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Table 3: Activity phases of Relapsing Remitting Multiple Sclerosis

PHASE	CLINICAL INDICATORS
Stable ("inactive)	No new relapses in the last 12 months
Active	At least two relapses in the last 12-24 months
Highly active	New or ongoing relapses in the last 12 months, when taking a disease modifying treatment like Beta-interferon.
Rapidly evolving severe	At least 2 relapses in the previous year and at least 1 T1 gadolinium-enhancing lesion at baseline MRI

Source: NICE (2019) Disease-modifying therapies for multiple sclerosis.[2]