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Yu, H, Guo, Z, Wang, S et al. (8 more authors) (2019) Fabrication of Hybrid Materials from Titanium Dioxide and Natural Phenols for Efficient Radical Scavenging against Oxidative Stress. *ACS Biomaterials Science and Engineering*, 5 (6). pp. 2778-2785. ISSN 2373-9878

<https://doi.org/10.1021/acsbiomaterials.9b00535>

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Characterization, Synthesis, and Modifications

Fabrication of hybrid materials from titanium dioxide and natural phenols for efficient radical scavenging against oxidative stress

Huayang Yu, Zhili Guo, Shuqi Wang, Algy Kazlauciusas, Simran Channa, Ganwarige Sumali N. Fernando, David P Martin, Sergey A Krasnikov, Alexander N. Kulak, Christine Boesch, and Natalia N. Sergeeva

ACS Biomater. Sci. Eng., **Just Accepted Manuscript** • DOI: 10.1021/acsbmaterials.9b00535 • Publication Date (Web): 03 May 2019

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Fabrication of hybrid materials from titanium dioxide and natural phenols for efficient radical scavenging against oxidative stress

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KEYWORDS. Oxidative stress, titanium dioxide, polyphenols, surface modification, antioxidants, LPO and MTT assay, cytotoxicity

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3 ABSTRACT. Oxidative stress caused by free radicals is one of the
4
5 great threats to inflict intracellular damage. Here, we report a
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7 conventional approach to synthesis, characterization and
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9 evaluation of radical activity of titanium based composites. We
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11 have investigated the potential of natural antioxidants (curcumin,
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13 quercetin, catechin and vitamin E) as radical scavengers and
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15 stabilizers. The titanium oxide composites were prepared via three
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17 steps including sol-gel synthesis, carboxylation and
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19 esterification. A degree of the functionalization was assessed by
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21 TGA and shown to be between 20% to 30%. The characterization of
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23 the titanium-phenol composites was carried out by FTIR, XRD, UV-
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25 vis, LD and SEM methods. The radical scavenging ability of the
26
27 novel materials was evaluated using DPPH and in vitro assay using
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29 isolated rat liver mitochondria. The novel materials exhibit both
30
31 higher stability and an antioxidant activity compared to bare TiO₂.
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33 It was found that curcumin and quercetin based composites show
34
35 highest antioxidant efficiency among the composites under study
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37 followed by catechin and vitamin E based materials. The results
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39 from MTT assay carried on Caco-2 cell line, indicates that the
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41 composites do not contribute to the cytotoxicity *in vitro*. This
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43 study demonstrates that a combination of powerful antioxidants
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45 with titanium dioxide can change its functional properties and
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47 provides a convenient strategy against oxidative stress.
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Introduction

Reactive species (ROS/ RNS) can be considered as a double-edge sword: playing an important role in regulating vital cellular functions, but at the same time, they can also trigger oxidative stress, therefore contributing to the acceleration of aging, diabetes, development of neurodegenerative and cardiovascular diseases as well as initiation and progression of cancer.¹⁻⁹ Oxidative stress has a detrimental impact on cell life cycle by inducing extensive damage to DNA, lipids and proteins.^{1,10-14} Antioxidative defence mechanisms involve both enzymes and non-enzymatic pathways.^{15,16} Common antioxidants include the vitamins A, C and E, the superoxide and glutathione enzymes; other examples cover mixed carotenoids, flavonoids, antioxidant, minerals and co-factors.^{16,17} Polyphenolic compounds such as flavonoids show scavenging activity for various reactive species including superoxide¹⁸⁻¹⁹, peroxy radicals^{20,21} and peroxynitrite²². Their structure and ability to interact and to penetrate the membrane of a phospholipid bilayer are thought to be the major factors of flavonoid antioxidant activity.^{23,24} Flavonoids such as quercetin and catechin are common and found in many edible plants consumed daily in a variety of products e.g. chocolate, red wine and tea.²⁵

Titanium dioxide (TiO₂) is a naturally occurring mineral and is being used as a white pigment. The global market of TiO₂ was

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3 estimated to be USD 15.76 billion in 2018 and is expected to
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5 increase until at least 2025. Its production accounts for ca. 70%
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7 of the total volume of pigments manufactured worldwide with a large
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9 proportion used in food-drug-cosmetics (FDC) sector. Many
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11 applications of titania are related to human health and include
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13 personal care products, pharmaceuticals and food products (E171 in
14
15 the EU) to name a few.²⁶ However, recent studies suggest that
16
17 nanoparticulate TiO₂ can pose a risk to the human health as it can
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19 initiate the production of strong oxidants e.g. free radicals
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21 leading to the formation of hydrogen peroxide, when exposed to
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23 TiO₂ containing products.²⁶⁻³⁶ However, even a food grade TiO₂ (E171)
24
25 contains at least 36% of nano-TiO₂, with the particle size less
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27 than 100 nm.²⁸ While some sectors cannot avoid using nano-TiO₂,
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29 some such as FDC sector could benefit from alternative approaches.
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31 TiO₂ is often associated with its surface morphology.³⁷ Electronic
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33 properties of TiO₂ vary significantly depending on the physical
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35 properties such as the particle size and crystallinity, and
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37 photochemical activity. Therefore, it is possible to alter these
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39 properties through surface functionalisation. Many natural phenols
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41 and polyphenols are biocompatible and economically viable; and
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43 some can have demonstrated to provide protection from oxidative
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45 stress.³⁸⁻⁴² Their use to manipulate the surface properties of
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47 substrates by coating, precipitation and encapsulation strategies
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49 has become very attractive.⁴³⁻⁴⁹
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3 In this study, we demonstrate that plant-derived natural phenols
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5 such as quercetin (capers), curcumin (curry), α -tocopherol
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7 (vitamin E) and catechin (green tea) can be used to covalently
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9 modify the surface of titanium dioxide, leading to a significant
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11 increase in the radical scavenging capability of the hybrid
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13 material. A consequence of intracellular ROS accumulation is the
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15 lipid peroxidation (LPO) of mitochondria membrane and/or an
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17 increase in the permeability of the late. Thus, this study aims to
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19 assess the effects of the materials on iron-induced LPO and
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21 explores the impact of these composites on hydrogen peroxide
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23 production in isolated mitochondria. The final objective is to
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25 investigate the effect of polyphenols-TiO₂ materials on
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27 mitochondrial oxidative stress production and cytotoxicity.
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32 33 34 **Materials and methods**

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37 The materials were characterised by Attenuated Total Reflection
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39 (ATR-PLATINUM) and Fourier Transform Infrared Spectroscopy (FTIR,
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41 BRUKER ALPHA). The particle size distribution of the products was
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43 measured by Dynamic Light Scattering (DLS, Malvern ZETASIZER NANO
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45 ZSP). X-Ray Diffraction (XRD, D2 PHASER BRUKER and Diffrac
46
47 Commander Software) was used to identify the amorphous or
48
49 crystalline properties of the products. Scanning Electron
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51 Microscopy (SEM, Quorum Q150RS, Coating unit-13nm of gold) was
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53 used to analyse the topography of the particle surface.
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3 **Synthesis of titanium dioxide microspheres via sol-gel assisted**
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5 **method**
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9 1-Hexadecylamine (98%, 5 g) was dissolved in 825 ml of absolute
10 EtOH. The aqueous KCl solution (3 mL) was added into the mixture
11 followed by the quick addition of titanium (IV) tetraisopropoxide
12 (17.6 mL) under vigorous stirring at room temperature. The
13 reaction mixture was kept static for 18 h to allow TiO₂ suspension
14 to be formed. The suspension of TiO₂ was filtered, washed with EtOH
15 and dried to yield TiO₂ microspheres as a white powder.
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25 **Carboxylation of titanium dioxide surface**
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29 The TiO₂ microspheres (8 g) were dispersed in 450 mL of doubly
30 distilled water and stirred at room temperature for 30 min. Then,
31 the mixture was ultrasonicated for 30 minutes and monochloroacetic
32 acid (5 g) was added slowly under vigorous stirring. The reaction
33 mixture was refluxed at 100°C for 12 hours. The reaction was cooled
34 to room temperature and the supernatant was decanted. The residue
35 was washed with deionised water to reach a neutral pH. Finally,
36 the microspheres were collected by vacuum filtration and dried
37 under vacuum yielding carboxylated TiO₂ as a white powder.
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50 **Synthesis of titanium dioxide composites: [TiO₂-QR], [TiO₂-CT],**
51 **[TiO₂-αTC] and [TiO₂-CR]**
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3 Carboxylated TiO₂ (0.7 g) was dispersed in 95 mL of isopropyl
4 alcohol and stirred under reflux at 80°C for 30 minutes. Then 0.05
5 mL of con. H₂SO₄ was added to the reaction. Typically, 0.25 g of
6 an appropriate natural phenol was dissolved in 2.5 ml of isopropyl
7 alcohol and added to the mixture. The resulted reaction mixture
8 was refluxed at 80°C for 3 hours. The reaction was cooled to room
9 temperature and the suspension was filtered. The esterified TiO₂
10 composites were washed with absolute ethanol and deionised water
11 and dried under the vacuum and then in the oven at 80°C for 24
12 hours.
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27 **Determination of radical scavenging activity by DPPH assay**

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31 Antioxidant ability was measured using DPPH (2,2-diphenyl-1-
32 picryl-hydrazyl-hydrate) assay.⁵⁰ In brief, 0.1 mM DPPH stock
33 solution in 60% ethanol and 0.5 mg/mL stock solutions of TiO₂ and
34 its composites in DMSO were prepared. A concentration range from
35 0.00625-10 mg/mL was mixed with DPPH radical stock solutions and
36 incubated for 30 min in the dark. Absorption spectra of the samples
37 were recorded. The A₀ and A_n values were measured as intensities
38 of the absorption peak at 517 nm in UV-vis spectra of each sample
39 after background subtraction. Radical scavenging activity was
40 calculated using following equation 1:
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$$\%Activity = \frac{A_0 - A_n}{A_0} \times 100\%$$

Equation 1. A_0 -absorbance of DPPH solution; A_n -absorbance of DPPH with the corresponding concentration of TiO_2 material.

Isolation of mitochondria fractions from rat liver tissue

Mitochondria fractions were isolated from rat liver (obtained from the Animal Unit, University of Leeds) according to literature⁵¹. Briefly, fresh liver tissue was minced in ice-cold buffer (0.01 M Tris/MOPS, pH 7.4; 0.2 M sucrose; 0.1 mM EGTA) in a tissue to buffer ratio of 1:5-1:10. The homogenate was centrifuged at 600 x g for 10 min at 4°C to remove cell debris. The resulting supernatant was centrifuged at 5,000 x g for 20 min at 4°C and the supernatant discarded. The pellet was washed with isolation buffer and centrifuged again (5,000 x g, 20 min, 4°C). The pellet containing mitochondria was carefully re-suspended and frozen in aliquots at -80°C. Mitochondria protein was quantified using BCA assay (Pierce, Fisher Scientific, Loughborough, UK) with bovine serum albumin as standard.

Inhibition of mitochondria oxidative stress

The test compound dependent inhibition of iron sulphate induced lipid peroxidation was assayed as thiobarbituric acid reactive

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3 substances in mitochondria as recently described⁵². Briefly,
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5 mitochondria samples (1 mg protein per mL) were pre-incubated with
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7 test compounds (0.025, 0.05, 0.1, 0.2, 0.4 mg/mL) for 30 min at
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9 37°C, centrifuged to remove non-associated compounds and
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11 subsequently challenged with 5 mM iron (II) sulphate. Samples were
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13 incubated for 20 min at 90 °C after protein precipitation and
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15 addition of TBA. The resulting dye was extracted with butanol and
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17 absorbance was measured at 540 nm using a plate reader.
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23 **Cytotoxicity assessment by MTT assay**

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26 Human intestinal Caco-2 cells (obtained from ECACC) were grown in
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28 Dulbecco's modified Eagle's medium (DMEM) supplemented with 10%
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30 (v/v) fetal bovine serum, 1% (v/v) non-essential amino acids and
31
32 1% (v/v) penicillin/streptomycin mix. Cells were seeded at $8.2 \times$
33
34 10^4 cells/ cm² in 24-well plates and after 48 h (\geq 90% confluence)
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36 incubated with TiO₂-composites at concentrations ranging from 0,
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38 0.25 - 2.5 µg/mL for 24 h. Then, the medium was replaced by DMEM
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40 containing MTT (0.5 mg/mL) and the formazan dye solubilized with
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42 DMSO following incubation. Absorbance was measured at 570 nm using
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44 a plate reader and cell viability calculated as % change compared
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46 to control cells.
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51 **Statistical analysis**

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3 The data is expressed as means \pm SD, results were considered
4 statistically significant, when p value was < 0.05 . All experiments
5 were independent and conducted in triplicate or more.
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10 **Results and discussion**

11 **Surface functionalisation of titanium dioxide with natural phenols**

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17 Figure 1A summarises a modification of titanium dioxide [TiO_2] with
18 natural phenols such as quercetin (QR), catechin (CT), curcumin
19 (CR) and α -tocopherol (TC) as the most biologically active form of
20 vitamin E. The hybrid materials have been prepared in three steps:
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22 (1) sol-gel synthesis of TiO_2 , (2) carboxylation of the TiO_2 surface
23 and (3) surface esterification with polyphenols. The sol gel
24 approach allows to control the structure, size and shape of TiO_2
25 particles and thus has been used in this study. The titanium
26 dioxide microspheres [TiO_2] were produced from $\text{Ti}(\text{OPr}^i)_4$ via
27 surfactant assisted sol-gel method.⁵³⁻⁵⁵ This is an efficient
28 synthetic strategy based on the hydrolysis of titanium (IV)
29 alkoxides. A rate of the hydrolysis and consequently a desired
30 particle size has been controlled by the amount of aqueous KCl
31 used in the reaction. It has been shown that the low calcination
32 temperatures ($< 300^\circ\text{C}$) lead to a relatively low photoactivity due
33 to a low crystallinity of the TiO_2 sample.³⁷ To avoid an increase
34 in the photoactivity, the synthesised amorphous TiO_2 was used
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without hydrothermal treatment. Functionalisation of the TiO_2 surface with carboxylic groups was achieved using chloroacetic acid in water. A surface of carboxylated TiO_2 microspheres [$\text{TiO}_2\text{-CO}_2\text{H}$] was esterified with the natural phenols to produce covalently modified titanium dioxide composites: from quercetin [$\text{TiO}_2\text{-QR}$], catechin [$\text{TiO}_2\text{-CT}$], α -tocopherol [$\text{TiO}_2\text{-}\alpha\text{TC}$] and curcumin [$\text{TiO}_2\text{-CR}$].

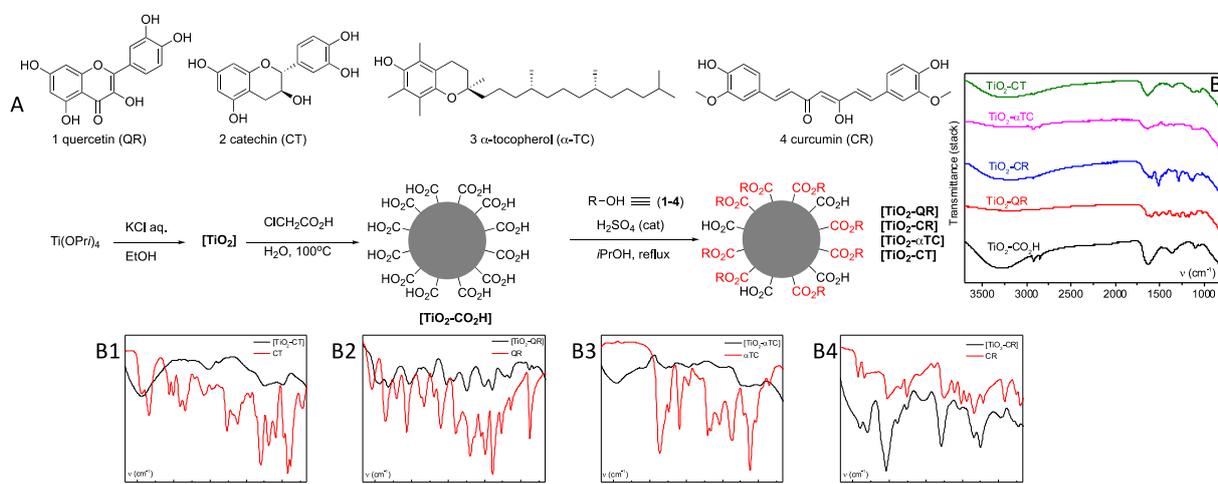


Figure 1. A) Preparation of [TiO_2], [$\text{TiO}_2\text{-CO}_2\text{H}$], [$\text{TiO}_2\text{-QR}$], [$\text{TiO}_2\text{-CT}$], [$\text{TiO}_2\text{-}\alpha\text{TC}$] and [$\text{TiO}_2\text{-CR}$]. B) FTIR spectra of the modified TiO_2 composites (stack) and B1-B4) the detailed IR region ($1700\text{-}950\text{ cm}^{-1}$) showing the spectra of the pure polyphenol and the respective TiO_2 modified material.

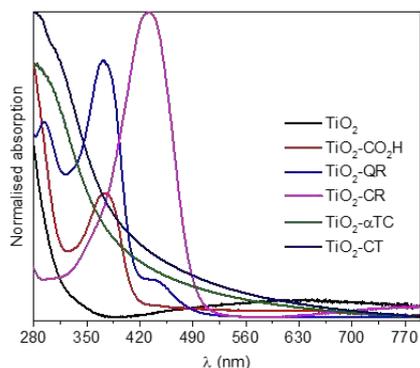
The reaction was carried out in isopropanol in the presence of sulphuric acid as a catalyst. The progress of the esterification has been followed by FTIR, the strong peak at 3273 cm^{-1} associated

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3 with O-H stretching band of [TiO₂-CO₂H] decreased over time with
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5 typical reaction times of 90 minutes. (Fig. 1B) FTIR was also used
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7 as a primary tool to confirm a success of the functionalisation of
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9 the carboxylated titanium dioxide with the natural phenols. (Fig.
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11 1B) FTIR spectrum of the starting [TiO₂-CO₂H] features the strong
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13 bands at 1630 cm⁻¹ (C=O) and 1356 cm⁻¹ (C-O), and a large band
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15 starting from 900 cm⁻¹ associated with Ti-O-Ti stretching. All
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17 esterified TiO₂ based composites (Fig.1 B1-B4) show a strong change
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19 of C=O signal accompanied by the characteristic bands of the
20
21 attached natural phenol moieties, confirming the successful
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23 esterification. For instance, a flavonoid based material [TiO₂-QR]
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25 shows the strong peaks at 1635 cm⁻¹ (C=O), 1592 (C=C), 1510 (B-
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27 ring) and 1270 cm⁻¹ (C-O), which are common features of quercetin.
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29 Similarly, [TiO₂-CT] displays the strong bands at 1629 cm⁻¹ (C=O),
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31 1463-1440 cm⁻¹ (C-H), 1179-1127 cm⁻¹ (C-H), and 1049 cm⁻¹ (C-O-C).
32
33 FTIR spectra of the lipophilic polyphenol based materials feature
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35 [TiO₂-CR]: 1617-1588 cm⁻¹ (C=O), 1289-1123 cm⁻¹ (C-C, C-O and C-O-
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37 C) and [TiO₂-αTC]: 1630 cm⁻¹ (C=O), 1289-1123 cm⁻¹ (C-C, C-O, C-O-
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39 C).
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48 **Optical properties, crystallinity, morphology and stability**

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Optical properties of the TiO₂ materials were analysed using UV-vis absorption spectroscopy. It is evident from Fig. 2 that the light absorption ability of the synthesised composites has been



efficiently enhanced compared to that of the bare [TiO₂] (λ_{\max} <260 nm).

Figure 2. Normalised UV-vis absorption spectra of the TiO₂ materials.

The covalent functionalisation with polyphenols leads to the drastic changes in blocking of UVA (320-400 nm) and visible light radiation as the synthesised composites absorb between 320-600 nm. UV-vis spectrum of the carboxylated [TiO₂] exhibits a bathochromic shift of the TiO₂ band (λ_{\max} 265 nm) and a new signal at 345-422 nm (λ_{\max} 375 nm). Significant broadening in the absorption spectra is observed for [TiO₂- α TC] and [TiO₂-CT] composites suggesting that the spectra are represented by a few overlapping absorption signals with an increased contribution of long-wavelength bands with the maxima of absorption at 277 nm and at 264 nm, respectively. Since

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3 the absorbance of both wavelengths increased, the ability of UV
4 blocking also has improved. The TiO₂ materials modified with the
5 quercetin and curcumin, which have a large π - π system, show
6 distinct colour change from the original TiO₂ and carboxylated TiO₂
7 samples. Highly substituted [TiO₂-QR] exhibits a near-blue
8 absorption (λ_{max} 372 nm) with a shoulder (λ_{max} 440 nm) extending
9 into the visible region of up to 500 nm. Absorption spectrum of
10 the [TiO₂-CR] indicates a significant contribution from curcumin
11 fragment as the material has a large band (λ_{max} 433 nm) in the
12 visible region with a cut off around 500 nm.
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27 Powder XRD (PXRD) was used to identify the amorphous or crystalline
28 nature of the titanium dioxide based materials. PXRD analysis shown
29 in Fig. 3, confirms the structure of the TiO₂ microspheres to be
30 amorphous. While an annealing step of synthesis of bare TiO₂ was
31 omitted, PXRD of [TiO₂-CO₂H] shows the mixed-phase pattern of two
32 titania polymorphs. The surface modified composites show a similar
33 arrangement. Co-existence of anatase (A) and rutile (R) can be
34 clearly identified from characteristic diffraction peaks: anatase
35 (101) peak at 2-theta of 25.6° and rutile (110) at 2-theta of 27.5°.
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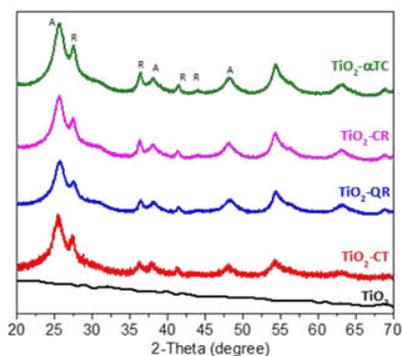


Figure 3. Powder XRD patterns of TiO₂ and modified TiO₂ composites: [TiO₂-CT], [TiO₂-QR], [TiO₂-CR] and [TiO₂-αTC].

The surface morphologies of TiO₂ composites have been analysed using scanning electron microscopy (SEM). SEM images (Fig. 4) show a smooth surface of bare TiO₂ particles with a particle size of around 1.7 μm. A carboxylated TiO₂ sample shows particles of a similar size with etched surfaces. A similar effect on the surface morphology is observed in the titania-polyphenol materials with crystal clusters clearly visible on the TiO₂ surface. In the series, the particle sizes are comparable with an average diameter of 1.5 μm, 1.3 μm, 1.6 μm and 1.3 μm for [TiO₂-QR], [TiO₂-CT], [TiO₂-CR] and [TiO₂-αTC], respectively.

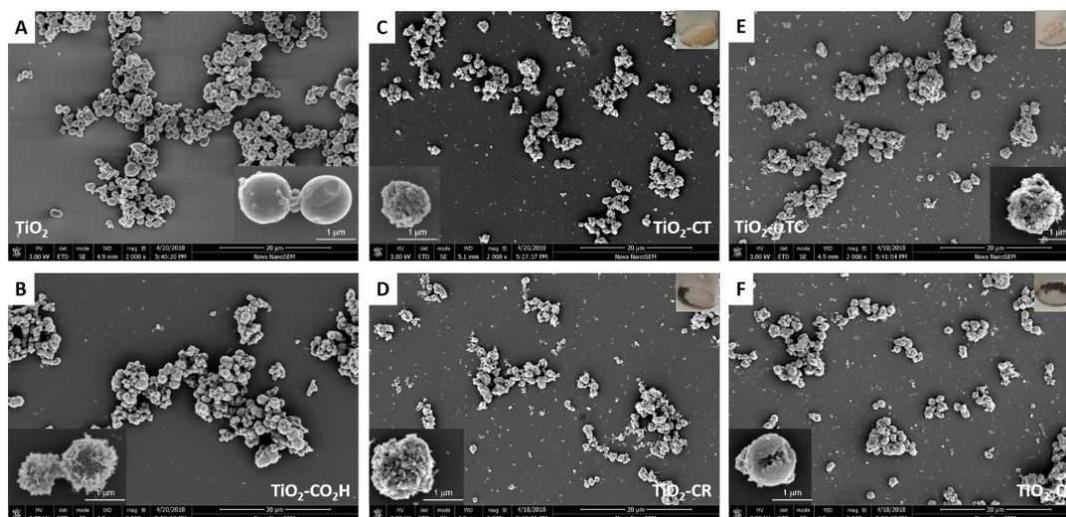


Figure 4. Surface morphology of titanium dioxide and the composites acquired by SEM imaging. A) [TiO₂], B) [TiO₂-CO₂H], C) [TiO₂-CT], D) [TiO₂-CR], E) [TiO₂-αTC] and F) [TiO₂-QR].

Generally, polyphenols show a low stability; thus, zeta potential analysis has been carried out to assess the stability of the TiO₂ composites and the effect of esterification. Water was used as a dispersion medium, and while a surface charge remains negative for all materials, the analysis reveals that the surface modification with polyphenols results in an improved stability of the materials. Compared to other samples, [TiO₂-QR] and [TiO₂-αTC] composites are the most stable with the zeta potential of -31.1 mV and -30.4 mV, respectively. Lower zeta values have been recorded for other samples: [TiO₂-CO₂H] -27.9 mV, [TiO₂-CT] -27.5 mV and [TiO₂-CR] -28.6 mV, with bare TiO₂ (-24.9 mV) being the least stable. Interestingly, overall stability has been improved with attachment of antioxidants.

Antioxidant properties and *in vitro* activity

Initial radical scavenging efficacy of the TiO₂ composites has been evaluated using DPPH radical assay. DPPH (1,1-diphenyl-2-picrylhydrazyl) is a stable free radical, which can be neutralised by antioxidants.⁵⁰ It produces a deep-violet solution with an absorption maximum at 517 nm. In this study, a final DPPH concentration of 50 μM was used, which falls within a range of accuracy for spectrophotometric measurements corresponding to a transmittance between 20-60%.⁵⁶ A stock solution (0.5 mg per mL) of the corresponding TiO₂ material was prepared in DMSO; and a concentration of TiO₂ and its composites in the range of 62.5-250 μg per mL was used. Aliquots (50-200 μL) of the corresponding materials were taken and the volume was made to 200 μL with 60% ethanol. The radical scavenging reaction was started by the addition of 200 μL of 0.1 mM DPPH stock solution. Figure 5a summarises the antioxidant activity of TiO₂ and its composites. Bare TiO₂ is inefficient in radical scavenging showing a low activity even at high concentrations. Moreover, at a higher concentration of TiO₂, an increase of DPPH signal is observed. In contrast, the radical scavenging activity of the polyphenol-TiO₂ hybrids has been increased showing that the antioxidant activity of free polyphenols has been successfully transferred to TiO₂-hybrids upon covalent functionalisation. All composites enhance the radical scavenging even at a very low concentration. [TiO₂-CR]

shows the highest efficiency of 93% compared to other polyphenol-TiO₂ conjugates followed by [TiO₂-QR] (67%), while [TiO₂-CT] and [TiO₂- α TC] exhibit much lower activity reaching only 30% and 20%, respectively.

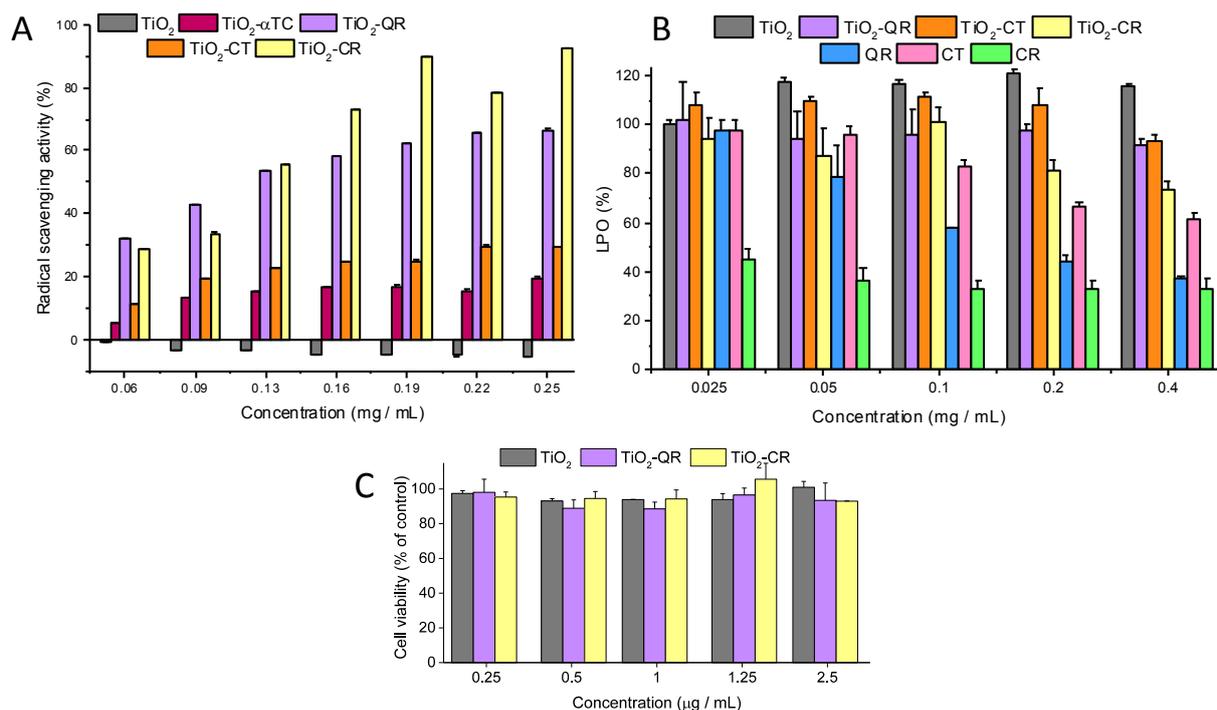


Figure 5. (a) Antioxidant activity of bare TiO₂ and the composites: [TiO₂-QR], [TiO₂-CT], [TiO₂- α TC] and [TiO₂-CR] assessed by DPPH radical scavenging assay. The A₀ and A_n values have been measured as intensities of the absorption peak at 517 nm from the control (final DPPH conc. 0.05 mM) and the samples (the final concentrations of the composites: 0.06, 0.09, 0.13, 0.16, 0.19, 0.22, 0.25 mg/mL) incubated in the dark at 25°C for 30 min. (b) Effects of polyphenols and polyphenol-TiO₂ composites: [TiO₂-QR], [TiO₂-CT], [TiO₂- α TC] and [TiO₂-CR] on iron(II) sulphate induced

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3 lipid peroxidation (LPO) in rat liver mitochondria. (c) Effect of
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5 polyphenol-TiO₂ composites on Caco-2 cells was tested by MTT assay.
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7 Cells were cultured with [TiO₂-QR] and [TiO₂-CR] at various
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9 concentrations (0, 0.25, 0.5, 1.0, 1.25, 2.5 µg/mL) for 24 hr.
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11 Untreated control was considered as 100%, and data are expressed
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13 as the percentage of untreated control. (p < 0.05)
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19 To study the effects of the composites on antioxidant activity *in*
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21 *vitro*, mitochondrial lipid oxidation (LPO) and MTT cytotoxicity
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23 tests have been carried out. The effects of polyphenols and their
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25 conjugates on inhibition of lipid peroxidation have been studied
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27 in isolated mitochondria, a model that has been employed in
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29 previous research^{25, 56} and is linked to the properties of
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31 polyphenols to associate with cellular membranes.^{25,41} Mitochondria
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33 membrane association of quercetin has been demonstrated recently⁵⁸
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35 and affects mitochondria function^{23,42}. The LPO assay determines the
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37 activity of a membrane-associated compound as an excess of the
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39 material is removed and therefore only test compounds integrated
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41 or associated with the membrane fraction remain to react in the
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43 assay. To understand a trend in antioxidant activity, LPO assay
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45 has also been carried out on free polyphenols used for
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47 modifications. As shown in Figure 5b, among free polyphenols,
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49 curcumin and quercetin are far more effective than catechin. They
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51 show similar effects on LPO reducing it to 33% and 37%,
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3 respectively, at the highest concentration used, while the
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5 presence of catechin reduces it to 62% only. At the lowest
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7 concentration (0.05 mg/mL), only curcumin is inhibiting LPO. Due
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9 to a low DPPH activity, [TiO₂-αTC] has not been tested. A similar
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11 trend was observed among TiO₂-polyphenol conjugates: again, the
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13 highest potent inhibition in mitochondrial LPO was achieved by
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15 [TiO₂-CR] followed by [TiO₂-QR]. Both hybrids show an increase in
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17 LPO inhibition with higher concentrations. The curcumin conjugate
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19 [TiO₂-CT], that slightly increases the mitochondrial LPO at lower
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21 concentrations, is demonstrating inhibition compared to the bare
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23 TiO₂, which displays an approx. 20% increase in LPO at all
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25 concentrations investigated. The photocatalytic properties of
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27 titanium dioxide are likely to have contributed to the increase in
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29 lipid peroxidation^{59,60}.

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31 We have carried out toxicology assessment of TiO₂ and the most
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33 efficient [TiO₂-CR] and [TiO₂-QR] composites using MTT assay. In
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35 this experiment, the Caco-2 intestinal cell line has been used, a
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37 model commonly employed for *in vitro* toxicology studies to assess
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39 the cell-toxic effects of micro- and macronutrients.⁶¹⁻⁶³ To choose
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41 an appropriate concentration range, we have considered the
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43 cytotoxicity of food grade TiO₂ (E171, which typically contains
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45 30% of the nanoparticles). Since, a daily intake of TiO₂ from food
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47 is in the range of 15-37.5 mg per day for an average body weight
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49 of 75 kg, an adult would ingest between 6-15 ng of TiO₂ per cm² of
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3 intestine (250 m²) or 1.8-4.5 ng/cm² if TiO₂ is nanoscaled.⁶⁴ In
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5 addition, the concentration should be below 50 µg/mL to avoid
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7 interactions between MTT-dye and TiO₂, which can affect the assay
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9 results.⁶⁵ Moreover, a high concentration of the pigments can
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11 interfere with MTT reading due to a residual absorption of the
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13 pigments even after washing. DMSO has been used to prepare the
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15 stock solutions of the materials, the final concentration of DMSO
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17 has been kept in the range of 0 - 0.5% to minimise its cytotoxic
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19 effect.⁶⁶ Thus, Caco-2 cells were cultured with various
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21 concentrations (2.5, 1.25, 1, 0.5, 0.25 and 0 µg/mL) of TiO₂, [TiO₂-
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23 QR] and [TiO₂-CR] in the dark for 24 h before carrying out the MTT
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25 assay as described in Materials and methods. The results of the
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27 MTT assay have been summarised in Figure 5c. The data indicates
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29 that the cell viability in the presence of bare TiO₂ does not drop
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31 below 5% even at the highest concentration of 2.5 µg/mL, which is
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33 400-fold (1.35 µg/cm²) as high as the daily intake of an adult.
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35 MTT results for the [TiO₂-QR] and [TiO₂-CR] materials show a small
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37 decrease in the cell viability similar to that observed in the
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39 TiO₂ sample. The results indicate that the composites do not
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41 contribute to the cytotoxicity *in vitro*. Moreover, as the nanosized
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43 TiO₂ content has been decreased through our preparation method,
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45 this is in accordance with the published data on the cytotoxicity
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47 driven by particle size.
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Conclusions

In this study, we have shown a versatile method to fabricate polyphenol-titanium dioxide materials using a combination of sol-gel synthesis and surface modification approach. Further analysis such as XRD and SEM reveals that the surface modification introduces a degree of crystallinity into amorphous TiO₂, while the particle size stays almost unaffected at about 1.4 μm. Importantly, the covalent functionalisation leads to a desirable tuning of their optical properties resulting in a bathochromic shift and an increased efficiency to absorb UV-vis light. Antioxidant activity of the composites has been evaluated using DPPH radical scavenging and *in vitro* LPO assays. DPPH results indicate that TiO₂-hybrid materials possess an antioxidant activity in contrast to bare TiO₂. It was found that curcumin and quercetin based composites show highest antioxidant efficiency followed by catechin and vitamin E based materials. A similar trend has been observed *in vitro* with the studied antioxidants exhibiting inhibitory potency on mitochondrial lipid peroxidation. MTT assay has been carried on Caco-2 cell line for [TiO₂-QR] and [TiO₂-CR] and bare TiO₂ samples. The materials did not induce any significant cytotoxicity even at the concentrations as high as 400-fold of daily intake. This study shows that the combination of powerful antioxidants with titanium dioxide can improve its antioxidant activity.

Author Contributions

The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript. All authors contributed equally.

ACKNOWLEDGMENT

This work was supported through the Clothworker's Scholarship, the British Skin Foundation and the University of Leeds.

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52 **Fabrication of hybrid materials from titanium dioxide and natural**
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54 **phenols for efficient radical scavenging against oxidative stress**
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