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1 **Preliminary study on the relationship between aflatoxin-bovine serum albumin adducts**
2 **in blood and aflatoxin M1 levels in milk of dairy cows**

3
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21

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27 would like to thank Christopher Wild (IARC, Lyon, France) for providing the aflatoxin-Cl₂-
28 BSA polyclonal antibody. It was the essential substance for our study.

29

30 **Abstract**

31 The aflatoxin (AF) albumin adduct is often used as a biomarker for aflatoxin exposure in
32 humans. An ELISA method previously used for aflatoxin serum albumin in human blood was
33 used to analyse bovine serum samples (n=22) collected from dairy cattle during an aflatoxin
34 mitigation study in Kenya. Albumin adduct data were compared with aflatoxin M₁ (AFM₁)
35 levels in corresponding milk samples from these cows. The concentration ranged from < LOD
36 to 487.9 pg/mL for AFM₁ and < LOD and 96.3 pg/mg for aflatoxin albumin. This study
37 indicates that aflatoxin albumin adducts could be used as a measure of chronic aflatoxin
38 exposure in dairy cattle.

39

40 **Keywords:** Aflatoxin albumin adduct, biomarker, aflatoxin M₁, ELISA, dairy cow

41

42 **Introduction**

43 Aflatoxin B₁ (AFB₁) is the most potent mycotoxin for both humans and animals, and is
44 recognised as a human liver carcinogen (IARC, 2002). The metabolism of AFB₁ to the
45 biologically reactive AFB₁-8,9-epoxide leads to the formation of mutagenic DNA adducts,
46 which are key to the carcinogenic process (Eaton et al. 1994). In addition, the epoxide can be
47 hydrolyzed to form AFB₁-dialdehyde, which reacts with the amino group of lysine (ϵ -
48 position) in serum albumin to yield the aflatoxin albumin adduct in blood (Guengerich et al.
49 2002; Sabbioni 1990). Hydroxylation of AFB₁ in the liver (Dohnal et al. 2014), yields AFM₁,
50 which is excreted in urine and milk of humans and dairy animals. Although AFM₁ is much
51 less potent than AFB₁, exposure of breastfed infants or dietary exposure from cow milk is
52 another source of aflatoxin exposure. Both aflatoxin-albumin and urinary AFM₁ have been
53 validated as biomarkers against dietary intake of AFB₁ in human populations from high
54 exposure regions (Wild et al, 1992, Routledge et al, 2014, Chen et al, 2017). Aflatoxin-

55 albumin is seen as a marker of more chronic exposure due to the long half-life time of the
56 albumin in blood, whilst AFM₁ in urine is useful as a marker of very recent exposure.
57 Consequently, aflatoxin-albumin has been used as a biomarker of human aflatoxin exposure
58 in many studies (Turner et al. 2012; Xu et al. 2018). As aflatoxin human serum albumin (AF-
59 HSA) has been useful at measuring chronic exposure in humans we have tested whether
60 aflatoxin bovine serum albumin (AF-BSA) would be useful in measuring chronic exposure in
61 cattle. While AFM₁ residues in milk are not detectable four to five days after toxin
62 administration (Applebaum and Marth 1981; Chopra et al. 1999), AF-BSA could be still
63 detectable due to the longer half-life of albumin (20.7 ± 1.1 days). To our best knowledge, the
64 analysis of AF-BSA in bovine blood was not performed before.
65 In many of the studies of human aflatoxin exposure, an ELISA developed by Chapot and
66 Wild (1992) has been used to detect AF-HSA. This ELISA uses a rabbit polyclonal antibody
67 that was raised against Aflatoxin-Cl₂-BSA and shows reproducible reactivity with aflatoxin-
68 albumin. Here, we have used this assay to measure AF-BSA in bovine serum samples.

69

70 **Material and Methods**

71 *Sample collection*

72 Farms for sampling dairy cows were recruited from an ongoing trial on aflatoxin mitigation in
73 Kenya. All participating farmers were briefed about the purpose of the project and gave
74 written informed consent. The farms were located in Kasarani, in peri-urban Nairobi, where
75 smallholder farmers hold an average of six dairy animals, almost exclusively exotic breeds or
76 crossbreeds, and producing on average a total of 27 litres of milk per day per farm (Kagera et
77 al. 2019). The animal sampling had ethical approval from the Institutional Animal Care and
78 Use Committee (IACUC) at the International Livestock Research Institute (IACUC 2017.03).
79 At the time of sampling, blood was collected from a jugular vein of the cow, and a milk

80 sample was also collected. Samples were kept in a cool box with ice packs to keep the
81 samples as cool as possible during transport. The blood samples were centrifuged and the
82 serum aliquoted. Serum samples were transported to Leeds on dry ice and kept frozen at -
83 20 °C until analysis.

84

85 *Analysis of AFM₁ in milk*

86 The analysis of AFM₁ was performed with a commercial enzyme-linked immunosorbent
87 assay (ELISA, Helica Biosystems Inc., Santa Ana, CA, United States, Catalogue No.
88 961AFLM01M-96) according to the manufacturer's instructions (Senerwa et al. 2016). A
89 detailed evaluation of the ELISA kit was published by our partner (Imtiaz and Yunus, 2019).
90 In brief, thawed milk was centrifuged at 2,000 g for five minutes to induce separation of the
91 upper fatty layer. The upper fatty layer was removed and the lower plasma was used in the
92 assay. Standards and samples (200 µL) were aliquoted to the pre-coated plates in duplicate.
93 After incubation and washing, 100 µL of conjugate was added. After 15 minutes incubation
94 and washing, 100 µL of enzyme substrate was added to each well and incubated for 15
95 minutes before adding 100 µL of stop solution. The optical density of each microwell was
96 read using a microplate reader at 450 nm and the level of AFM₁ in each well was calculated
97 using a logarithmic standard curve, with the average of the duplicates used as the result. The
98 ELISA used had a lower limit of detection of 2 pg/mL. Samples exceeding the highest
99 standard (100 pg/mL) were diluted and re-tested.

100

101 *Analysis of aflatoxin-albumin adduct in blood serum*

102 Samples of BSA were analysed for AF-BSA according to the method published by Chapot
103 and Wild (1991) for the analysis of AF-HSA. In outline, this analysis is performed in four
104 steps: albumin extraction and quantification, hydrolysis of albumin with pronase, purification
105 of aflatoxin-albumin residues and the competitive ELISA. The ELISA involves the pre-

106 mixing of standards, samples or controls with the rabbit anti aflatoxin-Cl₂-BSA polyclonal
107 antibody (a gift from Christopher Wild, IARC), followed by direct ELISA in which remaining
108 unbound antibody can bind to aflatoxin ovalbumin on the surface of the ELISA plate well.
109 After washing, the bound primary antibody is detected by incubation with an enzyme labelled
110 goat anti-rabbit secondary antibody. Bovine and human control samples (both blank and
111 spiked with aflatoxin-albumin produced by reaction of the albumin with AFB₁-8,9-epoxide
112 prepared in our laboratory) were examined in each experiment. Additionally, the extractions
113 were repeated using random samples (n=6) in order to ensure reproducibility of data.
114 The specific procedures involved the following steps. An aliquot of 200 µL serum was heated
115 at 56 °C in a water bath and saturated ammonium sulphate (300 µL) was added dropwise after
116 cooling the sample on ice. After centrifugation, the supernatant was removed and adjusted to
117 pH 5 with 1M acetic acid to precipitate the albumin. After another centrifugation, the
118 supernatant was discarded and the albumin pellet was redissolved in phosphate buffered
119 saline (PBS). After that, the extracted albumin was quantified using a BIO-RAD protein assay
120 dye reagent (Bradford-test, BIO-RAD, Watford, UK) and human serum albumin (Sigma,
121 Gillingham, UK) as standard. For that purpose, 40 µL of filtered Bio-rad reagent were
122 pipetted into each well of a 96 well microplate. A volume of 160 µL of samples or protein
123 standards (n=8, calibration range 0 – 30 µg/mL) were added and mixed. All samples and
124 standards were immediately measured in duplicate at 620 nm.
125 An aliquot equivalent to 2 mg albumin was incubated with pronase overnight in a water bath
126 at 37 °C to hydrolyse the albumin. 100 µl BSA (containing 10 mg BSA) was added to exhaust
127 the rest of the pronase and the proteins were precipitated by adding 1.8 mL cold ethanol. The
128 samples were left at -20 °C for at least two hours. After centrifugation, the supernatant was
129 diluted with PBS to reduce the final ethanol concentration to < 5 %. The extracts were
130 purified with Sep-pak C-18 cartridges (Waters, MO, USA) using an eight-channel peristaltic
131 pump. After loading the hydrolysed sample, the cartridges were washed with distilled water

132 and 5 % methanol. The aflatoxin-lysine residues were eluted with 80 % methanol, dried
133 overnight and finally reconstituted in 0.5 mL PBS. AF-BSA was determined using a
134 competitive inhibition ELISA with AFB₁-ovalbumin (self-prepared) as coating antigen and
135 AFB₁-lysine (self-prepared) as the inhibitor for standard curve generation. A 96-well plate
136 (high binding, Greiner bio-one, Stonehouse, UK) was coated with 50 µL AFB₁-ovalbumin per
137 well. After drying overnight at 37 °C the plate was washed five times with PBS + 0.05 %
138 Tween 20. Afterwards, a volume of 200 µL/well of freshly prepared 5 % milk solution
139 containing dried skimmed milk powder (Marvel, London, UK) in PBS (pH 7.4) was added
140 and incubated for one hour in the dark at room temperature, followed by washing five times.
141 Samples, controls or standards were premixed with the primary anti-aflatoxin antibody in 1:1
142 volume and incubated in the dark at room temperature for 30 minutes. Samples etc. were then
143 added to the corresponding wells in the ELISA plate. The plate was incubated for 90 min
144 protected from light and washed five times with PBS Tween 20. Afterwards, the secondary
145 antibody (goat anti-rabbit IgG peroxidase labelled antibody, Sigma, Gillingham, UK) was
146 added. After incubation (90 min in the dark) and washing, 50 µL of TMB peroxidase
147 substrate/well (3,3',5,5'-Tetramethylbenzidine (Sigma, Gillingham, UK) in citrate buffer pH5)
148 were added and incubated at 37 °C for 20 min. To terminate the enzymatic reaction, 50 µL of
149 1M HCl was added and the absorbance of the yellow product was read at 450 nm.
150 The detection limit (LOD) was 3 pg AF-lysine equivalents per mg BSA and each ELISA
151 included three positive and one negative control samples for quality control. All samples were
152 measured in duplicate for each ELISA batch and repeated at least two times on separate days
153 to confirm the results. Results were accepted when values within each ELISA had a %CV
154 below 10 % and samples tested on separate occasions had a %CV below 15 %. If samples lay
155 above the linear part of the standard curve the ELISA was repeated at a suitable dilution. For
156 data presentation, the dilution factor as well as a conversion factor of 4.57 (AF-lysine to AF-
157 BSA) was taken into account.

158

159 *Analysis of serum albumin*

160 Serum albumin was directly determined in serum with a photometric measurement system
161 (Eurolyser VET CCA, Salzburg, Austria). The used commercial kit (Greiner Diagnostic
162 GmbH, Bahlingen, Germany) based on the formation of a coloured complex with
163 bromocresol green in an acidic environment. The lower LOD is defined as 0.3 mg/mL.

164

165 *Calculation and statistics*

166 Values under LOD were set to zero before statistical analysis using Statistica 64 (TIBICO
167 Software Inc., Version 13.0, 2017). The data were not normally distributed which was tested
168 with the Shapiro-Wilk test and were therefore expressed as median, minimum and maximum.
169 The relationship between AF-BSA and AFM₁ in milk was analysed by linear regression
170 analysis using Statistica software package.

171

172 **Results and Discussion**

173 Due to the reaction of the metabolised AFB₁-dialdehyde with the amino group of lysine in
174 serum albumin, aflatoxin albumin can be analysed in blood as a biomarker of AFB₁ exposure.
175 Here, we have applied an ELISA method that has been used to assess AF-HSA levels in
176 numerous populations over many years (Gong et al. 2004; Wild et al. 1990; Xu et al. 2018) to
177 the measurement of AF-BSA levels from exposed cattle and compare this biomarker with the
178 well-established biomarker AFM₁ in milk. Although the ELISA has been mainly applied to
179 the measurement of AF-HSA, this method has previously shown a dose response of aflatoxin-
180 albumin in serum from aflatoxin exposed pigs (Meissonnier et al. 2008). In our pilot study,
181 samples from Kenyan cattle (n=22) were selected due to the higher risk of aflatoxin
182 contamination. The serum albumin concentration of each sample was measured (Eurolyser

183 method) as an indicator of animal health status and to exclude any influence of albumin
184 concentration influence on the AF-BSA concentration. The albumin concentration ranged
185 between 27.7 and 35.5 mg/mL with a median of 31.4 mg/mL. The reference range for
186 ruminants is specified as between 30 to 42 mg/mL (Kraft and Dürr 2005), so we conclude that
187 the cows had a healthy status. Slight fluctuations can be justified by different ages or breed of
188 the sampled cows.

189 The analysed AFM₁ concentration in milk ranged between <LOD and 487.9 pg/mL (median
190 60.1 pg/mL, see supplementary material). The AFM₁ concentration in milk is regulated by the
191 European Commission with a maximum limit of 0.05 µg/kg (equivalent to 51 pg/mL;
192 European Commission 2006). Thus, about 60 % of the analysed milk samples exceeded the
193 upper limit of the European Commission. The maximum value was 9.6-fold higher than the
194 set upper limit. These AFM₁ concentrations are in accordance with Kenyan data reported in
195 the year 2009 (Kang'ethe and Lang'a 2009), where over 600 milk samples were analysed
196 (range 5 to 780 pg/mL). Depending on the types and location of farms from which samples
197 were taken, up to 55.6 % of the positive samples in that study exceeded the AFM₁ regulations.
198 Further surveys in Morocco and Ethiopia reported exceedances of the AFM₁ European
199 Commission maximum limit in raw milk samples (El Marnissi et al. 2012; Gizachew et al.
200 2016). However, the occurrence of AFM₁ is a worldwide problem and is not only related to
201 climatic and geographic differences. The various agriculture systems including the global
202 trade of feedstuffs, feeding types and storage conditions can influence the amount of AFM₁
203 (Galvano et al. 1996; Iqbal et al. 2015).

204 The AF-BSA concentration in serum samples from the 22 Kenyan cows ranged between <
205 LOD and 96.3 pg/mg (median 20.3 pg/mg, see supplementary material), with only one sample
206 having an AF-BSA concentration below the detection limit. The AFM₁ concentration in milk
207 of the same cow was also lower than the LOD. Figure 1 shows the datasets of AF-BSA (x-
208 axis) and AFM₁ (y-axis). To get a first impression, a linear regression with prediction

209 intervals was included. It may be supposed that about 70 % of the variation (coefficient of
210 determination ($r^2 = 0.69$)) of the values can be explained by this relationship. The significant
211 slope of the linear regression between AF-BSA and AFM₁ would suggest that the AFM₁
212 concentration in milk increases by about 4 pg/mL when the AF-BSA concentration increases
213 in blood by 1 pg/mg.

214 However, the dataset is very limited and the range above 60 pg/mg BSA or 200 pg AFM₁/mL
215 contains only two samples. If the relationship between biomarker is regarded without these
216 two samples, the coefficient of determination is lowered to 0.33.

217 Considering the individual animal and analytical variation, it can be assumed that the number
218 of samples is not sufficient to evaluate the relationship of both biomarkers. However, AF-
219 BSA should be investigated further as a marker for chronic aflatoxin exposure relating to
220 animal health. In rats, it was shown that the level of binding to serum albumin reflects the
221 level of AF bound to liver DNA (Wild et al. 1986). Thus, in regions of high exposure, it may
222 be that the concentration of AF-BSA is inversely related to animal health.

223 In summary, AF-BSA as well as AFM₁ in milk was analysed in 22 bovine samples, which
224 were collected from a trial on aflatoxin mitigation in Kenya. About 60 % of the cows
225 exceeded the maximum limit of AFM₁ in milk of the European Commission, which reflects
226 the present problem regarding aflatoxin in food and feed in African countries. Furthermore,
227 there was a relationship shown between AFM₁ and AF-BSA, albeit from a limited dataset.
228 However, AF-BSA is a chronic marker that should be evaluated further with regard to animal
229 health, especially as climate change may lead to increased occurrence of aflatoxin in animal
230 feeds. Further evaluation of AF-BSA in controlled studies with supplemented data regarding
231 the nutritional and health status of the cows is recommended.

232

233 **Conflicts of Interest:** None.

234

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324 List of Figures

325

326 **Fig 1** Linear relationship between the aflatoxin albumin adduct (AF-BSA) concentration in
327 blood serum and aflatoxin M₁ (AFM₁) concentration in milk of Kenyan dairy cows (n=22,
328 $AFM_1 [pg/mL] = -17.54 + 4.24 \cdot AF-BSA [pg/mg]$ ***, $r^2 = 0.69$, *** $p < 0,001$; and the
329 prediction interval (dashed line, $\alpha = 0.05$)