|  |  |  |
| --- | --- | --- |
| BCW component |  | TDF domain |
| Capability |  | Knowledge |
|  | Skills |
|  | Memory, Attention and Decision Processes |
|  | Behavioural Regulation |
| Motivation |  | Social/Professional Role & Identity |
|  | Beliefs about Capabilities |
|  | Optimism |
|  | Beliefs about Consequences |
|  | Reinforcement |
|  | Intentions |
|  | Goals |
|  | Emotion |
| Opportunity |  | Environmental Context and Resources |
|  |  | Social Influences |

Table S1. Mapping of the Behavior Change Wheel components of behavior change to the domains of the Theoretical Domains Framework