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Article:

Newell-Price, J., Nieman, L.K., Reincke, M. et al. (1 more author) (2020) Endocrinology in the time of COVID-19: Management of Cushing's syndrome. European Journal of Endocrinology, 183 (1). G1-G7. ISSN 0804-4643

https://doi.org/10.1530/eje-20-0352

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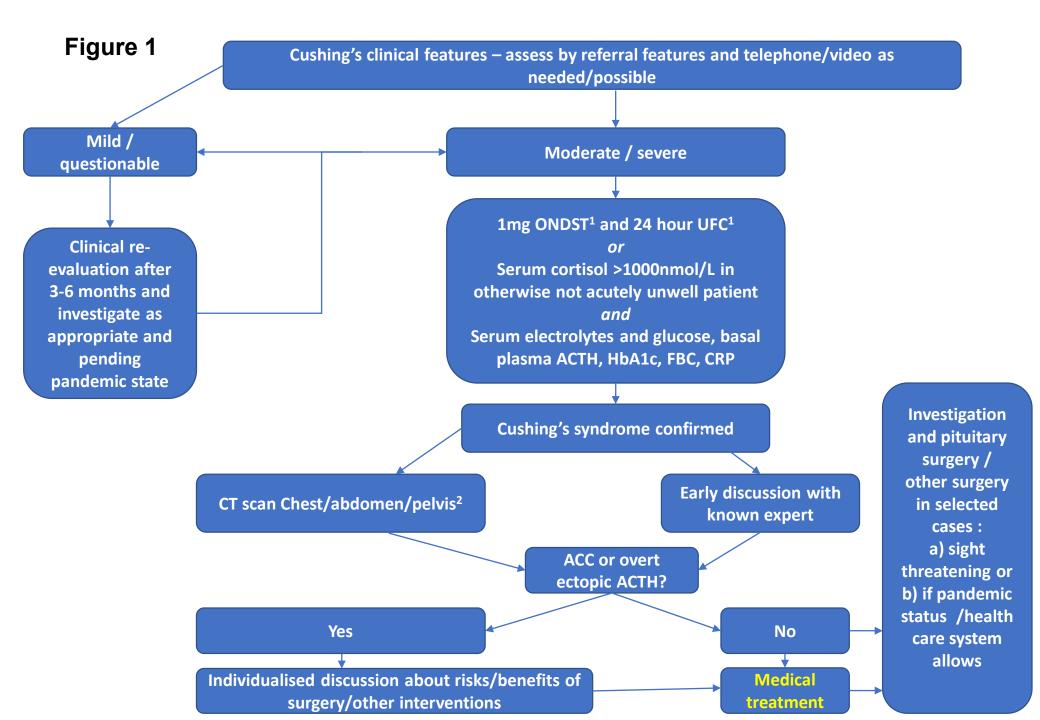


Fig 2

Medication

'BLOCK' Day 1-3 Day 4-6 Day 7 onwards

Metyrapone 500mg TID → 1000mg TID → 1000mg QID*

or

Ketoconazole 200mg TID → 400mg TID → 400mg TID*

'REPLACE'MENT GLUCOCORTICOID - added as for adrenal insufficiency

Hydrocortisone 20-30mg in divided doses two-three times daily

or or

Dexamethasone 0.25-0.5mg OD

or or

Prednisolone 3-7.5mg OD

Monitoring

A) <u>0900h serum cortisol</u> pre-dose of metyrapone and ketoconazole and glucocorticoid – <u>aim for lowest possible number</u>

and or

B) <u>24 hour UFC</u> – switch glucocorticoid to dexamethasone / prednisolone day before and day of collection – <u>aim for lowest levels possible</u>

Once adequate block confirmed continue with only intermittent or no monitoring whilst viral prevalence for SARS-CoV-2 remains high