Lived experience in people with inflammatory bowel disease and co-morbid anxiety and depression in the UK and Australia

Antonina Mikocka-Walusa\*, Inna Hanlonb, Madeleine Dobera, Catherine Emersona, Lauren Beswickc, Christian Selingerd, Jo Taylorb, Lisa Olivea, Subhadra Evansa, Catherine Hewittb

*a School of Psychology, Deakin University Geelong, 221 Burwood Highway, Melbourne, 3128 Victoria, Australia*

*b Department of Health Sciences, University of York, Seebohm Rowntree Building, Heslington, York, YO105DD, UK*

*c Department of Gastroenterology, Barwon Health, Bellerine St, Geelong, 3220 Victoria, Australia*

*d Department of Gastroenterology, Leeds Teaching Hospitals NHS Trust, Great George St, Leeds LS1 3EX, UK*

Emails: [mikocka@deakin.edu.au](mailto:mikocka@deakin.edu.au); [ih610@york.ac.uk](mailto:ih610@york.ac.uk); [mrdober@deakin.edu.au](mailto:mrdober@deakin.edu.au); [caemerso@deakin.edu.au](mailto:caemerso@deakin.edu.au); [laurenbeswick@hotmail.com](mailto:laurenbeswick@hotmail.com); [christian.selinger@nhs.net](mailto:christian.selinger@nhs.net); [jo.taylor@york.ac.uk](mailto:jo.taylor@york.ac.uk); [lisa.olive@deakin.edu.au](mailto:lisa.olive@deakin.edu.au); [Subhadra.evans@deakin.edu.au](mailto:Subhadra.evans@deakin.edu.au); [catherine.hewitt@york.ac.uk](mailto:catherine.hewitt@york.ac.uk)

\*Corresponding author: 221 Burwood Highway, Burwood, 3125 VIC, Australia, tel. 0061 3 924 68575, email: [mikocka@deakin.edu.au](mailto:mikocka@deakin.edu.au)