



**UNIVERSITY OF LEEDS**

This is a repository copy of *Self-management of chronic disease in childhood: the iSMART study*.

White Rose Research Online URL for this paper:  
<http://eprints.whiterose.ac.uk/145965/>

Version: Published Version

---

**Conference or Workshop Item:**

Stones, SR, Ainsworth, S, challinor, R et al. (5 more authors) (2017) Self-management of chronic disease in childhood: the iSMART study. In: 3rd iCAN Research and Advocacy summit.

---

**Reuse**

Items deposited in White Rose Research Online are protected by copyright, with all rights reserved unless indicated otherwise. They may be downloaded and/or printed for private study, or other acts as permitted by national copyright laws. The publisher or other rights holders may allow further reproduction and re-use of the full text version. This is indicated by the licence information on the White Rose Research Online record for the item.

**Takedown**

If you consider content in White Rose Research Online to be in breach of UK law, please notify us by emailing [eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk) including the URL of the record and the reason for the withdrawal request.



[eprints@whiterose.ac.uk](mailto:eprints@whiterose.ac.uk)  
<https://eprints.whiterose.ac.uk/>





# SELF-MANAGEMENT OF CHRONIC DISEASE IN CHILDHOOD: THE iSMART STUDY

Simon R. Stones\*, Sammy Ainsworth, Sophie Ainsworth, Robyn Challinor, Carolyn Gamble, Linda McGowan, Linda Milnes, Jenny Preston & Veronica Swallow

\*School of Healthcare, University of Leeds, Leeds, United Kingdom



**FUN FACT**

A PhD is short for Doctor of Philosophy.

## WHAT IS iSMART?

iSMART is a research study looking at ways in which children, aged 4 to 11, with chronic disease are able to look after their own health, with the support of their families, friends, healthcare professionals and teachers.

iSMART is focusing on children with musculoskeletal conditions (such as arthritis and lupus).

## DID YOU KNOW?

The word 'philosophy' comes from the Ancient Greek φιλοσοφία (philosophia), which translates to English as 'love of wisdom'.



## WHAT WILL iSMART DO?

1

Summarise previously published research.

Develop a menu of items to include in a new resource for children with musculoskeletal diseases.

3

2

Speak to children and young people with musculoskeletal diseases, their families, healthcare professionals, and teachers to find out how to support them.

## MEET THE iSMART TEAM AT THE iCAN SUMMIT



SIMON

SOPHIE



ROBYN

JENNY



**FUN FACT**

A PhD is the highest degree awarded by universities to people who submit a thesis (a long piece of writing) based on research.



@iSMARTResearch



@iSMARTResearch



UNIVERSITY OF LEEDS