBD-PE (Cbs-NBD) were
235 added to CEA expressing LS174T cells and were found to be endocytosed, as suggested by the
236 green fluorescence observed around the cell nucleus, in the cytoplasmic region of the LS174T cells
237 after a period of 24 h (**Figure 3A-B**). On the contrary, fluorescent cubosomes that where not
238 Affimer tagged showed little uptake by the LS174T cells during the timeframe of the experiment.
239 It has been shown that PEGylation of nanoparticles can hinder cell-nanoparticle interactions due
240 to steric hindrance and consequently a target moiety is needed to overcome this barrier and
241 promote uptake via receptor mediated endocytosis^{40-41, 53}. Our results suggest that Affimer tagged
242 cubosomes show promise in selectively delivering cargo to CEA expressing cells.

243



244

245 **Figure 3:** *In vitro* localization and targeting efficiency of Affimer labeled cubosomes; (A)
 246 Localization of fluorescently labelled cubosomes (Cbs-NBD) in LS174T with and without Affimer
 247 tagging. Cbs-NBD were observed at the cytoplasmic region of the cells post 24h treatment when
 248 tagged with Affimer whereas CBS-NBD uptake was negligible in the absence of Affimer, showing
 249 specificity of Affimer tagged cubosomes towards CEA expressing LS174T cells. (B) Quantitative
 250 analysis of Cbs-NBD (i.e. green fluorescence) shows a significant increase of 9.5 fold (** $p < 0.01$
 251 using Welch's non-parametric t-test) when Affimers are tagged to the cubosome compared to non-
 252 targeted cubosome in LS174T cells. (C) Cytotoxicity evaluation of Cbs-Cu i.e. untargeted
 253 represented as 'UT' and Cbs-Cu-Af i.e. Affimer targeted represented as 'T' in LS174T cells at
 254 concentration range between 0 - 100 µg/ml. There was a significant decrease (**** $p < 0.0001$,
 255 ** $p < 0.01$ using two-way ANNOVA) of survivability of the cells when CuAc was delivered via
 256 Cbs-Cu-Af. This observation was noted with dose starting from 40 µg/ml. (D) Cell viability of
 257 LS174T and HEK-293 cell lines with 40 µg/ml of Cbs-Cu 'UT' and Cbs-Cu-Af 'T' at various time
 258 points up to 24h. Significant reduction (**** $p < 0.0001$ using three-way ANNOVA) of
 259 survivability in LS174T cells is evident when treated with Cbs-Cu-Af but has a negligible effect

260 on HEK-293 cells as they lack the CEA expression. Without Affimer 'UT' there was negligible
261 toxicity in either of the cell lines.

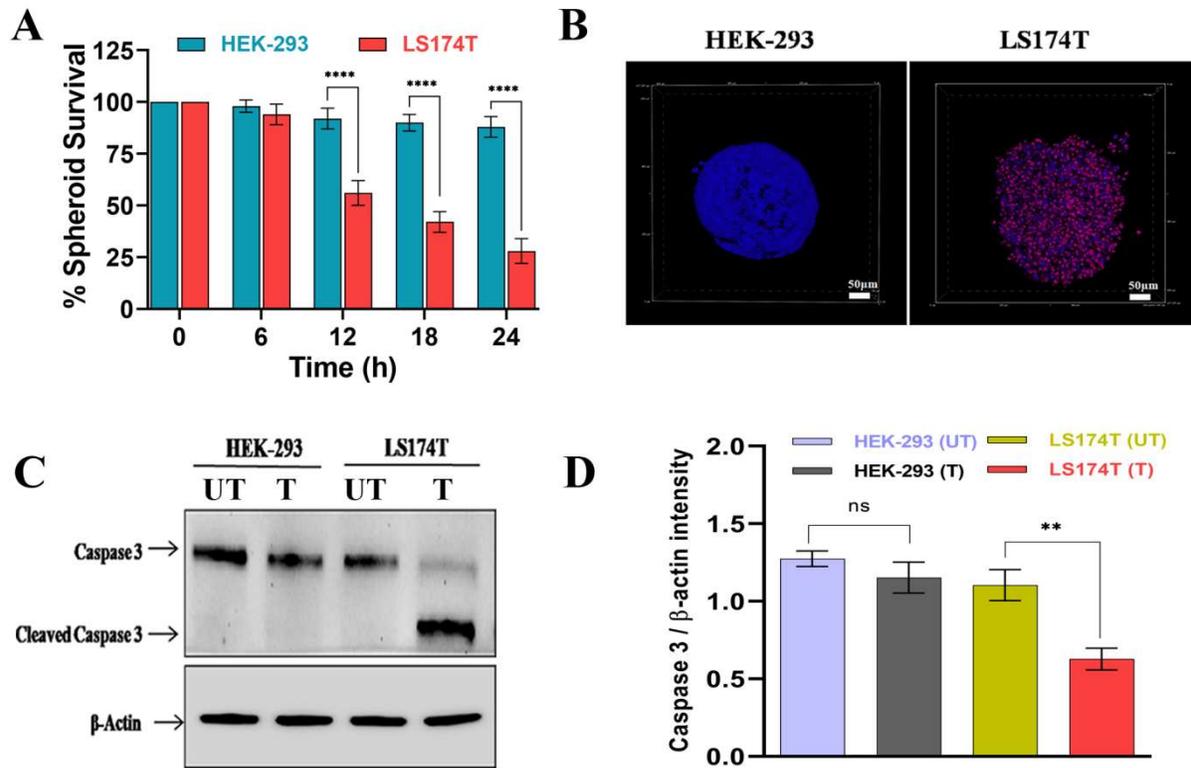
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263

264 **Affimer tagged cubosomes show selective toxicity to colorectal cancer cells- *In vitro* studies**

265 Monolayer 2D cultures of LS174T and HEK-293 cells were chosen for studying the drug
266 targeting efficiency of Affimer tagged cubosomes. Bare cubosomes were studied for their
267 biocompatibility in cells which concluded no cytotoxicity in both cell lines at a concentration of
268 up to 100 $\mu\text{g/ml}$ (**Figure S11**). To identify an optimum concentration of CuAc (5 wt%) loaded
269 cubosomes, LS174T cancer cells were initially screened under varying concentrations (0 - 100
270 $\mu\text{g/ml}$) of Cbs-Cu (with and without Affimer) for a period of 24 h. A concentration of 40 $\mu\text{g/ml}$
271 showed a significant decrease in cell viability, with the Affimer targeted and non-targeted
272 cubosomes showing a survival rate of $21 \pm 6\%$ and $75 \pm 4\%$ respectively (**Figure 3C**). Further
273 cytotoxicity studies were performed at 40 $\mu\text{g/ml}$ in both the cell lines (with and without Affimer
274 tagging) at varying time points over a period of 24 h. The non-cancerous HEK-293 cells showed
275 no significant reduction in cell viability ($80 \pm 5\%$) when treated with both targeted and non-
276 targeted Cbs-Cu (**Figure 3D**). Contrastingly, although LS174T cells showed a high cell viability
277 when treated with non-targeted cubosomes, Affimer tagged cubosomes showed a significant drop
278 in cell viability ($52 \pm 4\%$) after 12 h (**Figure 3D**). This result is in agreement with our cubosome
279 localization study above, and suggests that Affimer tagged, drug loaded cubosomes are taken up
280 by cells within a 6-12 hour period, whereas non-cancerous CEA negative cells displayed minimal
281 uptake and cytotoxicity and show promise in targeted delivery to CEA expressing cells with low
282 toxicity to normal cells. This is the first demonstration of Affimer-directed specific cancer cell
283 death using drug-loaded cubosomes. Cell death of the LS174 CEA-expressing cell line treated with
284 targeted cubosomes was shown to be mediated by apoptosis (**Figure S12**). A clear difference is

285 seen in Affimer tagged and untagged cubosomes in efficiency of targeting, that proves Affimers
 286 are active even after tagging on cubosomes.



287
 288 **Figure 4:** 3D Spheroid study of Affimer targeting; (A) Survivability study of 40 $\mu\text{g/ml}$ Cbs-Cu-
 289 Af on 3D spheroids of LS174T and HEK-293 up to 24h of treatment. The survivability was
 290 measured using the intensity of red (propidium iodide) and blue (Hoechst 33342) fluorescence
 291 denoting dead and live cells respectively. LS174T spheroids had a significant reduction
 292 (**** $p < 0.0001$ using two-way ANNOVA) in survivability after 12h whereas negligible effects
 293 were observed in HEK-293 spheroids even after 24h. (B) Confocal images of the spheroids after
 294 24h treatment with 40 $\mu\text{g/ml}$ Cbs-Cu-Af showing the above observation. (C) Whole cell lysate
 295 from the spheroids after 24h treatment of Cbs-Cu with Affimer tagged delivery 'T' or without
 296 Affimer 'UT' were analysed for apoptosis using western blot of Caspase 3 marker. (D) Intensity
 297 plot for caspase 3 from the blot. From the band intensity measurement it was evident that in case
 298 of LS174T spheroids there was a significant decrease (** $p < 0.01$ using un-paired t-test) in full
 299 length caspase indicating apoptosis only in the LS174T cells upon Affimer tagged delivery of Cbs-
 300 Cu whereas no significant sign of apoptosis in case of HEK-293 spheroids.

301
 302
 303 3D tumor spheroids are considered to be much more relevant models, in order to evaluate drug
 304 efficacy and mimic solid tumors *in vivo*, as compared to conventional monolayer 2D cultures⁵⁴⁻⁵⁵.

305 The cytotoxicity of Cbs-Cu-Af (40 μ g/ml) on spheroid models of both HEK-293 and LS174T cell
306 lines was studied and it was observed that after 24h of treatment, HEK-293 spheroids showed a
307 survivability of $88 \pm 5\%$ whereas a significant drop of $30 \pm 6\%$ was noted in the case of LS174T
308 spheroids (**Figure 4A-B**). It has been shown that 3D spheroids can be more resistant to drugs and
309 delivery vehicles compared to 2D cultures^{9,56}. Although the survival rate of LS174T spheroids is
310 slightly higher than the 2D culture data, Cbs-Cu-Af cubosomes are effective in specific targeting
311 in the spheroid models. This finding was further validated with western blot studies, using a
312 caspase 3 marker and confirmed that Cbs-Cu-Af cubosomes induced apoptosis³⁸ upon targeted
313 delivery in LS174T cells (**Figure 4C-D**).

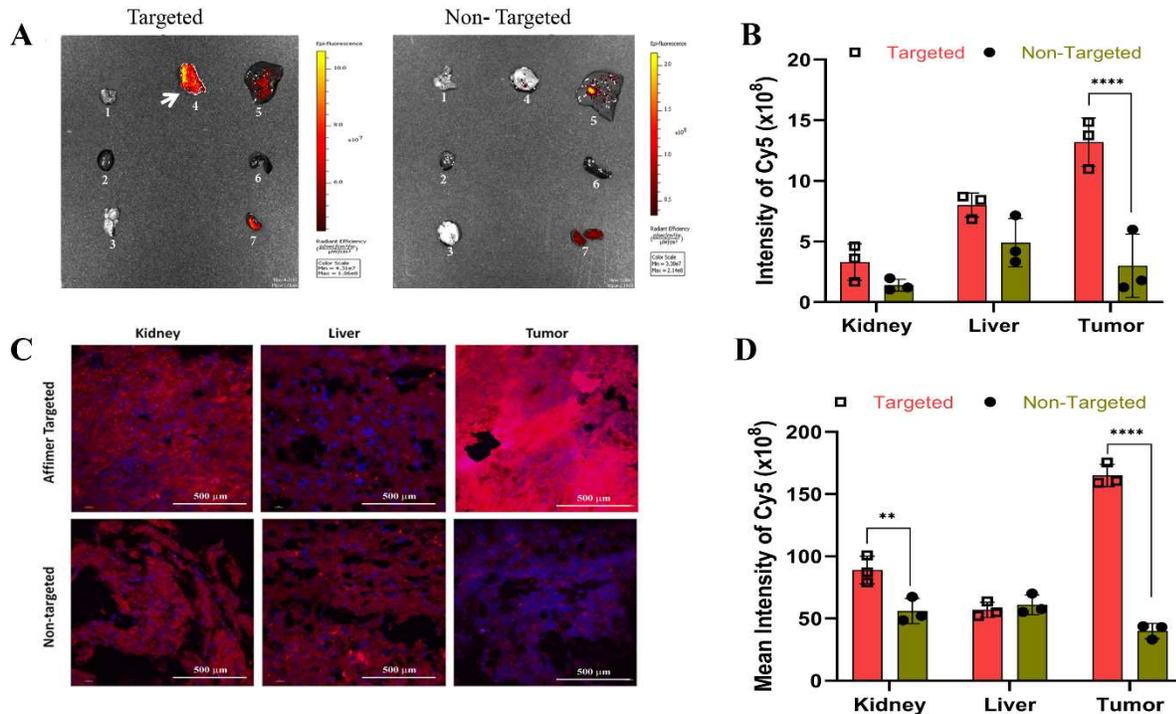
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315 **Affimer functionalized cubosomes show targeted release of payload in tumors *in vivo***

316 Having shown that Cbs-Cu-Af cubosomes could preferentially target CEA positive LS174T
317 cells to deliver the drug, their ability to target tumors in *in vivo* models was investigated. We used
318 subcutaneous (heterotopic) xenograft tumours of LS174T cells as our model, since subcutaneous
319 models provide a suitable environment for testing pharmacology and activity of novel agents.⁵⁷
320 Fluorescent dyes have been either been encapsulated or tagged on cubosomes to study their
321 localization *in vivo*^{9,25}. Here we chose a far-red-fluorescent hydrophobic Cy5 dye to study the
322 localization of Affimer tagged cubosomes in *in vivo* models. Whole organs of mice (brain, liver,
323 kidney, spleen, heart, lung along with the tumor), were quantified for their Cy5 fluorescence by
324 *exvivo* IVIS imaging upon delivery of the Cy5 loaded Affimer tagged cubosomes (Cbs-Cy5-Af),
325 with a suitable control (Cbs-Cy5) at various time points (**Figure S13A-B**). As observed in **Figure**
326 **5A**, after a period of 72 h post administration, the fluorescence intensity indicated the accumulation
327 of Cy5 mainly in the tumor regions (indicated by an arrow) of the Affimer targeted mice group

328 (Cbs-Cy5-Af). For the control group (Cbs-Cy5 cubosomes), the concentration of dye was noted to
329 be maximum in the liver. As observed in our *in vitro* study (**Figure 3**), we hypothesize that the
330 Affimer tagged cubosomes are preferentially taken up by the tumor cells via receptor mediated
331 endocytosis, followed by an interaction with the endolysosomal compartment leading to the release
332 of the payload⁵⁸. A significant increase in Cy5 intensity was noted in tumor tissues of the targeted
333 group as compared to non-targeted group (**Figure 5B**). A high level of accumulation of therapeutic
334 nanoparticles in the liver has been noted as a common bottleneck to their applications⁵⁹. A few
335 studies have shown that cubosomes can improve the efficacy of drugs loaded in them, however
336 there is a scarcity of knowledge on how these nanoparticles behave *in vivo*, as well as their
337 biodistribution. The handful of studies that have reported on this have shown that biodistribution
338 depends on the route of administration, with lipid nanoparticles administered intravenously
339 preferentially accumulating in the liver, spleen and kidneys ^{3, 11, 16}. These results differ to our
340 findings and we attribute the preferential accumulation in the tumor to active targeting using
341 Affimer tagged cubosomes. Moreover, although it is known that smaller nanoparticles are
342 absorbed by the kidneys, heart, lung and brain in addition to the liver and spleen ⁶⁰, our fluorescent
343 cubosomes showed essentially no accumulation in these organs, indicating an absence of non-
344 specific cubosome absorption in either of the mice groups (targeted and non-targeted) as seen in
345 the IVIS images (**Figure 5A-B**). To further validate these findings, tissue sections of kidney, liver
346 and tumor were examined for Cy5 uptake by confocal microscopy (**Figure 5C**). Similar to the
347 above observations, Cy5 absorption was found to be 5-7 fold higher in the tumor tissue of the
348 targeted group (Cbs-Cy5-Af) as compared to the non-targeted group administered with Cbs-Cy5
349 (**Figure 5D**). A 3-dimensional reconstruction of the tumor tissue sections of the targeted and non-
350 targeted groups are shown in **Figure S13C**. Similar to our *in vitro* targeting results, Affimer tagged

351 cubosomes could selectively deliver the payload to the tumor tissue and show promise as novel
 352 nanocarriers with proven biosafety and biodistribution features.



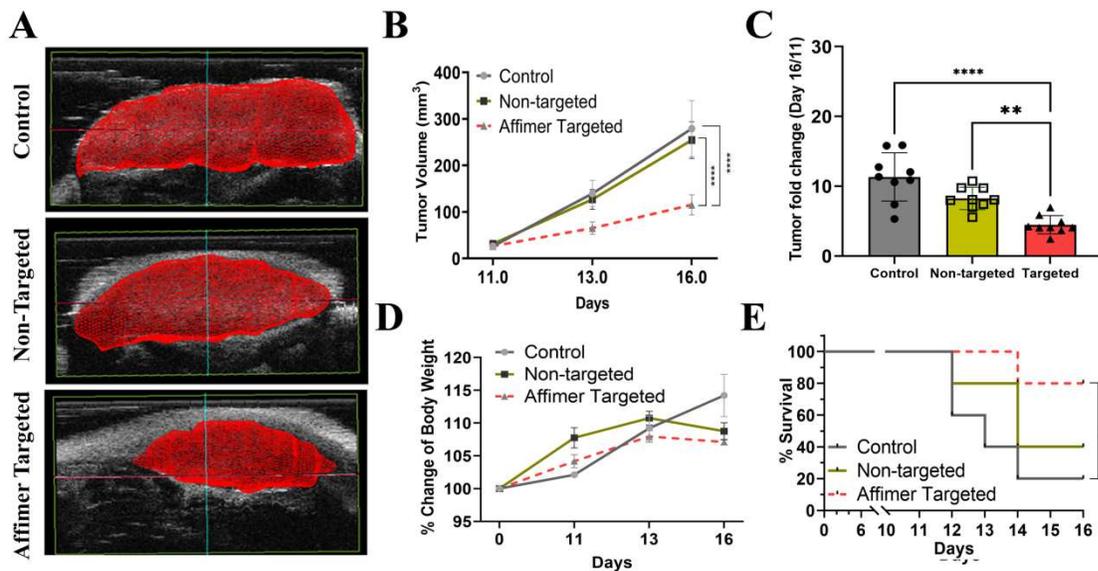
353
 354 **Figure 5:** *In vivo* tracking of cubosomes by Cy5 fluorescence. (A) IVIS images of whole organs
 355 namely lung, heart, brain, tumor, liver, spleen and kidney as numbered from 1-7 in the image,
 356 showing uptake of Cy5 in various organs in the Affimer targeted and non-targeted groups of mice
 357 after 72h of administration. As evident, Cy5 accumulation is maximum in the tumor for the
 358 targeted group compared to the non-targeted group. Note the use of different scales in the two
 359 images that maximises the dynamic range of detection; the scale used for the targeted image is less
 360 sensitive and therefore under-represents the relative intensities when compared to the non-targeted
 361 (B) Quantitative fluorescent intensities of the IVIS image in the kidney, liver and tumor of both
 362 groups. Significant increase (**** $p < 0.0001$ using two-way ANNOVA) of Cy5 was observed in
 363 tumor of group administered with Affimer targeted delivery whereas non-targeted group showed
 364 the maximum accumulation in the liver. (C) Tissue uptake of Cy5 was studied in $5\mu\text{m}$ tissue
 365 sections of kidney, liver and tumor of both groups using confocal microscopy, (D) along with their
 366 quantitative mean fluorescence intensities. Tumor tissue uptake of Cy5 was found to be maximum
 367 (**** $p < 0.0001$ using two-way ANNOVA) in the Affimer targeted (Cbs-Cy5-Af) group whereas
 368 in the non-targeted group (Cbs-Cy5), maximum upatake was shown in the kidney and liver.
 369
 370

371 **Cubosomes have promising therapeutic efficacy upon targeted delivery to the tumor**
372 **xenograft**

373 The key indicators for successful targeted delivery of a chemotherapeutic drug in mice include
374 restricted tumor growth, increase survivability and low signs of organ toxicity⁴⁰⁻⁴¹. Ultrasound
375 imaging was used to record the tumor volumes of mice administered with saline (control), Cbs-Cu
376 (non-targeted) and Affimer targeted (Cbs-Cu-Af) cubosomes and were recorded as a function of
377 time (**Figure S14**). The 3-dimensional reconstruction of the tumor volume on day 16 showed
378 significant inhibition of tumor growth in the Affimer targeted group (**Figure 6A**). The mean tumor
379 volume was noted to be $115 \pm 52.0 \text{ mm}^3$, $254 \pm 96.0 \text{ mm}^3$ and $279 \pm 147.0 \text{ mm}^3$ for the Affimer
380 targeted, for non-targeted and control groups respectively (**Figure 6B**). The fold increase in tumor
381 volume was calculated with reference to the treatment start V0 (day 11). The mean fold increase
382 in tumor volume was found to be 4.4 ± 2.5 , 8.2 ± 2.1 and 11.3 ± 7.3 for Affimer targeted, non-
383 targeted and control groups respectively (**Figure 6C**). As evident from **Figure 6C**, data scatter in
384 the case of the Affimer targeted group was found to be the least, which is in accordance with
385 reports on *in vivo* studies of cisplatin targeted delivery using hyaluronic acid⁴⁰, or a paclitaxel
386 formulation targeted by a RGD peptide⁴¹, where the tumor volume was recorded and a size
387 reduction of about 66% was observed in the targeted group. One of the routine assessments to
388 evaluate the toxicity arising from drug administration is indicated by a change in body weight or
389 a loss of weight in mice^{40,61}. The body weight of mice was recorded at regular intervals during the
390 study. Results showed a gradual increase (although within 10%) in the control group with minimal
391 effects in the other two groups thereby indicating a minimal effect on the welfare of the mice upon
392 treatment (**Figure 6D**). As shown in **Figure 6E**, the survivability of CRC tumor xenograft bearing
393 mice was assessed in the three groups post treatment; survival was denoted as the tumor volume

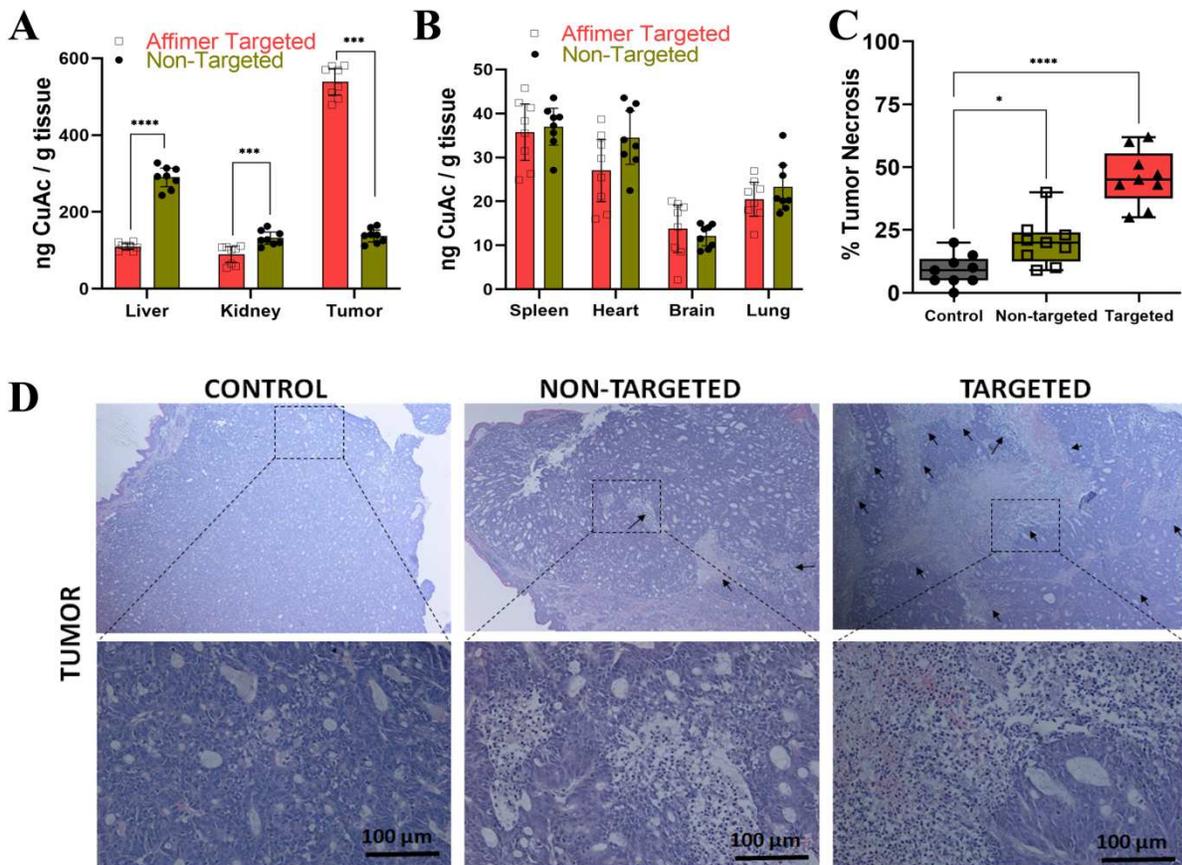
394 reaching the maximum permissible diameter of 17 mm. Survivability and the extent of drug
 395 toxicity could be directly correlated with the efficacy of the therapeutic⁴¹. A successful targeted
 396 delivery would result in enhanced welfare of the animal survival ensuring a minimal sign of
 397 toxicity^{41,61}. In our study, the survival of the control group was reduced to 40% on day 13 and 20%
 398 on day 16. The group of mice administered with Cbs-Cu-Af showed a maximum survival of 80%
 399 on day 16 as the tumor growth was restricted after targeted delivery of CuAc, whereas the group
 400 injected with non-targeted cubosomes (Cbs-Cu) showed a 40% survival. An improved
 401 survivability in the non-targeted group could be attributed to the enhanced permeability retention
 402 effect (EPR) due to the tumor vasculature⁶². Thus, these data indicate that the targeted delivery of
 403 Cu-Cb-Af has a positive impact on the mice health and restricted the tumor growth. It would also
 404 be of value to assess in the future this effect in orthotopic models, especially of locally
 405 disseminated disease,⁶³ for which systemic targeted therapeutics have real potential to impact on
 406 clinical outcomes.

407



408

409 **Figure 6:** Efficacy of Affimer mediated drug delivery *in vivo*. (A) 3D reconstruction of ultra-
 410 sonography (USG) measured tumor volume of the three groups i.e. control (saline), non-targeted
 411 (Cbs-Cu) and Affimer targeted (Cbs-Cu-Af) administration showing tumor growth restriction in
 412 the case of the Cbs-Cu-Af. (B) Quantitative data of tumor volume as recorded in the three groups
 413 by USG on day 11, 13 and 16 where it is evident that after the 1st dose of administration on day
 414 11, tumor growth was restricted in the targeted group. Here using unpaired t-test, statistical
 415 analysis of day 16 shows a significant difference (**** $p < 0.0001$) between targeted and control
 416 group as well as (**** $p < 0.0001$) targeted and non-targeted group. (C) Data representing the fold
 417 change in tumor volume from day 11 to day 16 in the groups which shows post targeted delivery
 418 of Cbs-Cu resulted in significant reduction (using one-way ANNOVA) of tumor growth compared
 419 to control (**** $p < 0.0001$) as well as non-targeted group (** $p < 0.01$). (D) Change in the body
 420 weight of mice in the three groups during the study were measured and no reduction of body weight
 421 (as a sign of toxicity) was noted. (E) Survival rate of mice in the groups represented by a Kaplan
 422 Meier Curve as per the tumor volume reaching the permissible limit and hence euthanized. Using
 423 logrank test a significant increase ($p < 0.05$) of survivability was noted in targeted group compared
 424 to control group. The survivability of Affimer targeted group was 80% on day 16 whereas in
 425 control and non-targeted, they were 20% and 40% respectively.
 426



427

428 **Figure 7:** Biodistribution of CuAc in organs and biosafety study upon Affimer targeted delivery
 429 of CuAc encapsulated cubosomes. ICP-OES data of CuAc uptake in the (A) liver, kidney and

430 tumor of the non-targeted (Cbs-Cu) and Affimer targeted (Cbs-Cu-Af) groups. A significant
431 increase (**** $p < 0.0001$ using 2-way ANNOVA with Bonferroni's correction) in CuAc uptake in
432 tumor tissue of the Affimer targeted group was noted whereas accumulation was highest in the
433 liver for non-targeted.(B) Tissue absorption of CuAc measured from ICP-OES in other organs
434 such as spleen, heart, brain and lung was negligible and well below the limits of any safety
435 concern.(C) Quantitative tumor tissue necrosis data as studied by Haematoxylin and Eosin (H&E)
436 staining along with (D) the microscopy images of tumor tissue sections of the three groups. A
437 significant increase (**** $p < 0.0001$) in tissue cell death was noted for the Affimer targeted group
438 compared to the control which indicates CuAc having maximum effect on tumor upon targeted
439 delivery.
440

441 Drug safety is assessed based on its effect on vital organs^{40-41, 64} and one such method to analyze
442 the toxicity is an in-depth tissue study. Inductively coupled plasma optical emission spectrometry
443 (ICP-OES) has been used in the past to determine the accumulation of metal based drug such as
444 platinum in various organ^{60, 65}. Here we used ICP-OES to estimate Cu uptake as a reference to
445 CuAc distribution in homogenised organ samples, including the liver, kidney, spleen, heart, brain,
446 lung along with tumor. In the targeted delivery of Cbs-Cu-Af mice group, the maximum uptake of
447 CuAc was noted in the tumor tissue, whereas in the non-targeted group, major uptake was found
448 to be in liver followed by moderate amounts in the tumor and kidney. A comparison between
449 targeted and non-targeted groups suggests an approximately 4.5 fold increase in CuAc uptake in
450 the tumor tissue of the targeted group, which is similar to our findings on the Cy5 distribution as
451 shown in **Figure 5**. The uptake of CuAc was approximately 5 fold higher in the tumor compared
452 to the kidneys and liver for the targeted groups of mice (**Figure 7A**). Thus, these data indicate
453 specificity of Cu-Cb-Af cubosomes towards tumor cells with up to 550 ng of CuAc per gram of
454 tissue accumulation, compared to non-targeted Cu-Cb cubosomes which had about 120 ng of
455 CuAc per gram of tissue. Other tissues of spleen, heart, brain and lung had negligible CuAc
456 accumulation (**Figure 7B**).

457 Haematoxylin and Eosin staining of tissue sections is common practice to study toxicity associated
458 with drugs^{40,66}. Tumor cell death was studied in the tissue sections for all three groups (**Figure 7C-**
459 **D**).The percentage of dead cells in the tumor tissue were measured in all groups and showed that
460 targeted delivery resulted in a significant increase in tumor cell death (**Figure 7C**) compared to
461 non-targeted delivery which was almost 2.5 to 3 times higher. Yet again, the significant cell death
462 in the non-target tumor group could be due to the EPR effect. Similar to the study for doxorubicin
463 delivery in colon cancer by Wei *et al.*,⁶⁶, we further confirmed the safety of this drug
464 administration by examining tissue sections of the heart, liver and kidney of the three groups by
465 histology. As seen in **Figure S15**, no significant signs of cell death (i.e. organ toxicity) was
466 observed in both targeted and non-targeted delivery groups which could be attributed to the
467 absence of CEA expression in those cells. Further, tissue sections of lung, brain, and spleen
468 (**Figure S16**) of targeted and non-targeted groups were also examined and no tissue cell death was
469 noted. Hence the data and observations could be correlated to the biosafety of the drug loaded
470 nanocarrier.

471

472 **CONCLUSION**

473 We have developed monoolein based cubosomes, with an internal nanostructure based on space
474 group Im3m, that have been functionalized for the first time with an Affimer protein via copper-
475 free click chemistry to actively target carcinoembryonic antigen expressing colorectal cancer cells.
476 The cubosomes could selectively target the cancer cells both *in vitro* (2D monolayer cultures and
477 3D spheroid models) and *in vivo*. Targeted cubosomes, loaded with the model anticancer drug
478 copper acetylacetonate, showed high efficacy in the tumor tissue of mouse xenografts and resulted
479 in significantly restricting tumor growth, a high survival rate compared to the control groups, no

480 signs of toxicity and low non-specific tissue absorption in other vital organs. Due to the limited
481 studies on actively targeted, drug loaded cubosomes, as well as their performance and efficacy *in*
482 *vivo*, we hope these results will add to the growing body of knowledge of cubosomes as promising
483 delivery vehicles for cancer therapy and shed light into their biodistribution and efficacy *in vivo*
484 that may aid to clinical translation of these promising lipid nanoparticles.

485

486 **MATERIALS AND METHODS**

487 **Clickable cubosome preparation and payload encapsulation**

488 Cithrol™ GMO (MO) was a kind gift from Croda (Croda Personal Care, Goole, UK), and is a
489 commercial version of monoolein, containing a minimum of 92% monoester and a maximum 8%
490 diester. DSPE-PEG-2000 azide (DPA) was purchased from Avanti Polar Lipids (AL, USA) and
491 Pluronic® F-127 from Sigma-Aldrich (Gillingham, U.K.). Bare cubosomes were prepared using
492 various ratios of MO (90-95% w/w) : DPA (5-10% w/w) co-dissolved in chloroform (Merck, New
493 Jersey, USA) and dried under nitrogen gas. To ensure all solvent had evaporated the dry lipid films
494 were left in a desiccator overnight at room temperature. The lipid films were hydrated with
495 phosphate-buffered saline (PBS; Sigma-Aldrich Gillingham, U.K) containing Pluronic® F-127.
496 The concentration of F127 was varied between 2 to 7 wt% of the MO. Nanoparticle dispersions
497 were prepared by tip sonicating the sample in 1mL of buffer using a Q125 sonicator
498 (Qsonica,USA) for 30 minutes in pulse mode (1s pulse on, 1s off) at 80% amplitude in an ice bath.
499 The resultant cubosomes were then passed through a mini extruder (Avanti Polar Lipids, USA)
500 using a 100 nm pore size polycarbonate membrane (Whatman, USA). For drug loaded cubosomes,
501 copper acetylacetonate (CuAc; Merck, USA) was dissolved in chloroform and added in various
502 amounts (1- 5% w/w) to the co-dissolved lipid mixtures. The same steps described above for bare

503 cubosomes were then followed. The drug loaded cubosomes were placed in Slide-A-Lyzer
504 cassettes (2K MWCO, Thermo Scientific, UK) in PBS at 25°C to remove any free CuAc. The
505 external PBS was changed at regular interval while performing the dialysis.

506 For studying cubosome localization by fluorescence *in vitro*, 0.5% w/w of 1,2-dioleoyl-sn-glycero-
507 3-phosphoethanolamine-N-(7-nitro-2-1,3-benzoxadiazol-4-yl) (ammonium salt)(18:1-NBD PE;
508 Avanti Polar Lipids, USA) was co-dissolved with the lipid mixtures in chloroform before the
509 drying step. For the *in vivo* fluorescent studies, 2% w/w of Cy5 dye (MedChemExpress, USA) was
510 co-dissolved with the lipid mixtures in chloroform. As with the CuAc loaded cubosomes, Cy5
511 labelled cubosomes were loaded in dialysis cassettes to remove any free dye.

512 Inductively coupled plasma optical emission spectrometry(iCAP™ 7600 ICP-OES Analyzer,
513 Thermo Scientific, UK) equipped with a 240-position Cetac auto-sampler was used to estimate the
514 amount of copper as an indicator of CuAc encapsulated in the cubosomes using a known
515 concentration of copper solution as a standard curve. The encapsulation efficiency (%) was
516 calculated using equation (1):

$$517 \quad \text{EE (\%)} = (M1/M2) \times 100 \quad (1)$$

518 where M1 represents the weight of drug encapsulated in mg (obtained from ICP-OES) and M2
519 represents total drug added (mg) to the cubosomes.

520 **Affimer cloning and production**

521 Anti CEA specific Affimer clones were identified using a ‘phage display library’ method as
522 recently published by Shamsuddin *et al.*³⁵. Out of the three CEA binding Affimers identified,
523 clone II and III were chosen for this study having 9 and 10 distinct amino acid residues at the

524 variable region respectively in clone II and clone III. Based on a 50 ml of working volume, the
525 yield of the Affimers were noted to be 8.3 mg and 6.27 mg for clone II and III respectively³⁵⁻³⁶
526 with corresponding molecular weights noted to be 12.5 and 12.6 kDa (**Figure S4A**). The associated
527 DNA from the positive clones were sequenced. The coding region of the selected Affimers were
528 amplified by PCR during which a cysteine codon at the C-terminal was inserted for the ease of
529 functionalization. The Affimer coding sequence was inserted into the pET11a vector using two
530 restriction enzymes NheI-HF and NotI-HF and then Affimer production was done in BL21 (DE3)
531 E.coli cells as previously reported³². The E.coli cells were grown in Luria-Bertani broth medium
532 containing 100 µg/ml of carbinicillin until the growth absorbance value was 0.8 at 600 nm. Then
533 cells were induced with 0.1 mM IPTG and incubated at 25°C for 6 h. The cells were harvested by
534 centrifugation, lysed and the His₈ tagged Affimers were purified on Ni²⁺-NTA affinity
535 chromatography (Merck, New Jersey, USA). The binding efficiency of these Affimers to the CEA
536 receptor was thoroughly studied and confirmed using surface plasmon resonance as reported by
537 Shamsuddin et al.³⁵ The surface plasmon resonance showed that the Affimers demonstrated a high
538 binding affinity towards CEA (K_D value for clone II: 15.3 ± 0.37 nM; K_D value for clone III:
539 34.4 ± 16 nM) (**Figure S4B**).

540

541 **Functionalization of cubosomes with Affimers**

542 Affimers were attached to the cubosomes using DBCO-maleimide (Kerafast, Inc. Boston, USA)
543 click coupling chemistry. Briefly, 2 ml of (0.5 mg/ml) Affimer clone II and clone III were reduced
544 using 150 µl (5.7 mg/ml) TCEP-HCl (Merck, New Jersey, USA) for 90 min to remove any dithiol
545 linked dimers. The reduced Affimers were incubated with 4 mM DBCO-maleimide for 2 h to
546 attach DBCO and then 100 mg/ml azide containing cubosomes were added to allow click coupling

547 to occur and incubated for overnight at room temperature. The final product was dialysed for 24h
548 in 1x PBS using Slide-A-Lyzer Dialysis Cassettes, 5K MWCO (Thermo Scientific, Waltham,
549 USA) to remove unreacted Affimers. FTIR spectroscopy (Platinum ATR , Model – Alpha, Bruker,
550 UK) was used to confirm the covalent conjugation between the azide group of cubosomes and the
551 DBCO group attached to the Affimers.

552 **Small angle X-ray scattering**

553 The internal nanostructure of the cubosomes was probed with small angle X-ray scattering
554 (SAXS). The measurement were done at 25°C and 37 °C (5 minute equilibration at the desired
555 temperature with and accuracy of $\pm 0.1^\circ\text{C}$) for all three samples: bare cubosomes, drug loaded
556 cubosome (Cbs-Cu) and Affimer tagged drug loaded cubosomes (Cbs-Cu-Af). Synchrotron SAXS
557 measurements were carried out on beamline I22 at Diamond Light source. The synchrotron beam
558 was tuned to a wavelength of 0.69 \AA with a sample to detector distance of 3.7 m and the 2-D SAXS
559 patterns were recorded on a Pilatus 2M detector. SAXS experiments were also conducted on a lab-
560 based Xeuss 3.0 (Xenocs, , France) beamline equipped with a liquid gallium MetalJet X-ray source
561 (Excillum, Sweden) which has an energy of 9.2 keV, corresponding to a wavelength of 1.34 \AA . 2-
562 D SAXS patterns were recorded on a Eiger2 R 1M detector (Dectris, Switzerland) and the sample
563 to detector distance was set to 0.8 m giving a q range of $0.01\text{-}0.4 \text{ \AA}^{-1}$. Silver behenate ($a = 58.38$
564 \AA) was used to calibrate the SAXS data. SAXS images were analysed using the IDL-based AXcess
565 software package or the DAWN software⁶⁷⁻⁶⁸.

566 **Dynamic Light Scattering (DLS)**

567 The hydrodynamic diameter i.e. the particle size of all cubosome samples were measured at 25 °C
568 using a dynamic light scattering (DLS) instrument Zetasizer Nano ZS90 (Malvern Panalytical,

569 Malvern, UK) at a fixed backscattering angle of 173° . The refractive index of the cubosomes was
570 set to 1.46 (pure MO) with an absorbance of 0.10. The refractive index of the dispersant (PBS)
571 was set to 1.332 with viscosity 0.9053cP.

572 The size of Cbs, Cbs-Cu and Cbs-Cu-Af samples were measured by adding $100\mu\text{l}$ of cubosomes
573 into $900\mu\text{l}$ of PBS in a 3ml cuvette. The instrument equilibration time was set for 120 sec at 25°C
574 and samples ran for 10 cycles with 10 measurement in each cycle. For zeta potential
575 measurements, $100\mu\text{l}$ of Cbs-Cu-Af was added to $900\mu\text{l}$ of water (with a resistivity of $18.2\text{ M}\Omega\cdot\text{cm}$
576 at 25°C) in a disposable zeta cuvette and the sample was equilibrated for 120 sec at 25°C . The
577 instrument was set to run 20 cycles with 10 measurements in each cycle.

578 **Transmission Electron Microscopy (TEM)**

579 Morphological analysis of the Cbs-Cu-Af cubosome was done using a high resolution transmission
580 electron microscope (FEI Tecnai TF20) fitted with field emission gun TEM/STEM along with
581 HAADF detector. For this study, a 200 mesh Carbon film coated on Nickel grid (EM Resolutions,
582 UK) was used. $10\mu\text{l}$ of Cbs-Cu-Af (10mg/ml) in PBS was added on the grid and any excess
583 droplets were soaked up using an absorbent filter paper. The grid was left in a desiccator to dry for
584 24h. The sample was imaged at 13,000x magnification at an accelerating voltage of 300kV. The
585 image was captured using a Gatan Orius SC600A CCD camera. Further images were analyzed
586 using Fiji ImageJ software (NIH, USA). The same sample was analysed by energy dispersive X-
587 ray equipped in the FEI Tecnai TF20 (Oxford Instruments INCA 350 EDX system/80mm X-Max
588 SDD detector) to study the presence of CuAc in the cubosome (copper as a marker). The advantage
589 of using a nickel grid over a standard copper grid in this study was to eliminate any background
590 noise of copper during this EDX study.

591 **Cryogenic Transmission Electron Microscopy (cryo-TEM)**

592 Cubosomes at a concentration of 79 mg/ml were used for the morphological characterization
593 using cryo-TEM. 3 μ L of sample was deposited to freshly glow discharged Cu QUANTIFOIL grids
594 (R2/R2, 300 mesh) with a holding time of 30 s. The carbon coated grids were glow discharged at
595 10 mA for 20 s and blotted for 6 s (blotting force of 7 at 25 °C under 100% relative humidity).
596 The grids were subsequently plunged into liquid ethane using a Vitrobot™ mark IV (Thermo/FEI).
597 A Titan KRIOS microscope (Thermo Fisher Scientific, US) with an accelerating voltage of 300
598 KV and a defocus value of -4 μ m was used to image the cubosomes at a magnification of 47000
599 which has a pixel size of 1.76 Å. Image processing and analysis was done using Fiji . Indexing of
600 the cubosome was determined by obtaining the d-spacing of each reflection in the FTT using
601 TrackMate.⁶⁹

602 **Cell culture**

603 CRC cell line LS174T and non-cancerous HEK-293 cells were originally obtained from ATCC
604 and were subjected to mycoplasma testing and STR typing (Source Bioscience, UK) before use.
605 Cells were grown in DMEM (Thermo Scientific, Waltham, USA) growth medium supplemented
606 with 10% (v/v) fetal calf serum (FCS; Thermo Scientific, Waltham, USA) and
607 penicillin/streptomycin (Thermo Scientific, Waltham, MA, USA) at 100 units/ml. All cells were
608 cultured in a humidified incubator with 5% CO₂ at 37 °C. Cells were maintained and experiments
609 were conducted at cell densities that allowed exponential growth or otherwise mentioned.

610 **Immunofluorescence assay for detecting of CEA expression**

611 LS174T and HEK-293 cells were grown in complete growth medium for 48h then washed in PBS
612 and fixed with 4% (w/v) paraformaldehyde (Merck, New Jersey, USA) in PBS at room
613 temperature for 10 min. The fixed cells were further washed with PBS and permeablized with
614 0.2% (v/v) Triton X-100 (Merck, New Jersey, USA) in PBS on ice bath for 10 min. Cells were
615 then washed with PBS several times and blocked with 5% (v/v) FCS in PBS for 1 h in an ice bath.
616 Subsequently the cells were incubated with mouse anti-human IgG CEA monoclonal antibody (cat
617 no. MA5-14675, Thermo Scientific, USA) at 1 μ g/ml overnight at 4°C. The following day, several
618 washes were performed with wash buffer, comprising of 0.5% (v/v) FCS and 0.05% (v/v) Tween-
619 20 in PBS. Cells were then incubated with, Alexa Fluor 488 labelled secondary antibody (cat no.
620 A-11001, Thermo Scientific, USA) at 1 μ g/ml for 1 h at room temperature in the dark. Cells were
621 then washed with wash buffer several times, and mounted with Fluoromount-G™ mouting media
622 with DAPI (Thermo Scientific, USA) before analyzing them under a confocal microscope (Nikon
623 A1R LSM),with a 405nm laser for DAPI with excitation and emission wavelengths of 407nm and
624 450nm. For CEA expressing detection, a 488nm laser was used with excitation and emission
625 wavelenghts of 488nm and 525nm respectively. Images were captured using a 100x objective
626 mwith a numerical aperture of 1.4. The images were analyzed using the NIS-element viewer
627 software (version 5.20.01).

628 **Western blot analysis for CEA protein expression and apoptotic markers**

629 Western blots were performed as detailed in our previous work.³⁸ Briefly, gel electrophoresis was
630 performed for 90 min at 120V on a 4 - 12% precast polyacrylamide gel (Bio Rad, California,
631 USA). The proteins were then transferred to a PVDF membrane and blocked with 5% (w/v) non-
632 fat skimmed milk in TBST (Tris buffered saline with 0.1% Tween-20) for 1h. The membrane post

633 blocking was labeled with respective primary and secondary antibodies and further imaged under
634 a chemi-doc instrument (Biorad, USA) after incubating with Pierce™ ECL reagent.

635 **Confocal microscopy**

636 Confocal microscopy was used to localize cubosomes *in vitro*. LS174T cells were seeded in glass
637 coated chambered slides (Thermo Scientific, USA) overnight for 18h. Next, cells were treated
638 with 20µg/ml of NBD-PE cubosomes with and without Affimer tagging for 24h. Then cells were
639 gently washed with PBS and incubated with 5µg/ml Hoechst 33342 for 15mins before imaging
640 the cells under the confocal microscope with 100x objective lens and numerical aperture of 1.4.
641 For nuclear staining (Hoechst 33342) a 405nm laser was used at excitation and emission
642 wavelength of 407nm and 450nm. For cubosome detection a laser of 488nm was used with
643 excitation and emission of 488nm and 525nm respectively. Images were captured using Galvano
644 scanning mode and analysed using the NIS-element software (version 5.20.01).

645 ***In vitro* targeting studied in monolayer culture and 3D spheroids**

646 LS174T and HEK-293 cells were seeded in 24 well culture plates in complete DMEM growth
647 media at densities of 2.5×10^4 cells/well and incubated overnight for 18 h. Cells were then treated
648 with concentrations ranging from 0 to 100µg/ml of Cbs-Cu or Cbs-Cu-Af for up to 24 h. Post
649 treatment, MTT assays were performed as detailed in our previous work.³⁸⁽⁾.

650 For the spheroid culture, low adherent round bottom 96 well plates were used. LS174T and HEK-
651 293 cells (1000/well) were added with 200 µl of DMEM with 10% (v/v) FCS along with 2.5%
652 matrigel matrix (Corning, New York, USA). The 96 well plates were then centrifuged for 10 min
653 at 360x g and then incubated for 48h for the formation of spheroids. After 48h, the spheroids were

654 treated with Cbs-Cu-Af for varying time points ranging from 0h - 24h. Upon completing the
655 treatment period, spheroids were quantified for survivability by incubating with Hoechst 33342
656 ($5\mu\text{g/ml}$) for 30mins and propidium iodide ($1.5\mu\text{g/ml}$) for 10mins. Red fluorescent propidium
657 iodide signified the amount of dead cells. Western blots were used to study the fate of cell death
658 using the apoptosis marker caspase 3.

659 ***In vivo* mice experiments**

660 Female BALB/c nude mice, aged 6 weeks, each weighing approximately 20 g were used for *in*
661 *vivo* targeting studies. Mice were sourced from an in-house maintained colony. All experiments
662 were performed following local ethical approval and in accordance with the UK Animals
663 (Scientific Procedures) Act 1986. Mice were housed in individually ventilated cages with a 12 h
664 day/night cycle with provisions for *ad libitum* food and water. At the end of each experiment, mice
665 were euthanized following standard procedures.

666 CRC Xenografts were developed by injecting exponentially growing cells of LS174T (5×10^5
667 cells), suspended in $100\mu\text{l}$ of PBS, subcutaneously in the right flank of the mice. After 10 days
668 tumors were observed, and mice were then randomly divided into separate experiment groups as
669 indicated in each of the experiments.

670 ***In vivo* localization of cubosomes**

671 The localization of Affimer tagged cubosomes was studied by fluorescence using Cy5
672 encapsulated cubosomes (Cbs-Cy5). 30 mice with CRC xenograft, were divided into two equal
673 group sizes with 15 animals in each. One of the group received Cbs-Cy5 (non-targeted) and the

674 second group Cbs-Cy5-Af (Affimer targeted). The administration was done through the tail vein
675 of the mice with 100 μ l of sample, equating to 50 mg/kg of cubosome to mouse body weight.

676 Localization of the Cy5-Cb in the mice was studied using the Cy5 fluorescence filters in the IVIS
677 Spectrum (PerkinElmer, Inc., Massachusetts, USA) for a duration of up to 72h post-injection. At
678 each time point, 3 mice were euthanized and the brain, liver, kidney, spleen, heart, lungs along
679 with the tumor were scanned under the IVIS to quantify the Cy5 fluorescence. The tissues were
680 then frozen in OCT. Sections of 5 μ m thickness were made using a cryostat (Leica CM3050S) and
681 were examined under a confocal microscope (Nikon A1R LSM).

682 **Efficacy of targeted drug delivery of Affimer functionalized cubosomes**

683 30 mice bearing CRC xenograft were randomly divided in three groups with 10 mice in each.
684 These groups received the following: saline (control group), non-targeted cubosome with CuAc
685 (Cbs-Cu) and Affimer targeted, drug loaded cubosomes (Cu-Cb-Af). Two doses of 100 μ l of
686 intravenous injection containing 25mg/kg of body weight of cubosome (Cbs-Cu and Cbs-Cu-Af)
687 were administered at day 11 and day 13 (post tumor inoculation) in the respective group except
688 for the control group which received 100 μ l saline. Tumor volumes were measured using high
689 frequency ultrasound (Vevo 770 FUJIFILM Visual Sonics Inc., Toronto, Canada) equipped with
690 a 40 MHz transducer, at regular intervals after the first dose between day 11 – 16.⁷⁰ As per ethical
691 guidelines, mice had to be euthanized as the tumor volume reached the permissible limit of 17 mm
692 of diameter. The experiment was terminated on day 16 and all mice were euthanized as most of
693 the control group reached the permissible tumor volume. Post euthanization, tumor and other vital
694 organs were collected to study by haematoxylin and Eosin staining (i.e. tissue histology). Organs
695 from mice receiving both Cbs-Cu (non-targeted) and Cbs-Cu-Af (targeted group) were

696 homogenized in de-ionized water (with a resistivity of 18.2 MΩ.cm at 25 °C) and the homogenate
697 was diluted 10 fold. Samples were then subjected to analysis using ICP-OES (iCAP™ 7600, ICP-
698 OES Analyzer, Thermo Scientific, UK) to estimate the drug uptake i.e CuAc content using Cu as
699 the reference material. The reference standard for Cu used was provided from the manufacturer
700 (Thermo Scientific, UK).

701

702 **ASSOCIATED CONTENT**

703 **Supporting Information.** Composition and size distribution of cubosomes, encapsulation
704 efficiency of CuAc and stability; Characterization of cubosomes using EDAX, FTIR and DLS;
705 Characterization of Affimers; Carcinoembryonic antigen expression on cells; Cytotoxicity of
706 CuAc on cells and mode of action; Biocompatibility and selective targeting of cubosome on
707 LS174T cells; *in vivo* cubosome distribution, efficacy on tumor and biosafety.

708

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719

720 **Author Contributions**

721 A.P., A.I.I.T. and P.A.M. conceived and designed the experiments. Z.X. performed the SAXS and
722 cryo-TEM experiments and analysed the SAXS data. A.I.I.T. analyzed the cryo-TEM data. A.P.
723 performed all the other experiments and analyzed the data. P.L.C. contributed to the design of the
724 *in vivo* experiments. T.M. and N.I. assisted A.P. with the *in vivo* experiments. A.P., Y.S.K., N.I.,
725 P.L.C., D.J., T.A.H., A.I.I.T. and P.A.M. contributed to study design. All authors interpreted the
726 results. A.P., T.A.H and A.I.I.T. co-wrote the manuscript. All authors discussed the results and
727 commented on the manuscript.

728

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735 **Notes**

736 The authors declare no competing financial interest.

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