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1 Optimising proliferation and migration of mesenchymal stem cells  
2 using platelet products: A rational approach to bone regeneration

3

4 MSC OPTIMISATION USING PLATELET PRODUCTS

5 **Katrina M Moisley<sup>1,2</sup>, Jehan J El-Jawhari<sup>1,5#</sup>, Heather Owston<sup>1,2#</sup>, Giuseppe Tronci<sup>3</sup>,**  
6 **Stephen J Russell<sup>3</sup>, Elena A Jones<sup>1\*</sup>, Peter V Giannoudis<sup>4,6\*</sup>**

7 *1) Leeds Institute of Rheumatic and Musculoskeletal Medicine, St James's University*  
8 *Hospital, Leeds. 2) IMBE Faculty of Medical Engineering, Leeds University. 3) Textile*  
9 *Materials and Technology, School of Design, University of Leeds. 4) Academic Department*  
10 *of Trauma and Orthopaedic Surgery, Leeds General Infirmary, Leeds. 5) Department of*  
11 *Clinical Pathology, Faculty of Medicine, Mansoura University, Egypt. 6) NIHR Leeds*  
12 *Biomedical Research Unit, Chapel Allerton Hospital, Leeds. # equal contribution, \* last*  
13 *authors.*

14 **Corresponding author:**

15 Peter V Giannoudis  
16 University of Leeds, Trauma & Orthopaedics  
17 Leeds, UK  
18 [pgiannoudi@aol.com](mailto:pgiannoudi@aol.com)  
19 00441133922750

20 **Author Contributions Statement:**

21 All authors contributed extensively to the work presented in this paper. PVG, EJ, GT, SR,  
22 and KM were responsible for the study conception and design. KM generated the platelet  
23 products and performed the platelet characterisation, proliferation, migration and CFU-F  
24 experimental work and analysis. JE conducted the flow cytometry experiments and analysis  
25 and HO conducted the tri-lineage characterisation experiments and analysis. PVG was  
26 responsible for patient recruitment and sample collection. Data analysis and interpretation  
27 were performed by KM, EJ, JE and HO. Manuscript preparation and writing was completed  
28 by KM and EJ with additional critical review by PVG, JE, HO, GT and SR.

29 All authors have read and approved the final submitted manuscript

30

31 **Abstract:**

32 This study investigates how mesenchymal stem cell's (MSCs) proliferation and migration  
33 abilities are influenced by various platelet products (PP). Donor-matched, clinical- and  
34 control laboratory-standard PPs were generated and assessed based on their platelet and  
35 leukocyte concentrations. Bone marrow derived MSCs were exposed to these PP to quantify  
36 their effect on *in vitro* MSC proliferation and migration. An adapted colony forming unit  
37 fibroblast (CFU-F) assay was carried out on bone marrow aspirate using clinical-standard PP-  
38 loaded electrospun poly( $\epsilon$ -caprolactone) (PCL) membrane to mimic future clinical  
39 applications to contain bone defects. Clinical-standard PP had lower platelet (2.5 fold,  $P <$   
40 0.0001) and higher leukocyte (14.1 fold,  $P < 0.0001$ ) concentrations compared to laboratory-  
41 standard PP. It induced suboptimal MSC proliferation compared to laboratory-standard PP  
42 and fetal calf serum (FCS). All PP induced significantly more MSC migration than FCS up to  
43 24 hours. The removal of leukocytes from PP had no effect on MSC proliferation or  
44 migration. The PP-loaded membranes successfully supported MSC colony formation. This  
45 study indicates that platelet concentrations in PP impact MSC proliferation more than the  
46 presence of leukocytes, whilst MSC migration in response to PP is not influenced by platelet  
47 or leukocyte numbers. Clinical-standard PP could be applied alongside manufactured  
48 membranes in the future treatment of bone reconstruction.

49 **Key words:** Stem cells; platelet products; bone regeneration; fracture repair

50 **Introduction:**

51 Fracture nonunion persists as a prevalent complication, with the incidence in long bones  
52 reported to range between 5-10% <sup>[1, 2]</sup>. Its etiopathogenesis remains multifactorial with a  
53 recent review identifying over 20 factors to be implicated in this process <sup>[3]</sup>. To address  
54 impaired fracture healing, Giannoudis PV et al. proposed the diamond conceptual framework  
55 for bone repair highlighting that, for a successful healing response both mechanical stability

56 and biological factors must be present <sup>[4]</sup>. For biological stimulation, while autologous bone  
57 graft remains the gold standard, recently, other forms have gained popularity including bone  
58 marrow aspirates (BMA) and/or growth factors <sup>[5, 6]</sup>. Since their introduction to the clinical  
59 setting, bone morphogenetic proteins (BMPs) have been extensively used for the treatment of  
60 nonunion fractures <sup>[7]</sup>. There are numerous publications reporting on the clinical results of  
61 BMP-2 and BMP-7 <sup>[8-10]</sup>. However, since the withdrawal of BMP-7 from the market and the  
62 license limitation of BMP-2 to be used for the management of open tibial fractures, other  
63 inductive molecules gained popularity such as demineralised bone matrix (DBM) <sup>[11]</sup>,  
64 teriparatide <sup>[12]</sup> and platelet products (PP) <sup>[13, 14]</sup>.

65 PPs are highly enriched sources of autologous growth factors and cytokines that act as  
66 biological stimulants to accelerate osteogenesis and bone repair <sup>[15, 16]</sup>. PPs are usually applied  
67 as platelet rich plasma (PRP), where the cells remain intact, or more recently, as platelet  
68 lysate (PL) where only the growth-factor containing plasma is used <sup>[17]</sup>. Both forms have been  
69 found to be highly effective in the treatment of orthopaedic trauma for decades <sup>[18]</sup>, and more  
70 recently for the treatment of fracture nonunion <sup>[19]</sup>. Several studies into PP loaded membranes  
71 are already proving to be successful at promoting regeneration via the delivery of growth  
72 factors in cartilage and bone repair <sup>[20, 21]</sup>. When working with PP loaded membranes,  
73 maximising bone marrow derived MSC (BM-MSC) proliferation and migration is key. By  
74 ensuring these functions are enhanced, more viable cells are available to differentiate, as well  
75 as inducing more resident BM-MSC homing to the site of injury. Whilst some studies found  
76 that the presence of leukocytes in PP are advantageous due to their antimicrobial  
77 properties<sup>[22]</sup> and high concentration of cytokines involved in bone repair such as VEGF <sup>[23,</sup>  
78 <sup>24]</sup>, there are also concerns related to leukocytes' effect of inducing excessive inflammatory  
79 and necrotic pathways from the surrounding tissue <sup>[25, 26]</sup>. Collectively, this provides a strong  
80 case for their depletion.

81 This study investigates the *in vitro* effect of platelets and leukocytes on the proliferation and  
82 migration of MSCs from BMA by studying a range of PP compositions including a clinical-  
83 standard PRP (CPRP). A laboratory-standard PRP made using a two-spin centrifugation  
84 protocol to enrich platelets but deplete leukocytes was also used as control <sup>[18, 27]</sup>.

85 To investigate the specific importance of leukocytes, PRP was processed further by syringe-  
86 filtration to remove leukocytes and produce a pure filtered platelet rich product (fPRP). These  
87 products were then lysed to ensure product consistency over the course of *in vitro* assays;  
88 thereafter referred to as clinical-standard platelet lysate (CPL), platelet lysate (PL) and  
89 filtered PL (fPL). These PLs were then evaluated *in vitro* utilising primary BM-MSCs,  
90 including autologous BM-MSC-PP combinations, as well as loading onto a degradable  
91 electrospun membrane to achieve sustained localised delivery in a colony forming units-  
92 fibroblast (CFU-F) assay. The aim was to assess if high numbers of leukocytes would impede  
93 BM-MSC proliferation and migration and whether their depletion from clinical PPs would be  
94 desirable for bone regenerative approaches.

#### 95 **Methods:**

96 This study was carried out in adherence with the Helsinki Declaration under ethics code  
97 06/Q1206/127 following approval from the local National Health Service Research &  
98 Development Department, Leeds East Research Ethics Committee to harvest these samples.  
99 Written informed consent was obtained from each participant.

#### 100 **Sample collection and processing of CPRP, PRP and fPRP:**

101 Whole blood was collected from 11 healthy volunteers (8 males and 3 females, 22-58 yrs) in  
102 acid-citrate dextrose solution A (ACD-A). Each sample was divided and used to prepare  
103 CPRP and PRP in a single-donor model. CPRP was made from whole blood using the  
104 BioCUE™ device (Zimmer Biomet) which was centrifuged at 1100g for 15 min. After

105 centrifugation, the device was agitated and the CPRP fraction was extracted using a syringe.  
106 PRP was generated using a two-step centrifugation protocol [28] whereby the patients' whole  
107 blood was incubated at room temperature for 1 hr before centrifugation at 400g for 10 mins.  
108 The platelet-containing supernatant was extracted and centrifuged at 2700g for 10 mins  
109 before resuspending the pellet in 1/5th of the residual supernatant.  
110 fPRP was generated from PRP that was filtered through a white blood cell (WBC) syringe  
111 filter (Acrodisc) which entraps leukocytes and allows platelets to pass through for collection.  
112 The division of PRP for the production of fPRP meant both their final volumes were much  
113 smaller than CPRP limiting the number of assays they could be used in. Platelet and  
114 leukocyte concentrations of CPRP, PRP, fPRP and whole blood (1mL) were determined  
115 using an automatic haematology analyser (Sysmex).

#### 116 **Generating lysate products (CPL, PL and fPL):**

117 To generate the lysed products for *in vitro* assays, CPRP, PRP, and fPRP were processed  
118 through three freeze-thaw cycles which involved freezing at -80°C followed by thawing at  
119 37°C [29]. To remove contaminating cell debris, CPL, PL and fPL were centrifuged at 2700g  
120 for 10 mins and the supernatants were extracted for cell stimulation.

#### 121 **Sample collection and processing of BM-MSCs:**

122 Patients undergoing elective orthopaedic surgery with no underlying disease were recruited  
123 (n=11, 6 males and 5 females, 17-69 yrs). 4 mL of BMA was collected from each donor's  
124 anterior iliac crest and was treated with ammonium chloride to lyse red blood cells. The  
125 remaining nucleated cells were plated into flasks at the cell seeding density of  
126  $5 \times 10^5$  cells/cm<sup>2</sup>. BM-derived adherent cells were cultured in MSC expansion media (Miltenyi  
127 Biotec) for approximately two weeks until confluent.

128 **Characterising BM-MSCs:**

129 Cultured BM derived cells (passage two) were tested for the surface expression levels of  
130 MSC markers as defined by the International Society for Cell Therapy (ISCT) <sup>[30]</sup>. Following  
131 trypsinisation (Sigma Aldrich), cell cultures were stained with antibodies against positive  
132 markers of MSCs (CD90, CD73 and CD105) and negative hematopoietic-lineage markers  
133 (CD34, CD14, HLA-DR, CD19, CD45). All antibodies were used according to the  
134 manufacturer's recommendation (Miltenyi Biotec). Isotype controls (BD, Bio-Rad) were  
135 used to gate for positive expression. The data was acquired on an Attune flow cytometer  
136 (ThermoFisher Scientific).

137 **Trilineage differentiation potential of BM-MSCs:**

138 BM derived cells were cultured up to passage four before being trypsinised and tested for  
139 multipotentiality as previously described <sup>[31]</sup>. Cells were seeded with AdipoDiff Media  
140 (Miltenyi Biotec) or OsteoDiff Media (Miltenyi Biotec) for adipogenesis or osteogenesis,  
141 respectively, with bi-weekly media changes. After 3 weeks, cell cultures were stained with oil  
142 red solution (adipogenesis) <sup>[32]</sup> or Alizarin Red (osteogenesis). For chondrogenesis, cells were  
143 added to Eppendorf tubes to create a pellet, resuspended in ChondroDIFF Media (Miltenyi  
144 Biotec) and cultured for 21 days after which the pellets were stained with toluidine blue  
145 (Sigma).

146 **Proliferation assay:**

147 The XTT assay was used to quantify BM-MSC proliferation in the presence of different PL  
148 products. Activity of mitochondrial dehydrogenase, and therefore cell number per well, is  
149 directly correlated to the amount of orange formazan formed, as monitored by the optical  
150 density (OD) at 450nm. BM-MSCs were seeded in triplicate in a 96-well plate at a density of  
151 500 cells/well with MSC expansion media and incubated for 24 hrs. The media was then  
152 replaced with basal Dulbecco's Modified Eagle's Media (DMEM; Sigma-Aldrich)

153 supplemented with 10% (v/v) of CPL, PL, fPL or fetal calf serum (FCS) and incubated for  
154 five days with a half media change on day three. Following exposure to the treatment media,  
155 cell proliferation was assessed on day five using an XTT cell proliferation kit (Roche)  
156 according to the manufacturer's instructions.

157 **Migration assay:**

158 The bottom wells contained basal DMEM (1% (v/v) Penicillin/Streptomycin and 2 I.U/mL  
159 sodium heparin solution) supplemented with 10% (v/v) of CPL, PL, fPL or FCS. 10% was  
160 the selected concentration due to its frequent use in the literature <sup>[33-35]</sup>. Migration was  
161 analysed over 24 hrs using an IncuCyte® (Essen) to collect phase-contrast images of the  
162 transwells as cells migrated along the chemotactic gradient. Images were captured every 30  
163 min and a processing mask was created for each BM-MSK culture to account for donor  
164 variation.

165 **CFU-F assay with CPL-loaded membrane:**

166 An adaptation of the CFU-F assay was used to quantify how a CPL-loaded membrane  
167 affected the proliferation and migration capacity of uncultured BM-MSKs and to further  
168 validate the results of the assays using cultured BM-MSKs. First, fresh BMA from three  
169 donors underwent red blood cell lysis after which a total of  $5 \times 10^5$  cells were plated in 15mL  
170 expansion media to adhere over 24 hrs. After initial attachment and a PBS wash the media  
171 was replaced with either 15 mL expansion media containing 2 I.U/mL sodium heparin  
172 solution (control) or 15 mL DMEM media (no serum) containing 2 I.U/mL sodium heparin  
173 solution (test). 1 cm<sup>2</sup> square sections, 400 µm thick, of UV-sterilised PCL that were made in-  
174 house <sup>[36]</sup> were soaked in CPL for 15 mins until saturated before being placed in the centre of  
175 the test dishes. The dishes were incubated for a further 19 days with half-media changes once  
176 a week. After 21 days, the dishes were washed in PBS, fixed in 10% (v/v) formalin (Sigma)  
177 and stained in 1% (w/v) methylene blue (Sigma). All colonies were imaged using a plate



178 scanner (Epson) at 1200 dpi. Colony area, integrated density and number per dish was  
179 quantified using ImageJ whereby scanned images were converted to 8-bit greyscale and a  
180 threshold mask was applied before particles were automatically analysed and measured.

## 181 **Results:**

### 182 **1) Characterising cellular content of PP:**

183 CPRP was generated using a BioCUE™ device whilst PRP was made following a previously  
184 optimised protocol<sup>[18]</sup> and their cell populations were quantified using a haematology  
185 analyser. Whilst both PP significantly enriched platelets compared to their whole blood  
186 counterparts, PRP also had significantly higher numbers of platelets ( $15.9 \times 10^5$  PLT/ $\mu$ L)  
187 (figure 1A) in comparison to CPRP ( $6.3 \times 10^5$  PLT/ $\mu$ L) as well as significantly lower  
188 leukocyte numbers ( $1.8 \times 10^3$  LEUK/ $\mu$ L) compared to CPRP ( $20.6 \times 10^3$  LEUK/ $\mu$ L) (figure  
189 1B). Despite the significant difference in final volumes ( $P=0.0078$ ) (figure 1C), both products  
190 had comparable average fold decrease in volumes ( $10.0 \pm 0.0$  and  $7.9 \pm 0.5$  CPRP and PRP  
191 respectively). All CPRP replicates underwent identical reductions in volume causing their  
192 data points to overlap. The difference in the PP's cell populations is also visible in their  
193 appearance as CPRP is opaque with additional red blood cell contamination (figure 1D)  
194 whilst PRP had fewer contaminating red blood cells and was more translucent (figure 1E).  
195 As previous studies have found that platelets and leukocytes aren't stable at room  
196 temperature for the five days necessary for the proliferation and migration assays<sup>[37]</sup>, the PP  
197 were lysed after production to ensure consistency of samples. Lysis of the products changed  
198 their nomenclature from CPRP and PRP to clinical platelet lysate (CPL) and platelet lysate  
199 (PL).

### 200 **2) Characterising BM-MSCs:**

201 BMAs underwent red blood cell lysis, after which the remaining nucleated cells were plated  
202 into flasks, three randomly selected cultures were tested for MSC characterisation according

203 to the ISCT's definition <sup>[38]</sup>. Cell surface marker expression was analysed using flow  
204 cytometry which found cells were negative for CD14, CD19, CD34, CD45, HLA-DR and  
205 positive for CD73, CD90 and CD105 (figure 2A) consistent with the criteria for identifying  
206 MSCs. Their tri-lineage differentiation capacity was confirmed following three-week culture  
207 in adipogenic, osteogenic and chondrogenic stimulation medias. A representative culture is  
208 shown in figure 2 which was stained with oil red o solution to visualise lipid droplets (figure  
209 2B), alizarin red staining to visualise calcium depositions (figure 2C), and finally toluidine  
210 blue staining of the aggregated cell pellet indicative of glycosaminoglycan production. Nine  
211 of these cultures were used for subsequent PL proliferation and migration tests, each PL  
212 product was tested on at least three MSC cultures and the results were averaged.

213

### 214 **3) Platelet product composition's impact on BM-MSc proliferation:**

215 Cultured cells were exposed to 10% PL, CPL and control FCS containing media for five  
216 days, after which the cells were treated with XTT reagent causing a colour change. BM-MSc  
217 proliferation was expressed as OD normalised to FCS. BM-MScs treated with PL were found  
218 to proliferate significantly more than cells treated with CPL (P=0.0001) and equal to cells  
219 treated with FCS (figure 3A). The same response was also seen from BM-MScs tested with  
220 autologous PL and CPL (figure 3B). To investigate whether CPL's suboptimal support of  
221 BM-MSc proliferation was due to the high number of leukocytes, they were filtered out  
222 using a leukocyte syringe filter. The filtered PL's (fPL) platelet numbers were not  
223 significantly affected by the filtration process whilst leukocytes were shown to be  
224 significantly depleted in fPL (figure 3C). Removal of the leukocytes was found to not  
225 significantly improve proliferation as it was shown that both PL and fPL induced the same  
226 BM-MSc proliferation as FCS (figure 3D).

227 Altogether, this data indicated that the leukocytes were not inhibitory for BM-MS  
228 proliferation and suggested that differing performances of PL and CPL observed were likely  
229 due to the different numbers of platelets present.

230

231 **4) Platelet product composition's impact on BM-MS migration:**

232 To compare the chemotactic potential of the different PPs, the IncuCyte® transwell assay  
233 was used. Serum starved BM-MSs were seeded on top of the transwells and exposed to  
234 different PPs below. Over the course of 24 hours, the top and bottom of the transwells were  
235 imaged continuously to track their migration. Representative images of the top of the  
236 transwells are shown in figure 4A where non-migrated cells are shown in focus (purple  
237 arrow), cells that have migrated through and identified by the software are highlighted in  
238 green for processing (blue arrow) and the pores are identified with black arrows. The  
239 migratory effects of PL and CPL were demonstrated as a time-course assay using one  
240 representative culture (figure 4B) which showed that, both PL and CPL appear to induce far  
241 more migration than 10% FCS. To enable statistical analysis, three independent PL  
242 preparations were each tested on three BM-MS cultures and found that both PL and CPL  
243 induced significantly more migration than FCS at 12 hours ( $P= 0.0068$  and  $P= 0.0434$   
244 respectively) and at 24 hours ( $P= 0.0006$  and  $P= 0.0008$ ) (figure 4C). Considering the higher  
245 levels of leukocytes in CPL, these findings suggest that the presence of leukocyte-derived  
246 proteins is not a detriment to BM-MS migration and potentially contribute towards  
247 improved migration.

248 To further investigate the effect of leukocyte-derived proteins on BM-MS migration, PL  
249 and fPL's chemotactic effects were investigated. A representative culture is shown in figure  
250 4D which showed that, whilst the complete removal of leukocytes did appear to reduce BM-  
251 MS's migratory response this reduction was not statistically significant. In addition, PL and

252 fPL both induced far more migration than 10% FCS. BM-MSCs were found to be  
253 significantly more migratory towards PL and fPL than 10%FCS at 12 hours (P= 0.0015 and  
254 0.0198 respectively) and PL was also found to outperform 10% FCS at 24 hours (P= 0.0024)  
255 (figure 4E). These findings suggest that whilst platelet and leukocyte numbers contribute  
256 towards BM-MSC migration, it is likely that most of the cytokines that induce migration are  
257 present in the plasma component of PP – and so any additional platelet or leukocytes make no  
258 significant difference.

### 259 **5) Loaded membrane supports colony formation from native MSCs present in BMA:**

260 To more closely mimic clinical applications involving a PP-loaded biomaterial membrane as  
261 a MSC homing and containment device, experiments were performed using clinically  
262 approved PP. The aim of these experiments was to study if CPL released from a membrane  
263 could support colony formation from rare BM-MSCs without their culture-amplification. In  
264 standard CFU-F assays, single rare BM-MSCs give rise to individual colonies. The fresh  
265 BM-MSCs used for this assay were grown in either standard MSC expansion media or basal  
266 serum-free media with the addition of a CPL-loaded membrane (figure 5A). Colony  
267 formation was observed in all test dishes, with similar morphology to control dishes  
268 containing MSC expansion media (figure 5B). Furthermore, although there were trends for  
269 higher colony numbers in MSC expansion media, and higher colony areas and densities in  
270 CPL-loaded membrane dishes, the differences were not found to be statistically significant  
271 (figure 5C). This indicated that CPL-loaded membranes were able to release growth factors  
272 that induced colony formation and supported rare BM-MSC proliferation.

### 273 **Discussion:**

274 Whilst the clinical effectiveness of PP is generally accepted, due to the lack of quality  
275 control, the variation in manufacturing, processing, delivery and its different applications

276 (e.g. rotator cuff repair and osteoarthritis <sup>[39, 40]</sup>), the ‘optimal’ composition is still hotly  
277 debated depending on its specific clinical application.

278 The main issue with lack of standardisation is exemplified by one study which found that  
279 PRP had no significant effect on bone healing <sup>[41]</sup>, however, a closer look at the platelet  
280 numbers used in the study found that some of the PRP tested had over 16-fold more platelets  
281 than other PRP. Despite the vast differences in platelet numbers and omitted leukocyte  
282 numbers, these products were all classified under the same umbrella term ‘PRP’. This is  
283 commonplace across the literature, whereby, the absence of standardised nomenclature,  
284 quality control, as well as thorough analysis of cellular contents, makes it difficult to draw  
285 clear conclusions. According to Delong et al.’s classification system <sup>[42]</sup> platelet number,  
286 activation method and white blood cell number (PAW), CPRP is classified as P2-A (which  
287 identifies the increase of platelets as ‘moderate’ and the leukocytes as ‘enriched above  
288 baseline’) whilst PRP is classified as P3-B (which identifies the platelet concentration as  
289 ‘highly enriched’ above baseline and leukocytes depleted below baseline).

290 As well as variation in platelet concentrations, the lack of regulation also instils concern in  
291 the scientific community over the use of highly concentrated leukocytes, their associated pro-  
292 inflammatory cytokines (specifically TNF- $\alpha$  and IL-1 $\beta$ ), and the risk that they could  
293 counteract the platelet’s beneficial effects and impede bone regeneration <sup>[26]</sup>. TNF- $\alpha$  and IL-  
294 1 $\beta$  are known to induce inflammation causing a biphasic physiological response; whilst  
295 inflammation is necessary for healing <sup>[43]</sup>, in excess it is thought to activate the NF $\kappa$ B  
296 pathway <sup>[26]</sup> inhibiting osteogenesis and promoting osteoclastogenesis <sup>[44]</sup>. However, more  
297 recently, these proinflammatory cytokines have been linked to increased osteogenesis <sup>[45]</sup>,  
298 BM-MSK migration <sup>[46]</sup> and proliferation <sup>[47]</sup> indicative of the lack of consensus in the field.

299 This study addressed these concerns by better defining platelets and leukocyte's effects in the  
300 two key physiological processes of bone regeneration: BM-MSC proliferation and BM-MSC  
301 migration. With regards to proliferation, when compared to PL and FCS, CPL induced  
302 significantly less BM-MSC proliferation than PL. This was also observed using donor-  
303 matched BM-MSCs and PP proving that the response from the cells was not due to the  
304 allogeneic nature of the PL. The cause of CPL's suboptimal ability to support BM-MSC  
305 proliferation compared to PL is either due to its lower number of platelets or higher number  
306 of leukocytes – both of which have been reported to reduce proliferation in the literature [26,  
307 42, 48, 49]. To identify which cell type is the key player, leukocytes were filtered from PL whilst  
308 platelet numbers were kept the same to produce fPL. Direct comparison of PL and fPL  
309 showed that removing leukocytes did not improve proliferation. This suggests that in our  
310 experimental conditions, the cytokines released from leukocytes neither enhanced nor  
311 inhibited BM-MSC proliferation and that platelets are most likely responsible for releasing  
312 the predominant growth factors involved in supporting BM-MSC proliferation.

313 With regards to BM-MSC migration, all three platelet products (PL, CPL and fPL) induced  
314 significantly more migration than FCS, likely due to the greater concentrations of cytokines  
315 such as VEGF and SDF-1 [50, 51]. Again, it was seen that removing leukocytes from PL did not  
316 further enhance BM-MSC migration, but even seemed to reduce it. Whilst there is no  
317 precedent for the use of platelet products in BM-MSC migration studies, the current data  
318 supports previous literature of platelet products outperforming FCS [26, 34]. The methods used  
319 are also unique in that, not only is the total migration shown, but also the increased rate of  
320 cell migration towards the platelet products.

321 Based on these findings it could be proposed that generating high quality platelet products  
322 should simply involve increasing platelet numbers as much as possible without regard for  
323 leukocytes – this could be easily achieved by decreasing the final volume to yield a more

324 concentrated platelet product. However, the excessive enrichment of platelets faces the risk of  
325 paradoxically inhibiting cell proliferation, viability and migration <sup>[42]</sup>. A therapeutically  
326 effective range of platelet concentration is likely to be the case rather than a specific pure  
327 concentration. Our results indicate that platelet concentrations in the range of  $6.3 - 15.9 \times 10^5$   
328 PLTs/ $\mu$ L (with and without leukocytes) were effective in supporting BM-MSc proliferation  
329 and migration without adverse effects on their attachment or morphology.

330 Whilst several studies have already shown that PP increases the bone regeneration rate and  
331 prevention of non-union fractures in animal models <sup>[52, 53]</sup> and human subjects <sup>[14]</sup>, as well as  
332 this work that aims to optimise PP's impact on BM-MSCs, it is also important to consider  
333 how PP should be delivered to the site of injury. To address this, a membrane was loaded  
334 with CPL and its discharge was found to support BM-MSc colony formation and BM-MSc  
335 proliferation. Due to the manufacturing process of PL and fPL (specifically the division of  
336 samples), low volumes prevented their loading onto a membrane for CFU-F analysis. In  
337 summary, this study supports the notion that the specific clinical application and desired  
338 outcome should be considered for defining best formulations of platelet products for bone  
339 regeneration. If cell proliferation is thought to be limiting regeneration, for example in  
340 elderly patients that have low numbers of autologous BM-MSCs <sup>[54]</sup>, then CPL will be sub-  
341 optimal and PP with higher concentrations of platelets should be used. If however, the  
342 surgeon's priority is to induce BM-MSc migration to the site of injury, for example to attract  
343 BM-MSCs towards an unpopulated bone scaffold, then the current clinical standard CPL may  
344 be sufficient. As well, CPL was found to support colony formation when delivered using a  
345 membrane, with a trend of increased colony size and density than MSC expansion media;  
346 providing encouraging insight towards future delivery alternatives and streamlined surgeries.

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355 expertise of Dr Thomas Baboolal and Dr. Richard Cuthbert.

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487 **Figure Legends:**

488 **Figure 1: Characterising platelet rich plasma products.** Using a haematology analyser, the  
489 change in platelets (A), leukocytes (B) and final volume (C) from whole blood to CPRP

490 (n=11) and PRP (n=11) were quantified. The increase or decrease of each cell type indicates  
491 the change from whole blood (red) to the paired platelet product (black). A paired t-test was  
492 used to compare change in cell type before and after processing (\*\*P<0.01, \*\*\*P<0.001 and  
493 \*\*\*\*P<0.0001) whilst a Mann-Whitney test was used to compare CPRP and PRP (#=P <  
494 0.001, # #=P < 0.0001). Statistics could not be conducted on CPRP's volume analysis (C) due  
495 to matching differences between each sample. The photographs show the CPRP fraction  
496 product (D) and the PRP product (E).

497 **Figure 1: Characterising bone marrow aspirate derived cultures.** A) BM-MSc  
498 phenotyping using flow cytometry showing positive staining for markers of MSCs; CD105,  
499 CD90, CD73 and the absence of haem-lineage markers (Hemato); CD14, CD19, CD34,  
500 CD45 & HLA-DR. The bars show the mean positive percentage of BM cultured cells (n=3)  
501 with error bars representing standard deviation. Images of tri-lineage differentiation for  
502 adipogenesis (B), osteogenesis (C) and chondrogenesis (D), the black bars represent 500µm.

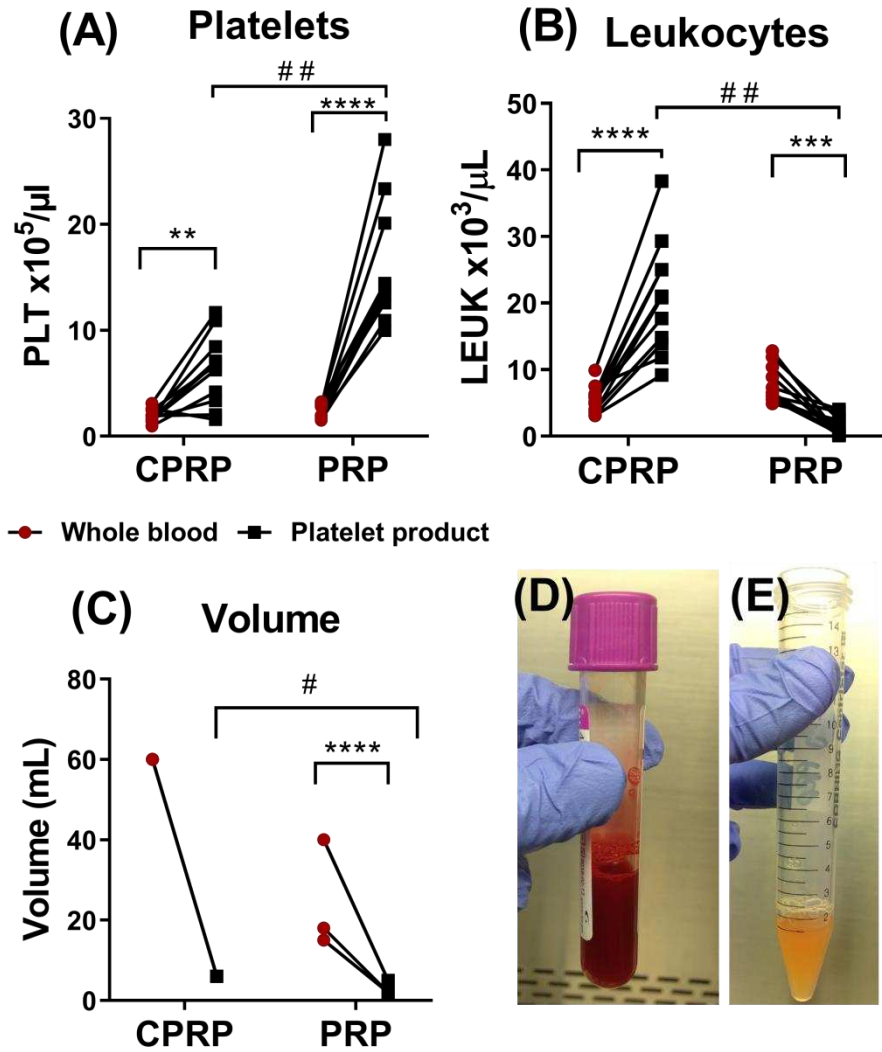
503 **Figure 2: Platelet product composition's impact on BM-MSc proliferation.** XTT assay  
504 quantifying BM-MSc proliferation following four day exposure to media containing 10%  
505 platelet products or FCS as control. Proliferation was represented as OD normalised to FCS.  
506 A) Cultured BM-MScs were exposed to 10% PL, CPL and FCS. B) Cultured BM-MScs  
507 were exposed to autologous 10% PL and CPL as well as 10% FCS. C) The change in  
508 platelets and leukocytes from whole blood to PRP and fPRP (compared using a paired t-test).  
509 D) Cultured BM-MScs were exposed to 10% PL, fPL and FCS from three PL donors. One-  
510 way ANOVA test was used to test significance between the platelet products effects on  
511 proliferation (3A, B and D).(\*P<0.05, \*\*P<0.01, \*\*\*P<0.001 and \*\*\*\*P<0.0001). Except for  
512 3B, all experiments were performed on a minimum of three different PP donors and three  
513 BM-MSc cultures. Error bars indicate variation between PP except for 3B where error bars  
514 indicate technical variation between replicates.

515 **Figure 3: Platelet product composition's impact on BM-MSc migration.** The IncuCyte®  
516 transwell assay quantifies BM-MSCs moving towards a chemotactic gradient. A)  
517 Representative images of wells of 0.5% FCS (top), 10% FCS (middle), and 10% PL (bottom).  
518 Arrows indicate pores (black), static cells on the top of the transwell (purple) and cells that  
519 have migrated (blue). The processing mask that quantifies the migrated cells is shown in  
520 green. B) Representative time-course response of the cells from one BM-MSc culture that  
521 have migrated through the transwell towards 10% PL, 10% CPL 10% FCS and 0.5% FCS.  
522 Data is shown as the area of the bottom of the well occupied by cells. C) Average object area  
523 of the underside of the transwell occupied by BM-MSCs and treated with 10% PL, 10% CPL,  
524 and 10% FCS was normalised to 10% FCS. D) Representative time-course response of the  
525 cells from one culture that have migrated through the transwell towards 10% PL, 10% fPL,  
526 10% FCS and 0.5% FCS. E) Average object area of the underside of the transwell occupied  
527 by BM-MSCs and treated with 10% PL, 10% fPL, and 10% FCS was normalised to 10%  
528 FCS. A one-way ANOVA was carried out using the Kruskal-Wallis test for normality  
529 (\*P<0.05, \*\*P<0.01, \*\*\*P<0.001 and \*\*\*\*P<0.0001). Error bars indicate variation between  
530 PL donors. Experiments in C and E were performed on a minimum of 3 different BM-MSc  
531 cultures.

532 **Figure 4: CPL-loaded membrane supports cell proliferation in CFU-F assay.** A)  
533 Representative CFU-F dishes of BM-MSCs grown in either standard expansion media (top  
534 dish) or serum-free DMEM with the additional CPL-loaded membrane as a source of released  
535 growth factors and cytokines (bottom dish). B) Representative individual colonies of cells  
536 grown in expansion media (top) or CPL-loaded membrane and DMEM (bottom). Three BMA  
537 donors were tested on a single CPL product. Images were collected using a photo scanner at  
538 1200 dpi. C) Comparison of average colony area, density and total number between cells

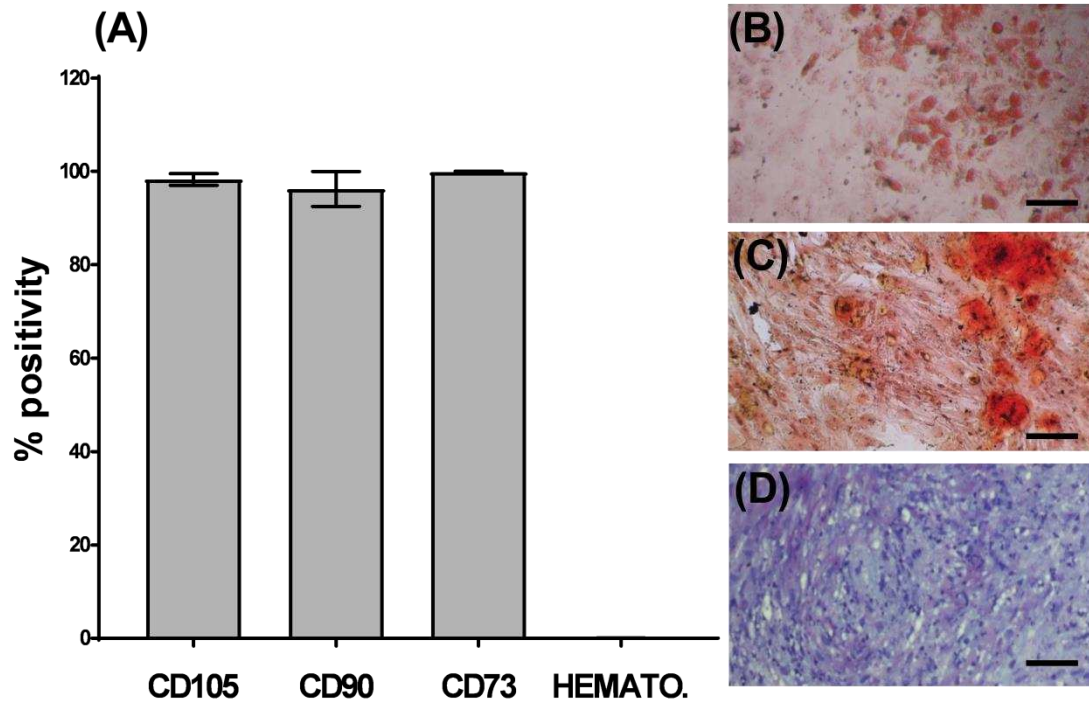
539 treated with a CPL-loaded scaffold and expansion media (EM). An unpaired t-test found no  
540 significant difference between CPL of EM.

541 **Figures:**



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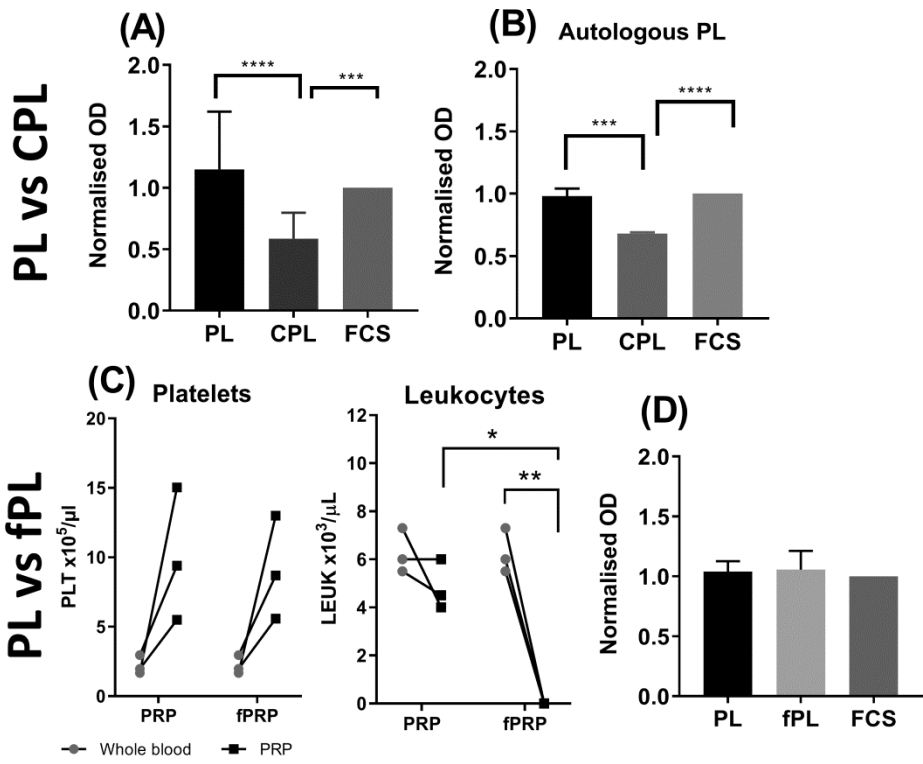
543 *Figure 5: Characterising platelet rich plasma products.*



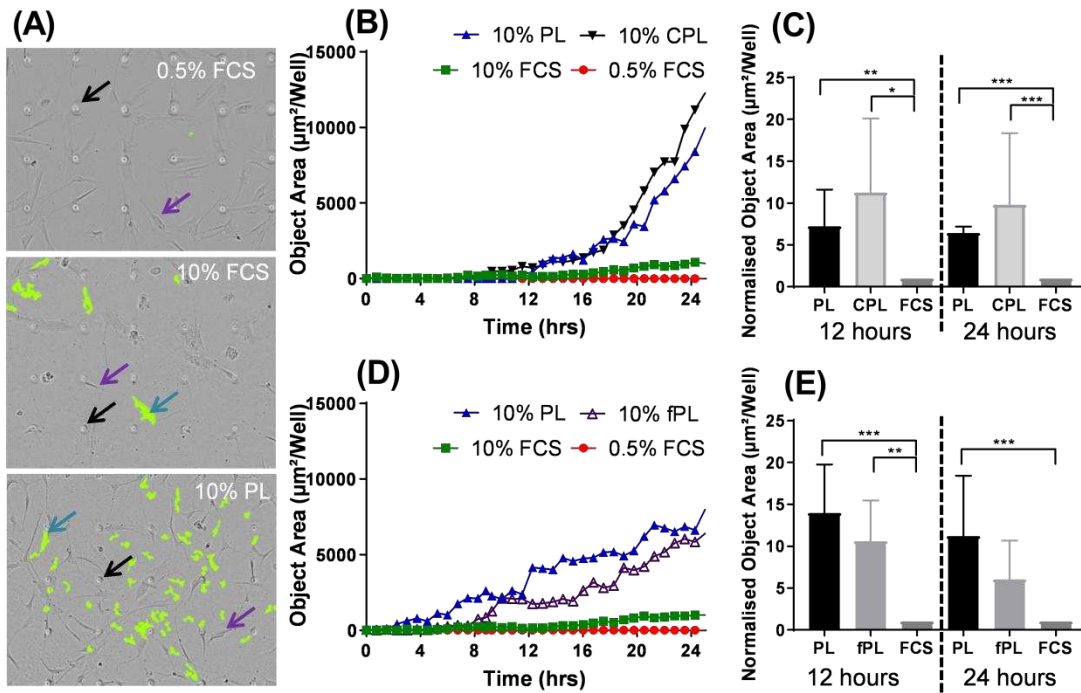
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545 *Figure 6: Characterising bone marrow aspirate derived cultures.*

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549 *Figure 7: Platelet product composition's impact on BM-MSc proliferation.*

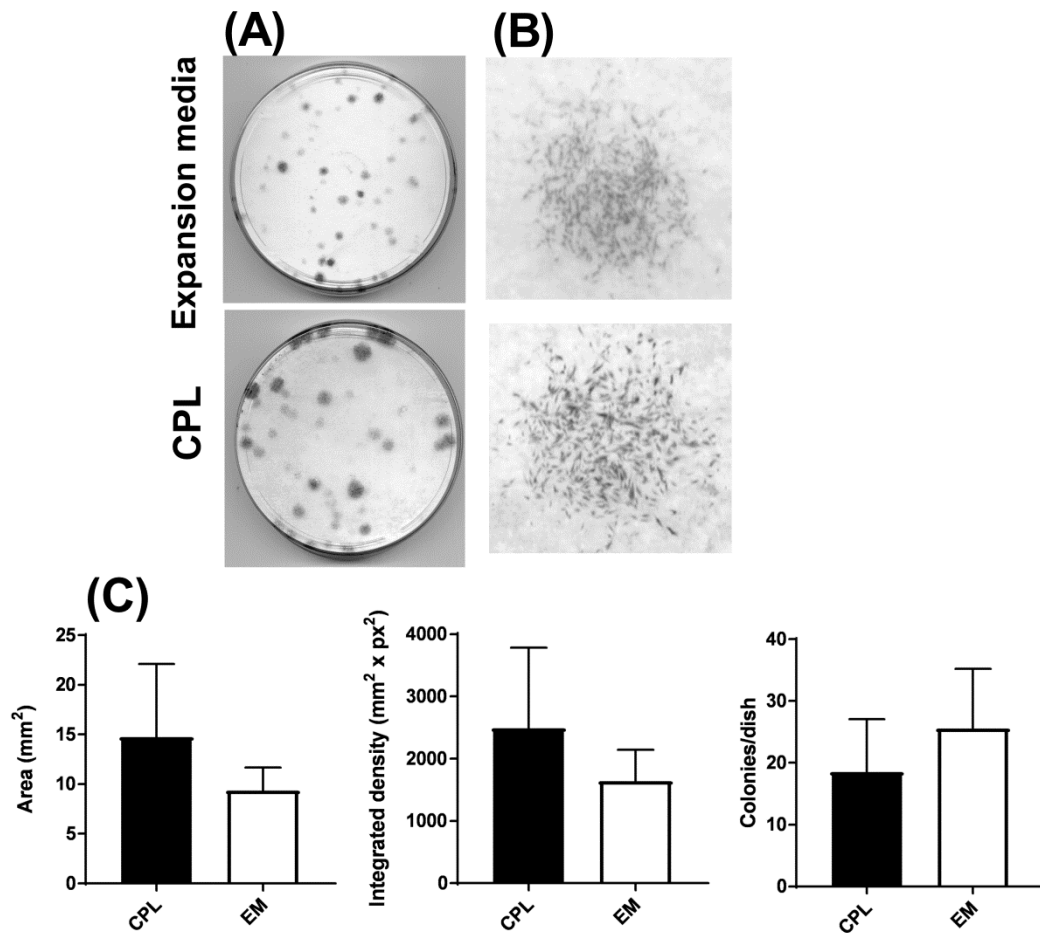


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552 *Figure 8: Platelet product composition's impact on BM-MSc migration.*

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554

555 *Figure 9: CPL-loaded membrane supports cell proliferation in CFU-F assay.*