--------- Forwarded message ---------  
From: **PLOS ONE** <[em@editorialmanager.com](mailto:em@editorialmanager.com)>  
Date: Wed, 11 Sep 2019 at 17:43  
Subject: Notification of Formal Acceptance for PONE-D-19-11016R1 - [EMID:3707a5782a98e8c8]  
To: Caroline Fairhurst <[caroline.fairhurst@york.ac.uk](mailto:caroline.fairhurst@york.ac.uk)>

You are being carbon copied ("cc:'d") on an e-mail "To" "Lindsay Bottoms" [l.bottoms@herts.ac.uk](mailto:l.bottoms@herts.ac.uk);[lindsaybottoms@gmail.com](mailto:lindsaybottoms@gmail.com)  
CC: "Dean Leighton" [d.leighton@qmul.ac.uk](mailto:d.leighton@qmul.ac.uk), "Roger Carpenter" [r.carpenter@uel.ac.uk](mailto:r.carpenter@uel.ac.uk), "Simon Anderson" [simon.anderson@gstt.nhs.uk](mailto:simon.anderson@gstt.nhs.uk), "Louise Langmead" [louise.langmead@bartshealth.nhs.uk](mailto:louise.langmead@bartshealth.nhs.uk), "John Ramage" [john.ramage@hhft.nhs.uk](mailto:john.ramage@hhft.nhs.uk), "James Faulkner" [james.faulkner@winchester.ac.uk](mailto:james.faulkner@winchester.ac.uk), "Elizabeth Coleman" [izzy.coleman@york.ac.uk](mailto:izzy.coleman@york.ac.uk), "Caroline Fairhurst" [caroline.fairhurst@york.ac.uk](mailto:caroline.fairhurst@york.ac.uk), "Michael Seed" [m.p.seed@uel.ac.uk](mailto:m.p.seed@uel.ac.uk), "Garry Tew" [garry.tew@northumbria.ac.uk](mailto:garry.tew@northumbria.ac.uk)  
  
PONE-D-19-11016R1  
Affective and Enjoyment Responses to 12 weeks of High Intensity Interval Training and Moderate Continuous Training in Adults with Crohn’s Disease  
  
Dear Dr. Bottoms:  
  
I am pleased to inform you that your manuscript has been deemed suitable for publication in PLOS ONE. Congratulations! Your manuscript is now with our production department.  
  
If your institution or institutions have a press office, please notify them about your upcoming paper at this point, to enable them to help maximize its impact. If they will be preparing press materials for this manuscript, please inform our press team within the next 48 hours. Your manuscript will remain under strict press embargo until 2 pm Eastern Time on the date of publication. For more information please contact [onepress@plos.org](mailto:onepress@plos.org).  
  
For any other questions or concerns, please email [plosone@plos.org](mailto:plosone@plos.org).  
  
Thank you for submitting your work to PLOS ONE.  
  
With kind regards,  
  
PLOS ONE Editorial Office Staff  
on behalf of  
  
Dr. Gordon Fisher   
Academic Editor  
PLOS ONE  
  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
In compliance with data protection regulations, you may request that we remove your personal registration details at any time.  (Use the following URL: <https://www.editorialmanager.com/pone/login.asp?a=r>). Pleas