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Patel, N, Henry, A orcid.org/0000-0002-5379-6618 and Scarsbrook, A orcid.org/0000-0002-4243-032X (2019) The value of MR textural analysis in prostate cancer. *Clinical Radiology*, 74 (11). pp. 876-885. ISSN 0009-9260

<https://doi.org/10.1016/j.crad.2018.11.007>

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10 **The value of MR textural analysis in prostate cancer: a**
11 **review**

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24 Running Title: MR textural analysis in prostate cancer

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27 **Word count: 4637**

28 **Number of tables and figures: 7**

29 **Introduction**

30 In current practice, men with potential prostate cancer are screened with serum prostate
31 specific antigen (PSA); raised levels and/or a suspicious digital rectal exam (DRE), are
32 investigated with prostatic biopsies and magnetic resonance imaging (MRI). The PSA test is
33 not recommended as a population screening test, as it is deemed not to be sufficiently
34 specific or sensitive for the detection of clinically significant prostate cancer.⁽¹⁾ However
35 updated guidance by the US Preventative Service Task Force, which is based on level C
36 evidence, recommends that men aged 55 to 69 years, can make an informed decision as to
37 whether or not to undergo PSA-based screening.⁽²⁾

38 Trans-rectal ultrasound (TRUS) biopsy has traditionally been the most widely used biopsy
39 method but has a number of limitations including risk of infection and bleeding, and
40 challenges in accessing the anterior gland particularly in large prostates. Prostate cancer can
41 be defined as clinically significant when at least a single biopsy core of Gleason score 3+4
42 (ISUP Grade 2) or greater is found; clinically insignificant cancer is defined as presence of
43 only low volume Gleason 3+3 (ISUP Grade 1) ^(3, 4). TRUS biopsy has been shown to both
44 miss clinically significant prostate cancer and detect clinically insignificant prostate cancer.⁽⁵⁾
45 ⁶⁾

46 Recent studies have shown the potential value of using pre-biopsy multi-parametric MRI
47 (mpMRI) to improve detection and characterisation of clinically significant prostate cancer.
48 Pre-biopsy mpMRI has been shown to increase the detection rate of clinically significant
49 prostate cancer from 26% to 38% when compared to TRUS guided biopsies in the multi-
50 centre randomised PRECISION clinical trial.⁽⁴⁾ The PROMIS study demonstrated the potential
51 for mpMRI to be used as a triage test before prostate biopsy. The results from this UK multi-
52 centre study showed a quarter of men had normal mpMRI and could potentially avoid an
53 unnecessary biopsy if mpMRI was performed first.⁽³⁾ Around a third of UK centres have now
54 adopted pre-biopsy mpMRI as a standard of care.

55 The prostate imaging reporting and data system (PI-RADSv2) produced through an
56 international collaboration between the American College of Radiology and the European
57 Society of Uroradiology (ESUR) has been developed to reduce variation in scan acquisition
58 and to standardise interpretation of prostate mpMRI and is now in routine clinical use.⁽⁷⁾ This
59 has helped to further strengthen the case for mpMRI as a triage tool in routine care. This has
60 partially resolved the previous unmet clinical need but there are some challenges remaining
61 including MRI “missing” 10% of Gleason 3+4 tumours, detection of tumours at the prostatic
62 apex and accurate risk stratification.⁽⁸⁾

63 With clinical practice moving towards pre-biopsy mpMRI as a standard of care there is
64 increasing interest in the potential to use radiomics to increase the overall accuracy of
65 mpMRI and in an attempt to tackle some of the remaining issues mentioned above and/or
66 resolving mismatches between MRI and biopsy. Radiomics refers to the extraction of large
67 amounts of “invisible” quantitative imaging features from medical images which can be
68 analysed to provide predictive and prognostic information about patients.⁽⁹⁾ These
69 quantitative metrics can provide important insights into prostate cancer phenotype and may
70 potentially aid diagnosis, improve assessment of treatment response and better predict
71 patient outcome.⁽¹⁰⁾ Textural analysis, a method of radiomics, assesses the structural
72 heterogeneity and spatial organisation of different tissues.⁽¹¹⁾ By addressing challenges to the
73 more widespread adoption of this technique, which include the need for standardisation of
74 imaging protocols and segmentation methods, future work may provide additional information
75 to guide the non-invasive characterisation of prostate cancer.⁽¹²⁾

76 This review focuses on the potential value of using magnetic resonance textural analysis
77 (MRTA) in the assessment of prostate cancer. Initially a brief overview of pathological
78 grading and relevant aspects of mpMRI for current characterisation of prostate cancer will be
79 provided. This will be followed by review of the evidence-base on MRTA in prostate cancers
80 and a discussion of whether this emerging technique could be implemented into the clinical
81 pathway as a standardised tool for use in prostate cancer assessment.

82 **Current Diagnostic Methods**

83 **Pathological grading**

84 The majority of textural analysis validation studies in prostate cancer have used the
85 traditional Gleason system as a histological comparison. This system is based on five basic
86 grade patterns of the histological arrangement of carcinoma cells and the uniformity of the
87 glands on a prostatic tissue section.⁽¹³⁾ The Gleason sum score (GS) is currently assigned by
88 combining the highest-grade score with the most common grade.⁽¹⁴⁾

89 The International Society of Urological Pathology (ISUP) 2014 Gleason grading compresses
90 the old Gleason system and simplifies it into more accurate prognostic groups (**Table 1**). The
91 biggest changes being the compression of GS ≤ 6 to ISUP grade 1 and the split of GS 7
92 cancers into two distinct prognostic groups: ISUP 2 and 3.⁽¹⁵⁾ Future validation studies should
93 compare textural results against pathology with ISUP grades.

94

95 **mpMRI**

96 Multiparametric MRI is becoming a more widely used non-invasive alternative to biopsy in
97 the characterisation and diagnosis of prostate cancer. There are four main parameters used
98 in detecting prostate cancer: T2-weighted MRI (T2w-MRI), diffusion weighted imaging (DW-
99 MRI), dynamic contrast enhanced imaging (DCE-MRI) and MRI spectroscopy (MRI-S).⁽¹⁶⁾
100 MRI-S has fallen out of favour since it was first reported.

101

102 **T2w-MRI**

103 T2w-MRI provides a three dimensional (3D) map of prostatic anatomy and can indicate the
104 size of a cancer and its aggressiveness.⁽¹⁷⁾ It differentiates the internal zonal anatomy of the
105 prostate. If the peripheral zone (PZ) contains cancerous tissue, it would be visualised as
106 round or ill-defined and of low T2w signal intensity.⁽¹⁸⁾ The main limitation for the detection of

107 PZ cancers with T2w-MRI, is that low signal intensity can also be seen in benign
108 abnormalities such as prostatitis, fibrosis and post-biopsy haemorrhage (which can be
109 assessed for on T1w imaging).⁽¹⁹⁾ If significant haemorrhage is seen it is recommended to
110 repeat the mpMRI three to four weeks later.

111 The degree of decrease in signal intensity on T2w-MRI has been shown to correlate with an
112 increase in GS of tumours within the PZ.⁽²⁰⁾ Using T2w-MRI to differentiate between benign
113 and cancerous tissue in the transition zone (TZ) is unreliable.⁽¹⁸⁾ TZ cancer is often seen as a
114 homogenous signal mass with indistinct margins, this is referred to as the 'erased charcoal
115 sign'.⁽²¹⁾ T2w-MRI is easier to acquire and less prone to artefacts compared to functional
116 (non-anatomical) sequences.⁽²²⁾

117

118 **DCE-MRI**

119 DCE-MRI uses T1 weighted (T1w) sequences with an intravenously administered gadolinium
120 based contrast agent to assess tumour vascularity.⁽¹⁹⁾ T1w-sequences are obtained before,
121 during and after intravenous (IV) contrast administration. Neovascular vessels in cancerous
122 tissues are more disordered and the vessel walls are more permeable. As a result there is
123 greater extravasation of contrast through vessel walls in tumours.⁽¹⁸⁾

124 Quantitative metrics can be extracted from DCE-MRI by using pharmacokinetics, which yield
125 the volume transfer coefficient (K_{trans}) and the extracellular volume ratio (V_e) values. K_{trans}
126 describes the microvascular permeability and blood flow, while V_e describes the leakage
127 space.⁽¹⁹⁾ K_{trans} is elevated in many prostate cancers, due to factors influenced by
128 neoangiogenesis, combining to cause a significant increase in vascular permeability when
129 compared to normal tissues.⁽²³⁾ Tumours demonstrate early and high amplitude
130 enhancement and in some cases, this is followed by rapid contrast washout.

131 Like T2w-MRI, there is an overlap with benign conditions (prostatitis, vascular nodules of
132 benign prostatic hypertrophy), therefore DCE-MRI is used as an adjunct sequence for

133 assessment in prostate cancer. Studies have shown that these various kinetic parameters
134 poorly correlate with GS. However it has been shown to be one of the more useful
135 sequences used in detecting residual or recurrent tumour following radiotherapy or
136 prostatectomy.⁽¹⁹⁾

137

138 **DW-MRI**

139 DW-MRI measures the thermally induced random molecular displacement of water
140 molecules within tissues.⁽²⁴⁾ This measurement provides information about water diffusion
141 within tissues as well as perfusion of blood in the capillary network. To combine these
142 measurements an apparent diffusion coefficient (ADC) value is calculated.⁽²⁵⁾ To calculate an
143 ADC, several acquisitions are needed with different magnetic field gradient durations and
144 amplitudes (b values).⁽¹⁹⁾ Studies have shown a significant but inconsistent inverse
145 relationship between ADC and GS in PZ prostate cancer.^(26, 27) Prostate cancer shows low
146 signal intensity on ADC maps and high signal intensity on high b-value DW-MRI images at
147 high b-values. DW-MRI is considered to be an important parameter in mpMRI due to its
148 superior accuracy in distinguishing between benign and malignant abnormalities in the PZ.^{(19,}
149 ²⁸⁾ Therefore, when performing prostate mpMRI for cancer detection both DW-MRI and T2w-
150 MRI should be the minimum dataset used.

151

152 **Value of mpMRI**

153 The PROMIS study showed that mpMRI was more sensitive for the detection of significant
154 cancers than biopsy, but less specific.⁽³⁾ One of the main limitations of prostate MRI is
155 variations in imaging quality between centres. Although PI-RADSv2 has helped to
156 standardise interpretation and reporting of mpMRI, it has been less successful in ensuring
157 accuracy and reproducibility of data acquisition.^(10, 12) This is similar to the problem that is
158 faced with textural analysis software.

159 **Textural analysis**

160 Radiomics is an emerging field which involves conversion of digital medical images into
161 mineable high-dimensional data which can be used to extract quantitative image features on
162 the basis of intensity, shape, volume and texture features.^(29, 30) Radiomic textural analysis
163 allows assessment of the spatial inter-relationships of pixel intensities and can be used to
164 quantify lesion heterogeneity, consequently it has been an area of rapid growth in cancer
165 imaging research recently because of the potential to extract additional quantitative data from
166 standard-of-care medical imaging which could help improve diagnostic accuracy and clinical
167 decision making.⁽³¹⁾ The technique uses mathematical methods to evaluate the grey level
168 intensity and position of pixels within an image.⁽³²⁾ The goal of radiomics is to convert images
169 into mineable data, with high fidelity and high throughput which incorporates five processes:
170 image acquisition and reconstruction; image segmentation and rendering; feature extraction
171 and qualification; databases and case sharing; ad hoc informatics analysis.⁽³³⁾

172 First order texture analysis, otherwise known as histogram analysis, extracts pixel intensity
173 values within a region of interest which are then displayed graphically.⁽³²⁾ The more simplistic
174 textural analysis involves an initial filtration setup by applying fine, medium and coarse filters
175 to imaging data which allow features within the image which are not perceptible to the naked
176 eye to be extracted and quantified in terms of heterogeneity, irregularity and brightness. The
177 fine filter enhances tissues while the medium and coarse filters enhance underlying
178 vasculature and other discriminatory features.⁽³⁴⁾ An example histogram produced by first
179 order textural analysis software is shown in **Figure 3**. As there is no comparison between
180 pixel relationships in histogram analysis, it does not convey spatial information. Metrics are
181 calculated from the histogram, including uniformity, spread, symmetry and randomness of
182 pixel intensity values within the ROI.⁽¹¹⁾ The common histogram features quoted in the
183 published literature are mean, standard deviation (SD), skewness, kurtosis, entropy_{HIST} and
184 energy_{HIST}. **Table 2a** defines and indicates the impact of these histogram features.

185 More complex computation (radiomic) analysis of image features explores relationships
186 between pixels within the ROI.⁽³⁵⁾ Additional information can be extracted regarding local
187 variability in pixel intensities with smoother or more homogeneous areas having smaller
188 textural variability; rougher or more heterogeneous areas having greater textural variability.
189 Second order statistics, also referred to as Haralick features, compare the relationship
190 between two pixels whereas higher order textural analysis compare the relationship between
191 more than two pixels. These forms of textural analysis are referred to as matrices. These
192 more complex statistical analyses allow the conveyance of spatial information. Second order
193 features provide information on a more localised level than histogram features and are based
194 on grey-level dependence matrices (GLCM). Simplistically, they describe how often a grey
195 tone in an image will appear in a spatial relationship to another grey tone.⁽³⁶⁾ Higher order
196 features are based on neighbourhood grey-tone difference matrices (NGTDM) or grey-level
197 run-length matrices (GLRLM).⁽³²⁾

198 GLCM indicates the spatial relationship between 3D pixels (voxels) in a specific direction
199 while also indicating the properties of homogeneity, randomness, uniformity and linear
200 dependency of an image. The NGTDM is based on differences between voxels and
201 neighbouring voxels. This can indicate coarseness and complexity within an image, similar to
202 perception of images by the human eye.⁽³⁷⁾ There are thousands of features which can be
203 extracted using second order analysis, the most commonly encountered in the published
204 literature include energy_{GLCM}, homogeneity, contrast, entropy_{GLCM} and correlation.⁽¹¹⁾ These
205 features are further defined in **Table 2b**.

206

207 **Machine learning**

208 Machine learning techniques have been integrated into the radiomic workflow in some more
209 recent studies. Firstly, this technique can be used for tumour auto-segmentation into regions
210 or volumes of interest which may reduce the likelihood of normal tissue inclusion. Another

211 use which requires further validation, is in the production of a classification model to stratify
212 patients into various risk categories. In a cohort of 147 patients with prostate cancer, Fehr et
213 al studied different classifiers which could be used to stratify patients with prostate cancer.⁽³⁸⁾

214 There is currently great interest in the use of artificial intelligence and machine learning in
215 medical imaging.⁽³⁹⁾ At present there is a lack of evidence to support routine clinical use but
216 these techniques have the potential to improve the translation of radiomic workflows into
217 prostate cancer management pathways. The combination of textural analysis of mpMRI with
218 machine learning classification may facilitate more informed clinical decision making in the
219 future.

220

221 **Clinical implementation**

222 **Figure 1** illustrates a simplified workflow demonstrating a pathway of how textural analysis
223 could be implemented into clinical practice. This entails several key steps which explained
224 are detailed below.

225

226 **Segmentation and co-registration**

227 Accurate tumour segmentation is a crucial initial workflow step. Features from histogram and
228 matrices analyses have all been shown to be affected by segmentation method.⁽¹¹⁾ Inclusion
229 of normal tissues within the segmented ROI can influence the results of textural analysis.
230 Prostate cancer, like any other tumour can have poorly defined margins which may make
231 manual segmentation challenging. Most of the published studies evaluating MR textural
232 analysis in prostate can have used similar methodology with manual segmentation on a
233 single axial image demonstrating the largest cross-sectional area of tumour. An improvement
234 on this, would be to segment the whole tumour volume.⁽²¹⁾

235 Another important consideration is the methodology used for comparison of pathological and
236 imaging data, which may be challenging if only using a single imaging slice for radiomic
237 analysis. Retrospective studies have generally either employed cognitive co-registration
238 using visual cues such as the prostatic urethra as indicated by **Figure 2** or in a few studies
239 digital co-registration. It is also important to ensure all the mpMRI sequences are co-
240 registered.

241 A small study by Parmar et al in 20 patients with lung cancer compared semi-automated
242 segmentation with manual segmentation, showing reduced inter-observer variability and
243 delineation for radiomic analysis.⁽⁴⁰⁾ There is a paucity of evidence on the value of automated
244 segmentation methods for whole tumour evaluation in prostate cancer and this warrants
245 evaluation in future prospective studies to determine if it is beneficial.

246

247 **Software packages**

248 A variety of different software packages, both open-source and commercial based are
249 available to be used for textural analysis of imaging data. A recent review by Larue et al,
250 provides a detailed overview of various different software packages, including information
251 regarding types of imaging modality supported, image pre-processing steps and features
252 extraction.⁽³⁷⁾ Recently a new open-source software package (LIFEx, www.lifexsoft.org) has
253 been developed and made freely available in an attempt to standardise further research.⁽⁴¹⁾

254 This software permits multi-modality radiomic analysis of medical imaging. The two main
255 commercial software packages, TexRAD and RADIOMICS use a Laplacian of Gaussian
256 (LoG) filter as part of image and feature pre-processing. The Gaussian filter reduces image
257 noise allowing the subsequent Laplacian filter to detect regions of rapid intensity change.⁽⁴²⁾
258 Pre-processing is essential as it allows the correction of magnetic field inhomogeneities and
259 intensity normalisation across subject acquisition both in study and between studies.⁽³⁷⁾

260 Researchers should ensure any package used has adequate pre-processing before

261 commencing with their studies. Currently there is a paucity of data to recommend using one
262 software package over any other.

263

264 **Texture analysis in the diagnosis of PZ cancer**

265 At the time of writing there are 10 articles in the published literature evaluating the potential
266 role of MRTA in prostate cancer which are summarised in **Table 3** and reviewed in more
267 detail in subsequent sections.

268 The largest patient cohort studied to date ($n = 147$) assessed the potential value of MRTA for
269 differentiating clinically significant prostate cancer in the PZ from non-significant/benign
270 prostatic tissue was evaluated in two separate papers. Fehr et al used the same set of
271 patients as Wibmer et al but increased the proportion of TZ samples and the textural features
272 extracted.^(36, 38)

273 Entropy_{GLCM} and correlation extracted from T2w-MRI showed significant differences between
274 benign and malignant cases in both studies. Fehr et al additionally found mean pixel intensity
275 to be a useful discriminatory feature for differentiating clinically significant tissue. All features
276 extracted from DW-MRI showed a high significance level leading to their recommendation to
277 use first and second order features extracted primarily from DW-MRI for diagnosis of
278 clinically significant PZ cancer.^(36, 38)

279

280 **Texture analysis in the diagnosis of TZ cancer**

281 Conversely, multiple studies have reported conflicting results for MRTA use in the diagnosis
282 of clinically significant TZ cancers. Wibmer et al showed no significant difference in textural
283 features extracted from DW-MRI between PZ and TZ cancers. At T2w-MRI only correlation
284 and contrast were significant features in both TZ and PZ textural analysis.⁽³⁶⁾

285 Sidhu et al also evaluated the utility of textural features for detection of clinically significant
286 TZ cancer in a study of 26 patients and found kurtosis and entropy_{HIST} extracted from DW-
287 MRI and T1w sequences to be significant predictors.⁽⁴³⁾ Kurtosis became insignificant
288 following removal of the tumour from the slice. Two small pilot studies (n = 8 and n = 18) also
289 looked at the diagnostic accuracy of MRTA for TZ cancers but these studies were under-
290 powered, so the results are inconclusive.^(44, 45)

291

292 **Texture analysis in the characterisation of clinically significant prostate cancer**

293 Few studies have explored the potential value of MRTA for non-invasive grading of prostate
294 malignancy. A small number have reported that textural features accurately correlate with GS
295 on pathological material obtained at TTMB or radical prostatectomy. The textural features of
296 contrast and homogeneity showed most promise. Vignati et al found that second order
297 features of contrast and homogeneity significantly correlated with GS in a study of 45
298 patients.⁽⁴⁶⁾ Gnep et al corroborated these findings in a larger study of 74 patients and
299 reported that contrast extracted from DW-MRI significantly correlated with GS.⁽⁴⁷⁾ Wibmer et
300 al have conflicting results, reporting that contrast and homogeneity extracted from DW-MRI
301 were not significant features in their larger patient cohort (n = 147). Fehr et al indicated that
302 entropy_{GLCM} and energy_{GLCM} extracted from DW-MRI were useful but could only reliably
303 differentiate GS 6 from GS 7 and not GS (4+3) from GS (3+4).⁽³⁸⁾ These initial results
304 suggest that textural features may only be able to characterise broad groups of cancer
305 grade, rather than more precise ones.

306 Various groups have evaluated textural features extracted from T2w MRI, providing a
307 general consensus that homogeneity correlates with GS.^(22, 36, 46) Wibmer et al suggested that
308 homogeneity may be plausible for differentiating GS 6 from GS>7 and in differentiating GS
309 (4+3) from GS (3+4) but not between GS 6 and GS 7. In two of three studies, contrast
310 extracted from T2w MRI also correlated with GS.^(36, 46)

311 **Texture analysis summary**

312 Evidence on the utility of MRTA in prostate imaging is limited, although initial studies are
313 encouraging and indicate that radiomics might improve diagnostics and reduce the need for
314 invasive procedures. A future role in differentiating significant from non-significant cancer in
315 the PZ shows promise as does the ability to predict GS. Further work is required on the utility
316 of TZ textural features. Many of the research studies have used 3T MRI and there is limited
317 evidence on data acquired using 1.5T MRI scanners. This again highlights the gap between
318 research potential and translation to clinical practice. More studies need to be conducted on
319 1.5T systems with a minimum of 16 pelvic phased array coils as per ESUR guidelines, to
320 determine whether the prevalent MRI hardware in the United Kingdom is suitable.

321 The small cohort size and retrospective nature of most published studies makes it difficult to
322 gauge how reliable and reproducible the reported findings are. **Table 4** summarises the MR
323 textural features which show most promise and warrant further evaluation in further well
324 designed, prospective studies with larger patient cohorts.

325

326 **Current limitations**

327 **Retrospective studies**

328 Retrospective studies are more prone to bias and confounding variables which can affect the
329 significance of the results and introduce decision errors into the interpretation of the results,
330 leading to wrongly drawn conclusions. Study heterogeneity makes it difficult to ensure
331 reproducibility, hence large datasets are needed to help overcome this problem. Sala et al
332 recommend using shared informatics databases across sites to ensure large sample
333 sizes.⁽¹⁰⁾ In practice, this can be a difficult to achieve due to data protection laws and
334 infrastructure costs. Most of studies conducted so far are single centre pilot studies with
335 small sample sizes and differing methodologies, this makes it hard to compare results and
336 explains the lack of reproducibility.

337 **Exclusion criteria**

338 Incomplete data is an example of an exclusion criterion used for some of the published
339 studies listed in **Table 3**. Removing patients from a study detracts from the power of the
340 study. If patients were selected using a randomised method, exclusion may also reduce how
341 accurately the study represents the general population. Other common exclusion criteria
342 used in these studies are: treatment prior to MRI, imaging artefacts making cancer
343 segmentation impossible, small tumours (<0.5ml) and/or location precluding segmentation of
344 benign prostatic tissue.⁽³⁶⁾

345

346 **Selection bias**

347 Most of the studies published so far suffer from selection bias. As a result, their findings may
348 not be generalisable to the wider population of patients with prostate cancer. Some studies
349 only investigated patients with clinically significant cancer of GS 7 or greater, providing no
350 information on the utility of MRTA in less aggressive cancers. Other studies chose to focus
351 on TZ cancers, due to the lack of data in other studies. Lastly, some studies focused on
352 patients who had undergone radical prostatectomy allowing histopathologic comparison,
353 thereby selectively choosing patients who have undergone surgery following a TRUS biopsy.
354 The value of MRTA in diagnosing and characterising prostate cancers in those who are
355 missed by TRUS biopsy remains uncertain. Some studies performed TRUS biopsy to avoid
356 selection bias, but as mentioned before, this pathology is not as accurate.^(44, 48) TTMB/TPM is
357 defined by some studies as gold standard and the recommended pathological comparison
358 tool as it is highly accurate.⁽⁴³⁾

359

360

361

362 **Over testing the data**

363 More significant issues common to some of the studies is potential bias due to oversampling
364 i.e. extraction of more features than there are participants. Testing many features requires a
365 statistical correction to remove Type 1 (false-discovery) error. The use of complex regression
366 models to find significant features, increases the risk of overfitting the data.^(48, 49) Regression
367 models may show effective results in one study yet are unlikely to be reproducible in other
368 studies. Using only one textural feature per 10 patients in a multiple regression model would
369 reduce the risk of overfitting in future trial designs.

370

371 **Limitations of MRTA**

372 Textural feature extraction, like mpMRI, currently suffers from a lack of standardisation. Grey
373 level discretization, isotropic resampling of the image, non-standardised nomenclature,
374 directionality in texture matrices and multiple textural packages all affect feature
375 computation.⁽¹¹⁾

376 Textural feature computation requires grey level discretisation into an appropriate number of
377 bins to analyse an image. There are two methods which can be used to achieve this: using a
378 fixed number of bins or a fixed bin width. Bins refer to class intervals which are used to divide
379 up pixel intensity data. Using a fixed number of bins will result in dividing the image into
380 equally spaced intervals with varying bin sizes. Using a fixed bin width based on units of
381 image intensity, will result in a constant intensity resolution.⁽⁵⁰⁾ The literature recommends, if
382 using a fixed number of bins, to have a minimum of 32 bins, although anything over 64 bins
383 adds little prognostic value.^(11, 51, 52) Due to limited work there is no definitive answer as to
384 whether bin width or bin interval size is more important.

385 The evidence available suggests that three dimensional (3D) textural analysis outperforms
386 two dimensional (2D) textural analysis, with multiple prostate MRTA studies commenting on

387 2D textural analysis being a limitation.^(22, 46, 49) An isotropic resampling of the image is
388 recommended for 3D textural analysis, particularly in higher order statistics.⁽¹¹⁾

389 This review has used Hatt et al's proposed nomenclature to differentiate between the two
390 levels of entropy and energy by using subscripts.^(11, 53) 'HIST' indicates histogram and first
391 order textures (entropy_{HIST}); 'GLCM' indicates the GLCM matrix and second order textures
392 (entropy_{GLCM}). There is a lack of clarity in some studies over which version is used, hence all
393 future studies should include this or a similar method.

394 There is no recommended directionality of textural matrices in second and higher order
395 textures. Some studies have calculated GLCMs as an average of all directions or separately
396 for each direction. This further contributes to MRTA heterogeneity between centres. Although
397 undefined the most commonly used distance in a GLCM between voxels is one voxel.⁽¹¹⁾

398 It is also worth highlighting that to date there is a paucity of data on the role of MRTA in
399 follow-up assessment of prostate carcinoma unlike with other tumour types (where margins
400 are often easier to distinguish). The focus of research in prostate cancer due to clinical need
401 is more to identify or stratify tumours and this is potentially more challenging.

402

403 **Future perspectives**

404 Radiomics is a relatively new field and is not yet ready for routine clinical implementation.
405 MRTA is more complicated than radiomics using CT and PET datasets in part because
406 standardisation and calibration of MRI is intrinsically more complex than techniques based
407 on photon detection.⁽⁵⁴⁾ Other factors which increase the complexity of MRI textural analysis
408 compared to CT and PET include variability in acquisition protocols and spatial resolution. It
409 has been reported that the effects of different MRI scanning protocols can be negated by
410 post-processing brain MR data acquired on different scanners to erase inter-patient
411 differences in intensity range, and resampling to a uniform matrix size, but there is no
412 comparable data for mpMRI of the prostate.⁽⁵⁵⁾ Initial studies have indicated its potential

413 value, but there are challenges ranging from image acquisition and textural feature
414 estimation which need to be overcome. The problems posed by these challenges contribute
415 to the heterogeneity of MRTA imaging quality between centres.

416 There is a need for well-designed, prospective multi-centre studies to clarify more definitively
417 whether MR textural analysis could have a valuable role in prostate cancer in the clinical
418 routine. To maximise the validity of future research, it is important that all centres follow strict
419 methodological guidelines similar to established standards for reporting of diagnostic
420 accuracy studies (STARD) and standards for reporting of MRI-targeted biopsy studies
421 (START) of the prostate.^(56, 57) Currently there is no consensus agreement on this aspect
422 but recent work by Lambin et al introduces the concept of a radiomics quality scoring system,
423 encompassing all aspects of trial design and workflow steps to try and improve the
424 robustness of future textural analysis studies.⁽⁵⁸⁾

425 The value of second order and higher order texture needs to be determined before it can be
426 used. Studies in the immediate future should concentrate on using histogram features,
427 across all three mpMRI sequences on a prospective cohort of patients with suspected
428 prostate cancer. Continuing work should also be performed on incorporating machine
429 learning into methods, especially with regard to automatic segmentation and classification
430 models. The use of regression models in future studies is not recommended until much
431 larger datasets are used. MRTA can also be used as prognostic factor for determining
432 recurrence of disease as shown by Gnep et al.⁽⁴⁷⁾

433

434 **Conclusions**

435 Currently diagnosis of prostate cancer is based on a combination of histological and imaging
436 findings. MRTA offers the potential for objective, non-invasive patient stratification in terms of
437 potential treatment options. At present the evidence on the utility of MRTA in prostate
438 imaging is limited. Roles in differentiating significant from non-significant cancer in the PZ

439 and prediction of GS show promise. Future larger prospective studies are required to validate
440 textural features indicated to have potential in characterisation and/or diagnosis of prostate
441 cancer before translation into routine clinical practice.

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616

Table & Figure Legends

Table 1: ISUP grade and Gleason Grade comparison. A table showing how the International Society of Urological Pathology (ISUP) 2014 Gleason grading compresses the old Gleason system and simplifies it into more accurate prognostic groups.⁽¹⁵⁾

Figure 1: Simplified model of radiomics workflow. Model shows the steps that would be involved if suitable for clinical practice. This model is essentially used with a view to be able to replace the role of prostatic biopsies. If on active surveillance the model would perform a perfect circle, with new images acquired every couple of years.

Figure 2: A picture demonstrating how the pathology is cognitively co-registered to a T2w image. Cognitive co-registration. A histopathological slice of a radical prostatectomy specimen (left picture) has been cognitively co-registered to a T2w image (right picture) of the same patient. The blue arrow points to the prostatic urethra. The prostatic urethra shape has been used to co-register the images in addition to the shape of the prostate. This allows the best match to the pathology. The tumour regions of interest (ROIs) have been outlined in black.

Figure 3: Histogram of pixel intensities within a region of interest. Pixel intensities from a region of interest that was run through TexRAD was converted into a histogram. From the histogram statistical features would be calculated such as those in **Table 2a**.

Table 2: Definitions and impacts of known textural features. Tables defining histogram and matrix features with impact of feature given for histogram features. **a)** Histogram (first order) texture definitions and impacts. **b)** Matrix (second order) texture definitions. The impact of matrix features has yet to be determined. Entropy_{HIST} and energy_{HIST} refer to the histogram version of this feature. Entropy_{GLCM} and energy_{GLCM} refer to the matrix version of this feature. This table has been adapted from Wibmer A et al 2015 and Miles KA et al 2013.^(36, 59)

Table 3: A review table of prostate MRTA studies. A table summarising published literature that explores links between prostate cancer and MR textural analysis. The papers are shown as the first author with the year that the study was published and related reference number in this review. The sample size shown is the final patient number that took part, taking into account exclusion criteria and withdrawals. Textural features show the ones that the study tested. First order features refer to histogram analysis; second order features refer to the GLCM matrix. Entropy and energy are noted with subscripts to indicate if they are second (GLCM) or first order features (HIST), as they can be either. Where no subscript is given, it means that energy and/or entropy were not defined by the paper. MRI equipment is listed with scanner magnet strength first and then subsequent coils and arrays used. The textural segmentation and software column, indicates whether single slice or volume approaches were chosen for tumours and then which textural analysis software was used. The results data was then split up for each of the MRI sequences, to highlight how results differ between different sequences. In the results part, p values are given when present in the data with relevant statistical test. Some features were presented in multiple comparisons such as Gleason score 6 to 7 and Gleason score (3+4) to (4+3), hence it was further analysed to assess if it was significant at all levels. This explains why there are no p values for those results. The limitations refer to the weaknesses of the study, if one is not listed e.g. selection bias, it would indicate that there was none. Abbreviations: (SD: standard deviation, T2w: T2 weighted, DW: diffusion weighted, ADC: apparent diffusion coefficient, T1w: T1 weighted, TZ: transition zone, PZ: peripheral zone, TRUS: transrectal ultrasound, ROI:

region of interest, 2D: two dimensional, AUC: area under the curve, V_e : extracellular volume ratio, PSMA: Prostate specific membrane antigen, GS: Gleason score, MRI: magnetic resonance imaging), RLNU: Run length non-uniformity, ASM: angular second moment, MPP: mean of positive pixel

Table 4: Potential features of interest warranting further study. Summary of potential textural features which may have some value in the diagnosis and/or characterisation of peripheral zone and transition zone cancers. These features are based on early data and are therefore not conclusive. Abbreviations: T2w: T2-weighted, ADC: apparent diffusion coefficient, SD: standard deviation.

