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**Article:**

Singh, RK, Singh, A, Kumar, S et al. (6 more authors) (2020) Perceived Climate Variability and Compounding Stressors: Implications for Risks to Livelihoods of Smallholder Indian Farmers. *Environmental Management*, 66 (5). pp. 826-844. ISSN 0364-152X

<https://doi.org/10.1007/s00267-020-01345-x>

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# 1 **Perceived Climate Variability and Compounding Stressors: Implications for** 2 **Risks to Livelihoods of Small-holder Indian Farmers**

## 3 **Abstract**

4  
5 Micro-scale perspectives are seldom included in planned climate change adaptations, yet farmers'  
6 perceptions can provide useful insights into livelihood impacts of interactions between climatic  
7 and other stressors. This research aims to understand how climate variability and other stressors  
8 are impacting the livelihoods of small-holder farmers in Azamgarh district, eastern Uttar Pradesh  
9 India. Data from 84 smallholder farmers were collected using mixed qualitative and quantitative  
10 approaches, including interview and participatory methods, informed by multiple stressors and  
11 sustainable livelihood frameworks. Results revealed that farmers' are increasingly facing  
12 problems caused by the reduced duration and number of rainy days, and erratic rainfall.  
13 Anomalies in seasonal cycles (longer summers, shorter winters) seem to have altered the local  
14 climate. Farmers reported that repeated drought impacts, even in years of moderate rainfall, are  
15 adversely affecting the rice crop, challenging the formal definition of drought. Climate  
16 variability, identified as the foremost stressor, often acts as a risk multiplier for ecological (e.g.  
17 soil sodicity), socioeconomic (e.g. rising costs of cultivation) and political (e.g. mismatching  
18 policies and poor extension systems) stressors. In addition to climate stresses, resource poor  
19 marginal groups in particular experienced higher risks caused by changes in resource  
20 management regimes. This study provides an important cue to revisit the formal definitions of  
21 normal rainfall and drought, accommodating farmers' perceptions that evenly distributed rainfall  
22 and not total rainfall is a key determinant of crop yields. Though India has developed adaptive  
23 measures for climate change and variability, integration of farmers' perceptions of climate and  
24 other stressors into such policies can improve the resilience of small-holder farmers, who have  
25 hitherto depended largely on autonomous adaptation strategies.

26  
27 **Keywords** Climate variability; Smallholder farmers; Multiple stressors; Perceived livelihood risks.

## 28 **Introduction**

29 Climate variability induced stressors adversely impact the livelihoods of small and marginal  
30 communities, especially in low income developing countries (Chatterjee and Khadka 2011).  
31 Model projections can provide a long-term view of the physical aspects of climate scenarios at  
32 the macro-scale, but fail to adequately interpret the human dimensions of climate uncertainty and  
33 risks at micro-scale (Savo et al. 2016). Processes and dynamics vis-à-vis climate variability  
34 within particular small-scale social-ecological systems can be overlooked (McCubin et al. 2015).  
35 Climate variations alone may not adversely impact livelihoods at micro-scale, rather, the extent of  
36 vulnerability comes from their interaction with different ecological and socioeconomic factors  
37 (*multiple stressors*) (McDowell and Hess 2012). Understanding the ways in which these multiple  
38 stressors interact with each other to affect livelihoods is vital for developing adaptation strategies.

39 Evidence suggests that Southeast Asian countries are now exposed to more frequent  
40 climate extremes (Ge et al. 2019). Under such situations, understanding farmers' perceptions

41 about climate variability can add strength to formal knowledge (Dang et al. 2014), broadening  
42 understanding of how climatic anomalies and associated stressors operate at different scales  
43 (McCubin et al. 2015), of climate and associated stressors, and helping to frame more inclusive  
44 adaptation strategies.

45 Farmers' perceptions about climate variability have long been valued in a practical sense  
46 (Deressa et al. 2009), especially in relation to shaping adaptive practices in agriculture (Slegers  
47 2008). Despite facing similar levels of climate variability and other stressors, farmers from the  
48 same area may vary in their perceptions of such risks (Singh et al. 2017). For example, a rice  
49 grower lacking assured irrigation facilities will undoubtedly face greater risks of crop failure  
50 under drought or dry-spell conditions than those having access to irrigation. Risk perceptions in  
51 agriculture may nevertheless differ with climate (Simelton et al. 2013), level of technological  
52 support and the accessible resource base (Niles and Mueller 2016). These differences shape the  
53 adaptive capacities of different social groups (Agrawal 2008), and accordingly, their varied  
54 perceptions and adaptation responses (Smit and Wandel 2006).

55 Prevailing policies also greatly influence adaptation planning. Policies formulated  
56 through *top-down* approaches may not always auger well to end-user needs (Donatti et al. 2019).  
57 In India, little research has been conducted to explore the links between farmer perceptions and  
58 policy recommendations for adaptation. Emphasis has largely been on physical and biological  
59 aspects (Asseng et al. 2013) or policy dimensions (Agrawal 2013). Efforts to record farmers'  
60 adaptive practices recently started in 122 out of 640 districts of India (NICRA 2016). However,  
61 they do not assess how farmers exposed to multiple stressors experience cascading impacts on  
62 their livelihoods (Singh et al. 2017).

63 While O'Brien et al. (2004) and Tripathi (2014) report on the agricultural vulnerability of  
64 different states and districts of India, respectively; scant information is available to farmers and  
65 local developmental agencies. Virtually no systematic study has been conducted at the micro-  
66 scale (village level) to assess farmers' perceptions of multiple stressors in relation to their  
67 livelihoods in eastern Uttar Pradesh. This study addresses this gap and seeks to:(i) uncover  
68 farmers' perceptions of climate variability; and (ii) identify compounding multiple stressors, in  
69 order to (iii) understand the livelihood risks experienced over the period 2000-2015.

## 70 **Conceptual orientation**

71 This paper considers stressors as incremental increases in a particular event, phenomenon or  
72 situation that increases the livelihood risks of farmers (Parry et al. 2007). Multiple stressors  
73 include a broad range of factors such as climate variability (drought and flood), ecological  
74 stressors (problematic soils and depletion of fresh groundwater), socio-economic stressors (low  
75 incomes and labour shortages) and political stressors (lack of credit, infrastructure and

76 technology) (Ribot 2014). Climate variability (and/or other stressors), either alone or in  
77 combination with other stressors, may increase the livelihood risks of farmers and shape their  
78 perceptions on climate variability (**Fig. 1**).

79 Variations in knowledge of an event or process or phenomenon are a natural corollary of  
80 differences in perception (Raymond et al. 2010). In this study, perceptions about climate  
81 variability and other stressors were defined as an individual's ability to see, hear and experience  
82 (over the period 2000-2015) any one or combination of stressors caused by climatic phenomena  
83 alone and/or ecological, socioeconomic and political factors affecting the activities vital to the  
84 farmers' subsistence. Livelihood risks are then the outcome of interactions between several  
85 stressors (Birkmann 2007). In this study, *climate-caused* (adverse impacts on the livelihood base)  
86 and *social constructivist* (risk within society shaped by the non-climatic factors required to  
87 sustain livelihoods) views were taken into account, following Scoones (1998) and Ribot (2014).  
88 Taking insights from Simelton et al. (2013), Ribot (2014) and McCubin et al. (2015), we  
89 conceptualized a framework in which climate variability was proposed as an *exogenous stressor*  
90 and associated risk as consequence. By comparison, stressors relating to ecological, policy-  
91 institutional and socioeconomic spheres were considered *internal and compounding stressors*  
92 influencing livelihoods or increasing various risks; either directly or through *exogenous* (climate)  
93 stressors as perceived by the studied population (**Fig. 1**).

#### 94 **Climate Variability and Other Stressors: Implications in Context of Eastern India**

95 The majority of small-scale and marginal Indian farmers living in fragile ecosystems depend  
96 almost entirely on local resources (Tripathi 2014), lacking access to the external resources  
97 necessary to adapt to environmental challenges (Singh et al. 2017). Lately, socioeconomic and  
98 political changes, including the erosion of social institutions and the continual shrinkage of  
99 common property resources (CPR) (Singh et al. 2019), have dealt a further blow to livelihoods,  
100 increasing their dependency on external factors to secure a livelihood. Situation became further  
101 risky to resource-poor farmers, including of study region, due to changes in climate patterns and  
102 globalization-induced market distortions (O'Brien et al. 2004).

103 India formulated the 'National Action Plan on Climate Change' (NAPCC) in 2008 to  
104 accelerate adaptation to climate change. In response to the NAPCC, State Governments have also  
105 developed 'State Action Plans on Climate Change' (DoE 2014), though with an almost exclusive  
106 focus on *top-down* approaches. The study state of UP, reeling under climate variability and  
107 extreme events, has also developed policies to mitigate and adapt to climate and biophysical  
108 stressors but has largely overlooked the socioeconomic and political stressors exacerbating such  
109 climate impacts (Tripathi and Mishra 2017). As a follow-up to various national and state policies,  
110 systematic research on climate change adaptation in agriculture started with the launch of

111 National Initiative of Climate Resilient Agriculture (NICRA) project (ICAR 2011). Subsequently,  
112 contingency measures and long-term plans (MoA&FW 2016) for farmers of states including UP  
113 were drafted. Concurrently, State Governments are also refining their agricultural development  
114 policies with periodic assessment of climatic variables, and issuing weekly and monthly  
115 advisories to farmers (NICRA 2016; MoA&FW 2016). However, the process continues to be led  
116 from the *top-down* (DoE, 2014). In many cases, farmers may differ in their perceptions about  
117 climate variability induced stressors and associated risk due to their localized knowledge of  
118 agriculture management practices and other contextual factors (Limantol et al. 2016). Such on-  
119 the-ground concerns, which vary with time and space, although important for sustainable  
120 adaptations, are least understood at the formal level, and so fail to feature in assessments of  
121 climate induced stressors and the development of adaptation strategies. Addressing such gap, this  
122 study provides an insight into how farmers perceive climate variability and how their perceptions  
123 can differ from formal ways of understanding climatic events, making an essential contribution to  
124 understanding successful adaptation.

## 125 **Research design and methodology**

### 126 **Study Area**

127 Agriculture and allied activities are the major livelihood activity for about 55% of the 1.25 billion  
128 Indian population, with agriculture contributing 14% to Indian GDP (Gopalakrishnan and Thorat  
129 2015). Data were collected from Azamgarh district in eastern UP, India on account of increasing  
130 climate variability and extreme events in the recent past (Tripathi and Mishra 2017). Azamgarh  
131 district covers 4,054.0 km<sup>2</sup> (Census, 2011) with an average elevation 64 m above mean sea level  
132 (MoEF&CC 2010). It has a dry sub-humid hot climate with average annual rainfall of 803 mm,  
133 and average minimum and maximum temperatures 5.7°C and 41.4°C, respectively (GoUP 2009).  
134 There are three main seasons: winter (mid-October to Mid-March), summer (Mid-March to mid-  
135 June) and rainy (Mid-June to Mid-October). From a population of 4.613 million (Census 2011),  
136 about 65% of people are engaged in agriculture and allied activities (GoUP 2009). Rice-wheat  
137 cropping systems dominate with cash crops such as potato, sugarcane, onion and vegetables  
138 cultivated in irrigated areas to varying extents (GoUP 2009). Soils are mostly sodic in nature and  
139 over 95% of landholdings are <2.0 ha (GoUP 2009). Privately owned tube-wells cover most  
140 (83%) of the net irrigated area, with the remainder irrigated by canals and other sources (Kumar  
141 2002). About 0.15 million ha are under a CPR system, including wetlands (GoUP 2009). The  
142 study district is second in terms of its total number of wetlands in the state (MoEF&CC2010) and  
143 these are crucial for agricultural livelihoods (Fuyset al. 2005). The district is relatively less  
144 developed in terms of rural infrastructure and agriculture than other parts of the state (GOI 2014;  
145 Tripathi 2014)

146

## 147 **Sampling of Study Area and Population**

148 Azamgarh District was selected purposively, based on recent high climate sensitivity and high  
149 vulnerability levels (Tripathi and Mishra 2017). Some of the previous studies conducted in same  
150 localities (Singh et al. 2014) and similar situations at other places (O'Brien et al. 2004) those also  
151 confirmed by Tripathi and Mishra (2017), indicated the hidden issues of multiple stressors  
152 experienced by farmers. These insights provided a base to conduct a systematic study. Based on  
153 the considerable knowledge about issues of selected areas, the research was undertaken in the  
154 targeted area and population with available resources (budget and time) (Truelove et al. 2013).  
155 Three villages: Sonapur, Gambhirban and Gurehtha, in the Developmental Blocks of Jahanaganj,  
156 Rani Ki Sarai and Mehnagar, respectively, were purposively selected with guidance from district  
157 agriculture department officials. All selected villages have a predominance of small and marginal  
158 farmers, and two major land use systems (rice-wheat and rice-wheat-wetland). Field data were  
159 collected during 2012-2015 in May-July and November-December, followed by verification of  
160 results with farmers during August and December 2016, and September 2017.

161 A total of 24 key informants (6, 8 and 10 farmers from the study villages, respectively)  
162 were interviewed to record village level information on climate variability, ecological and  
163 socioeconomic information and other data. Data were also collected through PRA (participatory  
164 rural appraisal) exercises (**Table 1**). Four criteria: (i) small land holding (<2.0 ha) (FAO 2010),  
165 (ii) minimum 15 years of agricultural experience, (iii) permanent residence in the village and (iv)  
166 thorough knowledge of agricultural history, were used for the selection of key informants by  
167 employing a snowball technique. Selection was done with the help of Gram Panchayat members  
168 (village level first tier of democratic institutions) who know most of the villagers with whom they  
169 interact in most of the village developmental plans. A list of small and marginal farmers was  
170 prepared with the help of the Gram Panchayat and key informants to select 20 farmers aged >35  
171 years from each village (a total of 60 respondents) using stratified random sampling. These  
172 farmers acted as interview respondents. During a scoping visit, we found that the majority of the  
173 younger generation were less interested in agriculture and are migrating to towns for work so we  
174 interviewed only those >35 years old, as their interaction with agricultural activities and thereby  
175 experiences of climate were assumed to be lower than those who are fully dependent on  
176 agriculture and live exclusively in villages.

## 177 **Data collection**

178 We used a combination of qualitative and quantitative techniques to collect the primary data  
179 (**Table 1**).

180

181

## 182 **Quantitative Methods**

183

184 Quantitative methods were used to collect data on individual perceptions about climate variability  
185 and livelihoods risks from 60 farmers using a structured interview schedule (**Table 1**). Day to day  
186 agricultural activities in the study area and local literature (collected during a scoping study) was  
187 used to frame statements on perceptions about climate variability and related risks or impacts on  
188 livelihoods. A questionnaire with a set of positive and negative questions covering different  
189 climatic variables was developed (**Table 1 and 2, Online Resource 1**). The purpose of randomly  
190 inserting negative statements was to minimize the risk of bias in farmers' responses (Maddison  
191 2006). Questions on 'farm management' (cost of cultivation, labour shortages, farm profits, etc.)  
192 were asked to enable us to link farmers' perceptions with documented trends. These questions  
193 were pilot tested with 5 farmers before final application following edits where needed to reduce  
194 ambiguity. The responses of farmers against each statement were measured using a 5 point Likert  
195 scale (1932). District level rainfall (1901-2014) and temperature data (1901-2002) were accessed  
196 from the Water Portal (IWP, 2017) and Indian Meteorological Department (IMD 2017),  
197 respectively. These sources were also accessed for data on climate variability and related  
198 stressors. Policies and MSP (Minimum Support Price) data were taken from MoA&FW (2015),  
199 which complemented data on economic and market stressors.

## 200 **Qualitative Methods**

201 Using Google search engine, data on the susceptibility of the district to extreme climatic events  
202 and vulnerability were collected from the Ministry of Agriculture, Government of India and other  
203 secondary sources (details provided in online resources). Qualitative data were also obtained from  
204 24 key informants who were asked to participate in 10 different exercises including focus group  
205 discussions (FGDs) (**Table 1**). Photographs and videos on floods, droughts, rainstorms and  
206 outbreaks of crop insect-pests and diseases were shown to the key informants while conducting  
207 FGDs. The same strategy was followed with 60 respondents during interviews. The objective in  
208 both cases was to better capture participants' and interviewees' experiences of present and past  
209 events. In-depth discussions were held with key informants following FGDs to record perceptions  
210 of multiple stressors and their interactions with climate and related livelihood risks. The data on  
211 multiple stressors were recorded in FGD through hand raising method, and individual response  
212 against multiple stressors was recorded. The weighted score was developed using these responses  
213 from across the three study villages. Questions on 'farm management' were further confirmed  
214 with key informants in FGDs. Supplementary field notes and photographs of specific climate  
215 events, alongside transect walks, were used to complement the qualitative data-set. Audio  
216 recordings were made for longer discussions on types of social groups and their socioeconomic

217 and major agricultural activities, associated risks, historical changes in land use patterns and  
218 narratives on how changes in CPR regimes have impacted different groups of farmers.

### 219 **Triangulation of Data**

220 After the first round of data collection, three follow-up visits were made to sampled villages to  
221 triangulate the qualitative and quantitative data (Antwi-Agyei et al. 2012). This included  
222 discussions with key informants and available interviewees on the pattern of results of  
223 compounding stressors (collected through FGD) and climate variability, and perceived risks  
224 (collected through interviews). This exercise was a productive, iterative process in terms of  
225 identifying circumstances surrounding the key phenomenon of climate and its contextual factors,  
226 converging central characteristics with better interpretations and omitting unacceptable points to  
227 improve the trustworthiness of results (Lambert and Loiselle 2008).

### 228 **Data Analysis**

229 Interview data were entered into spread sheets and frequencies and scores were calculated under  
230 different categories, effectively translating some of the qualitative information into quantitative  
231 information. Using the STAR statistical packages (version 2.0.1) (IRRI 2013), score and rank  
232 values for perceptions and livelihoods risks were calculated and tested for their significance  
233 applying the Wilcoxon matched pairs sign-rank test. On the basis of highest to lowest score  
234 generated using climate and risk related variables, ranks were estimated for the corresponding  
235 variables. First of all, the statements (variables) relating to perceptions about climate variability  
236 and livelihood risks having the highest score were calculated and assigned rank one according to  
237 the Wilcoxon value. This highest score (*e.g.*, rank one) obtained by a statement was then applied  
238 as a base value to compare with other subsequent statements until they appeared as significant in  
239 the Wilcoxon test. The statements between two significant values were designated to a particular  
240 priority group. The score of every next significant statement was considered as a base value for  
241 comparing subsequent statement(s) to find out the next priority group.

242 The major multiple stressors were grouped and ranked in order of their severity by  
243 running a Mann-Whitney *U*-test to analyse their significance in relation to livelihood risks.  
244 Multiple stressors data were analysed using additive percentages and ranked in STAR. The  
245 compounded growth rate was calculated by fitting the exponential function as:  $y = ae^{bt}$  ([Online](#)  
246 [Resource 1](#), p. 3) in a spreadsheet. Monthly mean rainfall data (mm) for the period 1901-2014  
247 (100 years) and 2000-2014 (15 years) were analysed in Excel (210) considering percentages,  
248 means, standard deviations and coefficients of variation. Qualitative data were thematically  
249 categorised and cross-checked with quantitative data, particularly on perceived climate



250 variability, multiple stressors and livelihood risks (Stringer et al. 2017). This enabled  
 251 complementary patterns to be identified in the characteristics of major variables (Antwi-Agyei et  
 252 al. 2012). We coded qualitative data using content analysis, and again, the major themes that  
 253 emerged were analysed for patterns in major characteristics of stressors and associated risks to  
 254 farmers (Antwi-Agyei et al. 2012). Doubts were discussed with key informants by phone or using  
 255 social networking media such as WhatsApp. Finally, the results of study were presented to  
 256 farmers in each village to gain feedback and validate the findings.

## 257 **Results**

### 258 **Perceptions of Climate Variability**

259 The Wilcoxon test indicated that farmers within priority group (PG) 1 (deep black, **Table 2**)  
 260 perceived that rainfall had become erratic over the period 2000-2015; that there were alterations  
 261 in the onset and duration of different seasons and a decrease in the number of rainy days. Farmers  
 262 within PG 2 (light black colour) perceived that while the duration of winter had significantly ( $p=$   
 263 0.05) decreased, there were visible changes in local weather as evidenced by early onset of  
 264 summers and increasing frequency of drought events. In particular, farmers experienced extended  
 265 dry-spells and droughts in 2000-2002, 2009 and 2012, while severe droughts were experienced in  
 266 2013 and 2014 (**Table 3, Online Resource 1**), but not recorded by planning and developmental  
 267 agencies. Farmers within PG 3 opined that the frequency of rainstorms, flash-floods and extended  
 268 dry-spells had increased. Farmers also perceived rainstorms *Phailin* (2013) and *Hudhud* (2014)  
 269 which were not reported in secondary data (**Table 3, Online Resource 1**), reporting that they  
 270 found it increasingly difficult to predict the weather using traditional indicators.

271  
 272 Despite increased uncertainty, farmers still depend on 22 bio-meteorological indicators  
 273 (**Table 4, Online Resource 1**), and knowledge of clouds and winds to predict local weather and  
 274 rainfall patterns. For example, unseasonal/untimely appearance of insect-pests are considered to  
 275 be an indication of higher atmospheric humidity in otherwise dry months (**Fig. 1a,b,c, Online**  
 276 **Resource 2**). Poor access to weather forecasts from formal sources further enhances uncertainty  
 277 and greatly reduces farmers' choices in deciding on adaptation strategies, as they first need to  
 278 know to what they are adapting.

279 Farmers within PG 4 and 5 (indicated by the lightest black colour) perceived alterations in  
 280 the occurrence of '*loo*' (hot winds blowing during May-June), excess rains (but without any  
 281 adverse impacts) and drizzling rains over the 30 year period (**Table 2**). Farmers considered '*loo*'  
 282 to be a reliable indicator of a 'good monsoon' (*i.e.*, sufficient and evenly distributed rainfall).  
 283 Drizzling rains (*Sawan Ki Jhadi*, low intensity rains during August), perceived to be critical for  
 284 the growth and productivity of rice, and in field preparation for *Rabi* (winter) season crops, water

285 harvesting for irrigation and weed decomposition, have now become rare. The importance of  
286 drizzling rain is reflected in a local folktale:

287 “*Yadi purva aur utara baras jati hai, to kisan ko pure saal khushal kar jati hai*” ....

288

289 [Drizzling rains in *ashlesha* (rain water is considered to be of average quality) and  
290 *magha* (good quality) constellations (in August) are important for the year round  
291 happiness of the farmers] (Key informant: Pujari and Mahajan, April 2014).

292

293 The distribution and amount of monsoonal rainfall during mid-June to the end of  
294 September determines the success of year-round agricultural activities. The majority (62.4%) of  
295 farmers perceived that rainfall had become ‘erratic’, while 26.6% perceived ‘less rainfall’ and  
296 5.0% perceived ‘excess’ rainfall between 2000-2015 (**Fig. 2, Online Resource 2**). A good harvest  
297 of two local millets is virtually synonymous with a good monsoon as summarised in the  
298 following folktale:

299 ‘*Sanwa, sathi (bhandai) 60 din, barkhapaweraat din*’ ...

300

301 [If *sanwa* (*Echinochloa frumentacea*) and *bhandai* (rainfed paddy variety)  
302 receive even modest but continuous rains during July-August, they will  
303 mature within 60 days (Key informant: Mahajan, August 2014)].

304

305 Evenly distributed rainfall is considered to be a boon for rice and other *Kharif* season  
306 crops. Failing to receive such rainfall at critical stages of the crop cycle for rice (especially at  
307 transplantation to grain setting stage), is perceived to be a drought. Consequently, we analysed  
308 secondary climate data and found that an erratic trend in monsoonal rainfall was observed during  
309 2005-2014, a period that witnessed 5 excess rainfall years (33.33%, *e.g.*, year 2005 and 2007  
310 received heavy rains) and 9 deficient rainfall years (60.0%) (**Table 5, Online Resource 1**).  
311 Rainfall received during this period varied from very low (381.2 mm in 2014) to very high  
312 (1351.6 mm in 2007). The coefficient of variation (%) also increased during this period as  
313 compared to 1975-2014, particularly in June (84.95%) and September (66.33%). The critical  
314 months, during which normal and even distribution of rains is a precondition for the better  
315 growth of rice, have witnessed decreases in rainfall; *e.g.*, 20.47% in July (period of initial rice  
316 growth), 9.07% in August (vegetative growth and tillering) and 10.88% in September (panicle  
317 initiation) (**Table 5.1, Online Resource 1**). This trend, and even recent systematic efforts of  
318 recording monsoonal anomalies (for issuing agroadvisories to farmers) (**Table 5.2, Online  
319 Resource 1**) were similar to farmers’ perceptions.

### 320 **Perceived Climate Variability and Related Livelihoods Risks**

321 Wilcoxon signed-rank test results revealed that with the highest rank score and PG 1, farmers  
322 perceived that overall livelihood risks had increased due to climate variability, and that this risk

323 was further compounded by ecological (e.g. high soil pH) and anthropogenic stressors (market,  
324 institutional and policy, technological and social factors) (**Table 3**). Higher incidences of diseases  
325 and insectpests were perceived to have increased with the use of agrochemicals over the past 20  
326 years resulting in higher costs of cultivation. As a consequence, farmers' dependence on external  
327 resources had increased.

328 Poor groundwater recharge and physical changes in aquatic bodies ascribed to reduced  
329 drizzling rains were perceived as the direct consequences of climate variability. Drying of surface  
330 water bodies had increased the livelihood risks of the *Bhar* community (who mostly reside  
331 around the wetlands and possess sodic lands known to be less productive than normal soils),  
332 traditionally dependent on a biodiverse fish catch of about 25 species in the 1980s to 4-5 species  
333 at the time of data collection, and the *Yadav* community, primarily dependent on community  
334 pond water for livestock. Farmers with PG 2 opined that frequent anomalies in weather (seasonal  
335 cycles, rains and heat stress) had necessitated (*significant, p= 0.05*) frequent seed replacement, as  
336 home grown seeds were more susceptible to diseases and insect-pest incidence and did not yield  
337 well when used successively for more than 3 years. Consequently, farmers perceive the genetic  
338 vigour of rice and wheat varieties has reduced, necessitating their replacement every 3-4 years.  
339 Erratic rainfall and increases in the maximum (by 0.10°C; CV 1.14%) and minimum temperature  
340 (by 0.15°C; CV 2.13%) (**Table 6, Online Resource 1**) over 30 years (1972-2002) seem to have  
341 altered the micro-climate.

342 Resource use efficiency had also decreased, compelling many small and poor farmers to  
343 migrate to cities for more reliable income-generating jobs (**Table 3**). As noted with PG 3, frequent  
344 alternate wetting and drying (*i.e.*, flash-floods followed by droughts/extended dry spells) had  
345 increased the risk of adverse impact of sodic soils (significance  $p= 0.05$ ) naturally found in the  
346 study area. Migration of agricultural labourers to cities had further compounded farmers' risks as  
347 they are now required to pay higher wages than 10-15 years previously. Heat stress had also  
348 lowered the efficiency of farm labourers (PG3, **Table 3**). For example, during 1990s one labourer  
349 would uproot 6 *Panji* (1 *Panji*= 5 bundles of rice seedlings) per day which had decreased to 3 (at  
350 the time of this study). Currently, about 44 labourers are required to transplant rice in 1.0 ha,  
351 which is almost two fold higher than the early 2000s when only 24 labourers were needed.  
352 Results also indicated that climate variability, along with socio-economic and policy factors, had  
353 significantly reduced crop yields and had accelerated the loss of local agrobiodiversity ( $p= 0.05$ ).

## 354 **Multiple Stressors**

### 355 **Climate Variability**

356 The additive percentage with rank analysis indicated climatic stressors were predominant among  
357 the multiple stressors impacting farmers' livelihoods (**Table 4**). Results on individual sub-

358 climatic factors revealed that reduced numbers of rainy days (23.08% response; *significant* at  
 359 Mann-Whitney  $U_p= 0.01$ ) and other rainfall related anomalies were perceived as sub-stressors by  
 360 35.58% farmers. Changes in seasonal cycles (21.15% response; *significant* at  $p= 0.01$ ) and  
 361 sudden changes in weather patterns (20.19% response) were further observed (**Table 4**; see also  
 362 **Table 7, Online Resource 1**).

### 363 **Compounding Socioeconomic and Market Stressors**

364 Rising costs of cultivation were perceived (23.23% response) (*significant*) as the most substantial  
 365 *economic* stressor (**Table 5**). For example, during 2014 the cost of rice cultivation ranged from  
 366 Rs. 30,000-35,000 ha<sup>-1</sup> and that of wheat from Rs. 20,000-25,000 ha<sup>-1</sup> as compared to Rs. 10,000-  
 367 12,000 and Rs. 7,000-10,000 ha<sup>-1</sup>, respectively in 2000. A decadal (2005-2015) data trend  
 368 indicated costs of cultivation increased by about 3.2 times in rice and wheat crops, while MSP  
 369 increased by only two and half times in both the crops with a compounded annual growth rate of  
 370 9.82 in rice and 8.36 in wheat (MoA&FW 2015) (**Fig. 3, Online Resource 2**).

371 Uncertain and volatile market prices (perceived by 20.20%), unorganized markets and  
 372 limited financial support from the government (19.19% response for each) (*significant* at  $p =$   
 373 0.01) have reduced profit margins. Farmers reported that during extended dry  
 374 spells/drought years, as in 2012, crop productivity declined by 30-40%. Inadequate arrangements  
 375 by the state government for rice procurement, coupled with poor market infrastructure, compelled  
 376 farmers to distress sale produce through middlemen at considerably lower prices (*e.g.*, Rs. 600-  
 377 700 and Rs. 1000-1200 q<sup>-1</sup> for coarse grained rice against the fixed MSPs of Rs. 1,250). Low  
 378 income from rice crops also adversely affects the sowing of ensuing *Rabi* crops as farmers  
 379 usually purchase seeds, fertilizers and other inputs after rice sales.

380 Farmers perceived that labour crisis (25.58%) and low income (22.09%) (district average  
 381 annual income Rs. 9859 year<sup>-1</sup>, Tripathi 2014) have increased their difficulties in undertaking  
 382 their cropping activities in a timely way (**Table 4**). During rice transplanting and harvest seasons,  
 383 reduced labour availability compels farmers to spend more money (Rs. 140-150 per half day  
 384 compared to average wages of Rs. 100 for the same duration of work during other times of the  
 385 year). Some farmers leased out their lands (called *Adhiya* and *Rai*) to those households with more  
 386 family labourers, and more financial capital, to reduce risks caused by labour scarcity. Social  
 387 marginalization (22.09%), declining interest of youth in farming (20.93%) and unproductive  
 388 education (9.5%) (all *significant* at  $p= 0.01$ ) reduce the prospects of gainful employment.

### 389 **Compounding with Institutional and Policy Related Stressors**

390 Farmers lacked access to subsidized inputs such as micro-irrigation equipment, while electricity  
 391 and labour supply were limited (perceived by 24.24%). Despite contingency plans being  
 392 developed by the relevant institutions, improved seeds and other inputs did not reach farmers,

393 revealing a major *institutional* stressor. Most farmers had no knowledge of government plans and  
 394 schemes. The MGNREGA (Mahatma Gandhi National Rural Employment Guarantee Act) and  
 395 PDS (Public Distribution System) have further increased the risks as perceived by 22.68% of  
 396 farmers (*policy stress*) (Table 4). MGNREGA has led to labour shortages affecting agricultural  
 397 activities over the last 15 years (2005-2015) (Fig. 4, Online Resource 2). Those with extended  
 398 family, having more family labourers and practicing *Adhiya* and *Rai* (lease system), had relatively  
 399 fewer perceived risks associated with labour availability. It also emerged that labour demands  
 400 were especially high during rice transplanting season and erratic rainfall/unreliable water supplies  
 401 tended to further accentuate the problem. In dry years, farmers were compelled to purchase  
 402 irrigation water (Rs. 50 h<sup>-1</sup>). As most of the tube-wells were electrically operated, extended  
 403 power-cuts strengthened the bargaining power of labourers who usually demanded relatively  
 404 more wages. Under the PDS scheme, economically weaker families are entitled to 35kg of rice  
 405 and wheat each per month at nominal prices (Rs. 3 and 2 kg<sup>-1</sup>), respectively, which has also  
 406 increased the lack of interest among labourers to work on farmers' fields (*policy stress*), as  
 407 reported by 90.0% of farmers.

408 During adverse situations, small and marginal communities mainly sustain their  
 409 livelihoods by accessing CPR. In the past, marginal farmers, like the *Bhar* community, freely  
 410 accessed the *Badaila* lake and other surface water bodies to harvest wild rice, as well as to grow  
 411 local rice varieties and catch fish consumption and local sale. The natural drainage water, flowing  
 412 from *Badaila* lake, was utilized for irrigation. From the 1990s onwards, a *top-down* management  
 413 regime for CPR led to changes in structures and functioning of these resources. Currently, the  
 414 Village Panchayat controls such resources (following norms prescribed by the State  
 415 Government), which are auctioned to private contractor(s) to generate higher revenues. *Badaila*  
 416 lake and village ponds were leased out to the highest bidder (private contractors) for a 1 year  
 417 period. This created a tragedy of the commons situation. The *Bhar* community faced hardships  
 418 (*policy stress*) as they could only access certain parts of lake for fishing and the collection of  
 419 other aquatic resources (wild rice, lotus, etc.); the remainder was under control of the contractor,  
 420 and any encroachment may have invited legal action.

421 The *top-down* approach to policy implementation by the State Agriculture Department,  
 422 often overlooking on-the-ground realities and farmers' needs, had also *significantly* ( $p= 0.01$ )  
 423 enhanced farmers' risks (21.65%). Most of the intended policies/inputs did not reach farmers in  
 424 time. For example, district KVK (Krishi Vigyan Kendra) conducting Front Line Demonstrations  
 425 (FLDs) in wheat, rice and other crops had limited reach. Such FLDs mostly benefit only a few  
 426 large scale farmers who are in regular contact with KVK and able to manage the required inputs  
 427 to adopt the new varieties.

## 428 **Compounding with Ecological Stressors**

429 Due to erratic rainfall, groundwater had declined (22.83% response) between 2000 and 2014  
430 (Fig. 5, Online Resources 2). Abandonment of conventional open-wells and changes in structures  
431 and functioning of community ponds (perceived by 21.74%) which recharge groundwater (Table  
432 4) further aggravated the problem. For example, in Sonapur village, we recorded almost no water  
433 storage in 7 community ponds and natural water courses connected to the *Badaila* lake due to low  
434 rainfall and inappropriate anthropogenic activities (e.g., encroachment, inappropriate  
435 modifications in the form and shape of village ponds by Panchayat without considering  
436 traditional ecological knowledge). Landscape modifications and choking of natural drains had  
437 altered the hydrological balance resulting in rapid run-off to low lying areas, depriving upland  
438 crops of water. Farmers experienced that during rice transplanting, the water table often drops  
439 below 10.76 m especially during drought years or delayed monsoon. Low rainfall and water  
440 pumping for irrigation not only exacerbate groundwater depletion, but also result additional  
441 energy use (increased irrigation hours) and irrigation costs (cf: Redfern et al. 2012).

442 Changes in land use patterns, *i.e.*, replacement of millets, oilseeds and pulses with a rice-  
443 wheat system, has led to over-withdrawal of ground water and severe erosion of local  
444 agrobiodiversity, compounding risks (Table 4). Rich agrobiodiversity is considered key to the  
445 well-being of economically weaker and socially marginal groups who opined that although  
446 climate variability (e.g., reduced rainfall) has led to agrobiodiversity loss, land use changes from  
447 rainfed (e.g., short duration upland paddy and local pearl millet, maize and redgram and black  
448 gram) to an irrigated rice-wheat system seemed to have inflicted more damage. Due to assured  
449 availability of irrigation water, the majority of farmers, with relatively bigger size of land holding  
450 and more resources, had switched to improved varieties of wheat and paddy crops which also  
451 need more inputs, increasing dependence on external resources. Farmers perceived that land use  
452 change (19.57%) and soil sodicity (soil pH 8.8-9.2) (18.48%) (both *significant* at  $p= 0.01$ ) caused  
453 a decrease in soil quality and fertility, respectively. Sodic soils also have a degraded structure and  
454 low infiltration capacity resulting in prolonged submergence and damage to crops even during  
455 normal rainfall years (Table 4). Farmers perceived that with concomitant impact of green  
456 revolution practices (e.g. mono-cropping with intensive use of inputs) that started in the 1960s,  
457 mixed and diversified cropping systems, sheep and cow herding in crop fields, collective  
458 cropping and resource sharing mechanisms have now become virtually non-existent. Such  
459 changes caused many traditional adaptive practices and related social institutions helpful in  
460 degraded sodic lands to disappear.

461

## 462 **Compounding with Technological Stressors**

463 Farmers had restricted access to improved agricultural technologies (27.71%) attributed to poor  
 464 extension (26.51%) (*Significant* at  $p= 0.01$ ). Technologies in rice, wheat and other crops being  
 465 adopted by farmers, are less suited to farmers' needs and specific recommendations for niche  
 466 problems (*e.g.*, salt tolerant varieties) are unavailable. Most farmers are unaware of salt tolerant  
 467 varieties of rice (CSR-43 and CSR-36) and wheat (KRL-210 and KRL-213) (24.10 %, *significant*  
 468 at  $p= 0.05$ ). Private input dealers often provide genetically impure seeds and misleading agro-  
 469 advisories too according to farmers. Further, gypsum and pyrite based technologies implemented  
 470 by the state government to reclaim sodic soils rarely reached farmers. However, technologies to  
 471 circumvent soil related stressors like sodicity and erratic rainfall are perceived to be absolutely  
 472 essential (*significant*) (21.69%).

473 A summary of analysis of pooled stressor data indicated that although overall climate  
 474 variability was found to be one of the major significant stressors (**Table 5**), institutional and  
 475 policy stressors ( $p<0.000$ ), social stress and technological stress ( $p<0.000$ ), economic and market  
 476 stressors ( $p<0.01$ ) and ecological stress ( $p<0.02$ ), in that order, were other stressors that  
 477 significantly influence farmers' risk perceptions.

478

## 479 **Discussion**

### 480 **Climatic Stressors**

481 The results revealed that farmers perceived an increase in erratic rainfall, decreases in the  
 482 duration of rainy season and number of rainy days, and changes to seasonal cycles (**Table 2**),  
 483 similar to the meteorological data, but in the case of extreme events including recent rainstorms  
 484 (MoA&FW 2016), the different knowledges diverged. Such differences may be due to  
 485 meteorological data collection, and farmers' experience being spatially distant (*cf*: Simelton et al.  
 486 2013)-sometimes intense rain or rainstorms are a localized phenomenon, not captured in  
 487 observations due to methodological issues (FAO 2019), and therefore farmers respond to  
 488 unrecorded events (Callo-Concha 2018). Although the study district is assessed to be occasionally  
 489 drought prone by developmental agencies (**Table 3, Online Resource 1**) (MoA& FW 2016), in  
 490 this study, farmers perceived a *significant* increase in the frequency of extended dry-spells and  
 491 droughts during the study period. This may be based on their past and recent exposure to  
 492 moderate and severe droughts. These micro level perspectives tend not to be incorporated into  
 493 policy making at higher levels (O'Brien et al. 2004), resulting in climate policy and planning that  
 494 does not reflect the realities experienced (England et al., 2018).

495 Farmers in this study had different perceptions to formal institutions (MoA&FW 2016).  
 496 They considered rainfall to be normal when it is evenly distributed throughout the season to

497 support the optimum water requirements of the rice crop during its different growth stages, thus  
498 they contextualised climatic phenomena in reference to agronomic attributes. The Indian  
499 Meteorological Department (IMD) considers a year to be a normal rainfall year if rain is 98% to  
500 104% of LPA (Long Period Average, based on 50 years of data), below normal rain if LPA is  
501 90% to 96% and deficient rain if LPA is below 90%. By this criterion, the real situation droughts  
502 experienced may be masked. Das (2010) and Nambiar (2016) also reported that Indian farmers,  
503 including those of the study region, are increasingly experiencing droughts.

504 Evidence suggests that components of the farming system (Simelton et al. 2013),  
505 alongside ecological, social and institutional factors (Callo-Concha 2018), all play a significant  
506 role in shaping farmers' perceptions of climatic variables. Such a dimension was found where  
507 farmers, for example, with access to tube-wells for rice crops, considered drought or delayed  
508 rainfall relatively less important as a limiting factor for crop cultivation. However, the same  
509 enabler (tube-well) might become a risk multiplier, such as for the *Bhar* group, who lack  
510 resources to support their crops during poor weather, and rely more on CPR. Similar risks may  
511 also shape differential risk perception of the *Yadav* community, who rely on animal husbandry by  
512 accessing communal grazing lands and water bodies.

### 513 **Other Stressors Compounding Climatic Risks**

514 Overall, climate variability risks were compounded by *economic*, *market* and *institutional*  
515 *stressors*. Farmers' perceptions of weather events are often shaped by the crops they grow and  
516 changes in resource and land use patterns (Slegers 2008; Adimassu and Kessler 2016),  
517 infrastructure support (Niles and Mueller 2016), and socioeconomic and political factors (*cf*:  
518 Meze-Hausken 2004). These combine to shape uncertainty over agricultural management and  
519 associated livelihoods. For example, although groundwater is a reliable source of irrigation for  
520 farmers in the study area, poor electricity supply and higher diesel costs, may further multiply  
521 their risk perception, especially during extended dry-spells and/or drought (Udmale et al. 2014).  
522 Additionally, market prices for rice tend to be lower after harvest (20-30%), irrespective of  
523 climatic conditions. But, to meet multifarious needs, farmers (particularly *Bhar* and *Yadav*), have  
524 to sell their produce at these prices because they lack storage capacity, and need to repay debts to  
525 input dealers. A recent assessment has indicated that climate change can impact farmers'  
526 livelihoods by reducing income (15-20%), exacerbating an already difficult situation for many  
527 farmers and therefore institutions need to target them with more cost effective and market smart  
528 adaptive strategies (GOI 2018).

529 Risk perceptions of farming communities often vary with resource endowments;  
530 particularly landholding size. Despite that some of the large landholders had recently switched  
531 from mixed farming to rice-wheat mono-cropping systems, they seem less prone to risks from



532 escalating input costs and market volatilities. Contrarily, small landholders depending more on  
533 livestock (*e.g.*, *Yadav* and *Bhar*) were likely to be adversely affected by such changes. To insulate  
534 small landholders from such risks, there has been a major policy thrust to promote diversification,  
535 growers' associations and cooperatives, improving agri-market infrastructure and market  
536 intelligence (MoA&FW 2019), but to little avail because of poor coherence (Birthal et al. 2007)  
537 and failure to accommodate differential socio-cultural and biophysical attributes.

538 Farmers were generally unable to access external resources and policies extended by  
539 formal institutions, and tended to rely more on local resources, such as local seeds and local  
540 indicators for weather prediction. This was attributed to their lack of awareness but also the lack  
541 of suitability for their needs (*cf.* Donatti et al. 2019). This issue was found more among *Bhar* than  
542 *Yadav* farmers than those having relatively better resources. Such disparity keeps many farmers  
543 from being able to access knowledge and other resources in a timely manner, and also means  
544 their voices are not heard in policy decisions (*cf.* Nelson 2011). For example, in the past the crop  
545 insurance policy was implemented to assess farmers' risks to climatic hazards and to provide  
546 compensation, however, assessments used generic indicators, failing to recognise local contexts  
547 (OECD 2018), and so many farmers did not benefit.

548 Similarly, MGNREGA (Mahatma Gandhi National Rural Employment Guarantee Act)  
549 compounded farmers' risks by creating agricultural labour shortages (*policy led social stress*)  
550 (RBI 2018), leading farmers to depend on costly technologies funded by increasing debt (*cf.*  
551 Bhargava 2014). Such debts extend forward (Antwi-Agyei et al. 2018), affecting both current and  
552 future livelihood risks (Agrawal 2008). Such a situation arises due to incoherent policies across  
553 developmental agencies (England et al. 2018). Relevant agencies could execute their policy-  
554 centric activities through Village Panchayat instead, more in harmony with farmers' activities,  
555 while scheduling rural development activities outside agricultural peak activities may provide  
556 win-wins here (FICCI 2015). The Public Distribution System (PDS) policy influenced in  
557 increasing the area under rice-wheat cropping due to assured returns, decreased conservation and  
558 cultivation of local varieties (Sahai 2011; Pingali 2012) and increased dependence of local  
559 farmers on external resources and other essential food items like pulses, edible oil, etc., and can  
560 be treated as *policy stressor*. Notwithstanding, the PDS and MSP policies inculcate profit-seeking  
561 attitudes among farmers, simultaneously eroding their risk buffering capacity (Agrawal 2008;  
562 Pingali 2012). Although the National Action Plan on Climate Change (NAPCC 2008) and  
563 Sustainable Agriculture Policy (MoA&FW 2010) have attempted to assimilate smallholder  
564 farmers' perspectives, multiple-stress led risks were poorly mainstreamed in policy.

565 Risks are magnified when natural and/or anthropogenic factors diminish the functional  
566 ecosystem services of CPRs. For example, decrease in the total annual rainfall ([Table 5.1 and 5.2,](#)  
567 [Online Resource 1](#)) and increased frequency of droughts have reduced the availability of food  
568 resources from CPRs with wide ranging ramifications for the livelihood security (Singh et al.  
569 2019). While structural changes in the management of and access to the CPRs were considered  
570 prior to implementing National Food Security Mission 2007 in India, knowledge, technology and  
571 capacity building supports under NFSM seem to have benefitted the resource rich farmers most.  
572 Therefore, more needs to be done to reframe current policies to support e.g. management of CPRs  
573 such that risks for farmers depending heavily on such resources for subsistence are not amplified  
574 (Agrawal 2003).

### 575 **Conclusion and Lessons**

576 This research aimed to understand farmers' perceptions of climate variability and other stressors  
577 in relation to the livelihood risks. We found that climate variability induced risks have increased  
578 over time and are compounded by ecological, socioeconomic and techno-political stressors that  
579 remain unaddressed ([Fig. 2](#)). Although farmers' perceptions of rainfall patterns were more or less  
580 similar to the meteorological data from the formal sources, they differed considerably from the  
581 formal definition of droughts and rainstorms, due partly to their rather localized impacts, and  
582 partly to the compounding effects of non-climatic stressors. Poor access to weather forecasts  
583 compels farmers to rely on local indicators for agricultural planning which are increasingly  
584 becoming unpredictable and thus enhancing risks. The adverse impacts of climate-induced  
585 anomalies, changes in CPR management and land/water degradation were more pronounced  
586 among the most marginalized farmers.

587 We found that differential risk perception among stakeholders can create difficulties in  
588 distinguishing '*what is*' and '*what ought to be*' with regard to climate induced risks assessment,  
589 and designing micro-scale (village) strategies. We highlight the need for participatory dialogue  
590 between farmers and policy makers to reconcile differences and to frame commonly agreed  
591 adaptation pathways that avoid lock-ins to maladaptive practices. Most adaptation policies for  
592 Indian farmers focussed on adaptation to climatic stressors are still largely based on *top-down*  
593 approaches, and lack integration of farmers' perspectives. While several policies have been  
594 launched in India to enhance the capacity of smallholder farmers for climate change adaptation, a  
595 wide gap still exists, resulting in ineffective risk reduction. Robust coherence between agriculture  
596 and rural development policies, as well as infusion of a plural perspective into both *top-down* and  
597 *bottom-up* approaches is needed if farming livelihoods are to become more resilient.

598

599 **Ethical Concerns**

600  
 601 Respondents were informed about the objectives of the study prior to their participation,  
 602 including the expected outcomes in form of print and digital publications. Accordingly, they  
 603 provided their oral consent to share their knowledge and perceptions, and participated in this  
 604 study for the data to be used in its outputs. Study respondents wished to remain anonymous;  
 605 while those quoted in results use pseudonyms. The ethical (NRMACSSRISOL201601600914 &  
 606 DARE/F.N0.8-6/2016-IC.II) and publication (No. 88/2019) approvals were obtained from Project  
 607 Monitoring and Evaluation Cell headed by the Director of the lead author's institute, which also  
 608 looks after the ethical concerns of the institute's research.

609 **Declaration**

610 Authors declare that they have no conflict of interests on this article.

611

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