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**Differential control of efferent activity in muscle sympathetic single units of humans: a role for pulmonary artery baroreceptors?**

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1 TO THE EDITOR: We read with interest the article by Incognito and colleagues  
2 (5), published recently in the American Journal of Physiology. The paper  
3 describes differential control over postganglionic single unit sympathetic fibres  
4 in healthy humans.

5 It is widely reported that unloading of low-pressure vagal afferents from  
6 the heart and pulmonary vasculature mediates increased muscle sympathetic  
7 nerve activity (MSNA) and systemic vasoconstriction in response to mild  
8 LBNP (12). However, an alternative explanation is that altered aortic and  
9 carotid arterial hemodynamics, acting through the sinoaortic baroreceptors,  
10 stimulates sympathoexcitation, without a detectable change in arterial  
11 pressure (3, 11). Nevertheless, many in the field attribute vasoconstriction in  
12 the skeletal muscle circulation during LBNP to a low-pressure  
13 'cardiopulmonary baroreflex'. This is despite evidence that mild LBNP still  
14 elicits increased MSNA and vasoconstriction in cardiac transplant patients (6).

15 The article by Incognito and co-authors presents some interesting new  
16 evidence. Simultaneously occurring increases and decreases in MSNA were  
17 recorded from two populations of postganglionic single units in young healthy  
18 men and women exposed to LBNP and rhythmic handgrip exercise.  
19 Importantly, this is similar to previous findings for healthy middle-aged men  
20 (9), and heart failure patients (8). Furthermore, both of these studies by Millar  
21 and co-authors (8, 9) also observed two response patterns during mild lower  
22 body positive pressure. The so-called "paradoxical" single-unit responses  
23 were attributed to unloading and loading of intrathoracic mechanoreceptors,  
24 which were presumed to be responsible for sympathetic activation when

1 stimulated. Notably, these units were relatively small in number compared  
2 with those having anticipated firing responses.

3         With this in mind, we highlight several important findings from studies  
4 in animal preparations, which permit careful control of pressure stimuli to  
5 reflexogenic areas in the heart, pulmonary vessels, and aortic arch and  
6 carotid arteries. For example, it is established that atrial receptors exert little  
7 influence over sympathetic vasoconstrictor activity (7). Furthermore, we have  
8 demonstrated that responses attributed to ventricular receptors actually  
9 originate from mechanosensitive receptors in the coronary arteries (1);  
10 notably, reduced ventricular filling has little effect on systemic vascular  
11 resistance (2). As a matter of fact, we have shown that coronary artery  
12 baroreceptors function as high-pressure receptors, and exert control over  
13 sympathetic nerve activity similar to that originating from aortic and carotid  
14 baroreceptors (4). Thus, the only receptors within the intrathoracic region with  
15 the potential to elicit “paradoxical” sympathetic responses are the pulmonary  
16 vascular mechanoreceptors. Moreover, we have observed differential control  
17 of systemic vascular resistance in response to rising and falling pressures in  
18 the pulmonary and carotid arteries (10).

19         Pulmonary artery baroreceptors may be of importance in mediating  
20 sympathetic activation during exercise, as well as in hypoxic conditions (4).  
21 However, modulation of sympathetic outflow by these low-pressure  
22 baroreceptors in humans has been largely overlooked. This may be due, in  
23 part, to the technical difficulty of applying a discrete physiological stimulus to  
24 the pulmonary arteries. Therefore, we commend the work of Incognito, Millar

1 and colleagues (5, 8, 9) for shedding new light on this possibility. In our view,  
2 their data represent exciting first-in-human evidence of a potential role for  
3 pulmonary baroreceptors, creating the possibility of differential control of  
4 sympathetic outflow by low- and high-pressure baroreceptors. The challenge  
5 for those of us working in this area now is to develop an approach that  
6 enables discrete stimuli to low- and high-pressure baroreceptors in humans,  
7 in order to further investigate differential control of MSNA.

## 8 **AUTHOR CONTRIBUTIONS**

9 JPM and MJD contributed equally.

## 10 **DISCLOSURES**

11 No conflicts of interest, financial or otherwise, are declared by the authors.

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