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The factors that count in selecting future dentists: Sensorimotor and soft skills

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1 **Abstract**

2 Dental schools across the world are increasingly adopting 'Multiple Mini Interview' (MMI)
3 approaches to evaluate prospective students. But what skills and abilities are being
4 assessed within these short, structured 'interview' stations and do they map on to the
5 requirements of dental practice? Understanding the fundamental processes being measured
6 is important if these assessments are to serve the purpose of identifying the students with
7 the greatest potential to succeed in dental practice. To this end, we performed factor
8 analysis on data from 239 participants on ten MMI stations used for undergraduate selection
9 at a UK dental school. The analysis revealed that this assessment approach captured two
10 fundamental underlying traits. The first factor captured scores on six stations that could be
11 labelled usefully as a 'soft skill' factor. The second captured scores on four stations that
12 could be described usefully as a 'sensorimotor' factor. The present study demonstrates that
13 the structure of at least one MMI used within the UK for dental school entry can be parsed
14 into two distinct factors relating to soft skills and sensorimotor abilities. This finding has
15 implications for the efficiency of the interview process, the refinement of MMI assessment in
16 dental schools across the world and understanding the critical skills that a successful dental
17 practitioner must possess.

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23 **1 Introduction**

24 The process of undergraduate dental education is both lengthy (typically 5 years) and
25 expensive (in the UK the total cost of training is approximately £200,000 GBP). The
26 identification of students with the necessary aptitude for the profession is essential for the
27 training institution and the trainee¹. The selection of the best suited students will ultimately
28 ensure that the best educated graduates will be entering the dental profession, and thereby
29 benefit patient care for the public in the future (see ^{2,3} for recent commentaries on these
30 issues).

31 Some dental educationalists have developed lists of domains required for
32 prospective students to become competent dental practitioners. The purpose of these lists is
33 to guide processes aimed at identifying those students with the most potential. For example,
34 the American Dental Education Association (ADEA) has identified the following skills as
35 essential for a dental student: critical thinking, professionalism, communication,
36 interpersonal skill, health promotion, practice management, informatics and patient care⁴.
37 Similarly, Cowpe et al identified seven domains in Profile and Competence for the
38 graduation European dentist (2009) comprising: Professionalism; Interpersonal;
39 communication and social skills; Knowledge Base, Information and Information Literacy;
40 Clinical Information Gathering; Diagnosis and treatment planning; Therapy: Establishing and
41 Maintaining Oral Health; Prevention and Health Promotion⁵, a list that has subsequently
42 been approved by the General Assembly of the Association for Dental Education in Europe
43 (ADEE). The GDC has also setup learning outcomes for potential registrants which are
44 grouped in four domains: Clinical, Communication, Professionalism and Management and
45 Leadership, with nine key principles (Standards for dental team)⁶. The issue is then how to
46 best evaluate the core traits that will allow a student to take advantage of opportunities to
47 acquire these skills over their educational journey.

48 The traditional approach to undergraduate selection in UK dental schools has been
49 through unstructured interviews. This method has strong face validity⁷ but has many failings

50 including a lack of standardisation, poor predictive value and potential for interviewer and
51 social bias^{8,9}. Moreover, unstructured interviews fail to systematically capture the wide-
52 ranging skills required for dentistry. These problems have led many dental schools to switch
53 to standardised selection processes designed to map to the specific set of skills and
54 aptitudes that are believed to be required for dentistry.

55 Structured interviews have been gaining traction in recent years^{10,11} Perhaps the
56 most popular form of structured interview is the 'Multiple Mini Interview' (MMI). MMIs involve
57 short independent assessments, typically in timed circuits. These assessments are designed
58 to resemble the Objective Structured Clinical Examination (OSCE) and are rated by one or
59 two assessors¹². MMIs have been successfully introduced by several health disciplines
60 across the world (as well as within in a number of dental schools¹³⁻¹⁵).

61 Importantly, MMIs have been found to be fair and acceptable to students, with
62 students reporting they enjoyed this interview format, and stating that the process allowed
63 them to be competitive. Students also reported that MMIs helped them present their
64 strengths free from any social bias¹⁶⁻¹⁹. The MMIs are also perceived positively by assessors
65 who have reported that MMIs are effective and provide a format that allow them to evaluate
66 soft skills, candidate abilities and thought processes. The assessors suggested that overall
67 MMIs evaluate a better range of competencies when compared to traditional interviews^{20,21}.
68 In terms of reliability, recent reviews for student selection in health profession training have
69 suggested that MMIs have moderate to high reliability and have the added benefit of
70 allowing additional analyses to be conducted^{22 18}. The effectiveness of MMIs in predicting
71 future undergraduate and postgraduate performance has also been reported to be good ^{23,24}.

72 In dentistry, a number of studies (focusing on the perception of applicants and
73 interviewers^{25,26}) have suggested that MMIs are potentially a better predictor of ultimate
74 dental performance than traditional interviews^{27,28} and indicate that MMIs are particularly
75 useful in testing cognitive reasoning skills¹⁴. The potential advantages of MMIs have meant
76 this selection approach has been adopted by a number of dental schools within the UK.

77 Nevertheless, no studies have been conducted to establish exactly what these stations are
78 assessing (i.e. what are the skills and abilities that these stations are capturing). Nor have
79 any studies ventured into the related issue of whether the purported assessment at a given
80 station corresponds to the appropriate underlying construct. Here, we take an important step
81 in promoting an evidence-based approach to prospective student assessment by providing a
82 systematic examination of the underlying factors being assessed in a current MMI.

83 **2 Materials and methods**

84 **2.1 Admission process**

85 Applicants were selected for interview based on their UCAS form (Universities and
86 Colleges Admissions Service). The UCAS form assigns numerical scores for each of its
87 components, which include academic performance, medical experience, work experience,
88 activities and reference report and each application was ranked. The marking was
89 performed by experienced members of the admission team and marked twice to ensure
90 there were no discrepancies.

91 **2.2 Participants**

92 From a total of 1,409 applicants, 245 candidates were invited to compete via MMIs for a
93 place on the five-year Master and Bachelor of Dental Surgery and Bachelor of Science
94 (MChD/ BChD, BSc) programme at the University of Leeds, UK for 2013/14 entry. Two
95 hundred and thirty-nine students attended and eighty-seven were successful in their
96 application. We retrospectively retrieved (anonymised) data on all 239 applicants for the
97 purposes of this study (approved by the School of Dentistry Research Ethics Committee at
98 the University of Leeds DREC ref: 271016/IM/216).

99 **2.3 MMI**

100 The MMI scenarios were developed to assess different domains of competency with a
101 focus on non-cognitive skills. The scenarios were determined by academics, the admissions
102 teams and professional/specialist staff within the dental school. Restrospective probing of
103 the members of the team involved in scenario selection revealed that the decisions were
104 based largely on clinical experience of the requirements for sucesful dental practice. A list of
105 the ten stations, the skills these stations were purported to assess and the tasks empyed to
106 assess these skills is presented in Table 1.

107 Table 1: Details of skills and the procedure being assessed by each station.

Station Name	Purported skills assessed	Procedure
Observation	Observation skills and ability to accurately describe objects from memory	Candidates were asked to look at a collection of objects for 1 ½ minutes. They were able to touch/rearrange/pick items if they wish. At the end of 1 ½ minutes, the objects were hidden and they had 2 minutes to list all the objects they remembered seeing. Of the items which they remembered, the examiner asked them to describe some of them in greater details.
Ethics	Ethical awareness and reasoning	Candidates were given an article to read carefully and asked to discuss any issues which arise from the situation. They were expected to identify the ethical dilemmas posed and discuss the pros and cons of any possible suggestions or solutions.
Presentation	Communication skills	Candidates were required to give a 5-minute presentation. The remaining 2 minutes were for the examiner to ask questions to the candidate in relation to their presentation.
Origami	Ability to follow instructions and manual dexterity	Candidates were given a sheet of origami paper and a workbook with pictures and instructions showing how to create an origami shape.
Insight	Insight into issues	Candidates were provided with a picture or a scenario and asked to discuss barriers or issues that they might have if they had to access/get healthcare.
Communication	Communication skills and empathy	Candidates were required to communicate and explain to a disbelieving and upset mother that her child had several decayed teeth.
Interpretation	Analytical and data interpretation skills	Candidates were given 2 minutes to read through the study information after which the examiner asked to discuss the study and data to probe their understanding.
Tangram	Communicate complex instructions	Candidates were provided with a photograph of an object made of wooden blocks of various shapes. Their task was to explain to the student examiner how to construct the object using the same shaped wooden pieces (not coloured) that they had in front of them.
CKAT	Manual dexterity	Candidates needed to complete the Clinical Kinematic Assessment Tool (CKAT)- a standardised motor test battery on a tablet PC (using a stylus) to assess fundamental sensorimotor skills. The task involved: (1) tracking a moving dot; (2) aiming at a series of dots that appeared serially in different locations; and

		finally; (3) carefully tracing a shape that appeared on the screen.
Simodont	Manual dexterity	The candidates were required to complete a manual dexterity exercise on a virtual reality (VR) haptic simulator. An abstract task was designed to simulate the requirements of dental surgery. The task involved using the dental instruments on the VR system to remove as much of the red coloured zone as possible on a virtual object, whilst trying to avoid the green and beige zones as much as possible.

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The stations were run by dental school staff (including clinical academics and

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researchers) and current undergraduate dental students from the fourth and fifth year. All

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staff members and students who took part in the MMIs received extensive training

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beforehand. The staff had multiple practice runs with simulated students to practise the

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scoring system and received a briefing on the days of the interviews.

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2.4 Procedure

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Each circuit took eight students and there were four circuits per session (half day). Each

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station lasted between 7-8 minutes. At each station, one minute was given for applicants to

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make themselves comfortable, be greeted by the examiner and presented with the scenario.

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The applicants were given five minutes to perform the task. Candidates had one minute to

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move between stations. Each station was rated by one or two assessors. The interactive

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digital stations took around 20 minutes each to complete (10 minutes to explain the task and

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10 minutes to perform the task). The total MMI time was 104 minutes with approximately 64

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candidates being examined per day. The marking criteria for each station are described in

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Supplementary Material Table 1.

126 **2.5 Data Analysis**

127 For statistical analysis, we measured performance on all ten items. All the items were tested
128 for normality and sampling adequacy to ensure the data met the requirements for factor
129 analysis. Where data were not normally distributed, a transformation of the outcome variable
130 was performed. A correlation matrix was created to determine the relationship between the
131 variables. A parallel analysis method along with a scree plot were selected to be the
132 extraction methods for determining the number of factors to extract over the eigenvalue
133 rule²⁹. The parallel analysis was followed by factor rotation to determine the loadings of
134 each item on the factors. All data were analysed using R version 3.3.1.

135 **3 Results**

136 A factor analysis was conducted on ten items with orthogonal rotation (varimax). The Kaiser-
 137 Meyer-Olkin measure of sampling adequacy verified the sampling adequacy for the analysis
 138 KMO= 0.69, and all KMO values for individual items were > 0.5. This demonstrated that it
 139 was acceptable to proceed with the analysis. Bartlett's test of sphericity (which tests the
 140 overall significance of all the correlations within the correlation matrix) was significant (χ^2
 141 =189.09, df = 45 , p < .001), indicating that it was appropriate to use a factor analytic model
 142 on this dataset.

143 All ten items entered the factor analysis together. Using the parameters of this study
 144 the parallel analysis method suggested that two factors be retained. Inspection of the scree
 145 plot supported the results of the parallel analysis suggesting that two factors gave the most
 146 interpretable solution. An orthogonal rotation (varimax) was then performed since the factors
 147 were expected to have low correlation to determine the loading strength of each item to the
 148 factor. Inspection of the factor correlation matrix showed non-zero correlation between the
 149 proposed factors. For the interpretation of the factors, the pattern matrix was used following
 150 the analysis. This analysis revealed that all items loaded significantly on one of the factors.
 151 Figure 1 demonstrates the loading strength of each item to the factor.

152 The results of the factor analysis of the ten items used in the current study revealed
 153 two factors were sufficient to explain the underlying structure of the MMIs. The first factor had
 154 an eigenvalue of 1.37 and accounted for 14.6% of the variance in the data. The second
 155 factor had an eigenvalue of 0.52 and accounted for a further 6.3% of the variance.

156 The first factor seems to reflect soft skills as all six items (presentation, memory,
 157 ethics, interpretation, and insight) related to the ability to communicate (with the ability to
 158 show empathy), analyse and interpret data, describe things, show ethical awareness and
 159 reasoning and give their personal insight into issues. Thus, factor 1 was labelled as "soft
 160 skill". The second factor appeared to represent sensorimotor skills as the four items origami,

161 simulator performance, CKAT and tangram loaded most highly on it. All four items related to
162 manual dexterity performance with the ability to follow complexed instructions, thus, factor 2
163 was labelled as “sensorimotor”.

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--INSERT FIGURE 1 HERE--

166 **Figure 1.** Factor loadings of the ten items Memory, Ethics, Presentation, Origami,
167 Insight,Communication, Interpretation, Tanagram, Simodont and CKAT (Clinical Kinematic
168 Assessment Test) across the 2 factors of ‘soft skills’ and ‘sensorimotor skills’.

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171 **4 Discussion**

172 The present study was based at the dental school at the University of Leeds where
 173 ten selected scenarios were deemed to be useful tasks for identifying the most suitable
 174 students for admission. This reflects an approach that has been adopted by many dental
 175 schools throughout the UK. While there is a degree of sharing good practice/approaches
 176 used across different dental schools, ultimately each dental school has its own MMI
 177 structure (i.e. each school will use different types and numbers of scenarios and the scoring
 178 of performance will differ across institutions^{13,16}). This situation suggests that there is a need
 179 to evaluate the scenarios used and conduct formal statistical tests to ensure that dental
 180 schools are using the best possible assessment procedures, with the ultimate goal of
 181 establishing an optimal assessment procedure that could be used by all.

182 An evaluation of the research literature to date suggests that there has been little
 183 formal evaluation of MMIs within dental schools to allow a formal evaluation of the individual
 184 tests and their psychometric properties, and enable evidence based improvements in the
 185 selection process despite the nature of MMIs (and the wealth of data collected on an annual
 186 basis). For example, we found only one study on this topic (that investigated the influence of
 187 gender and starting station in the MMI used for dental school entry³⁰). In medicine, there
 188 have been studies that have investigated the MMI test characteristics when station type was
 189 manipulated¹⁰ and the effect of examiners' systematic differences in the rating pattern for
 190 candidates' scores and selection³¹. Eva et al noted that changes to the structure of the
 191 stations can yield better outcomes (e.g. behavioural interview stations were found to be
 192 better than unstructured situational judgement and free-form stations¹⁰). These types of
 193 studies indicate the potential for statistical evaluation of the assessment process, with the
 194 data then enabling improvements to be implemented on the basis of objective findings.
 195 Nevertheless, there is a lack of reported research into the properties of individual tests and
 196 the underlying factors (traits) that are captured by the MMI stations.

197 The present study investigated the number of factors that underpinned performance
198 across the MMI stations and examined the statistical relationship between the stations. Our
199 correlation analyses showed low correlations, but the factor analysis revealed two distinct
200 factors that could explain the underlying structure of the MMIs. We labelled these factors as
201 'soft skills' and 'sensorimotor' ability. If we accept that the design of the MMI had good face
202 validity for the experienced admissions team, then it is possible to conclude that these are
203 two fundamental factors that are essential in prospective dental students (along with
204 academic capability which is typically assessed via standardised national examinations
205 within the UK). This result tallies well with the general consensus across the dental discipline
206 regarding the critical attributes that are required by dental student. For example, a review
207 paper highlighted the importance of these skills in dental practice and suggested that 'soft
208 skills' increase confidence, professionalism, co-ordination, friendliness and optimism in an
209 individual³². The review also suggested that a combination of soft and motor skills are
210 important for patient management, dental practice and business management.

211 The identification of these two fundamental traits is important because it provides an
212 evidence based rationale for the factors that MMIs need to capture. In turn, this allows
213 greater efficiencies within MMI design. For example, our data suggest that fewer stations
214 may be required to capture 'soft skills' (given that six stations load onto this factor). There
215 are advantages to some redundancy in the stations (e.g. a student may perform poorly on
216 an initial station because of nerves) but there are clear economic advantages to having the
217 lowest possible number of tests for each domain of competence as this will help in covering
218 more traits. This will be further decided when mapping these stations with eventual student
219 performance and thereby a clear view on how these stations could be redesigned by either
220 refining or combining better stations and rejecting poorer ones will be achieved. This
221 mechanism can provide a tool for assessment of these MMI' stations to robustly measure
222 broader competency traits and identify the tests that have the best construct validity for
223 these domains. MMIs typically include some form of assessment of motor skills as manual

224 dexterity is an integral part of dental practice^{33,34}. Unfortunately, a number of motor skill
225 assessments rely on poorly validated instruments that require subjective evaluations of
226 performance and that are intrinsically unreliable.

227 The results of the current study suggest that it would be highly beneficial for dental
228 schools to adopt and evaluate precise and objective measures of sensorimotor ability. It may
229 also be useful to develop tests that combine the skilled control of the hands together with
230 higher-order cognitive abilities (such as decision making), as this reflects the reality of how
231 motor control is implemented within dental clinics. The MMIs within the present study
232 included a virtual reality simulator that required a naturalistic combination of sensorimotor
233 and decision making skills and this may be a particularly useful station³⁵. In the future, it will
234 be of interest to determine which of the existing stations provides the best prediction of
235 undergraduate performance (as indexed by performance on the myriad of tests conducted
236 throughout the undergraduate degree). The great advantage of the MMI system is that the
237 usefulness of the stations can be evaluated over time and assessments altered on the basis
238 of this evidence. The present study provides a small but important first step in the statistical
239 evaluation of dentistry MMI stations.

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241

242 **4.1 Conclusion**

243 A well-established interview technique for entry to a UK dental school was subjected to
244 factor analysis. The results showed that the interview process captured two fundamental
245 traits across ten assessment stations. Further studies involving these stations and their
246 ability to predict undergraduate performance will allow the iterative and methodical
247 improvement of station design. Thus, such data and analyses will have important
248 implications for the design and refinement of the entry processes for dental schools across
249 the world.

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