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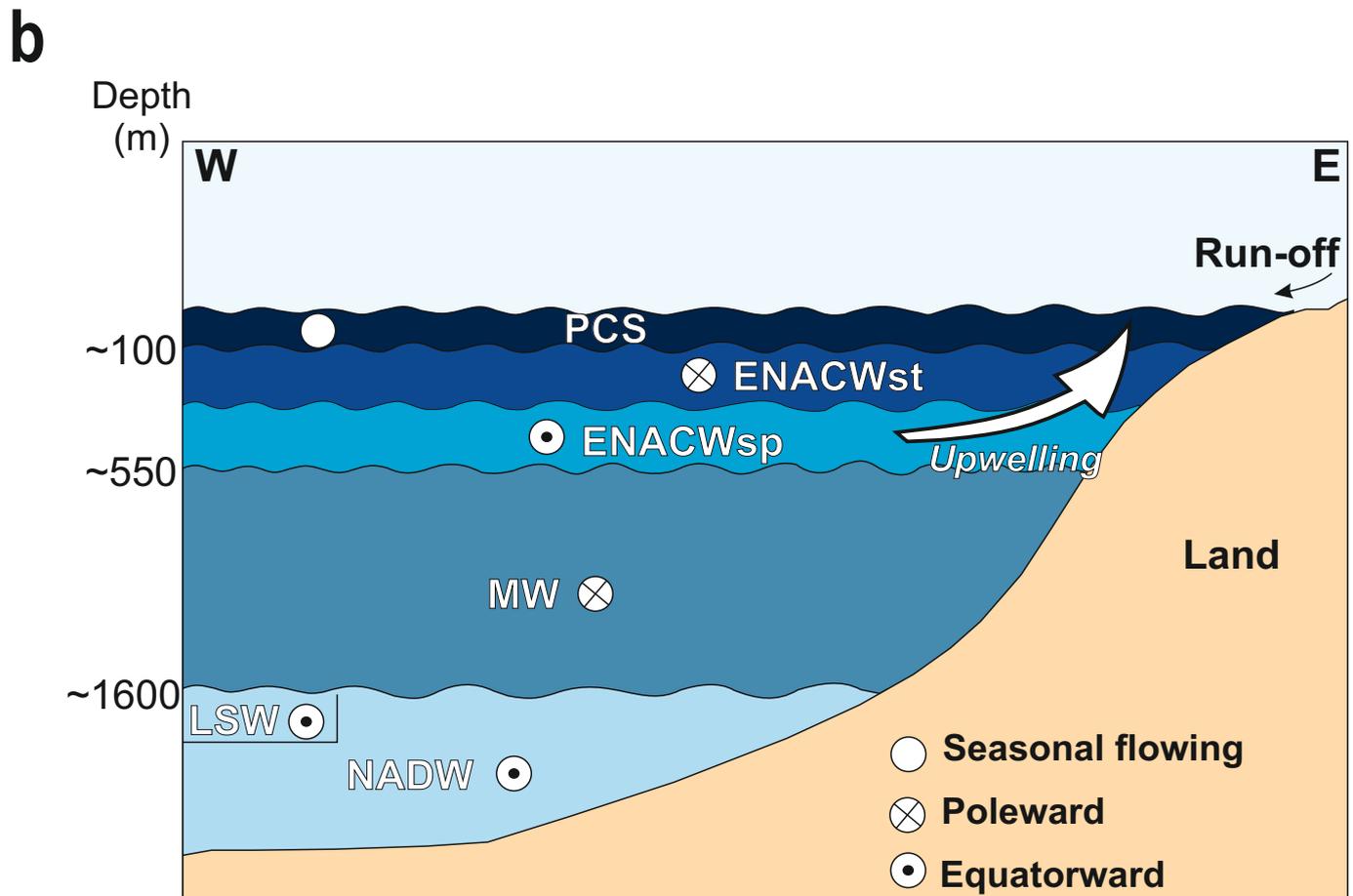
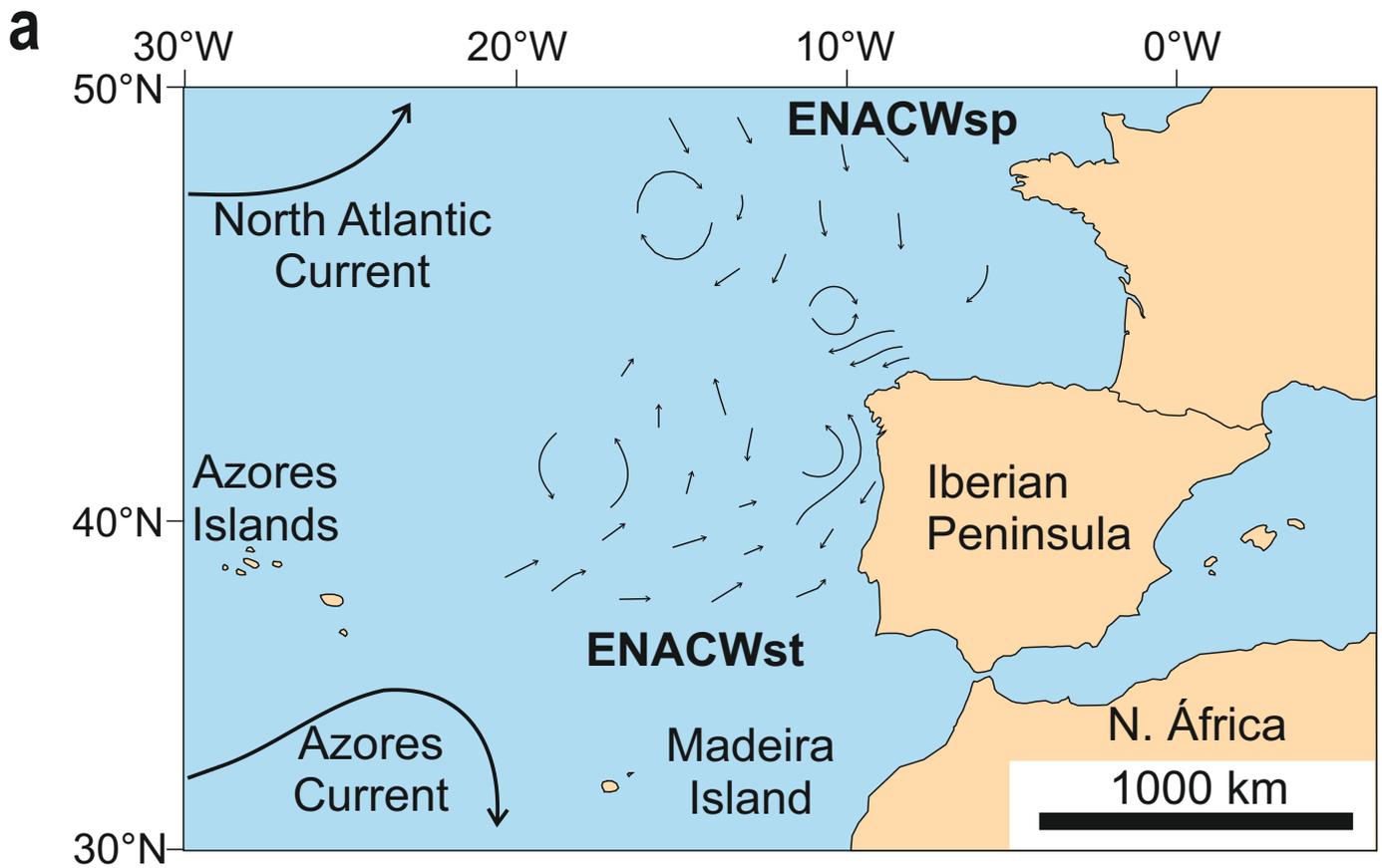


Fig. 2

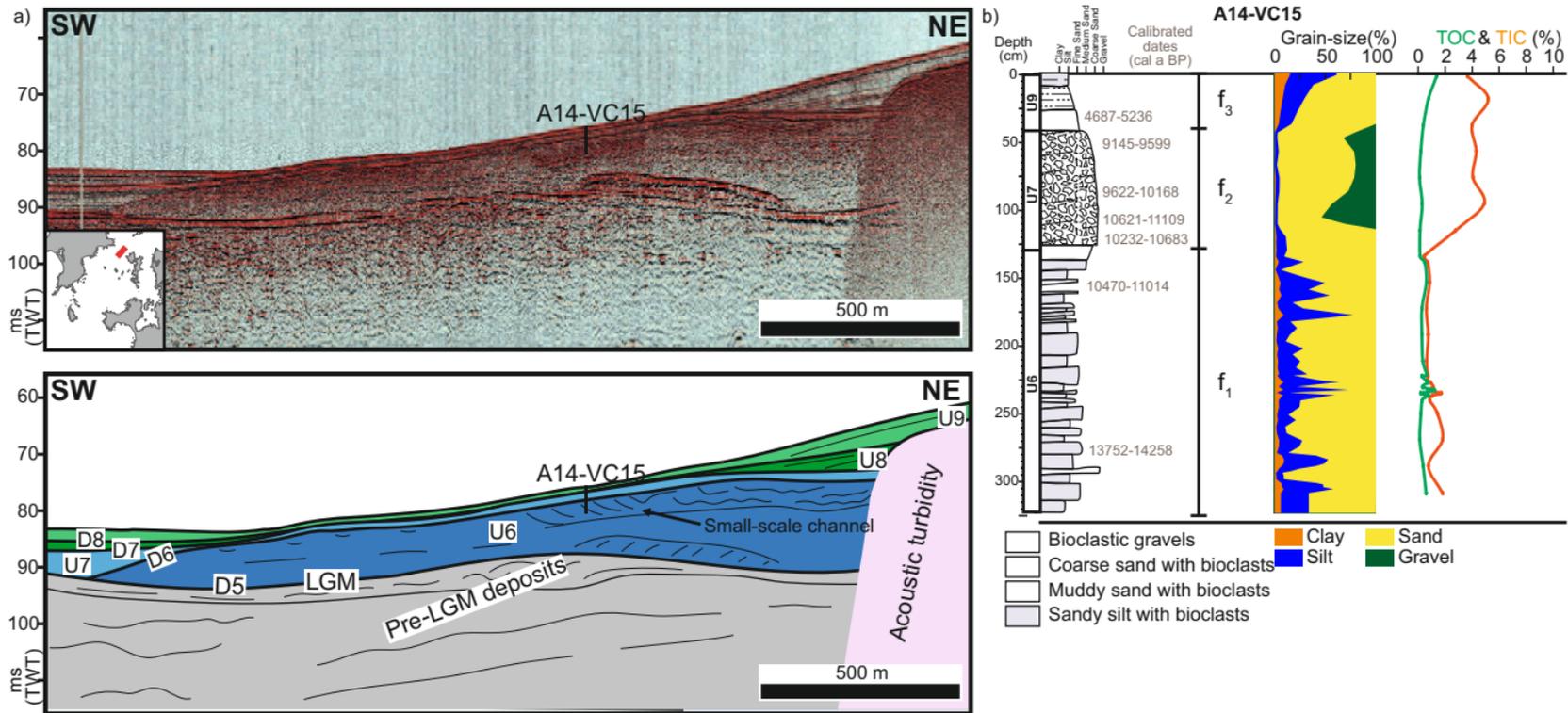


Fig. 3

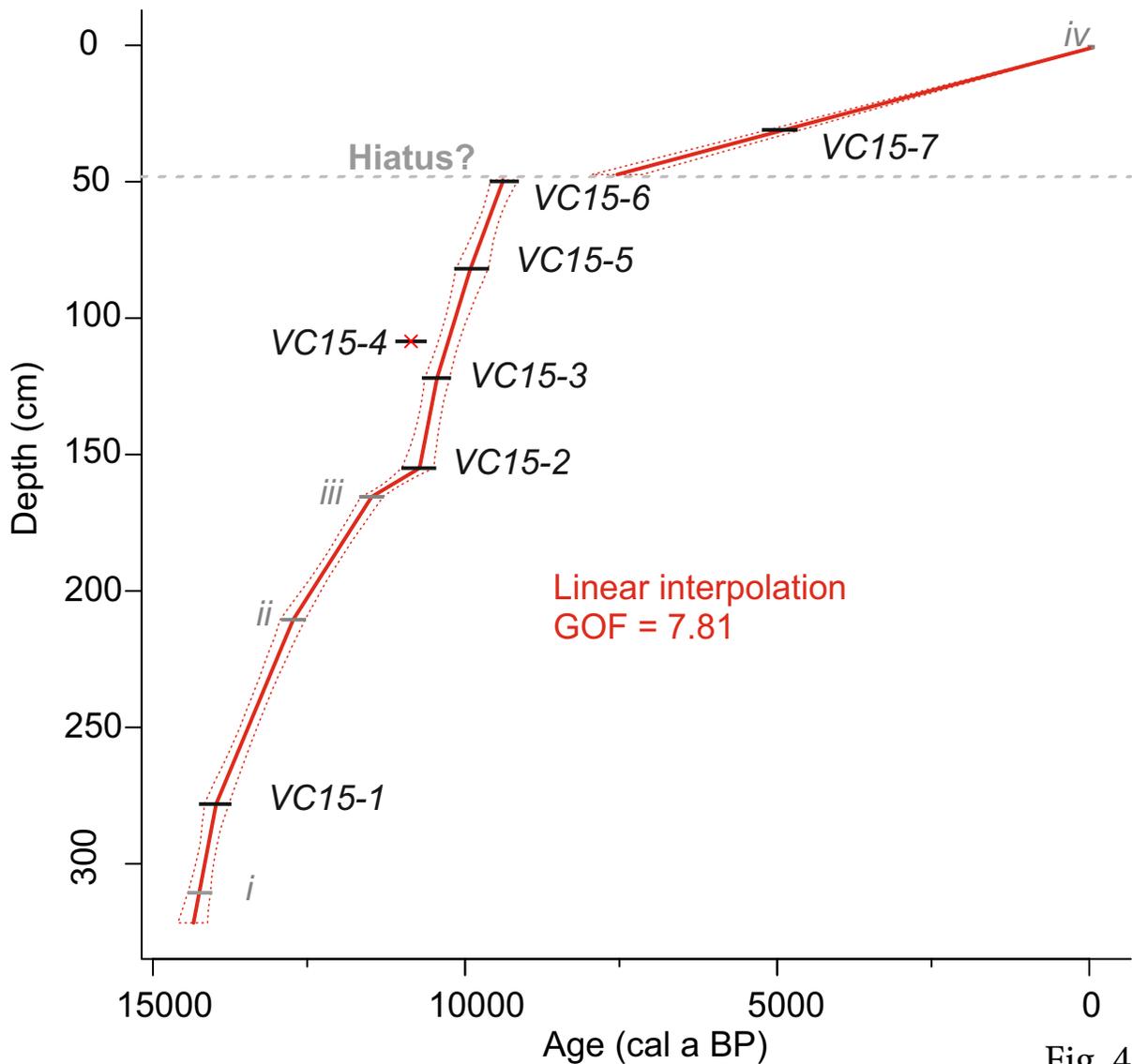


Fig. 4

Accumulation rates ($\times 10 \text{ grains} \cdot \text{cm}^{-2} \cdot \text{a}^{-1}$)

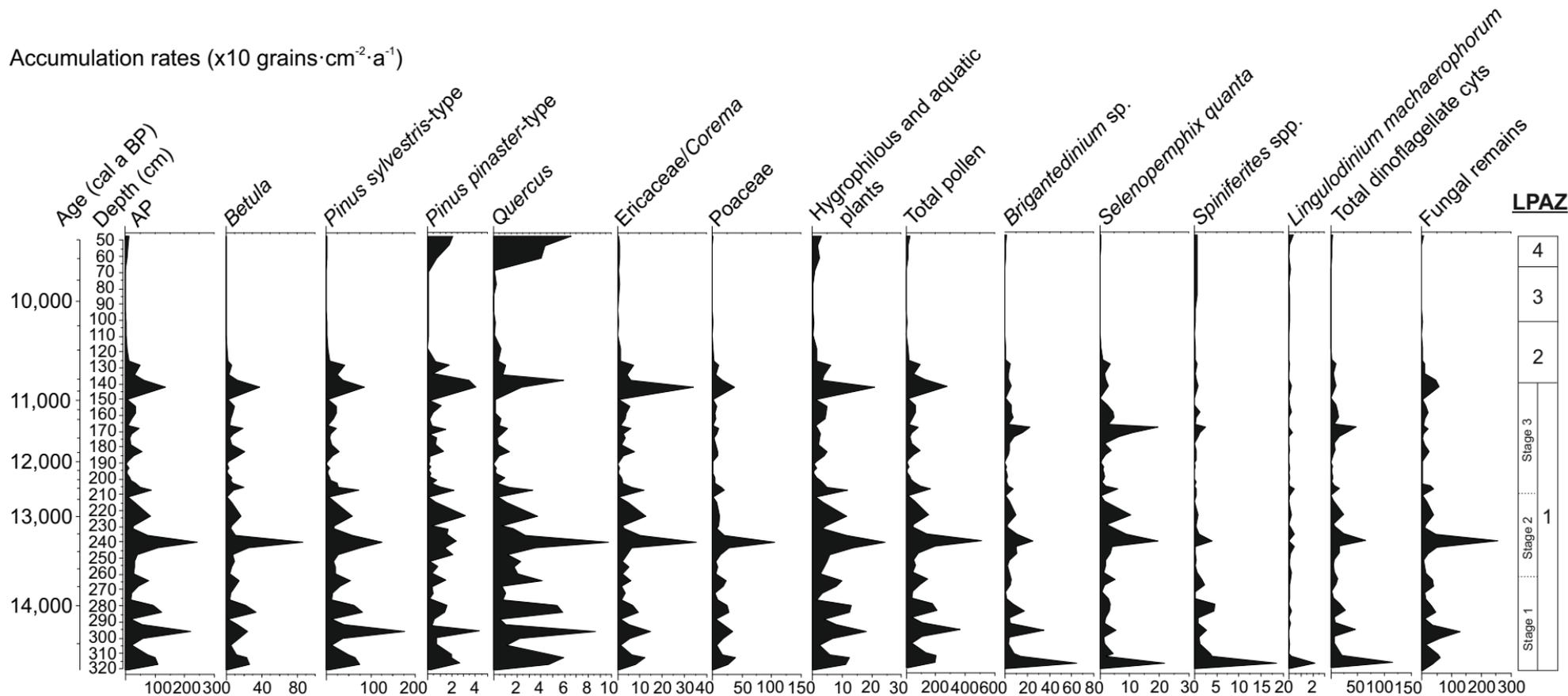
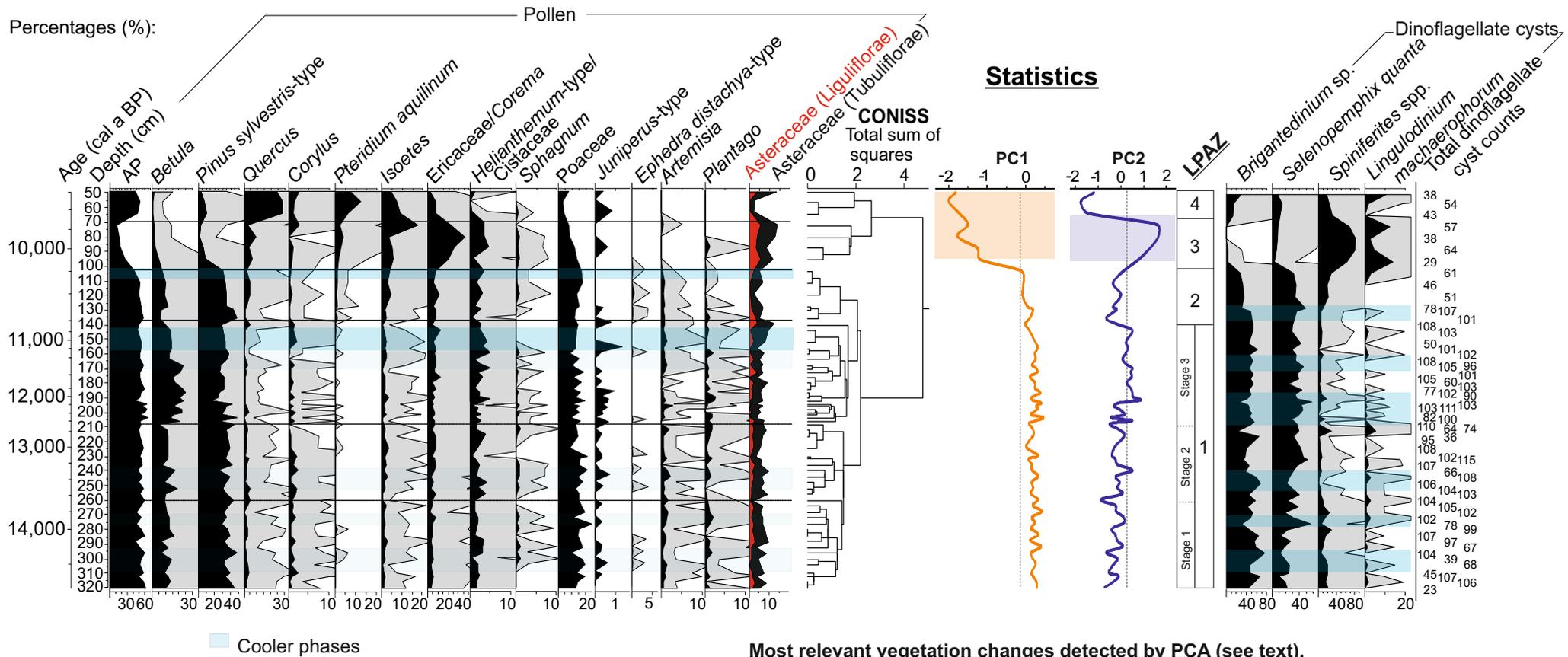


Fig. 5



Most relevant vegetation changes detected by PCA (see text).

- Orange box: Increase of mesophilous forest, i.e. *Quercus*, *Corylus*, etc. [decrease of PC1 (Fig. 8a)]
- Purple box: Increase of *Betula* and shrubs (*Ericaceae/Corema* and *Helianthemum-type/Cistaceae*) [increase of PC2 (Fig. 8a)]

Fig. 6

a) A14-VC15 palaeoenvironmental record from Ria de Arousa (NW Iberia)

b) Regional biostratigraphy

c) Reconstructed temperatures

d) Ice-core ^{18}O record

e) Climatic phases (INTIMATE)

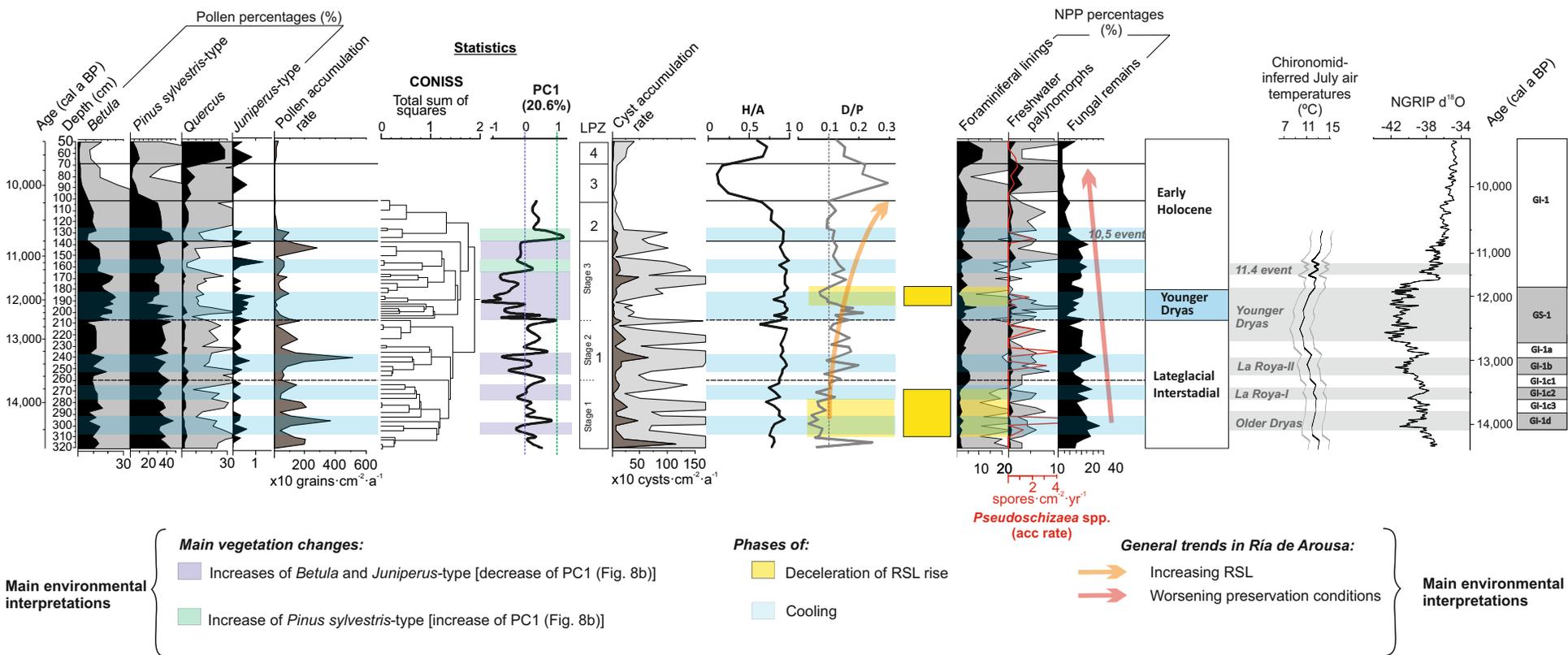
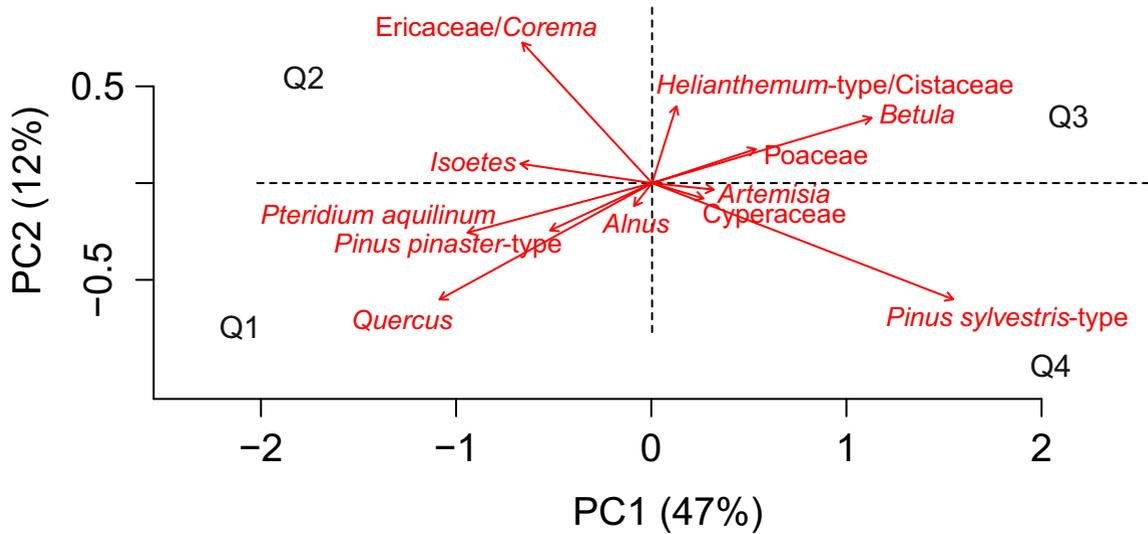


Fig. 7

a) Taxa ordination according to the PCA performed on the entire A14-VC15 pollen record (322-50 cm):



b) Taxa ordination according to the PCA performed on the bottom section of A14-VC15 pollen record (322-100 cm):

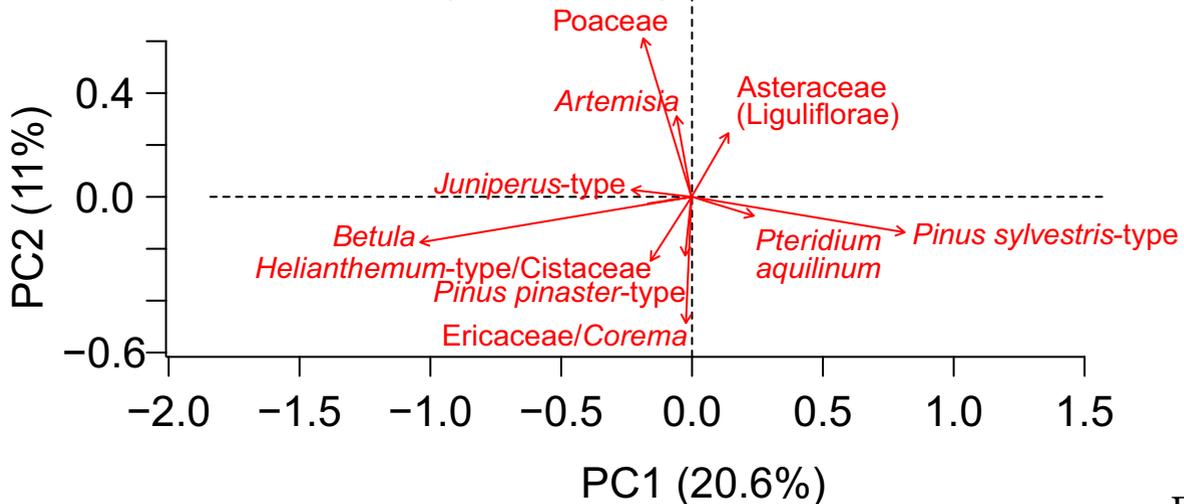


Fig. 8

Ría de Vigo LPAZ

4	5a	5b	5c	6
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Ría de Arousa LPAZ

1	2	3	4
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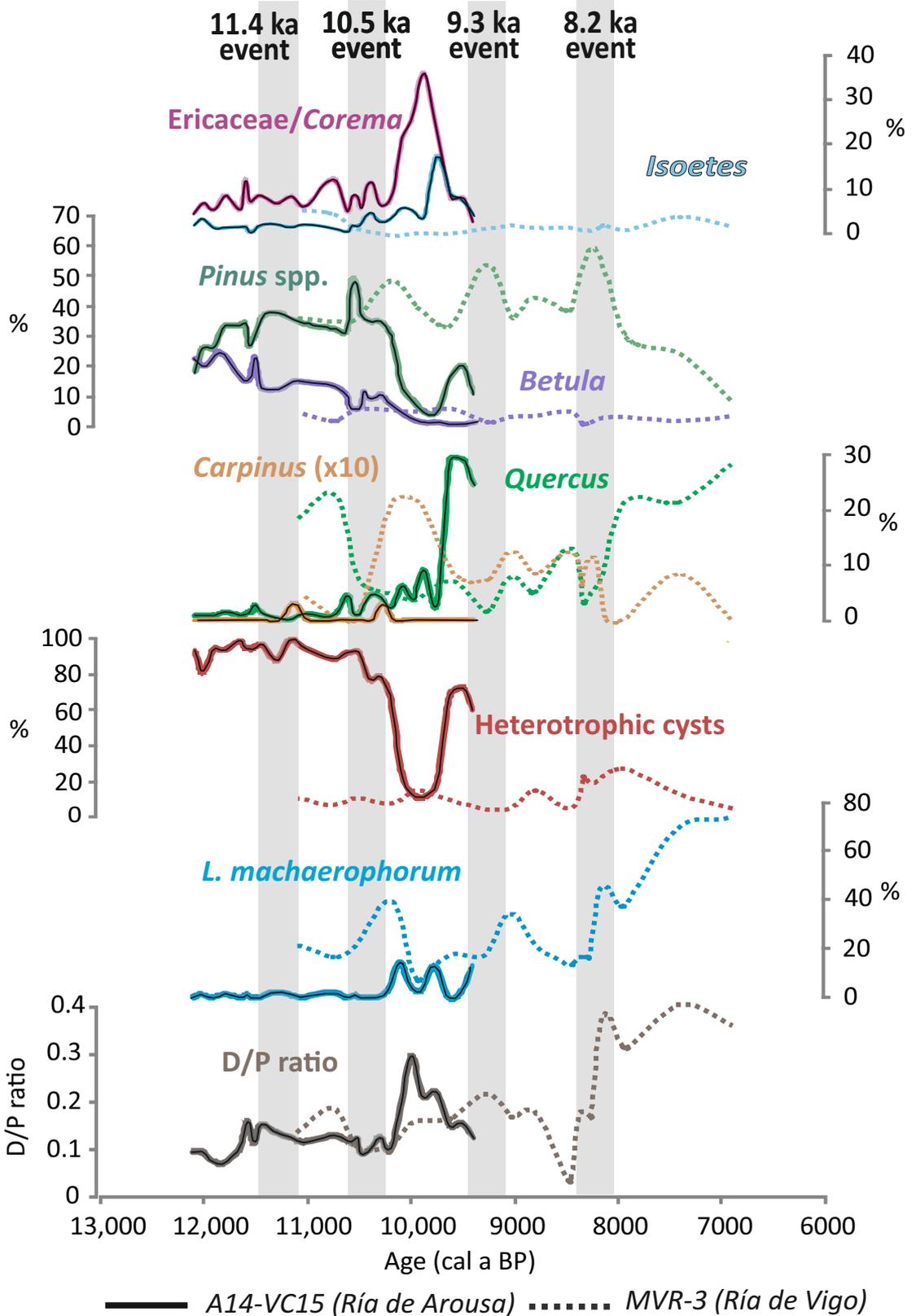
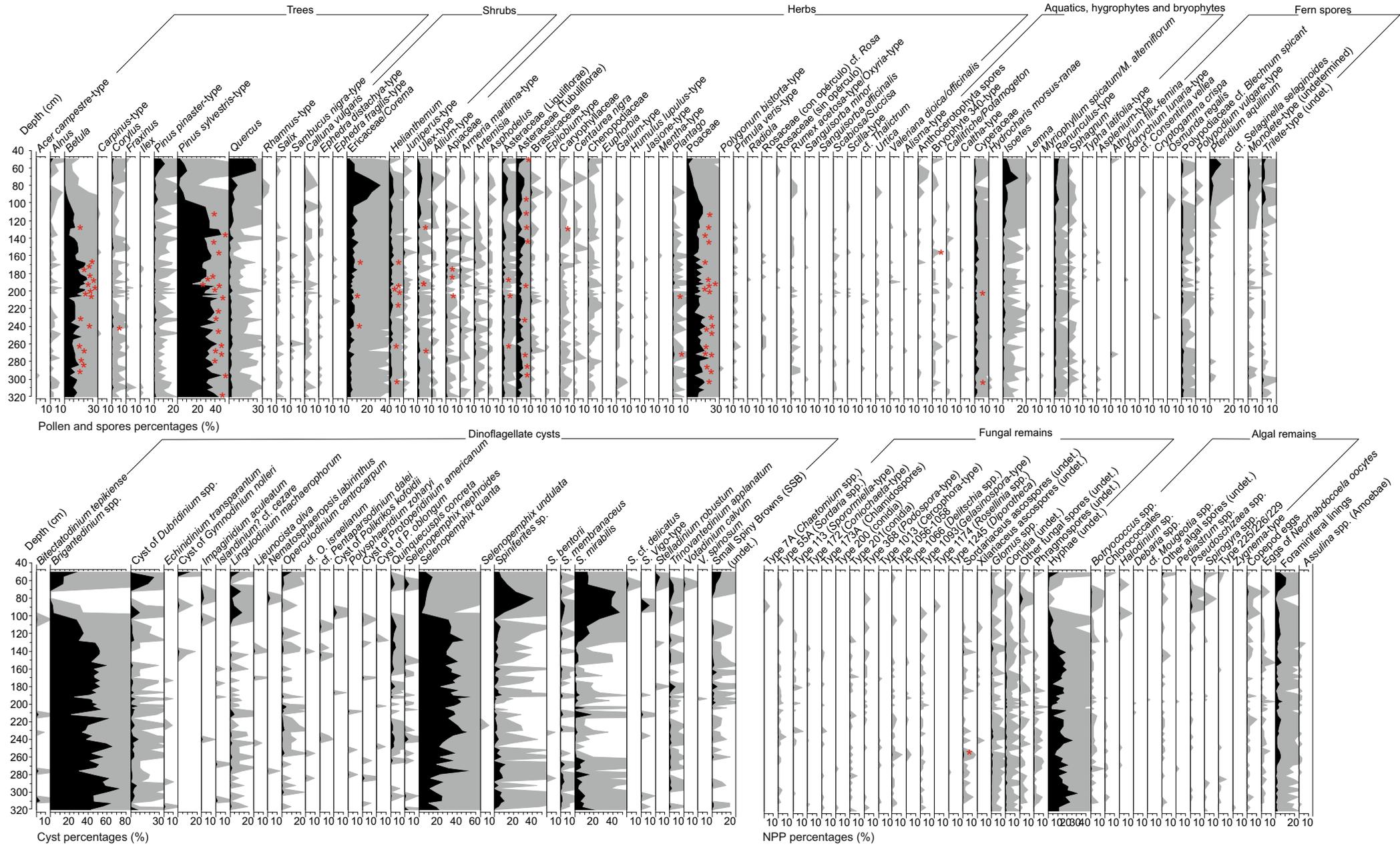
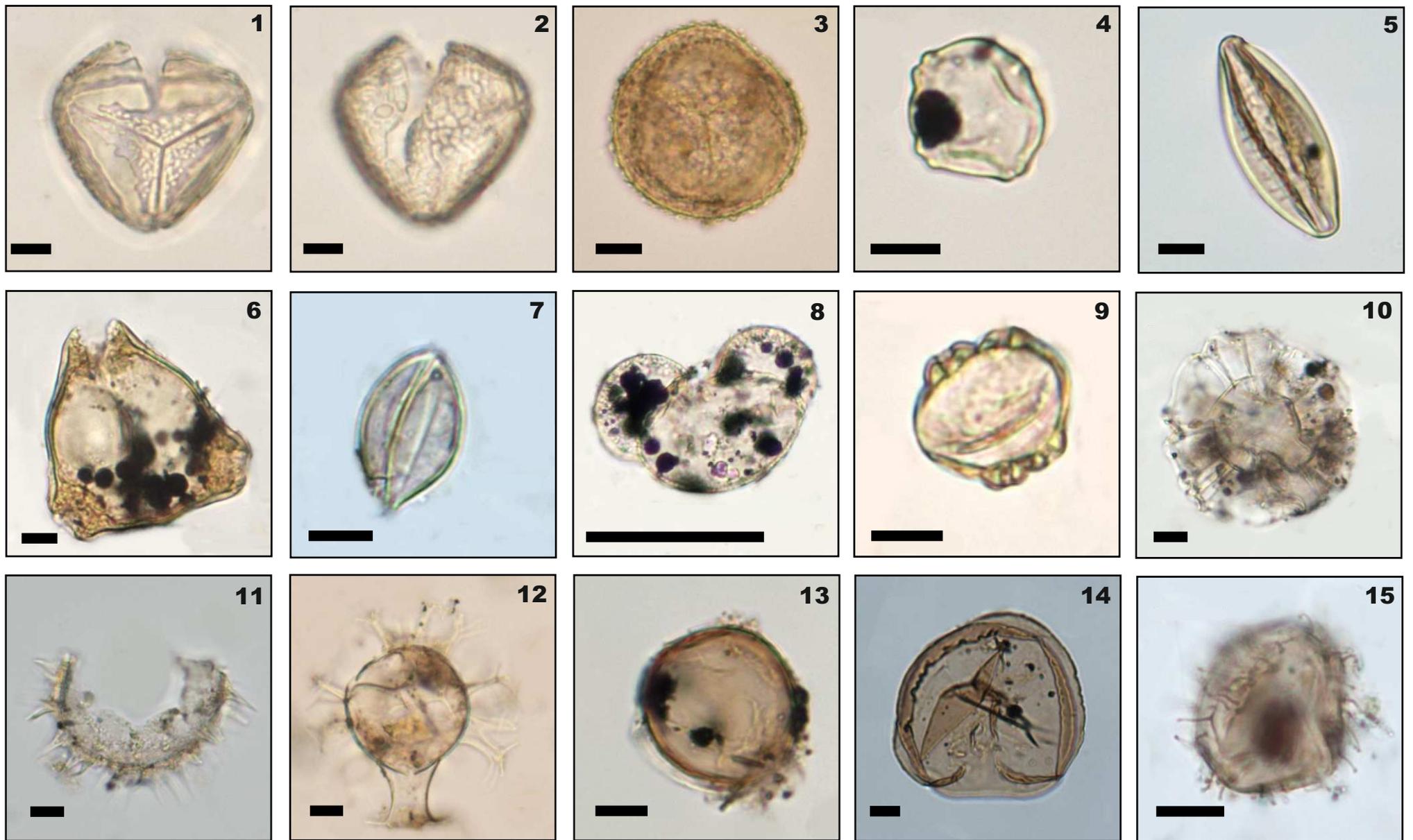


Fig. 9



Supplementary Fig. 1



Supplementary Fig. 2