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28 **Abstract**

29 Diaphragm dysfunction accompanies cardiopulmonary disease and impaired oxygen delivery.
30 Vascular endothelial growth factor (VEGF) regulates oxygen delivery through angiogenesis,
31 capillary maintenance, and contraction-induced perfusion. We hypothesized that myofiber-
32 specific VEGF deficiency contributes to diaphragm weakness and fatigability. Diaphragm protein
33 expression, capillarity and fiber morphology, mitochondrial respiration and hydrogen peroxide
34 (H_2O_2) generation, and contractile function were compared between adult mice with conditional
35 gene ablation of skeletal myofiber VEGF (Sk $VEGF^{-/-}$; n=12) and littermate controls (n=13).
36 Diaphragm VEGF protein was ~50 % lower in Sk $VEGF^{-/-}$ than littermate controls (1.45 ± 0.65 vs.
37 3.04 ± 1.41 pg/total protein; $P=0.001$). This was accompanied by an ~15% impairment in maximal
38 isometric specific force ($F_{[1,23]} = 15.01$, $P=0.001$) and a trend for improved fatigue resistance
39 ($P=0.053$). Mean fiber cross-sectional area and type I fiber cross-sectional area were lower in
40 Sk $VEGF^{-/-}$ by ~40 % and ~25% ($P<0.05$). Capillary-to-fiber ratio was also lower in Sk $VEGF^{-/-}$
41 by ~40% ($P<0.05$), thus capillary density was not different. Sarcomeric actin expression was
42 ~30% lower in Sk $VEGF^{-/-}$ ($P<0.05$), while myosin heavy chain and MAFbx were similar
43 (measured via immunoblot). Mitochondrial respiration, citrate synthase activity, PGC-1 α , and HIF-
44 1 α were not different in Sk $VEGF^{-/-}$ ($P>0.05$). However mitochondrial-derived reactive oxygen
45 species (ROS) flux was lower in Sk $VEGF^{-/-}$ ($P=0.0003$). In conclusion, myofiber-specific VEGF
46 gene deletion resulted in a lower capillary-to-fiber ratio, type I fiber atrophy, actin loss, and
47 contractile dysfunction in the diaphragm. In contrast, mitochondrial respiratory function was
48 preserved alongside lower ROS generation, which may play a compensatory role to preserve
49 fatigue resistance in the diaphragm.

50

51 Abstract word count: 244 (250 max).

52

53

54 **New and Noteworthy (75 words max).**

55 Diaphragm weakness is a hallmark of diseases where oxygen delivery is compromised. Vascular
56 endothelial growth factor (VEGF) modulates muscle perfusion, however it remains unclear
57 whether VEGF deficiency contributes to the onset of diaphragm dysfunction.

58

59 Conditional skeletal myofiber VEGF gene ablation impaired diaphragm contractile function and
60 resulted in type I fiber atrophy, a lower number of capillaries per fiber, and contractile protein
61 content. Mitochondrial function was similar and ROS flux was lower. Diaphragm VEGF deficiency
62 may contribute to the onset of respiratory muscle weakness.

63

64 **Introduction**

65 Respiratory muscle weakness develops in many clinical conditions, such as acute critical illness,
66 chronic cardiopulmonary disorders, and in aging (23). In particular, impairments to the main
67 muscle of respiration, the diaphragm, contributes substantially to pulmonary complications and
68 poor clinical outcomes in patients (18, 33). However, the mechanisms that induce diaphragm
69 weakness and effective rescue treatments remain poorly resolved. Most clinical disorders
70 associated with diaphragm dysfunction are characterized by abnormal microvasculature and O₂
71 delivery (49) (e.g., critical illness, chronic heart failure, chronic obstructive pulmonary disease;
72 COPD). Abnormalities in the O₂ transport system may be a key mechanism for triggering the
73 onset of diaphragm weakness (23). Vascular endothelial growth factor (VEGF) is a
74 transmembrane glycoprotein that is requisite for blood vessel development and maintenance in
75 all mammalian organs. VEGF is a family of 5 growth factors (VEGF-A, VEGF-B, VEGF-C, VEGF-
76 D, PGF) that have various roles during embryonic/adult tissue development and maintenance.
77 However, VEGF-A (referred hereafter as VEGF) is the most predominant form in the majority of
78 tissues/organs in adults. In addition to signal transduction for angiogenesis, VEGF is critical for
79 stem cell recruitment, maintenance of vulnerable barriers (i.e. lung, nephron and kidney cells),
80 and protection of neural tissue (10, 51).

81
82 VEGF plays a critical role in locomotor skeletal muscle structure and function and these variables
83 impact whole-organism functions, such as exercise tolerance (26, 50). Further, skeletal muscle
84 remodeling following exercise training is highly dependent on VEGF being properly expressed in
85 a variety of tissues, including skeletal myofibers (16, 25). VEGF is down-regulated in leg muscle
86 samples taken from patients with diseases characterized by abnormalities in O₂ supply, such as
87 in COPD (5). In contrast, the role of VEGF expression in the diaphragm remains poorly
88 characterized and whether low VEGF contributes to diaphragm contractile dysfunction is
89 unknown. Interestingly, in rats undergoing mechanical ventilation where the diaphragm

90 undergoes arrest to induce severe fiber weakness, VEGF is reduced by around two-fold (11, 17).
91 However in conditions with high mechanical respiratory loading, such as COPD (2) or under
92 hypoxic conditions (46), VEGF mRNA expression in the diaphragm is elevated. Thus, it seems
93 that in conditions characterized by diaphragm disuse such as in critical illness, a reduction in
94 VEGF expression may contribute towards respiratory muscle weakness. The mechanisms that
95 underpin diaphragm dysfunction have been suggested to include fiber atrophy (due to an
96 imbalance in protein synthesis/degradation), elevated reactive oxygen species (ROS), an
97 oxidative to glycolytic fiber type transition, and mitochondrial dysfunction (23, 41).

98

99 Based upon the importance of VEGF in locomotor skeletal muscle during adaptation to exercise
100 training and various pathologies, we aimed to measure whether VEGF deficiency modulates
101 diaphragm contractile function, capillarity, fiber structure, and mitochondrial bioenergetics. Given
102 that diaphragm tissue demonstrates a high degree of cellular abnormalities in a variety of
103 diseases (6, 8, 9, 31, 32), we hypothesized that low myofiber VEGF impairs diaphragm contractile
104 function and is accompanied by fiber remodeling and mitochondrial functional deficits including
105 capillary regression, fiber atrophy, shifts from oxidative to glycolytic fiber types, and reduced
106 maximal mitochondrial oxygen flux with increased ROS generation.

107

108 **Materials and Methods**

109 Animals and Study Design

110 We measured diaphragm biochemistry, structure, and contractile function in adult mice with
111 conditional deletion of the VEGF-A gene in skeletal myofibers (SkmVEGF^{-/-}). To achieve this, we
112 maintained and bred mice homozygous for the VEGFLoxP transgene (22) with mice
113 heterogeneous for HSA-Cre-ER^{T2} (44). Animals were housed in a pathogen-free vivarium in
114 plastic cages, with a 12:12 hr light:dark cycle, and fed a standard chow diet (Harlan Tekland 8604,
115 Madison, WI) with water ad libitum. Conditional myofiber-specific deletion of VEGF was initiated
116 at 10 weeks of age (body weight ~20 g) using a tamoxifen-inducible HSA-Cre-ER^{T2} system in the
117 VEGFLoxP mice on a C57BL/6J background (16). Male SkmVEGF^{-/-} mice (n=12) were compared
118 to floxed wild type (WT) controls (n=13) that did not express cre recombinase (HSA-Cre-ER^{T2/-}).
119 All mice received tamoxifen (1 mg/day i.p.) for 5 consecutive d (D0-D4). Following completion of
120 the tamoxifen treatment period and sufficient time for VEGF expression to be decreased, mice
121 were anesthetized on day 21 (D21) with inhaled isoflurane vaporized in 100% O₂ and killed
122 through removing the major organs. Our protocol was approved by the University of California,
123 San Diego, Animal Care and Use Committee and was conducted in accordance to guidelines
124 outlined by the NIH's Guide for the Care and Use of Laboratory Animals.

125

126 Genotyping

127 The presence of HSA-Cre-ER^{T2} transgene was measured by PCR from tail DNA and forward 5'-
128 CTAGAGCCTGTTTTGCACGTTC-3' and reverse primers 5'-TGCAAGTTGAATAACCGGAAA-3'.
129 The conditions during cycling were a 2-min polymerase activation incubation at 95°C, 35 cycles
130 of 30 s denaturation at 94°C, 30 s annealing at 52.1°C, 60 s elongation at 72°C, followed by one
131 8-min elongation at 72°C.

132

133 Diaphragm Dissection and Contractile Function

134 The diaphragm was excised through a laparotomy and thoracotomy. The right costal diaphragm
135 muscle was divided for measurement of mitochondrial function and the remainder immediately
136 snap-frozen in liquid N₂ for later biochemical analyses. The left costal diaphragm muscle was
137 prepared in a Krebs-Hanseleit buffer solution (120.5 mM NaCl, 4.8 mM KCl, 1.2 mM MgSO₄, 1.2
138 mM NaH₂PO₄, 20.4 mM NaHCO₃, 1.6 mM CaCl₂, 10 mM dextrose, 1 mM pyruvate at a pH of 7.4)
139 and a muscle bundle (~3 mg) connected from rib to central tendon was dissected, sutured (size
140 4.0), and mounted horizontally in a buffer-filled organ bath at room temperature equilibrated with
141 95%O₂-5%CO₂. The suture connected to the rib was secured to a hook in the organ bath while
142 the tendon was tied to an adjustable-length force transducer (Model 920CS, DMT, Aarhus, DK).
143 The muscle was stimulated via platinum electrodes with a supramaximal current (500-ms train
144 duration; 0.25-ms monophasic pulses) via a high-power stimulator (Model S88, Grass Medical
145 Instruments, Quincy, MA). The muscle bundle was set at an optimal length equivalent to the
146 maximal twitch force produced and a 15-min equilibration period followed. A force-frequency
147 protocol was then performed at 1, 15, 30, 50, 80, 120, 150, and 300 Hz, respectively, separated
148 with 1-min rest intervals. Following a 5-min period in which muscle length was measured using a
149 digital micrometer, the muscle underwent a fatigue protocol over 5 min (40 Hz every 2 s with a
150 500-ms train duration). The muscle was subsequently detached, trimmed free from rib and
151 tendon, blotted dry on filter paper, and weighed. Muscle force (N) was normalized to muscle cross-
152 sectional area (cm²) by dividing muscle mass (g) by the product of optimal length (cm) and
153 estimated muscle density (1.06 g/cm³) (13), which allowed specific force in N/cm² to be calculated.

154

155 Mitochondrial function

156 Dissected diaphragm tissue (~5-10 mg) was placed immediately in preservation solution at 4°C.
157 Preservation medium (BIOPS) contained 10 mM Ca²⁺-EGTA buffer, 20 mM imidazole, 50 mM K⁺-
158 4-morpholineethanesulfonic acid (MES), 0.5 mM dithiothreitol, 6.56 mM MgCl₂, 5.77 mM ATP, 15

159 mM phosphocreatine and a pH of 7.1. Fiber bundles (each approximately 0.5 to 1 mg) were
160 transferred to a plastic culture dish and kept in BIOPS at 4°C. The bundles were mechanically
161 separated using sharp forceps and a dissection microscope (Leica, DE). The bundles were
162 permeabilized with a 30 min incubation in saponin (50 µg/ml) dissolved in BIOPS at 4°C. Tissues
163 were washed of saponin for 10 min in respiration medium at 4°C. Fiber bundles were weighed to
164 the nearest µg using an ultrabalance (UMX2, Mettler-Toledo, Greifensee, CH) and transferred
165 into a calibrated respirometer (Oxygraph 2k, OROBOROS INSTRUMENTS, Innsbruck, AT)
166 containing 2 ml of media in each chamber. Respirometry and fluorometry was performed in
167 duplicate at 37°C in stirred media (MiR05+Cr) containing 0.5 mM EGTA, 3 mM MgCl₂, 60 mM K-
168 lactobionate, 20 mM taurine, 10 mM KH₂PO₄, 20 mM HEPES, 110 mM sucrose, 20 mM creatine,
169 and 1 g/l BSA essentially fatty acid free, adjusted to pH 7.1. [O₂] in the media was kept between
170 300–500 µM.

171
172 A substrate-uncoupler-inhibitor-titration (SUIT) protocol (37) included: 10 mM glutamate and 2
173 mM malate to support electron entry through complex I (GM; 'LEAK' state), 5 mM ADP to stimulate
174 oxidative phosphorylation ('OXPHOS_CI' state), 10 mM succinate to maximize convergent
175 electron flux at the Q-junction (ADP+S; OXPHOS_CI+II), carbonyl cyanide-3-
176 chlorophenylhydrazone (CCCP) titrated in 0.5 µM steps to achieve maximal uncoupled respiration
177 for measurement of electron transport system capacity ('ETS' state), 0.5 µM rotenone to inhibit
178 complex I (Rot; ETS_CII). The flux control ratio for OXPHOS was calculated as
179 (OXPHOS_CI/ETS) and (OXPHOS_CI+II/ETS). OXPHOS coupling efficiency was calculated as
180 (1-LEAK/OXPHOS_CI+II). The substrate control ratio for succinate was calculated as
181 (OXPHOS_CI+II/OXPHOS_CI).

182
183 In parallel to respirometry, the green fluorescence-sensor of the O2k-Fluo LED2-Module
184 (OROBOROS) and the Amplex UltraRed assay was used to measure hydrogen peroxide (H₂O₂)

185 production during of the respiratory states – an index of total mitochondrial ROS production (27).
186 Amplex UltraRed (AmR; 10 μ M), horseradish peroxidase (HRP; 1 U/mL) and superoxide
187 dismutase (SOD; 5 U/mL) were injected prior to addition substrates. AmR is oxidized by H₂O₂ in
188 the presence of HRP and allows for an excitation/emission at 563 and 587 nm. [H₂O₂] was
189 determined by calibrating to a series of injections of 0.1 μ M H₂O₂ using a 40 μ M stock solution
190 made fresh daily.

191

192 Muscle Biochemistry

193 VEGF protein in diaphragm tissue was quantified by ELISA and normalized to total protein, in
194 accordance to the manufacturer's instructions (VEGF Mouse ELISA, R&D Systems, La Jolla, CA).
195 For western blotting, frozen muscle samples were homogenized in relaxing buffer (90 HEPES,
196 126 KCl, 36 NaCl, 1 MgCl, 50 EGTA, 8 ATP, 10 creatine phosphate, in mmol/L at pH 7.4)
197 containing a protease inhibitor mix (Inhibitor mix M, Serva, Heidelberg, Germany), and sonicated
198 for 10 cycles (Sonoplus GM70, Bandelin Electronics, Berlin Germany), with protein content of the
199 homogenate subsequently determined (BCA assay, Pierce, Bonn, Germany). Citrate synthase
200 activity (a marker of mitochondrial content) was assessed at room temperature, as previously
201 described (6, 8, 9, 31, 32). Diaphragm homogenates (5 - 20 μ g) mixed with loading buffer (126
202 mM Tris-HCl, 20% glycerol, 4% SDS, 1.0% 2-mercaptoethanol, 0.005% bromophenol blue; pH
203 6.8) were separated by SDS-polyacrylamide gel electrophoresis. Proteins were transferred to a
204 polyvinylidene fluoride membrane (PVDF) and incubated overnight at 4°C with the following
205 primary antibodies for the contractile proteins of myosin heavy chain (MyHC; 1/1000, Sigma-
206 Aldrich, Taufkirchen, Germany), and sarcomeric actin (1/500; Sigma-Aldrich, Taufkirchen,
207 Germany), the signaling proteins of PGC1- α (1/200, Santa Cruz, Heidelberg, Germany) and HIF1-
208 α (1/200, Santa Cruz, Heidelberg, Germany), and the stress-related proteins MAFbx (1/2000;
209 Eurogentec, Seraing, Belgium) and NADPH oxidase subunit gp91^{phox} (1/1000; Abcam,
210 Cambridge, UK). Membranes were subsequently incubated with a horseradish peroxidase-

211 conjugated secondary antibody and specific bands visualized by enzymatic chemiluminescence
212 (Super Signal West Pico, Thermo Fisher Scientific Inc., Bonn, Germany) and densitometry
213 quantified using a 1D scan software package (Scanalytics Inc., Rockville, USA). Blots were then
214 normalized to the loading control GAPDH (1/30000; HyTest Ltd, Turku, Finland), which we
215 confirmed was not different between experimental groups. All data are presented as fold change
216 relative to control group.

217

218 Histology

219 Liquid-nitrogen isopentane frozen diaphragm sections prepared for cryosectioning were cut at 10
220 μm , mounted on glass cover slips, and incubated overnight at 4°C in antibody diluent (Dako,
221 Hamburg, Germany) with primary antibodies against myosin heavy chain type I fibers (M8421,
222 1/400; Sigma, Taufkirchen, Germany) or laminin (1/200; Sigma, Taufkirchen, Germany). After
223 washing with TBST, sections were incubated with fluorescently-conjugated (Alexa 488)
224 secondary antibodies for 1 h, further washed, and then visualized under a fluorescent microscope.
225 Images were captured at x5 magnification and merged to allow fiber morphology to be determined
226 using imaging software (Analysis Five, Olympus, Münster, Germany), which included ~300-500
227 fibers in a muscle area of ~500,000 μm^2 (i.e., ~40-50% of the total muscle section). Stained fibers
228 (bright green) were taken as type I, unstained fibers (black) as type II, with fiber boundaries
229 demarcated in red. In addition, capillaries were stained with lectin specific to endothelial cells
230 using rhodamine-conjugated Griffonia simplicifolia lectin-1 (1:250 dilution; Vector Laboratories
231 Ltd, Peterborough, UK), with the capillary-to-fiber (C/F) ratio (number of capillaries to number of
232 fibers) and capillary density (CD; number of capillaries per mm^2 of muscle tissue) calculated
233 alongside the mean fiber cross sectional area (FCSA). Images were captured at x40
234 magnification, which included ~100 fibers in a muscle area of ~120,000 μm^2 (i.e., ~15% of the
235 total muscle section).

236

237 Statistical analyses

238 Means were compared, where appropriate, with t-tests. Diaphragm muscle contractile function
239 data were analyzed using a two-factor repeated measures ANOVA (contraction time × genotype
240 and contraction frequency × genotype). Mitochondrial function data were analyzed using a two-
241 factor repeated measures ANOVA (respiratory state × genotype). Data are presented as mean ±
242 SD, and, where appropriate, the 95% confidence interval (CI₉₅) is included.

243

244 **Results**

245 In this conditional VEGF deficiency mouse model, we confirmed VEGF protein levels were lower
246 in the diaphragm of SkmVEGF^{-/-} mice compared to WT mice by ~50% (1.45±0.65 vs. 3.04±1.41
247 pg/total protein; P=0.001).

248

249 Contractile function

250 Specific force generated by diaphragm fiber bundles was impaired following VEGF deletion by
251 ~15% in SkmVEGF^{-/-} compared to WT mice (F[1,23] = 15.01, P=0.001; main effect of genotype),
252 which occurred at both low and high stimulation frequencies ranging from 15 to 300 Hz (Fig 1A).
253 Similarly, there was a rightward shift in the normalized force frequency relationship (F[1,23] =
254 2.98, P=0.045; interaction), with relative forces lower between 30 - 120 Hz in SkmVEGF^{-/-}
255 diaphragm fiber bundles (Fig. 1B). In contrast, fatigue resistance tended to be higher in
256 SkmVEGF^{-/-} compared to WT mice during the fatigue protocol (F[1,23] = 4.15, P=0.053; main
257 effect of genotype), such that relative force tended to be ~10% higher throughout the repeated
258 contractions (Fig. 1C). Twitch kinetics remained unaltered following VEGF deletion, with no
259 differences (P>0.05) between WT and SkmVEGF^{-/-} mice in terms of time to peak tension (TPT;
260 43±7 vs. 42±3 ms, respectively) and half-relaxation time (HRT; 60±17 vs. 63±16 ms, respectively).

261

262 Muscle structure and protein expression

263 The C/F ratio was ~40% lower in SkmVEGF^{-/-} compared to WT mice (P=0.008; Fig. 2A). In
264 contrast, the CD remained unchanged between groups (P>0.05; Fig. 2B) which can be explained
265 by the scale-dependent consequence of VEGF deletion lowering mean FCSA in parallel (Fig. 2C;
266 P=0.023). Representative muscle sections from WT and SkmVEGF^{-/-} are presented in Fig. 2D-E.
267 Fiber proportion for type I slow and type II fast myosin heavy chain isoforms were not different

268 between SkmVEGF^{-/-} and WT mice (P=0.455; Fig. 2F), with type I fibers representing ~10 % of
269 overall fiber population. In contrast, however, type I fiber cross-sectional area was lower by ~25
270 % in SkmVEGF^{-/-} compared to WT mice (P=0.027; Fig. 2G). No difference was detected in type
271 II fiber cross-sectional area between the groups (P=0.786; Fig. 2G). While no difference was
272 observed between groups for MyHC expression (P=0.429; Fig. 3A), the smaller type I fiber size
273 corresponded to an ~30% lower level of the key contractile protein actin (P=0.011; Fig. 3B). We
274 subsequently measured key proteins known to be involved in fiber atrophy signaling, but found
275 no differences between groups in relation to the key E3 ligase MAFBx (P=0.189; Fig. 4A) and
276 major ROS source NADPH oxidase (P=0.091; Fig. 4B). We also probed for protein expression of
277 key upstream regulatory proteins in the VEGF signaling cascade, but found no differences in
278 protein expression of HIF-1 α (P=0.417; Fig. 4C) and PGC-1 α (P=0.176; Fig. 4D).

279

280 Mitochondrial function

281 Diaphragm mitochondrial O₂ consumption was not different between SkmVEGF^{-/-} and WT (F[1,80]
282 = 0.85, P=0.36, Fig 5A), nor was an interaction present (respiratory state \times genotype: F[4,80] =
283 0.1, P=0.98, Fig 5A). However, H₂O₂ production was lower in SkmVEGF^{-/-} vs WT (F[1,75] = 14.57,
284 P=0.0003, Fig 5B), with particular differences observed at OXPHOS_CI+II and ETS_CII
285 respiratory states. OXPHOS coupling efficiency, the ratio of free to total OXPHOS capacity, was
286 not different between SkmVEGF^{-/-} and WT (Fig 5C). There were no differences (P>0.05) in the
287 flux control ratios (FCR) for ADP-stimulated respiration (Fig 5D-E) or in the substrate control ratio
288 (SCR) for succinate (Fig 5F). Citrate synthase activity was also not different (P>0.05) between
289 WT and SkmVEGF^{-/-} mice (8.38 \pm 0.73 vs. 8.20 \pm 0.96 μ mol/min/mg protein, respectively).

290

291 **Discussion**

292 We found that myofiber-specific VEGF deficient mice produce reduced specific tension in the
293 diaphragm accompanied by a lower C/F ratio, fiber atrophy and loss of sarcomeric actin content.
294 While the mechanisms linking VEGF signaling to diaphragm weakness remain unclear, we
295 suggest it may be related to the lower number of capillaries supplying each fiber. This could limit
296 oxygen and nutrient availability and affect contractile function via tissue hypoxia, inflammation,
297 and/or protein homeostasis (23). Interestingly, diaphragmatic mitochondrial function and content
298 were maintained in VEGF deficient mice and mitochondrial-derived ROS generation was lower.
299 These findings suggest that vascular dysfunction may lead to metabolic compensation in
300 myofibers that manifests as improved fatigue resistance measured in the absence of neural or
301 vascular systems.

302

303 **Myofiber-VEGF deletion leads to diaphragm weakness**

304 Conditional gene deletion of skeletal myofiber-specific VEGF in adult mice reduced VEGF protein
305 levels by ~50%. While other cells, including endothelial cells, macrophage stem cells and
306 fibroblast express VEGF, myofibers are the major source of VEGF in skeletal muscle (50). Rather
307 than life-long VEGF gene ablation, conditional deletion provides a more clinically relevant model
308 to investigate whether diaphragm VEGF deficiency is linked to respiratory muscle weakness in
309 adult patients. The reduction in diaphragm VEGF levels were similar to that reported previously
310 in life-long skeletal myofiber targeted VEGF gene ablated (~60% reduction) 20 week old mice
311 (50). Life-long VEGF deficiency reduces diaphragm capillarity by around 40%, and this reduction
312 in capillaries was almost two-fold greater than that observed in locomotor muscles in this same
313 mouse line (50). We observed a similar trend in the present study. Conditional VEGF gene-
314 deletion induced in adult mice resulted in an ~40% lower C/F ratio in the diaphragm. However, in
315 contrast to mice with life-long loss of the VEGF gene, locomotor skeletal muscle capillaries are
316 stable when VEGF gene deletion is initiated in adult mice (16, 26).

317

318 While low VEGF levels are associated with conditions where diaphragm dysfunction is developed
319 such as mechanical ventilation (11, 17), a direct link had not been previously explored. Given the
320 diaphragm's high degree of sensitivity when homeostasis is challenged (6, 8, 9, 31, 32), we
321 anticipated low VEGF expression would impair diaphragm contractile function. A major finding of
322 our current study, therefore, was confirming that VEGF deficiency impairs isometric specific forces
323 by ~15% in the diaphragm. These functional differences are similar to that observed in patients
324 and experimental animal models where diaphragm fiber function is impaired, such as in
325 mechanical ventilation, critical illness, and heart failure (24, 31, 40). The contractile dysfunction
326 was present at both low (15-30 Hz) and high (120-300 Hz) stimulation frequencies, which
327 indicates that low VEGF-dependent signaling could impact a range of respiratory movements,
328 such as resting and exercising ventilation in addition to acute respiratory exacerbations involving
329 airway clearance.

330

331 Our data add important knowledge to indicate that respiratory muscle shows a substantial degree
332 of sensitivity to VEGF ablation. This is not surprising given the diaphragm shows a high sensitivity
333 to dysfunction compared to the limbs when challenged by disease states such as heart failure
334 (53), systemic hypertension (8), and pulmonary hypertension (14). Thus, the onset of diaphragm
335 weakness may represent an early marker of disease. The mechanism(s) is likely underpinned by
336 the diaphragm's persistent contraction pattern, which renders it highly susceptible to early
337 changes in mechanical loading (possibly related to pulmonary/acid-base disturbance) and/or
338 delivery of oxygen, nutrients, inflammatory cytokines, and ROS (23). Deficient skeletal myofiber
339 VEGF levels are also linked to whole-body reductions in exercise tolerance (26, 50), and our data
340 provide support that respiratory muscle weakness may be a contributing factor.

341

342

343 **Mechanisms of VEGF-induced diaphragm weakness**

344 The mechanism(s) by which VEGF deficiency induced diaphragm contractile dysfunction remains
345 unclear. Our data confirmed impaired force generation at both low and high stimulation
346 frequencies in isolated fiber bundles concomitant with a rightward shift in the normalized force-
347 frequency relationship. Impaired forces at the low stimulation frequencies and the rightward shift
348 in the normalized force-frequency relationship in VEGF deficient diaphragm fibers could be
349 interpreted as a result of a slow-to-fast fiber type switch and/or alterations in calcium handling
350 (i.e., more rapid Ca^{2+} release/reuptake dynamics). However, we found no changes between
351 groups in terms of fiber type or twitch kinetics, which would argue against such mechanisms
352 acting. However, we did find that protein expression of sarcomeric actin was ~25% lower in the
353 diaphragm of SkmVEGF^{-/-} mice, which could directly limit cross-bridge cycling thus limiting force
354 generating capacity. It remains unclear why we observed a preferential loss of actin compared to
355 myosin. A disproportionate loss between the major contractile proteins is not uncommon and this
356 has been reported in various conditions including critical illness myopathy, immobilization, and
357 microgravity (21, 35). Under conditions of VEGF deficiency, therefore, various mechanisms may
358 be induced in the diaphragm including the preferential degradation of actin (following specific
359 targeting of numerous activated E3 ligases), impaired transcription and synthesis of actin, and/or
360 an imbalance in protein turnover rates between actin and myosin (21, 35).

361

362 The lower actin content was also a likely factor underlying atrophy preferentially observed in type
363 I fibers in the diaphragm of SkmVEGF^{-/-} mice. The reason for why we observed a preferential fiber
364 type I atrophy in VEGF deficient skeletal muscle remains unclear, but it may be consequent to
365 type I fibers having a more rich capillary supply than type II fibers. Therefore, type I fibers may be
366 more susceptible to contractile protein loss (and thus atrophy) under conditions associated with
367 VEGF deficiency that severely impair capillary maintenance [e.g., cigarette smoke exposure; (34,
368 52)]. Interestingly, loss of thin filaments may increase the maximal shortening velocity (V_{max}) even

369 without a change in MyHC (42). Without a measure of V_{max} , however, we can only speculate at
370 this point.

371
372 It is important to note that it remains unclear how much this loss of actin actually contributed to
373 the observed contractile weakness/type I fiber atrophy given the small proportion of type I fibers
374 present in mouse diaphragm. Nonetheless, in other diseases where O_2 delivery is impaired, such
375 as heart failure and COPD, reduced actin content in combination with muscle dysfunction and
376 atrophy are present (7, 30, 47). In muscle wasting following dexamethasone treatment or cigarette
377 exposure in mice, VEGF protein expression is also reduced (4). In combination, these findings
378 suggest VEGF may play a critical role in modulating protein homeostasis. However, we wish to
379 note a few limitations in our methodology, which include not distinguishing between the type II
380 fiber subtypes (a, x, b) and use of a low salt buffer to assess levels of MyHC and actin where total
381 abundance may not be accurately reflected if incompletely solubilized (43).

382
383 The signaling pathways responsible for protein loss and fiber atrophy in VEGF deficiency remain
384 unclear, but likely include an upregulation in protein degradation and/or a downregulation in
385 protein synthesis in muscle with insufficient supply of O_2 . Given that conditional VEGF ablation
386 led to around a ~40% lower C/F ratio and as previous data have shown it can also impair muscle
387 perfusion (26, 50), it is possible that VEGF deficiency in muscle induces tissue hypoxia to activate
388 proteolytic pathways (15). It is important to note that this is speculative, as we do not have a
389 measure of diaphragm tissue hypoxia in vivo from the current study. Nonetheless, as protein
390 levels of the key E3 ligase atrogenes MAFbx were not different between WT and SkmVEGF^{-/-} mice
391 suggests diaphragm VEGF deficiency may upregulate other key atrophic pathways associated
392 with contractile protein degradation (e.g., calpain, caspase-3, MuRF1, or increased ubiquitin
393 proteasome activity; (7, 30, 48)) or via inhibition of protein synthesis (e.g., Akt, mTOR, p70S6K

394 (45)). Future investigation into the role VEGF exerts over various protein synthesis/degradation
395 signaling molecules may therefore prove worthwhile.

396

397 Elevated ROS in the diaphragm in disease can also stimulate protein degradation (45) and induce
398 post-translational oxidative contractile protein modifications (9). However, as our ROS measures
399 of mitochondrial as well as transmembrane NADPH oxidase were not elevated in *SkmVEGF^{-/-}*,
400 with both known to be strong mediators of diaphragm weakness (1), this argues against VEGF
401 deficiency inducing diaphragm weakness via a ROS-related mechanism. However, an activity-
402 based assay of NADPH oxidase should be considered for future experiments. We also probed
403 upstream regulators involved in the VEGF signaling cascade for potential compensatory
404 adaptations to the VEGF deficiency. Both HIF-1 α and PGC-1 α independently stimulate VEGF (3),
405 with VEGF generally secreted by the transcription factor HIF-1 α in response to hypoxic conditions
406 (19) and by the transcriptional coactivator PGC-1 α in response to exercise (29). Both HIF-1 α and
407 PGC-1 α signaling in diaphragm tissue were not impacted in the present study indicating they do
408 not form part of a compensatory response to VEGF deficiency.

409

410 **VEGF deletion does not impact diaphragm mitochondrial respiration**

411 Mitochondrial impairments are developed in diseases associated with diaphragm dysfunction (38,
412 40). However, in our study in situ mitochondrial O₂ consumption was not impacted. Neither
413 mitochondrial content (as assessed by citrate synthase) nor the coupling efficiency or respiratory
414 capacity were different under VEGF deficiency. Whether the fiber atrophy that occurred following
415 VEGF deficiency acted as a compensatory mechanism to maintain mitochondrial respiratory
416 function remains unclear but seems a reasonable suggestion. For example, in response to
417 derangements in muscle perfusion, a lower muscle size may help maintain adequate O₂ diffusion
418 between capillary and myocyte (26).

419

420 In contrast, mitochondrial-derived ROS flux was lower following VEGF ablation. The mechanisms
421 underlying lower mitochondrial ROS flux in *SkmVEGF^{-/-}* mice remains uncertain, but it could be
422 related to a higher anti-oxidant enzyme capacity. For example, a compensatory increase in
423 oxidative enzyme activity (i.e., citrate synthase, β -HAD) occurs in both locomotor and diaphragm
424 muscle in mice with VEGF deficiency from birth (36) and in the gastrocnemius following
425 conditional deletion (16). As a shift towards greater muscle oxidative capacity is commonly
426 associated with increased anti-oxidant enzyme activities (e.g., superoxide dismutase, glutathione
427 peroxidase, catalase) (39), this could be a plausible explanation for why mitochondrial ROS flux
428 may be lower. However our current data showed citrate synthase activity remained unchanged.

429

430 High mitochondrial ROS production is particularly common in conditions associated with
431 diaphragm weakness, such as heart failure (28) and mechanical ventilation (40). Surprisingly, we
432 found that mitochondrial-derived ROS flux was lower in VEGF deficient diaphragm fibers. As
433 NADPH oxidase, a cytosolic ROS marker, was also not different between groups, our data
434 indicate that diaphragm weakness induced by VEGF deficiency is unlikely to be mediated by
435 elevated oxidative stress. *SkmVEGF^{-/-}* mice may have been better protected against ROS-
436 induced muscle fatigue, as increased ROS production during repeated contractions inhibits force
437 generation (12). Interestingly, improvements in relative fatigue of the diaphragm in vitro are also
438 present in disease (31), which suggests the *SkmVEGF^{-/-}* mouse model may closely reflect
439 pathological states and thus mirror adaptations to that often observed after long-term endurance
440 training (39). However, the observation of this improved fatigue resistance may be dependent on
441 the in vitro muscle fatigue protocol employed. Using a “matched-stimulus” rather than “matched-
442 initial specific force” protocol, healthy (or control) diaphragm fibers generate higher absolute
443 forces initially and throughout to induce an apparent more rapid fatigue (20, 31). Therefore, the
444 fatigue protocol employed in our study may explain why relative fatigue resistance was higher in
445 mice with VEGF deficiency and extrapolation of these findings should be interpreted with caution.

446

447 **Conclusions**

448 Skeletal myofiber-specific VEGF deletion resulted in diaphragm contractile dysfunction that was
449 accompanied by lower CF ratio, smaller type I fibers, lower sarcomeric actin protein, and lower
450 mitochondrial ROS generation. Whether differences in type I fiber size, capillarity, and ROS
451 generation compensated to protect mitochondrial respiratory function remains unclear. Deficient
452 diaphragm VEGF levels may be a contributing factor to the onset of diaphragm dysfunction and
453 provide a viable treatment target for patients afflicted with respiratory muscle weakness.

454

455 **Competing Interests**

456 Authors have no competing interests.

457

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463

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470 Cellulaire for generously providing the HSA-CreER^{T2} mouse strain.

471

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651

652 **Figure Legends**

653 **Figure 1.** Diaphragm contractile function in skeletal muscle-specific VEGF deficient (skmVEGF^{-/-}
654) mice compared to wild type (WT) controls. Isolated diaphragm fiber bundles were stimulated at
655 increasing stimulation frequencies to measure isometric specific force (**A**) and normalized relative
656 to maximum force (**B**), with fatigability assessed during repeated stimulations (**C**). Data are
657 mean±SD. *P<0.01; §P<0.05 skmVEGF^{-/-} vs WT.

658
659 **Figure 2.** Diaphragm structural properties in skeletal muscle specific-VEGF deficient (skmVEGF^{-/-}
660 ^{-/-}) mice compared to wild type (WT) controls, which included assessment of capillary-to-fiber (C/F)
661 ratio (**A**), capillary density (CD) (**B**), and mean fiber cross-sectional area (FCSA) (**C**) (n = 5 per
662 group). Representative immunofluorescent diaphragm sections from WT (**D**) and skmVEGF^{-/-} (**E**)
663 mice (fiber boundaries stained red, type I fibers green, and type II fibers unstained), revealed no
664 change in fiber type proportions (**F**) but a type I specific fiber atrophy in skmVEGF^{-/-} mice
665 compared to WT controls (n = 8-11 per group). Data are presented as mean±SD. *P<0.05
666 skmVEGF^{-/-} vs WT.

667
668 **Figure 3.** Protein expression in the diaphragm of the key contractile proteins myosin heavy chain
669 (MyHC; **A**) and sarcomeric actin (**B**), as well as respective representative blots (**C**) in skeletal
670 muscle-specific VEGF deficient (skmVEGF^{-/-}) mice compared to wild type (WT) controls. Data
671 were normalized to the loading control GAPDH and calculated as fold change (Δ) vs. WT. Data
672 are presented as mean±SD. *P=0.01 skmVEGF^{-/-} vs WT.

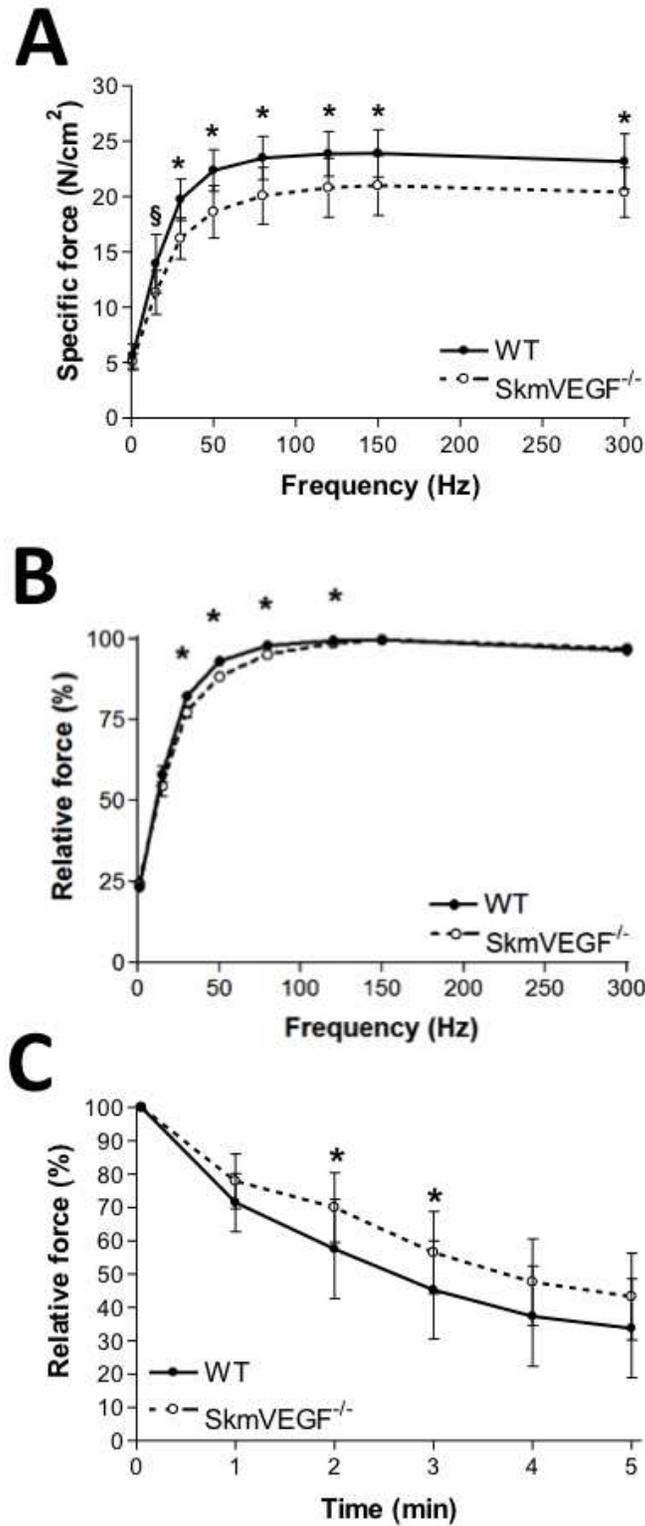
673
674 **Figure 4.** Diaphragm protein expression along with representative blots of regulatory muscle
675 signalling proteins measured in skeletal muscle-specific VEGF deficient (skmVEGF^{-/-}) mice
676 compared to wild type (WT) controls, which included the key atrogen MAFBx (**A**) and ROS source
677 NADPH oxidase (subunit gp91^{phox}) (**B**), as well as the upstream VEGF activators HIF-1α (**C**) and

678 PGC-1 α (D). Data were normalized to the loading control GAPDH and calculated as fold change
679 (Δ) vs. WT. Data are presented as mean \pm SD.

680

681 **Figure 5.** Diaphragm mitochondrial respiratory function and ROS production. Rate of oxygen
682 consumption (J_{O_2}) measured during a high-resolution respirometry substrate-uncoupler-inhibitor-
683 titration (SUIT) protocol. **Panel A:** LEAK: glutamate+malate for LEAK state respiration.
684 OXPHOS_CI: ADP for the phosphorylating state with substrates provided to complex I.
685 OXPHOS_CI+II: ADP+succinate. ETS: Carbonyl cyanide m-chlorophenyl hydrazine for
686 uncoupled respiration and electron transport system capacity. ETS_CII: Rotenone added to inhibit
687 complex I. **Panel B:** H₂O₂ flux measured simultaneous to J_{O_2} . Main effect of genotype present
688 ($F[1, 75] = 14.57, P=0.0003$) and * denotes different to WT. **Panel C:** OXPHOS coupling efficiency
689 was calculated as $(1-LEAK / OXPHOS_CI+II)$. **Panel D:** Flux control ratio (FCR) for OXPHOS_CI
690 was calculated as $(OXPHOS_CI / ETS)$. **Panel E:** FCR for OXPHOS_CI+II was calculated as
691 $(OXPHOS_CI+II / ETS)$. **Panel F:** Substrate control ratio (SCR) for succinate was calculated as
692 $(OXPHOS_CI+II / OXPHOS_CI)$. Error bars are SD, n=8-10.

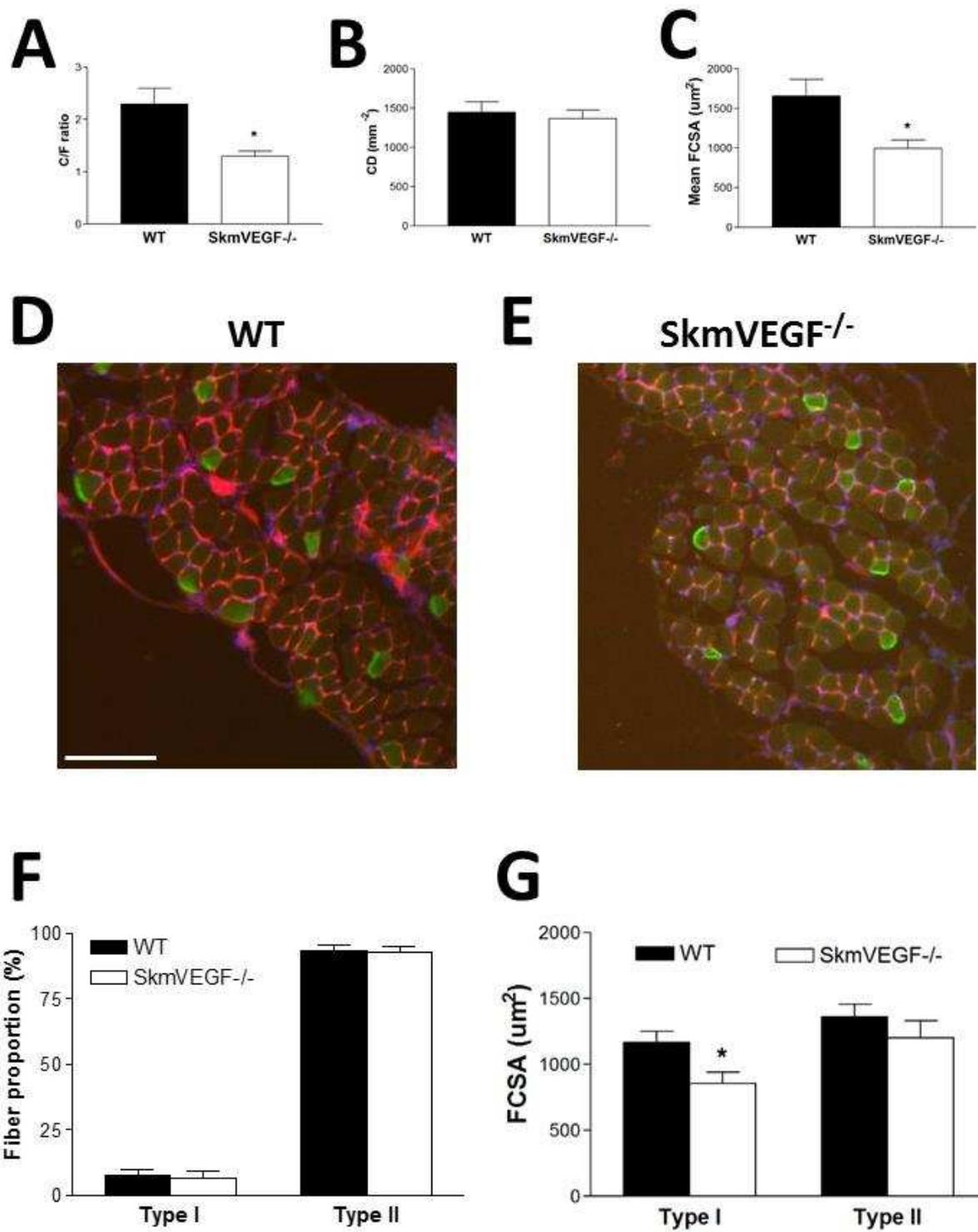
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695 **Figure 1.**

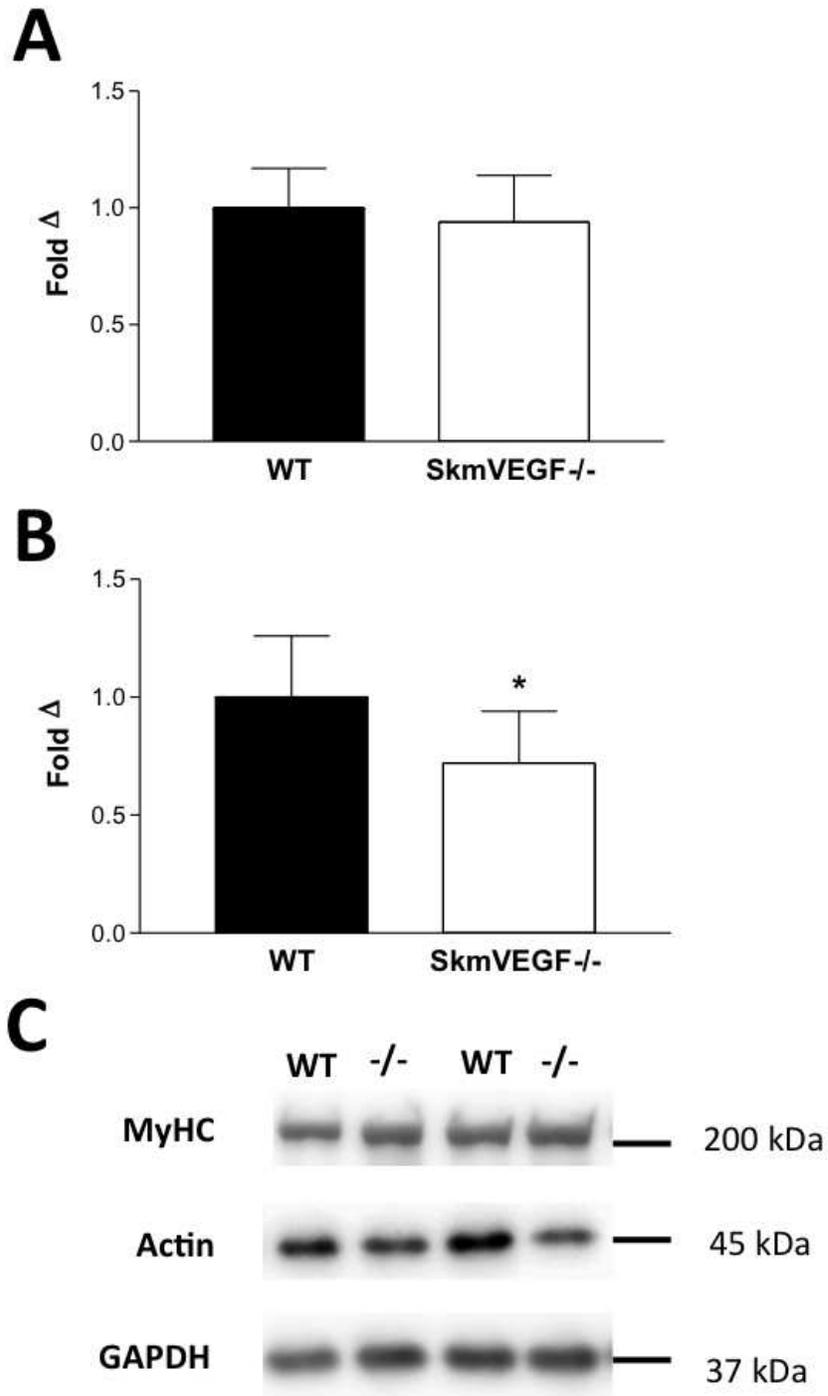
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698 **Figure 2.**

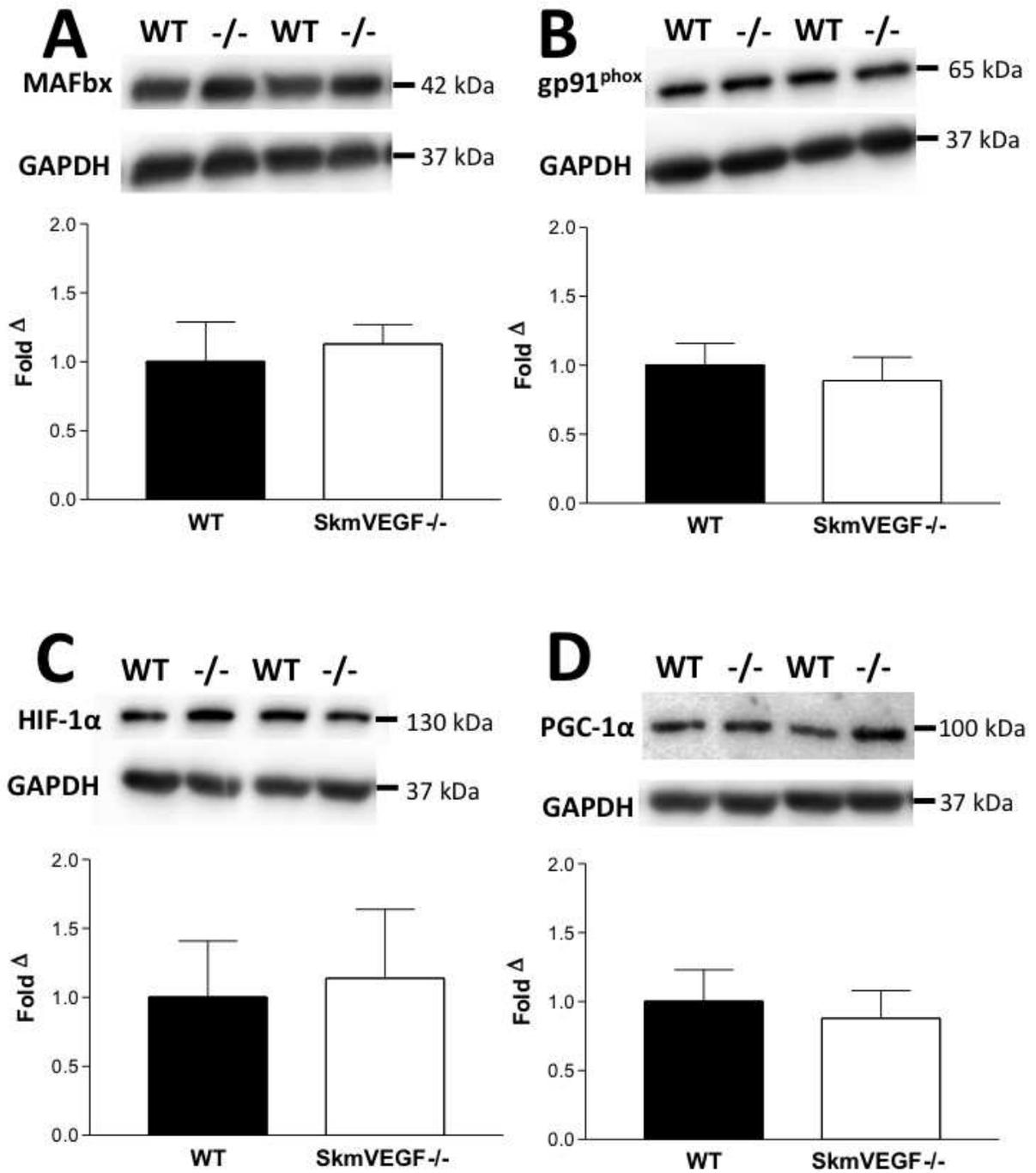
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701 **Figure 3.**

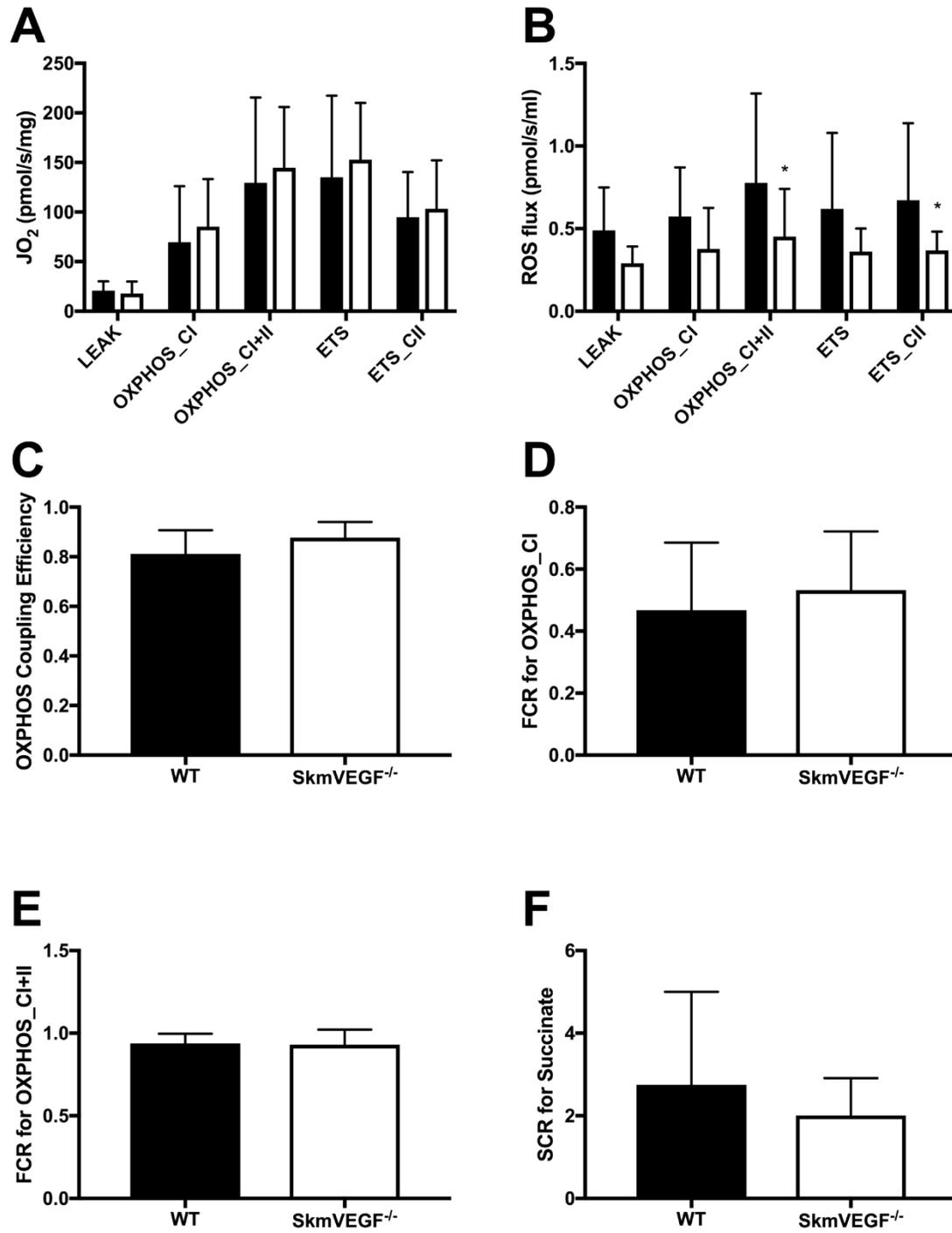
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703

704 **Figure 4.**

705



706

707 **Figure 5.**

708