Table 1: Sample characteristics

|  |  |
| --- | --- |
| *Patients (n)* | n=13 (100%) |
| **Disease duration (years)** | **n (%)** |
| ≤ 1 1-2 3-5 6-10 10 +  | - (0)1 (8)- (0)7 (54)5 (38) |
| **Age** **(years)**, median, range  | 45, 20-70 |
| **Sex, female, n (%)** | 6 (46%) |
| **Employment, n (%)** EmployedUnemployedPensionerStudent | 6 (46)2 (15)4 (31)1 (8) |
| **Disease subtype n (%)**CDUC | 9 (69)4 (31) |
| *Health Professionals n (%)* | n=12  |
| GastroenterologistIBD nurseDietitianPsychologistNurse other | 5 (42)4 (33)1 (8)1 (8)1 (8) |
| **Sex, n (%)**MaleFemale | 4 (33%)8 (67%) |