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1 **Helping decisions and kin recognition in long-tailed tits: is call similarity used to**  
2 **direct help towards kin?**

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8 **Abstract**

9 Most cooperative breeders live in discrete family groups, but in a minority, breeding  
10 populations comprise extended social networks of conspecifics that vary in relatedness.  
11 Selection for effective kin recognition may be expected for more related individuals in  
12 such kin neighbourhoods to maximise indirect fitness. Using a long-term social  
13 pedigree, molecular genetics, field observations and acoustic analyses, we examine how  
14 vocal similarity affects helping decisions in the long-tailed tit *Aegithalos caudatus*.  
15 Long-tailed tits are cooperative breeders in which help is typically redirected by males  
16 that have failed in their own breeding attempts towards the offspring of male relatives  
17 living within kin neighbourhoods. We identify a positive correlation between call  
18 similarity and kinship suggesting that vocal cues offer a plausible mechanism for kin  
19 discrimination. Furthermore, we show that failed breeders choose to help males with  
20 calls more similar to their own. However, although helpers fine-tune their provisioning  
21 rates according to how closely related they are to recipients, their effort was not  
22 correlated with their vocal similarity to helped breeders. We conclude that although  
23 vocalisations are an important part of the recognition system of long-tailed tits,

24 discrimination is likely to be based on prior association and may involve a combination  
25 of vocal and non-vocal cues.

26 **Keywords:** Cooperative breeding, kin recognition, kin discrimination, call similarity,  
27 acoustics.

## 28 **Introduction**

29 Kin selection is often invoked to explain the evolution of cooperation in kin-structured  
30 communities, and is expected to result in selection for some mechanism to discriminate  
31 kin from non-kin (1). A recognition mechanism that permits the differential treatment of  
32 conspecifics according to their genetic similarity (2) enables individuals to avoid  
33 inbreeding (3, 4) and maximise inclusive fitness (1, 5) in populations where kin and  
34 non-kin associate beyond reproductive maturity. However, although the adaptive  
35 functions of kin recognition are well known, the proximate mechanisms, including  
36 sensory cues and cognitive thresholds, are often difficult to determine. Our current  
37 understanding of kin recognition in social animals is that discriminating individuals  
38 acquire cues to kinship from a referent (oneself, a subset of kin, or the local  
39 environment), which are used to form internal templates (6) at a sensitive phase during  
40 development (7). Although, it may also be possible that cues and templates are  
41 genetically determined (8). Templates are later compared with the phenotypes of  
42 encountered conspecifics, and discriminatory behaviour is performed based on the  
43 perceived similarity between templates and encountered phenotypes (9). Thus, any cue  
44 that reliably co-varies with relatedness may be used to discriminate kin from non-kin.

45 Most animal societies exhibit a substantial degree of kin structure, whereby individuals  
46 are organised in to more or less discrete family units of parents and their retained

47 offspring (10-12). If the probability of encountering a relative is high, individuals can  
48 maximise indirect fitness by indiscriminately cooperating within their group (13, 14)  
49 and avoid inbreeding by selecting partners from outside the group (15). In less viscous  
50 societies, such spatial cues to kinship may be unreliable. For example, in a small  
51 number of cooperatively breeding birds, cooperation occurs after natal dispersal, across  
52 extended networks of relatives known as *kin neighbourhoods* (16). Here, the relatedness  
53 among spatially clustered individuals is less predictable, so kin recognition based on the  
54 phenotypic cues of potential social partners may be necessary (17). In such situations,  
55 selection should favour effective discrimination, but any recognition system is prone to  
56 error because phenotypic cues overlap between non-kin and kin of varying relatedness  
57 due to individual variation (6). Thus, kin recognition is likely to involve a certain rate of  
58 *acceptance errors*, where non-kin are perceived as kin, and *rejection errors*, where kin  
59 are perceived as non-kin (2, 6). The accuracy of kin recognition, and hence the  
60 frequency of such errors, depends on their relative costs, which, in turn, is determined  
61 by the probability of encountering a relative and the fitness consequences of the  
62 associated behaviours (18). This theoretical framework is supported empirically by  
63 intraspecific studies showing shifts in acceptance thresholds as the costs of error change  
64 (19), and by comparative analyses that demonstrate stronger kin discrimination in  
65 cooperatively breeding vertebrates where the benefits of helping are greater (20), and  
66 when the average relatedness within a group is lower and more variable (13).

67 Kin recognition often requires prior association; individuals learn the phenotypes of kin  
68 encountered during a sensitive phase and distinguish these familiar individuals from  
69 unfamiliar ones later in life (7). Alternatively, recognition may involve phenotype-  
70 matching, whereby individuals form a generalised template against which the

71 phenotypes of unknown individuals are compared (21). Phenotype matching does not  
72 require a period of previous association between matching individuals (22), but relies on  
73 a positive correlation between template-phenotype similarity and degree of genetic  
74 relatedness (23). Whether kin are recognised through prior association or phenotype  
75 matching can be difficult to determine; both mechanisms involve matching phenotypes  
76 to learned cues, yet they differ in template specificity (6), such that mechanisms  
77 involving phenotype matching permit individuals to recognise unfamiliar kin and  
78 distinguish between kin of varying relatedness.

79 Kin recognition based on familiarity may often be sufficient for individuals to maximise  
80 inclusive fitness by directing help towards relatives, and prior association is indeed  
81 thought to be the most common mechanism of kin recognition in cooperatively breeding  
82 birds (24-26). However, studies on long-tailed tits *Aegithalos caudatus* (27) and bell  
83 miners *Manorina melanophrys* (28), species in which helping occurs within kin  
84 neighbourhoods, found that helpers modify provisioning effort according to their degree  
85 of relatedness to recipient broods. In such situations, the risk of caring for non-kin is  
86 high, so kin recognition mechanisms with low error rates are likely to be selected for  
87 (13). Moreover, finely tuned adjustment of provisioning behaviour in relation to kinship  
88 could indicate a relatively sophisticated mechanism of kin recognition that involves  
89 phenotype matching. Vocalisations are used as kin recognition cues in both species (29,  
90 30) and more widely in birds (31), although olfactory kin recognition has also been  
91 described in a few species (32-34). In bell miners, a relationship between genetic  
92 relatedness and vocal similarity has been reported (30), but whether this relationship  
93 exists in other species remains to be tested.

94 This study aimed to identify the mechanism permitting kin-directed cooperation and  
95 flexible helper investment in long-tailed tits, a kin-neighbourhood cooperative breeder  
96 that exhibits effective kin recognition in the absence of spatial cues (35). Helpers are  
97 failed breeders that redirect their care following unsuccessful attempts at independent  
98 breeding. Around 50% of successful nests receive help (36), typically from one or two  
99 helpers, but not all failed breeders choose to become helpers (37). Although our study  
100 population is kin-structured during breeding, most neighbours are non-kin and help is  
101 directed towards close kin more often than expected by indiscriminate helping (38).  
102 Furthermore, helpers provision more closely related broods at higher rates (27). Helpers  
103 are overwhelmingly male, and gain indirect fitness benefits by increasing the  
104 productivity of related broods (39, 40). In contrast, no direct fitness benefits of helping  
105 have been identified (41, 42). Vocalisations play a major role in in the coordination of  
106 cooperative behaviour (29). Previous studies have demonstrated individuality in the  
107 churr call: a short-range contact call often used at the nest (43). Playback and cross-  
108 fostering experiments have shown that individuals can recognize siblings using the  
109 churr call, and that these calls are learned during development (29). However, whether  
110 churr call similarity is used to assess relatedness when making helping decisions  
111 remains untested.

112 Here, we quantified variation in churr call structure within and between adult long-  
113 tailed tits and determined which sound parameters explained this variation. We also  
114 tested for an association between call similarity and relatedness, and examined whether  
115 degree of vocal similarity influenced helping decisions by analysing the churr call  
116 similarity of helpers to the breeders they helped and to nearby breeders they did not  
117 help. Finally, we investigated whether long-tailed tits helpers adjust their provisioning

118 effort according to how similar their churr calls are to the helped breeders.

## 119 **Methods**

### 120 *Study site and field methods*

121 Fieldwork was carried out on a population of 31-46 breeding pairs of long-tailed tits in  
122 the Rivelin Valley, Sheffield, UK (53°38'N 1°56'W) from 2015 to 2017. The site is  
123 approximately 2.5km<sup>2</sup> and comprises predominantly deciduous woodland, scrub and  
124 farmland. This population of *c.*50 pairs (range: 18 – 72) has been studied extensively  
125 since 1994. The population is open: approximately 40% of breeders hatched in the study  
126 site, and are referred to as 'native' (A. E. Leedale & B. J. Hatchwell, unpublished data),  
127 while the remaining 'immigrant' adults are assumed to have dispersed in to the study  
128 area during their first winter, because individuals show high breeding site fidelity  
129 following their first breeding year (40). Almost all individuals (*c.*95%) were uniquely  
130 colour-ringed for field identification. Native birds were ringed as 11-day old nestlings  
131 and immigrants were captured in mist nests and ringed under British Trust for  
132 Ornithology licence during breeding. A sample of 5-30µl of blood was taken by  
133 brachial venepuncture under Home Office licence. All nesting attempts were closely  
134 monitored to record breeding events and life-history traits such as timing of breeding,  
135 clutch size, incubation period and brood size, and the identity of parents and helpers.  
136 Nest locations were recorded using GPS receivers to an accuracy of 8m. For most nests,  
137 provisioning behaviour was observed every two days from day two of the nestling  
138 period (day 0 = day of hatching; long-tailed tit broods hatch synchronously) to fledging  
139 (typically day 16 or 17) or until nest failure. Most observation periods lasted 1h, during  
140 which the identities and visit rate of all carers were recorded. For further details of

141 provisioning observations, see (27, 39).

142 The churr call is disyllabic, consisting of an initial syllable of one or two unique  
143 elements, followed by a second syllable comprising a single element repeated several  
144 times (44). The churr calls of adult carers were recorded at the nest using a Sennheiser  
145 ME67/K6 shotgun microphone onto a Roland R-05 version 1.03 WAV/MP3 recorder,  
146 with a sample rate of 48kHz, WAV-16bit accuracy, an input level of 60db and a low-cut  
147 frequency of 400Hz. All recordings were made in dry conditions between 06:00 and  
148 18:00 BST. Birds were recorded at a distance of approximately 3-15m, to minimize the  
149 effects of sound degradation and reverberation. Birds were identified by their colour  
150 ring combinations. During recording, bird ID was dictated into the microphone after  
151 each call. In total, 213 recordings were made, containing 1116 churr calls from 98  
152 individuals (mean =  $11.39 \pm 10.24$  SD per bird; range 1 – 42).

### 153 *Bioacoustic analysis*

154 Recordings were digitized with 16-bit accuracy at a sampling rate of 48kHz.  
155 Spectrograms were produced in Avisoft SAS-Lab Pro version 4.52 (Avisoft  
156 Bioacoustics, Raimund Specht, Berlin, Germany) using a 256-point FFT length with a  
157 Hamming window, 100% frame size and 50% window overlap, generating a frequency  
158 resolution of 188Hz and a time resolution of 2.7ms. All recordings were visualized  
159 spectrographically to assess quality. Some background noise was removed using a high-  
160 pass filter of 1.5 kHz, though recordings with extreme background noise were excluded.  
161 The sampling frequency was converted to 22.05 kHz for further analysis. As long-tailed  
162 tit calls range from 2-9kHz, this re-sampling does not affect the acoustic signal. All  
163 useable calls were stored and measured in Luscinia version 2.16.10.29.01

164 (<https://rflachlan.github.io/Luscinia/>).

165 A subset of data was tested for individual repeatability. To determine the minimum  
166 number of calls required to capture individual variation, the cumulative repertoire size  
167 (number of distinct calls, based on number of syllables) was plotted against the number  
168 of calls considered to that point, for 100 churr calls, 10 from each of 10 birds recorded  
169 on at least two days in 2015. The resulting plots generally levelled off before the  
170 number of calls reached six (mean calls needed to reach asymptote =  $5.5 \pm 2.89$  SD,  
171 range 2-10). Therefore, repeatability tests were carried out on all calls from individuals  
172 with recordings of at least six calls from at least two days between 2015 and 2017: 907  
173 churr calls from 54 individuals (mean =  $17.46 \pm 10.02$  SD per bird; range 6 – 42).  
174 Within-individual repeatability was tested using two approaches. The first approach  
175 compared within and between-individual variation in overall call structure using  
176 dynamic time-warping (DTW), implemented in Luscinia. The second tested the  
177 individual repeatability of specific vocal characteristics (defined in Supplementary  
178 Table S1).

179 Dynamic time warping (DTW) is a distance-based programming technique used to  
180 search for an optimal alignment of two signals, which has been implemented for use in  
181 bioacoustics. The algorithm calculates a distance score between signals based on certain  
182 acoustic features, with greater distance meaning lower similarity. The acoustic features  
183 used in the DTW analysis were weighted as: time = 1, fundamental frequency = 2,  
184 change in fundamental frequency = 2, compression factor = 0.1, minimum element  
185 length = 10, time SD weighting = 1, ArcTan transform weight for frequency slope =  
186 0.02, maximum warp = 100%. These settings generated a DTW algorithm that correctly

187 matched visually similar vocalizations, assessed using a dendrogram and  
188 multidimensional scaling plot. This is also in line with previous studies suggesting that  
189 frequency parameters show greater individuality than temporal parameters and are  
190 particularly important for kin recognition in this species (43). Pairwise comparisons of  
191 individual calls generated a matrix of DTW scores for each pair of calls. To compare  
192 call similarity within and between individuals, pairwise comparisons were assigned a  
193 value according to whether the comparison was made between calls from the same  
194 individual (0) or from two individuals (1). The DTW scores were aggregated and mean  
195 call similarity within and between individuals was compared. Since this analysis  
196 contained calls from across years, the measures of call similarity were also compared  
197 within and between years.

#### 198 *Relatedness*

199 Individuals were genotyped at 17 microsatellite loci. Genetic relatedness was estimated  
200 using coefficient of relatedness ( $r_{QG}$ ) (45) in SPAGeDi version 1.1.5 (46). This  
201 relatedness estimate is reliable when tested against our social pedigree (27). For further  
202 details on genotyping, see (47, 48). The population allele frequencies used in analyses  
203 were generated using all genotyped individuals (1994-2017,  $n = 3304$ ) in CERVUS  
204 version 3.0.7 (49) to ensure non-zero frequencies for all alleles. To calculate social  
205 relatedness among dyads, an additive relationship matrix was generated from the social  
206 pedigree (1994-2017,  $n = 3068$ ) in R version 3.5.0 (50), using the nadv package (51).  
207 For further details on social and genetic relatedness estimates, see (38). Hereafter,  
208 genetic relatedness refers to the  $r_{QG}$  coefficients calculated from the microsatellite  
209 markers, whereas kinship refers to social relationships derived from the pedigree.

210 *Call similarity, relatedness and helping*

211 Vocal similarity between individuals (1116 calls from 98 individuals) was quantified  
212 by: (i) DTW analysis, and (ii) the difference in repeatable ( $R > 0.2$ ) acoustic parameters  
213 (Table 2), measured as Euclidean distances using the R package, *spaa* (52). To  
214 investigate how vocal similarity varied with relatedness, we tested for a relationship  
215 between churr call similarity and both genetic relatedness and kinship. For the latter,  
216 three degrees of kinship were considered: first-order ( $r = 0.5$ ), second-order ( $r = 0.25$ ),  
217 or non-kin ( $r < 0.25$ ); non-kin relationships included only those birds for which the  
218 parentage of both birds in the dyad was known.

219 Helpers observed in 2015 – 2017 were related to male but not female parents of the  
220 broods they provisioned (see Results), so our analyses focused on helpers' vocal  
221 similarity to breeding males. If individuals use vocal similarity as a cue to relatedness,  
222 in order to direct helping effort towards close kin, helpers were expected to be more  
223 vocally similar to the breeders they helped than the breeders they did not help. For each  
224 helper, vocal similarity to male breeders at their first chosen nest in a given year ( $n =$   
225 19) was compared with their mean vocal similarity to a sample of potential males  
226 (excluding those helped) nesting within 750m that year ( $n = 272$ ), the range in which  
227 the majority of failed breeders travel to provide help (mean = 337.4m  $\pm$  253.4 SD, 95%  
228 CI = 744.1m,  $n = 220$ ). Helping distance was calculated as the distance between a  
229 helper's last failed breeding attempt and the nest at which they first appeared as a helper  
230 in the same year.

231 To investigate whether helpers use vocal similarity to modify their provisioning effort,  
232 we tested for a relationship between the provisioning rates of helpers and their vocal

233 similarity to the helped males. Because vocal similarity is a putative cue to relatedness  
234 (53), we also tested for a relationship between provisioning rate and relatedness, using  
235 genetic relatedness estimates and kinship from the social pedigree. Although the fitness  
236 consequences of helping depend on genetic relatedness, pedigree data is essential for  
237 understanding how accurately individuals are able to recognize kin, particularly when  
238 the mechanism depends on socially learned cues (29). Provisioning rate was therefore  
239 expected to correlate most strongly with kinship.

#### 240 *Statistical analysis*

241 Statistical analysis was carried out using R version 3.5.0 (50). Overall similarity in call  
242 structure within and between individuals was compared using a generalized linear  
243 mixed-effects model (GLMM) fitted by restricted maximum likelihood (REML) in the  
244 lme4 package (54). The square root of DTW distance score was fitted as the dependent  
245 variable, comparison type (within or between individuals) as a fixed effect and bird ID 1  
246 and bird ID 2 as nested random effects. To test for differences across years, within or  
247 between years was also fitted as a fixed effect and year 1 and year 2 fitted as nested  
248 random effects. Individual repeatability based on call parameters was carried out using  
249 multiple GLMMs in the rptR package (55, 56). Year and ID were set as grouping  
250 variables, allowing for effects of year and ID to be tested. Gaussian models were used to  
251 test the repeatability of continuous variables and Poisson models were used to test the  
252 repeatability of count variables. To test for sex differences in call characteristics,  
253 GLMMs were built with each sound parameter as the dependent variable, sex as a fixed  
254 effect and bird ID and year as random effects. The significance of fixed effects was  
255 reported using Satterthwaite's degrees of freedom in the lmerTest package (57).

256 The relationships between vocal similarity and relatedness among adult breeders were  
257 analysed using Mantel tests based on Spearman correlations of ranked distances with  
258 10000 permutations using the R package, *ecodist* (58). The relatedness of helpers to  
259 breeders that were helped and those that were not helped was compared using a  
260 Pearson's chi-squared test for kinship data and a general linear model fitted in *lme4* for  
261 genetic relatedness estimates. Vocal similarity within observed helper-breeder dyads  
262 was compared to mean vocal similarity within potential dyads for each focal helper  
263 using Wilcoxon signed-rank tests. Significance values were based on two-tailed tests  
264 and sample sizes are reported with the results. The vocal similarity of helpers to: (i)  
265 helped kin, (ii) helped non-kin, and (iii) non-kin that were not helped was compared  
266 using a GLMM fitted with DTW score measured as a continuous variable with a  
267 Gamma distribution and log link, and helper ID as a random effect.

268 To investigate whether helper provisioning rates varied with respect to their vocal  
269 similarity to male breeders, we used linear mixed-effects models fitted by REML.  
270 Genetic relatedness, kinship and vocal similarity were expected to be closely correlated,  
271 so their effect on provisioning rate was analysed in three separate models. In each  
272 model, the provisioning rate of helpers (number of visits/hour) was the response  
273 variable. In the first model, the explanatory variables were: nestling age, brood size,  
274 group size and genetic relatedness, all of which influence the provisioning rates of  
275 helpers (36). In the second model, the explanatory variables were: nestling age, brood  
276 size, group size and kinship. In the third model, the explanatory variables were: nestling  
277 age, brood size, group size and vocal similarity. Genetic relatedness was the  $r_{QG}$   
278 estimate between helpers and male breeders, measured as a continuous variable.  
279 Kinship was the relationship between helpers and male breeders according to the social

280 pedigree (three factor levels:  $r = 0$ ,  $r = 0.25$  and  $r = 0.5$ ). Vocal similarity was the DTW  
281 score of churr calls between helpers and male breeders. Nestling age was measured in  
282 days from hatching (day 0). Brood size was the number of chicks in the nest on day 11,  
283 a good indicator of brood size from hatching because nestling starvation is rare (37).  
284 Group size was the number of adults that provisioned a nest (parents and helpers). Bird  
285 identity and nest identity were included as random effects, to control for non-  
286 independence of repeated observations of feeding rates by the same birds, and repeated  
287 observations of feeding rates at the same nest. All explanatory covariates were initially  
288 included in full models and then dropped sequentially unless doing so significantly  
289 reduced the amount of variance explained, generating three minimum adequate models  
290 containing either genetic relatedness, kinship or vocal similarity as explanatory  
291 variables.

## 292 **Results**

### 293 *Individual repeatability*

294 Visual inspection of spectrograms suggested that churr calls from the same individual  
295 were more similar in acoustic structure than those of different individuals. This was  
296 confirmed quantitatively, because the distance score from DTW for within-individual  
297 comparisons was significantly lower than that for between-individual comparisons  
298 (GLMM, estimate  $\pm$  SE =  $-0.08 \pm 0.008$ ,  $df = 1561$ ,  $t = -9.9$ ,  $p < 0.001$ ; Fig. 1). Whether  
299 comparisons were made between calls recorded in the same or different years did not  
300 affect DTW distance score (GLMM, estimate =  $-0.003 \pm 0.005$ ,  $df = 4917$ ,  $t = -0.65$ ,  $p =$   
301  $0.55$ ). Churr calls were repeatable within individuals based on all of the parameters  
302 tested, with maximum fundamental frequency across the churr call showing the greatest

303 individual repeatability (Table 1). There was no effect of recording year or sex on any  
304 of the parameters tested (Supplementary Table S2-S3).

### 305 *Call similarity, relatedness and helping*

306 Although there was substantial variation in vocal similarity among breeders in all  
307 pedigree categories (Supplementary Fig. S1), churr call similarity correlated with  
308 kinship in several acoustic parameters: DTW score (Mantel test,  $R = -0.06$ ,  $p < 0.01$ ),  
309 difference in mean frequency ( $R = -0.04$ ,  $p = 0.03$ ) and difference in frequency  
310 bandwidth ( $R = -0.04$ ,  $p = 0.03$ ; Fig. 2a, Table 2). In contrast, churr call similarity did  
311 not correlate with genetic relatedness (Fig. 2b, Table 2).

312 Based on the social pedigree 32% (6/19) of helpers in 2015 – 2017 were known first-  
313 order relatives of the male, 16% (3/19) were second-order relatives of the male, and  
314 55% (10/19) were apparently unrelated to the male. Thus, the mean relatedness of  
315 helpers to male breeders from the social pedigree was  $r = 0.19 \pm 0.2$  SD ( $n = 19$ ). The  
316 mean genetic relatedness of helpers to male breeders was  $r = 0.17 \pm 0.2$  SD ( $n = 15$ ),  
317 showing that estimates of kinship from our pedigree closely match genetically estimated  
318 relatedness. In contrast, there were no cases of help given to known female kin, and the  
319 mean genetic relatedness of helpers to females was  $r = -0.04 \pm 0.12$  SD ( $n = 13$ ). As  
320 expected, the kinship between helpers and males that they did not help within 750m was  
321 significantly lower: 10.6% ( $n = 226$ ) of relationships in which kinship was known were  
322 first order kinships, 4.4% were second order kinships, and 84.9% dyads were unrelated  
323 (Pearson's Chi-squared test,  $\chi^2 = 17.3$ ,  $p < 0.001$ ). Likewise, the mean genetic  
324 relatedness of helpers to breeding males within 750m that were not helped was  $r = 0.07$   
325  $\pm 0.18$  SD ( $n = 272$ ), significantly lower than that observed for males that were helped

326 (GLM,  $t = 2.55$ ,  $p = 0.01$ ).

327 The decision of which male to help was positively associated with call similarity, as  
328 predicted. Failed breeders helped males that had more similar churr calls than those they  
329 did not help, based on DTW score (Wilcoxon signed-rank test:  $v = 20$ ,  $n = 19$ ,  $p < 0.01$ ;  
330 Table 3). Furthermore, there was no significant difference in the call similarity of  
331 helpers to helped kin and helped non-kin (GLMM:  $t = -0.29$ ,  $n = 19$ ,  $p = 0.77$ ). In  
332 contrast, call similarity of helpers to non-kin that were helped was significantly greater  
333 than to non-kin that were not helped (GLMM:  $t = -2.52$ ,  $n = 19$ ,  $p = 0.01$ ; Fig. 3). For  
334 full model outputs, see Supplementary Table S4.

335 Finally, we examined whether helper effort was modified according to relatedness  
336 and/or call similarity, analysing the provisioning data that were available for 14 of the  
337 19 cases of helping. These included 41 observation periods of 14 helpers at 11 nests  
338 over 3 years (mean duration of observation =  $180.1 \text{ min} \pm 145.3 \text{ SD}$  per nest, range = 1  
339 – 8h, mean feeding rate (visits per hour) =  $5.05 \pm 2.56 \text{ SD}$  per helper, range = 1 – 10.4).  
340 The provisioning rate of helpers increased with kinship between helper and male  
341 breeder (GLMM:  $\chi^2 = 5.68$ ,  $p = 0.02$ ), an effect that increased with group size (GLMM:  
342  $\chi^2 = 11.61$ ,  $p < 0.001$ ). The provisioning rate of helpers also increased with genetic  
343 relatedness between helper and male breeder when group size was large (GLMM:  $\chi^2 =$   
344  $5.94$ ,  $p = 0.01$ ). In contrast, the vocal similarity between helper and male breeder had no  
345 effect on helper provisioning rate (GLMM:  $\chi^2 = 0.01$ ,  $p = 0.9$ ). For full model  
346 comparisons, see Supplementary Table S5.

## 347 **Discussion**

348 Vocalisations are clearly a critical component of the kin-selected cooperative breeding  
349 system of long-tailed tits. Our results show, along with previous studies, that these calls  
350 are individual-specific (43) and that churr call similarity is positively associated with  
351 kinship (53), although this was the case for the social pedigree but not for genetic  
352 relatedness estimated from microsatellite data. This finding is consistent with previous  
353 experimental studies indicating that churr calls are learned from provisioning adults in  
354 early development (29). The sample of helpers included in this study showed a strong  
355 preference for kin relative to their availability, a finding that is again consistent with  
356 previous observational and experimental studies (35, 38). Importantly, we found that  
357 churr calls offer a potential mechanism to facilitate this kin preference because the calls  
358 of helpers were more similar to males they helped than to those they did not. Moreover,  
359 some helpers assisted unrelated recipients, and we found that call similarity between  
360 helpers and these non-kin recipients was greater than that between helpers and non-kin  
361 they could have helped. By contrast, there was no difference in the call similarity of  
362 helpers to kin and non-kin recipients. Finally, contrary to expectations, we found that  
363 although the provisioning effort of helpers was correlated with kinship, again  
364 supporting the findings of a previous study (27), helper effort was not predicted by call  
365 similarity to the helped male breeder.

366 Previous studies have revealed a strong preference for kin by helpers in long-tailed tits  
367 (35, 38), as reported in many other cooperatively breeding vertebrates (e.g. 13, 20, 24,  
368 30, 59). Studies of other species have also shown that kin recognition is achieved using  
369 vocal cues (e.g. 60-62), and this study provides further direct evidence that vocal  
370 similarity is the mechanism of kin recognition that permits kin-directed helping in long-  
371 tailed tits. However, there remains the persistent puzzle that a significant proportion of

372 helpers in this species help broods to which they are unrelated (27, 38, 41), even though  
373 they appear to gain no benefit from doing so (42). As vocalisations are learned in the  
374 nest, it is possible that helpers (whether related or unrelated) could gain future direct  
375 benefits through increasing the chances of being identified as kin by the grown  
376 offspring of the broods they helped. However, reciprocal helping is rare; in just 3.7%  
377 cases did helpers choose to help breeders that had helped at their natal nest. Indeed, the  
378 high annual mortality rate provides little opportunity for reciprocity from helped broods  
379 (42), and most helping occurs among siblings (27, 35). It therefore seems unlikely that  
380 the opportunity to be identified as kin by helped broods could drive helper decisions.  
381 Instead, our results support an earlier suggestion that this counter-intuitive behaviour  
382 arises from recognition errors (41).

383 The theoretical framework of the acceptance threshold model argues that an actor  
384 categorises conspecifics depending on an acceptance threshold: a degree of template-  
385 phenotype dissimilarity below which it will accept and above which it will reject  
386 conspecifics as kin (6). Our results suggest that long-tailed tits use degree of vocal  
387 similarity to recognise close kin, but also that their threshold for kin discrimination does  
388 lead to acceptance errors, with non-kin sometimes helped despite there being no known  
389 benefit of doing so (38, 41, 42). There are two reasons why long-tailed tit helpers may  
390 be 'generous' with their help and inclined to make acceptance errors. First, although  
391 failed breeders may prefer to help close kin, given that relatives are clustered within the  
392 range that most helping occurs (38), there might still be a reasonable chance of gaining  
393 some indirect fitness by helping an unfamiliar individual because they could be more  
394 distantly related. This suggestion is supported by the finding of Leedale *et al.* (38) that  
395 the frequency of helping second order relatives was as expected from random choice

396 among nearby males. Secondly, Hatchwell *et al.* (41) argued that the costs of helping  
397 are low in long-tailed tits because there is no cost of lost breeding opportunity (all  
398 helpers are breeders that have failed to reproduce successfully) and help is provided for  
399 only a short period during the nestling and post-fledging stage. In contrast, the potential  
400 benefit of helping, via the increased recruitment of relatives is high. Therefore, a  
401 permissive threshold for acceptance of another individual as kin should be selected for  
402 (6). The critical finding from that previous study (41) is that even with low mean  
403 relatedness between helpers and the brood they care for ( $r = 0.17$ ), Hamilton's rule for  
404 the evolution of altruistic helping was satisfied.

405 Our finding that social pedigree was a better predictor of vocal similarity than genetic  
406 relatedness estimates was expected given that churr calls are learned (29). Several other  
407 species of cooperatively breeding birds have family- or group-specific vocalisations that  
408 are also consistent with this mechanism (60, 63-66). Learned kin recognition cues in  
409 any sensory modality are expected to be reliable if they are acquired at a time when  
410 associating individuals are close kin. In long-tailed tits, churr calls develop in the nest,  
411 learned from tutors that are likely to be first-order relatives, increasing vocal similarity  
412 among first-order kin relative to the general population (29). Nevertheless, a continuous  
413 positive correlation between call similarity and relatedness, rather than a threshold  
414 effect, could arise if calls are learned from parents; for example, half-siblings that share  
415 one parent could be less vocally similar than full siblings that share two parents, or  
416 uncles, aunts and even cousins could conceivably retain some family-specific vocal  
417 traits. Although genetic relatedness estimates are reliable when tested against our social  
418 pedigree (27), the variation and overlap in genetic relatedness estimates for first-order,  
419 second-order and non-kin (Supplementary Fig. S1) may explain the weak correlation

420 between vocal similarity and genetic relatedness estimates compared with pedigree  
421 kinship (53).

422 Our results do not exclude a genetic influence on vocal variation; indeed, high  
423 individual repeatability suggests some innate individual differences in long-tailed tits.  
424 Yet, any recognition system that relies entirely on genetically acquired cues may be  
425 susceptible to rejection errors because mutation and recombination would cause even  
426 close kin to be genetically dissimilar at some loci (67, 68). Genetic recognition cues  
427 have been reported in several non-avian taxa (69-71), but in social birds, kin recognition  
428 typically requires a critical period of learning during which recognition templates are  
429 formed (7). However, very little is known about how socially learned recognition cues  
430 develop; for example, which adults act as tutors, or whether offspring can distinguish  
431 between helpers and parents during learning is unknown in any cooperative breeder.  
432 Further investigation into the learning and development of vocal cues in situations  
433 where there are multiple potential tutors is a worthwhile avenue for further study.

434 Familiarity is the most widely supported mechanism of kin recognition in cooperatively  
435 breeding birds (72), with kin association during extended brood care providing the  
436 sensitive period during which reliable recognition templates can form (7). In long-tailed  
437 tits, it is very likely that first-order kin are associated during this crucial period, but  
438 there are instances in which this is not the case. First, extra-pair paternity occurs at low  
439 rates and results in half-siblings being raised together (73). Second, offspring  
440 presumably acquire recognition templates from any second-order kin or non-kin that  
441 helped them as a nestling. Third, pair-bonds that last more than one year may produce  
442 full-siblings that have not been raised together, although the high annual mortality rate  
443 (42), high divorce rate (74) and low probability of successful reproduction (39) together

444 make this a rare event. But, despite these complicating factors, the pattern that long-  
445 tailed tits usually help at the nest of individuals with whom they have had close prior  
446 association (29, 75) supports the idea that familiarity is the principal driver of helping  
447 decisions. Familiarity is also a stronger predictor of cooperative behaviour than genetic  
448 relatedness in Galápagos mockingbirds *Nesomimus parvulus* (24) and Seychelles  
449 warblers *Acrocephalus sechellensis* (26). In the latter species, helpers provision the  
450 offspring of breeding females that provisioned them as a nestling, suggesting the  
451 context of prior association influences helper decisions (76).

452 Although kinship to male breeders explained a considerable amount of the variation in  
453 the provisioning rates of individual helpers, helpers did not adjust their provisioning  
454 rates according to vocal similarity to those breeders, suggesting that churr call similarity  
455 alone is not responsible for the fine-tuning of helping effort in relation to kinship.  
456 Therefore, although vocalisations may convey kinship cues, assessment of relatedness  
457 based solely on degree of call similarity is unlikely. This contrasts with studies of the  
458 bell miner, which identified ‘mew’ call similarity as the cue to relatedness that allows  
459 helpers to make fine-scale adjustments in their provisioning effort (28, 30). However,  
460 whether the reported relationship between provisioning effort and call similarity in bell  
461 miners is continuous or threshold-based is unclear. Bell miners live in complex societies  
462 in which membership of a coterie does not guarantee kinship and there is no evidence of  
463 a period of call learning, suggesting that ‘mew’ calls are innate (30). Such genetically  
464 acquired cues would permit bell miners to recognise relatives in a population where  
465 familiarity does not signal kinship. By contrast, the social structure of long-tailed tits is  
466 relatively simple. The proximity of non-kin and kin of variable relatedness within  
467 breeding populations also necessitates active kin recognition, but the period of more or

468 less exclusive association between close kin in early life provides an opportunity to  
469 learn the identity of kin that is missing in bell miners.

## 470 **Conclusions**

471 Our results indicate that vocal similarity is part of a combination of cues that allows  
472 individual long-tailed tits to recognise familiar individuals. The positive relationship  
473 between provisioning effort and relatedness to the brood may reflect a decision to help  
474 more familiar kin at a higher rate than less familiar individuals that are likely to be more  
475 distant kin. Discrimination based on prior association or familiarity would permit this  
476 adjustment. Regarding the precise cues used for discrimination, whether they are  
477 learned or genetic, a recognition mechanism that depends on variation in a single trait  
478 may be unstable; individuals bearing common cues are more likely to be accepted as kin  
479 than those with rare cues, leading to phenotypic convergence or fixation, and  
480 subsequent breakdown of the recognition system (77). A recognition system based on  
481 multi-component kin ‘signatures’ would be less vulnerable to such processes.

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688 **Table 1.** Repeatability of long-tailed tit churr call parameters based on caller identity (*n*  
 689 = 907 calls from 54 birds).

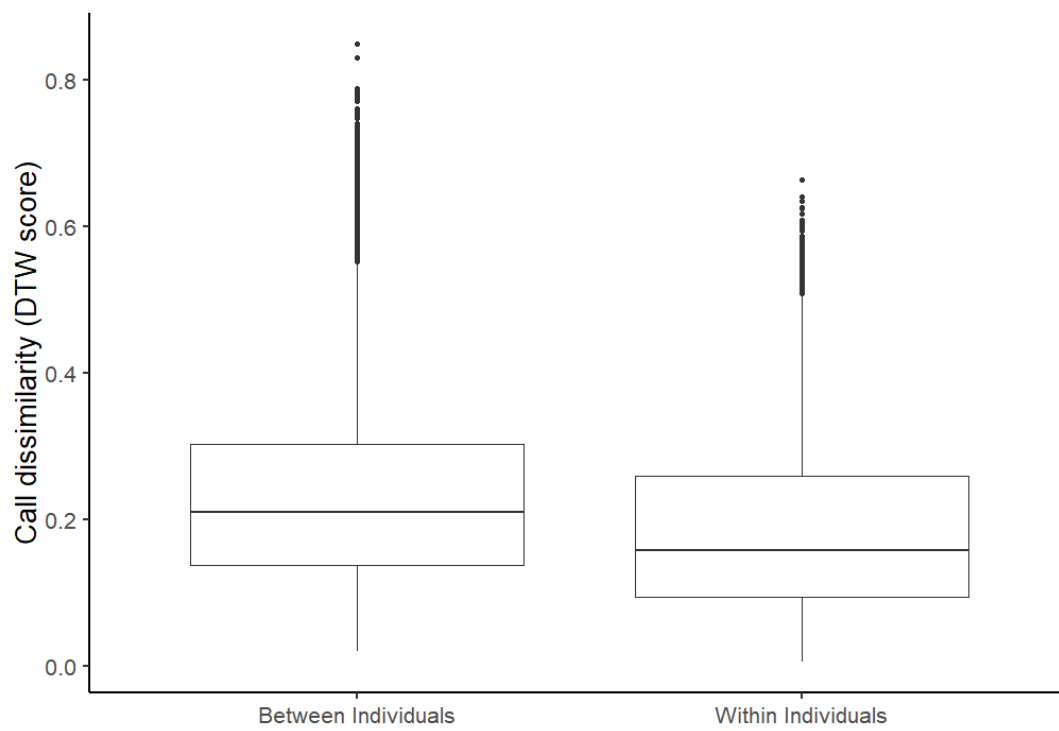
Call parameter	$R \pm SE$	CI	$p$
Duration (ms)	$0.33 \pm 0.05$	0.22, 0.42	< 0.001
Number of repeats	$0.07 \pm 0.02$	0.02, 0.09	< 0.001
Fundamental frequency (Hz)	$0.29 \pm 0.05$	0.19, 0.38	< 0.001
Maximum fundamental frequency (Hz)	$0.5 \pm 0.07$	0.35, 0.61	< 0.001
Bandwidth (Hz)	$0.21 \pm 0.05$	0.13, 0.3	< 0.001
Weiner Entropy	$0.19 \pm 0.04$	0.11, 0.27	< 0.001

690 **Table 2.** The correlation between churr call dissimilarity and relatedness in long-tailed  
691 tits based on dynamic time-warping analysis (DTW) and the difference ( $\Delta$ ) in a range of  
692 acoustic parameters. The results and significance values from Mantel tests are reported  
693 for dyadic comparisons among breeders based on degree of kinship calculated from the  
694 social pedigree ( $n = 80$ ), and genetic relatedness estimates ( $n = 88$ ).

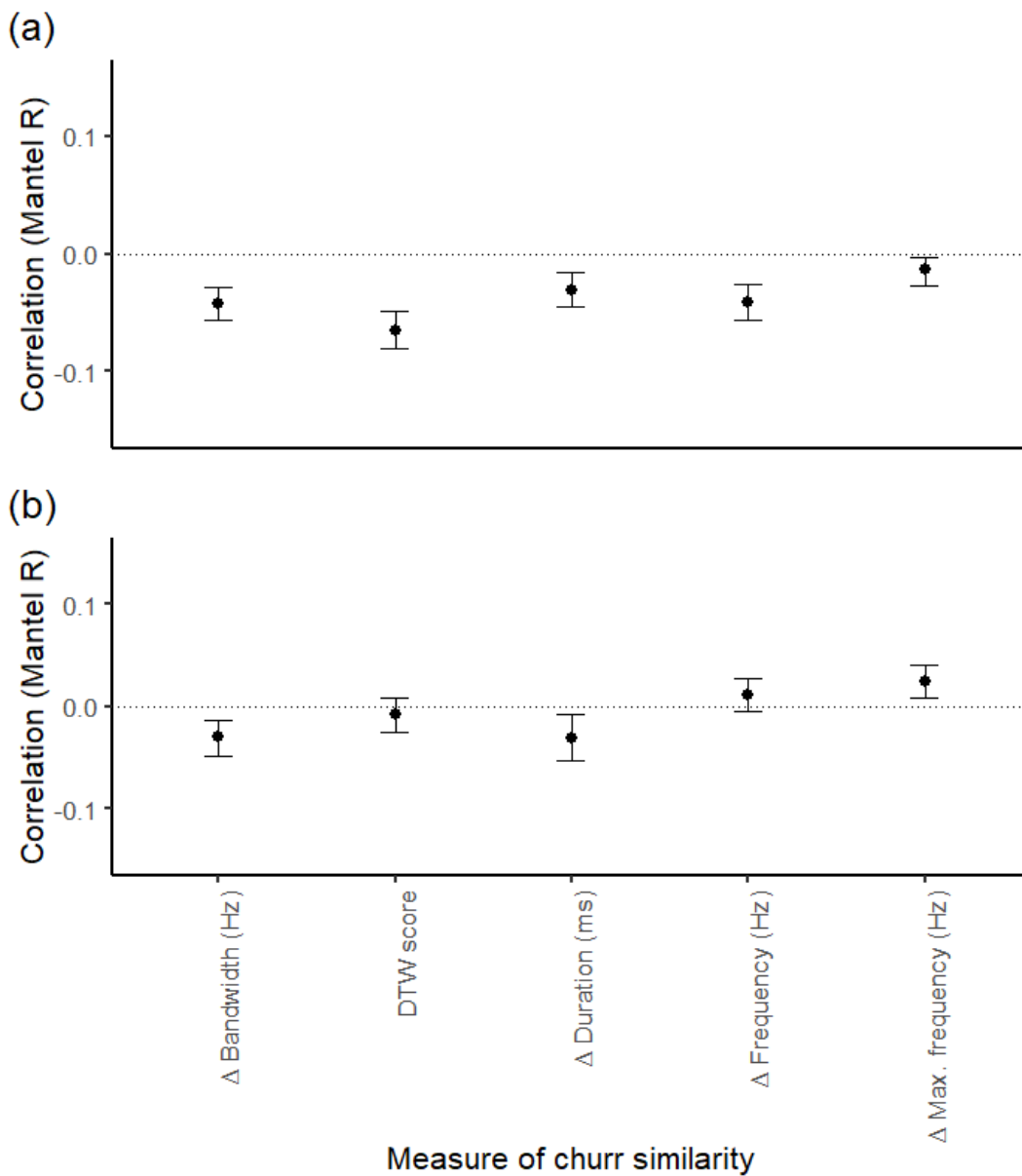
Measure of call dissimilarity	Relatedness variable	Mantel $R$	Lower 5% CI	Upper 95% CI	$p$
DTW	Kinship	-0.06	-0.08	-0.05	0.001
$\Delta$ Bandwidth (Hz)	Kinship	-0.04	-0.05	-0.03	0.028
$\Delta$ Mean Frequency (Hz)	Kinship	-0.04	-0.05	-0.02	0.029
$\Delta$ Max. Frequency (Hz)	Kinship	-0.01	-0.02	0.01	0.500
$\Delta$ Duration (ms)	Kinship	-0.03	-0.04	-0.01	0.116
DTW	Genetic	-0.01	-0.02	0.01	0.819
$\Delta$ Bandwidth (Hz)	Genetic	-0.03	-0.04	-0.01	0.281
$\Delta$ Mean Frequency (Hz)	Genetic	0.01	-0.01	0.02	0.661
$\Delta$ Max. Frequency (Hz)	Genetic	0.02	0.01	0.04	0.278
$\Delta$ Duration (ms)	Genetic	-0.03	-0.05	-0.01	0.227

695 **Table 3.** Dissimilarity of churr calls between helpers and helped male breeders ( $n = 19$ )  
696 compared with the mean call dissimilarity of those helpers to the potential males they  
697 did not help ( $n = 272$ ). Potential males were those breeding within 750m of the helpers  
698 last failed nest in the same year. Call dissimilarity was measured using dynamic time  
699 warping analysis (DTW), and the difference ( $\Delta$ ) in a range of acoustic parameters.

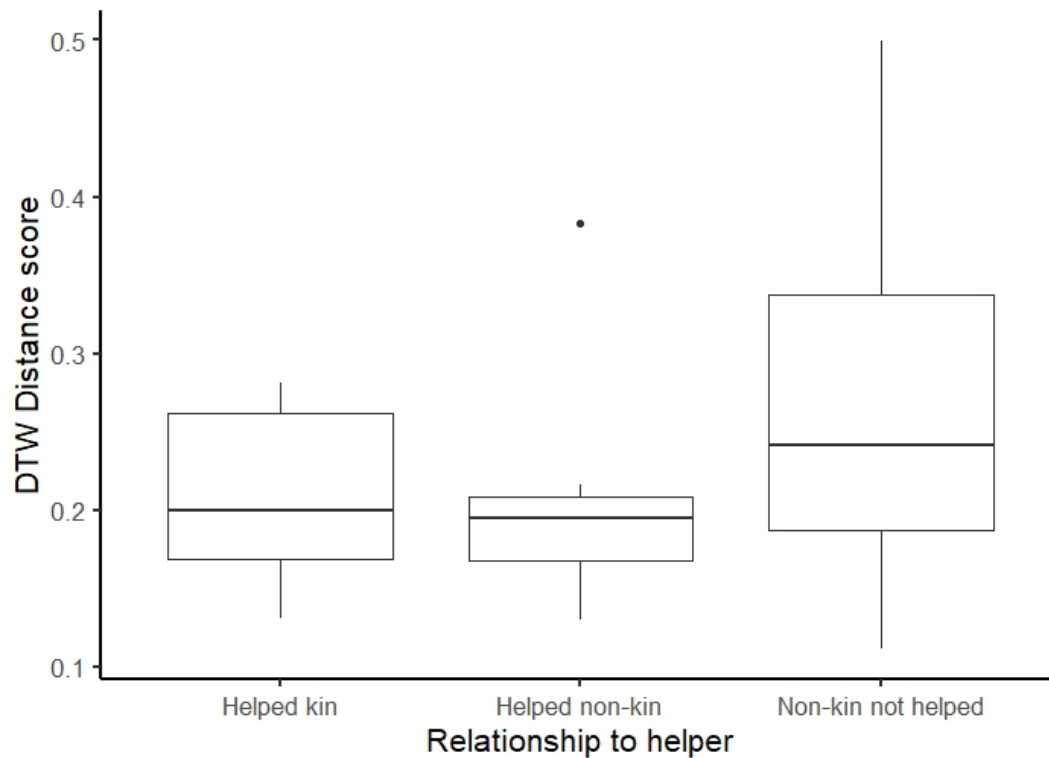
Measure of call dissimilarity	Helped males ( $n = 19$ dyads)	Potential males ( $n = 252$ dyads)	Wilcoxon's signed rank	
	mean $\pm$ SD	mean $\pm$ SD	$\nu$	$p$
DTW score	0.21 $\pm$ 0.06	0.26 $\pm$ 0.06	20	0.002
$\Delta$ Bandwidth (Hz)	149.54 $\pm$ 138.48	193.93 $\pm$ 103.52	61	0.18
$\Delta$ Mean frequency (Hz)	274.07 $\pm$ 207.49	318.93 $\pm$ 117.59	63	0.21
$\Delta$ Maximum frequency (Hz)	243.61 $\pm$ 179.51	326.04 $\pm$ 126.57	47	0.05
$\Delta$ Duration (ms)	25.68 $\pm$ 16.79	30.96 $\pm$ 11.21	60	0.17



700 **Fig. 1.** Dissimilarity of the long-tailed tit churr call ( $n = 907$  calls from 54 birds) within  
701 and between individuals, measured using distance scores generated by dynamic-time  
702 warping analysis in *Luscinia*.



703 **Fig. 2.** The relationship between churr call dissimilarity and relatedness in long-tailed  
 704 tits based on dynamic time-warping analysis (DTW score) and the difference ( $\Delta$ ) in a  
 705 range of acoustic parameters. Mantel R correlations are shown for dyadic comparisons  
 706 among breeders based on (a) degree of kinship calculated from the social pedigree ( $n =$   
 707 80), and (b) genetic relatedness estimates ( $n = 88$ ).



708 **Fig. 3.** Dissimilarity of churr calls among helper-breeder dyads: (i) helpers and related  
709 ( $r \geq 0.25$ ) breeding males they helped ( $n = 9$ ); (ii) helpers and unrelated breeding males  
710 they helped ( $n = 8$ ) and (iii) helpers and unrelated breeding males within helping range  
711 ( $\leq 750\text{m}$ ) that they did not help ( $n = 218$ ). Call dissimilarity was measured using  
712 dynamic time warping analysis (DTW). Boxplots represent median  $\pm$  IQR. A full model  
713 output is reported in Supplementary Table S4.