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1 2 Can inferencing be trained in preschoolers using shared book reading? A randomised 3 controlled trial of parents' inference-eliciting questions on oral inferencing ability. Catherine DAVIES<sup>1</sup>, Michelle MCGILLION<sup>2,3</sup>, Caroline ROWLAND<sup>4,5</sup>, & Danielle 4 MATTHEWS<sup>2</sup> 5 6 <sup>1</sup>University of Leeds, UK: <sup>2</sup>University of Sheffield, UK: <sup>3</sup>University of Warwick, UK: <sup>4</sup>ESRC 7 LuCiD Centre & Department of Psychological Sciences, University of Liverpool, UK; <sup>5</sup>Max 8 Planck Institute for Psycholinguistics, Nijmegen, The Netherlands 9 **Address for correspondence** 10 Catherine Davies, School of Languages, Cultures and Societies, University of Leeds, LS2 11 12 9JT. c.n.davies@leeds.ac.uk 13 14 15 Acknowledgments 16 This research was supported by ESRC grant ES/M003752/1. The authors thank the families 17 for their participation, and Kiera Solaiman, Charlotte Rowley, Annalise Guild, Lauren 18 Lofthouse, Katie Gascoigne, Hannah Putrus, Rachael Staunton, and Jonathan Turner for 19 assistance with collecting and coding data. They also thank Dr Tim Heaton for conducting 20 the randomisation, Dr Jamie Lingwood for assistance with CLAN, Dr Paula Clarke for 21 comments on an earlier draft, and members of the shared book reading grant team for advice 22 and support. CR is also supported by the ESRC International Centre for Language and 23 Communicative Development (LuCiD; ES/L008955/1). The authors have declared that they 24 have no competing or potential conflicts of interest in relation to this article. 25 26 **Keywords** 

27 Randomised controlled trial; inferencing; language intervention; oral language; shared book28 reading.

- 29
- 30

31	Abstract
32	The ability to make inferences is essential for effective language comprehension. While
33	inferencing training benefits reading comprehension in school-aged children (see Elleman,
34	2017 for a review), we do not yet know whether it is beneficial to support the development of
35	these skills prior to school entry. In a pre-registered randomised controlled trial, we evaluated
36	the efficacy of a parent-delivered intervention intended to promote 4-year-olds' oral
37	inferencing skills during shared book reading. One hundred children from socioeconomically
38	diverse backgrounds were randomly assigned to inferencing training or an active control
39	condition of daily maths activities. The training was found to have no effect on inferencing.
40	However, inferencing measures were highly correlated with children's baseline language
41	ability. This suggests that a more effective approach to scaffolding inferencing in the
42	preschool years might be to focus on promoting vocabulary to develop richer and stronger
43	semantic networks.

## 44 The importance of inferencing skills

45 To make sense of language, children must make inferences. For example, they may 46 need to infer what a pronoun (e.g., it) refers to, or why a protagonist in a story acted in a 47 certain way, based on information distributed through the discourse. Inferencing skills are 48 crucial for language comprehension because speakers and writers leave much of the content 49 of their messages implicit. For example, on hearing that a character entered a room and 50 turned on her torch, good comprehenders readily infer that the room was dark. In this case the 51 missing information is provided by general world knowledge, which is integrated with 52 information from the discourse as it unfolds. In this study, we evaluate the efficacy of a novel 53 language intervention intended to promote 4-year-olds' oral inferencing skills. This parent-54 delivered intervention was designed to prompt children's inferential thinking by giving them practice in answering inferencing questions during shared book reading. 55

56 Inferencing skills allow comprehenders to construct a full and accurate representation 57 of texts by linking events and working out causes and consequences of actions to create a 58 coherent mental representation. Without good inferencing skills that draw from knowledge 59 removed from the here-and-now to fill in implicit information, we cannot make sense of 60 extended discourses such as narratives or instructions. When children start school, they face a 61 sharp increase in the amount and range of decontextualized language they hear (Hindman, 62 Connor, Jewkes, & Morrison, 2008; Rowe, 2013), meaning that inferencing skills are in 63 greater demand. Given the importance of good oral language at school, improving inferential 64 language during the preschool years is likely to benefit school readiness when children start 65 formal primary education. Strong inferencing skills across oral and written modalities can help enable a child to fully access the curriculum. More broadly, current educational policy 66 67 emphasises the need for greater language comprehension skills (Law et al., 2017; Oxford 68 University Press, 2018), so inferencing remains a priority in primary education.

69 As children progress through the primary school years, inferencing becomes 70 particularly important for reading comprehension and for related academic success. Indeed, 71 much of the literature on inference-making comes from studies of reading comprehension 72 (e.g., Cain & Oakhill, 1999; McGee & Johnson, 2003; Silva & Cain, 2015; Yuill & Oakhill, 1988; see Elleman, 2017 for a meta-analytic review). Several studies have found that children 73 74 with poor reading comprehension are less likely to make inferences when reading than those with good comprehension (Cain & Oakhill, 1999; Oakhill, 1984), and a range of approaches 75 76 including classroom-intervention and individual differences methodologies have reinforced 77 the link between inferencing and reading comprehension. Text-based inference training has 78 been effective in enhancing comprehenders' reading abilities (Bos, De Koning, Wassenburg, 79 & van der Schoot, 2016; McGee & Johnson, 2003; Yuill & Oakhill, 1988; though note that 80 these studies are not randomised controlled trials), and latent inferencing skill has been found 81 to predict reading comprehension (Cain & Oakhill, 1999; Oakhill & Cain, 2012; Silva & 82 Cain, 2015). More broadly, higher-level comprehension processes including inferencing 83 account for unique variance in reading comprehension (Language and Reading Research 84 Consortium [LARRC], 2017). Thus, there is a good evidence base showing that good text-85 based inferencing abilities provide a firm basis for later reading success.

# 86 Training inferencing skills

Although several studies have shown that it is possible to train inferencing in schoolaged children to improve reading comprehension (Bos et al., 2016; Clarke, Snowling, Truelove, & Hulme, 2010; McGee & Johnson, 2003, Yuill & Oakhill, 1988), very little is known about whether and how inferencing can be supported earlier on. Given the strong link between inferencing and reading skills, oral inferencing in the preschool years should help with the later demands of formal literacy education. Inferencing practice may also provide early protection to children at risk of becoming poor comprehenders, since a proportion of

94	children may start school at risk of reading difficulties "not because they have problems with
95	decoding or literal comprehension (although they may have these difficulties, too), but
96	because they have not had extensive exposure to text inferencing that supports later, higher
97	levels of literacy" (van Kleeck, 2006, p. 279). Although there have been many arguments in
98	favour of promoting language skills in the preschool years and successful interventions for
99	doing so (e.g., Burgoyne, Gardner, Whiteley, Snowling, & Hulme, 2018), and although
100	inferencing skills for oral language have been monitored in the preschool years (e.g.,
101	Filiatrault-Veilleux, Bouchard, Trudeau, & Desmarais, 2016; Das Gupta & Bryant, 1989;
102	Pyykkönen, Matthews, & Järvikivi, 2010; Schulze, Grassmann, & Tomasello, 2013), how
103	those skills can be strengthened before children learn to read is currently unknown.
104	In a cross-sectional study with 4- to 6-year-olds, Florit, Roch, and Levorato (2011)
105	found that inferencing skills play a specific role in oral language comprehension. In
106	preschoolers, only three studies to our knowledge have explored whether it is possible to train
107	inferencing skills - one educational and two clinical. First, in a 3-year, quasi-experimental
108	(i.e., non-randomised) study beginning when a large sample of children were almost 4 years
109	of age, Bianco et al. (2010) found improved oral comprehension as a result of regular, long-
110	term, explicit, well-defined, comprehension-focused activities including inferencing.
111	However, this study in preschools had a broader focus on comprehension skills more
112	generally and thus we do not yet know which activities specifically supported inference-
113	making. Second, in an 8-week oral inferencing training programme with preschoolers with
114	language impairment, van Kleeck, Vander Woude, and Hammett (2006) reported that their
115	training group outperformed non-intervention controls on receptive and inferential language
116	(though with a small sample size of 15 children in each of the two groups). More recently, in
117	a small-group book sharing intervention with Australian pre-primary 5- to 6-year-olds with
118	developmental language disorder, randomised controlled trial found that children who had

undergone oral inferential comprehension training (n = 19) showed an increase in inferential
comprehension scores immediately after the 8-week intervention, maintained 8 weeks later.
This group also scored higher than the control group for inferential comprehension on a postintervention assessment of their ability to generalise inferential skills to new narrative
contexts (Dawes, Leitão, Claessen, & Kane, 2019).

124 Although these three studies provide tentative evidence that building inferencing 125 skills can improve oral language comprehension, and that inferencing ability can be trained 126 under certain conditions during the preschool years, it is difficult to draw conclusions due to 127 the diverse nature of the populations and the methodologies used. Until now, no study has 128 investigated whether focused practice in inferencing, delivered as part of typically developing 129 preschoolers' regular activities at home, will lead to improved inferencing skill in a large and 130 diverse sample. Evidence from such a study would have clear implications for the way that 131 inferencing is supported in the preschool years.

132 The studies that have found improvements in inferencing ability in school-aged 133 children have used a wide range of instruction methods from explicit teaching (Bos et al., 134 2016; Clarke et al., 2010; McGee & Johnson, 2003) to more implicit practice, e.g., asking 135 comprehension questions about texts and allowing children to naturally discuss their answers 136 with their peers (Yuill & Oakhill, 1988). In line with the literature, we define explicit vs. 137 implicit instructional methods respectively as i) guided activities that focus a child's attention 138 explicitly on the pieces of information required for making an inference, and on the process 139 of integrating them; and ii) activities that elicit inferencing processes from the child 140 incidentally through comprehension questions (Connor, Morrison, & Katch, 2004; Snow, 2001). As defined, the intervention reported in the current study uses implicit methods. 141

142 As we turn our focus to inferencing training in preschoolers, the range of suitable 143 training methods narrows since many forms of explicit instruction require an explicit 144 understanding of the components of the skill being taught, e.g. the separability of discrete 145 chunks of information, or of information sources. However, a wide range of implicit methods 146 remains open for this age range: it has been suggested that younger children would 147 particularly benefit from supportive dyadic contexts for inferencing, where they are 148 encouraged to demonstrate their inferencing abilities via narratives rather than undergoing 149 formal question-and-answer tests (van Kleeck, 2006, p. 292). Similarly, van Kleeck (2008) 150 has suggested that one of the best ways to promote inferencing ability in younger children is 151 to give them practice in making inferences by responding to questions about a story and then 152 discussing answers. To our knowledge, these recommendations have yet to be taken up in a 153 rigorous trial. Here we explore the value of parent-child book reading as a basis for this kind 154 of practice. Specifically, we test whether practising making inferences in order to respond to 155 caregiver questions during shared book reading promotes 4-year-olds' inferencing ability.

156 **Intervention approach** 

157 Strengthening inferencing skills in the early years is likely to have advantages for oral 158 language comprehension and later reading ability. Despite evidence showing that inferences 159 can be trained in school-aged children using a range of methods from answering inferencing 160 questions to formal explicit teaching, we do not yet know whether; i) training inferencing in 161 the preschool years is possible, and ii) if so, whether it is possible in this age group via 162 implicit methods. This is particularly important since formal, explicit instruction methods 163 rely on an understanding of the subcomponents of inferencing so may not be easily accessible 164 for this age group. To address this gap, we report the results of a RANDOMISED CONTROLLED 165 TRIAL (RCT) to test the effect of a parent-delivered intervention that gave 4-year-old children 166 practice in responding to inferencing questions during book sharing. To provide the best

167 chance of success, our design combined elements of successful inferencing interventions for 168 older children with recommendations for scaffolding inferencing in preschoolers. It follows 169 Yuill & Oakhill's (1988) finding that comprehension questions improve inferencing ability, 170 as well as van Kleeck's (2008) evidence-based recommendations for fostering inferential 171 language in preschoolers, e.g., embedding scripted inferencing questions, prompts, and 172 feedback in shared reading materials (Ard & Beverly, 2004; Karweit, 1989; van Kleeck et al., 173 2006). Inserting these prompts ahead of time increases the amount of 'thinking aloud' 174 between dyads (Kucan & Beck, 1997), and improves fidelity.

175 Our intervention was designed to prompt younger children in their inferential 176 thinking. Although preschoolers are able to engage in inferencing, evidence suggests that 177 they are less likely than their older peers to do so spontaneously (Florit et al., 2011). Through 178 naturalistic questioning (based on evidence showing that some parents naturally engage in 179 literal and inferential talk during shared book reading; Hammett, van Kleeck, & Huberty, 180 2003), our training highlighted the fact that there is information to be had that is not explicitly 181 stated, and encouraged children to fill in the gaps using clues provided in the text or from 182 their prior knowledge. By raising awareness of these gaps, children were alerted that an 183 inference needed to be made, and encouraged to strive for coherence (Cain & Oakhill, 1999, 184 p. 501). Further, unlike studies involving classroom-based, group training sessions that use 185 explicit training methods to highlight textual cues to implicit meaning (Bianco et al., 2010; 186 McGee & Johnson, 2003; Yuill & Oakhill, 1988; Zucker, Justice, Piasta, & Kaderavek, 187 2010), the intervention was run at home by parents, meaning that if successful, the 188 programme could be adopted without the need for specialist training.

189 Shared book reading was chosen as the medium for the intervention for several190 reasons. Children who read regularly with an adult in the preschool years learn language

191 faster, enter school with a larger vocabulary, and become more successful readers in school 192 (Mol, Bus, de Jong, & Smeets, 2008). Shared book reading facilitates more complex talk than 193 traditional caretaking or play activities (Snow, 1993), and exposes children to vocabulary and 194 syntactic structures beyond what they would hear in everyday speech (Cameron-Faulkner & 195 Noble, 2013; Hoff-Ginsberg, 1991). Thus, shared book reading is a potentially powerful tool 196 for supporting the development of vocabulary, narrative and conversational skills, complex 197 syntax, and other literacy practices such as print and phonological awareness (Burgess, 2010; 198 Ezell & Justice, 2000). More specifically, our intervention asked open-ended questions; a 199 technique from dialogic reading interventions. Dialogic reading encourages caregivers to be 200 more responsive to the child during shared book reading, and in general has been shown to 201 have a positive impact on a child's oral language development (Baker & Nelson, 1984; 202 Cleave, Becker, Curran, Van Horne, & Fey, 2015; Farrar, 1990; Girolametto & Weitzman, 203 2002; Huttenlocher, Waterfall, Vasilyeva, Vevea, & Hedges, 2010; Valdez-Menchaca & 204 Whitehurst, 1992; though see a meta-analysis by Noble et al. (under review a), and a 205 randomised controlled trial by Noble et al. (under review b) for evidence of no effect or small 206 effects of dialogic reading on children's language skills). Most pertinently for our 207 intervention, shared book reading is a good medium for linking social conversations (e.g., 208 about personal events and real world knowledge) and text inferencing skills for two reasons. 209 First, because some caregivers naturally ask their children questions about the shared story 210 that require them to make inferences about the text, they model the kinds of information that 211 support text comprehension, and then support the child in answering via various types of 212 scaffolding (van Kleeck, 2006; 2008). Second, oral inferencing practice is particularly suited 213 to shared book reading because it takes place within the same activity that it will later be 214 applied in when reading, i.e., generating meaning from information presented in books (van

Kleeck, 2006, p. 275). Thus, we use shared book reading as an activity that will provide thenatural apprenticeship for later independent inferencing.

## 217 **Design and hypotheses**

218 The aim of this RCT was to test whether training parents to ask their children 219 inference-eliciting questions during shared book reading (and supporting them to do so with 220 in-text questions) is effective for promoting inferencing ability in 4-year-olds. The primary 221 outcome measure was children's ability to answer inferencing questions after completing the 222 4-week intervention (controlling for baseline ability). The inferencing training group was 223 compared with an active control group of children who spent the intervention period working 224 through a maths exercise book with their caregiver. We hypothesised that the training group 225 would make significantly greater gains in inferencing ability than the control group. The 226 secondary outcome measure was the change in children's NFER Baseline Reception 227 Assessment Language and Communication scale (National Foundation for Educational 228 Research, 2015) (NFERL); a standardised assessment frequently used in British primary 229 schools to gauge children's language ability upon school entry (aged 4 to 5 years). We did 230 not have a hypothesis regarding potential effects on the NFERL scale as transfer is not often 231 seen in response to cognitive training programmes (Sala & Gobet, 2017), but we were 232 interested to assess this all the same.

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234

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## Method<sup>1</sup>

This educational intervention was preregistered at <u>https://clinicaltrials.gov/ct2/home</u>
(NCT02854462, Appendix A). Ethical approval was granted by the Psychology Ethics subcommittee at the University of Sheffield.

240 Participants

241 The Consolidated Standards of Reporting Trials (CONSORT) diagram is reported in 242 Figure 1 and the checklist appears as Appendix B (Schulz, Altman, & Moher, 2010). One 243 hundred 4-year-olds (53 female) were recruited in the North of England from a volunteer 244 database at the University of Sheffield's Department of Psychology (Mean age at Baseline = 245 50.3 months; Median = 50 months: Range: 48 to 56 months; Mean age at Post-test = 51.5 246 months; Median = 51 months: Range: 49 to 58 months). Eighty-three caregivers and their 247 children had previously taken part in a separate randomised controlled trial investigating the 248 role of caregiver contingent talk on early language development (McGillion, Pine, Herbert, & 249 Matthews, 2017). These children did not differ on any measures collected at baseline from 250 those who had not been involved in the previous study (n = 17). Participants were specifically 251 recruited to be representative of the UK population in terms of SES: Forty-five percent of 252 households were not educated to degree level. Eighty-nine caregivers gave permission for 253 their data to be uploaded to the UK Data Archive (UK Data Service. 10.5255/UKDA-SN-254 <u>853233</u>).

255 **Inclusion criteria**.

Children were first born (to control for potential birth-order effects), full term (i.e.,
born no more than 3 weeks prematurely), with birth weight over 2.5 kg and were
monolingual English speakers (to allow for the administration of standardised language

<sup>&</sup>lt;sup>1</sup> An extended version of the methods section adhering to CONSORT guidelines can be accessed at <u>https://osf.io/95qr8</u>, along with all appendices.

assessments). Exclusion criterion: Neither caregivers nor children had any significant knownphysical, mental or learning disability.

At baseline visits, families were given a cuddly toy and the materials required to complete the intervention, and a second cuddly toy and a £40 gift voucher on completing the post-test visit.

264 Materials

265 **Intervention Videos.** 

266 A short video was used to deliver the Inferencing Training Intervention to caregivers. 267 The script was developed by the authors to explain in lay terms what inferencing is and why 268 it might be important for language and reading comprehension and by extension, success in 269 school (Appendix C). Stills and video clips, collected during piloting for this study, were 270 used to illustrate how caregivers and their children might engage in inference-eliciting 271 dialogues while reading books. This method of intervention administration has been used 272 successfully in previous studies of language development (McGillion et al., 2017) and was 273 chosen for its consistency. Qualitative feedback in the exit questionnaire suggested that 274 caregivers had enjoyed the reading comprehension video and found it useful in explaining the 275 theory behind the study.

A second video (matched in length, format, production, and aims to the training
condition) introduced caregivers to the Mathematical Control Intervention.

278

# Intervention Support Materials.

279 Children in the inferencing training condition were given 10 books. Inference-making 280 questions were pasted alongside the text of these books to elicit inferencing during shared 281 book reading. Each question label included a picture of a tiger, who was introduced on the 282 front cover of every book. Caregivers explained to the children that the tiger might need

283	some help to understand the story and that they could do this by answering the questions
284	beside his picture throughout the story. Caregivers were encouraged to provide supportive
285	individual feedback for correct responses (see information leaflet in Appendix D). For
286	questions where the child did not respond or responded incorrectly, model answers and
287	feedback were included on the question labels, e.g.,
288	- Why does Percy need an extra blanket tonight?
289	- Perhaps he is trying to get warm.
290	- Can you remember what the weather was like outside? It was very cold!
291	One Snowy Night, p. 4.
292	See Appendix E for book titles, inferencing questions, and model responses.
293	Video analysis during piloting confirmed that caregivers understood these instructions
294	and were able to incorporate the question prompts and feedback into their usual book reading
295	routine (this was also endorsed in their oral feedback to us). Children in the control condition
296	were given the commercially-available maths workbook At Home with Counting (Ackland,
297	2012). This book introduces simple number knowledge (e.g., learning the numbers 1-10) and
298	skills (e.g., sequencing, adding, more/less than) through matching drawing and colouring
299	activities. Each page contained instructions for caregivers to encourage their child's
300	participation and support learning. Families in both conditions were given an intervention
301	diary to record each time they read a particular book (inferencing training condition) or
302	completed a page in the maths workbook (maths control condition) and to comment on their
303	experience of taking part in these activities. Qualitative analysis of these comments after the
304	intervention was complete suggested that caregivers understood what was expected of them
305	during the intervention period.

306 Measures of Inference-making.

307	Age-appropriate story vignettes and questions were used to measure children's
308	inference-making ability at baseline and post-test. Inferencing vignettes for preschoolers
309	taken from the Language and Reading Research Consortium (LARRC; see Currie & Cain,
310	2015; Language and Reading Research Consortium, 2015, for details of their construction
311	and validation) were administered at baseline (Birthday) and at post-test (A New Pet; A
312	Family Day Out Part 1). Additional author-designed vignettes followed the LARRC template
313	(baseline $n = 1$ , Rover the Dog (see Table 1); post-test $n = 1$ ; Jessie's Birthday Party,
314	Appendix F), and were designed to portray familiar scenarios that tapped into 4-year-olds'
315	world knowledge.

316 To demonstrate comparability between the author-designed vignettes, and those from 317 the LARRC (2015) materials, the number of utterances, number of morphemes, word tokens 318 (i.e., the total number of words including repetitions of the same word), and word types (i.e., 319 number of different words) were computed using CLAN (Computerized Language Analysis; 320 MacWhinney, 2000). Two measures of linguistic richness were used: global syntactic 321 complexity (indexed by the mean length of utterances in morphemes) and lexical diversity 322 (type: token ratio). These analyses suggest that the LARRC and author-designed vignettes 323 were of a comparable level of difficulty.

Each short story was read aloud by the experimenter and was followed by between 4 and 8 questions to assess inferencing ability. Questions followed the order that information was presented in each story vignette and required the child to integrate information across the text and/or their world knowledge to, for example, infer character motivations (e.g., Table 1, questions 1 and 5), emotions (question 8), and semantic (question 2) and anaphoric relationships (questions 4 and 6). We tested a range of inference types so that our results could inform interventions that would comprehensively promote the range of inferences that

331 children face during oral comprehension. In this respect, our materials are in line with 332 standardised measures of reading comprehension that frame inferencing as a broad construct, 333 e.g., the Neale Analysis of Reading Ability (NARA II; Neale, 1989) and the York 334 Assessment for Reading Comprehension (YARC; Hulme et al., 2009). Inferencing questions 335 by type, with by-group scores are in Appendix G. Author-designed vignettes and questions 336 were administered first at both time points. These stories were presented in two parts to 337 minimise memory demands and included pictorial supports to illustrate characters in the 338 story.

**Table 1.** Baseline vignette Rover the Dog with inferencing questions.

This story is called Rover the Dog. Listen carefully, and try to remember the story so that you can answer the questions.

Child is shown pictures of characters.

This is Rover, this is Jack, and this is Jack's Dad. So that's Rover, Jack, and Jack's Dad.

Jack and his Dad woke up early one Saturday morning. They went downstairs. Jack wanted a banana and an apple. Dad told him to look in the cupboard. He found the fruit, and then decided to go out with Dad and his dog Rover. They put on their wellies and opened the door. Dad said, "it's a good job we have our umbrellas isn't it!" He gave Rover a dog biscuit for being good and off they went.

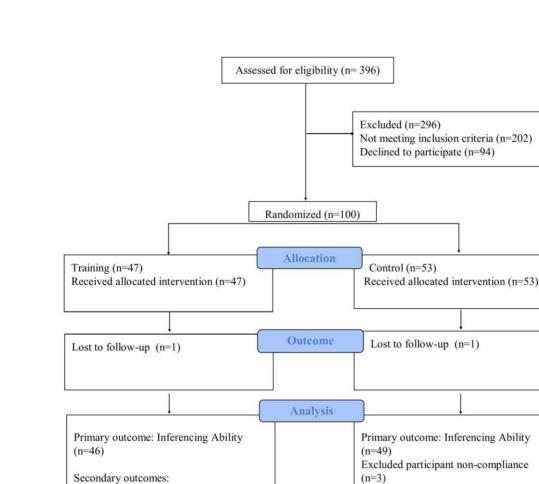
- 1. Why did Jack and his Dad go downstairs?
- 2. Where were the banana and apple?
- 3. What was the weather like?
- 4. Who gave Rover a dog biscuit?

Let's see what happens next.

Jack's dog, Rover, loved playing in puddles. When they arrived, Jack played on the swings and the slide. Next, he went on the roundabout. All of a sudden, Rover ran off!

Dad shouted at him to come back and Jack ran after him, worried. He thought Rover would get lost. Finally, Jack caught up with Rover and took him back to Dad. Dad said, "urgh he's all wet and muddy!". Jack smiled.

- 5. Where did they walk to with Rover?
- 6. Who thought Rover would get lost?
- 7. Why was Rover wet and muddy?
- 8. How did Rover feel when he was playing in the puddles?



Secondary outcomes: NFER Language (n=52) NFER Maths (n= 45) Excluded participant non-compliance (n=7)

340



NFER Language (n=46) NFER Maths (n=44)

(n=2)

Excluded participant non-compliance

# **Figure 1.** CONSORT Flow diagram

343

344

# 345 **Procedure**

Families meeting eligibility criteria were invited to take part in a study investigating factors that impact on school readiness. Prior to this appointment, participating caregivers completed a Family Questionnaire to measure demographic information e.g., caregiver education and household income (see Alcock, Meints, & Rowland, 2017, for details of its construction), and a Home Life questionnaire to collect information about literacy related behaviours and attitudes e.g., how often someone read with the child in a typical week.

352

# Randomisation.

353 Dyads were randomised to either the inferencing training or maths control condition 354 according to CONSORT 2010 guidelines (Schulz et al., 2010). Randomisation was conducted 355 by an independent statistician at the University of Sheffield. Randomisation was stratified by 356 household education (degree or no degree) and the condition which dyads had been allocated 357 in a previous intervention study if they had taken part in it (McGillion et al., 2017). If the 358 family had not taken part in the prior intervention (n = 17), they were allocated a condition 359 envelope for a family that had taken part in the prior intervention but who had declined to 360 take part in this study, matching for SES. For each participant number, condition allocations 361 were placed in a sealed envelope, identified only by participant number, by a research 362 assistant not involved in any other aspect of the project. Another researcher who administered 363 the baseline measures and the intervention became aware of condition allocation by opening 364 the envelope during the baseline visit, and only once the final baseline measure had been 365 collected. This ensured that baseline measures were collected blind to condition allocation. 366 This research assistant, having opened the envelope with the appropriate participant number

to find out which condition the dyad had been randomised to, administered the relevantintervention. Intervention groups did not differ as a function of child age, gender, or SES.

369

## **Baseline Data Collection.**

370 Caregivers and their children completed two baseline visits. On the first visit, at the 371 university, children completed several measures of mathematical ability as part of a separate 372 study on mathematical development (Yanez Diaz Barriga, 2018). The second visit took place 373 in the family home. After two cameras had been set up (Sony HDR-PJ810E and Sony HDR-374 PJ220E) and turned on, caregivers and their child spent approximately 10 minutes completing 375 a book reading session as a warm up activity before baseline data collection began. First, this 376 involved collecting a measure of child inferencing ability. The researcher read two story 377 vignettes (one author-designed; Rover the Dog (Table 1), the second from the LARRC: 378 Birthday). Children were asked to listen carefully to the stories so that they could answer the 379 inference-eliciting questions that followed each story. Aside from general encouragement, no 380 other feedback was given. Then, child language and communication was measured by the 381 researcher (secondary outcome) using the NFER Baseline Reception Assessment Language 382 and Communication scale (NFERL) (National Foundation for Educational Research, 2015) 383 and the Language Content index of the Clinical Evaluation of Language Fundamentals 384 Preschool 2 UK (CELF) (Wiig, Second, & Semel, 2006). The NFERL assesses phonics, 385 picture sequencing, story prediction, word reading, simple sentence reading, and name 386 writing. The Language Content index of the CELF is a measure of vocabulary breadth, 387 concept development, comprehension of simple and complex sentences, and comprehension 388 of associations and relationships among words.

# 389 **The Intervention.**

390	After all baseline measures were collected, the researcher opened the envelope
391	containing the dyad's condition allocation and administered the appropriate intervention.

392

## Inference Training Condition.

The researcher explained that the study was investigating whether asking questions during shared book reading could help language comprehension before children start school. Caregivers were shown the intervention materials, watched the intervention video and were asked to read each of the 10 books (with inferencing questions included) at least twice over the course of the following month (i.e., a minimum of 20 sessions) and given a leaflet summarising the main intervention message (Appendix D).

399 Mathematical Control Condition.

#### Wrathematical Control Condition.

The researcher explained that the study was investigating whether completing daily maths activities could help children get ready for school. Caregivers watched a video explaining what the intervention involved, were shown the maths workbook and asked to complete one or two pages a day over the course of the following month (i.e., a maximum of 20 sessions).

405 Caregivers in both conditions were given an intervention diary to record how often
406 they completed the relevant intervention activities and their impressions of having done so.

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# Post-test Data Collection.

Approximately one month later, caregivers and children visited the University for post-test data collection. A version of the Home Life questionnaire (adapted to include questions about the activities completed over the past month), and an exit questionnaire about the general experience of taking part in the study were posted to caregivers in advance of this visit. Caregivers were asked to complete these questionnaires and to bring it with their completed intervention diary to the university in a sealed envelope.

The researcher read three different short vignettes following the protocol established at baseline (see Materials: one author-designed; Jessie's Birthday Party, and two from the LARRC; A Family Day Out Part 1; A New Pet), see Appendix F). These vignettes were of equivalent total length to those administered at baseline and were matched for story theme. After each story, the researcher asked a series of questions designed to measure the child's inference-making ability (primary outcome). The Communication Language and Literacy and Mathematical Literacy components of the NFER Baseline Reception Assessment were

421 administered to measure child language (secondary outcome) and mathematical ability.

# 422 **Debrief**.

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In accordance with ethical guidelines laid down by the University of Sheffield ethics
committee, all caregivers were fully debriefed by email after all children had completed the
final outcome visit.

426 Coding and Measures

427 Inferencing ability at baseline and post-test was measured by child responses to the 428 inference eliciting questions following story vignettes. Responses to each inference question 429 were scored from video recordings by a researcher blind to condition allocation. Correct 430 responses that demonstrated full inference-making were awarded 2 points. Partially correct 431 answers that lacked full inferencing scored 1 point. Unintelligible responses, "I don't know", 432 or incorrect responses scored 0. For example, for question 5 in Table 1; "Where did they 433 walk to with Rover?", "The park / the playground" scored 2 points, "swings and slides / 434 roundabout" scored 1, and "shopping / for a walk" scored 0. For any response that was scored 435 as partially correct or incorrect, the researcher asked a background question(s) or prompted 436 the child in line with the rubric to help the child follow the narrative, and so that subsequent 437 questions could be administered. Complete scoring schemes are presented in Appendix F.

438 Scores for individual questions were summed to produce an overall inferencing score at 439 baseline (out of a maximum score of 32 for the 16 questions at baseline) and post-test (out of 440 a maximum score of 40 for the 20 questions at post-test). Rare instances of missing data were 441 replaced with the sample mean for the particular item. At baseline, 5 participants had at least 442 one missing data point on measures of inferencing ability, each with an average of 2.4 items 443 missed out of the 16 items on this scale (totalling less than 1% of data on this measure). Four 444 participants had at least one missing datapoint on post-test measures of inferencing ability, 445 each with an average of 3 missed items out of the 20 items on this scale (totalling less than 446 1% of data on this measure). Incidences of missing data due to experimenter error or 447 caregiver interference were replaced with the sample mean for the item in question.

448 Child language and communication ability was measured using the NFER Baseline 449 Reception Assessment Language (baseline and post-test) and the CELF Language Content 450 Index (baseline). These were scored from video recordings by a researcher blind to condition 451 allocation. A raw frequency score was calculated for each test according to individual 452 assessment guidelines. Incidences of missing data due to experimenter error or caregiver 453 interference were replaced with the sample mean for the item in question. Eight participants 454 had at least one missing datapoint on the CELF, each with an average of 2.7 missed items out 455 of the 59 items on this test (totalling less than .5% of data across the dataset on this measure). 456 Nine participants had at least one missing datapoint on the baseline NFER, each with an 457 average of 2.8 missed items out of the 43 items on this test (totalling 1% of data across the 458 dataset on this measure). Twelve participants had at least one missing datapoint on the post-459 test NFER, each with an average of 1.8 missed items out of the 43 items on this test (totalling 460 .5% of data across the dataset on this measure). Results for primary and secondary outcomes 461 (as well as for the post-hoc analyses reported below) did not change when statistical models 462 were run without the imputed data.

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## **Reliabilities.**

464 10% of responses to questions measuring inferencing ability, randomly selected, were 465 double coded by a researcher blind to condition allocation at baseline (n = 10) and post-test 466 (n = 10). Correlations between scorers indicated high levels of agreement at baseline (r = 10)467 .97). There was 100% agreement at post-test. The CELF and NFER Language were coded 468 live, using the standardised tests stopping rules. A second researcher blind to condition 469 allocation recoded these tests from the video recording to check the accuracy of the test 470 administration and scoring. Internal consistency was acceptable for our main measure of 471 inferencing ability at post-test ( $\alpha = .76$ ). Baseline tests of inferencing ability had a Cronbach's 472 alpha of .65. As a measure of the predictive validity of the inferencing measures, baseline 473 and post-tests of inferencing were found to be positively correlated in the control group (r =474 0.59).

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# **Sample Size and Statistical Methods**

476 Sample size was calculated to detect a medium effect size for the primary outcome 477 measure (inferencing ability) with 80% power at the 5% level of significance, allowing for up 478 to 20% attrition rate. To compare primary and secondary outcomes across intervention 479 groups, we fitted separate linear regression models to each outcome measure with condition 480 and an equivalent baseline measure as predictors. All analyses were conducted using R 481 version 3.3.1 (R Core Team, 2013) and RStudio Version 1.1.419 (R Studio Team, 2015). In 482 two final post-hoc analyses we used correlation to explore individual differences between 483 language (at baseline and post-test) and inferencing ability.

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# Results

486 Children were generally able to engage with the inferencing task and scores on the 487 baseline and post-test were normally distributed. Table 2 reports descriptive statistics for all

488 baseline and post-test measures along with the number of sessions parents reported having 489 completed at home for each condition. Percentage scores for the baseline and post-tests of 490 inferencing were calculated by dividing total scores by the maximum possible score (32 at 491 baseline and 40 at post-test), and are shown in Table 2 to facilitate interpretation: results of 492 statistical analysis are reported for the raw scores only. Children in the maths control 493 condition scored slightly but significantly higher on the baseline test of inferencing than 494 children in the inferencing training condition (t (98) = 2.23, p = .03). In line with our 495 statistical analysis plan, these baseline scores are controlled for in the analysis of the effect of 496 the intervention below (Table 3). There was no significant difference between groups on 497 either measure of language or communication collected at baseline (NFER Language t (98) =498 0.48, p = 0.63; CELF t (93) = 1.48, p = 0.14). Both groups scored within expected norms on 499 the CELF Language Content Index. Children in the inferencing training condition made 500 bigger pre- to post-test numerical gains on the inference tests than children in the maths 501 control condition (45% - 50% vs. 53% - 52%). Parents in the inferencing condition reported 502 completing sessions at home on more days than parents in the maths condition. This simply 503 reflects the fact that once the maths book had been completed, parents were less likely to 504 return to it again whereas the storybooks for the inferencing training were often shared 505 multiple times.

507 Table 2. Means (SD) scores for Inference, CELF and NFER language tests at baseline and
508 post-test as a function of condition.

Ν	Inferencing training		Maths control	
	М	SD	М	SD

Baseline Inference raw /32	100	14.4	5.80	16.8	5.23
Baseline Inference %	100	44.9	18.1	52.6	16.4
Baseline CELF Language Content raw	98	47.6	9.10	50.2	8.21
Baseline NFER Language	100	17.6	6.82	18.3	7.20
Post-test Inference raw /40	95	20.1	7.21	20.9	6.71
Post-test inference %	95	50.2	18.0	52.3	16.8
Post-test NFER Language	98	20.1	7.56	19.9	6.68
Home sessions completed	79	23.9	7.92	13.1	8.03

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# 512 Effect of the intervention on primary and secondary outcome measures

513 To test for an effect of the intervention on inferencing scores (our primary outcome 514 measure), we built a linear regression model with inferencing at post-test as the outcome 515 variable and intervention condition plus inferencing at baseline (scaled and grand mean 516 centered) as predictors. The model is reported in Table 3. Controlling for baseline, there was 517 no statistically significant effect of condition on inferencing outcomes (Hedge's g = 0.14). 518 Hedges' g (calculated using the R package metanalytic: Xiao, Kasim & Higgins, 2016) is a 519 corrected measure of effect size for continuous variables in smaller samples. It is interpreted 520 in the same way as Cohen's d, i.e., 0.2 is a small effect, 0.5 is medium, and 0.8 is a large 521 effect.

522 Table 3. Regression model fitting condition and baseline inferencing to post-test inferencing
523 (n=95)

В	SE	Т	р	

Intercept	20.01	0.89	22.52	<.001
Condition	0.85	1.29	0.65	.51
Baseline Inferencing	3.48	0.65	5.38	<.001

524  $R^2 = .24$ 

525	To test for an effect of the intervention on NFER language scores (our secondary
526	outcome measure), we built a linear regression model with NFERL at post-test as the
527	outcome variable and intervention condition plus NFERL at baseline (scaled and grand mean
528	centred) as predictors. The model is reported in Table 4. Controlling for baseline, there was
529	no statistically significant effect of condition on language outcomes (Hedge's $g = 0.18$ ).

**Table 4.** Regression model fitting condition and NFER language baseline to post-test NFER
language (n=98)

	В	SE	Т	р
Intercept	19.54	0.54	35.9	<.001
Condition	0.72	0.79	0.9	.37
Baseline NFER Language	5.93	0.40	14.9	<.001

532  $R^2 = .70$ 

To further explore these null effects, we ran equivalence tests on our primary (inferencing ability) and secondary (NFER language scores) outcome measures (Lakens, Scheel & Isager, 2018). Equivalence testing is a variant of hypothesis testing that examines whether the difference between groups is more or less extreme than the smallest effect size of interest i.e., are groups significantly equivalent. We used the two one-sided test procedure 538 (TOST from R package TOSTER: Lakens, McLatchie, Isager, Scheel, & Dienes, 2018)

setting the minimal effect size of interest at 0.5 (Colmar, 2014; Noble et al., under review b).

540 These analyses showed that at post-test, there was no meaningful difference between

- 541 participants in the control and intervention groups with respect to both inferencing (t (91) = -
- 542 1.847, p = 0.034) and language ability (t (91) = 2.373, p = 0.001).

# 543 Individual differences in inferencing and language ability

544 As an exploratory post-hoc analysis, we tested whether individual differences in 545 inferencing were associated with language ability as measured by the CELF Language 546 Content Index. Recall that the CELF measures vocabulary, concept development, 547 comprehension of sentences and of relationships between words – all key components of 548 inferencing. A positive correlation would indicate the inferencing is related to general 549 language skill. Considering all participants at baseline, inferencing ability was significantly 550 associated with performance on the CELF Language Content Index (r = .47, p < 0.01). At 551 post-test, considering only children in the maths control condition (for whom there could 552 have been no effect, however small, of the intervention), here too, this measure of inferencing 553 was highly correlated with children's baseline CELF Language Content Index (r = 0.63). 554 These correlations are about the same size as the correlation between baseline and post-test 555 measures of inferencing themselves (r = 0.59, again considering children in the control 556 condition only, although correlations are of similar size for the full sample; r = 0.49). This 557 suggests that our measure of inferencing is related to more general language ability.

558 **Parents' responses to the intervention** 

Parents' qualitative comments about the inferencing training were extracted from the
intervention diaries. Here we summarise the major trends, together with more general
comments about study participation from an exit questionnaire.

Thirty-eight diaries were returned from the 47 families taking part in the inferencing 562 563 training. These indicated a mean of 23.9 sessions were completed over the duration of the 564 intervention; SD = 7.8; Range 11 - 49. Recall that families were instructed to read each book 565 at least twice during the month so that the minimum expected number of sessions was 20. 566 Thus, we take the level of uptake and engagement in the training as moderate to high. Most 567 parents saw value in preparing their children for the transition to school and reported that the 568 activities were enjoyable, though they reported some difficulty fitting the sessions around 569 other daily activities. Although parents commented that their children enjoyed certain books 570 more than others, there was no difference in how often each of the 10 books was read (the 571 mean number of reading sessions per book ranged from 2.3 - 2.8). Regarding children's 572 levels of concentration during the shared reading sessions, some parents reported that their 573 children enjoyed answering the questions whereas others were distracted from the story by 574 looking for the tiger stickers. Time of day was also cited as a factor in levels of tiredness and 575 concentration. The repetition of books and questions elicited both positive and negative 576 comments. Many parents were keen to report that the repetition strengthened their children's 577 confidence and understanding of what was happening in the stories, and at least for the books 578 that their children enjoyed, they were enthusiastic about repeated reading. However, a few 579 parents also reported that children were frustrated by being asked the same questions. The 580 main implication for our intervention is that children may not have been engaging in 581 inferencing on subsequent sessions and instead either refusing to answer the question or rote 582 responding from memory.

583 Of the range of inference types in the training materials, parents reported that their 584 children found some harder than others. For example, inferences about why characters were 585 feeling a certain way were challenging for some children, as were predictions. Inferencing 586 was also sometimes hindered by a lack of world knowledge. For example, some children needed an explanation of the meanings of mustard or carsick in order to attempt the relevantinferencing question.

589 An unanticipated advantage of the inferencing training was its ability to give parents a 590 means of explicitly assessing how much their children understood from a shared story. Many 591 appreciated the chance to learn about their child's abilities. Some had underestimated how 592 much their children understood but had revised their assessment from their child's responses 593 to the inferencing questions. Together with the observations of spontaneous shared reading 594 during the pilot study, these comments also suggest that the intervention went beyond 595 parents' usual practices when reading with their children. The fact that parents would not 596 typically ask this number and type of questions during shared book reading means that our 597 intervention was qualitatively different to business-as-usual for the majority of families in our 598 sample. Although some parents (particularly those with higher levels of literacy; Bus, Leseman, and Keultjes, 2000; Heath, 1983) may engage in a lot of extra-textual talk when 599 600 reading some genres (particularly information books; Anderson, Anderson, Lynch, Shapiro, 601 & Kim, 2012; Pellegrini, Perlmutter, Galda, & Brody, 1990; Potter and Haynes, 2000; Price, 602 van Kleeck, & Huberty. 2009), many do not. The socioeconomic diversity of our sample and 603 the use of storybooks in our study means that substantial differences are likely between the 604 reading style imposed by our intervention and what the majority of parents in our sample 605 would normally do.

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## Discussion

This randomised controlled trial evaluated a language intervention intended to boost inferencing skills using implicit training, delivered by parents to their preschool children. The training was designed to prompt 4-year-olds' inferential thinking by giving them practice in answering inferencing questions during shared book reading. The training had no significant

611 effect on either inferencing skills or on language and communication skills. Despite good 612 theoretical justification, high levels of engagement by the participating families, and a 613 rigorous RCT design, our intervention did not effect significant change. Based on methods 614 used in previous inferencing interventions that successfully improved comprehension in 615 school-aged children (Bianco et al., 2010; McGee & Johnson, 2003; van Kleeck et al., 2006; 616 Yuill & Oakhill, 1988), our design focused on asking children inferencing questions while 617 they listened to stories. It also closely followed van Kleeck's (2008) evidence-based 618 recommendations for fostering inferential language in younger children, e.g., targeted 619 questions and scripted feedback in a shared reading context.

620 Our findings have several important implications for the field. First, having used 621 gold-standard methods to test the efficacy of supporting preschoolers' inferencing skills using 622 implicit methods at home, the evidence base for this type of training remains negligible. 623 Future interventions should offer more support for children of this age by using direct 624 teaching methods, and should scrutinise the potential benefits of professionally-implemented 625 interventions that use explicit, well-defined, comprehension-focused activities. Second, our 626 findings highlight the link between inferencing and general language ability. Specifically, we 627 would like to promote strategies that strengthen vocabulary to provide a solid foundation for 628 inferencing. The results of this rigorous RCT will benefit researchers engaged in theory-629 building and testing as well as practitioners choosing how to allocate resources.

Quality of parent delivery in the intervention was high. Videos of intervention
sessions with pilot caregiver-child dyads showed that the training was accessible and
implemented as intended. We designed the training to be consistent and easy to follow, and
gave clear instructions in the support materials. Qualitative and quantitative comments from
the intervention diaries and exit questionnaires showed that engagement was generally good,

635 with a mean dosage of 24 sessions out of a recommended 20 over the month-long 636 intervention. Responses to the Home Life questionnaire revealed that for the vast majority of 637 our inferencing training group, reading is a frequent and enjoyable activity. 95% of returned 638 questionnaires (n = 44) stated that someone reads or looks at books with their child daily 639 (84%) or more than 3 times per week (11%), and 93% of parents who returned questionnaires 640 agreed or strongly agreed that they found reading on their own enjoyable. While these 641 caregivers are not necessarily representative of the general population, it suggests the format 642 of the training was familiar and pleasurable, raising the likelihood of good quality 643 implementation.

In addition to sound theoretical foundations and good treatment fidelity (according to
our measures), our study used an RCT as the gold standard for testing the effectiveness of an
intervention. Despite having used these three core strategies for maximising success, we are
left with the question of why the training did not have reliable effects on our primary
outcome of inferencing skills.

649 Recall that our original aims were to investigate whether; i) training inferencing in the 650 preschool years is possible, and ii) if so, whether it is possible in this age group using implicit 651 methods. Our results suggest not on both counts, at least in an intervention of this length. 652 First, the children that our intervention targeted may not be developmentally ready to benefit 653 from this kind of implicit inferencing training (where a parent asks an open question with 654 basic scaffolding in the case of incorrect responses). This is supported by another 655 intervention study with preschoolers, which found that although mothers' inferential yes/no 656 questions and statements predicted children's receptive vocabulary growth over six months, 657 mothers' inferential wh- questions did not (Tompkins, Bengochea, Nicol, & Justice, 2017). 658 The authors suggest that since open-ended wh- questions (similar to those used in our study)

do not provide the child with the correct information (in contrast to closed questions and
statements), preschoolers may need inferences to be made more explicit for them to facilitate
language development (see also Carmiol, Matthews, & Rodríguez-Villagra, 2017).

662 Our approach was novel in its focus on the oral language of children in the preschool 663 years. On the whole, comparable successful interventions have targeted children ranging 664 from 6 to 9 years old (Clarke et al., 2010; McGee & Johnson, 2003; Yuill & Oakhill, 1988) 665 due to their focus on reading comprehension as an outcome measure. Although inferences are 666 within reach of children from 3 to 4 years old (Filiatrault-Veilleux et al., 2016, and as shown 667 by the distributions of scores on our tests of inferencing), evidence that the same skills can be 668 trained in preschoolers is scant. To the best of our knowledge, a single study has shown that 669 5-vear-old children showed improvements in oral comprehension (including inferencing) 670 after explicit training activities that spanned seven months (Bianco et al., 2010). Crucially, to 671 be effective, the training in that study had to comprise explicit, well-defined, comprehension-672 focused activities, i.e., not shared reading and discussion alone - a point we will return to 673 below. Therefore, despite showing competence in inferencing and engaging with the training 674 material, under-fives may not be able to transfer the skills they practised during the shared 675 reading activities to a test situation.

The reasons for this apparent age threshold cannot be conclusively answered by our data, but one potential factor could be 4-year-olds' immature executive function skills. The working memory (WM) demands of the inferencing task may have prevented children from responding even if in principle they could make relevant inferences. While some of the vignettes were presented in two halves and with picture prompts (Rover the Dog; Jessie's Birthday Party), others were presented without a break and without visual support (Birthday; A New Pet). The latter two vignettes were therefore quite long (211 and 161 words

respectively), and were also administered later in the session so fatigue effects are likely to have been at play. The lower mean scores for these particular vignettes relative to other vignettes administered at the same time point suggest that WM demands may have impeded children's inferencing performance (see also Freed & Cain, 2017, for evidence that younger children benefit from a segmented format when being tested on inference-making). While many real-world inferences necessitate the retention in memory of large blocks of texts, future studies might explore reducing these demands with preschool children.

690 Returning to the second consideration of whether inference training is possible in 691 preschoolers using implicit methods, the indirect nature of the instruction provided may also 692 explain the null results. Our training was focused on parents asking inferencing questions and 693 children answering them, with parents responding to incorrect answers using minimal. 694 prompted, item-specific feedback. Although the shared reading materials were designed to 695 highlight gaps in the text, relying on children to realise that these gaps existed and then make 696 the required inference without more explicit feedback may have overestimated their 697 capabilities at this age: learning opportunities may have been too subtle to effect the 698 hypothesised change. One reason for adopting this implicit approach was that explicit 699 instruction is not easily accessible by 4-year-olds, yet to begin formal education. Another was 700 the challenge of training parents in explicit methods. The current evidence base for the 701 effectiveness of explicit parent-delivered interventions is small (Burgoyne et al., 2018; Huat 702 See & Gorard, 2013) relative to the more substantial literature on the success of interventions 703 by trained professionals (Bianco et al., 2010; Fricke, Bowyer-Crane, Haley, Hulme & 704 Snowling, 2013; Fricke et al., 2017; Rogde, Melby Lervag, & Lervag, 2016). Thus, 705 inferencing interventions may be more effective if delivered by early years professionals who 706 could adapt some of the explicit methods used in the classroom with older children, e.g., 707 giving practice in text prediction or in lexical inference (McGee & Johnson, 2003; Yuill &

Oakhill, 1988). Indeed, a single study has shown that these explicit approaches can be
effective for 4-year-olds' inferencing abilities over a longer period (Bianco et al., 2010). This
is not to say that the medium of shared book reading is problematic in itself; explicit
feedback can be integrated into natural book-sharing interactions via adult modelling (van
Kleeck, 2008, p. 638). Indeed, the discussions between caregiver and child resulting from
adult feedback is likely to be beneficial for inferencing training, cf. simply answering
comprehension questions (Yuill & Oakhill, 1988).

715 Our results raise the more general question of whether it makes sense to train 716 inferencing as an isolated skill in preschoolers, or to instead concentrate on other aspects of 717 language such as vocabulary. We found that both baseline and post-test measures of 718 inferencing were highly correlated with children's baseline language ability as measured by 719 the CELF Language Content Index (tapping vocabulary breadth, concept development, 720 sentence comprehension, and comprehension of lexical relationships). This suggests that our 721 measure of inferencing - and indeed inferencing ability in general - might reflect general 722 language ability, and we would welcome studies that further analyse the nature of this 723 association. Language skill (or more specifically the vocabulary component) may be a more 724 powerful determinant of inferencing ability than the type of inferencing training we 725 administered. This explanation is in line with evidence from individual differences and 726 longitudinal studies showing vocabulary knowledge to be a key predictor of inferencing 727 (Currie & Cain, 2015; Language and Reading Research Consortium, Currie, & Muijselaar, 728 2019; Lucas & Norbury, 2015; Silva & Cain, 2015), and is also supported by the lexical 729 quality hypothesis which predicts that more precise knowledge of words promotes efficient 730 text comprehension (Perfetti, 2007). If a child doesn't yet know a word (i.e., developing 731 vocabulary breadth) or have a sufficiently rich representation of its meaning (i.e., developing 732 vocabulary depth), they are less likely to integrate the word into the situation model to make

733 the required inference during comprehension. In the case of semantic inferences for example, 734 a rich and robust knowledge of word meanings is required to map between a word and its 735 synonyms, co-hyponyms, or superordinates (e.g., knowing that apples and bananas are types 736 of fruit), thus greater vocabulary depth and richer semantic networks facilitate more efficient 737 and more complex semantic inferences. In a recent study that analysed the concurrent and 738 longitudinal relations between inference-making, vocabulary, and verbal working memory in 739 4- to 5- through to 8- to 9-year-olds, both vocabulary breadth and (to a lesser extent) depth 740 explained inference-making skill in the early grades, i.e., at the same age as our sample 741 (Language and Reading Research Consortium et al., 2019).

742 Furthermore, vocabulary can boost the memory processes recruited during 743 inferencing. Robust word representations can support the maintenance of semantic 744 information in verbal working memory (Nation, Adams, Bowyer-Crane, & Snowling, 1999; 745 Walker & Hulme, 1999), and efficient maintenance of word meaning is necessary for 746 integrating information distributed throughout the discourse. Thus, good vocabulary supports 747 inferencing in (at least) two distinct ways. A more effective approach to scaffolding 748 inferencing might be to focus on boosting vocabulary breadth, depth, and conceptual 749 knowledge, all of which can be used in making inferences. As vocabulary has been 750 implicated in the development of multiple aspects of comprehension (Marulis & Neumann, 751 2010; 2013; Ouellette, 2006; Wright & Cervetti, 2017), training word learning could be a 752 powerful tool to benefit language across the board. Accruing a greater vocabulary size and a 753 richer knowledge of word meaning may be of particular benefit to inferencing. Interestingly, 754 there is emerging evidence for a reciprocal relationship between vocabulary and inferencing 755 skill (Language and Reading Research Consortium et al., 2019). This highlights the 756 importance of practising both skills in the classroom to benefit not only the discrete skills 757 them, but the way that each can support the other.

758 Another reason for favouring a focus on lower-level language skills such as 759 vocabulary and lexical relationships is the apparent lack of transfer in our data. That is, the 760 lack of transfer between inferencing skills practised during the training to those required at 761 post-test could be taken to suggest a lack of generalisability between semantic domains. For 762 example, if a child can make the inference that sitting on sand means being at the beach, this 763 does not guarantee that they can make a different type of inference, say about a character's 764 motivation or the consequences of their actions. Although learning about the sand/beach 765 connection would increase a child's knowledge about that specific domain, it may not be 766 useful for higher-level, general-purpose inferencing ability (if such a thing exists). This 767 hypothesis is also in line with the modest correlations between baseline and post-tests of 768 inferencing (r = .59 in the control group and r = .4 in the training group). That is, it may not 769 be possible to train "general purpose" inferencing. If this is the case then a more fruitful 770 approach to boosting inferencing may be to focus on vocabulary and the development of 771 richly connected semantic networks.

772

# 2 Summary and Recommendations

773 There are several reasons - separately or in combination - which might explain why 774 our training was not effective in improving inferencing. Age of the children, use of implicit-775 exposure training, lack of transfer between inferencing domains, and the tentative link 776 between inferencing and underlying language ability could all have limited its potential to 777 effect change. Nonetheless, due to the firm evidence base suggesting that the development of 778 inferencing can be supported (albeit in older children and/or using more explicit methods), 779 and our use of a robust RCT, we had good reason to believe that the children might learn 780 from the training. The fact that they did not means that the evidence for inferencing training 781 using implicit methods with younger children remains negligible. Future interventions would

need to offer more support for children of this age and points to the following priorities forfuture research and practice.

First, the association that we found between language and inferencing skills suggests that a more effective approach to scaffolding inferencing in the preschool years might be to focus on promoting vocabulary to develop the broad, deep, and rapidly accessed semantic knowledge necessary to make inferences viable. This should be preceded by in-depth analysis of the links between inferencing and language ability.

789 Second, interventions using more explicit inferencing training could shed light on 790 whether the implicit nature of the current intervention was the limiting factor for 791 preschoolers. To do this, materials could be adapted from successful interventions for older 792 children (e.g., Bianco et al., 2010; McGee & Johnson, 2003; Yuill & Oakhill, 1988) to 793 determine whether explicit inferencing training could be accessible and effective for 794 preschoolers. It may be that this type of training is best delivered professionally, i.e., at 795 preschool. As reviewed above, the most successful inferencing interventions have used direct 796 teaching methods, with frequent, explicit focus on the target skill or structures, and have 797 often used group-based delivery methods (Elleman, 2017). These specialist skills that might 798 allow children to gain insights into inference- making are likely best found in well trained 799 teachers.

Third, we would support future lab-based experimental studies to unpick the components of specific types of inferences, the inferencing-making process, and the associated cognitive resources (e.g., working memory, background knowledge, vocabulary – including its speed of access; Cain, Lemmon, & Oakhill, 2004; Freed & Cain, 2017; Language and Reading Research Consortium, 2018; Oakhill, Cain, & McCarthy, 2015). While the current study purposely chose to test a wide range of inference types, future studies

806 might select from a more restricted range to investigate how different inference types vary in 807 their developmental trajectories, how responsive they are to training, and how they are 808 underpinned by different cognitive resources. This kind of research programme would 809 provide new insights into limiting factors in early development and how best to support 810 inference development at different points of development. This knowledge could also inform 811 more effective tests for assessing inferencing in the preschool years, e.g., exploring the use of 812 graphic organisers to support memory demands and organise key ideas when inferencing 813 (Nesbit & Adesope, 2006), and using the most supportive dyadic contexts for inferencing, 814 e.g., allowing children to demonstrate their inferencing abilities via narratives rather than 815 undergoing formal question-and-answer tests (van Kleeck, 2006, p. 292). There is also scope 816 for future studies to adopt a joint enquiry approach in which parents and children 817 collaboratively answer questions, giving parents opportunity to be reading role models and 818 model their own inferencing and deduction processes.

819 Although our intervention was designed to maximise fidelity – indeed we have no 820 reason to infer that parents did not administer it as intended - future studies should monitor 821 implementation directly, e.g., by asking families to record their intervention sessions and then 822 analysing a proportion of these against the protocols (e.g., Noble et al., under review b). In 823 studies which find no effect of the chosen intervention, direct monitoring would provide 824 specific information about why parent-delivered interventions are not effective. Prior to 825 further RCTs, feasibility studies are essential for clarifying the acceptability of proposed 826 interventions to stakeholders.

Finally, we would like to reiterate the importance of reporting and publishing nullresults. Our findings show the usefulness of rigorously evaluating well-founded interventions

- to inform future work, and of disseminating the findings to practitioners who can use the
- 830 emerging evidence in identifying and developing effective practices.
- 831
- 832 Appendices<sup>2</sup>
- 833 Appendix A: Trial registration
- 834 Appendix B: CONSORT 2010 checklist
- 835 Appendix C: Inferencing training video script
- 836 Appendix D: Inferencing intervention support leaflet
- 837 Appendix E: Inferencing intervention materials. Book titles, inference-eliciting questions,
- and model responses
- 839 Appendix F: Inferencing test materials. Bespoke inferencing vignettes, comprehension
- 840 questions, and coding scheme
- 841 Appendix G: Scores by inference question and inference type

<sup>&</sup>lt;sup>2</sup> Available at <u>https://osf.io/95qr8</u>.

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