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Brief alcohol interventions: meta-analytic summary

Table 1: characteristics of included studies

Author/year	Country	Setting*	% male	Age	BI	Ext**	TAU***	Min†	Style††	Primary m/a
Aalto 2000	Finland	GP	71	20-60	√	√		√	Adv	
Altisent 1997	Spain	GP	100	15-75	√			√	Adv	√
Babor 2006	USA	GP	60	18+	√		√		Adv	
Bazargan-Hejazi 2005	USA	EC	80	18+	√		√		Coun	
Beckham 2007	USA	GP	46	18+	√		√		Coun	
Beich 2007	Denmark	GP	65	18-64	√		√		Adv	√
Bernstein 2010	USA	EC	45	14-21	√			√	Coun	√
Bischof 2008	Germany	GP	68	18-64	√	√	√		Coun	√
Blow 2006	USA	EC	71	19+	√			√	Adv	√
Cherpitel 2009	Poland	EC	85	18+	√			√	Coun	
Cordoba 1998	Spain	GP	100	14-50	√			√	Adv	√
Crawford 2004	UK	EC	78	18+	√			√	Coun	√
Crawford 2010	UK	EC	51	18+	√			√	Coun	
Curry 2003	USA	GP	65	Any	√		√		Adv	√
Daepfen 2007	Switzerland	EC	78	18+	√		√		Coun	√
D'Amico 2008	USA	GP	48	12-18	√		√		Coun	
Dent 2008	Australia	EC	78	18+	√		√		Coun	
Desy 2010	USA	EC	60	18+	√			√	Adv	
Diez 2002	Spain	GP	100	18-65	√		√		Adv	
D'Onofrio 2008	USA	EC	68	18+	√			√	Adv	√
D'Onofrio 2012	USA	EC	72	18+	√		√		Adv	√
Drummond 2009	Wales	GP	100	18+	√			√	Coun	
Drummond 2014	UK	EC	65	18+	√			√	Coun	√

Author/year	Country	Setting*	% male	Age	BI	Ext**	TAU***	Min†	Style††	Primary m/a
Ettner 2014	USA	GP	66	60+	√		√			
Fernandez 1997	Spain	GP	100	18-64	√		√		Adv	√
Field 2010	USA	EC	82	18+	√			√	Coun	√
Fleming 1997	USA	GP	62	18-65	√		√		Adv	√
Fleming 1999	USA	GP	66	65+	√		√		Adv	√
Fleming 2004	USA	GP	45	30-60	√		√		Adv	√
Fleming 2010	USA	GP	49	18+	√		√		Adv	√
Heather 1987	Scotland	GP	75	18-65	√		√		Adv	
Helstrom 2014	USA	GP	98	Veterans	√			√	Coun	√
Huas 2002	France	GP	100	18-65	√		√		Adv	√
Israel 1996	Canada	GP	NR	30-60			√		Coun	
Kaner 2013	UK	GP	62	18+	√			√	Coun	√
Kunz 2004	USA	EC	81	18+	√		√		Coun	
L'Engle 2014	Kenya	GP	0	18+			√		Coun	
Lane 2008	Australia	GP	NR	16+	√		√		Adv	
Lock 2006	UK	GP	50	16+	√			√	Adv	√
Longabaugh 2001	USA	EC	78	18+	√	√		√	Coun	
Maisto 2001	USA	GP	70	21+	√	√		√	Adv	√
McDevitt-Murphy 2014	USA	GP	91	Veterans	√			√	Coun	
McIntosh 1997	Canada	GP	52	15+	√			√	Coun	
Mello 2008	USA	EC	61	18+	√		√		Coun	
Mertens 2014	South Africa	GP	48	18-24	√			√	Adv	
Monti 2007	USA	EC	68	18-24				√	Coun	
Moore 2011	USA	GP	71	55+			√		Coun	
Noknoy 2010	Thailand	GP	91	18-65	√		√		Coun	

Author/year	Country	Setting*	% male	Age	BI	Ext**	TAU***	Min†	Style††	Primary m/a
Ockene 1999	USA	GP	65	21-70	√		√		Adv	√
Richmond 1995	Australia	GP	57	18-70	√	√	√		Coun	√
Rodriguez 2003	Spain	EC	88	18+	√			√	Coun	
Romelsjo 1989	Sweden	GP	84	18-64	√			√	Adv	√
Rubio 2010	Spain	GP	65	18-65	√		√		Adv	√
Schaus 2009	USA	GP	48	18+	√			√	Coun	√
Scott 1991	England	GP	68	17-69	√		√		Adv	√
Segatto 2011	Brazil	EC	90	16-25	√			√	Coun	
Senft 1997	USA	GP	71	21+	√		√		Coun	√
Seppa 1992	Finland	GP	79	18+	√		√		Adv	
Soderstrom 2007	USA	EC	85	18+	√			√	Coun	√
Sommers 2006	USA	EC	78	18-45	√		√		Coun	
Sommers 2013	USA	EC	70	18-44	√		√		Coun	√
Spirito 2004	USA	EC	64	13-17	√			√	Coun	
Spirito 2011	USA	EC	46	13-17	√	√	+++	+++	Coun	
Tait 2004	Australia	EC	55	12-19	√		√		Coun	
Tomson 1998	Sweden	GP	81	25-54	√		√		Coun	
Wallace 1988	UK	GP	71	17-69	√		√		Adv	√
Walton 2010	USA	EC	44	14-18	√			√	Coun	
Watson 2013	UK	GP	80	55+	√			√	Coun	√
Woolard 2013	USA	EC	83	18+	√			√	Coun	

Footnotes: * GP – general practice, EC - emergency care; ** Ext - extended intervention, defined as >5 sessions or >60 minutes; *** TAU - treatment as usual control, no alcohol-related input; † Min - control receives alcohol-related input; †† Adv - advice-based, Coun - counselling-based; ††† this trial compared brief intervention with extended intervention (no control arm)