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**Article:**

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<https://doi.org/10.1016/j.pec.2020.05.014>

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**Table 5: Type of Disease-Modifying Treatments [30] available in England at the time of data collection**

<b>GROUPS OF DMTS ACCORDING TO WHAT THEY TRY TO DO</b>	<b>WAY IN WHICH THE DMT WORKS</b>	<b>DMTS AVAILABLE IN THE UK</b>
<p><b>Immune modulation options</b> They change the strength of white cells in the immune system (lymphocytes).</p>	<p>The immune system is then less able to damage the nerves.</p>	<p>Beta-interferons, Copaxone, Dimethyl-fumarate, Teriflunomide</p>
<p><b>Immune reconstitution options</b> They change the types and strength of white cells in the immune system (lymphocytes).</p>	<p>The immune system is then made up of a different number of cells which are less likely to damage the immune System.</p>	<p>Alemtuzumab, Cladribine, Ocrelizumab</p>
<p><b>Immune blocking options</b> They can stop immune cells from getting out of the lymph nodes (Fingolimod) or from getting into the brain (Natalizumab).</p>	<p>This means there are fewer cells that can damage the nerves.</p>	<p>Fingolimod, Natalizumab,</p>