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**Article:**

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Table 1. Baseline characteristics of participants

Characteristics	Overall	ALSWH	HOW	WHITEHALL	SMWHS	JMWHS
n	11,006	7,373	563	2,146	174	750
<b>Race/ethnicity</b>						
Caucasian-Australian/New Zealand	6323 (57.5)	5853 (79.4)	470 (83.5)	0 (0.0)	0 (0.0)	0 (0.0)
Caucasian-European	3163 (28.7)	1207 (16.4)	65 (11.6)	1891 (88.1)	0 (0.0)	0 (0.0)
Caucasian-American/Canadian	202 (1.8)	54 (0.7)	0 (0.0)	0 (0.0)	148 (85.1)	0 (0.0)
Japanese	756 (6.9)	6 (0.1)	0 (0.0)	0 (0.0)	0 (0.0)	750 (100.0)
Chinese & other Asians	166 (1.5)	144 (2.0)	7 (1.2)	0 (0.0)	15 (8.6)	0 (0.0)
Others	396 (3.6)	109 (1.5)	21 (3.7)	255 (11.9)	11 (6.3)	0 (0.0)
<b>Birth year (n=11,002)</b>						
<1940	856 (7.8)	N/A	N/A	855 (39.8)	1 (0.6)	N/A
1940-1949	7354 (66.8)	5410 (73.4)	475 (85.0)	1034 (48.2)	81 (46.6)	354 (47.2)
≥1950	2792 (25.4)	1963 (26.6)	84 (15.0)	257 (12.0)	92 (52.9)	396 (52.8)
<b>Education level</b>						
≤10 years	5096 (46.3)	3568 (48.4)	286 (50.8)	1171 (54.6)	0 (0.0)	71 (9.5)
11-12 years	2177 (19.8)	1269 (17.2)	92 (16.3)	345 (16.1)	24 (13.8)	447 (59.6)
>12 years	3733 (33.9)	2536 (34.4)	185 (32.9)	630 (29.4)	150 (86.2)	232 (30.9)
<b>Marital status (n=10,225)</b>						
Married	7927 (77.5)	6028 (82.0)	427 (76.3)	1357 (63.3)	115 (66.1)	N/A
Separated/divorced/widowed	1597 (15.6)	1099 (15.0)	106 (18.9)	340 (15.9)	52 (29.9)	N/A
Single	701 (6.9)	221 (3.0)	27 (4.8)	446 (20.8)	7 (4.0)	N/A
<b>Body mass index (n=10,425)</b>						
Normal weight (<25 kg/m <sup>2</sup> )	5071 (48.6)	3048 (43.9)	233 (43.3)	1068 (52.7)	90 (51.7)	632 (85.8)
Overweight (25-29.9 kg/m <sup>2</sup> )	3259 (31.3)	2297 (33.1)	165 (30.7)	654 (32.3)	47 (27.0)	96 (13.0)
Obese (≥30 kg/m <sup>2</sup> )	2095 (20.1)	1604 (23.1)	140 (26.0)	305 (15.1)	37 (21.3)	9 (1.2)
<b>Smoking status</b>						
Never	6707 (60.9)	4505 (61.1)	356 (63.2)	1108 (51.6)	89 (51.2)	649 (86.5)
Past smoker	2704 (24.6)	1782 (24.2)	158 (28.1)	667 (31.1)	67 (38.5)	30 (4.0)
Current smoker	1595 (14.5)	1086 (14.7)	49 (8.7)	371 (17.3)	18 (10.3)	71 (9.5)
<b>Menopausal status</b>						
Hysterectomy/oophorectomy	2598 (23.6)	2001 (27.1)	165 (29.3)	344 (16.0)	6 (3.5)	82 (10.9)
Unknown due to hormone use	1721 (15.6)	1346 (18.3)	46 (8.2)	265 (12.4)	47 (27.0)	17 (2.3)
Premenopause	1315 (12.0)	636 (8.6)	22 (3.9)	463 (21.6)	44 (25.3)	150 (20.0)
Perimenopause	2090 (19.0)	1484 (20.1)	76 (13.5)	390 (18.2)	53 (30.5)	87 (11.6)
Natural menopause	3282 (29.8)	1906 (25.9)	254 (45.1)	684 (31.9)	24 (13.8)	414 (55.2)
<b>Current use of menopausal hormone therapy</b>						
No	8085 (73.5)	5043 (68.4)	369 (65.5)	1813 (84.5)	134 (77.0)	726 (96.8)
Yes	2921 (26.5)	2330 (31.6)	194 (34.5)	333 (15.5)	40 (23.0)	24 (3.2)
<b>Frequency or severity of hot flashes</b>						
Never	4443 (40.4)	2249 (30.5)	323 (57.4)	1344 (62.6)	118 (67.8)	409 (54.5)

Rarely or mild	2009 (18.3)	1183 (16.1)	160 (28.4)	388 (18.1)	29 (16.7)	249 (33.2)
Sometimes or moderate	2608 (23.7)	2241 (30.4)	59 (10.5)	233 (10.9)	15 (8.6)	60 (8.0)
Often or severe	1946 (17.7)	1700 (23.1)	21 (3.73)	181 (8.4)	12 (6.9)	32 (4.3)
<b>Frequency or severity of night sweats</b>						
Never	5510 (50.1)	2996 (40.6)	358 (63.6)	1458 (67.9)	137 (78.7)	561 (74.8)
Rarely or mild	1813 (16.5)	1157 (15.7)	136 (24.2)	339 (15.8)	22 (12.6)	159 (21.2)
Sometimes or moderate	2183 (19.8)	1914 (26.0)	52 (9.2)	190 (8.9)	5 (2.9)	22 (2.9)
Often or severe	1500 (13.6)	1306 (17.7)	17 (3.0)	159 (7.4)	10 (5.8)	8 (1.1)
<b>Frequency or severity of vasomotor symptoms<sup>a</sup></b>						
Never	4049 (36.8)	2034 (27.6)	285 (50.6)	1251 (58.3)	112 (64.4)	367 (48.9)
Rarely or mild	2099 (19.1)	1212 (16.4)	184 (32.7)	388 (18.1)	31 (17.8)	284 (37.9)
Sometimes or moderate	2728 (24.8)	2312 (31.4)	66 (11.7)	269 (12.5)	15 (8.6)	66 (8.8)
Often or severe	2130 (19.4)	1815 (24.6)	28 (5.0)	238 (11.1)	16 (9.2)	33 (4.4)
<b>Consumption frequency of soy products</b>						
Never/rarely	9239 (84.0)	6590 (89.4)	475 (84.4)	2047 (95.4)	127 (73.0)	0 (0.0)
Monthly	491 (4.5)	357 (4.8)	50 (8.9)	62 (2.9)	0 (0.0)	22 (2.9)
Weekly	820 (7.5)	357 (4.8)	34 (6.0)	35 (1.6)	36 (20.7)	358 (47.7)
Daily	456 (4.1)	69 (0.9)	4 (0.7)	2 (0.1)	11 (6.3)	370 (49.3)
<b>Consumption frequency of soy milk (n=10,954)</b>						
Never/rarely	9860 (90.0)	6634 (90.0)	460 (85.2)	2103 (98.2)	147 (84.5)	516 (70.8)
Monthly	156 (1.4)	29 (0.4)	21 (3.9)	17 (0.8)	0 (0.0)	89 (12.2)
Weekly	237 (2.2)	110 (1.5)	11 (2.0)	19 (0.9)	13 (7.5)	84 (11.5)
Daily	701 (6.4)	596 (8.1)	48 (8.9)	3 (0.1)	14 (8.1)	40 (5.5)

Data are presented as n (%); N/A – not applicable

<sup>a</sup> Vasomotor menopausal symptoms were defined as having hot flushes, night sweats, or both