

This is a repository copy of *EP-1337*: *PSA Kinetics*: *HDR prostate brachytherapy boost in combination with external beam radiotherapy*.

White Rose Research Online URL for this paper: http://eprints.whiterose.ac.uk/146207/

Version: Published Version

Proceedings Paper:

Rodda, S, Sun, F, Henry, A orcid.org/0000-0002-5379-6618 et al. (2 more authors) (2016) EP-1337: PSA Kinetics: HDR prostate brachytherapy boost in combination with external beam radiotherapy. In: Radiotherapy and Oncology. ESTRO 35, 29 Apr - 03 May 2016, Turin, Italy. Elsevier, S625.

https://doi.org/10.1016/S0167-8140(16)32587-7

Copyright © 2016 Elsevier Ireland Ltd. Under a Creative Commons license. https://creativecommons.org/licenses/by-nc-nd/4.0/

Reuse

This article is distributed under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs (CC BY-NC-ND) licence. This licence only allows you to download this work and share it with others as long as you credit the authors, but you can't change the article in any way or use it commercially. More information and the full terms of the licence here: https://creativecommons.org/licenses/

Takedown

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing eprints@whiterose.ac.uk including the URL of the record and the reason for the withdrawal request.



ESTRO 35 2016 S625

of acute G2 GU toxicity was about 3 times if the prostate volume is ≥ 80 cc (p-value 0.004; 95% CI: 1.05 - 9.5). In the adjusted prediction model using the logistic regression, the probability of acute G2 GU toxicity was about 60% with the same prostate volume cut-off (p-value 0.001; 95% CI: 0.13 - 0.46), with an attitude to develop a moderate toxicity in the first 3 weeks from the beginning of treatment. In the late setting, a trend to significance (p=0.076) to develop an acute GU toxicity \geq G1 was found for bladder V60 Gy \geq 15%.

Conclusion: In moderate hypofractionation in 30 fractions for prostate cancer, a prostate gland volume greater than 80 cc resulted as predictor of moderate acute GU toxicity.

EP-1336

Hypofractionated salvage radiotherapy after radical prostatectomy

P. Bulychkin¹, S. Tkachev¹, A. Mikhailova²

Tederal State Budgetary Institution "N. N. Blokhin Russian Cancer Research Center" the Ministry of Health of the Russian Federation, radiation oncology, Moscow, Russian Federation

²Federal State Budgetary Institution "N. N. Blokhin Russian Cancer Research Center" the Ministry of Health of the Russian Federation, medical physics, Moscow, Russian Federation

Purpose or Objective: We have created and implemented in our department a new scheme of hypofractionated salvage volume modulated arc therapy with simultaneous integrated boost for patients with recurrence of prostate cancer (PCa) after radical prostatectomy (RP). The aims of our research are to evaluate toxicities and biochemical response rate.

Material and Methods: Patients with recurrence of PCa after RP have been treated by hypofractionated (HF) salvage radiotherapy (SRT). Characteristics of HF radiotherapy were as follows: the prescribed dose to the regional lymphatic nodes was 46.8 Gy of 1.8 Gy per fraction, to the prostate bed - 61.1 Gy of 2.35 Gy per fraction in case of biochemical recurrence (BR) and if region of clinical recurrence (CR) was identified - 65 Gy of 2.5 Gy each, in 26 fractions with pretreatment imaging; VMAT (two arcs: CW (185°-175°), CCW (175°-185°) technology with SIB was used. Toxicities were scored using RTOG/EORTC Radiation Toxicity Grading.

Results: 41 patients were treated by the HF SRT. Median follow-up was 22 months (10 - 30). Biochemical control rate - 37 (90.2%) patients, locoregional control rate - 41 (100 %) patients. No grade 3 or greater acute toxicities were observed.

Conclusion: We would like to suggest a new scheme of HF SRT with SIB in 26 fractions for patients with recurrence of PCa after RP. The toxicities and early biochemical response rates were comparable with conventional fractionation SRT.

EP-1337

PSA Kinetics: HDR prostate brachytherapy boost in combination with external beam radiotherapy

<u>S. Rodda</u>¹, F. Sun¹, A. Henry¹, K. Franks¹, D. Bottomley¹

¹St. James Oncology Institute, Clinical Oncology, Leeds, United Kingdom

Purpose or Objective: The Aim of this study is to evaluate PSA kinetics in men with intermediate and high risk prostate cancer treated with HDR brachytherapy boost in combination with external beam radiotherapy (EBRT) and short term androgen deprivation therapy (ADT).

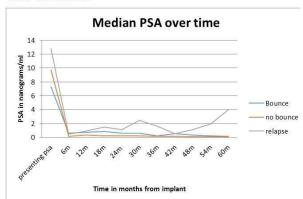
Material and Methods: Data from 134 consecutive patients treated with HDR brachytherapy boost in combination with external beam radiotherapy was extracted from a prospectively maintained database. All the patients had a minimum follow up of 4 years. Patients who were on androgen deprivation therapy for over 12 months were excluded from the analysis. After exclusion we had 95 evaluable patients. All patients received either 17 Gy in 2

fractions or 15 Gy in single fraction of HDR brachytherapy boost followed by external beam radiotherapy 37.5 Gy in 15 fractions. 70% of patients received Androgen deprivation therapy (ADT) for less than or equal to 6 months, 15% received for 6- 12 months, and 15% received no hormones. 3-6 months of ADT was given neoadjuvantly. Date of HDR boost was considered as time=0. Benign PSA bounce was defined as PSA rise of >0.2ng/ml followed by subsequent decline to pre bounce level.

Results: Median follow-up was 4.3 years. At the time of median follow up the median PSA was 0.19. PSA bounce was seen in 32.6% (n=31). Magnitude of PSA bounce was <1ng/ml in 55% (n=17), 1-2ng/ml in 13% (n=4), >2ng/ml in 32% (N=10). In 16 out of 17 patients with a PSA bounce of <1ng/ml was due to a benign bounce. 50% of patients with a PSA bounce between 1-2ng/ml had a benign bounce and the remaining 50% developed biochemical failure. In 9 out of 10 patients who had a PSA bounce of >2ng/ml subsequently developed a biochemical failure . Most common

time for benign PSA bounce was between 6 and 18 months.

Change in PSA over time



Conclusion: PSA bounce is a common phenomenon which occurs in about a third of men who were treated with short term ADT in combination with HDR boost and EBRT. Benign PSA bounce tends to have a smaller magnitude of rise in PSA <1ng/ml. However patients who developed biochemical failure had PSA bounce of larger magnitude >2ng/ml. Investigators at the time of submission of the abstract are examining variables which predict PSA bounce.

EP-1338

Delay Haematuria after prostatic radiotherapy: do it mean always radiation cystitis?

<u>S. Rodríguez Villalba</u>¹, M. Santos Ortega¹, M. Depiaggio¹, A. Fuster², P. Torrus², J. Martinez², J. Canovas², L. De la Torre², J. Moreno², J. Richart¹, A. Otal¹, J. Perez Calatayud¹

¹Clinica Benidorm, Radiotherapy Department, Benidorm, Spain

²Hospital Marina Baixa, Urology Department, Villajoyosa-Alicante, Spain

Purpose or Objective: A retrospective analysis in 368 consecutives organ confined prostate cancer (PC) patients has been made for evaluating the rates of haematuria, etiology and onset time. All these patients have been treated from September 2001 to December 2013 with different multimodality radical radiotherapy approaches: Intensity Guided Modulated radiotherapy (IGRT), Low dose rate brachytherapy (LDR BT) exclusively, LDR BT plus External radiotherapy (EBRT) or High dose rate Brachytherapy (HDR-BT) plus EBRT.

Material and Methods: Median age of the whole group was 70,5 years (range 60-81y). Median PSA at diagnostic of the prostate cancer was 9.3 ng/ml (range 4,67-95 ng/ml). Median Gleason 6 (range 2-10). 20 patients (41,47%) had received IGRT radiotherapy treatment, 4 patients (8%) LDR BT, 10 patients (21%) LDR plus EBRT and 14 patients (30%) HDR-BT plus EBRT. In 17 patients (35,4%) the complete pelvis (L5-S1)