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5 **Fibril structures of diabetes-related amylin variants reveal a basis**
6 **for surface-templated assembly**

7

8

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22

23 **Abstract**

24 The aggregation of the peptide hormone amylin into amyloid deposits is a pathological
25 hallmark of type-2 diabetes (T2D). While no causal link between T2D and amyloid has been
26 established, the S20G mutation in amylin is associated with early-onset T2D. Here we report
27 cryo-EM structures of amyloid fibrils of wild-type human amylin and its S20G variant. The
28 wild-type fibril structure, solved to 3.6-Å resolution, contains two protofilaments, each built
29 from S-shaped subunits. S20G fibrils, by contrast, contain two major polymorphs. Their
30 structures, solved at 3.9-Å and 4.0-Å resolution, share a common two-protofilament core that
31 is distinct from the wild-type structure. Remarkably, one polymorph contains a third subunit
32 with another, distinct, cross-β conformation. The presence of two different backbone
33 conformations within the same fibril may explain the increased aggregation propensity of
34 S20G, and illustrates a potential structural basis for surface-templated fibril assembly.

35

36

37 **Introduction**

38 A cross-β structure was identified as the generic building block of amyloid fibrils over 50
39 years ago (reviewed in ¹). Famously associated with pathology in Alzheimer's, Parkinson's
40 and Huntington's diseases, amyloid fibrils formed by 36 human proteins have been
41 associated with more than 50 diseases¹. This stable amyloid fold also plays a functional role
42 in bacteria, fungi, plants and man². Driven by developments in cryo-electron microscopy
43 (cryo-EM), electron diffraction and solid-state NMR, our understanding of amyloid structures
44 has been revolutionized in recent years, with near-atomic resolution structures of amyloid
45 fibrils formed *in vitro* and extracted from tissues of patients with Alzheimer's disease^{3,4}, Picks
46 disease⁵, Chronic Traumatic Encephalopathy⁶, Corticobasal degeneration⁷, Multiple System
47 Atrophy⁸, and with systemic amyloidosis diseases caused by the misfolding of serum
48 amyloid A⁹, immunoglobulin light chains^{10,11} and transthyretin¹². These structures reveal a
49 remarkable diversity of the common cross-β structure, with the same (or similar) protein
50 sequences forming an array of structures, very different to the one sequence–one structure
51 relationship common to globular proteins. This body of work has also shown that different
52 fibril structures formed by the same, or similar, protein sequence can result in different
53 diseases, as illustrated by fibrils from disease-associated variants of α-synuclein in
54 Parkinson's disease (PD) and dementia with Lewy bodies (DLB)^{13,14}, or the 8 different fibril
55 structures currently determined for different isoforms of tau associated with Alzheimer's
56 disease, Pick's disease, Chronic Traumatic Encephalopathy and Corticobasal
57 Degeneration^{3,5-7}.

58 The aggregation of the 37-residue peptide hormone amylin (human islet amyloid polypeptide)
59 into amyloid fibrils has been linked to type-2 diabetes (T2D)¹⁵, in which amyloid deposition in
60 pancreatic islets is a recognized histopathological hallmark. Amylin is co-secreted with insulin
61 by pancreatic β -cells and is essential for glucose homeostasis. While no direct causal link
62 between amylin and T2D has been established, numerous reports implicate amylin and its
63 amyloid formation in β -cell death^{16,17}. Importantly, a single genetic mutation in amylin causing
64 the S20G variant is associated with a familial, early onset form of T2D¹⁸; this substitution
65 renders amylin more aggregation-prone and increases risk of disease¹⁹⁻²¹.

66 Biochemical experiments have shown that peptides spanning the amylin sequence from
67 residues 8 to 37 can form amyloid aggregates²², with the sequence ₂₂NFGAIL₂₇ playing a
68 central role in amyloid formation²³⁻²⁵. By X-ray crystallography, it has been shown that
69 several fragments of amylin can assemble into amyloid-like assemblies with different
70 backbone conformations^{26,27}. While it is improbable that all of these very different homotypic
71 interactions could occur simultaneously in amyloid fibrils formed from full-length amylin,
72 these structures show that a single amylin fragment can adopt different conformations to
73 stabilize an amyloid fold, consistent with polymorphism seen in other protein fibrils^{3,5-7,9,11}.

74 Here, we describe a 3.6-Å-resolution structure of amylin amyloid fibrils formed *in vitro* from
75 the wild-type protein, as well as fibrils with two different structures formed by the S20G
76 variant, at 3.9 Å and 4.0 Å resolution. The results show that wild-type amylin fibrils are
77 formed from two protofilaments each containing a single amylin subunit per molecular layer.
78 The subunits adopt an S-shaped conformation in each protofilament, reminiscent the
79 structures of fibrils formed by the Alzheimer's disease-associated A β ₄₂ peptide²⁸⁻³¹, which
80 has a similar length and has 56% sequence similarity in its central aggregation prone region.
81 The structures of the S20G variant show that the serine to glycine substitution results in a
82 different protofilament fold at the core of the fibril. Strikingly, this new fold generates a
83 surface onto which a third subunit, with a completely different backbone conformation, binds.
84 This arrangement generates a unique three-protofilament fibril that contains three
85 asymmetric amylin subunits per molecular layer. This lateral association may represent the
86 molecular basis of surface-catalysed amyloid growth via secondary nucleation, and a
87 potential mechanism for increased aggregation of the S20G variant.

88

89 **Results**

90 *Polymorphism in amylin amyloid fibrils*

91 We synthesized peptides corresponding to wild-type human amylin and the S20G variant,
92 using solid phase peptide synthesis. Peptides were C-terminally amidated and contained the
93 native disulfide bridge between residues 2 and 7. Purity and completeness of disulfide
94 formation were assessed by HPLC and electrospray ionisation mass spectrometry (ESI-MS),
95 respectively (Supplementary Fig. 1). Both wild-type amylin and the S20G variant formed
96 amyloid fibrils within 2 days of incubation under identical conditions at pH 6.8 (Methods), as
97 judged by negative stain EM (Extended Data Fig. 1). Both samples are polymorphic. For
98 wild-type amylin the predominant polymorph, that accounts for ~80% of all fibrils imaged
99 using cryo-EM, is long (>1 μ m) and thin (<20 nm in diameter), and has an overt crossover
100 length of ~25 nm (Fig. 1a and Extended Data Fig. 1a, b). Fibrils of the S20G variant were
101 more heterogeneous, but the majority (~79% of all fibrils imaged) present an overt crossover
102 length of ~50 nm (Fig. 1b and Extended Data Fig. 1c,d). We did not identify any fibrils with a

103 25 nm crossover (i.e. the „wild-type morphology“) in the S20G fibril samples, but fibrils with a
104 50 nm crossover (i.e. the „S20G morphology“) were found in the wild-type sample (~10%), as
105 judged by atomic force microscopy (AFM), although these were almost never observed in
106 cryo-EM. All fibrils of all polymorphs, both wild-type and S20G, have an unambiguous left-
107 handed helical twist as judged by AFM (Fig. 1a, b insets; Extended Data Fig. 1e, f). The fibril
108 height profiles, obtained using AFM, confirms the predominant crossover lengths observed
109 by EM, at 22 ± 2 nm for wild-type and 43 ± 5 nm for S20G fibrils.

110

111 *Cryo-EM structure of wild-type amylin fibrils*

112

113 The wild-type fibril sample described above was used for cryo-EM analyses (Methods). After
114 manual selection from the raw micrographs and 2D and 3D classification, we obtained a
115 homogeneous dataset of segments from the fibrils with a 25 nm crossover length (Extended
116 Data Fig. 2a-e), from which a 3D structure was determined at 3.6-Å resolution (Table 1). The
117 reconstruction has two symmetric protofilaments consisting of stacked layers of density (Fig.
118 2). Each subunit is characterized by a continuous density that corresponds to the peptide
119 backbone, preceded at one end by a Localized Disordered Region (LDR)³² (Fig. 2a), and
120 has a helical twist of 178.23° and rise of 2.43 Å, characteristic of a left-handed, 2_1 -screw axis
121 symmetry. This led to a left-handed helical fibril in which the layers of density in each
122 protofilament are separated by β -strand spacing of ~ 4.9 Å (Fig. 2b, c and Sup. Fig. 2a).
123 However, the layers are not perpendicular to the fibril long axis, but are tilted by $\sim 10^\circ$ in
124 opposite directions in each protofilament (Fig. 2d and Extended Data Fig. 3a-c). This tilt
125 means that each monomer “i” contacts four different monomers in the opposing
126 protofilaments (“j-1”, “j”, “j+1” and “j+2”) at its C-terminal (residue Y37) and central regions
127 (residues 21–27). Each layer in each protofilament can accommodate a single amylin
128 subunit (Fig. 2e). The quality of the density was sufficient to build an unambiguous model for
129 the C-terminal 23 residues of the wild-type amylin sequence (residues 14–37), consistent
130 with a wealth of biochemical, biophysical and structural information that this region is most
131 likely to be structured in the fibril core^{22,23,33-36}. The density of the bulky side chains of F15,
132 H18, F23 and Y37 are consistent with this interpretation (Fig. 2e). Each monomer folds into
133 a planar, S-shaped backbone conformation forming three β -strands ($\beta 1$: residues 14–19, $\beta 2$:
134 26–31 and $\beta 3$: 35-36) separated by two loops (L1: residues 20–25 and L2: 32–34) (Fig. 2e;
135 Extended Data Fig. 3d).

136 The loop L1 contains a substantial portion of the inter-protofilament interface where residues
137 ₂₃FGA₂₅ pack against the same region in the opposite protofilament forming a homotypic,
138 face-to-face, dry-steric zipper stabilized by two main chain-main chain interactions
139 consistent with H-bonds between the zipper residues (Fig. 2e, panel i). The tilt of each
140 monomer is especially important in this region as the main-chain H-bonds of a monomer “i”
141 in one protofilament bond to different opposing monomers in its same plane (“j”) and above
142 its plane (“j+1”) in the opposite protofilament (Extended Data Fig. 3a-c). This arrangement
143 generates a network of interactions consistent with H-bonds that expands across the inter-
144 protofilament interface (Fig. 2e, panel i). The rest of the inter-protofilament interface is
145 generated by the formation of a hydrophobic core consisting of residue F23 with A25, L27
146 and Y37 of the opposing monomer (Fig. 2e, panel ii).

147 Intra-monomer interactions that stabilize the S-shaped fold involve both hydrophobic (V17
148 and I26 (Fig. 2e)) and polar interactions (S29, N31, N35, Y37 (Fig. 2e, panel iii)). There are
149 also extensive inter-layer interactions consistent with H-bonds via the formation of
150 asparagine ladders (N21 (Fig. 2e, panel iv), N22 and N35). Collectively, these interactions
151 define two cores in each protofilament. A first core forms a tube of polar residues along the
152 fibril and is predominantly formed by residues S29, N31, N35, together with T30 and the
153 phenolic -OH of Y37. The second core is apolar and is formed by residues F15, V17, I26,
154 together with the residues at the inter-protofilament interface (Fig. 2e). In combination, these
155 fibrils employ all of the stabilizing features observed in amyloid fibrils formed from other
156 proteins and peptides to date, contained within a single structure: homotypic dry zippers,
157 polar and apolar cores, aromatic stacking, asparagine ladders and the formation of parallel
158 β -sheets.

159

160 *S20G fibrils contain two distinct polymorphs*

161 A cryo-EM dataset of S20G fibrils was also collected. Fibrils were manually selected from
162 the raw cryo-EM images, and after 2D classification an apparently homogeneous dataset of
163 fibril segments consistent with a ~50 nm crossover length was obtained, and in which β -
164 strands appear to be out of register as judged from the 2D-class averages (Extended Data
165 Fig. 4a-g; Supplementary Figure 2b-c).

166 Extensive subsequent 3D classifications suggested that the dataset contains two similar
167 structures with an identical overt crossover length. Once this had been established, we were
168 able to solve one of these structures to 3.9 Å and discovered that it contained three
169 protofilaments. We then used this structure as model for further rounds of 3D classification
170 to separate the dataset into its component parts. These separated datasets were then each
171 solvable, generating two fibrils, one with two protofilaments (2PF; 4.0-Å resolution; ~76% of
172 the fibril segments with a 50 nm repeat) and one with three protofilaments (3PF; 3.9-Å
173 resolution; ~24% of the fibril segments with a 50 nm repeat), which we describe below.

174

175 *Cryo-EM structure of the 2PF fibril*

176 The 2PF fibril contains two identical monomers per molecular layer, one in each
177 protofilament (Fig. 3a, b). Each of these monomers adopts a planar (Fig 3c, d), two-
178 dimensional structure that is tilted away from the plane perpendicular to the fibril long axis by
179 approximate 1.7° (Extended Data Fig. 5). The layers in each protofilament are out of register
180 with each other by precisely half of the inter-strand spacing (2.4-Å) (Fig. 3d), which
181 corresponds to a 2_1 pseudo-screw symmetry with a twist of 179.05° per subunit (Table 1).
182 Each monomer contains four β -strands formed by residues 15–18 (β 1), 21–23 (β 2), 28–
183 31(β 3) and 35–36 (β 4) (Fig. 3e and Extended Data Fig. 3d). Strands β 1, β 3 and β 4 partially
184 overlap in sequence with strands β 1, β 2 and β 3 observed in the wild-type structure,
185 respectively while strand β 2 from S20G is not observed in the wild-type structure (Extended
186 Data Fig. 3d).

187 The spatial arrangement of secondary structure elements in the S20G 2PF structure is
188 completely different to that in the wild-type fibrils. In fact, the backbone of these structures
189 cannot be superposed (Extended Data Fig. 6a); only the segment containing residues
190 $_{31}\text{NVGSNT}_{36}$ can be superposed between these structures (RMSD 0.95 Å; Extended Data

191 Fig. 6b). The interface between the protofilaments is also less interdigitated in the S20G 2PF
192 structure, and is formed by residues $_{25}\text{AIL}_{27}$ that arrange in a face-to-face, homotypic, dry
193 steric zipper (Fig. 3e, panel i). These amino acids are consecutive to those that form the
194 interface in the wild-type structure ($_{23}\text{FGA}_{25}$), but neither the interfacial nor the adjacent
195 residues can be superposed between wild-type and 2PF structures. Both polar and apolar
196 interactions stabilize the 2PF monomer fold. The apolar interactions are between residues
197 F23, I26 and V32 (Fig. 3e, panel ii), whilst the polar interactions involve side chain-side
198 chain contacts between residues H18 and N21, and between N31 and N35 (Fig. 3e, panel
199 iii). Some of the interactions that stabilize the stacking of monomers are conserved between
200 wild-type and S20G structures, these include common features of amyloid fibrils such as the
201 stacking of the aromatic side chains of residues F15, F23 and Y37.

202 The structure of the S20G fibrils shows a single apolar core within each S20G monomer
203 formed by residues F23, I26 and V32 and the $_{25}\text{AIL}_{27}$ sequence at the interface between
204 protofilaments (Fig. 3e). This core extends across the interface between monomers and
205 constitutes a large hydrophobic region that gives stability to the protofilaments that form the
206 2PF fibril, and is shielded from the solvent by patches of polar residues from by residues
207 S19 to N22 and S28 to N31 on the surface of the fibril (Fig. 3e). There is also a polar core
208 that contributes to the stability of the fibril formed by side chains of H18 from β_1 , N21 from
209 β_2 and S34 and β_4 (Fig. 3e, panel iii).

210

211 *The 3PF and 2PF fibrils share a common core architecture.*

212 The second major polymorph found in the S20G sample is an unprecedented structure that
213 we term 3PF, and is composed of three monomers per molecular layer each of which stack
214 to generate three protofilaments (Fig. 4). One of these monomers (protofilament C, shown in
215 red in Fig. 4b–f) has a completely different fold to the other two monomers (protofilaments A
216 and B; blue and green respectively in Fig. 4b, c) the latter of which are symmetrical, and
217 have a backbone conformation that is indistinguishable (at 3.9-Å resolution) from the two
218 monomers in a layer of the 2PF structure. Indeed, the backbone superposition of the
219 symmetrical monomers A and B observed in 3PF fibrils with those of 2PF fibrils has a RMSD
220 of ~ 1.7 Å over 23 residues (Extended Data Fig. 6c). Moreover, the symmetric monomers in
221 3PF are also out of register (Fig. 4c, d) and related by a 2_1 pseudo-screw axis symmetry as
222 observed in the 2PF fibrils, with a very similar interface (residues $_{25}\text{AIL}_{27}$) engaged in a
223 homotypic, apolar steric zipper (Fig. 4e, f). Despite their similarities, the relative tilt angles
224 and stacking arrangement of subunits in protofilaments A and B in 3PF fibrils are subtly
225 different to those observed in 2PF fibrils, presumably because of the binding of the third
226 monomer on one side of the “2PF-like” core, which inserts its C-terminal end into the groove
227 between protofilaments A and B (Fig. 4e, f) and distorts the even spacing between
228 monomeric planes observed in the 2PF fibrils (Extended Data Fig. 5e-g). Instead, this
229 generates an alternating short distance (~ 1.33 Å) and long distance (~ 3.44 Å) between
230 monomeric planes (Extended Data Fig. 5h).

231 The outcome of the docking of protofilament C onto the fibril side is that the molecular layers
232 of 3PF are rendered asymmetric by the presence of the monomers in protofilament C. This
233 asymmetry and the distortion of the spacing between monomer planes means that the 3PF
234 polymorph cannot be reconstructed by applying the same symmetry operators of 2PF.
235 Instead this polymorph was reconstructed by applying C1 symmetry with a helical rise of
236 4.81 Å and twist per subunit of 358.1° (Table 1).

237 The subunits within the symmetric, “2PF-like” core of the 3PF fibril have the same β -strands
238 and interconnecting loops observed in the S20G 2PF fibril (Extended Data Fig. 3d). In
239 contrast, the monomers in protofilament C have only two β -strands (β 1: residues 15-18 and
240 β 2: residues 25-29) which partially overlap with β 1 and β 2 observed the wild-type structure
241 (Extended Data Fig. 3d). Indeed, subunits in protofilament C are more similar to those in the
242 wild-type structure than those in protofilaments A & B to which they are opposed. The
243 superposition of the backbone of monomer C (red in Fig. 4b, c, e) and the wild-type
244 monomer has an RMSD of 3.1 Å over the 14 N-terminal residues observed in the structure
245 (residues 15-29), indicating that they have, in part, a similar fold (Extended Data Fig. 6d).
246 Unlike protofilaments A and B in the 3PF structure, the monomers in protofilament C are
247 neither planar nor perpendicular to the fibril axis. The insertion of the C-terminus of
248 monomer C into the groove between protofilaments A and B is above the plane of the
249 neighbour monomer B. The rest of the chain of monomer C descends along the fibril axis
250 and enters in register with the monomer B by its N-terminal region (Fig. 4d and Extended
251 Data Fig. 5e). Through the insertion of their C-terminal ends, monomers in protofilament C
252 interact with monomers in both protofilaments A and B. The side chain of the C-terminal Y37
253 in monomer C contacts the side-chains of L27 and S28 in an A-type monomer, while its
254 backbone makes an interaction consistent with an H-bond with the side-chain of N22 in a B-
255 type monomer B (Fig. 4f). The interface between monomer B and monomer C is larger than
256 that between monomers A and B, and it is formed by both polar and apolar residues that
257 cluster at two different points of the interface (Fig. 4e). The apolar interactions are between
258 residues A25, L27 of the asymmetric monomer C with F15 and V17 on the neighbour
259 monomer B. The polar interactions are between S29 of monomer C and S19 of monomer B.
260 The polar cluster also includes the side chains N31 and T36 of monomer C, and N22 of
261 monomer B. The backbone of monomer C describes a broad turn in this position, which is
262 12 Å away from the backbone of monomer B at its most distant point. As consequence there
263 is a loose interdigitation of the residues in the polar patch (Fig. 4e). The 3PF fibrils therefore
264 strongly resemble a 2PF fibril with the addition of a third monomer with a unique fold, and
265 constitute an unprecedented three protofilament asymmetric amyloid fibril structure.

266

267 *Symmetric and asymmetric interfaces in the wild-type, 2PF and 3PF fibrils*

268 The structures described highlight how the single substitution S20G results in large
269 differences in the conformation of amylin subunits that form the protofilaments of the amyloid
270 fibrils (Fig. 5a, b & c) and in profoundly different protofilament interfaces (Fig. 5d, e & f),
271 even though the sidechain of residue 20 does not participate in fibril-stabilizing interfaces
272 and is solvent-exposed in both wild-type and S20G polymorphs (Fig. 5d, e & f). To
273 understand how the difference in protofilament interfaces might influence fibril stability, we
274 analyzed the different interfaces using the software PDBePISA³⁷. We generated fibril
275 segments of six molecular layers organized in two protofilaments for wild-type and S20G
276 2PF fibrils (Figs. 2 & 3) or three protofilaments for 3PF fibrils (Fig. 4) and compared their
277 buried surface area, solvation free energy gain upon formation of the interface (Δ^iG), and the
278 free energy of assembly dissociation (ΔG^{diss}) (Table 2).

279 In the wild-type fibril, the buried surface area between protofilaments is 1960 Å². The Δ^iG for
280 the interface is ~ -28 kcal/mol, and the ΔG^{diss} of the fibril into two protofilaments is ~ 22
281 kcal/mol. If the number of molecular layers is then decreased and the ΔG^{diss} re-evaluated, a

282 minimum length for the fibril to be considered stable can be obtained ($\Delta G^{\text{diss}} > 0$) which, for
283 the wild-type structure, is two layers (giving a ΔG^{diss} of ~ 0.4 kcal/mol) (Extended Data Fig.
284 6e). In the S20G 2PF fibril, the inter-protofilament interface is 360 \AA^2 , confirming the visual
285 impression of a smaller interface. The $\Delta^{\text{I}}G$ of the interface between protofilaments is ~ -9
286 kcal/mol, and the ΔG^{diss} of the two protofilaments is only ~ -2 kcal/mol, which suggests that
287 the minimum length for a stable S20G 2PF fibril would be 7 or more molecular layers.
288 Finally, the combined interface areas between the monomers in each molecular layer of the
289 3PF fibril was determined to be 2571 \AA^2 , the combined $\Delta^{\text{I}}G$ of these interfaces is ~ -42
290 kcal/mol, and the ΔG^{diss} is ~ 9 kcal/mol. Decreasing the number of molecular layers for this
291 polymorph suggests that the minimum length for a 3PF fibril to be stable would be four
292 molecular layers, in which case ΔG^{diss} is ~ 3 kcal/mol. Hence, as expected by their larger
293 buried surface area, the 3PF fibrils are predicted to be significantly more stable than their
294 2PF counterpart.

295 The interface between all protofilaments in 3PF fibrils can be broken down into two sub-
296 interfaces (Table 2). The interface between symmetric monomers (A and B in Fig. 4) is
297 similar to that in the S20G 2PF fibril (Fig. 3), but the presence of the asymmetric monomer
298 expands the hydrophobic core of the fibril (Fig. 5f) and distorts the spacing between planes
299 of symmetric monomers (Extended Data Fig. 5h). We estimate that the total buried area of
300 this “2PF-like” interface is $\sim 482 \text{ \AA}^2$. This is greater than that of the S20G 2PF, and results in
301 a $\Delta^{\text{I}}G$ of ~ -12 kcal/mol and ΔG^{diss} of ~ 1 kcal/mol. The interface between monomer B and
302 monomer C in 3PF fibrils is larger than that between monomers A and B. The estimated
303 buried area in this interface is $\sim 1644 \text{ \AA}^2$, its $\Delta^{\text{I}}G$ is ~ -20 kcal/mol and its ΔG^{diss} is ~ 5
304 kcal/mol. Therefore, the predicted dissociation pattern for 3PF fibrils would be for the
305 interface between symmetric monomers (i.e. A & B) to break first, with that between
306 asymmetric partners (i.e. B & C) being more resilient.

307

308 Discussion

309 Here we present the structures of amyloid fibrils of wild-type amylin at 3.6 \AA resolution and
310 two major polymorphs of the S20G variant associated with early-onset T2D (at 4.0 and 3.9
311 \AA resolution)^{18,38}. Two recent papers have reported cryo-EM structures of wild-type amylin
312 fibrils. Röder *et al.*³⁹ describe three polymorphs, the most abundant of which had its
313 structure determined at 4.2-\AA -resolution; this polymorph had a 25 nm crossover length and a
314 monomer fold that is very similar to the wild-type structure described here (within the
315 resolution limit of the reconstructions; Extended Data Fig. 7a). However, based on AFM
316 analysis of dried fibrils, the structure by Röder *et al.* is a right-handed fibril, whereas AFM of
317 hydrated material created here shows that the fibrils are unambiguously left-handed,
318 consistent with previous reports for wild-type amylin fibrils with a 25 nm repeat^{23,40,41}. Cao *et*
319 *al.*⁴² report a completely different architecture for fibrils formed by an N-terminally
320 SUMOylated amylin variant, again with two protofilaments. However, that monomer fold is
321 unrelated to the one reported here (Extended Data Fig. 7b), perhaps due to the addition of a
322 SUMO tag ($\sim 13 \text{ kDa}$) that is substantially larger than amylin itself ($\sim 4 \text{ kDa}$).

323 The wild-type amylin fibril structure obtained here is different from that determined previously
324 using solid-state NMR⁴³, which was derived from a sample containing two major
325 polymorphs. One polymorph (described as a “striated ribbon”) also contained two symmetric
326 amylin molecules per layer, but each formed two parallel β -sheets connected by a loop

327 (Extended Data Fig. 8a, b); the other polymorph (described as a “twisted fibril”) with a period
328 of 25 to 50 nm and height of 4 to 10 nm, was not structurally elucidated, but it may
329 correspond to the wild-type amylin fibrils here (25 nm repeat, height 8 nm). Importantly, the
330 experimental conditions in our study are different from those employed by others who also
331 observed twisted amylin fibrils^{23,35,40}, suggesting that this twisted morphology is an inherent
332 feature of amylin amyloids.

333 The wild-type amylin structure presented here is consistent with previous biochemical^{22,23},
334 bioinformatic³⁵ and structural studies^{33,34,36} that collectively suggest that the N-terminal
335 region does not form part of the fibril core, that the C-terminal region is folded, and that Y37
336 is buried in a quasi-crystalline state⁴⁴. The overall S-shape of the monomers within the wild-
337 type amylin protofilaments is reminiscent of a previous “ β -serpentine” model for amylin
338 amyloid (Extended Data Fig. 8c, d)³⁵. Previous X-ray crystal structures of short segments of
339 amylin covered most of the residues visible in our structure and showed that several of those
340 segments self-interact, and do so in multiple conformations^{26,27,45,46}. Six of those fragment
341 structures superpose on the cryo-EM structure of wild-type amylin presented here^{27,46}
342 (Extended Data Fig. 8e), including one that covers the inter-protofilament interface²⁷
343 (₂₁NNFGAIL₂₇). This fragment structure overlays almost perfectly with our structure (RMSD
344 ~0.4 Å, Extended Data Fig. 8f), but the interface itself cannot be reproduced based on the
345 fragment structure as it does not capture the tilted relationship between monomers in the
346 fibril.

347 Many of the features previously observed to contribute to the stability of other amyloid fibrils
348 are also present in the wild-type amylin fibril structure. These include asparagine ladders³⁰,
349 where residue N21 (Fig. 2d, panel iv) is particularly interesting as the substitution N21P
350 increases the rate of amylin aggregation, possibly by inducing a turn in the backbone⁴⁷,
351 consistent with its position in our structure. Other stabilizing features include interactions
352 between each monomer and multiple monomers in the opposing protofilament. Such
353 interactions have been observed in fibrils of A β ₄₂ prepared *in-vitro*²⁹ and in *ex-vivo* fibrils
354 extracted from systemic AA amyloidosis patients⁹. This feature is particularly important in the
355 wild-type amylin fibril (Extended Data Fig. 3a-c) but also in the interaction of monomer C
356 with the core of 3PF fibrils (Extended Data Fig. 5e, g). Finally, both wild-type and S20G
357 amylin fibrils are stabilized by (different) polar and apolar interactions (Fig. 5d, e & f). In
358 particular, H18 was reported to play a role in Zn²⁺ binding⁴⁸, and it is surface-exposed in
359 wild-type fibrils, but buried in 2PF and 3PF, suggesting these fibrils could have different zinc-
360 binding properties (Extended Data Fig. 9a,b). Inter-protofilament interfaces of pathological
361 amyloids seem to contain mostly apolar cores, as observed in fibrils of human prion
362 protein⁴⁹, A β _{40/42}^{29,30,50}, and α -synuclein⁵¹. By contrast, the structure of Orb2, a functional
363 amyloid implicated in memory persistence in *Drosophila*⁵², featured exclusively polar
364 interfaces. Here the interface between monomers B and C in S20G 3PF fibrils contains both
365 apolar and polar cores (Fig. 5f). Whether this particular interface composition gives 3PF
366 fibrils distinctive properties regarding its thermodynamic stability, or characteristic kinetics of
367 assembly or disassembly, remain to be studied.

368 The S-shaped monomer in wild-type amylin fibrils is reminiscent of structures of the
369 Alzheimer’s disease-related A β ₄₂ fibrils determined using ssNMR^{28,30,31} and cryo-EM²⁹. The
370 clinical relationship between Alzheimer’s and T2D has been known for some time⁵³, and the
371 risk of dementia (including Alzheimer’s disease and vascular dementia, both linked to A β
372 deposition) is increased in patients with T2D⁵⁴. Indeed, a recent study linked T2D to a subset

373 of dementias termed Diabetes-related Dementia (DrD)⁵⁵. The molecular explanation for this
374 link remains unclear, but it may involve cross-seeding of aggregation⁵⁶ possibly via direct
375 interaction of aggregation-prone regions⁵⁷. A superposition of the wild-type amylin fibrils here
376 with those of A β ₄₂ (Extended Data Fig. 10a-e) supports this hypothesis, as noted
377 previously³⁹. Indeed, the most similar segments in amylin and A β ₄₂ (residues 10–27 in
378 amylin, 15–32 in A β ₄₂, Extended Data Fig. 10a) include the inter-protofilament interfaces in
379 both wild-type and S20G amyloid structures. Whether co-aggregation results from cross-
380 seeding, co-aggregation, secondary nucleation or association between preformed
381 protofilaments remains unresolved^{58,59}. Strikingly, superposition of the amylin and A β ₄₂ fibril
382 structures shows that the disease-related mutations (S20G in amylin and E22G in A β ₄₂ (also
383 known as the Arctic mutation) occupy structurally equivalent positions³⁹ (Extended Data Fig.
384 10b). However, it is not possible to predict whether the effects of the Arctic mutation in
385 Alzheimer's disease⁶⁰ arise from structural manifestations in the architecture of A β ₄₂ fibrils
386 akin to those described here for amylin.

387 The effects of the S20G substitution in amylin on fibril architecture are unanticipated and
388 remarkable. The wild-type and 2PF structures have distinct folds, inter-protofilament
389 interfaces, steric zippers and stabilizing cores, but S20 is solvent exposed in each. The 3PF
390 structure is unprecedented, revealing a single fibril composed of two different protofilament
391 structures: a "2PF-like" core with the lateral association of a third protofilament. There are
392 currently four structures of amyloid fibrils with three protofilaments: unseeded *in vitro* fibrils of
393 A β ₄₀⁶¹ and of the D23N "Iowa" mutant of A β ₄₀⁵⁰, *in vitro* seeded fibrils from an Alzheimer's
394 disease brain sample⁶² and the *ex vivo* extracted functional Orb2 amyloid fibrils from
395 *Drosophila* brains⁵²; in each case the fibrils are symmetric. By contrast, the backbone fold of
396 subunit C of the S20G 3PF fibrils is completely different to that of the subunits A and B in the
397 same fibril. Thus, the same amylin sequence is able to adopt multiple conformations, even
398 within the same molecular assembly, a phenomenon strikingly reminiscent of how quasi-
399 equivalence is utilized by viruses to build their capsids⁶³.

400 Although the precision of the stabilities of the different fibrils and their interfaces is limited by
401 the resolution of the structural data presented here, PDBePISA establishes a clear trend:
402 wild-type fibrils are most stable, followed by the S20G 3PF fibril, with the S20G 2PF fibril
403 being the least thermodynamically favourable structure. However, 2PF fibrils are more
404 common than 3PF fibrils. This is consistent with the aggregation of S20G being under kinetic
405 control, wherein aggregation into the 3PF polymorph is thermodynamically favourable, but
406 occurs from a nucleation event that is rarer. The observation that S20G aggregates more
407 rapidly than wild-type amylin is consistent with such a hypothesis¹⁹⁻²¹. An alternate
408 explanation is that 3PF arises directly from a 2PF core, via seeding of a new protofilament
409 on the preformed fibril surface. If this were the case, the 3PF structure shown here would
410 describe the structural details of the kind of interactions that support secondary nucleation.
411 Detailed study of the aggregation kinetics of S20G, together with analysis of large cryo-EM
412 datasets acquired at different time-points within the aggregation reaction, will likely shed light
413 on this in the future.

414

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426

427 **Author contributions**

428 R.G., M.G.I., Y.X., R.F., S.E.R. & N.A.R. designed the experiments. Y.X. synthesized and
429 characterized peptides, R.G. and Y.X. optimized fibril growth conditions and prepared fibrils.
430 R.G. and G.R.H. performed the AFM experiments. R.G. prepared EM samples and collected
431 data. R.G. and M.G.I. performed image processing and reconstruction. R.G. performed
432 model building and refinement. All authors analysed some or all of the data, and wrote or
433 edited the manuscript.

434

435 **Competing interests**

436 The authors have no competing interests

437

438 **References**

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588 **Figure legends**

589 **Figure 1. Morphology of amylin fibrils.** Raw cryoEM images of (a) wild-type amylin, and
590 (b) S20G amylin fibrils. Overt cross-over lengths of 25 nm (wild-type) and 50 nm (S20G) are
591 indicated by white arrows. All fibrils have a left-handed twist, as indicated by AFM (inset to a
592 & b).

593 **Figure 2. Structure of the protofilaments and near atomic resolution model for the**
594 **wild-type amylin fibril.** (a) Cross-sections through unsharpened 3D reconstructions for
595 wild-type and its schematic representation showing an ordered core composed of two
596 protofilaments surrounded by diffuse density for more poorly-resolved regions of the map.
597 (b) Cross section with the two protofilaments of wild-type fibrils coloured blue (protofilament
598 A) and green (protofilament B). (c) 45° tilt of (b). (d) Two molecular layers, the upper one
599 coloured as in (b) and (c), and the lower one, in identical view, with the density coloured
600 according to height (in Å) along the fibril long axis, as indicated in the key (with zero
601 corresponding to the centre of mass of the molecular layer). (e) The two, symmetry-related

602 subunits each comprise a protofilament (A in blue, and B in green). (e(i)) Main chain H-
603 bonds across the inter-protofilament interface between F23 of one subunit and A25 of the
604 other, zig-zag up and down the interface; (ii) a hydrophobic core stabilizes the inter-
605 protofilament interface and the subunit fold; (iii) polar residues stabilize the subunit fold; and
606 (iv) stacking of aromatic sidechains and asparagine ladders stabilize the fibril.

607 **Figure 3. Conformation of the S20G 2PF fibrils and details of its molecular structure.**

608 (a) Cross-sections through unsharpened 3D reconstructions for S20G 2PF fibrils and its
609 schematic representation showing two protofilaments in an ordered core surrounded by
610 diffuse density for more poorly-resolved regions of the map. (b) Fibril cross section in an
611 identical view and colouring as that shown in Figure 2b. (c) Side view of the out of register
612 stacking of layers in the two protofilaments. (d) The two protofilaments coloured by height
613 along the fibril axis. (e) The atomic model with and without the density from which it is
614 derived. (d(i)) Shows the interface between protofilaments, dominated by interactions
615 between A25 in one protofilament and L27 in the other; (ii) depicts the hydrophobic core of
616 the subunit fold; and (iii) polar interactions stabilizing the subunit fold, especially involving
617 H18 that is solvent exposed in the wild-type structure.

618 **Figure 4. Conformation of the S20G 3PF fibrils and details of its molecular structure.**

619 (a) Cross-sections through unsharpened 3D reconstructions for S20G 3PF fibrils and its
620 schematic representation showing three protofilaments in an ordered core surrounded by
621 diffuse density for more poorly resolved regions of the map. (b) Cross section view with the
622 two protofilaments that resemble the 2PF fibrils coloured blue (protofilament A) and green
623 (protofilament B), and an additional protofilament associated on one face of the fibril,
624 coloured in red (protofilament C). (c) Side view. (d) Single layer coloured by height along the
625 fibril axis. (e) Atomic model with the density from which it is derived. (f) The C-terminus of
626 protofilament C, interdigitates into the gap between protofilaments A and B.

627 **Figure 5. Schematic views of the backbone fold and inter-protofilament interactions in**
628 **the structures of wild-type, S20G 2PF and S20G 3PF amylin fibrils.**

629 (a, b and c) show the amylin backbone represented as a tube, and coloured as a rainbow from the N -terminal
630 (N; blue) to C-terminal (C; red) residues observed in the structure (residues 14-37) for (a)
631 wild-type, (b) S20G 2PF and (c) S20G 3PF fibrils. (d, e and f) shows the backbone trace of
632 each monomer for (d) wild-type, (e) S20G 2PF and (f) S20G 2PF fibrils. The backbones are
633 coloured by protofilament, as in Figures 2-4, and the amino acid side-chains are
634 schematically represented by spheres. The sequence number for selected amino acids is
635 indicated by numbers coloured according to the protofilament they refer to. The one-letter
636 code is used to identify each amino acid. Polar and apolar cores that extend across
637 protofilament interfaces are indicated by green and yellow regions, respectively.

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641 Table 1. Cryo-EM data collection, refinement and validation statistics.

	Wildtype (EMD-11380, PDB 6ZRF)	S20G - 2PF (EMD-11382, PDB Z6RQ)	S20G - 3PF (EMD-11383, PDB 6ZRR)
Data collection and processing			
Magnification	130,000		130,000
Voltage (kV)	300		300
Electron exposure (e ⁻ /Å ²)	1.01		1.05
Defocus range (µm)	-1.3 to -2.9, step 0.2		-0.6 to -2.8, step 0.2
Pixel size (Å)	1.065		1.065
Symmetry imposed	C1		C1
Initial particle images (no.)	117,316		64,274
Final particle images (no.)	32,846	11,901	6,447
Helical Twist	178.23°	179.05°	358.1°
Helical rise (Å)	2.43	2.41	4.81
Map resolution (Å)	3.6	4.0	3.9
FSC threshold	0.143	0.143	0.143
Refinement			
Initial model used	<i>de novo</i>	<i>de novo</i>	<i>de novo</i>
Model resolution (Å)	3.9	4.4	4.5
FSC threshold	0.5	0.5	0.5
Map sharpening B factor (Å ²)	-150	-93	-98
Model composition			
Non-hydrogen atoms	2200	2040	3060
Protein residues	288	276	396
R.M.S. deviations			
Bond lengths (Å)	0.010	0.006	0.010
Bond angles (°)	0.9	1.172	1.175
Validation			
MolProbity score	2.41	2.20	2.29
Clashscore	38	23.19	29.63
Favored rotamers (%)	95	94	96
Poor rotamers (%)	0	0	0
Ramachandran plot			
Favored (%)	95	95	95
Allowed (%)	5	5	5
Disallowed (%)	0	0	0

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652 Table 2. Protofilament interface analysis of wildtype, S20G 2PF and S20G 3PF fibrils.
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	Wildtype	S20G 2PF	S20G 3PF
Δ^1G (kcal/mol)	- 28.3	- 8.8	- 41.5 A-B interface: -12.1 B-C interface: -20.0
Surface area (\AA^2)	10662	11068	14320
Protofilament interface area (\AA^2)	1960	360	2571 A-B interface: 482 B-C interface: 1644
ΔG^{diss} (kcal/mol)	22	-1.7	8.6 A-B interface: 1.1 B-C interface: 5.2
No. and type of monomer based on structure	12 A	12 A	12 A + 6 B
Protofilament species	AB	AB	ABC
Dissociation	A+B	A+B	A+BC
Minimal fibril length (rungs)	2	≥ 7	4

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657 **Methods**

658 ***Preparation of wild-type and S20G amylin peptide***

659 Wild-type and S20G amylin were synthesized using a Liberty BlueTM automated microwave
660 peptide synthesiser (CEM Microwave Technology) on a 0.1 mmol scale as reported
661 previously^{64,65}. 9-fluorenylmethyloxycarbonyl (Fmoc)-protected amino acids were used, and
662 PAL-NovaSyn TG resin (Merck) was selected, allowing the generation of amylin with an
663 amidated C-terminus. Three pseudoproline dipeptides (Fmoc-Ala-Thr(ψiMe,MePro)-OH,
664 Fmoc-Ser(tBu)-Ser(ψiMe,MePro)-OH, and Fmoc-Leu-Ser(ψiMe,Mepro)-OH, Merck) were
665 used for the synthesis of Ala-8 and Thr-9, Ser-19 and Ser-20, and Leu-27 and Ser-28. All
666 the residues and the three pseudoproline dipeptides were double coupled. The peptides
667 were cleaved from the resin in a cleavage cocktail of trifluoroacetic acid (TFA) (9.4 mL), 3,6-
668 dioxo-1,8-octanedithiol (DODT) (250 μL), H₂O (250 μL), and triisopropylsilane (TIS) (100
669 μL). The mixture was stirred at room temperature for 3.5 hours and then concentrated under
670 a nitrogen stream. Subsequently, the crude peptide was precipitated in cold diethyl ether,
671 followed by three washes with the same solvent. The peptide was then dissolved in a 50%
672 acetonitrile aqueous solution containing 0.1% TFA, and lyophilized. The peptide was then
673 dissolved in 50% DMSO aqueous solution to promote the formation of the internal disulfide
674 bond between Cys-2 and Cys-7. The oxidized peptides were then purified by reverse-phase,
675 high-performance liquid chromatography (HPLC) using a KinetexTM EVO C18 column
676 (Phenomenex). The buffers used in the HPLC purification were acetonitrile with 0.1% formic
677 acid and H₂O with 0.1% formic acid. The masses of the purified peptides were confirmed by
678 Electrospray Ionisation Mass Spectrometry (ESI-MS) as 3902.9 for wt amylin
679 (expected=3903.3), and as 3872.9 for amylin-S20G (expected=3873.3). The purity of the
680 two peptides was assessed by analytical HPLC and was >95%. After purification peptides
681 were again lyophilized and stored at -20°C until use.

682

683 **Fibril Growth**

684 Lyophilized peptides were monomerized by dissolution into hexafluoroisopropanol (Sigma)
685 at a final concentration of 1 mg/ml. The samples were incubated by 15 minutes at room
686 temperature with occasional agitation to allow complete monomerization. The monomerized
687 samples were then aliquoted in 1.5 ml glass vials containing 50 µg of peptide per vial. The
688 solvent was evaporated to dryness by gently blowing a stream of nitrogen gas while swirling
689 around the vial so as to generate a film of peptide around the walls of the vial. The vials
690 containing dried peptide films were stored at -20°C until use. At the moment of use, peptide
691 vials were allowed to reach room temperature before opening, and then an aliquot of ice-
692 cold aggregation buffer (freshly prepared 20 mM ammonium acetate, pH 6.8 filtrated through
693 0.2 µm PDVF filter right before use) was added so as to obtain stock concentrations not
694 higher than 100 µM of peptide. The concentration of the stock was estimated by Absorbance
695 at 280 nm using the calculated molar extinction coefficient of 1615 M⁻¹cm⁻¹. The
696 concentration of the stocks was adjusted to 30 µM by addition of aggregation buffer and the
697 samples were incubated quiescently at room temperature to allow the formation of amyloid
698 fibrils that was confirmed by negative stain TEM and ThT fluorescence. Typically, amyloid
699 fibrils were observed within 24 to 48 hours. After the observation of fibrils, samples were
700 kept at 4°C until their use for cryo-EM sample preparation and were used within two weeks
701 of its preparation.

702

703 **AFM sample preparation and imaging**

704 The handedness of fibrils was unambiguously determined using AFM. A sample volume of
705 40 µl of either wild-type (at 30 µM) or S20G amylin fibrils (at 15 µM), was deposited onto
706 freshly cleaved mica and allowed to incubate for 4 min. The mica surface was then rinsed
707 with buffer (50 mM Na-PO₄, 300mM KCl, pH 7.5) via fluid exchange, maintaining the fibrils in
708 a liquid environment. AFM observations were performed in tapping mode using a Dimension
709 FastScan Bio with FastScan-D-SS probes (Bruker) in the same buffer. The force applied by
710 the tip on the sample was minimized by maximizing the set point whilst maintaining tracking
711 of the surface.

712

713 **Cryo-electron microscopy imaging**

714 Amylin fibrils (either wild-type or S20G) at a concentration of 30 µM monomer equivalent
715 were diluted 1:2 with fibril buffer supplemented with 300 mM NaCl to achieve a final
716 concentration of 15 µM monomer equivalent of the peptides. A 300-mesh copper EM grid
717 with lacey carbon film (Agar Scientific) was glow discharged in a Tergeo-EM plasma cleaner
718 (Pie Scientific) for 1 min at 40 mA power. Four microlitres of the sample was applied to the
719 grid, which was then blotted with Whatman #40 filter paper and plunge-frozen in liquid
720 ethane using a Vitrobot mark IV (ThermoFisher).

721 EM images were collected using a Titan Krios (Thermo Fisher) electron microscope
722 operating at 300 keV and recorded on an energy filtered K2 direct detector (Gatan) with a
723 pixel size of 1.06 /pixel. For wild-type sample a set of 800 micrographs were recorded with
724 a defocus range between -1.3 and -2.9 µm every 0.2 µm, and total electron doses of 50.7
725 e⁻/Å². The dose was fractionated into 50 frames for per frame doses of 1.01 e⁻/Å². For S20G
726 sample a set of 684 micrographs were recorded with a defocus range between -0.6 and -2.8

727 μm every $0.2 \mu\text{m}$, and total electron doses of $54.7 \text{ e}^-/\text{\AA}^2$. The dose was fractionated into 52
728 frames for per frame doses of $1.05 \text{ e}^-/\text{\AA}^2$.

729 Frames 3 to 50 of wild-type micrograph movies, and 3 to 52 of S20G micrograph movies
730 were motion-corrected, dose weighted, and merged using motioncor2⁶⁶. The contrast
731 transfer function (CTF) for each micrograph was determined using gCTF⁶⁷ on motion-
732 corrected, but non-dose weighted, micrographs.

733

734 **Helical reconstruction**

735 Helical reconstruction⁶⁸ was performed using Relion3.0⁶⁹ except for initial model generation
736 which was performed in Relion 3.1⁷⁰. The data were assessed by eye and start and end
737 points for fibrils that appeared to be composed of a single set of protofilaments were
738 interactively selected by hand. For S20G data-set the fibrils were segmented into 300×300
739 pixel boxes (corresponding to $319.5 \text{ \AA} \times 319.5 \text{ \AA}$), with an overlap of 90% (an offset of 30 px,
740 31.95 \AA). For wild-type data-set the fibrils were segmented into 200×200 pixel boxes
741 (corresponding to $213.0 \text{ \AA} \times 213.0 \text{ \AA}$), with an overlap of 90% (an offset of 20 px, 21.3 \AA).
742 For the wild-type data-set the initial 117316 extracted segments were subjected to multiple
743 rounds of 2D classification, at each iteration of refinement classes showing an obvious ~ 4.8
744 \AA repeating feature were taken forward into the next classification iteration. The 84597
745 segments ultimately take forward from this iterative 2D classification process were then
746 subjected to iterative rounds of 3D classification using a *de novo* starting model generated
747 by Relion 3.1. The same procedure was followed for the S20G data-set, where 64274
748 segments were extracted initially, and after multiple rounds of 2D classification, where only
749 those classes showing an obvious $\sim 4.8 \text{ \AA}$ repeating feature were taken forward into the next
750 classification iteration, yielded a final set of 25137 segments that were taken forward to
751 iterative rounds of 3D classification using a *de novo* starting model generated by Relion
752 3.1⁷⁰.

753 The initial 3D classification rounds were performed with searching of helical rise and twist
754 around values estimated from crossover lengths measured from 2D class averages. In these
755 classification steps the wild-type and S20G data-sets were separated into 3 classes each.
756 After the first round of classification the initial model was updated to that showing the best
757 separation of density stacks along the fibril axis. For wild-type, after several rounds of
758 update of initial model a final 3D classification was performed with fixed values of 178.23°
759 helical twist and 2.43 \AA helical rise.

760 For S20G the initial 3D classification with search of helical rise and twist yielded two distinct
761 polymorphs, which contained either two or three protofilaments. We followed the 3D
762 classification strategy employed for the wildtype data-set using the obtained three
763 protofilaments model as initial model for the next 3D classification round. This allowed us to
764 separate the particles contributing to the three protofilament structure, from those that
765 contributed to the two protofilament structure. The class of particles belonging to the three
766 protofilament structure was further 3D classified with searches of helical symmetry. The
767 symmetry searches converged to values for rise and twist of 4.81 \AA and 358.1° , respectively.
768 The class showing the best separation of stacks of density along the helical axis was used
769 as initial model for a new 3D classification round with fixed helical parameters found in the
770 precedent step. The resulting model was employed as initial model for a 3D classification
771 against the original mixed data set into two-protofilament, three-protofilament, and

772 ambiguous classes. This step generated a class containing 6447 for the 3PF reconstruction.
773 The particles contributing to the 2PF structure were 3D classified using the 2PF map as
774 starting model. The symmetry searches converged to values for rise and twist of 2.41 Å and
775 179.05°, respectively. A final 3D classification with the resulting model and fixed helical
776 parameters against the 2PF particles resulted in a class that containing 11901 particles.

777 Each of the resulting 3D classes were subjected to 3D refinement using their respective 3D
778 maps as reference maps and a T value of 50 and fixed helical parameters. After refinement
779 all models were masked (wild-type: 15% of Z length; S20G: 10% of Z length) and post-
780 processed in Relion. Fourier shell correlation plots for wild-type, S20G 2PF and S20G 3PF
781 are shown in Supplementary Fig. 3.

782

783 **Model building and refinement.**

784 Atomic models of single layers for each of the fibril reconstruction maps were built *de novo*
785 in Coot⁷¹. The initial model of S20G 2PF was used to guide the model building of 3PF. For
786 each of the models 6 copies of the single layer models were fit into the respective cryo-EM
787 maps using Chimera⁷² to preserve nearest neighbour interactions during subsequent
788 refinement steps. The stack of 6 layers was then subjected to multiple rounds of real-space
789 refinement with in Phenix⁷³ alternated with real-space refinement in COOT. The refinements
790 in Phenix were restrained by defining non-crystallographic symmetry restrain groups for
791 each of the protofilaments. Side-chain clashes were detected using MOLPROBITY⁷⁴ and
792 corrected by iterative cycles of real-space refinement in COOT and real-space refinement in
793 Phenix. All refinements were performed using information to 3.6 Å resolution for wild-type,
794 3.9 Å resolution for S20G 2PF and 4.0 Å resolution for S20G 3PF.

795

796 Further information on experimental design is available in the Nature Research Reporting
797 Summary linked to this article.

798

799 **Data availability**

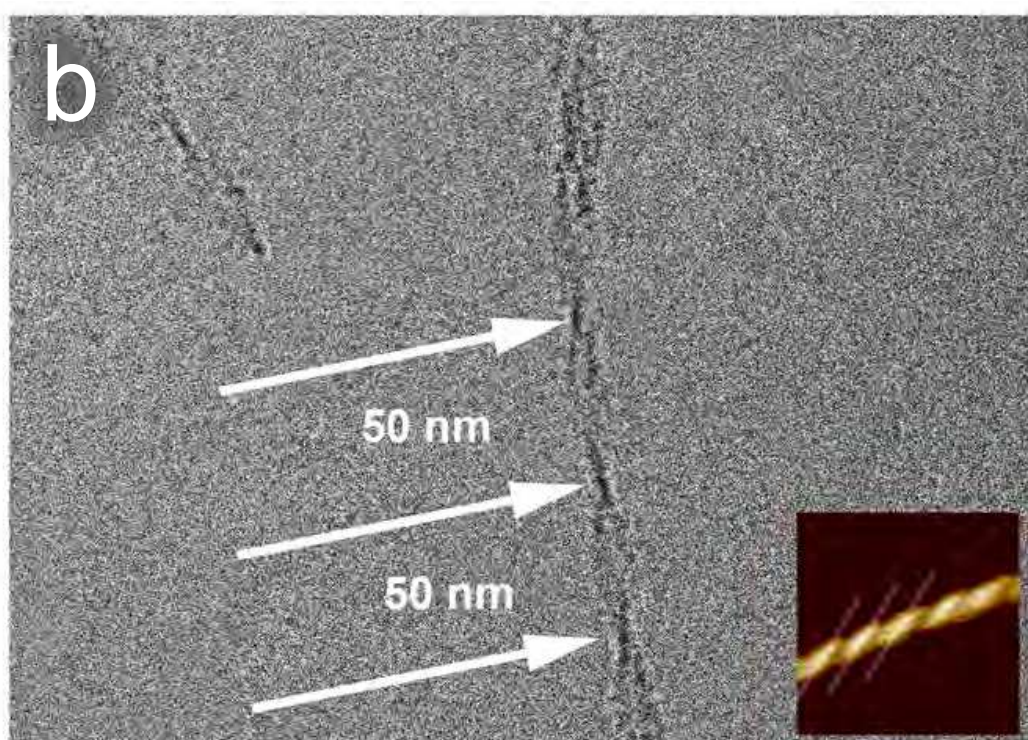
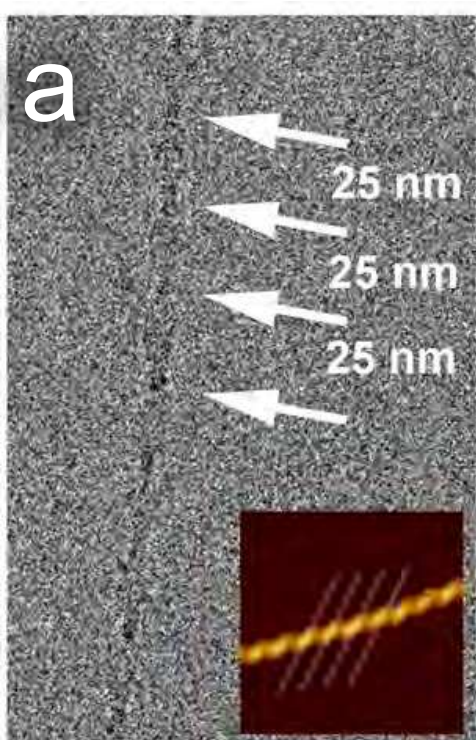
800 The cryo-EM maps and atomic models have been deposited in the EMDB and wwPDB,
801 respectively, with the following accession codes: wild-type amylin (EMD-11380, PDB 6ZRF),
802 S20G 2PF (EMD-11382, PDB 6ZRQ), and S20G 3PF (EMD-11383, PDB 6ZRR).

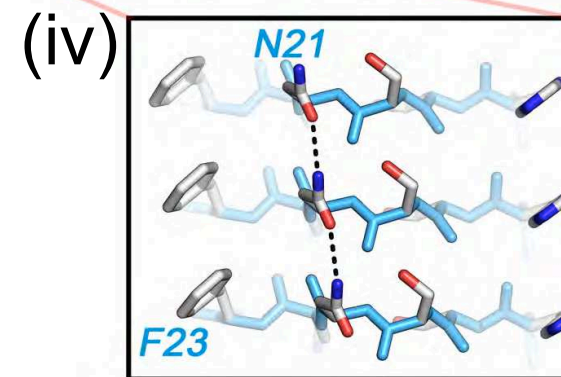
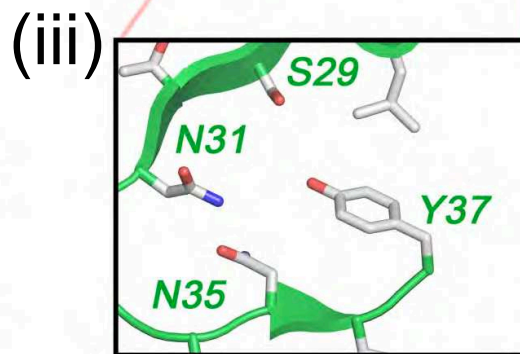
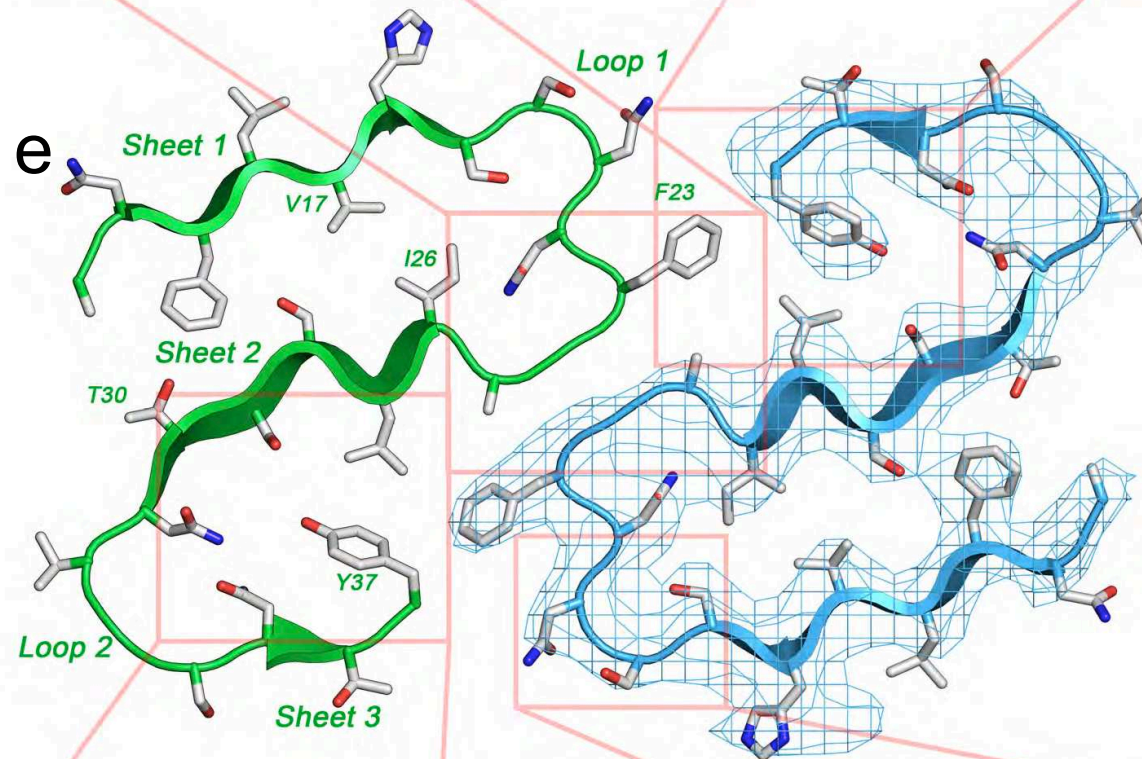
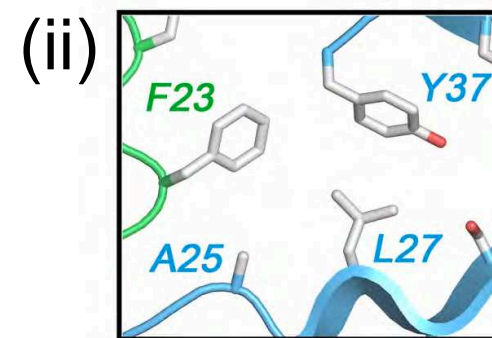
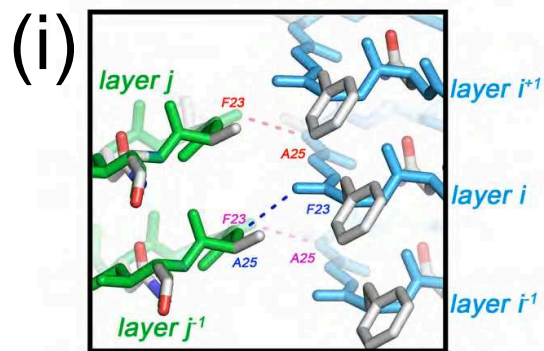
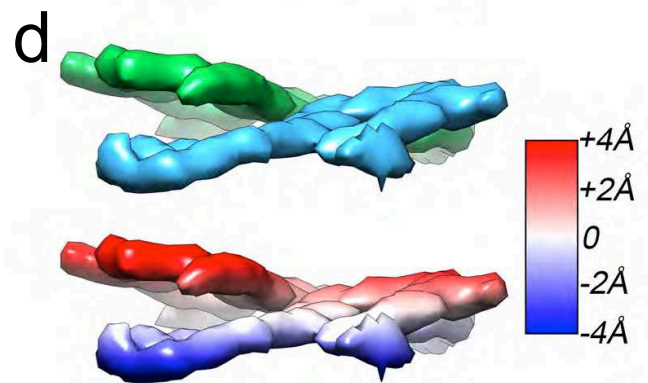
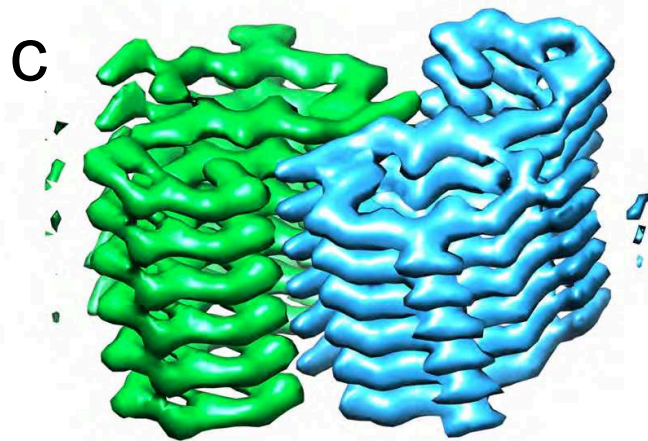
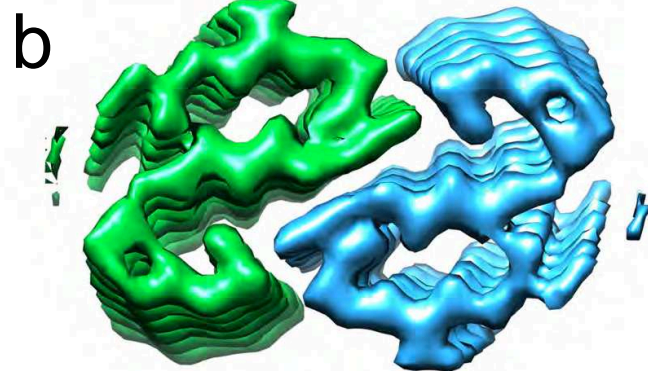
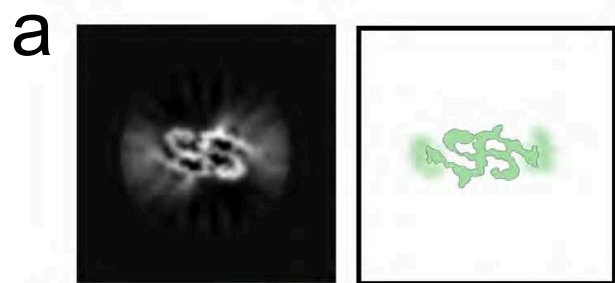
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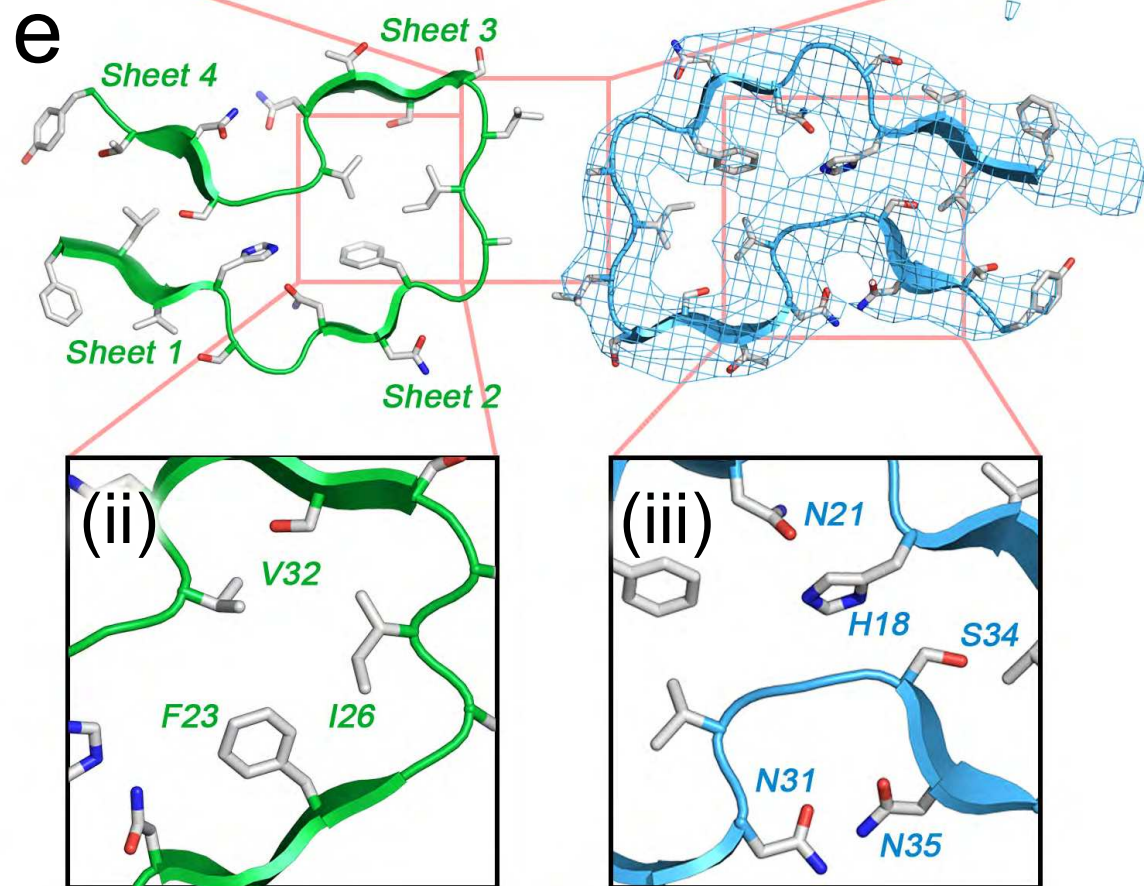
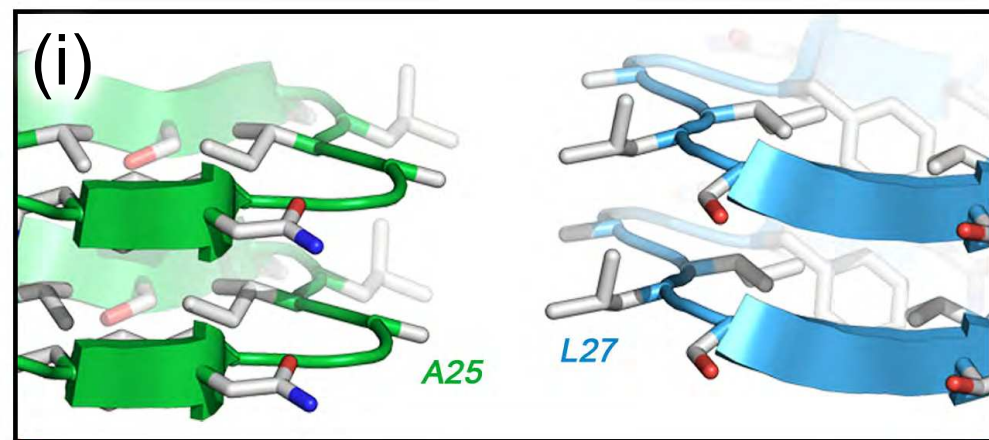
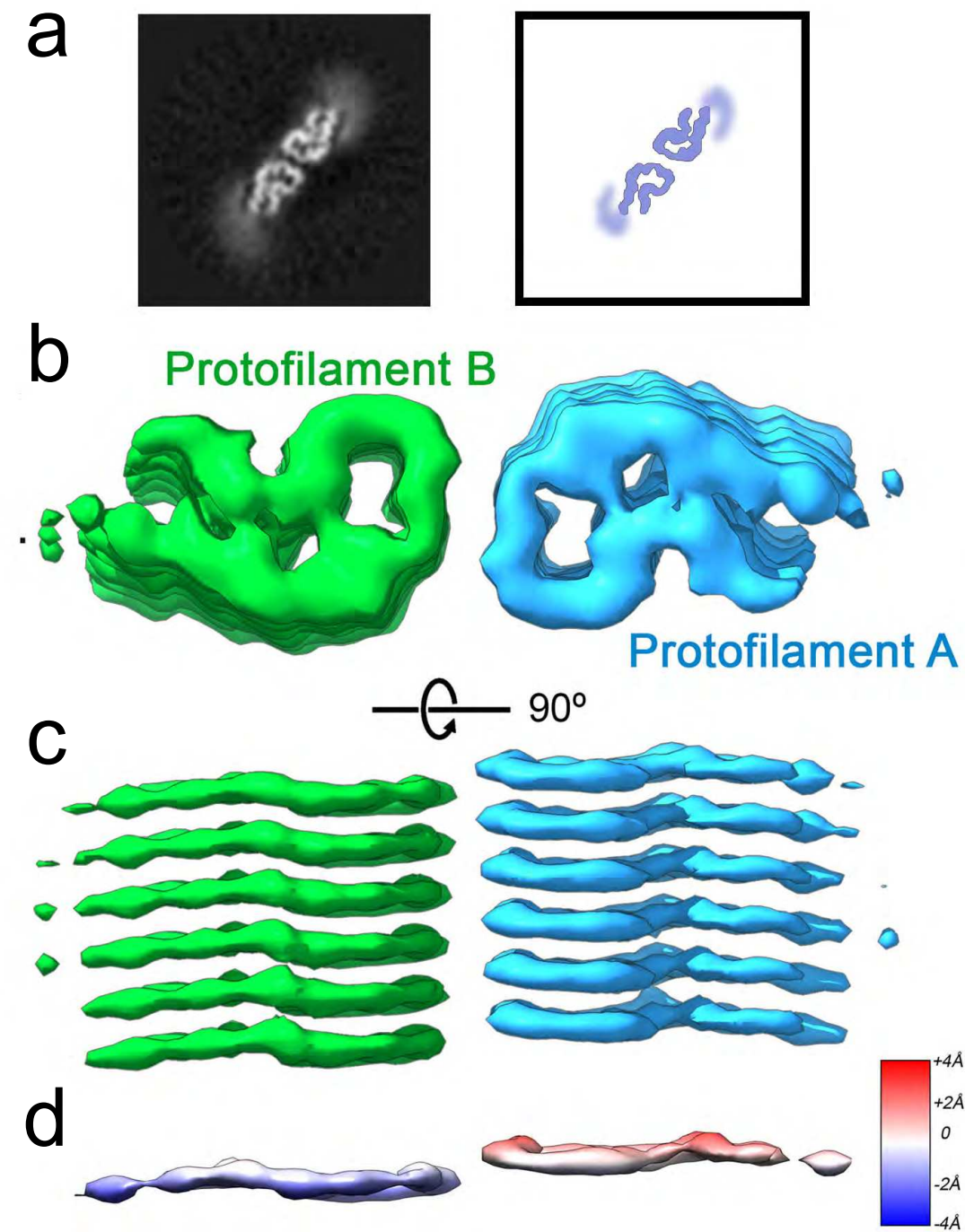
804 **Methods-only references**

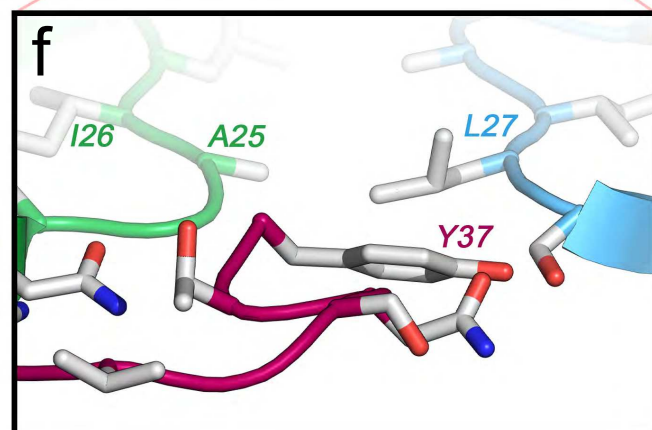
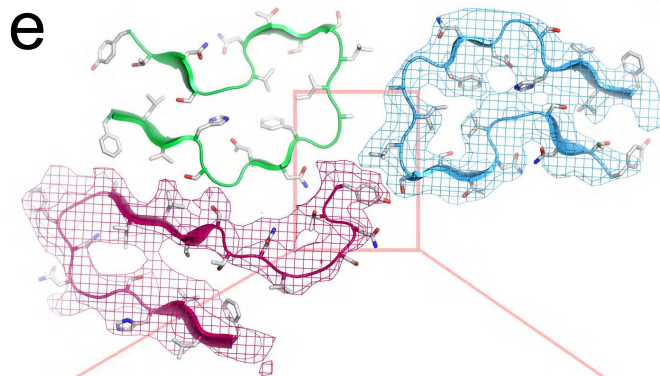
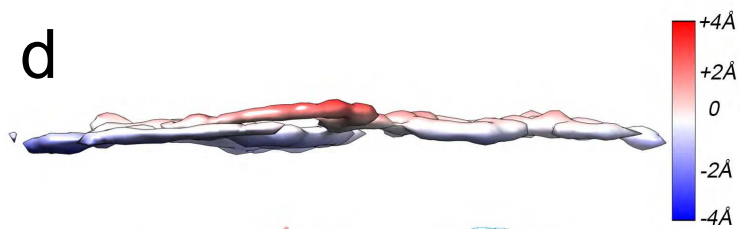
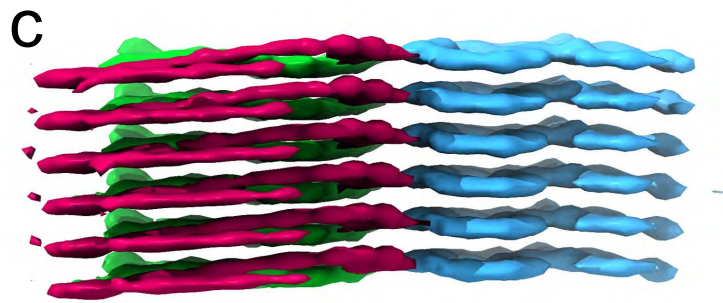
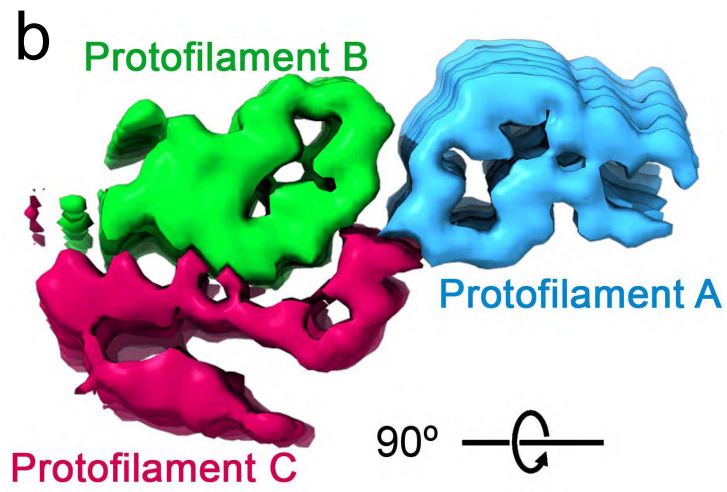
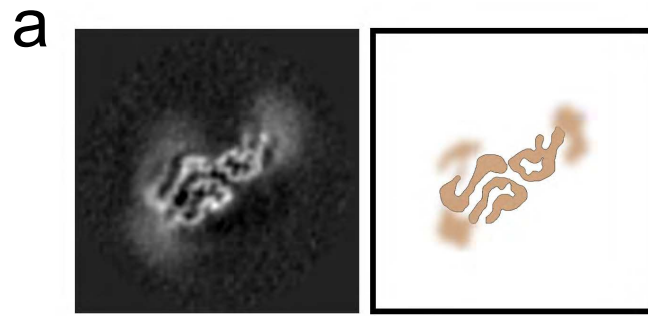
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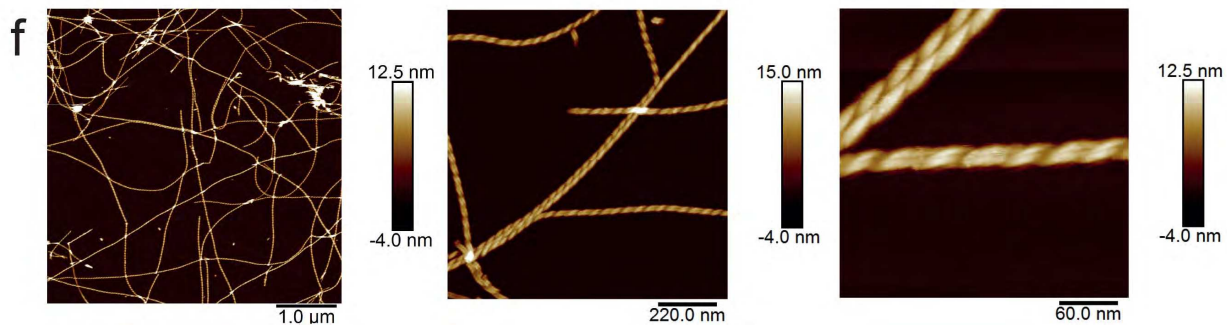
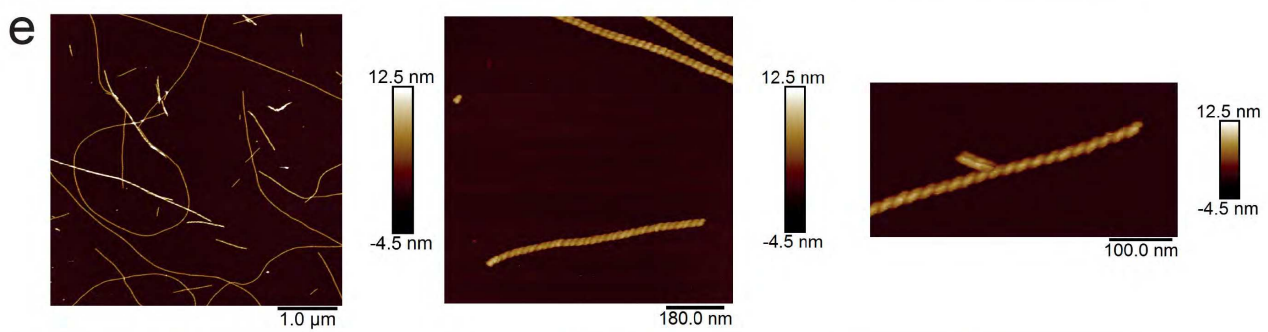
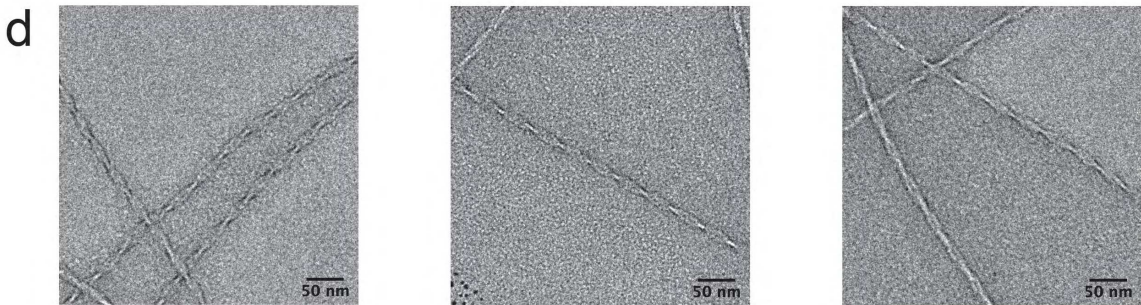
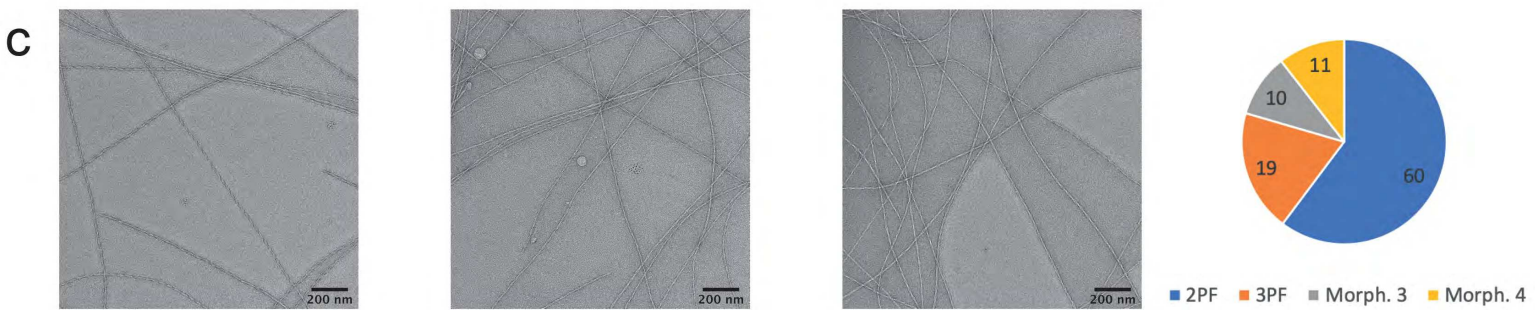
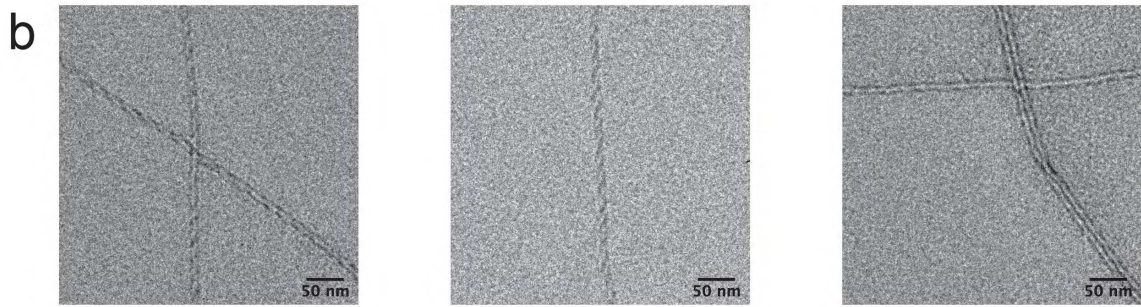
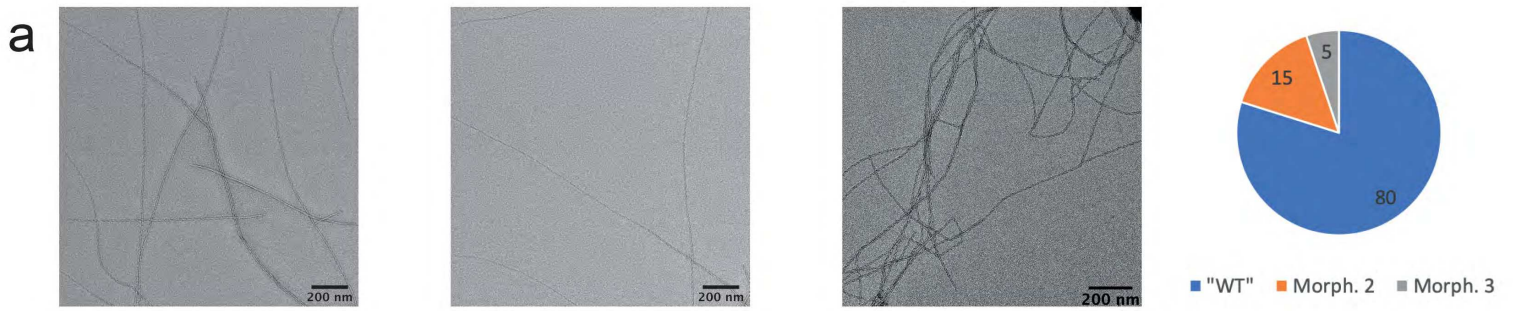
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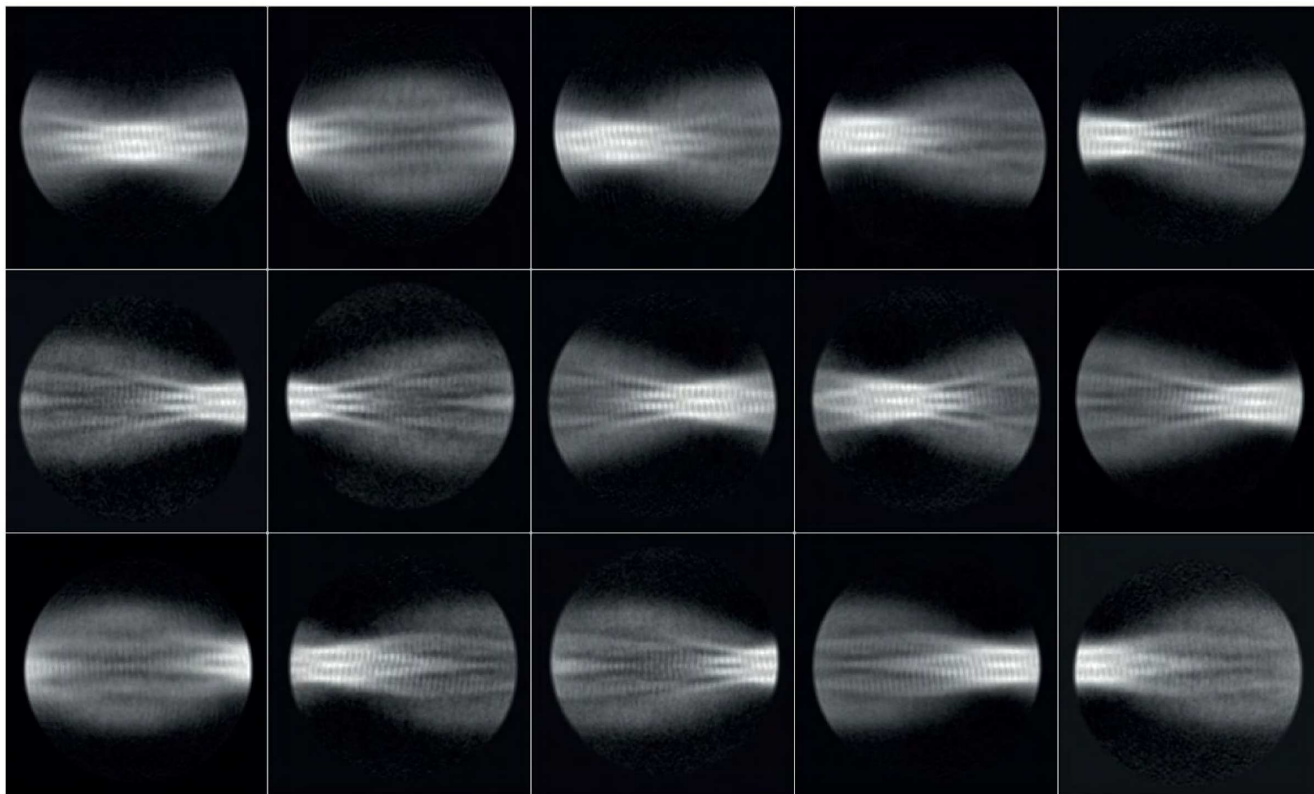
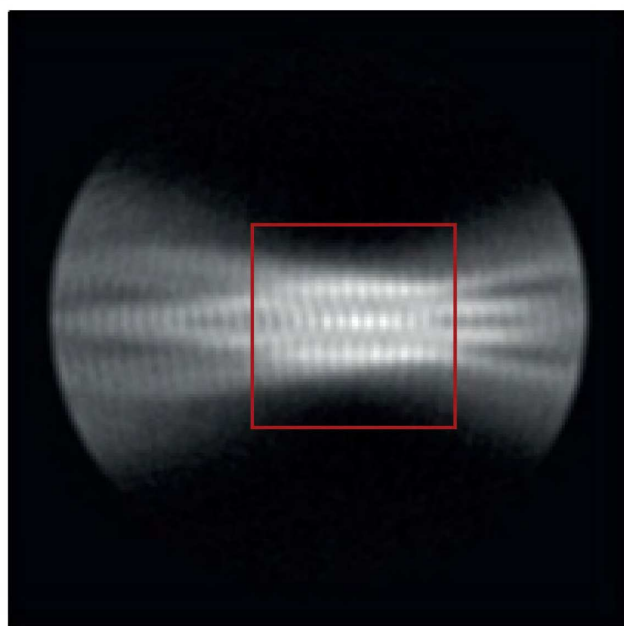
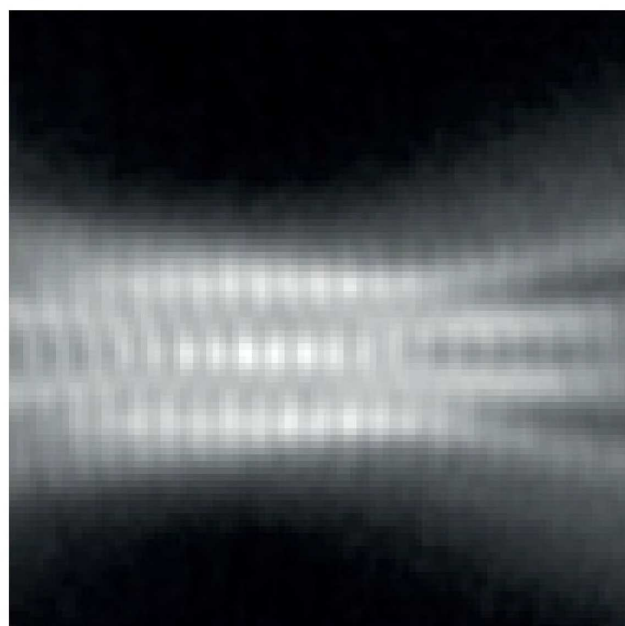
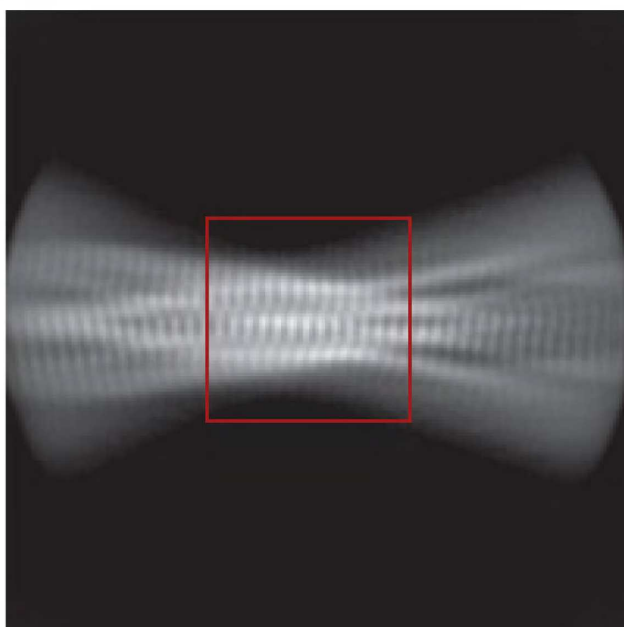
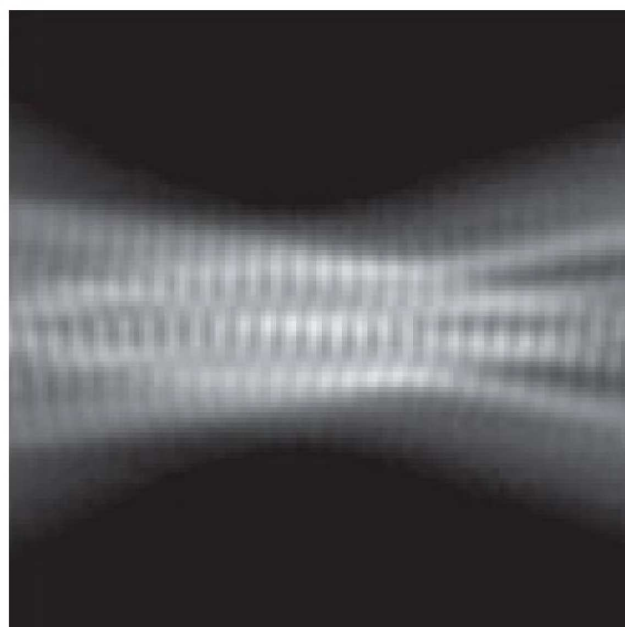


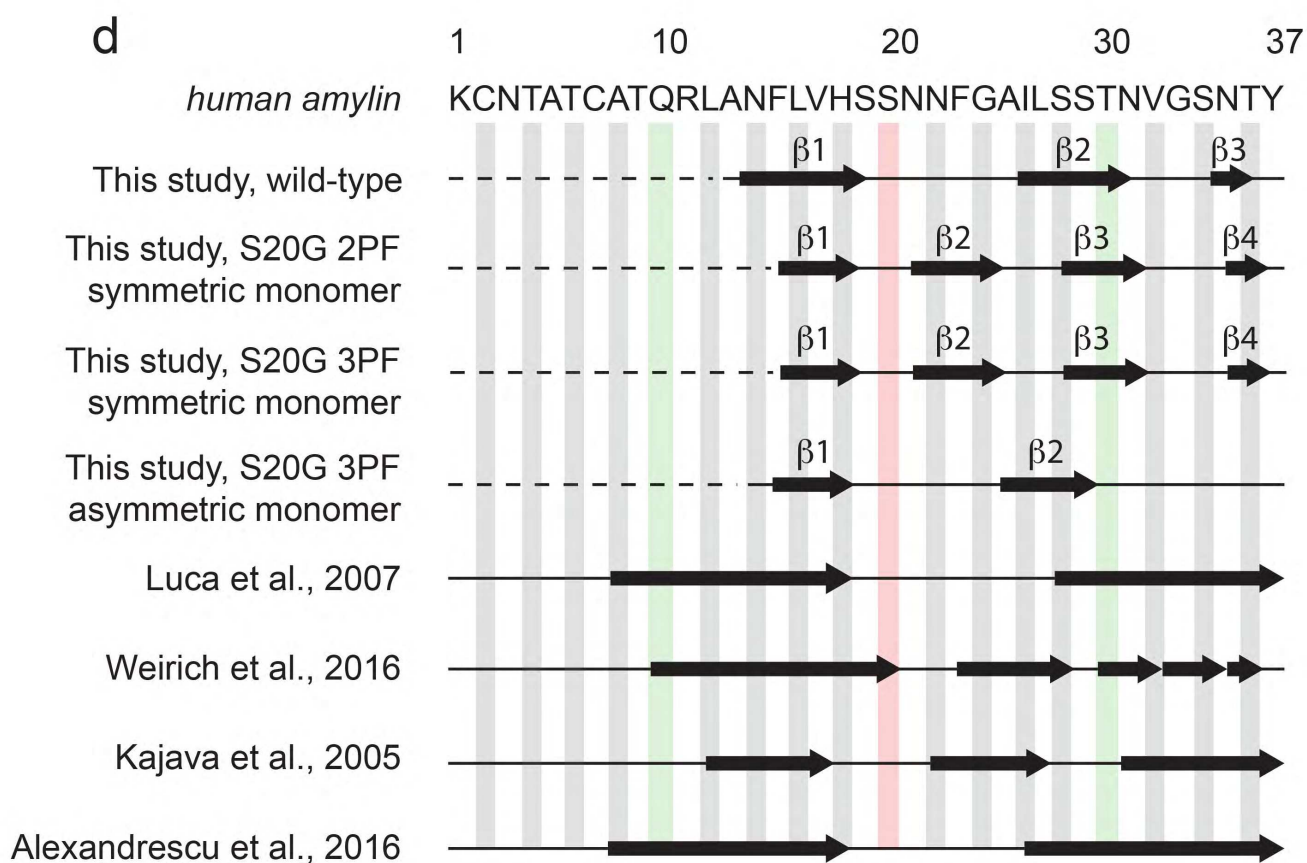
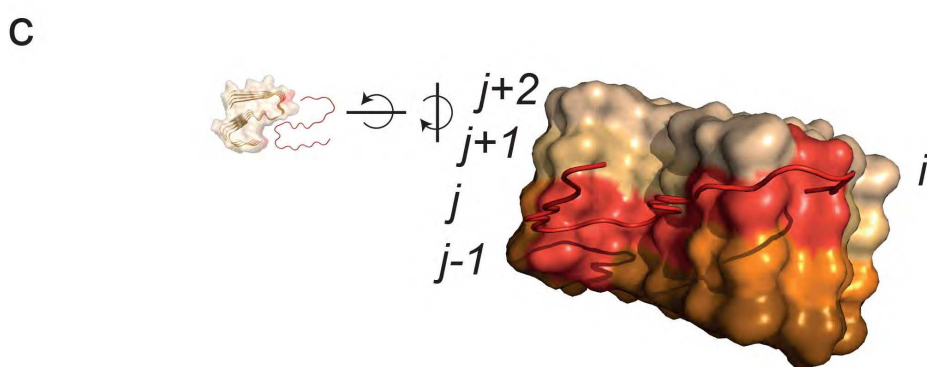
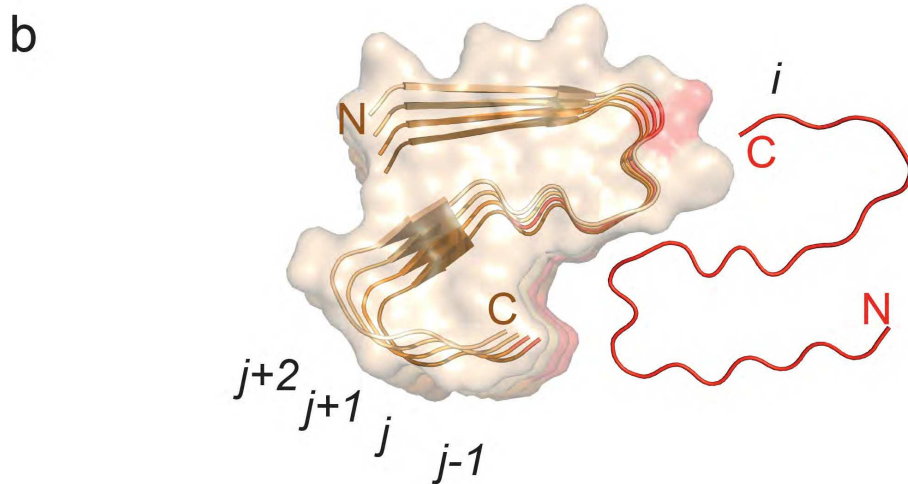
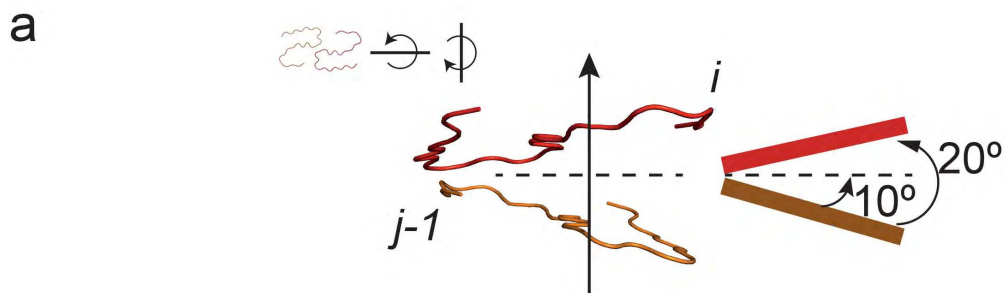




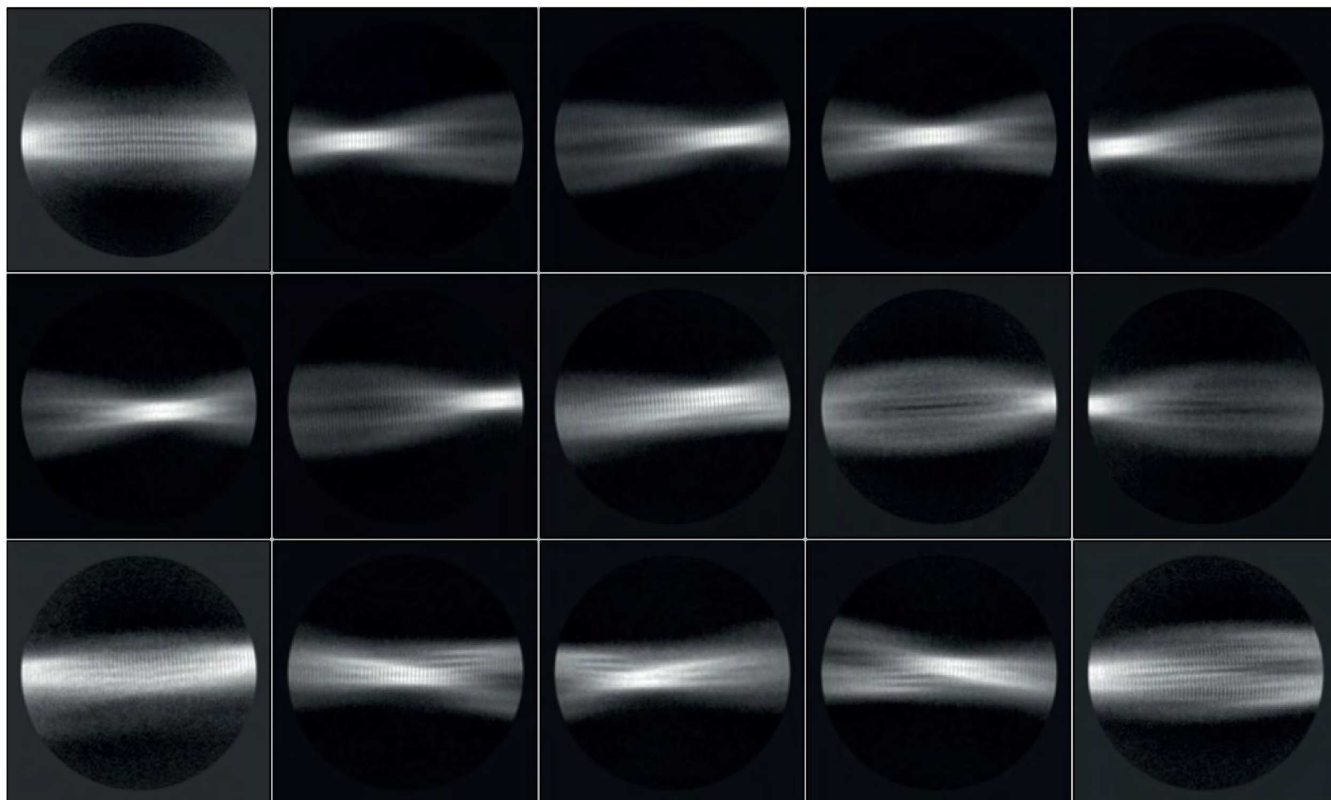




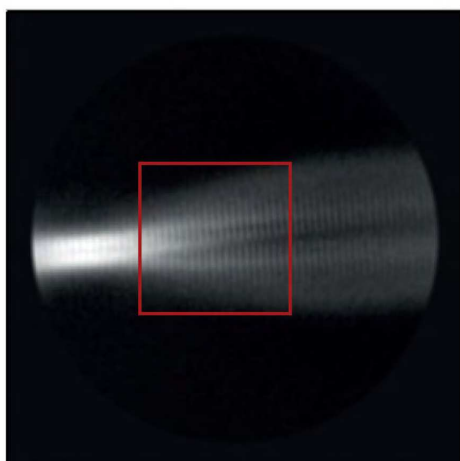
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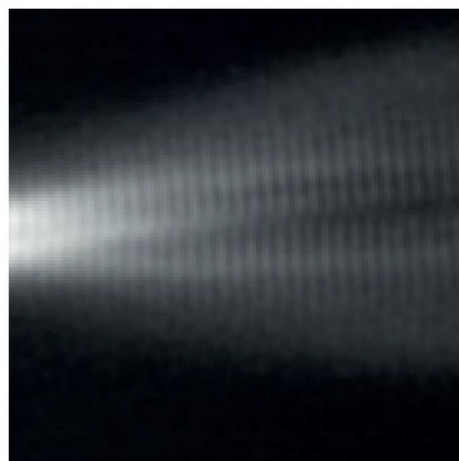
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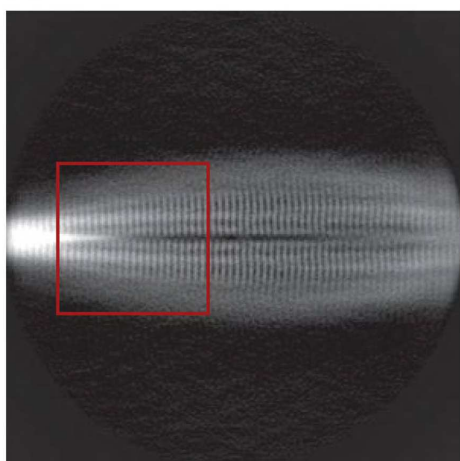
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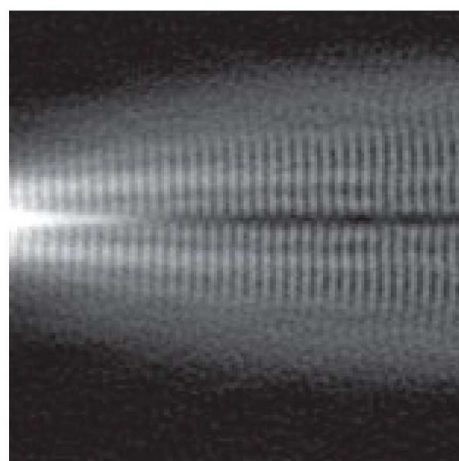
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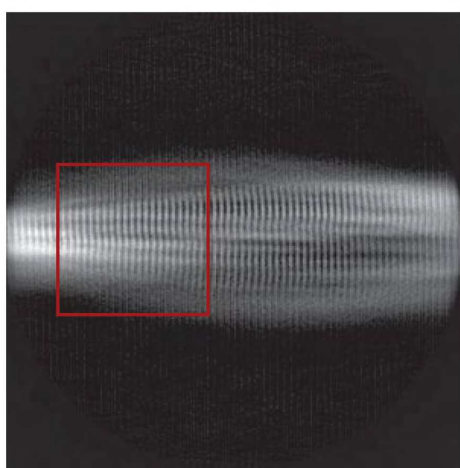
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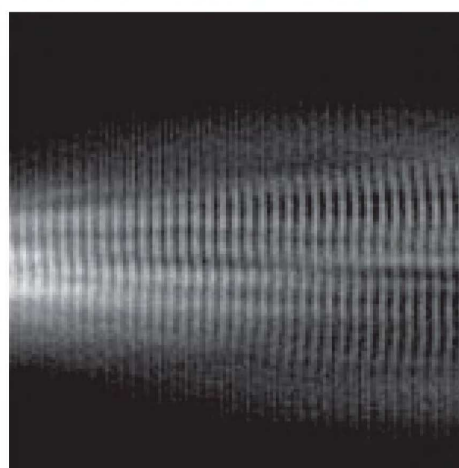
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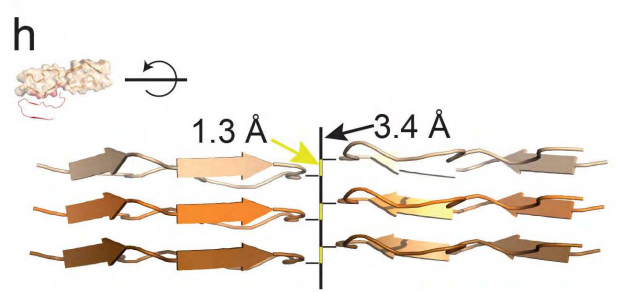
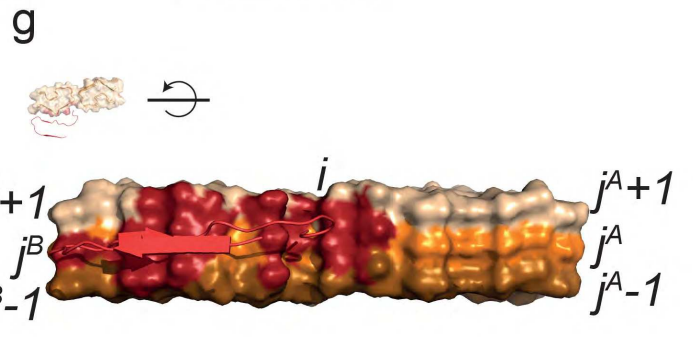
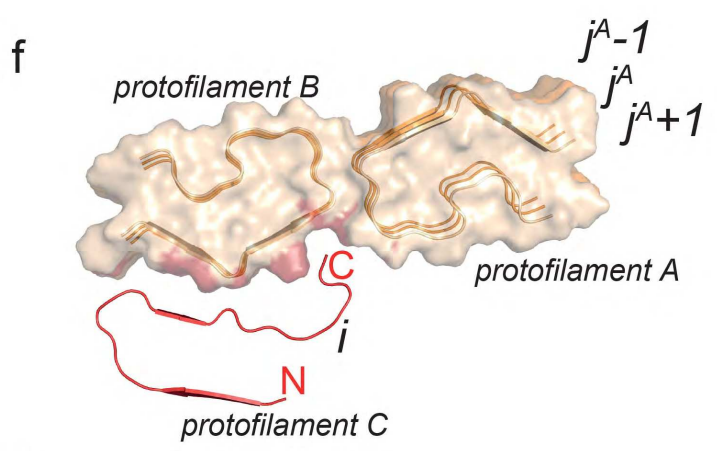
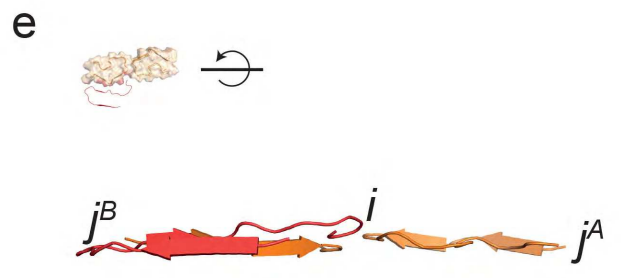
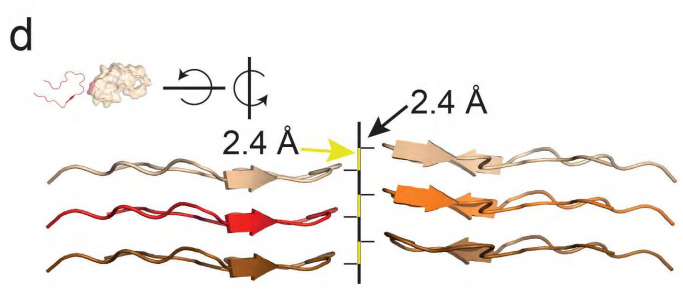
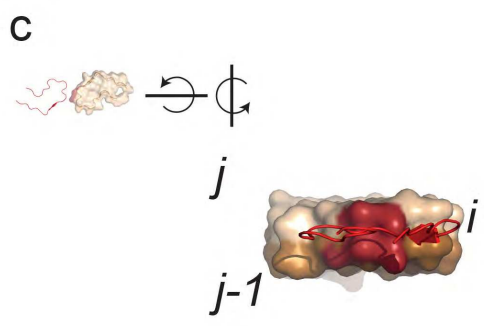
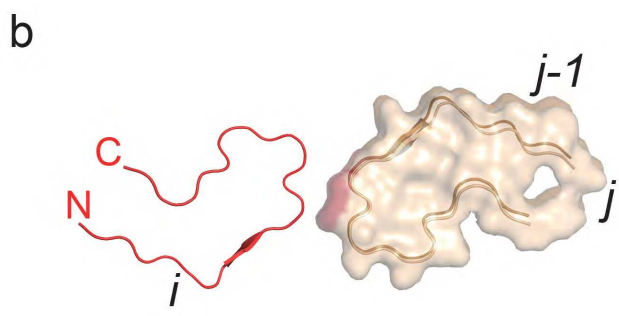
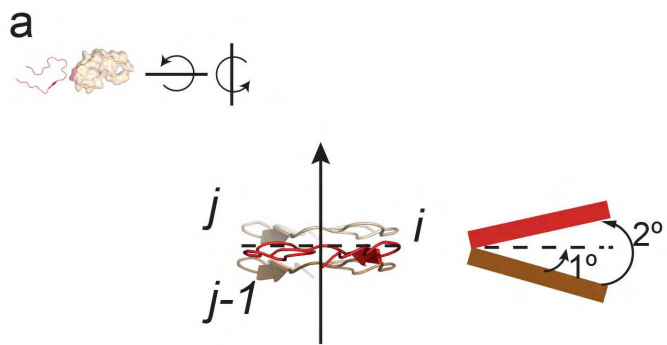


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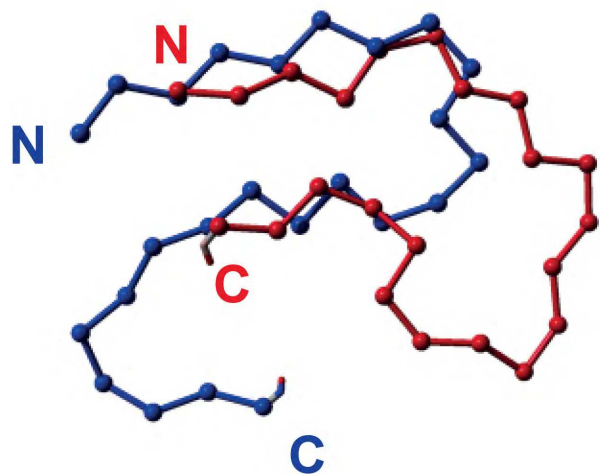


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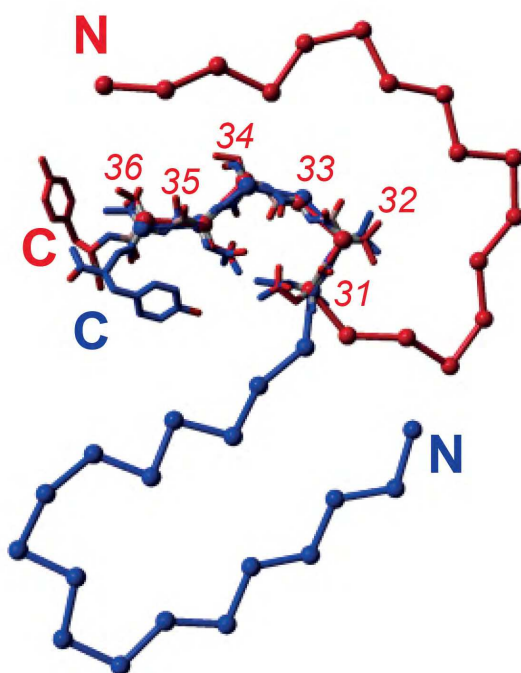




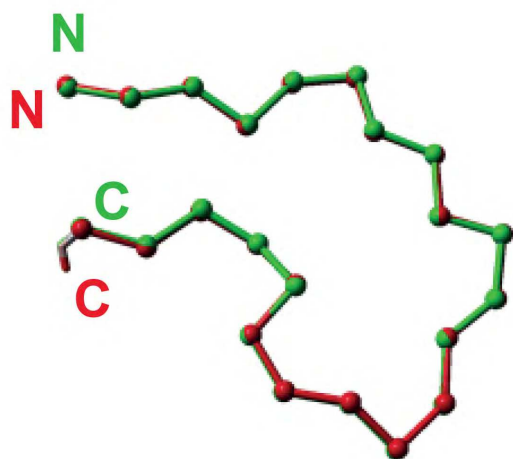
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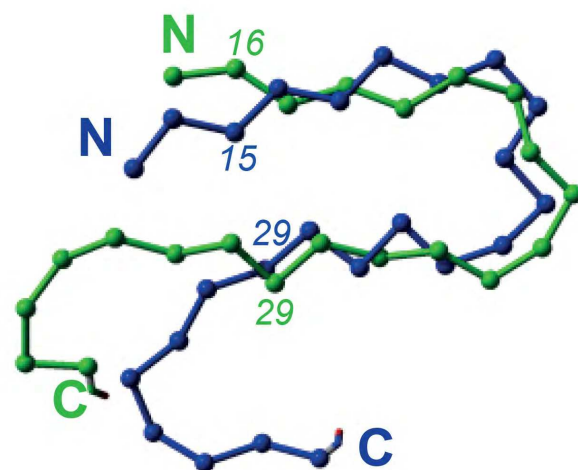
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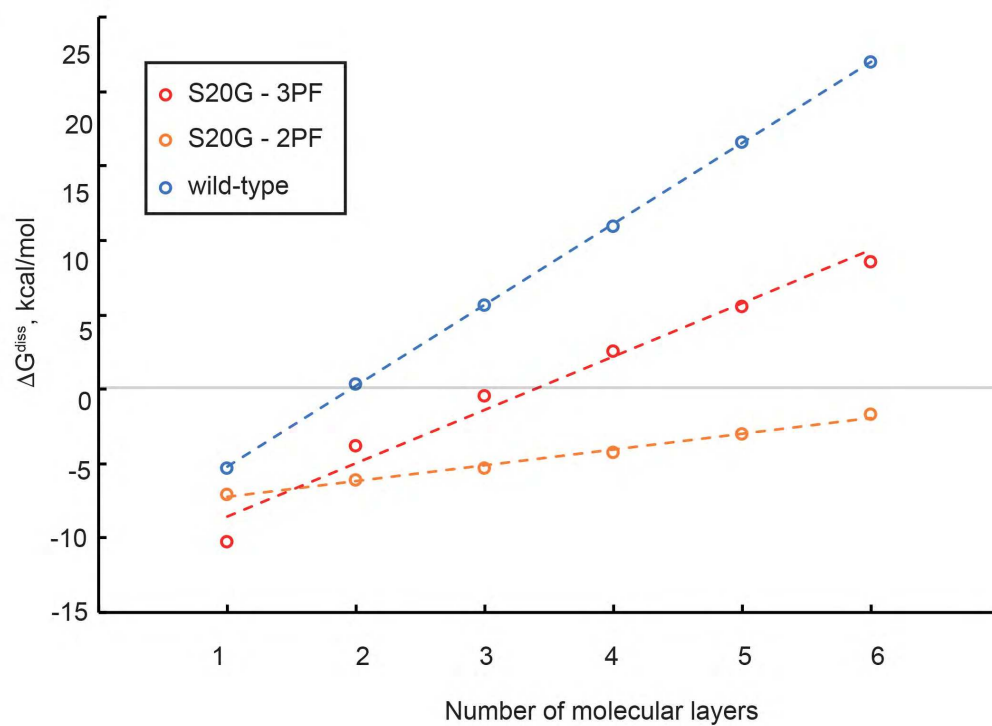
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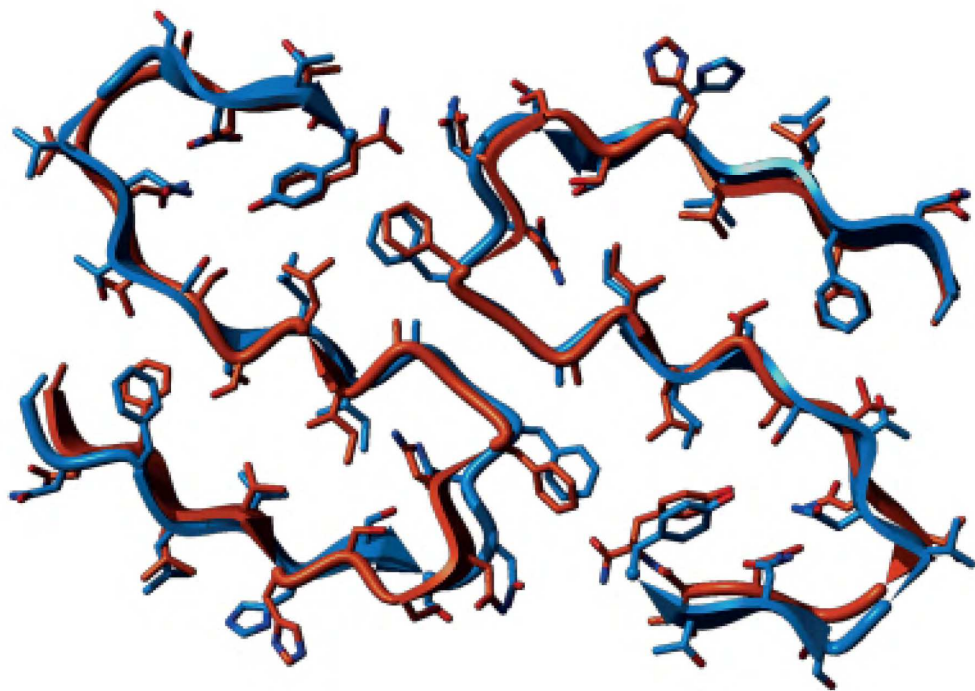
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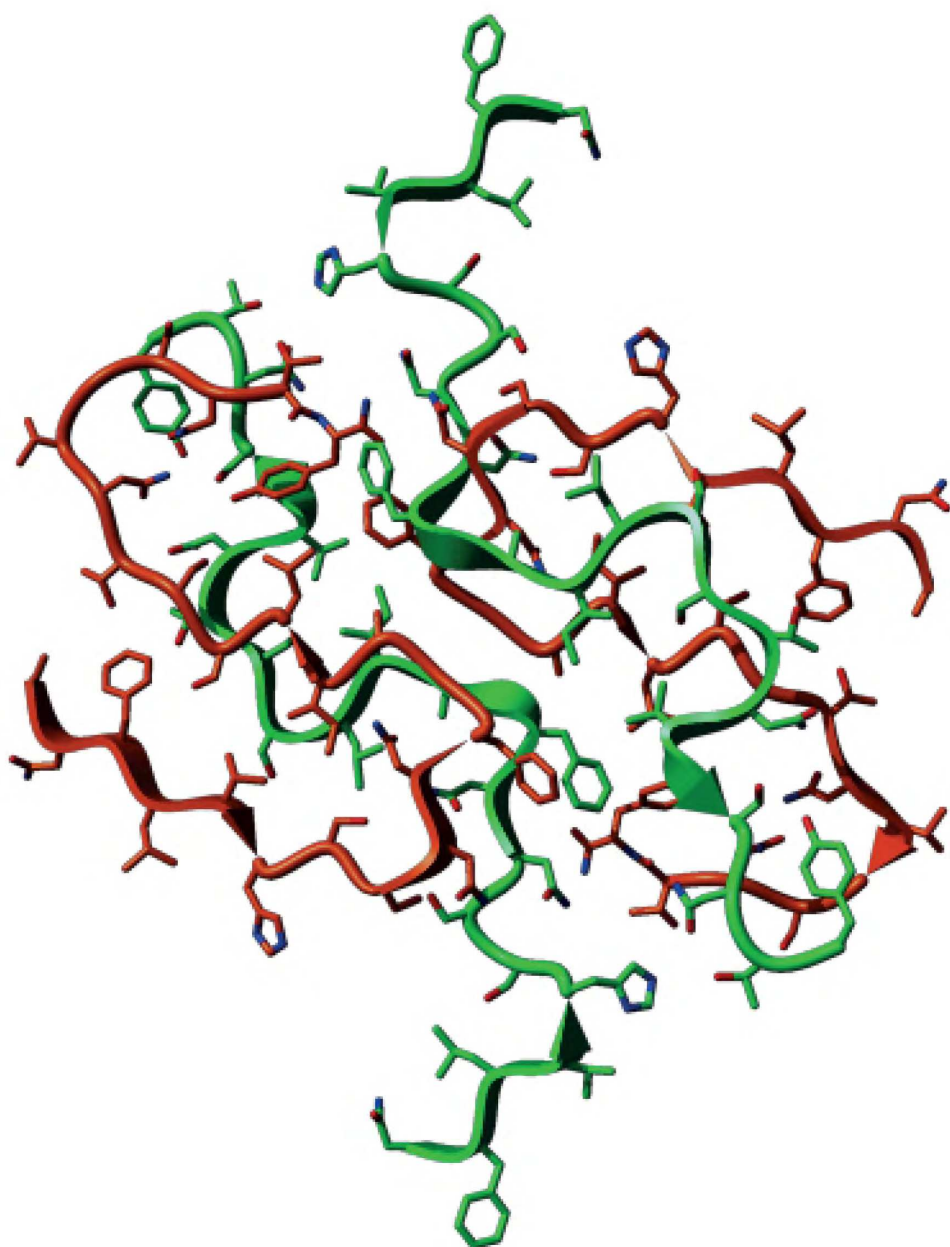
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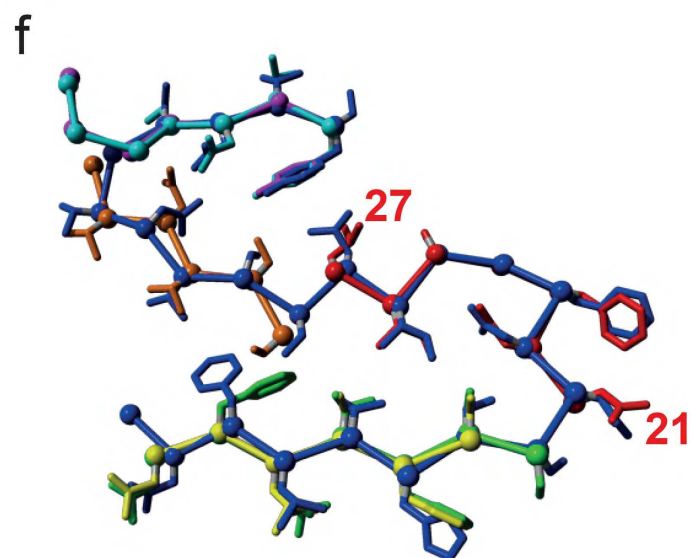
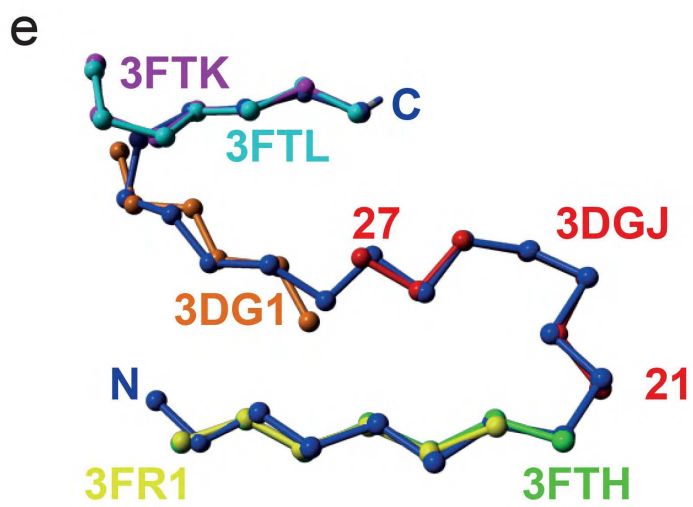
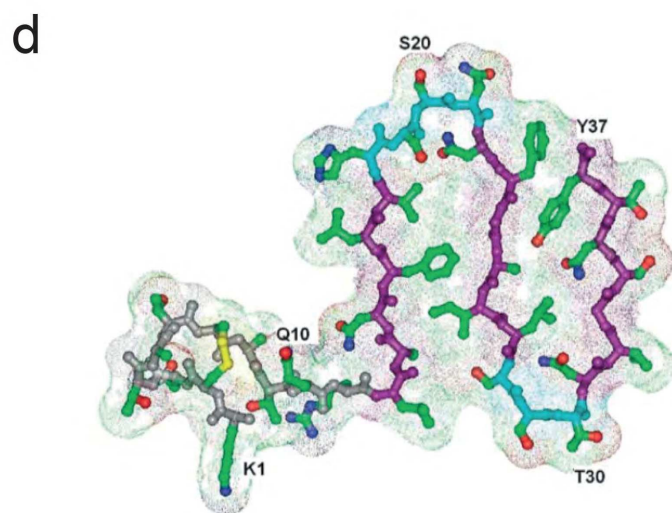
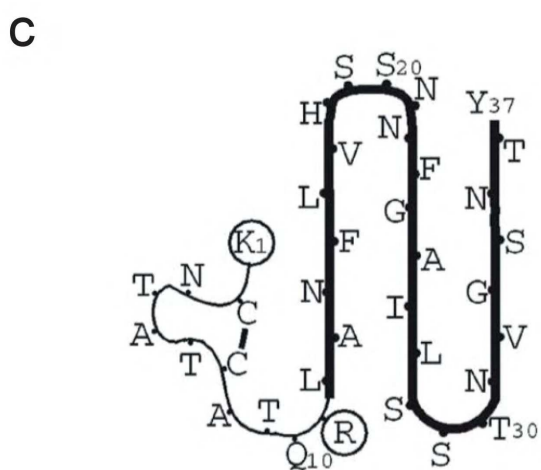
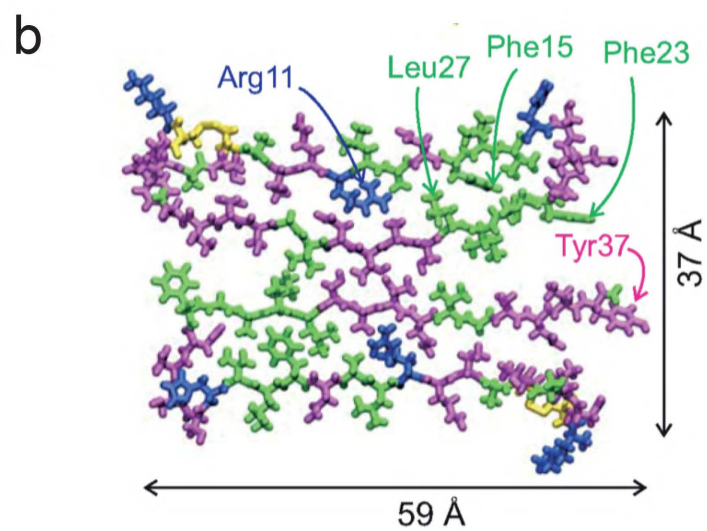
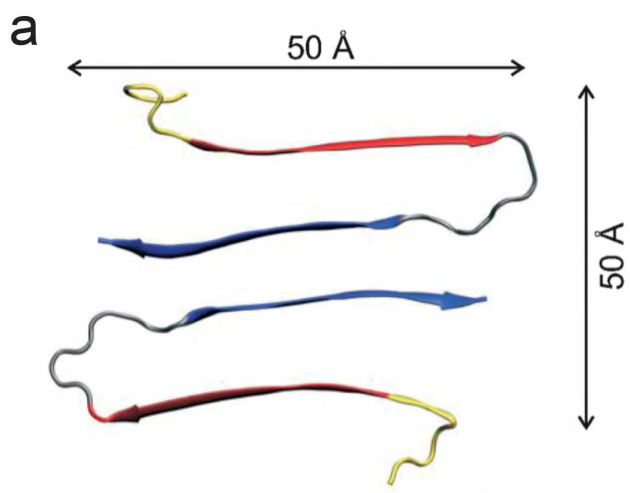


a

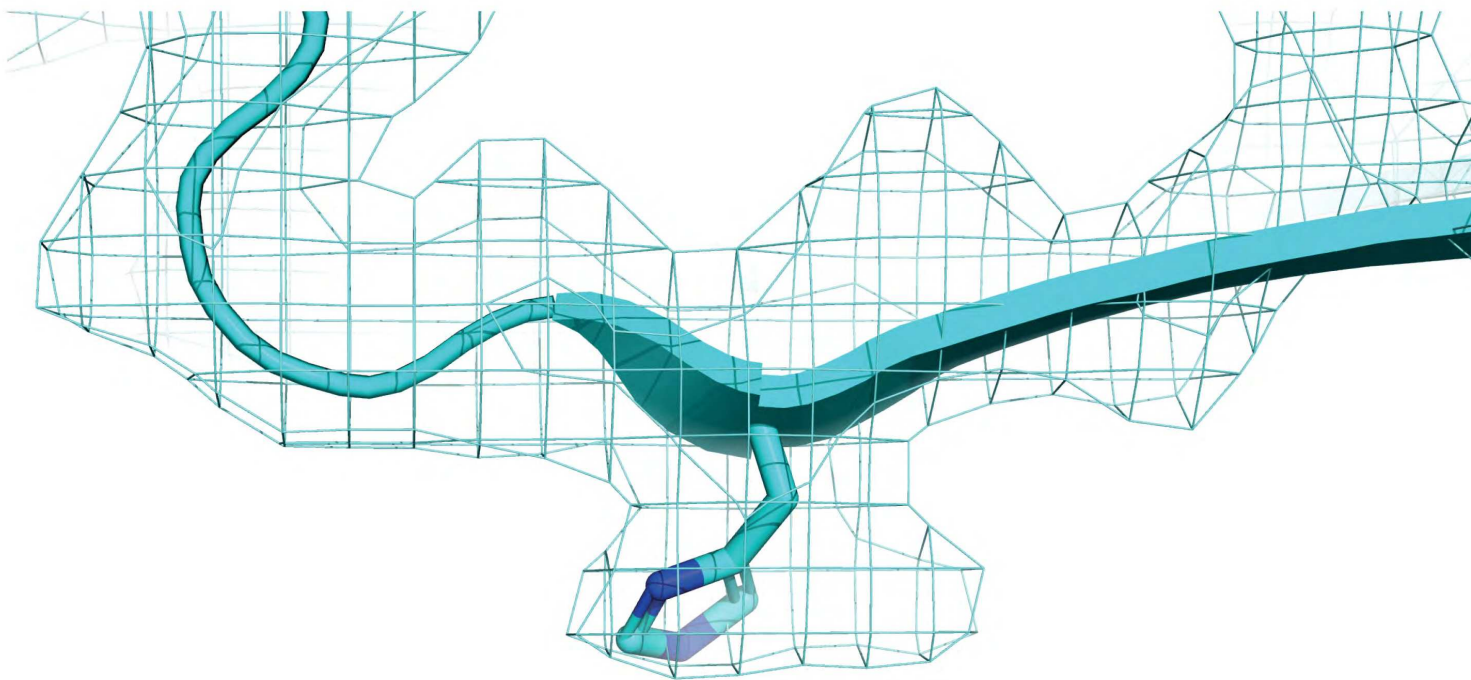


b





a



b

