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A Phase 3 Randomised, Placebo-controlled, Double-Blind Study of Upadacitinib as Monotherapy in Patients with Active Rheumatoid Arthritis and Inadequate Response to Methotrexate: SELECT-MONOTHERAPY

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Running title: Upadacitinib monotherapy in patients with rheumatoid arthritis and inadequate response to MTX

1 **ABSTRACT:**

2

3 **Background:** Upadacitinib, an oral JAK1-selective inhibitor, demonstrated efficacy in
4 combination with stable background csDMARDs in rheumatoid arthritis (RA) patients with
5 inadequate response to DMARDs. We evaluated the safety and efficacy of upadacitinib
6 monotherapy after switching from MTX versus continuing methotrexate (MTX) in patients with
7 inadequate response to methotrexate (MTX-IR).

8

9 **Methods:** Patients with active RA despite stable MTX were randomised 2:2:1:1 to switch to
10 once-daily upadacitinib 15mg or 30mg or to continue MTX (cMTX) at their prior dose as blinded
11 study drug; Starting from Week14, patients randomised to cMTX were switched to UPA15 or
12 30mg per pre-specified assignment at baseline. The primary endpoints at Week14 were the
13 proportion of patients achieving ACR20, and the proportion achieving low disease activity as
14 DAS28(CRP)≤3.2 (NRI). Registration: www.clinicaltrials.gov;NCT02706951

15

16 **Findings:**

17 Of 648 randomised patients, 216 received cMTX, 217 received upadacitinib 15mg, and 215
18 received upadacitinib 30mg. 598 (92.3%) completed Week14. At Week14, ACR 20 was
19 achieved by 89/216 patients (41%) receiving MTX, 147/217 (68%) receiving upadacitinib 15mg
20 (MTX-adjusted difference 27, 95%CI 18-36, p<0.0001) and 153/215 (71%) receiving
21 upadacitinib 30mg (MTX-adjusted difference 30, 95%CI 21-39, p<0.0001). DAS28(CRP) ≤3.2
22 was met by 42/216 (19%) receiving MTX, 97/217 (45%) receiving upadacitinib 15mg (MTX-
23 adjusted difference 25, 17-34, p<0.0001) and 114/215 (53%) receiving upadacitinib 30mg
24 (MTX-adjusted difference 34, 25-42, p<0.0001).

25 Adverse events were reported in 102 patients (47%) on cMTX, 103 (48%) on upadacitinib
26 15mg, and 105 (49%) on upadacitinib 30mg. Herpes zoster was reported by one (0.5%) on

27 cMTX, three (1.4%) on upadacitinib 15mg, and six (2.8%) on upadacitinib 30mg. Three
28 malignancies [cMTX:1 (0.5%); upadacitinib 15mg:2 (0.9%)], three adjudicated MACE
29 [upadacitinib 15mg:1(0.5%); upadacitinib 30mg:2 (0.9%)], one adjudicated pulmonary embolism
30 (0.5%, upadacitinib 15mg) and one death [0.5%, upadacitinib 15mg, hemorrhagic stroke
31 (ruptured aneurysm)] were reported in the study.

32

33 **Interpretation:** Upadacitinib monotherapy showed significant improvements in clinical and
34 functional outcomes versus continuing MTX in this MTX-IR population. Safety observations
35 were similar to those in prior upadacitinib RA studies.

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37

38

39 **RESEARCH IN CONTEXT**

40 **Evidence before the study**

41 We performed a PubMed search using the terms “rheumatoid arthritis”, “Janus Kinase” and
42 “clinical trial” (article type) on Nov 28th 2018 to identify reports of phase 3 efficacy and safety
43 trials of JAK inhibitors in RA, and obtained 44 articles. Of these, one reported a phase 3
44 randomised controlled trial (RCT) of a JAK inhibitor as monotherapy in patients with inadequate
45 response to csDMARDs (ORAL SOLO), and one a phase 3 RCT in patients with inadequate
46 response to MTX (ORAL STRATEGY). ORAL SOLO compared 5 mg or 10 mg of tofacitinib
47 twice-daily with placebo, assessing ACR20, HAQ-DI and 28-joint disease activity score using
48 erythrocyte sedimentation rate (DAS28[ESR]) at 3 months, demonstrating significantly better
49 responses on tofacitinib versus placebo for ACR20 and HAQ-DI, but not DAS28(ESR). ORAL
50 STRATEGY assessed non-inferiority of tofacitinib 5 mg twice-daily monotherapy to tofacitinib 5
51 mg plus MTX or adalimumab plus MTX, for ACR50 at 6 months.

52 **Added value**

53 ORAL SOLO and SELECT-MONOTHERAPY were conducted in similar patient populations with
54 established disease (approximately 6-8 years of RA disease duration), and moderately-to-
55 severely active disease as evidenced by mean DAS28(CRP), and swollen and tender joint
56 counts. ORAL SOLO compared tofacitinib versus placebo upon discontinuation of MTX and
57 other csDMARDs in all three study groups with a washout before receiving study drug or
58 placebo, whereas in SELECT-MONOTHERAPY, no washout was permitted; at baseline,
59 patients who were assigned to receive upadacitinib monotherapy switched from their prior
60 stable MTX to upadacitinib, while others continued with prior dose of MTX as a blinded study
61 drug.

62 The efficacy of once-daily upadacitinib 15 and 30 mg in combination with background
63 csDMARDs in patients with inadequate response to csDMARDs was assessed in the SELECT-
64 NEXT study. SELECT-MONOTHERAPY is the first study to assess upadacitinib as

65 monotherapy. The responses with upadacitinib in both studies at 12/14 weeks were consistent,
66 and upadacitinib monotherapy was significantly better than continuing MTX for clinical and
67 functional improvements. In alignment with the goals of the treat-to-target strategy, the
68 achievement of more stringent efficacy endpoints, such as remission and low disease activity by
69 CDAI and SDAI, were assessed. Upadacitinib monotherapy resulted in 40-50% of these
70 patients with inadequate response to MTX achieving low disease activity, and almost 20%
71 achieving stringent remission by Week 14.

72 **Implications**

73 The data from SELECT-MONOTHERAPY are supportive of monotherapy with JAK inhibitors as
74 a potential treatment option enabling disease control in patients with inadequate response to
75 MTX, for whom combination treatment might be difficult for various reasons.

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77

78

79 **INTRODUCTION**

80 The treatment goal for patients with rheumatoid arthritis (RA) is control of inflammation with
81 subsequent preservation of joint structure and function. Methotrexate (MTX), a conventional
82 synthetic disease modifying anti-rheumatic drug (csDMARD), is recommended as a first-line
83 therapy for patients with RA. (1, 2) However, about one-half to two-thirds of patients receiving
84 MTX monotherapy do not achieve satisfactory disease control. (3, 4) In these patients, the
85 addition of a second csDMARD, a biological DMARD (bDMARD) or a targeted synthetic
86 DMARD (tsDMARD) is recommended. (1, 2) Despite its proven effectiveness and safety, many
87 patients are unable to tolerate MTX due to its side-effects (5, 6) (7) which may affect adherence
88 and treatment outcomes. (8) Moreover, monotherapy with advanced treatments is frequently
89 used even in the case of bDMARDs, where optimal outcomes require concomitant MTX.(9, 10)
90 Therefore, therapies which can be used without concomitant MTX have an important place in
91 the management of RA.

92 The Janus Kinase (JAK) family of enzymes is involved in intracellular signaling of diverse
93 cellular processes, such as cellular proliferation, apoptosis, migration, hematopoiesis, and
94 induction of cytokines, and thus in the pathogenesis of inflammation and immune-mediated
95 inflammatory diseases, like RA. (11, 12)

96 Upadacitinib, an oral, reversible, JAK1-selective inhibitor has demonstrated efficacy with rapid
97 onset of action in patients with an inadequate response to csDMARDs or bDMARDs when given
98 with stable background csDMARDs. (13, 14) In this study, the safety and efficacy of upadacitinib
99 monotherapy versus continuing MTX treatment in patients with an inadequate response to MTX
100 were assessed.

101

102

103 **PATIENTS AND METHODS**

104 SELECT-MONOTHERAPY was conducted at 138 sites in 24 countries. The study enrolled
105 patients with RA, at least 18 years of age, who fulfilled the 2010 ACR/European League Against
106 Rheumatism (EULAR) classification criteria for RA (15). Eligible patients must have
107 demonstrated active disease despite treatment with MTX, defined as at least 6 swollen joints
108 out of 66, at least 6 tender joints out of 68, and C-reactive protein > 3 mg/L [upper limit of
109 normal (ULN) 2.87 mg/L, hsCRP test]. Patients had been receiving MTX for at least 3 months,
110 and on a stable dose for at least 4 weeks prior to entry (15-25 mg/week or at least 10 mg/week
111 in patients intolerant to higher MTX doses after titration; patients in Japan should have been on
112 7.5-16 mg/week MTX). Key exclusion criteria included prior exposure to a bDMARD or JAK
113 inhibitor, and a history of inflammatory joint disease other than RA.

114 The study was conducted per the International Conference on Harmonization (ICH) guidelines,
115 applicable regulations and guidelines governing clinical study conduct, and the Declaration of
116 Helsinki. Study-related documents were reviewed and approved by independent ethics
117 committees and institutional review boards, and all patients provided written informed consent
118 before participating in study-related procedures.

119

120 **RANDOMISATION AND MASKING**

121 SELECT-MONOTHERAPY is a double-blind, double-dummy phase 3 study. For ethical
122 considerations, to ensure that patients were not untreated for any length of time, a MTX
123 washout period was not required prior to randomisation. Patients were randomised 2:2:1:1 to
124 either once-daily (QD) extended-release upadacitinib at 15 mg or 30 mg or to continue prior
125 dose of MTX (cMTX) as a blinded study drug, which was administered for 14 weeks, followed by
126 upadacitinib 15 mg, or 30 mg per pre-specified randomisation assignment (**Supplementary**
127 **Figure 1**). All patients who complete Week 14 are eligible to remain in an ongoing blinded
128 extension period for up to 5 years to evaluate long-term safety, tolerability and efficacy of

129 upadacitinib. The primary analysis for the cMTX-controlled period was at Week 14, and the
130 results are reported here; comparisons with cMTX were performed with combined data from the
131 two cMTX groups.

132 Randomisation was stratified by geographical region. A randomisation schedule was generated
133 by the AbbVie Statistics department, based on which patients were randomised using
134 Interactive Response Technology (IRT). The study is registered as NCT02706951.

135

136 **PROCEDURES**

137 All csDMARDs other than MTX must have been discontinued with the protocol-specified
138 washout period (≥ 4 weeks, ≥ 8 weeks for leflunomide). Patients were allowed to continue non-
139 steroidal anti-inflammatory drugs (NSAIDs), acetaminophen and glucocorticoids (≤ 10 mg
140 prednisone/day, or equivalent) at stable doses (for at least 1 week prior to study entry) and were
141 required to take a dietary supplement of folic acid or an equivalent. Concomitant treatments
142 contraindicated in the MTX label, and strong cytochrome P450 3A4 (CYP 3) inhibitors and
143 inducers were not allowed throughout the study. No bDMARDs were allowed during the study.

144

145 **OUTCOMES**

146 There were two independent primary endpoints comparing the efficacy of upadacitinib
147 monotherapy at 15 mg and 30 mg with cMTX at Week 14: the percentage of patients who
148 achieved a 20% improvement in the American College of Rheumatology criteria (an ACR20
149 response) (16) was required by the US Food and Drug Administration (FDA), and the
150 percentage of patients who achieved a score of ≤ 3.2 in the 28- joint disease activity score
151 (DAS28(CRP)) (17) was required by the European Medicines Agency (EMA). Key secondary
152 endpoints at Week 14 included the changes from baseline in DAS28(CRP) and health
153 assessment questionnaire-disability index (HAQ-DI), the proportions of patients who achieved
154 50% or 70% improvement in the ACR criteria (ACR50 or ACR70 responses), DAS28(CRP)

155 <2.6, changes from baseline in short form 36 (SF36) - physical component score (PCS) and
156 morning stiffness duration. Additional efficacy endpoints included the proportions of patients
157 who achieved low disease activity (LDA) or clinical remission based on clinical disease activity
158 index (CDAI; LDA \leq 10 and remission \leq 2.8) or simplified disease activity index (SDAI; LDA \leq 11
159 and remission \leq 3.3) and ACR-EULAR Boolean remission.(18)

160 The incidence and severity of treatment-emergent adverse events (AEs) was monitored
161 throughout the study; adverse event coding was performed according to the Medical Dictionary
162 for Regulatory Activities (MedDRA), version 19.1. Vital signs and laboratory tests were
163 performed at every study visit. The Rheumatology Common Toxicity Criteria v.2.0 developed by
164 the Outcome Measures in Rheumatology Drug Safety Working Group (OMERACT) (19) were
165 used to grade the severity of AEs and the majority of abnormal laboratory changes, except for
166 grading the severity of changes in creatine phosphokinase and serum creatinine for which the
167 Common Toxicity Criteria developed by the National Cancer Institute (NCI) were used. (20) An
168 independent, external Cardiovascular Adjudication Committee blindly adjudicated all suspected
169 cardiovascular events including venous thromboembolic events.

170

171 **STATISTICAL ANALYSIS**

172 Efficacy analyses were conducted on the full analysis set which included all randomised
173 patients who had received at least one dose of study drug. For binary endpoints, pairwise
174 comparisons between upadacitinib and cMTX arms were performed using the Cochran-Mantel-
175 Haenszel test adjusting for geographic region as a stratification factor. The primary and other
176 categorical secondary endpoints were assessed using non-responder imputation (NRI);
177 Patients with missing data at Week 14 or those who prematurely discontinue study drug were
178 considered non responders. For continuous endpoints, statistical inference for each visit was
179 done using mixed-effect model repeat measurement (MMRM) with observed data through Week

180 14, which included the categorical fixed effects of treatment, visit, and treatment-by-visit
181 interaction, the stratification factor of geographic region, and the continuous fixed covariates of
182 baseline measurement. The overall type I error rate of the primary and ranked key secondary
183 endpoints for the two doses of upadacitinib were strongly controlled using a graphical multiple
184 testing procedure.

185 Per-protocol analyses were conducted, excluding patients with major protocol deviations.

186 A sample size of 600 patients was planned to provide a 90% power for a 21% and 22%
187 difference between upadacitinib monotherapy and cMTX treatment for achievement of ACR20
188 and DAS28(CRP)≤3.2, respectively, assuming cMTX responses of 37% and 15% for ACR20
189 and DAS28(CRP)≤3.2, respectively, at two-sided alpha =0.025 level of significance, accounting
190 for a 10% dropout rate.

191

192 **ROLE OF THE FUNDING SOURCE**

193 AbbVie was the study sponsor, and the study was designed by AbbVie, the authors and
194 investigators. Clinical data were collected by the investigators, their teams, and AbbVie. AbbVie
195 was involved in data analysis, the interpretation of results and the preparation, review and
196 approval of the final version of this report. All the authors had access to the data, reviewed and
197 approved the final version, made the decision to submit the manuscript for publication, and
198 attest to the accuracy and completeness of the data. The corresponding author had full access
199 to all the data and the final responsibility to submit for publication. A medical writer, employed by
200 AbbVie, assisted with preparing an initial draft under the direction of the authors.

201

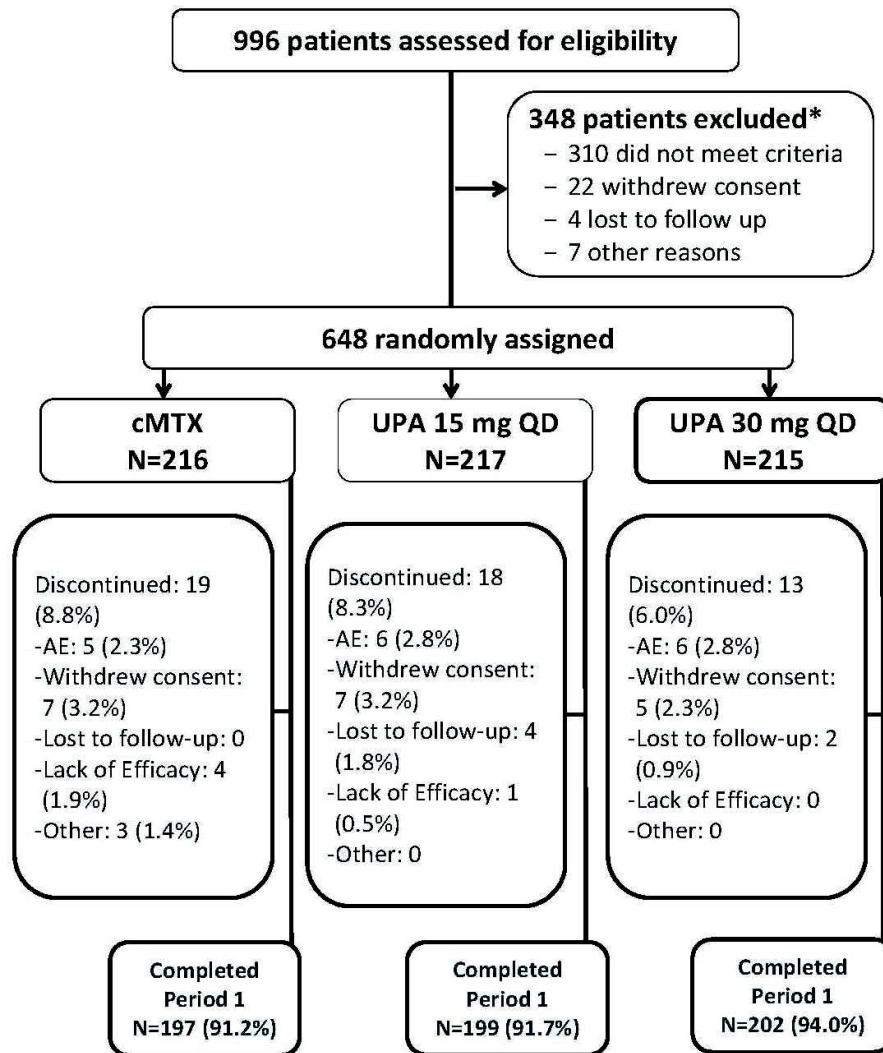
202 **RESULTS**

203 Between 23 Feb 2016 and 19 May 2017, 996 patients were screened, of which 310 did not
204 meet the entry criteria, 22 withdrew consent, four were lost to follow-up, seven were not enrolled
205 due to other reasons, and data for five patients were missing) (**Figure 1**). A total of 648 patients
206 underwent randomisation and all received at least one dose of study drug [cMTX (n=216),
207 upadacitinib 15 mg QD (n=217) and upadacitinib 30 mg QD (n=215)]. The majority of patients
208 were recruited from Eastern Europe (37%), North America (30%), and South and Central
209 America (14%). Of the 648 patients enrolled, 598 (92.3%) completed study drug treatment
210 through Week 14. Rates and reasons for discontinuation are in Figure 1. Overall, patient
211 demographics and disease activity were similar across the treatment arms at baseline (**Table**
212 **1**). The majority of patients were female (81%), with an overall mean age of 54.3 years and
213 duration since RA diagnosis of 6.6 years. Five hundred and twelve patients (80%) were
214 seropositive for either anti-citrullinated protein antibody (ACPA) or rheumatoid factor (RF).
215 Patients had high disease activity, despite having an average duration of prior MTX therapy of
216 more than 3 years. This may reflect management before entering the study that may not have
217 fully adhered to current recommendations for some of these patients (1, 2). The mean MTX
218 dose at baseline was 16.7 mg/week.

219

220 **Figure 1. Patient disposition.**

221 All randomised patients received study drug. The full analysis set included all randomised patients who
222 received at least one dose of study drug. Only primary reasons for discontinuation are listed.



223

224 * data for five patients is missing

225

Table 1. Demographics and Characteristics at Baseline

	cMTX N=216	UPA 15 mg Mono N=217	UPA 30 mg Mono N=215
Female, n (%)	179 (83%)	174 (80%)	170 (79%)
Age, years	55.3 (11.1)	54.5 (12.2)	53.1 (12.7)
Geographical distribution of patients, n (%)			
North America	64 (30%)	64 (30%)	64 (30%)
South/Central America	31 (14%)	30 (14%)	30 (14%)
Western Europe	8 (4%)	8 (4%)	8 (4%)
Eastern Europe	79 (37%)	80 (37%)	80 (37%)
Asia [†]	22 (10%)	22 (10%)	21 (10%)
Other*	12 (6%)	13 (6%)	12 (6%)
Duration since RA Diagnosis (years)	5.8 (6.6)	7.5 (8.9)	6.5 (7.0)
RF and/or ACPA positive	169 (78%)	172 (79%)	171 (80%) [#]
Oral Glucocorticoid Use, n (%)	115 (53%)	114 (53%)	98 (46%)
-Oral Glucocorticoid Dose* (mg)	6.2 (2.6)	6.1(2.5)	5.9 (2.5)
Prior MTX Dose (mg/week)	16.7 (4.4)	16.8 (4.2)	16.5 (4.6)
Duration of prior MTX (years) [§]	3.3 (3.9)	3.8 (4.8)	3.8 (4.3)
TJC68	25.2 (16.0)	24.5 (15.1)	24.8 (15.2)
SJC66	16.9 (11.5)	16.4 (10.9)	16.9 (10.2)
PtGA (100 mm VAS)	59.6 (21.8)	62.2 (22.3)	59.4 (22.8)
Pain (100 mm VAS)	62.5 (21.3)	62.3 (22.5)	61.9 (22.1)
PhGA (100 mm VAS)	62.1 (17.5)	65.7 (18.5)	62.6 (17.8)
hsCRP (mg/L)	14.5 (17.3)	14.0 (16.5)	16.3 (20.8)
HAQ-DI	1.5 (0.7)	1.5 (0.7)	1.5 (0.7)
DAS28(CRP)	5.6 (1.0)	5.6 (0.9)	5.6 (1.1)
CDAI	37.8 (14.4)	38.0 (13.1)	38.4 (13.8)
SDAI	39.2 (14.6)	39.4 (13.4)	40.0 (14.3)

Data are n (%) or mean (SD). * Prednisone equivalent; # one patient with missing value

*Other includes South Africa, Turkey and Israel

[†]Japan only

[§]Data on prior use of other conventional synthetic disease modifying antirheumatic drugs are provided in Supplemental Table S5

MTX, methotrexate; TJC68, tender joint count of 68 joints; SJC66, swollen joint count of 66 joints; PtGA, patient's global assessment of disease activity; PhGA, physician's global assessment of disease activity; hsCRP, high sensitivity C-reactive protein; DAS28(CRP), 28-joint disease activity score based on CRP; HAQ-DI, health assessment questionnaire disability index; CDAI, clinical disease activity index; SDAI, simplified disease activity index

229 At Week 14, significantly higher proportions of patients receiving upadacitinib 15 mg and 30 mg
230 versus cMTX achieved the primary endpoints: An ACR20 response was achieved by 89 of 216
231 patients (41%; 95%CI, 35-48) receiving cMTX, 147 of 217 patients (68%; 62-74) receiving
232 upadacitinib 15mg, and 153 of 215 patients (71%; 65-77) receiving upadacitinib 30mg
233 ($p < 0.0001$ for both doses versus cMTX). DAS28(CRP) ≤ 3.2 was met by 42 (19%; 14-25)
234 receiving cMTX, 97 (45%; 38-51) receiving upadacitinib 15mg, and 114 (53%; 46-60) receiving
235 upadacitinib 30 mg ($p < 0.0001$ for both doses versus cMTX) (**Figure 2**). Per-protocol analyses
236 showed consistent results (**Supp Figure 2**). Significantly higher proportions of patients achieved
237 ACR 20/50/70 on upadacitinib 15 mg and 30 mg versus cMTX by the first follow-up visit at
238 Week 2 and thereafter. At Week 14, 91 patients (42%; 35-49)] receiving upadacitinib 15mg and
239 112 patients (52%; 45-59) receiving upadacitinib 30mg versus 33 patients (15%; 11-20)
240 receiving cMTX achieved ACR50 responses ($p < 0.0001$ for both doses versus cMTX), and 49
241 (23%; 17-28) receiving upadacitinib 15mg, and 71 (33%; 27-39) receiving upadacitinib 30mg
242 versus 6 (3%; 1-5) receiving cMTX achieved ACR70 responses ($p < 0.0001$ for both doses
243 versus cMTX) (**Figure 2 C, D and E**). From Week 2 through Week 14, mean improvements
244 from baseline in all ACR core components, including pain, were significantly greater for patients
245 on upadacitinib 15 and 30 mg versus cMTX (**Supp Figure 3**).
246 Significantly greater improvements from baseline in DAS28(CRP) were observed for both doses
247 of upadacitinib versus cMTX from Week 2 onwards. A similar result was observed for decreases
248 from baseline in CDAI (**Figure 2 F and Supp Fig 4 A**).

249

250 **Figure 2. Patients achieving the primary endpoints (A) ACR20 and (B) DAS28(CRP) ≤ 3.2**
251 **at Week 14 (NRI) (C) ACR20 (D) ACR50 (E) ACR70 responses over 14 weeks (NRI**
252 **analysis). Mean changes from baseline in (F) DAS28(CRP) (MMRM).**

253 ACR, American College of Rheumatology; ACR20/50/70, 20%/50%/70% improvement in ACR score;
254 DAS28(CRP), 28-joint Disease Activity Score using C-reactive protein; CDAI, clinical disease activity

255 index; HAQ-DI, health assessment questionnaire-disability index (HAQ-DI); NRI, nonresponder
256 imputation; MMRM, Mixed Effect Model Repeat Measurement.

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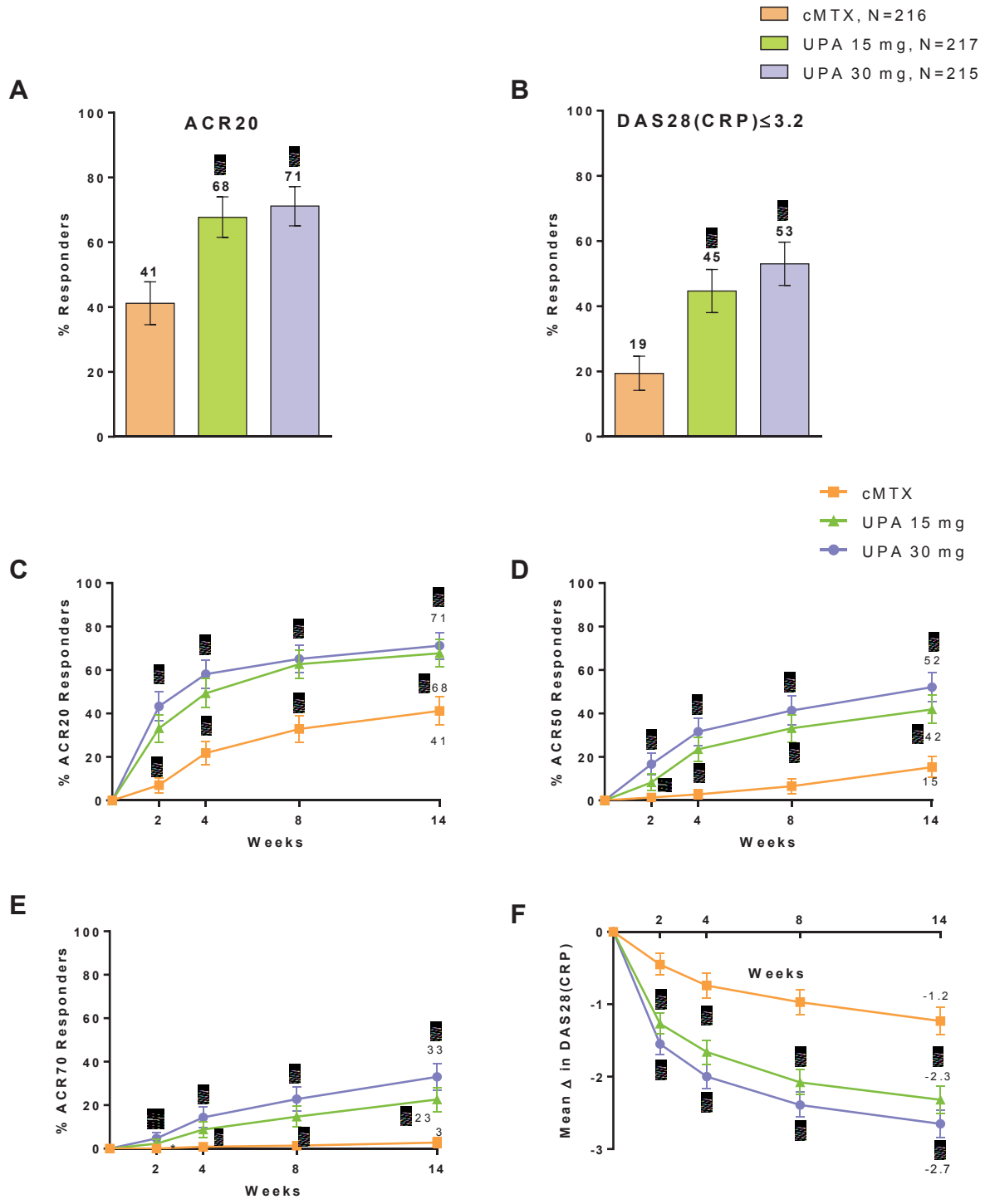
258 * P≤0.05, † P≤0.01, ‡ P≤, 0.001, § P≤0.0001 versus cMTX. Bars are 95% CI

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267 At Week 14, significantly higher proportions of patients receiving upadacitinib 15 mg and 30 mg
 268 versus cMTX achieved DAS28(CRP) <2.6, DAS28(CRP) ≤3.2, low disease or remission based
 269 on CDAI and SDAI, and Boolean remission (Figure 3 and Supp Figure 5).

270

271 **Figure 3. (A) Patients achieving DAS28(CRP) ≤3.2 or <2.6. (B) Patients achieving CDAI**
 272 **LDA (≤10) or clinical remission (≤2.8). (C) Patients achieving SDAI LDA (≤11) or clinical**
 273 **remission (≤3.3) at Week 14 (NRI analysis).**

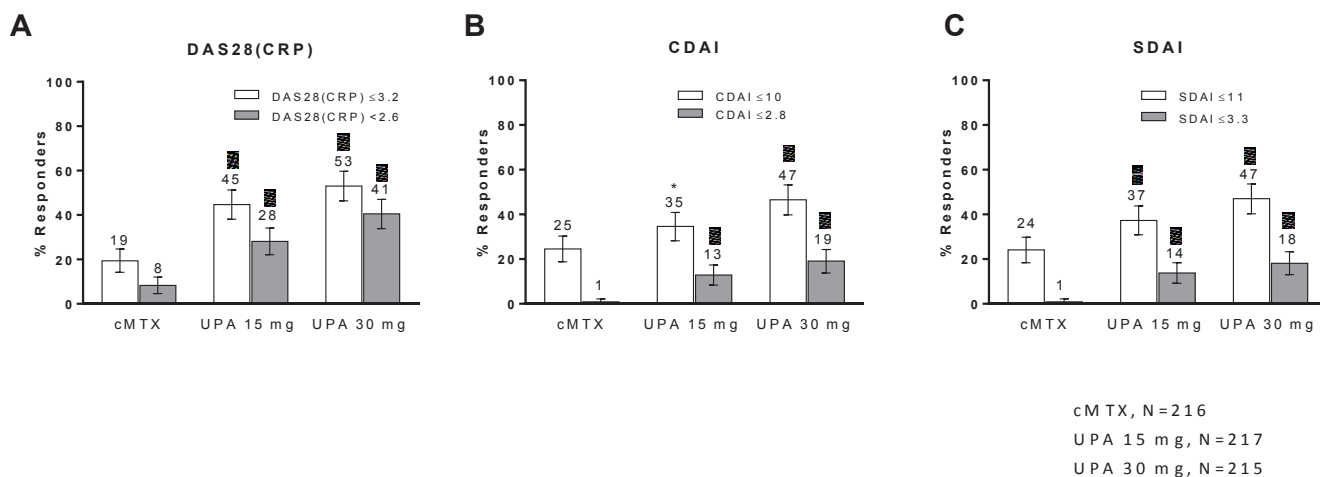
274 CDAI, Clinical Disease Activity Index; SDAI, Simplified Disease Activity Index.

275 * P≤0.05, † P≤0.01, ‡ P≤, 0.001, § P≤0.0001 versus cMTX. Bars are 95% CI

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282 Significant improvements from baseline in physical function based on HAQ-DI were observed
 283 with upadacitinib versus cMTX; at Week 14, patients receiving upadacitinib 15 mg and 30 mg
 284 versus cMTX had a least square mean change from baseline in HAQ-DI of -0.65 (95%CI: -0.73
 285 to -0.57) and -0.73 (-0.81 to -0.64) versus -0.32 (-0.41 to -0.24), respectively (p<0.001 for both
 286 doses versus cMTX). The minimum clinically important difference (MCID; ≥0.22) was achieved
 287 by 140 of 213 patients (66%; 95%CI 59-72) on upadacitinib 15 mg, and 148 of 204 patients

288 (73%; 66-79) on upadacitinib 30 mg versus 98 Of 205 patients (48%; 41-55) on cMTX ($p < 0.0001$
289 for both doses versus cMTX) (**Supplemental Figure 3 A**). Patients reported an improved
290 health-related quality of life as indicated by significant improvements for upadacitinib at 15 mg
291 (8.3; 95%CI: 7.2-9.4) and 30 mg (10.2; 9.1-11.3) versus cMTX (4.3; 3.2-5.4) at Week 14 in the
292 SF-36 PCS ($p < 0.001$ for both doses versus cMTX). The mean change in the duration (minutes)
293 of morning stiffness was -53.0 minutes (95%CI: -72.2 to -33.9) for patients receiving cMTX; -
294 94.6 minutes (95%CI: -113.6 to -75.5); and -102.3 minutes (95%CI: -121.2 to -83.5) for patients
295 receiving upadacitinib with 15 mg and 30 mg, respectively ($p = 0.0012$ and $p = 0.0001$ versus
296 cMTX) (**Supplemental Figure 3 B**).

297
298 Adverse events were reported in 102 patients (47%) on cMTX, 103 (48%) on upadacitinib 15
299 mg, and 105 (49%) on upadacitinib 30 mg. Serious AEs were reported in 11 patients (5.1%) in
300 the upadacitinib 15 mg arm, 6 patients (2.8%) in the cMTX arm and 6 patients (2.8%) in the
301 upadacitinib 30 mg arm (**Table 2**). Infections were reported in 57 patients (26.4%) in the cMTX
302 arm, 42 patients (19.4%) in the upadacitinib 15 mg and 54 (25.1) in the upadacitinib 30 mg arm.
303 There were two serious infections, one case of limb abscess in the upadacitinib 15 mg arm, and
304 one case of urosepsis in the cMTX arm. There were four opportunistic infections reported, one
305 in the cMTX arm (fungal oesophagitis) and three in the upadacitinib 30 mg arm (two cases of
306 oral candidiasis and one of oropharyngeal candidiasis). Herpes zoster was more frequently
307 reported in the upadacitinib 30 mg arm versus the upadacitinib 15 mg or cMTX arms; all were
308 reported as non-serious and mild to moderate in severity by the investigators; of the 10 cases,
309 eight involved one or two dermatomes and two cases in the upadacitinib 30 mg arm involved
310 three or more dermatomes..

311 There were three malignancies, all in patients older than 60 years of age. One was reported in
312 the cMTX arm (basal cell carcinoma) and two in the upadacitinib 15 mg arm (one patient with
313 non-Hodgkin's lymphoma and one with breast cancer). Three major adverse cardiovascular

314 events (MACE) were confirmed by an independent Cardiovascular Adjudication Committee, all
315 in patients with known cardiovascular (CV) risk factors; there was one event of hemorrhagic
316 stroke due to a ruptured aneurysm (fatal) in a 68-year old male patient with CV risk factors
317 (smoking for 46 years and hypertension) in the upadacitinib 15 mg arm, and two events
318 reported in the upadacitinib 30 mg arm (one non-fatal myocardial infarction and one non-fatal
319 stroke). One adjudicated pulmonary embolism was reported in the upadacitinib 15 mg arm in a
320 patient with known risk factors (hypertension, BMI of 44.9 on estrogen therapy at the time of
321 event), and with normal platelet counts throughout the treatment period. Besides the fatal case
322 of hemorrhagic stroke due to ruptured aneurysm, described above, there were no other deaths
323 reported. There were no reported cases of active tuberculosis, renal dysfunction or
324 gastrointestinal perforation.

325

Table 2. Adverse Events Summary

n (%) Patients	cMTX N=216	UPA 15 mg Mono N=217	UPA 30 mg Mono N=215
Any Adverse Event (AE)	102 (47.2)	103 (47.5)	105 (48.8)
Serious AE	6 (2.8)	11 (5.1)	6 (2.8)
AE Leading To Discontinuation Of Study Drug	6 (2.8)	8 (3.7)	6 (2.8)
Infection	57 (26.4)	42 (19.4)	54 (25.1)
-Serious Infection [†]	1 (0.5)	1 (0.5)	0
-Opportunistic Infection [‡]	1 (0.5)	0	3 (1.4)
-Herpes Zoster	1 (0.5)	3 (1.4)	6 (2.8)
-Tuberculosis	0	0	0
Hepatic disorder [§]	4 (1.9)	4 (1.8)	5 (2.3)
Gastrointestinal perforation	0	0	0
Malignancy [¶]	1 (0.5)	2 (0.9)	0
-NMSC	1 (0.5)	0	0
-Lymphoma	0	1 (0.5)	0
VTE (adjudicated)	0	1 (0.5) [§]	0
MACE (adjudicated) [§]	0	1 (0.5)	2 (0.9)
Death	0	1 (0.5) [¶]	0

AE, adverse event; NMSC, non-melanoma skin cancer; VTE, venous thromboembolism (DVT and PE); MACE, major adverse cardiovascular event (CV death, nonfatal MI and nonfatal stroke)

[†]Serious Infection events: cMTX: urosepsis; UPA 15: abscess limb

[‡]Opportunistic infection events: cMTX: fungal oesophagitis; UPA 30: 2 oral candidiasis, 1 oropharyngeal candidiasis

[§]Hepatic disorders: Except for 1 case of mild hepatic cyst, all due to liver enzyme elevation

[¶]Malignancies: cMTX: basal cell carcinoma; UPA 15: 1 non-Hodgkins' lymphoma, 1 breast cancer

[§]MACE (adjudicated): UPA 15: 1 hemorrhagic stroke due to ruptured aneurysm (fatal), investigator deemed as unrelated to study drug; UPA 30: 1 myocardial infarction, 1 stroke; investigators reported both events as unrelated to study drug

[§]VTE: Pulmonary embolism (BMI 36, estrogen hormone therapy); investigator deemed as unrelated to study drug

[¶]Death: Hemorrhagic stroke due to ruptured aneurysm

327

328 Mean hemoglobin levels remained within the normal ranges through Week 14 across the

329 treatment arms (**Supplemental Figure 6**) with smaller percentage decreases from baseline

330 noted for upadacitinib 15 mg (-0.3%) compared to cMTX (-0.8%) and upadacitinib 30 mg (-
331 1.9%). The number of patients with Grade 3 hemoglobin decrease at any time during the study,
332 including patients with a single isolated event, was higher in the upadacitinib 30 mg arm than in
333 the cMTX and upadacitinib 15 mg arms (**Supplemental Table 1**). One patient with Grade 4
334 hemoglobin decrease was reported in the upadacitinib 30 mg arm at a single time point during
335 the study. No patient discontinued study drug due to abnormal hemoglobin values.

336 Although mean levels of neutrophils, lymphocytes and platelets remained within the normal
337 ranges over 14 weeks, there were three patients with Grade 3 decreases in neutrophils (two in
338 the upadacitinib 30 mg, and one in the cMTX arms), and none with Grade 4 decreases. Of note,
339 approximately 30% of patients had Grade 2 lymphopenia at Baseline ($1.0-1.5 \times 10^9/L$). There
340 were comparable numbers of patients with Grade 3 decreases in lymphocytes in the cMTX and
341 upadacitinib 30 mg arms, and fewer in the upadacitinib 15 mg arm. One patient (upadacitinib 30
342 mg group) had a Grade 4 decrease in lymphocyte values, which occurred at a single time point
343 during the treatment period; no treatment-emergent infectious events were reported for this
344 patient. A decrease in the mean level of platelets ($-46.4 \times 10^9/L$) was observed in the
345 upadacitinib 30 mg arm at Week 4, although levels returned to near Baseline levels by Week 14
346 (**Supplemental Figure 4 B, C and D**); there were no Grade 3 or 4 decreases. Increases in
347 mean LDL-C (0.001, 0.352 and 0.439 mMol/L for cMTX, upadacitinib 15 and 30 mg,
348 respectively) and HDL-C (0.003, 0.280 and 0.266 mMol/L) with upadacitinib treatment were
349 observed, although the ratio of LDL-C:HDL-C (and TC:HDL-C) remained unchanged over the 14
350 week period (**Supplemental Figure 4 E and F, Supplemental Table 2**).

351 Of five patients with Grade 3 alanine aminotransferase (ALT) elevations, two patients (one each
352 in the cMTX and upadacitinib 30 mg arms) discontinued study drug due to elevations in ALT.
353 Both patients experienced ALT elevations accompanied with fatigue and abdominal pain; the
354 patient who was on upadacitinib 30 mg experienced cholelithiasis after 12 days of symptomatic
355 ALT elevation. There were no Hy's law cases identified. There were two Grade 3 CPK

356 elevations each in upadacitinib 15 mg and upadacitinib 30 mg arms and none in the cMTX arm;
357 none of the patients had rhabdomyolysis or discontinued the study drug due to an increased
358 CPK value.

359

360

361 **DISCUSSION**

362 .

363 The combination of bDMARDs and tsDMARDs with csDMARDs, in particular MTX is
364 recommended for the management of RA. (1, 2) However, intolerance or contraindications to
365 MTX may present an obstacle to effective treatment for some patients and information from
366 registries suggests that about 40% of patients in clinical practice have stopped MTX (or other
367 csDMARDs) after receiving a new therapy (21-23). The parenteral administration of bDMARDs
368 is another potential hurdle for many patients. SELECT-MONOTHERAPY is the first trial
369 comparing a JAK inhibitor to continued MTX in patients with an inadequate response to MTX.
370 Previous trials have compared monotherapy with other JAK inhibitors versus placebo after
371 complete washout of MTX in patients with inadequate response to MTX or cs/bDMARDs. (24,
372 25) The SELECT-MONOTHERAPY trial demonstrated that in patients with an inadequate
373 response to MTX, who were switched to oral upadacitinib QD 15 or 30 mg monotherapy, there
374 was a significant improvement in clinical signs and symptoms, physical function and quality of
375 life measures compared to patients who continued on their prior MTX dose.

376 The efficacy of upadacitinib monotherapy was robust, with significant improvement
377 across a range of clinical endpoints including responses considered to reflect low disease
378 activity or clinical remission. Indeed, one third of the patients achieved an ACR70 response at 3
379 months; other agents, such as bDMARDs, usually lead to ACR70 rates of 20-25% at 6 months,
380 when these responses tend to have peaked. (26) Moreover, up to 40% patients achieved
381 DAS28(CRP)<2.6, and almost 20% of patients receiving upadacitinib 30 mg experienced
382 remission according to the stringent CDAI, SDAI and ACR-EULAR Boolean definitions. While
383 both doses of upadacitinib were associated with significant improvements, numerically higher
384 responses were observed with upadacitinib 30 mg compared to 15 mg through Week 14 for
385 some of the efficacy outcomes. This incremental efficacy benefit with 30 mg was not previously
386 observed on a background of treatment with csDMARDs in the SELECT-NEXT and SELECT-

387 BEYOND studies in RA patients with inadequate response or intolerance to csDMARDs or
388 bDMARDs, respectively, (27, 28) and was not apparent in the SELECT-EARLY study, which
389 evaluated upadacitinib 15 mg and 30 mg monotherapy in a MTX-naïve population. (29)
390 However, whether the 15mg or the 30mg dose is the more appropriate one for patients who
391 switch from MTX to upadacitinib will have to be determined in conjunction with data from the
392 other phase 3 upadacitinib trials.

393 Overall treatment-emergent AEs were reported at similar frequencies across the arms with a
394 similar incidence of patients withdrawing due to adverse events observed across all treatment
395 arms. Adverse events of interest for which a potential dose-relationship was observed include
396 herpes zoster. Herpes zoster has been reported in other studies of JAK inhibitors, including
397 upadacitinib. (27, 28, 30) In this study, all of the cases were considered non-serious, with most
398 involving 1 or 2 dermatomes. Vaccination was not required prior to study participation but
399 investigators were asked to consider local guidelines. Less than 5% of patients had prior
400 herpes zoster vaccination. The MACE events in patients receiving upadacitinib occurred in
401 patients with known risk factors including pre-existing CV conditions or a history of diabetes or a
402 history of tobacco use. One VTE was reported in this study, also in a patient with risk factors.

403 Long-term safety assessments across the phase 3 studies of upadacitinib in RA are needed to
404 fully characterize rare events such as MACE and VTE. Laboratory abnormalities were
405 consistent with observations in the upadacitinib RA studies and with other JAK inhibitors thus
406 far. (13, 14, 30) A reduction in inflammation might be expected to result in an increase in
407 hemoglobin. A potentially clinically significant decrease in hemoglobin was observed in a few
408 patients in the upadacitinib 30 mg arm, although mean levels of hemoglobin remained within the
409 normal range during the study, as did neutrophils, lymphocytes and platelets. As in other studies
410 with upadacitinib and other JAK inhibitors, elevations in the levels of LDL-C and HDL-C were
411 observed, while the ratio of LDL-C:HDL-C, an atherogenic indicator, remained unchanged.

412 Although an increase in lipids was not found to be associated with an increase in CV events
413 including MACE, observations over a longer period are required.(31)
414 One limitation of the study was a relatively short cMTX-controlled period (14 weeks); however,
415 this was done to avoid undertreating patients in the cMTX arm for an extended period (average
416 prior duration of 3.6 years). The trial design did not include radiographic assessments; however,
417 radiographic evaluation is usually at 6 or 12 months, whereas here we focused on clinical
418 outcomes at 14 weeks. However, other trials in the SELECT program include radiographic
419 assessments of upadacitinib in monotherapy and combination therapy. Another limitation was
420 that the trial did not include an arm to assess combination therapy with upadacitinib and MTX
421 compared to monotherapy.

422 In summary, the results of SELECT-MONOTHERAPY demonstrated that upadacitinib
423 monotherapy was associated with significant improvement in multiple measures of disease
424 outcomes, while having a safety profile consistent with previously reported findings. This
425 favorable benefit-risk profile of upadacitinib monotherapy has the potential to provide a
426 treatment option for patients who are intolerant to MTX or who prefer a treatment without the
427 need for concomitant csDMARDs.

428

429 **Contributors:**

430 J Smolen, P Emery, S Cohen, AL Pangan, Y Zhang, A Friedman, A Othman and H Camp
431 participated in the design of the study. W Rigby, Y Tanaka, JI Vargas, N Damjanov participated
432 in data collection. Y Zhang, AL Pangan, A Friedman, A Othman and H Camp participated in
433 data analyses. All the authors interpreted the data and participated in writing and critical review
434 of the manuscript and approved the final version.

435

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439

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466 AbbVie is committed to responsible data sharing regarding the clinical trials we sponsor. This
467 includes access to anonymized, individual and trial-level data (analysis data sets), as well as
468 other information (e.g., protocols and Clinical Study Reports), as long as the trials are not part of
469 an ongoing or planned regulatory submission. This includes requests for clinical trial data for
470 unlicensed products and indications.

471 These clinical trial data can be requested by any qualified researchers who engage in rigorous,
472 independent scientific research, and will be provided following review and approval of a
473 research proposal and statistical analysis plan, and execution of a Data Sharing Agreement.

474 Data requests can be submitted at any time and the data will be accessible for we months, with
475 possible extensions considered. For more information on the process , or to submit a request,
476 visit [https://www.abbvie.com/our-science/clinical-trials/clinical-trials-data-and-information-](https://www.abbvie.com/our-science/clinical-trials/clinical-trials-data-and-information-sharing/data-and-information-sharing-with-qualified-researchers.html)
477 [sharing/data-and-information-sharing-with-qualified-researchers.html](https://www.abbvie.com/our-science/clinical-trials/clinical-trials-data-and-information-sharing/data-and-information-sharing-with-qualified-researchers.html).

478

479 **SUPPLEMENT**

480

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486 score

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493 Supplemental Table 1. Patients with worsening in grade in laboratory parameters

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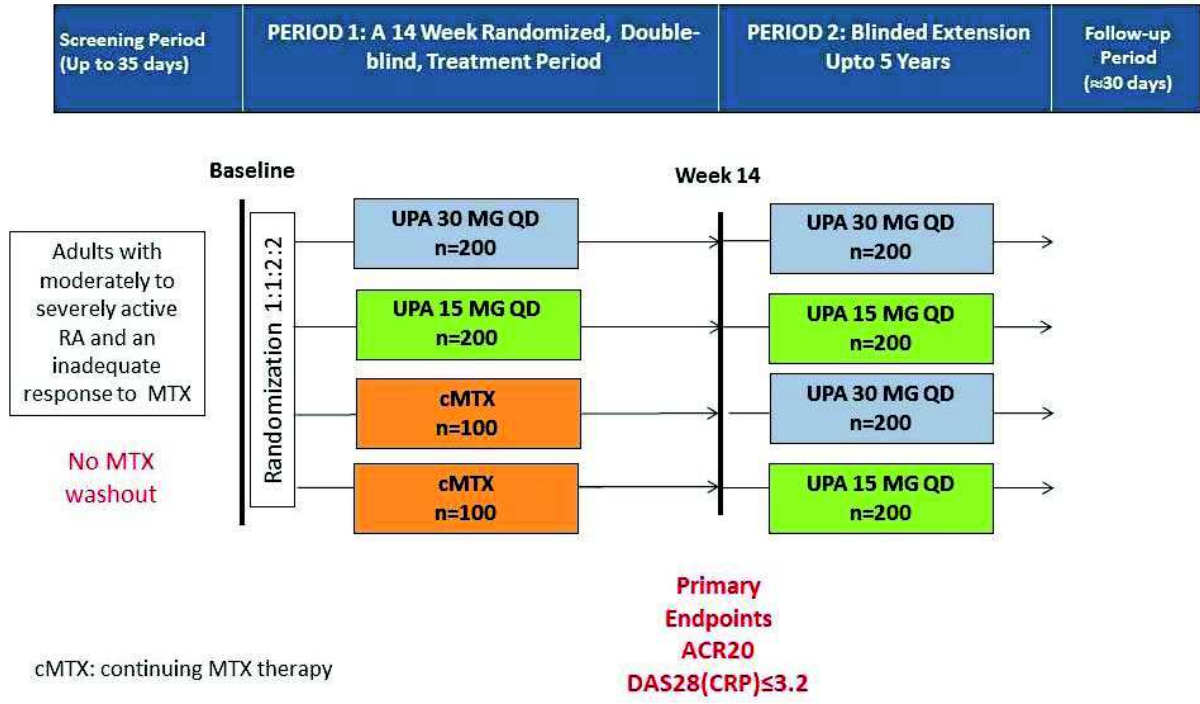
497 Supplemental Table 5. Prior synthetic DMARDs per patient

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499 List of Inclusion and Exclusion Criteria

500 **Supplemental Figure 1. Study design**

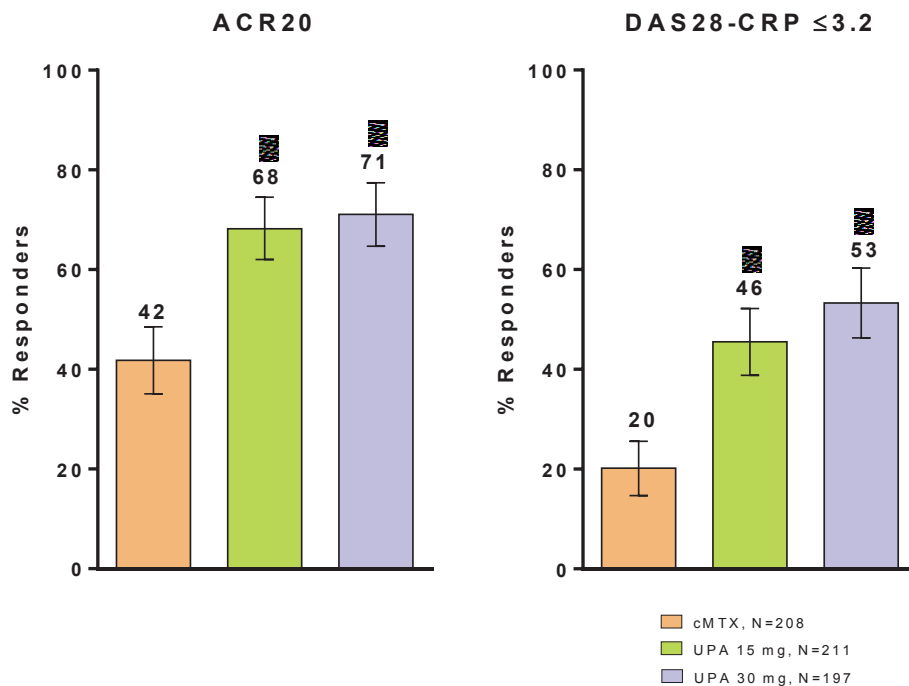
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502

503 **Supplemental Figure 2. Patients achieving the primary endpoints (A) ACR20 and (B)**
 504 **DAS28(CRP) \leq 3.2 at Week 14 in the per-protocol set (NRI)**

505 § $P \leq 0.0001$ versus cMTX. Bars are 95% CI
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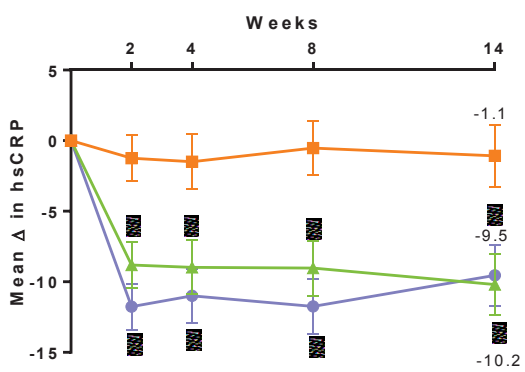
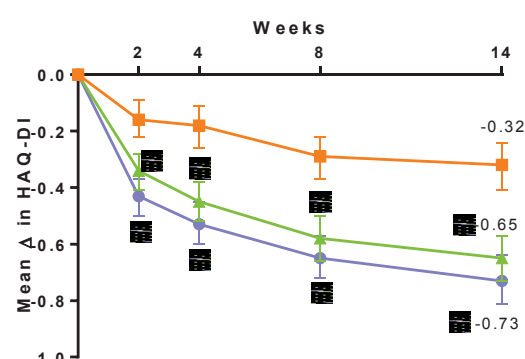
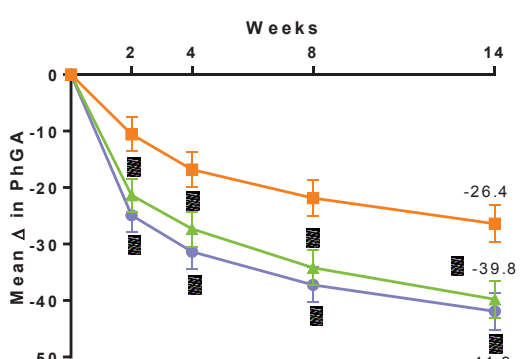
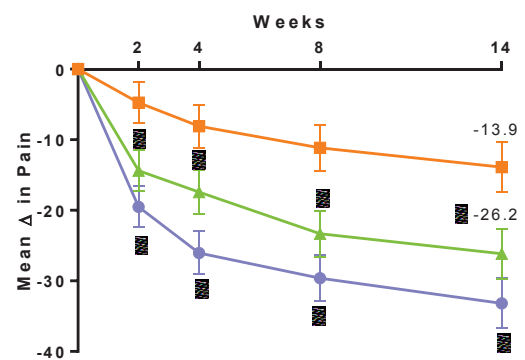
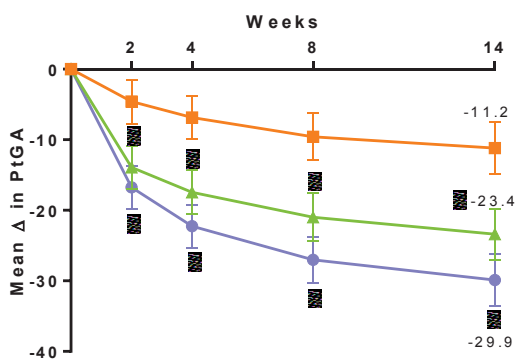
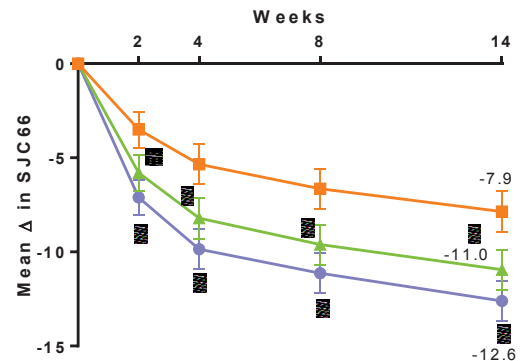
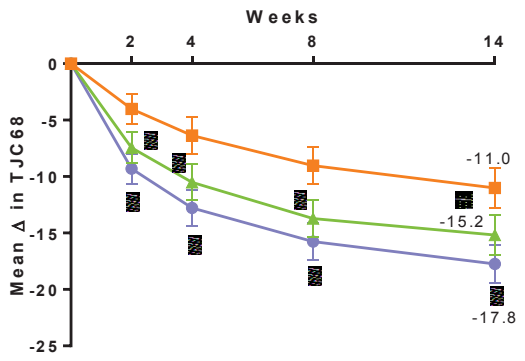


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512 **Supplemental Figure 3. Mean change from Baseline in individual core components of the**
 513 **ACR score (A) TJC68 (B) SJC66 (C) PtGA (D) Pain (E) PhGA (F) HAQ-DI (G) hsCRP**
 514 **(MMRM)**

515 TJC68, tender joint count in 68 joints; SJC66, swollen joint ocunt in 66 joints; PtGA, patient's global
 516 assessment of disease activity; PhGA, physician's global assessment of disease activity; HAQ-DI, health
 517 assessment questionnaire-disability index; hsCRP, high-sensitivity C-reactive protein; MMRM, Mixed
 518 Effect Model Repeat Measurement.

519 * $P \leq 0.05$, † $P \leq 0.01$, ‡ $P \leq 0.001$, § $P \leq 0.0001$ versus cMTX. Bars are 95% CI
 520



■ cMTX
▲ UPA 15 mg
● UPA 30 mg

522 Mean change from baseline at each time point

Change from BL in HAQ-DI			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-0.16	-0.34	-0.43
4	-0.18	-0.45	-0.53
8	-0.29	-0.58	-0.65
14	-0.32	-0.65	-0.73
Mean absolute value at BL			
BL	1.5	1.5	1.5

Change from BL in PhGA			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-10.57	-21.35	-24.91
4	-16.81	-27.33	-31.37
8	-21.86	-34.17	-37.21
14	-26.38	-39.79	-41.91
Mean absolute value at BL			
BL	62.1	65.7	62.6

Change from BL in hsCRP			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-1.25	-8.8	-11.76
4	-1.49	-8.97	-11
8	-0.52	-9.03	-11.75
14	-1.07	-10.2	-9.54
Mean absolute value at BL			
BL	14.5	14.0	16.3

Change from BL in SJC66			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-3.5	-5.79	-7.11
4	-5.34	-8.21	-9.85
8	-6.65	-9.61	-11.13
14	-7.86	-10.95	-12.6
Mean absolute value at BL			
BL	16.9	16.4	16.9

Change from BL in Pain			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-4.74	-14.37	-19.52
4	-8.08	-17.41	-26.04
8	-11.14	-23.32	-29.61
14	-13.88	-26.15	-33.18
Mean absolute value at BL			
BL	62.5	62.3	61.9

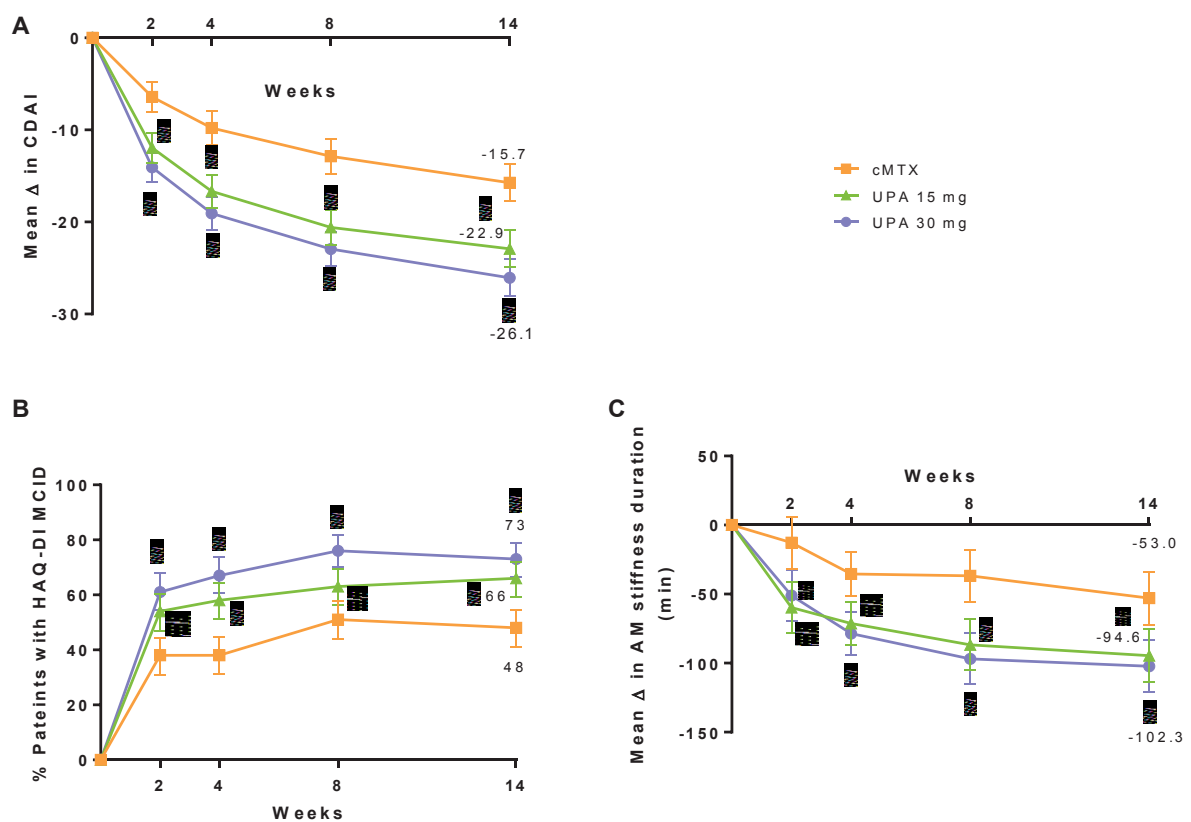
Change from BL in TJC68			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-4.02	-7.45	-9.31
4	-6.37	-10.51	-12.79
8	-9.03	-13.71	-15.76
14	-11.02	-15.17	-17.75
Mean absolute value at BL			
BL	25.2	24.5	24.8

Change from BL in PtGA			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-4.6	-13.93	-16.76
4	-6.85	-17.44	-22.26
8	-9.59	-20.98	-27.03
14	-11.18	-23.4	-29.89
Mean absolute value at BL			
BL	59.6	62.2	59.4

523

524 **Supplemental Figure 4. (A) Mean change from Baseline in CDAI (MMRM) (B) Change from**
525 **Baseline in HAQ-DI ≤ 0.22 (NRI analysis). (C) Least Square Mean Change from Baseline in**
526 **Morning Stiffness Duration (minutes).**

527 * $P \leq 0.05$, † $P \leq 0.01$, ‡ $P \leq 0.001$, § $P \leq 0.0001$ versus cMTX. Bars are 95% CI
528 CDAI, clinical disease activity index; HAQ-DI, health assessment questionnaire-disability index
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538 Values at each time point

Change from BL in CDAI			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-6.41	-11.94	-14.06
4	-9.79	-16.67	-19.07
8	-12.85	-20.59	-22.93
14	-15.73	-22.91	-26.06

Patients achieving HAQ-DI MCID			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	38	54	61
4	38	58	67
8	51	63	76
14	48	66	73

Change from BL in Morning Stiffness Duration (mins)			
Week	cMTX	UPA 15 mg	UPA 30 mg
2	-12.8	-59.8	-51.1
4	-35.5	-71.2	-78.6
8	-36.8	-86.7	-96.9
14	-53	-94.6	-102.3

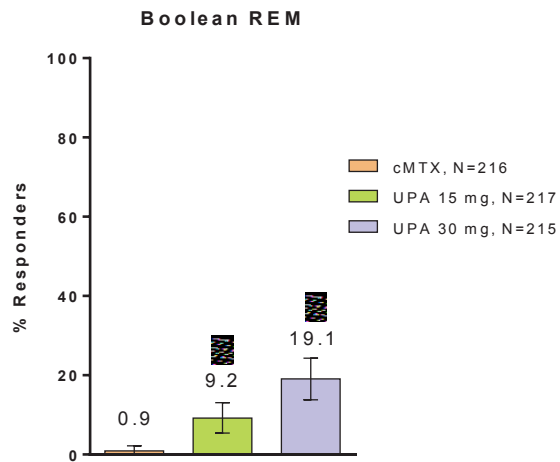
539

540 **Supplemental Figure 5. Patients achieving Boolean Remission at Week 14 (NRI analysis).**

541 * P≤0.05, † P≤0.01, ‡ P≤, 0.001, § P≤0.0001 versus cMTX. Bars are 95% CI

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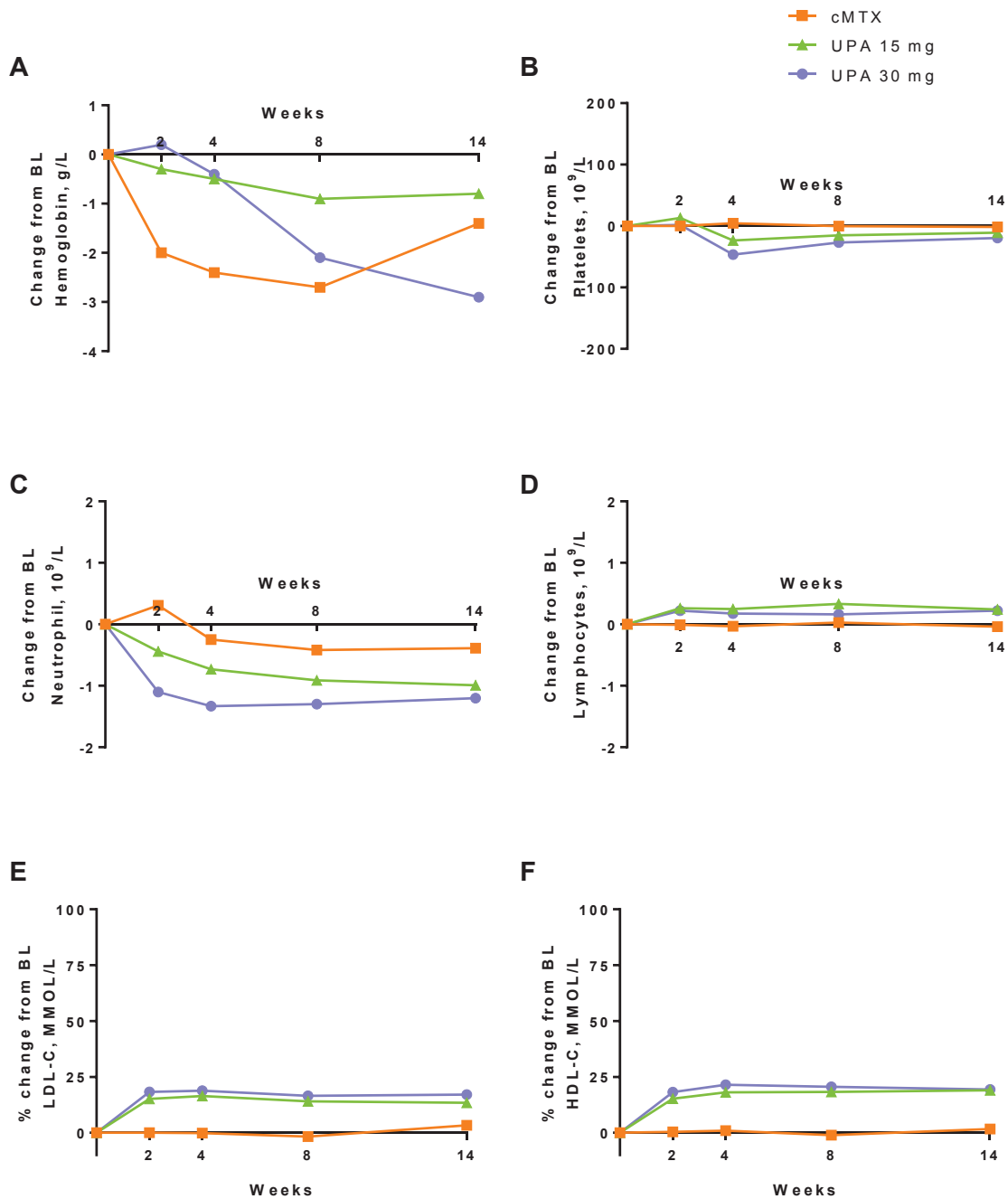


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547 **Supplemental Figure 6. Changes from baseline in mean levels of (A) hemoglobin (B)**
548 **platelets (C) neutrophils (D) lymphocytes. Percent changes from Baseline in (E) LDL-**
549 **Cholesterol (F) HDL-Cholesterol.**



550
551

552 Values at each time point

Mean change in Hemoglobin, g/L			
week	cMTX	UPA 15 mg	UPA 30 mg
2	-2	-0.3	0.2
4	-2.4	-0.5	-0.4
8	-2.7	-0.9	-2.1
14	-1.4	-0.8	-2.9

Mean change in Platelets x 10 ⁹			
week	cMTX	UPA 15 mg	UPA 30 mg
2	0	13.1	1.9
4	4.6	-23.5	-46.4
8	-0.2	-15.2	-26.8
14	-1.6	-10.8	-19.4

Mean change in Lymphocytes x 10 ⁹			
week	cMTX	UPA 15 mg	UPA 30 mg
2	-0.01	0.26	0.22
4	-0.03	0.25	0.17
8	0.03	0.33	0.16
14	-0.04	0.24	0.22

Mean change in HDL-C, mMol/L			
week	cMTX	UPA 15 mg	UPA 30 mg
2	0.419	15.229	18.175
4	0.969	18.071	21.489
8	-1.085	18.24	20.588
14	1.722	19.028	19.42

Mean change in Neutrophils x 10 ⁹			
week	cMTX	UPA 15 mg	UPA 30 mg
2	0.31	-0.44	-1.1
4	-0.25	-0.73	-1.33
8	-0.42	-0.91	-1.3
14	-0.39	-0.99	-1.2

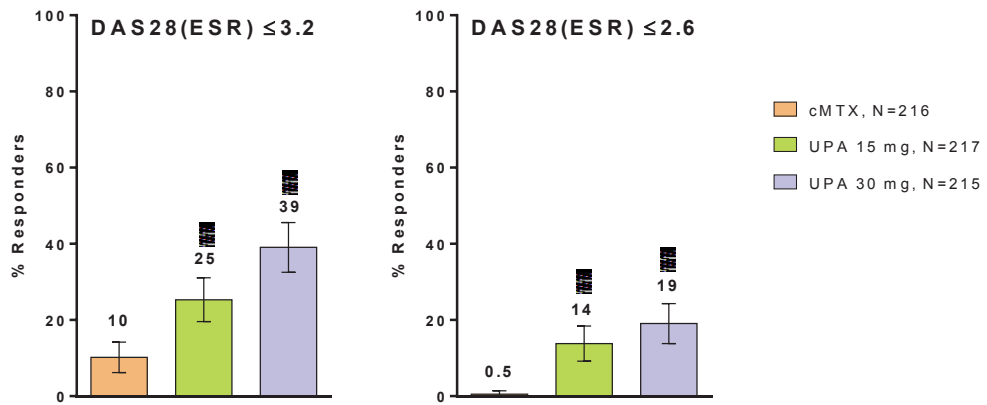
Mean change in LDL-C, mMol/L			
week	cMTX	UPA 15 mg	UPA 30 mg
2	0.006	15.126	18.236
4	-0.137	16.466	18.835
8	-1.686	14.055	16.498
14	3.381	13.435	17.126

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555 **Supplemental Figure 7. Patients achieving DAS28(ESR)<2.6 or ≤3.2 at Week 14 (NRI**
556 **analysis).**

557 ‡ P≤, 0.001, § P≤0.0001 versus cMTX. Bars are 95% CI
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Supplemental Table 1. Patients with worsening in grade at any time during study including single isolated values, n (%)

		cMTX N=216 [†]	UPA 15 mg QD N=217 [†]	UPA 30 mg QD N=215 [†]
Hemo- globin (g/dL)	Grade 3 (decr 2.1 - 2.9 or Hb >7.0- <8.0)	4 (1.9)	5 (2.3)	9 (4.2)
	Grade 4 (decr ≥3.0 or Hb <7.0)	0	0	1 (0.5)
Lympho- cytes (x10 ⁹ /L)	Grade 3 (0.5 - <1.0)	20 (9.3)	13 (6.0)	21 (9.9)
	Grade 4 (< 0.5)	0	0	1 (0.5)
Neutrophils (x10 ⁹ /L)	Grade 3 (0.5 - <1.0)	1 (0.5)	0	2 (0.9)
	Grade 4 (< 0.5)	0	0	0
ALT (U/L)	Grade 3 (3.0 - 8.0 x ULN)	4 (1.9)	1 (0.5)	4 (1.9)
	Grade 4 (> 8.0 x ULN)	0	0	0
AST (U/L)	Grade 3 (3.0 - 8.0 x ULN)	0	1 (0.5)	2 (0.9)
	Grade 4 (> 8.0 x ULN)	0	0	0
CPK	Grade 3 (>5.0 x ULN – 10.0 x ULN)	0	2 (0.9)	2 (0.9)
	Grade 4 (>10.0 x ULN)	0	0	0
Creatinine	Grade 3 (>3.0 - 6.0 x ULN)	0	0	0
	Grade 4 (>6.0 x ULN)	0	0	0

Grading is based OMERACT criteria; except CPK and Creatinine, where NCI CTC criteria are used.

[†]For hemoglobin, lymphocytes, neutrophils, N=214, 215 and 213 for cMTX, UPA 15mg and UPA 30mg respectively; For ALT/AST/CPK/creatinine, N=215, 215 and 214.

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Supplemental Table 2. Ratio of LDL-C:HDL-C			
	cMTX	Upadacitinib 15 mg QD	Upadacitinib 30 mg QD
Baseline	2.085	1.955	2.097
Week 14	2.070	1.900	2.055
Mean LDL-C (MMOL/L)			
Baseline	3.057	2.850	2.906
Week 14	3.064	3.241	3.334

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568 **Supplemental Table 3. Values at each time point for Fig 2**

ACR20			
week	cMTX	UPA 15 mg	UPA 30 mg
2	7	33.2	43.3
4	21.8	49.3	58.1
8	32.9	62.7	65.1
14	41.2	67.7	71.2

ACR50			
week	cMTX	UPA 15 mg	UPA 30 mg
2	1.4	8.3	16.7
4	2.8	23.5	31.6
8	6.5	33.2	41.4
14	15.3	41.9	52.1

ACR70			
week	cMTX	UPA 15 mg	UPA 30 mg
2	0	2.3	4.7
4	0.9	8.8	14.4
8	1.4	14.7	22.8
14	2.8	22.6	33

Change from BL in DAS28(CRP)			
week	cMTX	UPA 15 mg	UPA 30 mg
2	-0.45	-1.27	-1.55
4	-0.74	-1.66	-2.00
8	-0.97	-2.08	-2.39
14	-1.23	-2.32	-2.65

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Supplemental Table 4. Primary, ranked secondary and additional endpoints at Week 14

	cMTX N=216	UPA 15 mg QD N=217	UPA 30 mg QD N=215	Difference between UPA 15 mg QD and cMTX (95% CI)	Difference between UPA 30 mg QD and cMTX (95% CI)
ACR20	41%	68%	71%	27% (18 to 36) §	30% (21 to 39) §
DAS28(CRP) ≤3.2	19%	45%	53%	25% (17 to 34) §	34% (25 to 42) §
ACR50	15%	42%	52%	27% (19-35) §	37% (29 to 45) §
ACR70	3%	23%	33%	20% (14 to 26) §	30% (24 to 37) §
DAS28(CRP) <2.6	8%	28%	41%	20% (13 to 27) §	32% (25 to 40) §
SDAI ≤11	24%	37%	47%	13% (5 to 22) †	23% (14 to 32) §
SDAI ≤3.3	1%	14%	18%	13% (8 to 18) §	17% (12 to 23) §
CDAI ≤10	25%	35%	47%	10% (2 to 19)*	22% (13 to 31) §
CDAI ≤2.8	1%	13%	19%	12% (7 to 17) §	18% (13-24) §
Boolean REM	1%	9%	19%	8% (4 to 12) §	18% (13 to 24) §
Change in DAS28(CRP)	-1.2	-2.3	-2.7	-1.1 (-1.3 to -0.8) §	-1.4 (-1.7 to -1.2) §
Change in HAQ-DI	-0.32	-0.65	-0.73	-0.33 (-0.44 to - 0.22) ‡	-0.41 (-0.51 to - 0.30) ‡
Change in SF- 36 PCS	4.3	8.3	10.2	4.0 (2.5 to 5.4) ‡	5.9 (4.4 to 7.3) ‡
Change in morning stiffness duration (min)	-53.0	-94.6	- 102.3	-41.5 (-66.6 to - 16.5) †	-49.3 (-74.2 to - 24.4) §

Data are percentage of patients with a response, or least squares mean. The treatment difference between the cMTX and upadacitinib arms is followed by 95% CI

* P≤0.05, † P≤0.01, ‡ P≤, 0.001, § P≤0.0001 versus cMTX

Missing data was handled using non-responder imputation for categorical endpoints and by

Mixed Effect Model Repeat Measurement for continuous endpoints.

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Supplemental Table 5. Prior synthetic DMARDs per patient

Number of prior synthetic DMARDs	n (%) of patients; N=648
0	0
1	429 (66.2)
2	153 (23.6)
3	48 (7.4)
≥4	18 (2.8)

573 **List of Inclusion Criteria**

- 574 1. Adult male or female, at least 18 years old.
- 575 2. Diagnosis of RA for ≥ 3 months who also fulfill the 2010 ACR/EULAR classification
576 criteria for RA.
- 577 3. Subjects must have been on oral or parenteral MTX therapy ≥ 3 months and on a stable
578 dose (15 to 25 mg/week; or ≥ 10 mg/week in subjects who are intolerant of MTX at doses ≥ 12.5
579 mg/week) for ≥ 4 weeks prior to first dose of study drug.
- 580 4. Must have discontinued all csDMARDs other than MTX (see Inclusion Criterion 3) ≥ 4
581 weeks prior to first dose of study drug. The washout period for specific csDMARDs prior to first
582 dose of study drug is specified below or should be at least five times the mean terminal
583 elimination half-life of a drug:
- 584 • ≥ 4 weeks for minocycline, penicillamine, sulfasalazine, hydroxychloroquine,
585 chloroquine, azathioprine, gold formulations, cyclophosphamide, tacrolimus,
586 cyclosporine, mycophenolate;
 - 587 • ≥ 8 weeks for leflunomide if no elimination procedure was followed, or adhere to an
588 elimination procedure (i.e., 11 days with colestyramine, or 30 days washout with
589 activated charcoal or as per local label).
- 590 5. Subject meets both of the following disease activity criteria:
- 591 a. ≥ 6 swollen joints (based on 66 joint counts) and ≥ 6 tender joints (based on 68 joint
592 counts) at Screening and Baseline Visits; and
 - 593 b. hsCRP ≥ 3 mg/L (central lab) at Screening Visit.
- 594 6. Stable dose of non-steroidal anti-inflammatory drugs (NSAIDs), acetaminophen, oral
595 corticosteroids (equivalent to prednisone ≤ 10 mg), or inhaled corticosteroids for stable medical
596 conditions are allowed but must have been at a stable dose ≥ 1 week prior to the first dose of
597 study drug.
- 598 7. Subjects must have discontinued all high-potency opiates for at least 1 week and
599 traditional Chinese medicines for at least 4 weeks prior to the first dose of study drug (refer to
600 Section 5.2.3.2 for prohibited medications).
- 601 8. Women of childbearing potential (refer to Section 5.2.4) must not have a positive serum
602 pregnancy test at the Screening Visit and must have a negative urine pregnancy test at baseline
603 visit prior to study drug dosing.
- 604 9. If female, subject must be either postmenopausal, OR permanently surgically sterile OR
605 for women of childbearing potential practicing at least one protocol specified method of birth
606 control (refer to Section 5.2.4), that is effective from Study Day 1 through at least 180 days after
607 the last dose of study drug.

608 10. Male subjects who are sexually active with female partner(s) of childbearing potential
609 must agree from Study Day 1 through 180 days after the last dose of study drug to practice the
610 protocol-specified contraception (refer to Section 5.2.4).

611 11. Subjects must voluntarily sign and date an informed consent, approved by an
612 Independent Ethics Committee (IEC)/Institutional Review Board (IRB), prior to the initiation of
613 any screening or study-specific procedures.

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615 **List of Exclusion Criteria**

616 1. Prior exposure to any JAK inhibitor (including but not limited to tofacitinib, baricitinib, and
617 filgotinib).

618 2. Prior exposure to any bDMARDs.

619 3. History of any arthritis with onset prior to age 17 years or current diagnosis of
620 inflammatory joint disease other than RA (including but not limited to gout, systemic lupus
621 erythematosus, psoriatic arthritis, axial spondyloarthritis including ankylosing spondylitis and
622 non-radiographic axial spondyloarthritis, reactive arthritis, overlap connective tissue diseases,
623 scleroderma, polymyositis, dermatomyositis, fibromyalgia [currently with active symptoms].
624 Current diagnosis of secondary Sjogren's Syndrome is permitted.

625 4. Has been treated with intra-articular, intramuscular, intravenous, trigger point or tender
626 point, intra-bursa, or intra-tendon sheath corticosteroids in the preceding 8 weeks prior to the
627 first dose of study drug.

628 5. Has been treated with any investigational drug within 30 days or 5 half-lives of the drug
629 (whichever is longer) prior to the first dose of study drug or is currently enrolled in another
630 clinical study.

631 6. Female who is pregnant, breastfeeding, or considering becoming pregnant during the
632 study or for approximately 180 days after the last dose of study drug.

633 7. Male who is considering fathering a child or donating sperm during the study or for
634 approximately 180 days after the last dose of study drug.

635 8. Any active, chronic or recurrent viral infection that, based on the Investigator's clinical
636 assessment, makes the subject an unsuitable candidate for the study, including hepatitis B virus
637 (HBV) or hepatitis C virus (HCV), recurrent or disseminated (even a single episode) herpes
638 zoster, disseminated (even a single episode) herpes simplex, or known history of human
639 immunodeficiency virus (HIV). HBV, HCV and HIV infections are defined as:

640 ● HBV: hepatitis B surface antigen (HBs Ag) positive (+) or detected sensitivity on
641 the HBV deoxyribonucleic acid (DNA) polymerase chain reaction (PCR) qualitative
642 test for Hepatitis B core antibody (HBc Ab) positive (+) subjects;

- 643 ● HCV: HCV ribonucleic acid (RNA) detectable in any subject with anti-HCV
644 antibody (HCV Ab).
- 645 ● HIV: confirmed positive anti-HIV antibody (HIV Ab) test.
- 646
- 647 9. Subject has active TB or meets TB exclusionary parameters.
- 648 10. Systemic use of known strong cytochrome P450 3A (CYP3A) inhibitors or strong CYP3A
649 inducers from Screening through the end of the study.
- 650 11. Receipt of any live vaccine within 4 weeks prior to the first dose of study drug, or
651 expected need of live vaccination during study participation including at least 4 weeks after the
652 last dose of study drug.
- 653 12. History of any malignancy except for successfully treated NMSC or localized carcinoma
654 in situ of the cervix.
- 655 13. History of clinically significant (per Investigator's judgment) drug or alcohol abuse within
656 the last 6 months.
- 657 14. History of gastrointestinal perforation (other than appendicitis or penetrating injury),
658 diverticulitis or significantly increased risk for GI perforation per investigator judgment.
- 659 15. Conditions that could interfere with drug absorption including but not limited to short
660 bowel syndrome.
- 661 16. Subject has been a previous recipient of an organ transplant.
- 662 17. History of clinically significant medical conditions or any other reason that in the opinion
663 of the Investigator would interfere with the subject's participation in this study or would make the
664 subject an unsuitable candidate to receive study drug.
- 665 18. Active infection(s) requiring treatment with parenteral anti-infectives within 30days, or
666 oral anti-infectives within 14 days prior to the first dose of study drug.
- 667 19. History of an allergic reaction or significant sensitivity to constituents of the study drug(s)
668 (and their excipients) and/or other products in the same class.
- 669 20. Laboratory values meeting the following criteria within the Screening period prior to the
670 first dose of study drug:
- 671 ● Serum aspartate transaminase (AST) > 2 × ULN;
- 672 ● Serum alanine transaminase (ALT) > 2 × ULN;
- 673 ● Estimated glomerular filtration rate (GFR) by simplified 4-variable Modification of
674 Diet in Renal Disease (MDRD) formula < 40 mL/min/1.73m²;

- 675 ● Total white blood cell (WBC) count < 2,500/ μ L;
- 676 ● Absolute neutrophil count (ANC) < 1,500/ μ L;
- 677 ● Platelet count < 100,000/ μ L;
- 678 ● Absolute lymphocyte count < 850/ μ L;
- 679 ● Hemoglobin < 10 g/dL.
- 680 21. History of any of the following cardiovascular conditions:
- 681 ● Moderate to severe congestive heart failure (New York Heart Association classIII
- 682 or IV);
- 683 ● Recent (within past 6 months) cerebrovascular accident, myocardial infarction,
- 684 coronary stenting;
- 685 ● Uncontrolled hypertension as defined by a confirmed systolic blood pressure
- 686 >160 mmHg or diastolic blood pressure > 100 mmHg;
- 687 ● Any other condition which, in the opinion of the Investigator, would put the
- 688 subject at risk by participating in the protocol.
- 689 22. Clinically relevant or significant ECG abnormalities, including ECG with QT interval
- 690 corrected for heart rate (QTc) using Fridericia's correction formula (QTcF) > 500 msec.
- 691

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DATA SHARING STATEMENT

DATA SHARING STATEMENT

AbbVie is committed to responsible data sharing regarding the clinical trials we sponsor. This includes access to anonymized, individual and trial-level data (analysis data sets), as well as other information (e.g., protocols and Clinical Study Reports), as long as the trials are not part of an ongoing or planned regulatory submission. This includes requests for clinical trial data for unlicensed products and indications.

These clinical trial data can be requested by any qualified researchers who engage in rigorous, independent scientific research, and will be provided following review and approval of a research proposal and statistical analysis plan, and execution of a Data Sharing Agreement. Data requests can be submitted at any time and the data will be accessible for we months, with possible extensions considered. For more information on the process , or to submit a request, visit <https://www.abbvie.com/our-science/clinical-trials/clinical-trials-data-and-information-sharing/data-and-information-sharing-with-qualified-researchers.html>.