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# The Bone & Joint Journal

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**The risk of all-cause mortality, heart outcomes, cancer, and neurodegenerative disorders with cobalt-chrome containing total hip replacement implants: an analysis of the National Joint Registry**

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Keywords:	total hip replacement, cobalt-chrome, systemic effects, Heart failure, Cancer, mortality

SCHOLARONE™  
Manuscripts

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3 **The risk of all-cause mortality, heart outcomes, cancer, and neurodegenerative disorders**  
4 **with cobalt-chrome containing total hip replacement implants: an analysis of the National**  
5 **Joint Registry**  
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12 **Abstract**  
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18 **Aims**  
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21 A recent report from France suggested an association between the use of cobalt-chrome  
22 femoral heads in total hip replacements (THRs) and an increased risk of dilated  
23 cardiomyopathy and heart failure. Cobalt-chrome is a commonly used material in orthopaedic  
24 implants. If the reported association is causal the consequences would be significant given  
25 the millions of joint replacements and other orthopaedic procedures in which cobalt-chrome  
26 is used annually. We examined whether cobalt-chrome containing THRs were associated  
27 with an increased risk of all-cause mortality, heart outcomes, cancer or neurodegenerative  
28 disorders in a large national database.  
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41 **Methods**  
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43 Data from the National Joint Registry was linked to NHS English hospital inpatient episodes  
44 for 374,359 primary THRs with up to 14.5 years follow-up. We excluded any patients with  
45 (i) bilateral THRs, (ii) knee replacements, (iii) indications other than osteoarthritis, (iv) under  
46 55 years, and (v) diagnosis of one or more outcome of interest before THR. Implants were  
47 grouped as either containing cobalt-chrome or not containing cobalt-chrome. The association  
48 between implant construct and the risk of all-cause mortality and incident heart failure,  
49 cancer, and neurodegenerative disorders was examined.  
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60 **Results**

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3 There were 158,677 individuals (42.4%) with an implant containing cobalt-chrome. There  
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5 were 47,963 deaths, 27,332 heart outcomes, 35,720 cancers and 22,025 neurodegenerative  
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7 disorders. There was no evidence of an association that patients with cobalt-chrome implants  
8  
9 had higher rates of any of the outcomes.  
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### 13 **Conclusions**

14  
15 Cobalt-chrome containing THRs did not have an increased risk of all-cause mortality, or  
16  
17 clinically meaningful heart outcomes, cancer or neurodegenerative disorders into the second  
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19 decade post-implantation. Our findings will help reassure clinicians and the increasing  
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21 number of patients receiving primary THR worldwide that the use of cobalt-chrome  
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23 containing implants is not associated with significant adverse systemic effects.  
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## Introduction

A recent observational study of 255,350 patients from the French national database suggested an association between the use of metal femoral heads (metal-on-metal and metal-on-polyethylene bearings) in primary total hip replacements (THRs) and an increased risk of subsequent cardiomyopathy and heart failure. They attributed this to the release of cobalt metal ions released from the metal heads (the most commonly used head material worldwide) and compared outcomes with THRs using ceramic femoral heads.<sup>1</sup>

If this association with cardiomyopathy was causal, this may present a significant public health and economic problem as over 2 million THRs are performed annually worldwide with numbers rising.<sup>2</sup> Cobalt-chrome is a common material in orthopaedic implants,<sup>1,3,4</sup> and monitoring of cardiac function in THR patients, as recommended,<sup>1</sup> would lead to a significant clinical and economic burden.

A number of large observational studies have assessed systemic effects (heart failure, cancer, mortality) following THR, comparing metal-on-metal bearings (rarely used now due to high failure rates for adverse local tissue reactions)<sup>5,6</sup> with alternatives.<sup>7-11</sup> Most show no increased risk of systemic effects from metal-on-metal THRs compared with alternatives.<sup>7-11</sup>

The problem with previous studies is that both patient groups (metal-on-metal and alternative bearing THRs) have prosthesis containing cobalt-chrome, making interpretation of the findings difficult if cobalt-chrome is the potentially deleterious exposure. The recent French study was the first to consider the composition of the bearing surface according to whether or not it contained cobalt-chrome.<sup>1</sup> This work has now raised valid and urgent patient safety concerns about the systemic toxicity of THRs containing cobalt-chrome alloys.<sup>12</sup> Furthermore a recent review reported half of all cases with cobalt-induced cardiomyopathy occurred in non-metal-on-metal THRs.<sup>13</sup>

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3 However the French study<sup>1</sup> is limited by only focusing on femoral head composition (metal  
4 or ceramic), as did the recent review.<sup>13</sup> Femoral stem composition is equally important, given  
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6 ceramic heads may be coupled with cobalt-chrome stems, which may generate metal ion  
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8 release through fretting and corrosion at the head-neck junction.<sup>14</sup> Failure to consider this  
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10 may induce substantial mis-classification. Furthermore, given concerns that metal ion release  
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12 from implants may lead to more widespread systemic effects,<sup>15</sup> it is important to consider  
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14 other conditions linked to exposure of heavy metals, like cancer,<sup>16, 17</sup> and neurodegenerative  
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16 disorders.<sup>18, 19</sup>

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22 Using the world's largest and mandatory joint replacement registry, we aimed to determine  
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24 whether cobalt-chrome containing primary THRs are associated with an increased risk of all-  
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26 cause mortality, heart outcomes, cancer or neurodegenerative disorders when compared to  
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28 non-cobalt-chrome containing THRs within 14.5 years of implantation. We hypothesised that  
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30 cobalt-chrome containing primary THRs would not be associated with an increased risk of  
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32 all-cause mortality, heart outcomes, cancer or neurodegenerative disorders when compared to  
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34 non-cobalt-chrome containing THRs.  
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## Methods

### Study design and participants

In this retrospective cohort analysis, of prospectively collected observational data, we have reported on primary total hip replacements (THRs) implanted between 1st April 2003 and 31st December 2018 collected by the National Joint Registry (NJR) for England, Wales, Northern Ireland and the Isle of Man. NJR data were linked to English Hospital Episode Statistics Admitted Patient Care data (HES) and to data from the Office for National Statistics (ONS). The former provides secondary care admission records and the latter was used to obtain time to and cause of death. Patients with a primary THR with a successful link to their HES data (and ONS data where applicable) using a unique NHS number were included in this study. Patient consent was obtained for data collection by the NJR and all data were anonymised.

### Exposure

The NJR data included information about the components used in the THR construct. The exposure of interest was binary, namely whether or not the THR implant construct, including the femoral head and/or stem, contained any cobalt-chrome. Implants were grouped as cobalt-chrome containing and non-cobalt-chrome containing THR constructs.

Several exclusions were made prior to analysing the outcomes of those with a primary THR (Figure 1): (i) Any patients with bilateral THRs, and any patients with a total knee replacement recorded within the NJR to avoid any misclassification from any other potential cobalt-chrome producing hip or knee replacements; (ii) Any primary THRs performed for any indication other than osteoarthritis<sup>4</sup> (over 90% of THRs are performed for osteoarthritis in this setting, given patients with other indications, such as inflammatory arthritis may have different comorbidity profiles or be on treatments that predispose to outcomes of interest, we decided *a priori* to limit to patients with osteoarthritis); (iii) Records without complete data

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3 for all covariates; (iv) Patients younger than 55 years of age (in line with the selection criteria  
4 in the previous study)<sup>1</sup>; (v) Patients who had a diagnosis of one or more of our outcomes  
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6 (prevalent cases) prior to the primary operation date.  
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### 10 **Outcomes and other covariates**

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12 There were four groups of outcomes: all-cause mortality, incident heart outcomes, cancer and  
13 neurodegenerative disorders. The latter 3 were defined using appropriate International  
14 Classification of Diseases 10th revision (ICD-10) records diagnoses (Appendix), which were  
15 either recorded in HES to indicate a related hospital episode and/or in ONS to confirm a  
16 disease-related cause of death. Time to each event was calculated in days from the date of the  
17 primary operation.  
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28 The following covariates were extracted from either the NJR or HES datasets as potential  
29 confounders as they may influence choice of implant and subsequent risk of the outcomes of  
30 interest: age, American Society of Anesthesiologists (ASA) grade, ethnicity, sex, deprivation  
31 index and a Summary Hospital-level Mortality Indicator (SHMI) variable.<sup>20</sup> ASA grade was  
32 in 5 categories; grade 1 - fit and healthy; grade 2 - mild disease, not incapacitating; grade 3 -  
33 incapacitating systemic diseases; grade 4 - life threatening disease; grade 5 - expected to die  
34 within 24 hours without an operation. The reference ASA category was set as ASA grade 2,  
35 which is reflective of the population that undergo elective THR. The SHMI was categorised  
36 into 5 categories: a score of zero; 1 to 5; 6 to 11; 12 to 20; >20; with the baseline equal to a  
37 score of 0. Ethnicity was categorised as white (baseline group), non-white and unknown. The  
38 first quintile of the deprivation index score was the baseline (1=most deprived and 5=least  
39 deprived), and the sex baseline was set as female. For each of the outcome (heart outcome,  
40 cancer or neurodegenerative disorder) analyses we created a modified Summary Hospital-  
41 level Mortality Indicator (SHMI) variable that excluded scoring related to the outcome of the  
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analysis.

### Statistical analysis

We included age as a continuous variable (using a restricted cubic spline transformation centred on average age, with 5 evenly distributed knots). We used flexible parametric survival models to analyse the effects of cobalt-chrome containing THR constructs on the time-to-event for the outcomes of interest. The decision to use flexible parametric models was made *a priori* as we did not expect proportionality between cobalt and/or chromium release over time and the outcomes of interest i.e. we would expect little to no immediate effect, with the effect increasing with a systemic exposure or accumulation over time. For each outcome in our analyses, the crude Kaplan-Meier survival data was plotted, dichotomised by our cobalt-chrome exposure variable, and a model was fitted to the data. Patients who underwent implant revision were not censored as we made the assumption that once patients were exposed to cobalt-chrome from a primary implant, the effect of the exposure could not subsequently be removed given the outcomes of interest. Patients were censored at death or administratively at the end of follow-up. Given the expected lack of proportionality in outcomes, it would be inappropriate to present a single hazard ratio. We therefore preferred the use of standardized restricted mean survival time.<sup>21</sup> This may be defined as the area under the survival curve up to a prespecified time horizon, and represents either the loss or gain of life expectancy if everyone was exposed to cobalt-chrome compared to not being exposed to cobalt-chrome.

Models were adjusted for potential confounders and our final model was adjusted for age, ASA grade, ethnicity, sex, deprivation index and SHMI variable.

*Pre-specified sub-group analyses and test for interaction*

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3 As well as analysing the four main outcome groups (all-cause mortality, heart outcomes,  
4 cancer and neurodegenerative disorders) we repeated the analysis for specific sub-categories  
5 of each of the main outcomes for which there have been specific aetiological interest around  
6 metal toxicity. For example, as well as a model to assess the effect of cobalt-chrome on  
7 overall incident cancer, we also performed separate analysis on outcomes such as urinary  
8 cancer and haematological cancer, or Parkinson's disease<sup>22</sup> (which included Parkinson's  
9 dementia) as a sub-group of the neurodegenerative outcome. In addition, after assessing all  
10 heart outcomes together, we looked at specific heart outcomes as separate endpoints, such as  
11 cardiomyopathy, heart failure, and hypertension. Given our lack of data on smoking habit,  
12 which could be a confounder, we specifically looked at lung cancer (as a proxy for smoking).  
13 We also pre-specified one test of interaction between cobalt-chrome exposure and age. As a  
14 further subgroup analysis we assessed the mortality rate using the methods described above,  
15 with the cobalt-chrome implant group subdivided into those with and those without metal-on-  
16 metal bearing surfaces. This was done to determine if metal-on-metal bearings were  
17 responsible for driving any potential systemic effects seen. All analyses were performed  
18 using Stata version 15.1 (StataCorp, Texas, USA) utilising the stpm2 command.<sup>23</sup>  
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## Results

There were 374,359 individuals with a primary THR eligible for inclusion with a maximum follow-up period of 14.5 years (mean 5.1 years, standard deviation 3.5 years, range 1 day to 14.5 years) (Table 1 and Figure 1). There were 158,677 (42.4%) with a cobalt-chrome containing THR implant. In the subsequent analyses, the number of patients included for each analysis was variable given the number of patients excluded due to having a pre-existing diagnosis varies for each outcome of interest.

## Mortality

Prior to the mortality analysis we excluded all observations with a pre-existing diagnosis of heart outcomes, cancer, or neurodegenerative disorders as defined by ICD-10 codes from the HES data. This resulted in 316,120 observations (132,145 (41.8%) with cobalt-chrome containing implants) with 47,963 (15.2%) deaths.

## All-cause mortality

The fully adjusted flexible parametric model showed similar mortality rates (Figure 2 which displays adjusted rates and Table 2 which displays crude rates) (restricted mean survival analysis=6.9 days, 95% CI 0.1, 13.7 days, p=0.05). We performed separate analyses for heart based mortality (6,239 (2.0%) heart deaths), cancer mortality (16,106 (5.1%) cancer deaths), and mortality related to neurodegenerative disorders (6,704 (2.1%) neurodegenerative related deaths). Each analysis resulted in similar findings.

## Incident heart outcomes

There were 354,190 observations (149,544 (42.2%) with cobalt-chrome containing implants) and 27,332 (7.7%) incident heart outcomes. The failure variable in this analysis was a diagnosis of a defined heart outcome during the study period and/or a fatal heart outcome from the mortality data. Our model showed no difference in incident heart outcomes between

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3 the implant groups (Figure 3 which displays adjusted rates and Table 2 which displays crude  
4 rates). The restricted mean survival analysis found no difference for the exposed group (-2.0  
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6 days, 95% CI -8.0, 4.0 days, p=0.52). Similar findings were seen with the different heart  
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8 outcomes (including cardiomyopathy, heart failure and hypertension).  
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### 11 12 13 **Incident cancer outcomes**

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16 There were 331,320 observations (139,221 (42.0%) with cobalt-chrome containing implants)  
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18 with 35,720 (10.8%) incident cancer diagnoses. The failure variable in this analysis was a  
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20 diagnosis of cancer during the study period and/or a cancer related death. Our model showed  
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22 no clinically meaningful difference in incident cancer outcomes between the implant groups  
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24 (Figure 4 which displays adjusted rates and Table 2 which displays crude rates) (restricted  
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26 mean survival analysis= -9.0 days, 95% CI -16.3, -1.7 days, p=0.02). Similar results were  
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28 seen in separate analyses with urinary cancer, haematological cancer, melanoma type  
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30 cancers, prostate cancer, and lung cancer.  
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### 36 **Incident neurodegenerative disorders**

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38 There were 361,728 observations (152,828 (42.3%) with cobalt-chrome containing implants)  
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40 with 22,025 (6.1%) incident neurodegenerative disorder diagnoses. The failure variable in  
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42 this analysis was a diagnosis of a neurodegenerative disorder during the study period and/or  
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44 death from a neurodegenerative disorder. Our model showed no clinically meaningful  
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46 difference in incident neurodegenerative diagnoses between cobalt-chrome implants and non-  
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48 cobalt-chrome implants, however there was a possibility of a divergence in rates after around  
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50 11 years with higher rates for cobalt-chrome (Figure 5 which displays adjusted rates and  
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52 Table 2 which displays crude rates) (restricted mean survival analysis at 10 years= -6.9 days,  
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54 95% CI -12.3, -1.5 days, p=0.01). Similar results were seen when analyses were performed  
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58 on sub-categories of neurodegenerative disorders, such as dementia, Alzheimer's and  
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3 Parkinson's disease (the latter both with and without the inclusion of Parkinson's dementia).  
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6 There was no evidence of any interaction between exposure and age.  
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10 In our subgroup analysis, no difference in mortality rates were observed between patients  
11 with cobalt-chrome implants that were metal-on-metal bearing surfaces (n=13,621), cobalt-  
12 chrome implants that did not have metal-on-metal bearing surfaces (n=118,524), and non  
13 cobalt-chrome containing implants (n=183,975) (Figure 6).  
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For Review Only

## Discussion

Cobalt-chrome is used in many orthopaedic implants, including THR. If implants containing cobalt-chrome were demonstrated to cause harmful systemic implant effects, this would cause a major worldwide public health problem. A recent study linking the French national health insurance databases to the national hospital discharge database observed an increased risk of cardiomyopathy and heart failure in patients with metal femoral heads compared with ceramic heads (hazard ratio (HR) for hard-on-soft bearings=1.08, 95% CI=1.05-1.12; HR for hard-on-hard bearings=1.11, 95% CI=1.03-1.19), which was attributed to metal heads containing cobalt-chrome.<sup>1</sup> This study had a number of important limitations as previously described.<sup>14</sup> Limitations included focus only on the femoral head composition (metal or ceramic) and not the stem composition, and only considering cardiac related systemic effects, rather than other conditions linked with exposure to heavy metals (such as cancer,<sup>16, 17</sup> and neurodegenerative disorders<sup>18, 19</sup>). Furthermore the increased risk of cardiomyopathy and heart failure was only small. However, the findings of the French study have raised concerns, and if validated, they would suggest a widespread problem for orthopaedic patients, given metal is the commonest head material used in THR implants worldwide.

Our large nationwide cohort study of 374,359 THRs demonstrated that cobalt-chrome containing primary THRs did not have an increased risk of all-cause mortality, or a clinically meaningful difference in heart outcomes, cancer, and neurodegenerative disorders into the second decade after implantation compared with non-cobalt-chrome containing primary THRs. These findings remained consistent in numerous robust sensitivity analyses, including when metal-on-metal bearings were separated from the cobalt-chrome implants without metal-on-metal bearings. Therefore, on the basis of current evidence, we believe that cobalt-chrome containing THRs are safe for continued use and do not cause major systemic effects to patients.

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3 Metal-on-metal THRs have higher circulating cobalt and chromium ion concentrations  
4 compared with non-metal-on-metal bearing surfaces, which could cause systemic effects.<sup>24</sup>  
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6 Previous reports document a wide range of blood metal ion concentrations occur in metal-on-  
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8 metal THR patients who have systemic effects,<sup>25</sup> and there have even been reports of death  
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10 due to cardiac failure secondary to cobalt toxicity in metal-on-metal THR patients.<sup>26, 27</sup> For  
11  
12 this reason over the past decade a number of large observational studies have assessed  
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14 systemic effects (heart failure, cancer, mortality) following THR, comparing metal-on-metal  
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16 bearings with alternatives.<sup>7-11</sup> Most observational studies show no increased risk of systemic  
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18 effects from metal-on-metal THRs compared with alternatives.<sup>7-11</sup> One small study showed  
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20 older males with one type of metal-on-metal implant had a three-fold increased risk of  
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22 hospital admission due to cardiac failure, though this study had a number of limitations.<sup>28</sup> A  
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24 small cross-sectional study found a 7% lower cardiac ejection fraction in metal-on-metal  
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26 THRs,<sup>29</sup> although studies to the contrary exist.<sup>30</sup> Therefore to date there is no robust evidence  
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28 supporting an increased risk of systemic effects of metal-on-metal THRs compared with  
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30 alternative bearings.  
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39 Previous studies are limited in the current context by comparing exposure and control groups  
40 both exposed to cobalt-chrome. Interpretation of these findings is therefore difficult if cobalt-  
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42 chrome is the potentially deleterious exposure. Although the French study observed an  
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44 increased risk of cardiomyopathy and heart failure in patients with metal femoral heads  
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46 compared with ceramic heads,<sup>1</sup> it is not possible to directly compare these results to our study  
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48 given the former was limited by not considering the femoral stem material in the analysis.  
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51 Therefore any differences in the findings between the studies may relate to misclassification  
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53 of the material composition of the implants or failure to consider the entire construct. Our  
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55 work is consistent with observations regarding other commonly used orthopaedic implants,  
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57 such as knee and shoulder replacements and internal fixation devices used in trauma, in that  
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3 patients with these implants do not commonly experience systemic effects.<sup>31</sup> Furthermore our  
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5 subanalyses highlighted that mortality rates were not different between patients with cobalt-  
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7 chrome implants that were metal-on-metal bearing surfaces, cobalt-chrome implants that did  
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9 not have metal-on-metal bearing surfaces, and non cobalt-chrome containing implants. This  
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11 analysis importantly isolated those patients with implants containing no cobalt-chrome in the  
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13 construct, with those containing cobalt-chrome as part of the construct, which has been a  
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15 limitation of previous work in which both groups analysed had cobalt-chrome within their  
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17 implants. The findings provide further support that cobalt-chrome THR implants are not  
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19 associated with clinically significant adverse systemic effects.  
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### 28 **Strengths and limitations**

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31 This large study with extended follow-up is the first to assess this important issue given the  
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33 recent concerning French study findings. Robust methodology were used to define the  
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35 exposure group, with patients grouped according to whether or not they had cobalt-chrome in  
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37 their THR (not just the femoral head), which has limited previous analyses.<sup>1</sup> Furthermore  
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39 patients with non-hip cobalt-chrome implants were excluded. Potential systemic effects of  
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41 concern were assessed given previous studies focussed on few endpoints. We used linked  
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43 data from the world's largest arthroplasty registry with excellent levels of data completion  
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45 and accuracy,<sup>32,33</sup> and the unselected population improved the generalisability of the  
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47 findings, with THR patients broadly similar to other high income populations.<sup>3</sup> Our findings  
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49 remained consistent in multiple sensitivity analyses, which validates the observations  
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51 presented.  
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58 Limitations include the use of observational data which limits our ability to infer causality.  
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3 However, this question cannot be answered by conventional randomised trials given the very  
4 large sample sizes and long follow-up period required. Therefore, the best evidence to inform  
5 practice will come from well-conducted observational data. Whilst the linked datasets include  
6 many variables that adjust for case-mix/comorbidity, residual confounding remains a  
7 possibility. Although we used consistent methods for identifying heart outcomes, cancer and  
8 neurodegenerative disorders, some may have been missed given not every diagnosis will  
9 result in hospital admission and/or will contribute to the cause of death. Coding errors may  
10 have occurred and/or practices may have changed over time though it is unlikely that this is  
11 systematically biased by prosthesis type. Incident outcomes may vary between countries,  
12 therefore there may be a baseline difference in risk between populations, although this is  
13 unlikely. Although our analysis extends into the second decade after implantation for some  
14 patients (maximum 14.5 year follow-up, mean 5.1 year follow-up, and over 40,000 patients  
15 with over 10 years follow-up), there may be an accumulative effect over time. This, in  
16 combination with the long latency period for the development of some cancers and the  
17 potential divergence in neurodegenerative outcomes beyond 11 years warrants longer term  
18 follow-up of those outcomes, although the latter finding was consistent with chance. A small  
19 proportion of cases without complete data available were excluded (0.62% of NJR-HES-ONS  
20 data) and we assume data is either missing completely at random or missing at random, and  
21 therefore unbiased estimates should be obtained following complete case analysis.<sup>34, 35</sup>  
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## 50 **Conclusions**

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52 Data from the world's largest joint replacement registry demonstrates that cobalt-chrome  
53 containing THR's do not have an increased risk of all-cause mortality, or clinically  
54 meaningful heart outcomes, cancer, and neurodegenerative disorders into the second decade  
55 after implantation compared with non-cobalt-chrome containing primary THR's. Our findings  
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3 will help reassure clinicians and the increasing number of patients receiving primary THR  
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5 worldwide that the procedure is safe and not associated with significant systemic implant  
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### 10 **Ethics approval and consent to participate**

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12 With support under Section 251 of the NHS Act 2006, the Ethics and Confidentiality  
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14 Committee (ECC), (now the Health Research Authority Confidentiality Advisory Group)  
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16 allows the NJR to collect patient data where consent is indicated as 'Not Recorded'.  
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For Review Only

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**Table 1. Baseline demographic characteristics of the study population**

	non Cobalt-Chrome		Cobalt-Chrome		Total	
Total, N (%)	215,682	(57.6)	158,677	(42.4)	374,359	(100.0)
Sex, N (%)						
Male	86,514	(40.1)	64,457	(40.6)	150,971	(40.3)
Female	129,168	(59.9)	94,220	(59.4)	223,388	(59.7)
Age, mean (SD)	70.5	(8.5)	72.5	(8.2)	71.4	(8.4)
Age, range (min, max)	55.0	(8.5)	55.0	(8.2)	55.0	(8.4)
ASA grade, N (%)						
1	29,055	(13.5)	16,988	(10.7)	46,043	(12.3)
2	151,114	(70.1)	111,370	(70.2)	262,484	(70.1)
3	34,431	(16.0)	29,266	(18.4)	63,697	(17.0)
4	1,052	(0.5)	1,030	(0.6)	2,082	(0.6)
5	30	(<0.1)	23	(<0.1)	53	(<0.1)
Ethnicity, N (%)						
White	205,613	(95.3)	151,745	(95.6)	357,358	(95.5)
non-White	2,146	(1.0)	1,598	(1.0)	3,744	(1.0)
Other/Unknown	7,923	(3.7)	5,334	(3.4)	13,257	(3.5)
Deprivation index quintile, N (%)						
1 <sup>st</sup> (least deprived)	39,568	(18.3)	29,591	(18.6)	69,159	(18.5)
2 <sup>nd</sup>	48,327	(22.4)	35,823	(22.6)	84,150	(22.5)
3 <sup>rd</sup>	51,212	(23.7)	36,681	(23.1)	87,893	(23.5)
4 <sup>th</sup>	43,646	(20.2)	33,138	(20.9)	76,784	(20.5)
5 <sup>th</sup> (most deprived)	32,929	(15.3)	23,444	(14.8)	56,373	(15.1)
SHMI quintile, N (%)						
1 <sup>st</sup> (lowest score)	126,471	(58.6)	87,030	(54.8)	213,501	(57.0)
2 <sup>nd</sup>	38,593	(17.9)	28,490	(18.0)	67,083	(17.9)
3 <sup>rd</sup>	26,254	(12.2)	21,507	(13.6)	47,761	(12.8)
4 <sup>th</sup>	17,629	(8.2)	15,126	(9.5)	32,755	(8.7)
5 <sup>th</sup> (highest score)	6,735	(3.1)	6,524	(4.1)	13,259	(3.5)

ASA grade 1 - fit and healthy; grade 2 - mild disease, not incapacitating; grade 3 - incapacitating systemic diseases; grade 4 - life threatening disease; grade 5 - expected to die within 24hrs without an operation. SHMI stands for Summary Hospital-level Mortality Indicator. Test of homogeneity by Cobalt-Chrome status gave a p-value of <0.001 in all groups, except Sex where the p-value was 0.002.



**Table 2** Estimated crude rates of each outcome of interest based on whether or not the primary total hip replacement contained cobalt-chrome

<b>Outcome of interest</b>	<b>Exposure group</b>	<b>Crude rate of outcome of interest per 1,000 person-years (95% confidence intervals)</b>
All-cause mortality	Non-cobalt-chrome	28.98 (28.65 - 29.32)
	Cobalt-chrome	28.91 (28.51 - 29.32)
Incident heart outcomes	Non-cobalt-chrome	15.15 (14.92 - 15.39)
	Cobalt-chrome	16.03 (15.74 - 16.32)
Incident cancer outcomes	Non-cobalt-chrome	21.23 (20.94 - 21.52)
	Cobalt-chrome	22.50 (22.15 - 22.87)
Incident neurodegenerative disorders	Non-cobalt-chrome	11.98 (11.77 - 12.18)
	Cobalt-chrome	12.51 (12.26 - 12.76)

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3 **Figure Legends**  
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8 **Figure 1.** Participant flow diagram  
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12 **Figure 2.** Estimated adjusted baseline mortality rates by cobalt-chrome exposure status  
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17 **Figure 3.** Estimated adjusted baseline hazard for incident heart outcomes by cobalt-chrome  
18 exposure status  
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24 **Figure 4.** Estimated adjusted baseline hazard for incident cancer outcomes by cobalt-chrome  
25 exposure status  
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31 **Figure 5** Estimated adjusted baseline hazard for incident neurodegenerative disorders by  
32 cobalt-chrome exposure status  
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37 **Figure 6** Estimated adjusted baseline mortality rates by cobalt-chrome exposure status, with  
38 the cobalt-chrome group subdivided into those with and those without a metal-on-metal  
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**Appendix: ICD-10 codes for outcomes of interest**

	<b>Included ICD 10 codes (any code beginning with)</b>	<b>Notes</b>
<b>Any cancer</b>	C	Including C792 but excluding C44
	D00 to D09 inclusive	Excluding D04
	D37 to D48 inclusive	
<b>Any haematological cancer (lymphoma, leukaemia, myeloma)</b>	C81 to C86 inclusive	
	C88 to C96 inclusive	
	D45 to D47 inclusive	
	C77	Unspecified malignant neoplasm of lymph nodes
<b>Any malignant melanoma</b>	C43	
	D03	Melanoma in situ
<b>Any prostate cancer</b>	C61	In men
	D075	
	D400	
<b>Any urinary cancer (bladder, ureter, kidney)</b>	C64 to C68 inclusive	
	C790 to C791 inclusive	
	D090 to D091 inclusive	
	D41	

## ICD-10 Heart outcome codes

## Cardiomyopathy:

I-420: Dilated cardiomyopathy

I-429: Cardiomyopathy (unspecified)

## Heart failure:

I-500: Congestive heart failure

I-501: Left ventricular failure

I-502: Systolic (congestive) heart failure

I-503: Diastolic (congestive) heart failure

I-504: Combined systolic and diastolic heart failure

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3 I-509: Heart failure, unspecified  
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8 Hypertension:  
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10 I-110: hypertensive heart disease with (congestive) heart failure  
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12 I-119: hypertensive heart disease without (congestive) heart failure  
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14 I-130: hypertensive heart and renal disease with (congestive) heart failure  
15

16 I-131: hypertensive heart and renal disease with renal failure  
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18 I-132: hypertensive heart and renal disease with both (congestive) heart failure and renal  
19 failure  
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22 I-139: hypertensive heart and renal disease, unspecified  
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28 Ischaemic cardiomyopathy:  
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30 I-255: Ischaemic cardiomyopathy  
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35 Cirrhotic complications:  
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37 K-761: Heart failure complication - cirrhosis, cirrhotic (hepatic) - cardiac (of liver)  
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42 Odema:  
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44 J-81X: Heart failure complication - oedema  
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51 ICD-10 Neurodegenerative disease codes  
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53 Dementia:  
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55 F00 Dementia in AD  
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58 F01 Vascular dementia  
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3 F02 other dementias  
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5 F03 unspecified dementia  
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7 F051 delirium superimposed on dementia  
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9 F067 Mild cognitive disorder  
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14 Parkinson's dementia:  
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16 F023 Parkinson's disease dementia  
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21 Alzheimer's disease:  
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23 G30 Alzheimer's Disease  
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25 G31-G32 Other degenerative diseases  
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30 Parkinson's Disease:  
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32 G20 PD  
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35 G21 secondary PD  
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38 G22 PD classified elsewhere  
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40 G23 other degenerative basal ganglia  
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44 Motor neurone disease:  
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46 G122 Motor Neurone Disease  
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Primary hips in the 2018 NJR data  
N=996,272

Without NHS number, confirmed age or confirmed gender  
N=126

Exclude duplicates and irregular primary/revision dates  
N=4,093

Primary hips with identifiers  
N=992,053

Unable to link IDs between HES, ONS and NJR Hip data  
N=252,633

Primaries linked to HES and ONS  
N=739,420

Unable to ascertain death date  
N=5,633

Excluded those with known knee implants  
N=75,681

Excluded those with a reason for primary other than Osteoarthritis  
N=79,853

Excluded those with a second hip primary, i.e. Bilateral procedure  
N=156,779

Excluded those missing data on covariates such as ethnicity, ASA grade etc.  
N=4,581

Excluded those aged <55 years.  
N=41,826

Excluded those with unknown component composition  
N=708

Primaries for analysis after exclusions\*  
N=374,359

With a cobalt/chrome head or stem  
N=158,677 (42.4%)

Without a cobalt/chrome head or stem  
N=215,682 (57.6%)

<https://mc.manuscriptcentral.com/bjj>

\*After this point there were analysis specific exclusions based on prior history of analysis outcomes.

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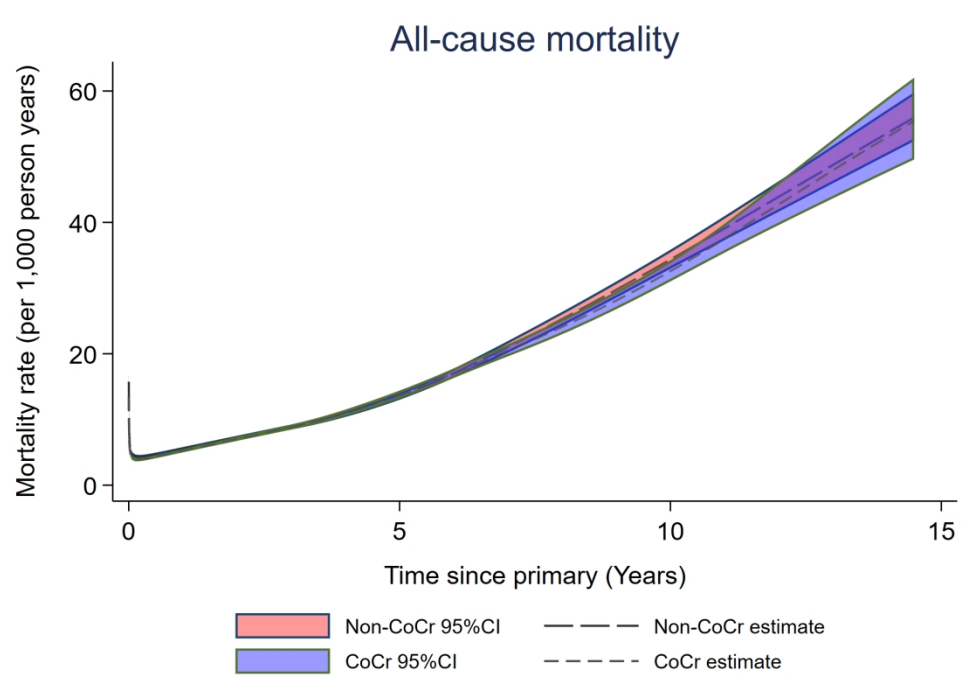


Fig 2: Estimated adjusted baseline mortality rates by cobalt-chrome exposure status

186x135mm (300 x 300 DPI)

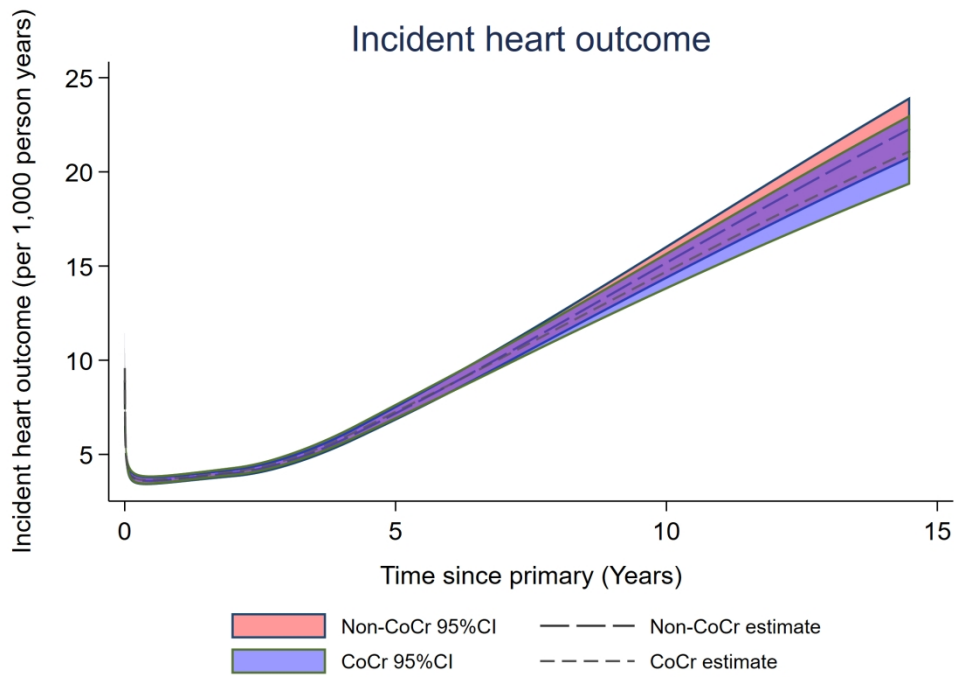


Fig 3: Estimated adjusted baseline hazard for incident heart outcomes by cobalt-chrome exposure status

186x135mm (300 x 300 DPI)



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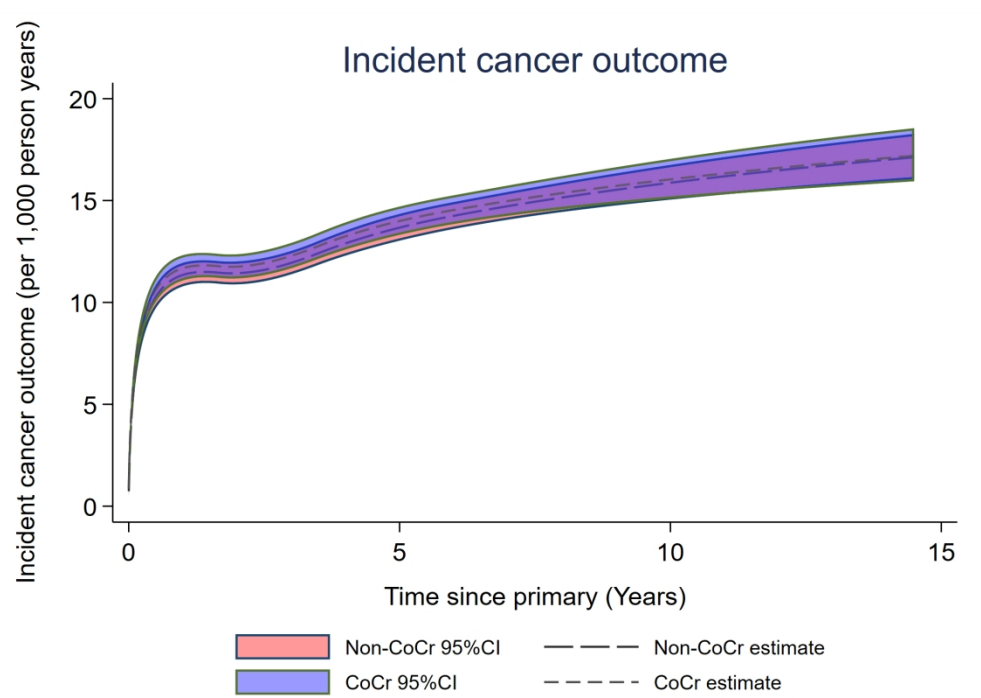


Fig 4: Estimated adjusted baseline hazard for incident cancer outcomes by cobalt-chrome exposure status

186x135mm (300 x 300 DPI)

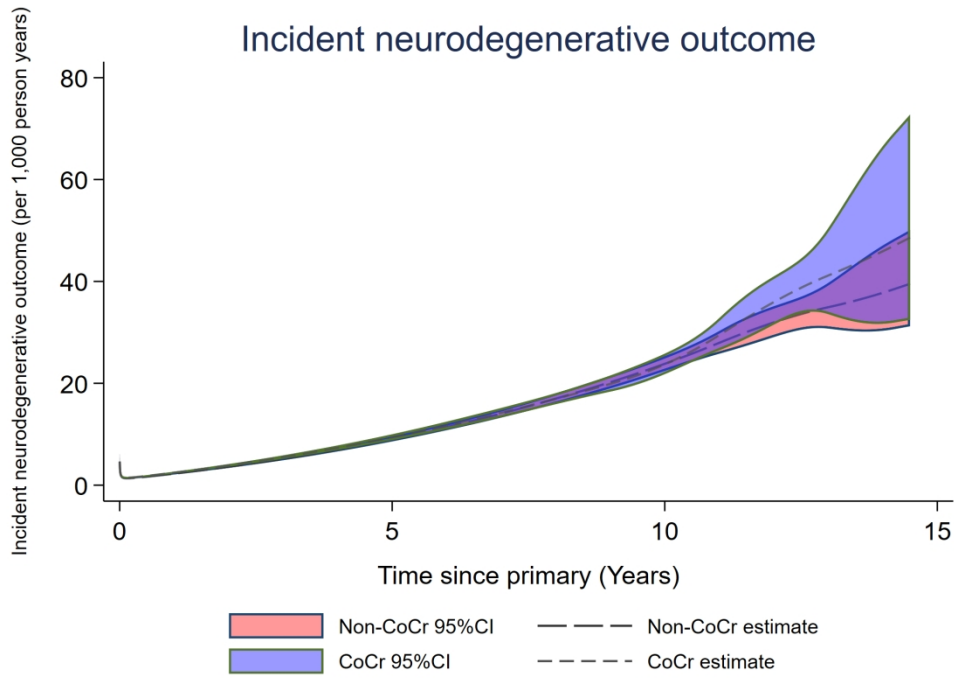


Fig 5: Estimated adjusted baseline hazard for incident neurodegenerative disorders by cobalt-chrome exposure status

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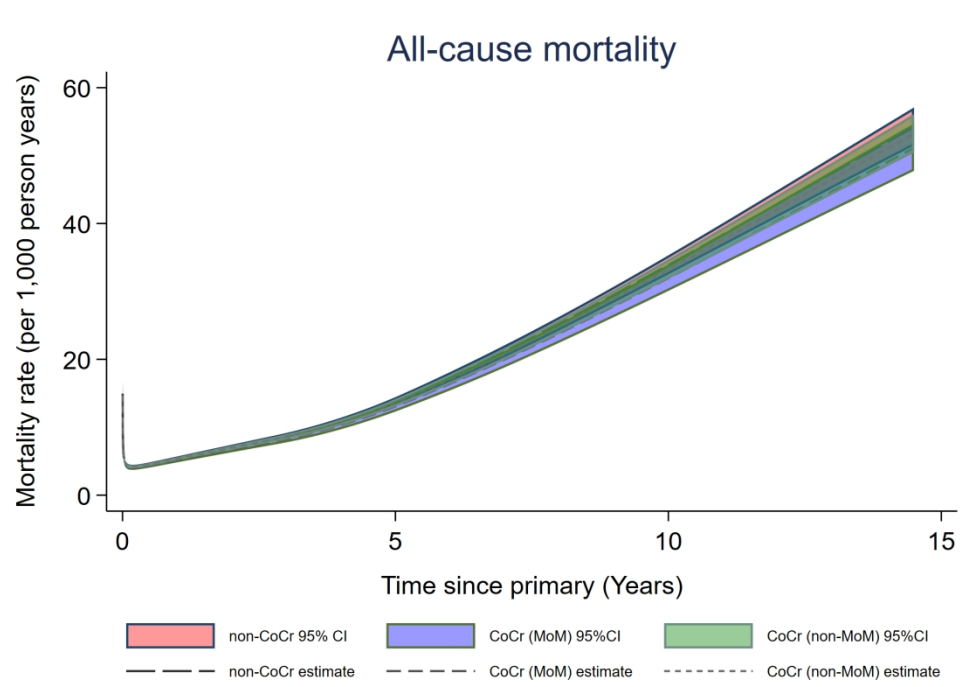


Fig 6: Estimated adjusted baseline mortality rates by cobalt-chrome exposure status, with the cobalt-chrome group subdivided into those with and those without a metal-on-metal bearing

186x135mm (300 x 300 DPI)