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## **Appetite Assessment** VAS – Visual Analogue Scale VAS VAS Fasting Oh 1h 2h 3h 4h Post Meal Analysis: GC/LC-MS, NMR **Possible Biological Sample Types** Blood Saliva Urine Feces Cerebrospinal Fluid **Tissue Biopsy** > Appetite Phenotypes ➤ Food / Intervention Responses Targeted/Untargeted **Bioinformatics Approach**